SUNDAY **OUT TO LUNCH (SS)** 12 noon 7:00 p.m. 10:00 a.m. CAME TO BELIEVE (SP. D) Fairmont United Methodist Church South Wilmington Street Center 2501 Clark Ave., Raleigh 1420 S. Wilmington St., Raleigh **PRINCIPLES B4 PERSONALITIES** 7:00 p.m. LIFE ON LIFE'S TERMS 2:00 p.m. (T, SP, SS, TS, JFT) St. Ambrose Church Ship of Zion Ministries 813 Darby Dr., Raleigh 105 E. Lee St., Raleigh **EXPECT A MIRACLE (D)** SPIRITUALLY HIGH (SS, TS, SP, JFT) 1.5 hrs First Alliance Church 4:00 p.m. Trinity United Methodist Church 4400 Buffaloe Rd., Raleigh 824 N. Bloodworth St., Raleigh SPIRITUAL CHANGE (D) TOGETHER WE CAN First United Methodist Church 6:30 p.m. 1.5 hrs. Wilson Medical Center. Auditorium 205 Tarboro St., Wilson **NEW WAY OF LIFE II (V)** 1705 Tarboro St., Wilson 8:00 p.m. Fuguay-Varina Presbyterian Church 7:00 p.m. I CAN'T WE CAN (D, L) 8:00 p.m St. James United Methodist Church 307 N. Ennis St., Fuguay-Varina 3808 St. James Church Rd., Raleigh TUESDAY NIGHT LIVE (SP, D) NA WAY (D, BT, SP, SS, TS, JFT) Greenwood Forest Baptist Church 8:00 p.m. Fairmont United Methodist Church 110 S.E. Maynard Rd., Cary 2501 Clark Ave., Raleigh **WEDNESDAY** MONDAY SERENITY IN THE MORNING (SS. TS) 8:00 a.m. 8:00 a.m. **SERENITY IN THE MORNING (SS, TS)** 124 S. Salisbury St., Raleigh A NEW BEGINNING (BT. SS. TS. D) 124 S. Salisbury St., Raleigh 9:30 a.m. 9:30 a.m. A NEW BEGINNING (BT, SS, TS, D) **Fulfilled Promise Tabernacle** Fulfilled Promise Tabernacle 320 Bledsoe Ave., Raleigh FRIDAY **OUT TO LUNCH (IP)** 320 Bledsoe Ave., Raleigh 12 noon 8:00 a.m. **OUT TO LUNCH (JFT)** Fairmont United Methodist Church 12 noon Fairmont United Methodist Church 2501 Clark Ave., Raleigh 9:30 a.m. 2501 Clark Ave., Raleigh SOUTHSIDE RECOVERY (D) 6:00 p.m. SOUTHSIDE RECOVERY (D) **Tupper Memorial Church** 6:00 p.m. Tupper Memorial Church 501 S. Blount St., Raleigh 12 noon 501 S. Blount St., Raleigh 7:00 p.m. **TOGETHER WE CAN (O) CONSTANTLY SEARCHING (BT, SP)** 1705 Tarboro St., Wilson First Baptist Church, Family Life Center **GROW UP OR DIE (V, L)** 101 S. Wilmington St., Raleigh 327 Friendship Chapel Rd., Wake Forest 6:30 p.m. OUR COMMON WELFARE (SS.D.TS. IP. SP) THE JOURNEY CONTINUES **Restoration Community Church** (O, LC) 1.5 hrs 7:00 p.m. 11001 Raven Ridge Rd., Raleigh 219A S. East St., Raleigh PRINCIPLES & TRADITIONS PRIMARY PURPOSE (*Closed, SS, TS) 7:00 p.m. (*Closed, HW, SS, JFT, T, SP) 1.5hrs Westover United Methodist Church 300 Powell Dr., Raleigh Milner Presbyterian Church 1950 New Bern Ave., Raleigh Park in gravel lot, mtg. downstairs in basement **TOGETHER WE CAN** MAN UP (*Closed, Men's issues) Grace AME Zion Church 1.5 hrs. Wilson Medical Center. Wells Fargo Room 1401 Boyer St., Raleigh 1705 Tarboro St., Wilson THE SEEKERS (BT) MIRACLES IN PROGRESS (BT. D. IP) Community Service Center Wakefield Central Baptist Church. 401 E. Whitaker Mill Rd., Raleigh 308 Proctor St., Zebulon 7:30 p.m. LIVING CLEAN AND SERENE THURSDAY New Horizons (Facility) **SERENITY IN THE MORNING (SS; TS)** 8:00 a.m. 820 E. Williams St., Apex 124 S. Salisbury St., Raleigh PRIMARY PURPOSE (beginners meeting) A NEW BEGINNING (BT. SS. TS. D) 9:30 a.m. Westover United Methodist Church Fulfilled Promise Tabernacle 300 Powell Dr., Raleigh 320 Bledsoe Ave., Raleigh LUNATIC FRINGE (IP. D) **OUT TO LUNCH (TS)** 8:00 p.m. 12 noon St. Giles Presbyterian Church Fairmont United Methodist Church 8:00 p.m. 5101 Oak Park Rd., Raleigh 2501 Clark Ave., Raleigh 6:00 p.m LIFE ON LIFE'S TERMS (SS. TS. SP) TUESDAY Ship of Zion Ministries 8:00 a.m. **SERENITY IN THE MORNING (SS, TS)** 105 E. Lee St., Raleigh 124 S. Salisbury St., Raleigh 6:30 p.m. **BASIC TEXT STUDY (D)** A NEW BEGINNING (BT, SS, TS, D) 9:30 a.m. 306 Hubert St., Raleigh Fulfilled Promise Tabernacle 7071 Forestville Rd., Knightdale 320 Bledsoe Ave., Raleigh

I CAN'T WE CAN (D, SP) St. James United Methodist Church 3808 St. James Church Rd., Raleigh 7:30 p.m. LET THE HEALING BEGIN (JFT, SS, D, BT) The Healing Place of Wake County - Women's Facility 3304 Glen Royal Rd., Raleigh WAY TO GROW (T. SP) Knightdale United Methodist 7071 Forestville Rd., Knightdale SPIRITUAL CHANGE (D) First United Methodist Church 205 Tarboro St., Wilson FREEDOM THROUGH RECOVERY (*Closed, D, CL) Greenwood Forest Baptist Church, 110 S.E. Maynard Rd., Cary IN FROM THE STORM (SP. IP. BT) The Healing Place of Wake County 1251 Goode St., Raleigh WELCOME HOME (*Closed, D. SS, TS, SP, T) Grace Lutheran Church 5010 Six Forks Rd., Raleigh **SERENITY IN THE MORNING (SS. TS)** 124 S. Salisbury St., Raleigh A NEW BEGINNING (BT, SS, TS, D) **Fulfilled Promise Tabernacle** 320 Bledsoe Ave., Raleigh NA AT NOON (JFT) The Fountain of Raleigh Fellowship Church 9621 Six Forks Rd., Raleigh **OUT TO LUNCH (D)** Fairmont United Methodist Church 2501 Clark Ave., Raleigh HARD CORE GROUP (*Closed) 220 South Church St., Clayton **TOGETHER WE CAN (L)** 1705 Tarboro St., Wilson **NEVER ALONE NEVER AGAIN (V)** Faith Baptist Church 1004 U.S. 64 W., Apex **NEW WAY OF LIFE II** (V) Fuguay-Varina Presbyterian Church 307 N. Ennis St., Fuguay-Varina RECOVERY IN THE HOOD (Open. D. BT) The Healing Place of Wake County 1251 Goode St., Raleigh **SOUTHSIDE RECOVERY (D) 1.5 hrs Tupper Memorial Church** 501 S. Blount St., Raleigh TRUST THE PROCESS (V) 1.5 hrs Celebration Church 8700 Capital Blvd. Bldg. E., Raleigh WHY ARE WE HERE (V) 1.5 hrs 509 Hilltop Dr., Raleigh NEW HORIZONS (Open. T. SP. D) Millbrook United Methodist Church 1712 E. Millbrook Rd., Raleigh WAY TO GROW (L) Knightdale United Methodist

10:00 p.m. CANDLELIGHT RECOVERY (*Closed, JFT) Fairmont United Methodist Church 2501 Clark Ave., Raleigh, NC Up fire escape - 2nd floor SATURDAY

9:00a.m. PEACE IN THE AM (*Closed, SS, TS, HW) 1.5 hrs. Mt. Peace Baptist Church 1601 Martin Luther King Blvd., Raleigh

11:00 a.m. WOMEN IN RECOVERY

(*Closed, Women's issues) 1.5hrs 130 East Morgan St., Raleigh

12 noon NA AT NOON (JFT)

The Fountain of Raleigh Fellowship Church

9621 Six Forks Rd., Raleigh

NA ND PM (BT. SP) 1:00 p.m. 124 S. Salisbury St., Raleigh

SEEKING SIMILARITIES (BT. SS. D. IP)

622 Maywood Ave., Raleigh

FAITH THROUGH PRINCIPLES (SP) 1.5 hrs 3:30 p.m.

509 Hilltop Dr., Raleigh

5:00 p.m. STEPPING UP IN RECOVERY 1.5 hrs

phone meeting Call (605) 562-3140 when prompted dial 182862#

WE DO RECOVER (D, SS, JFT)

5:30 p.m. Lincoln Park Holiness Church

13 Heath St., Raleigh

(White building across Cross St., beside auto

body shop.)

REDISCOVERY THRU RECOVERY (D) 6:30 p.m.

The Camel Club

4015 Spring Forest Rd., Raleigh

7:30 p.m. SPIRITUAL CHANGE (D)

First United Methodist Church

205 Tarboro St., Wilson

DAILY REPRIEVE (SS. TS. T. D. SP) 8:00 p.m.

Hillver Memorial Church

718 Hillsborough St., Raleigh, NC

8:30 p.m. YOUNG CONNECTIONS TO RECOVERY (D)

St. Mark's - around the side of Church in gym

4801 Six Forks Rd., Raleigh

Area Service Committee

Open to NA members only. Area Service Committee (ASC) meets at Fairmont United Methodist Church, 2501 Clark Ave., Raleigh, at 2 p.m. the first Sunday of each month.

Subcommittee Schedule

All Subcommittees meet before the ASC: Convention, Hospitals and Institutions (H&I), Public Relations (PR), and Policy - 12:30p.m; Outreach–1:00p.m.; Group Service Representative (GSR) orientation provided by Outreach at 1:30 p.m.

What is the Narcotics Anonymous Program?

"NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work."

— Basic Text, page 9

Key to Meeting Formats

Meetings open to all interested in NA, unless designated as "Closed."

*Closed Only for addicts. Or, those who think they may have a problem with drugs.

BT Basic Text study
CL Candlelight meeting
D Discussion meeting

IP Informational Pamphlet study
HW It Works, How and Why study

JFT Just for Today daily meditation study

L Literature study
RR Round Robin
SP Speaker meeting

SS Step study T Topic

TS Tradition study
V Various formats
SWG Step Working Guide

LC Living Clean

Surrounding NA Service Areas

Our Primary Purpose: 919-831-5587

Chapel Hill, Carrboro, Hillsborough, Pittsboro www.oppareanc.com

Crossroads: 800-372-5447

http://ncregion-NA.com/cross-roads-area Angier, Benson, Clayton, Dunn Lillington, Selma, Smithfield

New Hope: 919-831-5321

Durham, Henderson, Hillsborough Norlina, Oxford, Pittsboro, Roxboro

Greater Sandhills: 866-418-9500

Cameron, Carthage, Elizabethtown, Fayetteville Lumberton, Pembroke, Pinehurst, Rockingham Sanford, Southern Pines, Whiteville

Greensboro: 800-721-8225

Burlington, Graham, Greensboro, High Point, Thomasville

Eastern Time Zone Phone Meetings:

naphonemeetings.blogspot.com

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HELPFUL SUGGESTIONS

Make 90 meetings in 90 days.
Get and use a sponsor.
Choose a home group and join it.
Get phone numbers and reach out.
Come early and stay late.
Avoid cross talk and advice giving.
Keep coming back. It works.
Don't use – NO MATTER WHAT!

Names and numbers:

Capital Area

Narcotics Anonymous



Meeting Directory

"... an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

- Basic Text, page 68

Toll-free Information:

877-590-6262

www.capitalareancna.com

P.O. Box 10953 Raleigh, NC 27605-0953

Apex, Cary, Fuquay-Varina, Garner Knightdale, Raleigh, Wake Forest, Wilson, Zebulon

NA literature may be obtained from: NA World Services

www.na.org

October 2016