What is the Narcotics Anonymous Program?

“NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.” — Basic Text, page 9

Helpful Suggestions

DON’T USE — NO MATTER WHAT!

Go to an NA meeting
Ask your Higher Power to keep you clean today
Call your sponsor
Read NA literature
Talk to other recovering addicts
Work the Twelve Steps of Narcotics Anonymous
KEEP COMING BACK — IT WORKS!

Names and Numbers

To find NA literature in electronic and printed form, please visit NA World Services at www.NA.org

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