

SUNDAY / DOMINGO
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
10:30 AM Came to Believe (O,D,WC,So,VM) Raleigh, NC Zoom ID: 8066848969, Password: 7101988
2:00 PM Life On Life's Terms (O) Ship of Zion Ministries 105 E Lee St, Raleigh, NC
3:00 PM Spiritually Connected (O,D) West Baptist Grove Church 302 E Main St, Garner, NC
5:30 PM Sunday Serenity Group (O,VAR) Beth Meyer Synagogue 504 Newton Rd, Raleigh, NC
6:30 PM Together We Can (O) Wilson Medical Center - Wells Fargo Room 1705 Tarboro St SW, Wilson, NC
8:00 PM NA Way (O,D,IP,RF,So,St,Tr) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC
MONDAY / LUNES
8:00 AM Serenity In The Morning (O,D) 124 S Salisbury St, Raleigh, NC
9:30 AM A New Beginning (O,D) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC <i>Downstairs enter from Horne st. door</i>
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
6:00 PM Southside Recovery (O,D) Tupper Memorial Church 501 S Blount St, Raleigh, NC
7:00 PM Genesis Reflections (O,D,SWG,IW) St. Paul's Church 928 S Main St, Louisburg, NC
7:30 PM A New Way To Live (O,D,VAR,To,L) Parkwood United Methodist Church 5123 Revere Rd, Durham, NC <i>in the fellowship hall; parking directly across the street</i>
7:30 PM The Primary Purpose Group (O,B) Westover United Methodist Church 300 Powell Dr, Raleigh, NC
8:00 PM Lunatic Fringe (O,D) St. Giles Church 5101 Oak Park Rd, Raleigh, NC
TUESDAY / MARTES
8:00 AM Serenity In The Morning (O,D) 124 S Salisbury St, Raleigh, NC
9:30 AM A New Beginning (O,D) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC <i>Downstairs enter from Horne st. door</i>
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
NOON Experience, Strength, and Hope (O,VM) Cary, NC Zoom ID: 844891962, Password: hope
7:00 PM Principles B4 Personalities (O,JT,St,Tr) Ambrose Church 813 Darby St, Raleigh, NC

TUESDAY / MARTES (CONT)
7:00 PM Women of Substance (C,BT,CW,W,LC,RF,So,ME) Holly Springs United Methodist Church 108 Avent Ferry Rd, Holly Springs, NC
7:30 PM Spiritual Change (O) First United Methodist Church 100 Green St NE, Wilson, NC
8:00 PM Tuesday Night Live (O,D,SD) Greenwood Forest Baptist Church 110 SE Maynard Rd, Cary, NC
WEDNESDAY / MIÉRCOLES
8:00 AM Serenity In The Morning (O,D) 124 S Salisbury St, Raleigh, NC
9:30 AM A New Beginning (O,D) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC <i>Downstairs enter from Horne st. door</i>
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
6:00 PM Southside Recovery (O,BT,IP,WC,JT,St,Tr) Tupper Memorial Baptist Church 501 S Blount St, Raleigh, NC
6:30 PM The Journey Continues (O,VM) Raleigh, NC Zoom ID: 516871964, Password: 553251
7:00 PM Together We Can (O,SD) Wilson Medical Center - Wells Fargo Room 1705 Tarboro St SW, Wilson, NC
7:30 PM The Primary Purpose Group (C,St,Tr) Westover United Methodist Church 300 Powell Dr, Raleigh, NC
8:00 PM Breaking Ground (O,BEG,BT,D,VAR) Men's Healing Transitions Campus 1251 Goode Street, Raleigh, NC <i>Joe McQ Room</i>
THURSDAY / JUEVES
8:00 AM Serenity In The Morning (O,D) 124 S Salisbury St, Raleigh, NC
9:30 AM A New Beginning (O,D) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC <i>Downstairs enter from Horne st. door</i>
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
6:00 PM Life On Life's Terms (O) Ship of Zion Ministries 105 E Lee St, Raleigh, NC
6:30 PM Basic Text Study Group (O,BT,St,Tr) Open Table United Methodist Church 824 N Bloodworth Street, Raleigh, NC
6:30 PM Simple Solution (O) Mt Zion First Baptist Church 320 W Thomas St, Rocky Mount, NC <i>Life Center</i>
7:00 PM Genesis Reflections (O,D,SWG,IW) St. Paul's Church 928 S Main St, Louisburg, NC
7:00 PM Thursday Night LIT (O,So,L) St Philips Lutheran Church 7304 Falls of Neuse Rd, Raleigh, NC <i>meets downstairs - use side door</i>

THURSDAY / JUEVES (CONT)
7:30 PM Let The Healing Begin (O) Women's Healing Transitions 3304 Glen Royal Rd, Raleigh, NC
7:30 PM Spiritual Change (O,WC,BK) First United Methodist Church 100 Green St NE, Wilson, NC
7:30 PM Way to Grow Group (O,D,WC,CL) Branded Boots Community Church 4040 Wendell Blvd, Wendell, NC
8:00 PM Freedom Thru Recovery (C,D,CL) Greenwood Forest Baptist Church 110 SE Maynard Rd, Cary, NC
8:00 PM In From The Storm (O) Healing Transitions 1251 Goode St, Raleigh, NC
FRIDAY / VIERNES
8:00 AM Serenity In The Morning (O,D) 124 S Salisbury St, Raleigh, NC
9:30 AM A New Beginning (O,D) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC <i>Downstairs enter from Horne st. door</i>
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
7:00 PM Never Alone Never Again (O,BT,D,VAR,WC,LC,IW,So) Faith Baptist Church 1004 US-64, Apex, NC
7:00 PM Recovery in The Hood (O,BT,D,WC,CS) Healing Transitions 1251 Goode St, Raleigh, NC
7:00 PM Southside Recovery (O,IP,JT) Tupper Memorial Church 501 S Blount St, Raleigh, NC
7:00 PM Together We Can (O) Wilson Medical Center - Wells Fargo Room 1705 Tarboro St SW, Wilson, NC
7:00 PM Trust The Process (O,WC,IW,St,Tr,BK,HY) Celebration Church 8700 Capital Blvd, Raleigh, NC <i>auxillary building</i> Zoom ID: 696664080, Password: 13579
7:00 PM Way to Grow Group (O,D,WC) Branded Boots Community Church 4040 Wendell Blvd, Wendell, NC
10:00 PM Candlelight Recovery (O,D,CL,JT) Fairmont United Methodist Church 2501 Clark Ave, Raleigh, NC
SATURDAY / SÁBADO
9:00 AM Peace in the AM (C,IW,St,Tr) Martin Street Baptist Church 1001 E Martin St, Raleigh, NC <i>Enter on State Street side</i>
9:30 AM Unity In The Mornings (O,VM) Raleigh, NC Zoom ID: 2293021100, Password: Unity!
10:30 AM Morning Miracles (O,BK) 2860 Ward Blvd, Wilson, NC
NOON NA at Noon (O,WC,JT) The Fountain of Raleigh 9621 Six Forks Rd, Raleigh, NC

SATURDAY / SÁBADO (CONT)

2:00 PM Life Worth Living (O)

United Community Ministries Shelter
341 McDonald Street, Rocky Mount, NC

2:00 PM NA En Tu Idioma (O,VAR,ES)

Healing Transitions
1251 Goode Street, Raleigh, NC

5:30 PM We Do Recover (O,SD,St,To)

13 Heath St, Raleigh, NC

6:30 PM Rediscovery Thru Recovery (O,D,IP,WC,St,Tr)

The Camel Club
4015 Spring Forest Rd, Raleigh, NC

7:30 PM Spiritual Change (O,D)

First United Methodist Church
100 Green St NE, Wilson, NC

8:00 PM Daily Reprieve (O,D,So,St,To,Tr)

Hillyer Memorial Church
718 Hillsborough St, Raleigh, NC

8:30 PM Young Connections To Recovery (O,D,CL,ME)

St. Marks United Methodist Church
4801 Six Forks Rd, Raleigh, NC
In Gym

MEETING FORMAT LEGEND

BEG	Beginners	CW	Children Welcome
D	Discussion	IP	Informational Pamphlet
VAR	Format Varies	W	Women
SD	Speaker & Discussion	CS	Children Supervised
O	Open	C	Closed to Non-Addicts
WC	Wheelchair	BT	Basic Text
SWG	Step Working Guide Study	LC	Living Clean
B	Beginners	CL	Candlelight
ES	Español	IW	It Works -How and Why
JT	Just for Today	RF	Rotating Format
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
BK	Book Study	ME	Meditation
L	Literature Study	VM	Virtual Meeting
HY	Hybrid		

HELP KEEP OUR MEETING DIRECTORY CURRENT!

If you find a meeting has moved, closed or is otherwise different than as shown on this list, please call 877-590-6262 or email admin@capitalareancna.com

What is the Narcotics Anonymous Program?

"NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work." —Basic Text, page 9

Helpful Suggestions

DON'T USE — NO MATTER WHAT!

Go to an NA meeting

Ask your Higher Power to keep you clean today

Call your sponsor

Read NA literature

Talk to other recovering addicts

Work the Twelve Steps of Narcotics Anonymous

KEEP COMING BACK — IT WORKS!

Names and Numbers

To find NA literature in electronic and printed form,
please visit NA World Services at www.NA.org

Text "SUBSCRIBE" to (877) 809-0937 to
receive Capital Area-related updates

Capital Area Narcotics Anonymous



May 2025 Meeting Directory

For more info & most up-to-date meeting
directory call 877-590-6262 or visit
CapitalArea.org or scan *this QR code*:



"... an addict, any addict,
can stop using drugs,
lose the desire to use,
and find a new way to live."
— Basic Text, page 68

877-590-6262

www.CapitalArea.org
admin@capitalareancna.com

Address | P.O. Box 10953 Raleigh, NC 27605

Serving | Wake County and Neighboring Cities

— — — Meetings Weekly: 65 — — —

To find meeting information for other nearby areas,
please visit CRNA.org and NCRegion-NA.org