MONDAY / LUNES

8:00 AM **Serenity In The Morning** (O,D) 1 hr
,
124 S Salisbury St, Raleigh

9:30 AM **A New Beginning** (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door,
2501 Clark Ave, Raleigh

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

6:00 PM **Southside Recovery** (O,D) 1 hr
Tupper Memorial Church,
501 S Blount St, Raleigh

7:00 PM **Genesis Reflections** (O,D,SWG,IW) 1 hr
St. Paul's Church,
928 S Main St, Louisburg

7:00 PM **Guiding Principles Group** (C,TRD,BK) 1.5 hr
Fairmont United Methodist Church,
2501 Clark Avenue, Raleigh

8:00 PM **Lunatic Fringe** (O,D) 1 hr
St. Giles Church,
5101 Oak Park Rd, Raleigh

TUESDAY / MARTES

8:00 AM **Serenity In The Morning** (O,D) 1 hr
,
124 S Salisbury St, Raleigh

9:30 AM **A New Beginning** (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door,
2501 Clark Ave, Raleigh

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

NOON **Experience, Strength, and Hope** (O,VM) 1 hr
,
, Cary
Zoom ID: 844891962, Password: hope

7:00 PM **Principles B4 Personalities** (O,STP,TRD,JFT) 1.5 hr
Ambrose Church,
813 Darby St, Raleigh

7:30 PM **Spiritual Change** (O) 1.5 hr
First United Methodist Church,
100 Green St NE, Wilson

8:00 PM **Tuesday Night Live** (O,D,SD) 1 hr
Greenwood Forest Baptist Church, enter parking lot on Kilmayne,
110 SE Maynard Road, Cary

WEDNESDAY / MIÉRCOLES

8:00 AM **Serenity In The Morning** (O,D) 1 hr
,
124 S Salisbury St, Raleigh

9:30 AM **A New Beginning** (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door,
2501 Clark Ave, Raleigh

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

6:00 PM **Southside Recovery** (O,BT,IP,STP,TRD,WC,JFT) 1 hr
Tupper Memorial Baptist Church,
501 S Blount St, Raleigh

6:30 PM **The Journey Continues** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 516871964, Password: 553251

7:00 PM **Together We Can** (O,SD) 1.5 hr
Wilson Medical Center - Wells Fargo Room,
1705 Tarboro St SW, Wilson

8:00 PM **Breaking Ground** (O,BEG,BT,D,VAR) 1 hr
Men's Healing Transitions Campus, Joe McQ Room,
1251 Goode Street, Raleigh

THURSDAY / JUEVES

8:00 AM **Serenity In The Morning** (O,D) 1 hr
,
124 S Salisbury St, Raleigh

9:30 AM **A New Beginning** (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door,
2501 Clark Ave, Raleigh

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

6:30 PM **Basic Text Study Group** (O,BT,STP,TRD) 1 hr
Open Table United Methodist Church,
824 N Bloodworth Street, Raleigh

7:30 PM **Let The Healing Begin** (O) 1 hr
Women's Healing Transitions,
3304 Glen Royal Rd, Raleigh

7:30 PM **Spiritual Change** (O,WC,BK) 1.5 hr
First United Methodist Church,
100 Green St NE, Wilson

7:30 PM **Way to Grow Group** (O,CAN,D,WC) 1 hr
Branded Boots Community Church,
4040 Wendell Blvd, Wendell

8:00 PM **In From The Storm** (O) 1 hr
Healing Transitions,
1251 Goode St, Raleigh

FRIDAY / VIERNES

8:00 AM **Serenity In The Morning** (O,D) 1 hr
,
124 S Salisbury St, Raleigh

9:30 AM **A New Beginning** (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door,
2501 Clark Ave, Raleigh

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

7:00 PM **Recovery in The Hood** (O,BT,D,WC,CS) 1 hr
Healing Transitions,
1251 Goode St, Raleigh

7:00 PM **Southside Recovery** (O,IP,JFT) 1.5 hr
Tupper Memorial Church,
501 S Blount St, Raleigh

7:00 PM **Together We Can** (O) 1.5 hr
Wilson Medical Center - Wells Fargo Room,
1705 Tarboro St SW, Wilson

7:00 PM **Trust The Process** (O,STP,TRD,WC,IW,BK) 1.5 hr
Celebration Church, auxillary building,
8700 Capital Blvd, Raleigh

7:00 PM **Way to Grow Group** (O,D,WC) 1 hr
Branded Boots Community Church,
4040 Wendell Blvd, Wendell

SATURDAY / SÁBADO

9:00 AM **Peace in the AM** (C,STP,TRD,IW) 1.5 hr
Mount Peace Baptist Church,
1601 Martin Luther King Jr Blvd, Raleigh

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

10:30 AM **Morning Miracles** (O,BK) 1.5 hr
,
2860 Ward Blvd, Wilson

2:00 PM **Seeking Similarities Group** (O,JFT,BK) 1 hr
Mens Healing Transitions,
1251 Goode Street, Raleigh

5:30 PM **We Do Recover** (O,STP,TOP,SD) 1 hr
,
13 Heath St, Raleigh

6:30 PM **Rediscovery Thru Recovery** (O,D,IP,STP,TRD,WC) 1 hr
The Camel Club,
4015 Spring Forest Rd, Raleigh

7:30 PM **Spiritual Change** (O,D) 1.5 hr
First United Methodist Church,
100 Green St NE, Wilson

8:00 PM **Daily Reprieve** (O,D,STP,TOP,TRD) 1 hr
Hillyer Memorial Church,
718 Hillsborough St, Raleigh

8:30 PM **Young Connections To Recovery** (O,CAN,D,ME) 1 hr
St. Marks United Methodist Church, In Gym,
4801 Six Forks Rd, Raleigh

SUNDAY / DOMINGO

9:30 AM **Unity In The Mornings** (O,VM) 1.5 hr
,
, Raleigh
Zoom ID: 2293021100, Password: Unity!

2:00 PM **Life On Life's Terms** (O) 1 hr
Ship of Zion Ministries,
105 E Lee St, Raleigh

2:00 PM **Seeking Similarities Group** (O,JFT,BK) 1 hr
Mens Healing Transitions,
1251 Goode Street, Raleigh

3:00 PM **Spiritually Connected** (O,D) 1 hr
West Baptist Grove Church,
302 E Main St, Garner

6:30 PM **Together We Can** (O) 1.5 hr
Wilson Medical Center - Wells Fargo Room,
1705 Tarboro St SW, Wilson

7:45 PM **NA Way** (O,D,IP,STP,TRD,RF) 1 hr
Fairmont United Methodist Church,
2501 Clark Ave, Raleigh

Meeting Format Legend

BEG	Beginners	CAN	Candlelight
D	Discussion	IP	Informational Pamphlet
VAR	Format Varies	SD	Speaker & Discussion
CS	Children Supervised	O	Open
C	Closed to Non-Addicts	WC	Wheelchair
BT	Basic Text	STP	Step
TOP	Topic	TRD	Tradition
RF	Rotating Format	BK	Book Study
ME	Meditation	VM	Virtual Meeting
SWG	Step Working Guide Study	JFT	Just for Today Study
IW	It Works: How and Why		

HELP KEEP OUR MEETING DIRECTORY CURRENT!

If you find a meeting has moved, closed or is otherwise different than as shown on this list, please call 877-590-6262 or email admin@capitalareancna.com

What is the Narcotics Anonymous Program?

“NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.” —Basic Text, page 9

Names and Numbers

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*Text “***SUBSCRIBE***” to* **(877) 809-0937** *to receive Capital Area-related updates*

Capital Area

Narcotics Anonymous

November 2026

For more info visit CapitalArea.org or scan this QR code

" . . . an addict, any addict,
can stop using drugs,
lose the desire to use,
and find a new way to live."
— Basic Text, page 68

877-590-6262

www.CapitalArea.org
admin@capitalareancna.com

Address | P.O. Box 10953 Raleigh, NC 27605

Serving | Wake County and Neighboring Cities

— — — *Meetings Weekly: 52* — — —

To find meeting information for other nearby areas, please visit CRNA.org and NCRegion-NA.org