

MONDAY / LUNES

8:00 AM	Serenity In The Morning (O,D) 1 hr 124 S Salisbury St, Raleigh
9:30 AM	A New Beginning (O,D) 1.5 hr Fairmont United Methodist Church, Downstairs enter from Horne st. door 2501 Clark Ave, Raleigh
9:30 AM	Unity In The Mornings (O,VM) 1.5 hr Raleigh Zoom ID: 2293021100, Password: Unity!
6:00 PM	Southside Recovery (O,D) 1 hr Tupper Memorial Church 501 S Blount St, Raleigh
7:00 PM	Clayton Group (O,MED) 1 hr Grace Episcopal Church, sanctuary entrance 111 Lee Ct, Clayton
7:00 PM	Genesis Reflections (O,D,SWG,IW) 1 hr St. Paul's Church 928 S Main St, Louisburg
7:00 PM	New Beginnings (O,D) 1 hr 817 West End St, Rocky Mount
7:30 PM	A New Way To Live (O,D,VAR,To,L) 1 hr Parkwood United Methodist Church, in the fellowship hall; parking directly across the street 5123 Revere Rd, Durham
7:30 PM	The Primary Purpose Group (O,B) 1 hr Westover United Methodist Church 300 Powell Dr, Raleigh
8:00 PM	Lunatic Fringe (O,D) 1 hr St. Giles Church 5101 Oak Park Rd, Raleigh

TUESDAY / MARTES

8:00 AM	Serenity In The Morning (O,D) 1 hr 124 S Salisbury St, Raleigh
9:30 AM	A New Beginning (O,D) 1.5 hr Fairmont United Methodist Church, Downstairs enter from Horne st. door 2501 Clark Ave, Raleigh
9:30 AM	Unity In The Mornings (O,VM) 1.5 hr Raleigh Zoom ID: 2293021100, Password: Unity!
NOON	Experience, Strength, and Hope (O,VM) 1 hr Cary Zoom ID: 844891962, Password: hope
7:00 PM	Principles B4 Personalities (O,JT,St,Tr) 1.5 hr Ambrose Church 813 Darby St, Raleigh
7:00 PM	Women of Substance (C,BT,CW,W,LC,RF,So,ME) 1 hr Holly Springs United Methodist Church 108 Avent Ferry Rd, Holly Springs
7:30 PM	Spiritual Change (O) 1.5 hr First United Methodist Church 100 Green St NE, Wilson
8:00 PM	Tuesday Night Live (O,D,SD) 1 hr Greenwood Forest Baptist Church 110 SE Maynard Rd, Cary

WEDNESDAY / MIÉRCOLES

8:00 AM	Serenity In The Morning (O,D,HY) 1 hr 124 S Salisbury St, Raleigh Zoom ID: 836 1755 3675, passcode: NY1j8G
9:30 AM	A New Beginning (O,D) 1.5 hr Fairmont United Methodist Church, Downstairs enter from Horne st. door 2501 Clark Ave, Raleigh
9:30 AM	Unity In The Mornings (O,VM) 1.5 hr Raleigh Zoom ID: 2293021100, Password: Unity!
NOON	Clayton Group (O,MED) 1 hr Grace Episcopal Church, sanctuary entrance 111 Lee Ct, Clayton
6:00 PM	Southside Recovery (O,BT,IP,WC,JT,St,Tr) 1 hr Tupper Memorial Baptist Church 501 S Blount St, Raleigh
6:30 PM	The Journey Continues (O,VM) 1.5 hr Raleigh Zoom ID: 516871964, Password: 553251
7:00 PM	New Beginnings (O,D) 1 hr 817 West End St, Rocky Mount

7:00 PM

Together We Can (O,SD) 1.5 hr
Wilson Medical Center - Wells Fargo Room
1705 Tarboro St SW, Wilson

7:30 PM

The Primary Purpose Group (C,St,Tr) 1 hr
Westover United Methodist Church
300 Powell Dr, Raleigh

8:00 PM

Breaking Ground (O,BEG,BT,D,VAR) 1 hr
Men's Healing Transitions Campus, Joe McQ Room
1251 Goode Street, Raleigh**THURSDAY / JUEVES**

8:00 AM

Serenity In The Morning (O,D) 1 hr
124 S Salisbury St, Raleigh

9:30 AM

A New Beginning (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door
2501 Clark Ave, Raleigh

9:30 AM

Unity In The Mornings (O,VM) 1.5 hr
Raleigh
Zoom ID: 2293021100, Password: Unity!

6:00 PM

Life On Life's Terms (O) 1 hr
Ship of Zion Ministries
105 E Lee St, Raleigh

6:30 PM

Basic Text Study Group (O,BT,St,Tr) 1 hr
Open Table United Methodist Church
824 N Bloodworth Street, Raleigh

6:30 PM

Simple Solution (O) 1.5 hr
Mt Zion First Baptist Church, Life Center
320 W Thomas St, Rocky Mount

7:00 PM

Genesis Reflections (O,D,SWG,IW) 1 hr
St. Paul's Church
928 S Main St, Louisburg

7:00 PM

Thursday Night LIT (O,So,L) 1 hr
St Philips Lutheran Church, meets downstairs - use side door
7304 Falls of Neuse Rd, Raleigh

7:30 PM

Let The Healing Begin (O) 1 hr
Women's Healing Transitions
3304 Glen Royal Rd, Raleigh

7:30 PM

Spiritual Change (O,WC,BK) 1.5 hr
First United Methodist Church
100 Green St NE, Wilson

7:30 PM

Way to Grow Group (O,D,WC,CL) 1 hr
Branded Boots Community Church
4040 Wendell Blvd, Wendell

8:00 PM

Freedom Thru Recovery (C,D,CL) 1 hr
Greenwood Forest Baptist Church
110 SE Maynard Rd, Cary

8:00 PM

In From The Storm (O) 1 hr
Healing Transitions
1251 Goode St, Raleigh**FRIDAY / VIERNES**

8:00 AM

Serenity In The Morning (O,D) 1 hr
124 S Salisbury St, Raleigh

9:30 AM

A New Beginning (O,D) 1.5 hr
Fairmont United Methodist Church, Downstairs enter from Horne st. door
2501 Clark Ave, Raleigh

9:30 AM

Unity In The Mornings (O,VM) 1.5 hr
Raleigh
Zoom ID: 2293021100, Password: Unity!

NOON

Recovery at Noon (O,BT) 1.5 hr
Fairmont United Methodist Church
2501 Clark Ave, Raleigh

7:00 PM

Never Alone Never Again (O,BT,D,VAR,WC,LC,IW,So) 1 hr
Faith Baptist Church
1004 US-64, Apex

7:00 PM

Recovery in The Hood (O,BT,D,WC,CS) 1 hr
Healing Transitions
1251 Goode St, Raleigh

7:00 PM

Southside Recovery (O,IP,JT) 1.5 hr
Tupper Memorial Church
501 S Blount St, Raleigh

7:00 PM

Together We Can (O) 1.5 hr
Wilson Medical Center - Wells Fargo Room
1705 Tarboro St SW, Wilson

7:00 PM

Trust The Process (O,WC,IW,St,Tr,BK,HY) 1.5 hr
Celebration Church, auxiliary building
8700 Capital Blvd, Raleigh
Zoom ID: 696664080, Password: 13579

7:00 PM

Way to Grow Group (O,D,WC) 1 hr
Branded Boots Community Church
4040 Wendell Blvd, Wendell

10:00 PM

Candlelight Recovery (O,D,CL,JT) 1 hr
Fairmont United Methodist Church
2501 Clark Ave, Raleigh**SATURDAY / SÁBADO**

9:00 AM

Peace in the AM (C,IW,St,Tr) 1.5 hr
Martin Street Baptist Church, Enter on State Street side
1001 E Martin St, Raleigh

9:30 AM

Unity In The Mornings (O,VM) 1.5 hr
Raleigh
Zoom ID: 2293021100, Password: Unity!

10:30 AM

Morning Miracles (O,BK) 1.5 hr
2860 Ward Blvd, Wilson

NOON

NA at Noon (O,WC,JT) 1 hr
The Fountain of Raleigh
9621 Six Forks Rd, Raleigh

2:00 PM

Life Worth Living (O) 1 hr
United Community Ministries Shelter
341 McDonald Street, Rocky Mount

5:30 PM

We Do Recover (O,SD,St,To) 1 hr
13 Heath St, Raleigh

6:00 PM

Clayton Group (O,L) 1 hr
Grace Episcopal Church, sanctuary entrance
111 Lee Ct, Clayton

6:00 PM

Wonderful Women Clayton Group (W) 1 hr
Grace Episcopal Church, sanctuary entrance
111 Lee Ct, Clayton

6:30 PM

Rediscovery Thru Recovery (O,D,IP,WC,St,Tr) 1 hr
The Camel Club
4015 Spring Forest Rd, Raleigh

7:30 PM

Spiritual Change (O,D) 1.5 hr
First United Methodist Church
100 Green St NE, Wilson

8:00 PM

Daily Reprieve (O,D,So,St,To,Tr) 1 hr
Hillyer Memorial Church
718 Hillsborough St, Raleigh

8:30 PM

Young Connections To Recovery (O,D,CL,ME) 1 hr
St. Marks United Methodist Church, In Gym
4801 Six Forks Rd, Raleigh**SUNDAY / DOMINGO**

9:30 AM

Unity In The Mornings (O,VM) 1.5 hr
Raleigh
Zoom ID: 2293021100, Password: Unity!

10:30 AM

Came to Believe (O,D,WC,So,VM) 1 hr
Raleigh
Zoom ID: 8066848969, Password: 7101988

2:00 PM

Life On Life's Terms (O) 1 hr
Ship of Zion Ministries
105 E Lee St, Raleigh

3:00 PM

Spiritually Connected (O,D) 1 hr
West Baptist Grove Church
302 E Main St, Garner

5:30 PM

Sunday Serenity Group (O,VAR) 1 hr
Beth Meyer Synagogue
504 Newton Rd, Raleigh

6:30 PM

Together We Can (O) 1.5 hr
Wilson Medical Center - Wells Fargo Room
1705 Tarboro St SW, Wilson

7:00 PM

NA En Tu Idioma (O,VAR,ES) 1 hr
St James United Methodist Church
3808 St James Church Rd, Raleigh

8:00 PM

NA Way (O,D,IP,RF,So,St,Tr) 1 hr
Fairmont United Methodist Church
2501 Clark Ave, Raleigh

Meeting Format Legend

B	Beginners	BEG	Beginners
BK	Book Study	BT	Basic Text
C	Closed to Non-Addicts	CL	Candlelight
CS	Children Supervised	CW	Children Welcome
D	Discussion	ES	Español
HY	Hybrid	IP	Informational Pamphlet
IW	It Works -How and Why	JT	Just for Today
L	Literature Study	LC	Living Clean
ME	Meditation	MED	Just for Today Study
O	Open	RF	Rotating Format
SD	Speaker & Discussion	SWG	Step Working Guide Study
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
VAR	Format Varies	VM	Virtual Meeting
W	Women	WC	Wheelchair

What is the Narcotics Anonymous Program?

"NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work." —Basic Text, page 9

Names and Numbers

Text "SUBSCRIBE" to (877) 809-0937 to receive Capital Area-related updates

Capital Area Narcotics Anonymous



November 2024

For more info visit CapitalArea.org or scan this QR code



" . . . an addict, any addict,
can stop using drugs,
lose the desire to use,
and find a new way to live."
— Basic Text, page 68

877-590-6262

www.CapitalArea.org
admin@capitalareancna.com

Address | P.O. Box 10953 Raleigh, NC 27605

Serving | Wake County and Neighboring Cities

— — — Meetings Weekly: 72 — — —

To find meeting information for other nearby areas,
please visit CRNA.org and NCRegion-NA.org