

***Minutes for the Capital Area Service Committee
July 10, 2016***

Meeting called to order at 2:00 pm with the Serenity Prayer and reading of the N.A. Twelve Traditions and Twelve Concepts.

Roll Call

21 out of 54 Home Group GSR's present. 9 Officers and subcommittee chairpersons were present.

Approval of Minutes

Minutes were approved.

Concerns/Open Forum

There were 8 vacant ASC Officer and subcommittee positions.

There continues to be a lack of attendance by GSR's. This can be detrimental to the addict who still suffers.

Joe M or Chris G. has asked each home group to provide a brief synopsis of their history by answering questionnaire to be returned to the ASC by September to do a history of the Capital Area. (See attached form)

Subcommittee, Officer and Ad-hoc reports (see attached)

Chairperson (Julius J) –Written report and ASC meeting schedule provided. The executive committee has audited the ASC treasurer as motioned. All was accounted for and signatory cards have been done.

Vice Chair (Richard B) – No report.

Secretary (Candis D.) – Written report provided. Women in Recovery has changed its meeting location is on 130 E. Morgan Street, Wilson, NC. Let the Healing Begin Group of NA is in need of experienced women to join the home group.

RCM (Vacant.) –The New Traditions Book has been approved. The I.P. "Mental Health and Illness" has been approved. Three regions from Brazil were seated on the World Service Board. 3 proposals 1) Change to the CRNA Policy: To provide sponsorship through step writing to incarcerated addicts through the Sponsorship Behind the Wall project; 2) CRNA mobile unit and vice chair coordinate Behind the Walls projects using approved guidelines and forms; 3) CRNA P.O. Box services funding comes from existing budget. [REDACTED] (prudent reserve is [REDACTED] in bank and no donation to the World this Quarter. Next CRSC meeting will be held on October 8, 2016 in Wilmington, NC.

Treasurer (Tim H.)– Report Submitted. Repayment of the WSO for debt owed has been placed on hold due to low donations recently. The final payment of [REDACTED] has been paid to the World Service Organization. I have requested that the World closes that account and add a note to our file stating that in the future a current Chair and Treasurer will need to jointly request re-opening this account. Home group donations in June were [REDACTED] Sebastian L. made a payment of [REDACTED] with a balance of [REDACTED] Nikki made a payment of [REDACTED] with a balance of [REDACTED]. ASC account balance is \$[REDACTED], which

puts us \$ [REDACTED] above the prudent reserve. Please see submitted financial reporting. Per policy, all CASC check requests must be made in writing on the form and requires 2 signatures.

Policy Chair (Vacant.)– No Written Report.

PR (Sarah S.) – Written Report submitted. We still have a lot of positions vacant. Meeting schedules were printed this month (see Randall for meeting schedules if needed). This past month there were 4,046 visitors to our website and 13,998 page views. There were 4 call this month on our phone line. We now have a phone line coordinator and alternate.

H&I Chair (David K.)– Verbal report. No written report provided. We have 4 new orientees. There has been an improvement in the Blue cards. The former/previous leaders continue to be of service as trusted servants until these are filled. Bunn Correctional Facility has requested H&I come in. They have a home group. There are not enough trusted servants in H&I to carry the message to this facility at this time. Orientation will have to be provided by the facility prior to servicing in the institutions.

Outreach Chair (Vacant.) – Curtis S Verbal report. There has been one new GSR (Faith Through Principles) orientated. Orientation is held monthly at 1pm prior to the ASC meeting at this location.

Activities Committee Chair (Lahoma S.) –Written report provided. The Homegroup Picnic went well. For future references, please park only in designated areas not on grass. No grills, fryers, or cookers under the trees (fire hazard). Beginning balance was [REDACTED] donated by two homegroups. The DJ was paid [REDACTED] for the event. With donations, the ending balance is [REDACTED] for the Activities Committee. **Our next event will be in the month of September and flyers will be provided in August during ASC.**

Convention Chair (April B.) – Darren L. verbal report. No written report. It has been recommended by former chair that the next convention be held at the same location due to concern of business relationships already established and projected cost if location changes. The concern of the body was “why is it a potential move to Rocky Mount for the next convention”. You are welcome to attend Convention Subcommittee meeting for more information and at least two to vote. **The 27th Annual Convention raised \$ [REDACTED]. The payout for the convention was \$ [REDACTED]. The Convention donated \$ [REDACTED] to the ASC on today submitted to Treasurer.**

You can always get the latest Convention Committee information on the website at www.capitalareancna.com and then go the subcommittees page and then to convention committee.

Old Business -

Concern of misappropriation of funds was discussed. Chair suggested a motion be placed by anyone concerned at the next meeting.

All proposals submitted during last Area meeting which are attached in June’s minutes were placed on hold due to Policy Chair position currently being vacant. It was all related to “housekeeping” of the policy manual.

New Business-

Hard Core Group of NA Second by Spiritual Change was voted to the Capital Area. Their location is 220 S. Church Street, Clayton, NC on Friday Nights at 7pm. (See attached proposal)

Down but Not Out Home group at Wake Correctional Center join the Capital Area. It’s a meeting in the Prison every Tuesday Night at 7pm. Jamar would like to be the GSR. (See attached proposal)

Tim H. was voted back in as the treasurer.

THE NEXT ASC MEETING WILL BE HELD ON August 7, 2016 at 2pm

AREA SERVICE COMMITTEE HOME GROUP ROLL CALL JULY-2016- JUNE 2017

Group Name	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
A New Beginning												
Basic Text Study	X											
Came to Believe												
Candlelight Recovery	X											
Choices in the Afternoon (Phone)												
Circle of Hope												
Constantly Searching												
Daily Reprieve												
Down But Not Out												
Expect a Miracle												
Faith Through Principles	X											
Freedom Thru Recovery												
Grow Up or Die												
Highest Point of Freedom	X											
I Can't We Can												
In From the Storm												
Let the Healing Begin												
Life on Life Terms	X											
Living Clean and Serene												
Lunatic Fringe												
Man Up												
Miracles In Progress												
NA at Noon												
NA ND PM	X											
NA Way	X											
Never Alone Never Again												
New Horizons												
New Way of Life II	X											
One Day at a Time												
Our Common Welfare												
Out of the Forest												
Out to Lunch	X											
Peace in the AM	X											
Primary Purpose												
Principles and Traditions												
Principles B4 Personalities												
Recovery in the Hood	X											
Recovery Road												
Rediscovery Thru Recovery												
Serenity in the Morning	X											
Southside Recovery	X											
Spiritual Change	X											
Spiritually High												
The Journey Continues												
The Seekers	X											
Together We Can	X											
Trust the Process												
Tuesday Night Live	X											
Way to Grow	X											
We Do Recover	X											
Welcome Home	X											
Why Are We Here												
Women In Recovery	X											
Women Working Steps												
Young Connections												

CASC Chair Report

July 10 2016

Good Afternoon Members of Capital Area,

Thank you for the opportunity to be of service.

The Capital Area Committee is in need of officers/trusted servants to help us carry the message as well as to conduct business productively. The following positions (8) are vacant:


Policy Chair, Alternate Policy, RCM, Alt RCM, Alt Secretary, Treasurer, and Alt. Treasure

As motioned, the area treasurer has been audited by the executive committee as of July 9, 2016 although there was a delay in completing this task.

During the last ASC meeting it was discussed that the Area Treasurer meets with the executive committee to conduct bank actions such as signature cards, etc necessary for this fiscal year and transition. These tasks were delayed as well.

Thanks

Julius J.

A handwritten signature in black ink, appearing to be 'Julius J.', written over a horizontal line. The signature is stylized with a long, sweeping tail that extends to the right.

(Calaveras Fox) Area,
16 Cont. Profit.

14,561

Aug 7th Area

Sep 4th

OCT 2nd

Nov. 6

Dec 4

July 2nd

JAN 8th

Feb. 5th

MAR 3th

APR 2nd

May 7

June 4

Secretary Report

Hello All,
Thanks for allowing me to be of service to the Capital Area.

Per emails since last area meeting I have received the following information via email.

- 1) The Women In Recovery Group will be changing its meeting location starting June 11th. The new address is 130 E. Morgan St, Raleigh.
- 2) The Let the Healing Begin Group of NA is in need of experienced women to join the homegroup.' We would like to make this announcement in effort to get experienced women to come out and support the group to continue to carry the message to the women in the facility. Although we are asking for women, any experienced member is appreciated.
- 3) Way To Grow WILL NOT be meeting on July 14th and July 15th.

When sending minutes in June 2016, the following emails have returned undeliverable.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED] (I think this is one fixed to jdurby@yahoo.com)

Please provide correct or alternative email.

It is encouraged that the GSR, Committee/Subcommittees receive minutes via email. However, if you do not have email access, please write your mailing address information down and turn in today.

There are 53 Home Group Names on the roll call list. If you have completed the process/questionnaire, have been voted to this area yet have not heard your home group during roll call, please notify to be added.

Again thanks for allowing me to be of service.

Thanks,
Candis D.

RCM Report July 9, 2016

Hello family. Due to another area commitment I was unable to attend the regional meeting. I asked the incoming Alternate delegate Stephanie G. to set in for me and send me a report on the CRSC meeting.

Regional Delegate report: The new traditions book has been approved. The I. P., Mental Health and Illness has been approved. Three regions from Brazil were seated on Word Service Board.

H&I: "Sponsorship Behind the Walls" submitted to area H&I committee

PR: Basic Meeting Format is being considered so that all Area/Regional meeting list may be updated and accurate. Allows a single point of access to update everywhere. Our area is one of five areas already participating.

Proposal 1: Change CRNA policy: To provide anonymous sponsorship through step writing to incarcerated addicts through the Sponsorship Behind the Walls Project, modeled after pilot projects in South Florida and Connecticut Regions. (CRNA H&I subcommittee will administer program)

Proposal 2: That the CRNA mobile unit and vice chair shall coordinate the Behind the Walls project using approved guidelines and forms.

Proposal 3: CRNA P> O> box and forwarding services funding come from existing budget.

Treasurers Report: \$ [REDACTED] in bank. Prudent reserve \$ [REDACTED] No donation to World this Quarter.

The next CRSC meeting will be held in Wilmington NC on Oct. 8, 2016.

Thank you for letting me be of service.

Richard B.

ASC copy



CASC TREASURERS REPORT – July 10, 2016

Date: 07/10/2016
From: Tim H., CASC Treasurer
Re: Treasury Report for the month of June 2016

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position, helping to carry the message of NA by being of service is an important part of my recovery. It has been my honor to have served as the ASC Treasurer for 2 ½ years and would like to turn this position over to another responsible, financially minded person. I will remain in the Treasurers position until another person steps forward if that is what the ASC would like, but I would (and have) encouraged someone else to step up. Please encourage other responsible, trusted servants to volunteer at the Area level to help us to continue to carry the message.

From our Area Policy Manual, here is a quick list of Treasurers duties:

5. Treasurer

The Treasurer shall submit a report of contributions and expenditures at every regular ASC meeting. The Treasurer or Alternate Treasurer must sign all ASC checks. It is suggested that a treasurer have a minimum of two year's continuous abstinence from all drugs.

- A. *In addition, the Treasurer will make a monthly donation to the meeting place of the ASC. The donation shall be set by a majority vote of the ASC.*
- B. *The treasurer shall monthly remit all funds in excess of the prudent reserve of ██████████ to the Region (60%) and the World (40%). If the ASC body is made aware that upcoming expenses warrant a higher prudent reserve these donations may not be remitted.*
- C. *The Treasurer will ensure that a copy of the ASC financial report, the Group Donations Report, and the Monthly Balanced Bank Statement goes to the ASC Secretary by the end of the meeting for inclusion in the ASC minutes.*
- D. *The Treasurer shall balance the ASC checkbook every month and fix any accounting errors.*

In addition, the Treasurer should be computer literate, know how to use an Excel spreadsheet and have at least a minimal understanding of how income and expense reports work.

As agreed, we made the final payment of the money owed by the Area Literature Committee to the World Service Organization of [REDACTED]. This payment paid our balance in full with the World and per our discussions, I requested that the World close that account and add a note to our file stating that in the future the current Chair and Treasurer would need to jointly request re-opening the account. Email confirmation of the payment is attached.

Homegroup Donations in June totaled [REDACTED]. Sebastian paid [REDACTED]. Nikki Paid [REDACTED]. See attached Homegroup donation list. Our account balance is [REDACTED]. Outstanding checks total [REDACTED] which leaves an available balance of [REDACTED]. This available balance puts us [REDACTED] ABOVE the policy mandated prudent reserve of [REDACTED]. See attached PNC bank statement and the Income and Expense statement.

The previous Treasurer, Sebastian L., made no payment at the last Area meeting leaving a balance of [REDACTED].

The previous Literature Committee chair Nikki made no payment at the last Area meeting leaving a balance of [REDACTED].

Lastly, please remember that by Policy, all CASC check requests must be made in writing on the form that I have at each meeting. Checks REQUIRE 2 signatures by policy and as of now, the Chair and myself are the only ones authorized to sign checks. I will write the checks during the meeting and have Julian add his signature as soon as possible after the ASC meeting is over, but this means that all Subcommittees/ check requestors must wait until the Area meeting is over to receive their checks.

Thanks, I look forward to seeing everyone at the July Area Meeting.

Your trusted servant,

Tim H.

✓
July 10, 2016

PR purpose: The public relations subcommittee is responsible for making sure that addicts know about Narcotics Anonymous and where to find us. We do this by doing presentations to the public, maintaining an area website, phone line, meeting schedules, etc. The reality is that many members of our community do not know that Narcotics Anonymous is a viable option for addicts to find recovery, it is partly our job to fix that.

Elections: We had elections today, but still have a lot of positions to fill! We meet the first Sunday of the month at 12:30pm up the fire escape come see what PR is all about! We need a PR chair, vice chair, alternate phone line coordinate, plus all other positions it is great service work! Come to PR at 12:30pm the first Sunday of the month.

Meetings Schedules: Meetings schedules were printed this month, but because of time were not able to be picked up on time. *Randal will be out to lunch Monday, July 11, at Noon with meeting schedules if you need them before next area call. Randal 919-307-3621 to work something out*

Please see Randall and let him know at area if you have a meeting schedule change or add on. Also please let Joe M. or myself know of any changes so we can put it on the website or you can let me know and I will pass on the information or email admin@capitalarea.com

Website: The past 30 days we had 4,046 visitors to our website 13,998 page views. Here is a ranking of pages in order of most frequently visited: Home page, meeting schedules, event calendar. 198 subscribers to receive E-blast.

Phone line: The phone line is running well we had a 4 calls this month. We need an alternate Phone Line coordinator Reese is now our phone line coordinator we are so excited to have her in PR *and Michael M. is our phone line alternate.*

Poster Drive : we had a poster drive on June 8th and Just Randal and I came we canvased the shopping center on Raleigh Blvd. and Glasscock.

Presentations: We had no presentations this month. Again we have service positions available come get involved give back to the fellowship that saved our lives! Peace and love.

PR Chair Sarah

In a side note I just wanted to express how this year as PR Chair has strengthened my recovery. When my fellow PR members suggested I sign up to be PR chair I was very timid. I thought I only have 3 years clean I haven't finished all 12 steps, and all 12 traditions and recovery is not a race so I don't know when I will finish, but you never finish that's the point. After talking with my sponsor, I decided to dive into what felt uncomfortable at first, because this addict here owes my life to Narcotics Anonymous. Service work has been one of the foundations that keep me standing and not falling over. I truly did not understand how essential service work is to my recovery until I started doing it. It is the kind of experience one cannot explain it is something you have to be apart of and when you are you crave more! But unlike drugs it is a good thing to want to do more of and the benefits in result do so much for your soul. I really feel that's it is important that when we ^{I/are} are reaching out to new comers and other members at meetings that we stay excited and positive about our AREA service, attraction right! If ^I we say "ughhh I have area on Sunday, its so boring and everyone is arguing" who would want to be involved in that. I say this because I've said that before. But the truth is after I come to area I leave and reflect. It is awesome that NA members show up some have been doing service for 20 years and continue to come because the energy of recovery, the hugs, smiles, the integrity that develops in each of us when we show up, well you simply cannot buy that! I want to always have a service position because if I don't I feel like I'm stealing from Narcotics Anonymous it's that simple for me. I was shown a new way to live if I don't stay involved I will forget where I started. The gifts from service are beyond measure! Thank you for allowing me to serve.

Love and Peace,

Sarah

Good Afternoon Captain Area Family

July 10th 2016

I would like to say thank you to all for electing me to be the chairperson for the Activity Sub- Committee 2016-2017 year. In moving forward I am looking forward to being of services to the Activity Sub-Committee and the Area. The Activity Sub- Committee met today and we discuss our last event. Area Home Groups picnic thank you to all the Home Groups in the Capital Area for their perspiration. It was a wonderful turnout food fun and fellowship. However in planning other events with parks and recreations there were some issues that were address.

Park only in designated parking spaces no parking on the grass.

No grill, fryer, cookers under the trees.

Finances Report

Benign balanced \$██████████

Out to lunch Home Group donated \$██████████

Basic Text Home Group donated \$██████████ balanced of \$██████████

We paid the DJ \$██████████ brining our balanced to ██████████

Pass the seventh tradition basket collected a total of \$██████████ leaving Activity Sub- committee with a total of \$██████████ ending balanced. If you like to see receipts please see me.

Next Event will be the month of September 2016. Flyers will be given out at the next Area meeting August 2016

Activity Sub-Committee

Lahoma S.



Capital Area Service committee
Proposal Form

Date: 7/10/14

Proposed by: Hardcore Group
2nd Spiritual change

What is being proposed?:

Hardcore Group of NA 200 S. Church St Clayton, NC
to join Capital Area

Reason for this Proposal:

GSR, Jeremy C, and GSRA, Jerry A work schedules
prevent attendance at Crossroads ASC. Hardcore Group
has corresponded with Crossroads Area, but will not allow
us to join without representation at their ASC

Intent:

Friday T.
To promote unity and awareness of a local group on
area schedule and website. To be a part of a service body
and have a voice at ASC

Result:

Welcomed



Capital Area Service committee
Proposal Form

Date: 7/10/16

Proposed by: JAMAR M. Southside Recovery

What is being proposed?:

Second Highest Point of Freedom.
We would like Down but not
out home group at Wake Correctional Center
join the Capital Area it a meeting in
the prison every Tuesday nite 7:00 8:00 pm

Reason for this Proposal:

They would like to be a
part of the AREA I would be the
G.S.R. for the prison Thank you

Intent:

Helping Addicts who are in prison
to know how the AREA ~~are~~ helps
other recovery addicts and show them
when they get out how to continue to
stay clean a day at a time

Result:

Wellness

In our efforts to update the history of the Capital Area we are asking each group to provide a brief synopsis of their history by answering the following questions. Please return information to the ASC by September. Thanks for all your help.

Group Name: _____

Date Started (year): _____

Person (s) who started meeting: _____

Previous group names and meeting facilities: _____

GSR Name and Number: _____

If you have any questions please call: Joe Mc @ 919-457-6724 or Chris G. @ 919-604-3748



NCCAFRNA 2017: BACK IN THE DAY, "DO YOU REMEMBER WHEN" DAY IN THE PARK.



PATTY CAKE, HOPSCOTCH, KICKBALL GAME, HORSESHOE TOURNAMENT, JACKS, DOUBLE DUTCH, VOLLEYBALL, MS. MARY MAC, RED LIGHT GREEN LIGHT, ETC.

July 23rd 2016

12:00-7:00pm

Roberts Park

1300 East Martin Street

Raleigh, N.C.

Food And Beverages Will Be Sold At Cost. (Hotdogs, Burgers, Fish)

Horseshoe Tournament \$10.00 Per Team

Contact: Willie T. @ 919-444-3919 or Theresa F. @ 919-561-4692



N.A. Service Resume

Date: 7/10/14

Name: TIM HAMMOND	Clean Date: 7/27/2004
Address [REDACTED]	
[REDACTED]	Phone (919) 376-5683
Service position interested in: ASC TREASURER	
List group service positions and dates served:	
TNL SECRETARY 2006, 2008	
TNL TREASURER 2009 - 2013	
TNL GSR 2011 - 2013	
List area service positions and dates served:	
ASC TREASURER 2011/2015 & 2015/2014	
List regional service positions and dates served:	
NONE	
List world service positions and dates served:	
NONE	
Have you completed all service commitments?	<input checked="" type="checkbox"/> Yes () No
If no, why not?	
Please list anything additional:	
Are you employed full-time?	<input checked="" type="checkbox"/> Yes () No
Can you travel in connection with this service commitment?	<input checked="" type="checkbox"/> Yes () No

Noted. Jul 19 x 1 - 0