

Capital Area Service Committee Meeting Minutes

Sunday, December 2nd, 2018

Opening

The meeting was opened at 2:06 p.m. with the Serenity Prayer.

The 12 Traditions of Narcotics Anonymous were read.

The 12 Concepts of NA Service were read.

The Narcotics Anonymous Service Prayer was read.

Roll Call and Approval of Minutes

Roll call was taken by the secretary.

- Eighteen (18) Home Groups were present at the time that Roll Call was taken.
- Eight (8) Officers were present at the time that Roll Call of Officers was taken.
- After a request to approve the minutes, the GSR for the Primary Purpose group would not approve of the minutes as they stood without adding a line item under the Convention Treasury report which includes the repayment by Angela K.
- Minutes will stand approved for November contingent upon the requested amendment.
 - ¹Home Group Roll Call sheet has been attached.
 - ²Officer Roll Call sheet has been attached.
 - *An up-to-date Contact Sheet for CASC Officers will be attached to the email.
 - *An up-to-date Contact Sheet for GSRs will be attached to the email.

Old Business

Discussion on Ad Hoc Convention Policy

- Prior to voting on the Convention Policy as it was originally presented, there was an amendment brought forth by the Chair of the Ad Hoc committee concerning pre-registration within that policy. The amendment involved financial figures in the policy (which, at this point, had not been voted on yet), and it resulted in confusion and distention. After much discussion, two things were decided by the GSRs:
 - 1) The amendment involving pre-registration fees will be sent back to the Home Groups this month and voted on next month.
 - 2) We will vote today on the Convention Policy as it was originally presented.
- A vote was taken to approve the Convention Policy as it was presented to the GSRs in October and November.
 - o For: 13
 - o Against: 4
 - o Abstain: 1
- Thus, the Convention Policy as recommended by the Ad Hoc committee is now approved for use on that body.
- The amendment that was recommended this month was set to be voted on in January; however, there is no attachment ready for this matter. (See home group concerns).

Proposal To send Literature to the Franklin Correctional Center

- There was great discussion held on using CASC funds to send literature to the Franklin Correctional Center. Alternate strategies were explored. Ultimately, the point was made that many prisons will not allow significant amount of literature behind the walls unless they come directly from the publisher; thus, a book drive may not be sufficient.
- The Alternate Chair was adamant about finding out more information from the facility prior to the vote. The PR chair and Secretary were just as adamant that the literature needs to be made available as soon as possible, and a vote should be taken on whether the funds can be available once the administrative details are cleared up. A vote was taken.
- The vote was to spend up to \$200.00 on literature supplies for the meeting at FCC:
 - o For: 23
 - o Against: 0
 - o Abstain: 1
- Thus, the \$200 will be made available as soon as administrative details are clarified by the CASC Alternate Chair.

³The motion was attached, with a statement of resolution written on it.

Update: Angela Repayment

- Angela was not present at the CASC today to make her payment. She stated that she did not have time to come by after attending an event at her church due to their Christmas play. She stated that she can meet Monday, December 3rd to make said payment.

New Business

Motion from Peace in the AM – Alter Elections on the Convention Committee

- The motion states that the Convention Committee elections should take place on the CASC every election cycle moving forward.
- Two cons were provided:
 - o It shows specific interest in one subcommittee.
 - o It is cumbersome timewise.
- No pros were provided. There was also a concern that it was against concept which delegates authority to the subcommittee.
- The motion did not carry by general consensus. This resolved the motion.

⁴The motion has been attached as presented.

Motion from Primary Purpose to Temporary Suspend Printing of Policy Copies

- The motion moves to suspend printing CASC Policy's from 2017.
- Our Policy Chair stated that the Policy would be updated and available in June 2019.
 - o For: 17
 - o Against: 0
 - o Abstained: 0
- This vote resolved the motion. No more policies will be printed until it is updated.
- CASC Policy Chair, Delphyne, stated that she needs help on the Policy Committee.

⁵The motion has been attached as presented.

Resumes

No resumes were submitted

Reports

Officer Reports

Chair – Sheryl K.

- Chair's report was given by proxy, Darren L., CASC Alternate Chair.
- Emphasis was placed on the orders of the day.
⁶The report which was submitted has been attached in full.

Alternate Chair – Darren L.

- Alternate Chair's report was given.
- As of late, he has been especially focused on this role as acting outreach coordinator.
⁷The report which was submitted has been attached in full.

Secretary – David K.

- Secretary's report was given.
⁸The report which was submitted has been attached in full.

Treasurer – Michelle M.

- Treasurer's report was given.
Beginning balance: \$ 2323.08 (November 1nd)
Deposits: \$ 759.00
Expenses: \$ 725.71
Ending balance: \$ 2357.27
Outstanding: \$ 186.34
Available balance: \$ 2170.93 (December 2nd)
Above prudent reserve: \$ 370.93
⁹The report which was submitted has been attached with redactions.

Regional Committee Member (RCM) – Kay W.

- The RCM's report was not given in Kay's absence.
¹⁰The letter which was submitted concerning Kay's absence has been attached in full.

Subcommittee Reports

Hospitals & Institutions

- H&I's report was given by Willie T. (H&I Chair).
- The report talked in detail about the affairs of Carolina Region's H&I subcommittee.
- There was also mention of the upcoming Learning Day in January.
¹⁰The report which was submitted has been attached in full.
¹¹The schedule for the Learning Day portion of the CA Anniversary has been attached.

Public Relations

- PR's report was given by Andrew V. (PR Web Servant) in PR Chair Susan C.'s absence.
¹²The report which was submitted has been attached in full.

Policy

- Policy's report was given by Delphyne F. (Policy Chair).
- She clarified that no more policies will be printed until the CASC Policy is updated.
- The motions are being kept up with and incorporated in policy for use at the end of this term, starting June 2019.
- She is asking anyone who would like to participate in the Policy Subcommittee to contact Delphyne at [REDACTED]
¹³The report which was submitted has been attached in full.

Outreach

- Outreach's report* was given by Darren L. (CASC Alternate Chair).
 - Concerns about Out to Lunch not being opened up sometimes.
 - Another group also had an issue with keys and opening the meeting.
 - Both of issues have been addressed and will be revisited if need-be.
- *No written report was provided.

Activities

- Activities' report was given by Darren L. (Activities Chair).
- During Activities' report, there was great distention about the funding for Activities. Shahid explained how his new budget worked, and Michelle followed up. Discussion of this budget was the most stressful part of the meeting, and it was followed by a few members leaving early.
- The written report which was submitted reads as follows:

ASC Activities Chair Report

My name is Shahid & I'm an addict. Thanks for allowing me to serve as your ASC Activity Chair. I would like to thank this Area for reading & accepting my Nov 2018 report. We are really looking forward to our next upcoming event which is our Area 33rd Anniversary. I've given those GSR & also Chairpersons present a flyer. I've requested \$175.00 from our Area Treasurer. \$100.00 for clean-up fees for the location of activity, which is Clark & Horne. Afterwards if the facility is cleaned properly, we get the \$100.00 back. \$75.00 was given as a deposit for our D.J. other than that I'm open for any cares and concerns.

Thanks for allowing me to be of service.
Shahid, Activities Chair

Ad Hoc / Special Reports

Convention Treasury Report – Michelle M.

- The Convention Treasurer's report was given by Michelle M. (CASC Treasurer)
 - Pertinent figures:
 - Available Balance: \$ 1884.33* (November 4th)
 - *There are some small outstanding refunds as well. Michelle stated in her note that she will forward a bank statement for inclusion in these minutes.
- ¹⁴The bank statement that was submitted has been attached with redactions.

Homegroup Concerns

- Spells from Principles B4 Personalities was concerned about some needed inclusions on the Convention Committee Policy, including the one presented today plus additional inclusions discussed by his home group.
- The solution was proposed that these changes be brought up during a Convention Committee meeting at the first subcommittee meeting after the Convention Committee elections next month.

Second Roll Call

A second roll call was taken at this point.

- There were 14 of the original 18 GSRs still present*.
 - Thus, GSR retention was 77.8%.
 - o This figure is a 6.35% increase in GSR retention compared to October.
 - There were 6 of the original 8 Officers still present.
 - Thus, Officer retention was 75.0%.
 - o This figure is a 12.5% decrease in Officer retention compared to October.
- *the column containing this information has been erased on the attached roll call sheet.

Close

The meeting was called to a close at roughly 4:01 p.m. with a unity circle and the "We" version of the Serenity Prayer.

Below is a schedule of CASC meetings for the next six (6) months.

January 6th, 2019	February 3rd, 2019	March 3rd, 2019
April 7th, 2019	May 5th, 2019	June 2nd, 2019

Therefore, the next CASC meeting is scheduled for January 6th, 2018.

This concludes the minutes for the December 2nd, 2018 meeting of the CASC.

In loving service,

David K
CASC Secretary ('18-'19)
Secretary@CapitalAreaNCNA.com



Capital Area Service Committee
Motion Form



Date: 12/2/18

Motion made by: Outreach

Second: Secretary (David K)

Motion reads as follows: Franklin Correctional group is Requesting
6 Basic Texts, 6 I+ Works How & Why, 6 step of
Working guides, 1 x Institutional Group Guide, 1 x
Guide To local services, 2 x Group Booklets, 1 x
Group Readings, Full Set of keytags, ~~the~~ miscellaneous
other literature such as "Behind The Walls",
1 x Just For Today Book.

Intent: Provide literature to a group of roughly
20 incarcerated addicts

Resolution: \$ 200.00 will be expensed
once administrative details are determined.

Carried _____

Failed _____

Tabled _____

Amended _____

Back to
Home Group _____

Policy
Change _____

Yes _____

No _____

Abstain _____



Capital Area Service Committee
Motion Form

Date: 12/2/18

Motion made by: PEACE IN THE AM

Second: Principle and Traditions

Motion reads as follows: Recommend The GASC-
Asc Body Elect The Convention Committee
When Elections occur Annually In June.

Intent: To ensure appropriate changes of
officers are made. Prevent cliques

Carried _____ Failed X Tabled _____

Amended _____ Back to _____ Policy _____
Home Groups Change

For _____ Against _____ Abstain _____



Capital Area Service Committee
Motion Form

✓

Date: 11/30/18

Motion made by: Primary Purpose

Second: Secretary (David K.)

Motion reads as follows: To suspend printing of our policy until a current version is posted on the website.

Intent: To not waste money on outdated material.

Carried X

Failed _____

Tabled _____

Amended _____

Back to Home Group _____

Policy Change _____

Yes 17

No 0

Abstain 0

Report
December 2, 2018

Sheryl K, ASC Chair

Thanks everyone for your participation at this month's ASC meeting and Darin for acting chair due to my absence.

These are the items for discussion at today's ASC meeting on the Agenda for December 2, 2018.

- 1). Continue monitoring of the Restitution payments from Angela and Mekki.
- 2). Vote for the Franklin Correctional Facility literature for \$200.00.
- 3). Convention policy vote is scheduled for today. Please remind all GSK that Area is Accepting Resumes for the Convention positions.
- 4) Southeast Zonal forum next week, please all GSKs announce in your home groups.

Again thanks for allowing me to serve as Chair.
Hopefully will see everyone on January 6, 2019.

Loving Service
Sheryl K.

Dec 2, 2018

To Area Service (Capital Area Service)
From: Sheryl K. Ava Chaw.

I will not be attending today's area
service due to my recent surgery on 11/28/2018.
I am currently home recovering from this
event, however I'm looking forward to seeing
everyone in January 2019.

Leaving Service

Sheryl K.
HSC Chair

Capital ASC area meeting

Vice Chairperson report

Good afternoon ASC committee as always thank you for allowing me to serve as our area Alt. Chairperson. This month I have very little to report. I did have a chance to talk with area secretary about our outreach committee getting connected with Franklin Correctional and we are having a book drive to help them with their literature needs. Didn't get a chance to attend any of the H&I meeting this month, but I will attend a few this month. Other than that, this month was a calm month with a lot off issues. Again, as all always thank you for allowing me to serve as this area Alt. Chairperson.

ASC Secretary Report

December 2nd, 2018

Dear Capital Area,

Below is an overview of the tasks which I have completed as they relate to Secretarial duties laid out in policy.

- 1) The minutes were sent out on 11/18/2018.
 - a. If you did not receive these minutes, please write down your contact information (name and email address, at least, and preferably phone number) and hand it to me promptly. Alternatively, you can email me at Secretary@CapitalAreaNCNA.com.
- 2) I do not recall checking the P.O. box this month. I apologize for this negligence. I have placed biweekly events in my calendar to remind me to check the P.O. box for the remainder of the term.
- 3) There is a document going around to catalogue the GSR email addresses and phone numbers for distribution within the CASC. This information will **not** be included in the minutes (which go on our public website); instead, it will be distributed via email to GSRs and other members currently active in the ASC. If you have concerns about your contact information being included here, please only include your name.

If you know of a matter which needs to be brought to the attention to the CASC as a whole, or a specific portion of the CASC, feel free to reach out to me if you are unable to handle that communication yourself. Thank you for this opportunity to serve the home groups in the Capital Area. I sincerely appreciate the impact this position has made on other areas of my life thus far.

Respectfully submitted,



David K
ASC Secretary ('18-'19)
Secretary@CapitalAreaNCNA.com





CASC TREASURERS REPORT – December 2nd, 2018

Date: 12/2/2018
From: Michele M., CASC Treasurer
Re: Treasury Report for the month of November 2018

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Attached are the Income and Expense statements for November 2018.

OCTOBER 2018 STATEMENT

The beginning balance on 11/01/2018 was:	\$2,323.98
Deposits in October totaled:	\$ 759.00
Checks and deductions totaled:	\$ 725.71 - See attached detailed Income & Expense Report
Ending balance on 11/03/2018:	\$ 2,357.27- See attached PNC Bank Statement
Outstanding checks not cleared:	<u>\$ 186.34</u>
Available balance on 11/04/2018:	\$2,170.93

Our available balance as of today is \$2,170.93. This available balance puts us \$370.93 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

Michele M., CASC Treasurer

Attachments:

- November 2018 Income & Expense reports
- November 2018 PNC Bank Statement

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:		11/1/2018	\$2,323.98	Period: 11/01/18-11/30/18	
Income/ Revenue Section 1					
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations/ Repayments - CASH	11/4/2018	\$759.00		Group donations received at Area Meeting	
Total Income/ Revenues		\$759.00			
Repayment of Mis-Appropriated Funds					
Amount shown here is included in the total of donations above					
Type of Deposit/debit	Date	Amount	Balance	Description	
Nikki			\$1,156.41	8 Repayments to date - last payment on 08/5/18	
Sub Total Income/ Revenues			\$1,156.41		
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTEES					
H&I Committee					
H&I Literature			\$190.00		H&I Literature -
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$33.87		Varies slightly - averages \$30.93/
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD			On Autodraft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$10.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses					
Outreach					\$35 Monthly allocation per policy
Policy					\$30 Monthly allocation per policy
Activities Committee 400 available					\$500 For Area Anniversary Function(s)
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly	1894	\$50.00		ASC - Rent
Secretary					Varies slightly
Treasurer - Office Supplies					
Treasurer -Storage Rent	9th monthly	AD	\$105.00		Security Self Storage
Chairperson					
RCM Travel/ Expenses			\$174.62		Refund Reciepts
Bank Fees		AD			Service charge - Bank Account
Mail Box - Due yearly on Nov 1st					CASC Mailbox at Cameron Village
Misc.			\$38.00		
Regional Donations - 60% - CRNA			\$124.22		Per Policy
World Donations - 40% - NAWA					World Donation Per Policy
Total of All Expenses			\$725.71		
Revenue			\$759.00		
DIFFERENCE: Income-Expenses			\$33.29		
Ending Balance			\$2,357.27		
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount	Description	
Regional & World Donations		1904	\$186.34		
186.34--124.22		TOTAL:	\$186.34		
Available Balance			\$2,170.93		
Prudent Reserve- Per Policy			\$1,800.00		
Amount Above/ Below P.R.			\$370.93	ABOVE	

Homegroup Name	Amount	Homegroup Name	Amount	Homegroup Name	Amount
A New Beginning	\$50	Lunatic Fringe		Rediscovery Through Recovery	
Basic Text Study		Man Up		Saturday Night Miracles	
Believe It or Not		Mid Day Miracles	\$50	Serenity In The Morning	\$114
Came to Believe		Miracles In Progress	\$20	Serenity Seekers	
Candlelight Recovery		NA At Noon	\$75	Southside Recovery	\$30
Circle of Hope		NA In the PM		Spiritual Change	
Constantly Searching		NA Way	\$20	Spiritually High	
Courage to Change		Never Alone		Sweet Serenity	
Daily Reprieve		Never Alone Never Again	\$35	The Seekers	\$20
Expect a Miracle		New Beginning		The Journey Continues	
Faith Thru Principles		New Horizons		Together We can	\$50
Freedom Through Recovery	\$100	New Horizons East		Trust the Process	
Grow Up or Die		New Way of Life II		Tuesday Night Live	\$20
I Can't, We Can		One Day at a Time		Way to Grow	
Highest Point of Freedom		Our Common Welfare		We Do Recover	\$10
Hard Core	\$20	Out of The Forest		Welcome Home	
Hope in Recovery		Out To Lunch		Why Are We Here	
In From The Storm		Peace in The AM	\$23	Women In Recovery	
Let The Healing Begin		Phoenix Group		Young Connections to Recovery	\$20
Life on Life's Terms		Primary Purpose	\$10.00	Other Income	
Life or Death		Principles & Traditions		Misc:	
Living By the Book		Principles B4 Personalities	\$18	H&I refund	\$12.00
Living Clean & Serene	\$62	Recovery In the Hood		Nikki - Repayment	
11/2018 Total Donations/ Income	\$759.00	Total Homegroup Donations	\$747.00	Total Other Income	\$12.00



Account Activity

Saturday, December 01, 2018

Business Checking XXXXXX [REDACTED] Available Balance: \$2,357.27

Account Summary

Available Balance:	\$2,357.27	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,357.27	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$759.00 11/05/2018
Pending Deposits:	\$0.00	Last Statement Balance:	\$2,357.27 11/30/2018

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	Not Enrolled
Address:	PO BOX 10953 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
You have no pending transactions			

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
11/20/2018	CHECK 1903 083043556	\$38.00		\$2,357.27
11/19/2018	CHECK 1905 085335436	\$124.22		\$2,395.27
11/09/2018	DEBIT CARD PURCHASE XXXX [REDACTED] TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,519.49
11/09/2018	DEBIT CARD PURCHASE XXXX [REDACTED] SECURITY SELF STORAGE XXXX [REDACTED] NC	\$105.00		\$2,529.49
11/06/2018	CASHED CHECK 1907 046331158	\$174.62		\$2,634.49
11/05/2018	CHECK 1908 085094709	\$190.00		\$2,809.11
11/05/2018	CHECK 1906 085105115	\$50.00		\$2,999.11
11/05/2018	RECURRING DEBIT CARD XXXX [REDACTED] J2 ONEBOX SERVICES XXXX [REDACTED] CA	\$33.87		\$3,049.11
11/05/2018	DEPOSIT XXXX [REDACTED]		\$759.00	\$3,082.98
10/18/2018	CHECK 1901 086538406	\$7.58		\$2,323.98
10/18/2018	CHECK 1899 086538405	\$190.00		\$2,331.56
10/09/2018	CHECK 1902 084485487	\$100.00		\$2,521.56
10/09/2018	CHECK 1900 084598311	\$50.00		\$2,621.56
10/09/2018	DEBIT CARD PURCHASE XXXX [REDACTED] TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,671.56
10/09/2018	DEBIT CARD PURCHASE XXXX [REDACTED] SECURITY SELF STORAGE XXXX [REDACTED] NC	\$105.00		\$2,681.56
10/09/2018	DEPOSIT XXXX [REDACTED]		\$676.00	\$2,786.56

12/1/2018

PNC Online Banking

10/04/2018	RECURRING DEBIT CARD XXXX [REDACTED] J2 ONEBOX SERVICES XXXX [REDACTED] CA	\$33.87	\$2,110.56
10/01/2018	SERVICE CHARGE PERIOD ENDING 09/28/2018	\$3.00	\$2,144.43
09/20/2018	CHECK 1896 085143460	\$30.00	\$2,147.43
09/17/2018	CHECK 1898 086862702	\$250.00	\$2,177.43
09/12/2018	CHECK 1895 084217477	\$194.64	\$2,427.43
09/10/2018	CHECK 1897 086484661	\$50.00	\$2,622.07
09/10/2018	DEBIT CARD PURCHASE XXXX [REDACTED] TEXTEDLY HTTPSTEXTED CA	\$10.00	\$2,872.07
09/10/2018	DEBIT CARD PURCHASE XXXX [REDACTED] SECURITY SELF STORAGE XXXXX3870 NC	\$105.00	\$2,682.07
09/10/2018	DEPOSIT XXXX [REDACTED]	\$438.00	\$2,787.07
09/04/2018	RECURRING DEBIT CARD XXXX [REDACTED] J2 ONEBOX SERVICES XXXX [REDACTED] CA	\$33.87	\$2,349.07

12/2/2018

Hi Family

I am sick today and will not be at area today. I will be attending the Zonal on this weekend and get information to bring to the area.

Thank You for allowing me to serve.

In Loving Service
Kay W. RCM

Good Afternoon,

I want say all is well
~~the meeting~~
~~was cancelled~~
I had to attend a Reginal
meeting, I had a flat tire
and I could not make it, but
I did call Reginal chair
and she gave me the
minutes.

Elections (Reginal)

voted: Eric B. - vice president
steve - A & I coordinator
Amanda D - Sec.

Went over policy (made suggestions
to change policy.)

East coast convential
(Soft Bakes for Jill)

Sponsorships (the wall program)
& items that are being sponsored

We discuss a member talking
to about AA business the
issue has been taken care of.

Amey became partner of Triangle
Spr. Df.

Thanks for allowing me
to serve.

H:I Chan

Willie T ~~████████~~

Capital Area 33rd Anniversary

- 10:00 - 10:30 - Convention
- 10:30 - 11:00 - Activities
- 11:00 - 11:30 - Outreach
- 11:30 - 12:00 - PR.
- 12:00 - 12:30 - Area
- 12:30 - 2:00 - H & I Learning Day

- 12:30 - 12:45 - Sign
- 12:45 - 12:55 - History (Stephanie)
- 12:55 - 1:20 - Speaker (Herb)
- 1:20 - 1:30 - Guidelines
- 1:30 - 1:45 - Q & A
- 1:45 - 2:00 - Break

1 | Carolina Region Subcommittee Meeting | Dec 1, 2018

I attended the Carolina Regional PR Subcommittee meeting in Charlotte. The webteam has moved the BMLT database to the SEZF database for efficiency. We have made the necessary updates to the Capital Area website. The BMLT is for regular recovery meetings only, not for service committee meetings or other events.

2 | PR Roundtable - SEZF Dec 7

The Southeastern Zonal Forum is meeting in Cary next weekend, Dec 7 – 9. The PR Task Force will hold a Roundtable Event on Fri, Dec 7. Please get the word out to any professionals in the community which may benefit from NA as a resource to their clients, i.e. law enforcement, healthcare professionals, probation officers etc. We have invites available, both hardcopies and electronic form.

3 | Presentations (Joe M.)

This month we did another presentation to NC State. Central Prison has requested a presentation to restart a previously self-sustained group and we are waiting to hear back from our contact to schedule. We have potential to see a significant increase in presentation requests stemming from the PR Roundtable. Our next visit to First Step will be on Dec 15 where Susan C. will be presenting and Joe M. will share his story.

4 | Website (Andrew V.)

We have moved to a secure platform for our website.

5 | Website Contact Forms received: 6 | E-Blasts: 4 | Text Blasts: 4

6 | Open PR Service Positions

The following service positions are still open: Alt. Chair, Secretary, Phonenumber Coordinator

In Loving Service,
Susan C.



12/2/2018

Hi Family,

Hope all is well in recovery land. With policy committee still looking for members for the committee: Hq members, sponsees, sponsors and any member of NA with a hq or knowledge of the concepts & structure of NA area. I'm challenging all GSR's to go back to your Hq's and announce this. This is the 6th time I've asked about members joining. As I stated last month I will not be printing any more policies I will just give you a motion report for you to add to your all ready policy.

Policy will be finding motions that have been passed in the past area mtg. I can't get the motions or any information from the passed Policy Chair. So right now the ones that have been passed this year will come out in the next mtg to GSR's. If you have any motions please

once again get them to me thanks. Once again please please please ask members to get involved with this committee Policy. Thank you for allowing me to serve.

In loving Service,
Delphine F. Policy Chair.

P.S. FYI I didn't make any copies this month.

~~XXXXXXXXXX~~

CAPITAL AREA 33RD ANNIVERSARY

ASC ACTIVITIES / H & I SUB COMMITTEES WILL COME TOGETHER TO RECOGNIZE OUR AREAS' 33RD ANNIVERSARY BY HOSTING AN H & I LEARNING DAY / NA'S GOT TALENT. THIS IS AN ALL DAY EVENT FROM 10AM-8PM.

10AM-2PM: H & I LEARNING DAY

2PM-3PM: FEEDING (WE EAT)

3PM-4PM: HISTORY OF THE AREA FOLLOWED BY SPEAKERS.

4PM-UNTIL: NA'S GOT TALENT (YOUR TALENT WOULD LOVE TO BE SEEN)! FOLLOWED BY A DANCE.

JANUARY 26, 2019

@ CLARK & HORNE

THANKS FOR BEING OF SERVICE WITH YOUR PRESENCE!

A decorative graphic featuring the words "HAPPY ANNIVERSARY" in a bold, stylized font. The text is surrounded by several firework-like burst patterns and a heart shape on the right side.

**HAPPY
ANNIVERSARY**

CONTACT INFO: SHAHID W. (~~XXXXXXXXXX~~)

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Account Activity

Thursday, December 06, 2018

Business Checking XXXXXX-XXXX Available Balance: \$1,894.33

Account Summary

Available Balance:	\$1,894.33	Interest Paid to Date:	\$0.00
Ledger Balance:	\$1,894.33	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$200.00
			11/05/2018
Pending Deposits:	\$0.00	Last Statement Balance:	\$1,894.33
			11/30/2018

Account Details

Nickname: None
 Type: Business Checking
 Text Banking Nickname: 7056
 Address: PO BOX 10953
 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
11/05/2018	DEPOSIT XXXX-XXXX		\$200.00	\$1,894.33
09/27/2018	CHECK 1005 085358528	\$10.00		\$1,694.33