

## Capital Area Service Committee Meeting Minutes Sunday: September 8, 2019

### Opening

Meeting opened at 2:00pm with the Serenity Prayer.  
The 12 Traditions of Narcotics Anonymous were read.  
The 12 Concepts of Narcotics Anonymous were read.  
The Narcotics Anonymous Service Prayer was read.

### Roll Call and Approval of Minutes

First roll call was taken by the acting Secretary at 2:15pm. At that time:

- 26 GSRs/Home Groups were present.
- 2 Officers and 6 Subcommittee Chairs were present.
- Minutes from the August 2019 CASC meeting were approved (19Y, 0N, 7A)

Second roll call was taken by acting Secretary at 3:15pm. At that time:

- 12 GSRs/Home Groups were present.
- 2 Officers and 5 Subcommittee Chairs were present.

Home Group Roll Call and Officer Roll Call sheets are attached.  
GSR "receive minutes" sign-up sheet is attached.

### Old Business

- Motion to Reinstate H&I Autonomy and Funding for Learning Days PASSED (12Y, 5N, 8A).
- Motion by Primary Purpose Home Group to require experience disclosure during resume/election process PASSED (13Y, 3N, 7A).
- \*Public Relations Subcommittee Chair gave her report during "Old Business" and after vote on first 2 motions because she had to leave. Her report was accepted. Highlights included: 1) A misappropriation of funds by former PR Chair Susan C., who submitted a letter to ASC Chair advising that she mismanaged her checking account and mistakenly spent the money given to her to pay for printing of current meeting schedule lists. Her account was overdrawn at the time of payment for the lists. She met with the ASC Vice Chair. She will be meeting with the ASC Vice Chair and ASC Treasurer to work out options to get \$ back. Process to be resolved this coming week (*NOTE: MEETING LISTS HAVE BEEN PRINTED AND PAID FOR BY Susan C. AS OF THIS REPORT*) 2) PR is planning a possible "First Step" presentation (coordinated with H&I), which is the Court mandated drug rehab program. PR CHAIR'S REPORT IS ATTACHED.
- Motion by Primary Purpose Home Group to amend the Service Resume to include "ALL" service positions. PASSED (12Y, 2N, 4A).
- Motion by CASC POLICY CHAIR to adopt new revised policy was PASSED (8Y, 1N, 6A).

### New Business

Resume for Area Treasurer [Fitzgerald V.]. Resume attached. Fitzgerald was elected. VOTE: 21Y, 1N, 1A.  
Note: Michele M., our current Treasurer, will stay on as Alternate Treasurer to train Fitzgerald.

### Officer & Subcommittee Chair Reports

- ASC Chair - report read and is attached.
- ASC Vice Chair - report READ by ASC Chair and submitted. Attached.

• **RCM - No representative present, but report Attached.**

- Convention Chair - report read and attached. NOTE: Convention Chair does not see us moving forward given current financial status and event attendance. Lots of discussion whether to proceed or not.

*NOTE: TWO-PART MOTION WAS DISCUSSED, but since there were less than 12 GSRs present at the time of discussion, it was voted to send motion back to home groups, with a vote on the Motion to take place at the top of the next CASC meeting on October 6, 2019.\*\* THE MOTION IS:*

- 1) *Do we want a convention at all?*
- 2) *If we DO, do we want it to take place in March, 2021 and continue the current fundraising efforts?*

- Outreach Chair - report read and attached.
- H&I Chair - report read and attached.
- Policy Chair - report read and attached. NOTE: Since the Motion adopting the new draft ASC policy passed, the proposed new policy will include any policy changes that occurred from January 2019 to and including September 2019 plus any inadvertently missed policy corrections.
- ASC Treasurer- report read and attached. NOTE: No advance funding checks will be issued from this point on.
- Activities Chair - report was read but was never submitted, and therefore, is NOT attached. NOTE: Area Cookout will take place 10/26/2019 (location TBD); Area Anniversary will take place either 01/18/2020 or 01/25/2020; Appreciation Day will take place 05/16/2020. Activities Chair asked for more funding

### **Home Group Concerns**

**\*\*IMPORTANT NOTE:** Motion brought during Convention Chair's report regarding future of Convention should be addressed before anything else during the next ASC meeting so that a majority of GSRs are present to discuss and vote on it.

### **Close**

Meeting was adjourned at 5:05pm with a unity circle and "We" version of Serenity Prayer.

### **NEXT CASC MEETING WILL BE HELD ON OCTOBER 6, 2019.**

In loving service,

Stephanie G.

Acting CASC Secretary for September 8, 2019 meeting



digital Area  
 Acceptance Group Roll Call 09/08/19

A monthly directory of Alternate GSR Email addresses and phone numbers for distribution within the ASC

#	Home Group Name	Alternate GSR Name	Phone Number	Email Address
1	A Day Beginning	✓	✓	
2	Back To Back Study	✓	left	
3	Candlelight Recovery	✓	left	
4	Continually Growing	✓	✓	
5	Daily Reprieve	✓	✓	
6	Expect A Miracle	✓	✓	
7	Experiences, Strength, & Hope	✓	✓	
8	Faith Through Principles	✓	✓	
9	Freedom Through Recovery	✓	✓	
10	Hard Core Group	✓	✓	
11	It isn't We Can	✓	✓	
12	In From The Storm	✓	✓	
13	Let The Healing Begin	✓	✓	
14	Life on Life's Terms	✓	✓	
15	Living Clean and Sober	✓	✓	
16	Monthy Fringe	✓	✓	
17	Man Up	✓	✓	
18	Mid Day Miracles	✓	✓	
19	Miracles In Progress	✓	✓	
20	NA at Noon	✓	✓	
21	NA NO PM	✓	✓	
22	NA Way	✓	✓	
23	Never Alone Never Again	✓	✓	
24	New Horizons	✓	✓	
25	New Way of Life II	✓	✓	
26	Our Common Welfare	✓	left	
27	Out To Lunch	✓	left	
28	Peace In The AM	✓	✓	
29	Primary Purpose	✓	✓	
30	Principles & Traditions	✓	left	
31	Principles Of Personalities	✓	left	
32	Recovery In The Hood	✓	✓	
33	Rediscovery Thru Recovery	✓	✓	
34	Seeking Similarities	✓	✓	
35	Serenity In The Morning	✓	✓	
36	Southside Recovery	✓	left	
37	Spiritual Change	✓	✓	
38	Spiritually Connected	✓	✓	
39		✓	✓	
40	The Journey Continues	✓	✓	
41	The Seekers	✓	✓	
42	Together We Can	✓	✓	
43	Trust The Process	✓	✓	
44	Tuesday Night Live	✓	left	
45	Way To Grow	✓	left	
46	We Do Recover	✓	left	
47	Welcome Home	✓	left	
48	Why Are We Here	✓	left	
49	Women In Recovery	✓	left	
50	Young Connections to Recovery	✓	left	

26 26 26 12 3150

NEW ALTERNATE GSR LIST - INCOMING 2019 ALT. GSRS

THIS IS NOT A SIGN-UP SHEET FOR THE MINUTES. THIS IS ONLY A DIRECTORY OF CONTACT INFORMATION

Officer Roll Call Sheet (July '18 to June '19) Upsd

Position	Person	July		Aug		Sept		Oct		Nov		Dec		Jan		Feb		Mar		Apr		
		Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	
ASC Officers	Chairperson	1	X	1	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1			
	Alt Chairperson	1	X	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1			
	Secretary	1	X	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1			
	Alt Secretary	1	X	0	0	1	1	1	1	1	1	0	0	1	1	1	0	0	1	0		
	Treasurer	1	X	1	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1		
Alt Treasurer																						
RCM (resign in Sept)		1	X	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1			
Alt RCM (move up in Sept)		1	X	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1			
RCM																						
Alt RCM (vacant in Sept)																						
Subcommittee Chairs																						
Hospitals & Institutions																						
Public Relations																						
Outreach (resign in Sept)																						
Outreach (vacant in Sept)																						
Activities																						
Policy																						
Convention (Representative)	Chris G																					
Special Appointments																						
Temp. Convention Treasurer	Tim H	1	X	1	1	1	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	
Total:		11	X	10	11	12	9	9	10	10	8	7	8	6	9	10	9	10	10	7	7	

## SIGN-UP SHEET TO RECEIVE MINUTES

FIRST NAME	LAST INITIAL	EMAIL ADDRESS
Toi <del>Rodriguez</del>	R	<del>toir@Yahoo.com</del>
Saroya <del>W...</del>	B	<del>bsaroya@yahoo.com</del>
Michael	E	<del>me@GMAIL.com</del>
James	H	<del>jamesh@Gmail.com</del>
Kelvin	H	<del>kelvinh@Yahoo.com</del>
DONALD	P	<del>donaldp@GMAIL.COM</del> → All Lower cas
ANITA	L	<del>anita@GMAIL.COM</del>
William	M	<del>williamm@Gmail.com</del>
Tinya	H	<del>tinyah@Yahoo.com</del>
Fitzgerald	V	<del>fitzgerald@AOL.COM</del>
Richard	J	<del>richardj@MSN.COM</del>
Tim	H	<del>timh@GMAIL.COM</del>
Julius	<del>J</del>	<del>juliusj@Gmail.com</del>
SARAH	R	<del>sarahr@Hotmail.com</del>
Delphayne	F	<del>delphaynef@gmail.com</del>

(Act)





# N.A. Service Resume

Date: Sept 8, 2019

Name: Fitzgerald ✓	Clean Date: 2/18/93	26 Years 6 mos 11 days
Address: <del>1000 ...</del> APT 404		
Durham, NC <del>...</del>		Phone: <del>...</del>
Service position interested in:		
List group service positions and dates served:		
CAPITAL AREA - GSR FOR LAST 9 MONTHS (WAY TO GOV GROUP)		
BROOKLYN AREA - Hospitality, Hi E Rep, PI Rep, Outreach Rep, Secretary, Treasurer, GSR, CHAIRPERSON		
List area service positions and dates served:		
Brooklyn Area: (GSR) Secretary, Asst Treasurer, Treasurer, Hi E CHAIR, PI CHAIR, Outreach CHAIR, Activities CHAIR, Literature Sales Chair, Policy Chair, Area Chairperson		
List regional service positions and dates served:		
Regional Secretary, Asst Treasurer, Treasurer, Admin Liaison to the Convention		
List world service positions and dates served:		
None		
Have you completed all service commitments?		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If no, why not?		
Please list anything additional:		
I've been doing service since I had 90 days clean! And I still have a willingness to serve		
Are you employed full-time?		<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Retired
Can you travel in connection with this service commitment?		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

## Capital Area Chairperson Report

Good afternoon Capital area ASC. I hope everybody had a great month and a good weekend so far. This month I would like to thank the ASC for allowing me to serve as the area chairperson. I believe with the new GRS and our newly elected area officers; the Capital area will continue moving in a positive direction. The Capital area still faces challenges that hinder the area from having a successful convention something that this area must face head on and deal with. On Aug. 14<sup>th</sup> we had an executive body and committee chairperson meeting where we discussed some of these challenges and talk about our plans for this year. Our convention representative will talk more in detail about these issues that the convention committee still faces in his report. Also, our PR chair has a misappropriation funds issues from our X- PR chair which she will talk about more in detail. I have personally spoken with the previous PR chair about the issue and told her to talk with the area treasurer about that issue, she has sent me an email detailing the misappropriation, I have spoken to our vice chair which I will turn over to him to handle from this point. I was in attendance at our H&I and Outreach sub-committee and those committee seems to moving in a really positive direction, H&I still face some small challenges with ordering lectures but they seems to working that out. I didn't get a chance to sit in with our activities committee to hear what plans they have. And lastly still receiving negative phone calls from some of our members about another event that continue to have fundraiser in our area that they believe is hurting the capital area fundraising efforts, but as I previous stated: that is an event has no connection to the Capital and as a area we have no say on how it operates. Thank you again for allowing to serve our area.

Darren L  
Capital Area Chairperson  
9/6/19

## **Capital Area Executive Committee**

**Sam C. Vice Chair**

**September 8, 2019**

I will be absent for the September 8<sup>th</sup> area service meeting due to a prior engagement.

I met with the activity chairs on August 20, 2019. We discussed the preliminary proposed dates for the 3 activities as indicated in the area policy.

I also attended the Area's Executive Committee meeting held on August 22, 2019. The committee discussed current N/A activities and issues from the sub-committees. chair and vice chair.

In Loving Service,

Sam C.



# PR Area Report 9/8/19

## Capital Area

Maria M. [REDACTED]

[REDACTED]@gmail.com

(919) [REDACTED]

### Past month's activities

- PR presentations

A PR presentation was made at First Step, and court mandated program for drug offenders. This happens on a recurring basis, but I need to find out what the schedule is.

An opportunity to have a booth during the Annual Recovery Rally was presented, but unfortunately this information was too last minute to act on. A similar opportunity was available Sat. 9/7 (yesterday) but we were not able to participate. These opportunities were missed due to lack of support of the PR subcommittee in coordinating and attending.

- Regional PR meeting

Attended to Regional PR meeting. Minutes attached.

- Meeting lists

Meeting lists were not printed. The trusted servant responsible for this misappropriated the funds issued at the last area meeting to have the lists printed. She has offered to have meeting lists printed by "mid next week", and in doing so repay her debt.

*PR needs to know how home groups want this situation handled.*

Once the lists are printed, home groups can contact Randall at ([REDACTED]) to make arrangements.

### Next month's activities

- Regional learning day coming up 9/28 in Charlotte (flyer attached). If this area wants to have a presence at this event I will need a volunteer to attend. I cannot attend it personally.

- If anyone is aware of other PR opportunities next month or any time in the future then please let me know ASAP

### **Web and Phone Line Activity**

- 9 people called the CASC phone line and were responded to
- Andrew has added the redacted June and August minutes to the website seen here <https://capitalareanona.com/area-service-committees>
- We want to add the July minutes, but we are unable to find them and have reached out to the secretary via email and haven't heard back yet
- On September 6th, there is a 2-message text blast that will go out and say the following "Hi Capital Area! Friendly reminder: our area service committee meets Sun @ 2501 Clay Ave. Raleigh. Subcommittees 12:30 / main mtg 2 pm. Come get involved! Plenty of openings for anyone interested. Or just come and learn about how CASC helps home groups carry the H&I message."
- An addict emailed us about the New Horizons Group at the United Methodist Church in Raleigh that meets Friday at 8pm. He said only two cars were there and that someone told him there wasn't a meeting there. I have since forwarded this information on to Andrew to try and reach someone who may know more about this situation. If needed, we will take it off the meeting list, but no action of as yet.
- An H&I subcommittee flyer went out on September 5th via email blast. It is too early to provide an accurate open-rate, but I can do this at any time next week upon request
- Here is a list of the top ten sources of how people found our website



1,252

<input type="checkbox"/>	1	google / organic	965	(76.7%)
<input type="checkbox"/>	2	(direct) / (none)	322	(25.8%)
<input type="checkbox"/>	3	bing / organic	41	(3.2%)
<input type="checkbox"/>	4	wake nc networkofcare.org / referral	10	(0.7%)
<input type="checkbox"/>	5	yahoo / organic	10	(0.7%)
<input type="checkbox"/>	6	baidu.com / referral	4	(0.3%)
<input type="checkbox"/>	7	facebook.com / referral	3	(0.2%)
<input type="checkbox"/>	8	m.facebook.com / referral	3	(0.2%)
<input type="checkbox"/>	9	duckduckgo / organic	2	(0.1%)
<input type="checkbox"/>	10	alltheinternet.com / referral	1	(0.0%)

- The Meeting schedule page is our most visited page, but here is a list of all the pages that were viewed between August 3rd and September 3rd (with the # of views included):

Page

Pageviews



3,808

Not Total 100% (100%)

<input type="checkbox"/>	1	/meeting-schedule	47%	2,706	(71.06%)
<input type="checkbox"/>	2.	/	22%	756	(19.85%)
<input type="checkbox"/>	3	/event-calendar	2%	64	(1.68%)
<input type="checkbox"/>	4	/area-service-committee	2%	62	(1.63%)
<input type="checkbox"/>	5.	/na-links	1%	37	(0.97%)
<input type="checkbox"/>	6	/hospitals-institutions	1%	24	(0.63%)
<input type="checkbox"/>	7	/policy	1%	21	(0.55%)
<input type="checkbox"/>	8.	/frequently-asked-questions	1%	19	(0.50%)
<input type="checkbox"/>	9.	/contact-us-2	1%	15	(0.39%)
<input type="checkbox"/>	10.	/na-literature	1%	13	(0.34%)

### What we need

I need help. As explained when I was elected, I don't have experience with this position. Unfortunately I also haven't gotten the level of support from others who do, that I expected. An experienced alternate chair would be perfect!

One or more persons willing to help with PR presentations when the opportunity presents itself is also needed.

It's my understanding that our new Area Vice Chair may have PR experience, and I will be following up with him.

If you are interested in serving on the PR Subcommittee then please join us at our monthly subcommittee meeting on the first Sunday of every month at 12:30 PM, or contact me directly at [REDACTED] or [REDACTED]@gmail.com.

# Service Learning Day

*Having had a spiritual awakening, we tried to carry this message to addicts...*

*Twelfth Step*



**SATURDAY, September 28 – 10am-2pm**

**Hornet's Nest Park Picnic Barn**

6301 Beatties Ford Rd, Charlotte, NC 28216

- My sponsor said I should get involved in service...  
exactly how do I do that?



- What's up with all the letters: H&I? PR? ASC? GSR? RCM?
- What's the big deal about "service work" anyway?

## ***Come out and get your questions answered!***

- See how we come together to carry the NA message to the still-suffering addict, within the NA fellowship and in the community!
- Hear from current and past trusted servants about how YOU can get involved in service and enrich your own recovery... and maybe someone else's, too!
- Learn how to share your unique talents and experiences with others, and give back what you've been freely given!

+++ FREE EVENT – DONATIONS APPRECIATED +++

**FELLOWSHIP \*\* FUN \*\* INFORMATION**

*Sandwiches provided – Please bring a side, dessert or drink!*

>>> **Contact Chris T. at 980-271-1094 to sign up for food/drinks!**

**QUESTIONS? WILLING TO SPEAK? Contact Karen H. at 980-271-1094**



September 8, 2019

ASC Meeting

RCM Report:

Hi Family,

Sorry I am unable to attend the ASC meeting today for reasons that are beyond my control. I am not feeling well and do not wish to cause anyone else to become ill, therefore I am sending my report and I will be staying in to take care of myself.

I received a phone call from my alternate on Friday saying that she would not be at the meeting, she did share that she will be traveling to the Regional training meeting on next Saturday the 12<sup>th</sup> in Charlotte if I can remember. I am not going to be attending the training because it was not in my plans. Elizabeth shared with me that she had over looked a motion that needs to be voted on in our area from the region, I don't have all the information about the motion she is speaking on so I have decided to bring it before the area in October since we have another meeting before the Region meets again. Just wanted to speak on it since I had been asked to do so.

That's all I have for now, looking forward to seeing you all in October.

In Loving Service/ RCM

Kay W.

A handwritten signature in cursive script, appearing to read "Kay W.", positioned below the typed name.

## Convention September Report

Hi Family,

Greetings from convention. All is well. As we discussed during last month's ASC meeting there have been no fundraisers since that time. We asked the groups to hold discussions regarding continuation of our fundraising efforts due to low turnout when previous fundraisers were held. As a committee, we have attempted to present functions that have been diverse and have incorporated groups outside the Raleigh area. In the event the groups decide to continue the fundraising process the committee will most likely continue a similar process.

Depending on the outcome of today's discussion the committee will tentatively have a dual function scheduled with the New Hope Area planned for September 28<sup>th</sup> at Baltimore Hills. The event will be a family fun day with a variety of games and food sold at cost.

I attempted to obtain a tentative cost for our convention if it were held at the Raleigh Convention Center in June 2000. Unfortunately, I did not receive a response before the close of business on Friday. However, I was informed by the convention center representative that no weekend dates were available for June 2000. Given the cost of holding our convention at local hotels a more detailed discussion is most likely needed.

Currently we have a balance of \$3,366.41 with one check in the amount of \$133.36 outstanding. Thank you for the opportunity to be of service.

# Business Checking

PNC Bank



For the Period 08/01/2019 to 08/30/2019

Primary Account Number: [REDACTED]

Page 1 of 2

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION  
PO BOX 10953  
RALEIGH NC 27605-0953

- For 24-hour banking sign on to
- PNC Bank Online Banking on pnc.com
- FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG  
Monday - Friday: 7 AM - 10 PM ET  
Saturday & Sunday: 8 AM - 5 PM ET

Para servicio en español, 1-877-BUS-BNKG

**Moving?** Please contact your local branch

- Write to: Customer Service  
PO Box 609  
Pittsburgh, PA 15230-9738
- Visit us at PNC.com/smallbusiness
- TDD terminal: 1-800-531-1648  
For hearing impaired clients only

## Watch Where You Click

Be sure the emails, texts and phone calls you receive are from a trusted source and do not give out personal information, such as credit card numbers, Social Security numbers or other banking details, unless you have verified the sender. If you are unsure, contact PNC directly by typing [www.pnc.com](http://www.pnc.com) into your Internet browser or call PNC using a phone number provided on the [www.pnc.com](http://www.pnc.com) website. DO NOT use contact information contained in the suspect email or text. If you suspect you've received a fraudulent text message that appears to be from PNC, take a screen shot of the text message on your mobile phone and forward it to PNC Abuse ([abuse@pnc.com](mailto:abuse@pnc.com))

## Business Checking Summary

NC Capital Area Family Reunion

Account number [REDACTED]

Overdraft Protection has not been established for this account.  
Please contact us if you would like to set up this service

## Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
3,245.50	225.00	124.09	3,346.41
		Average ledger balance	Average collected balance
		3,341.22	3,341.22

## Deposits and Other Additions

Description	Items	Amount
Deposits	1	225.00
<b>Total</b>	<b>1</b>	<b>225.00</b>

## Checks and Other Deductions

Description	Items	Amount
Checks	1	124.09
<b>Total</b>	<b>1</b>	<b>124.09</b>

## Daily Balance

Date	Ledger balance	Date	Ledger balance	Date	Ledger balance
08/01	3,245.50	08/05	3,470.50	08/07	3,346.41

9/8/2019

### Outreach Subcommittee Report August

The Outreach subcommittee would like to remind all homegroups that if they get a new GSR (or are a new GSR) and haven't been oriented, we meet before the CASC meeting at 1:00pm to do new GSR orientations. It is suggested that any new GSR, proxy or group representative, even if you are not new to an area meeting but maybe this area, get oriented. It greatly helps cut down on the confusion during the meeting, as well as provides useful information that not only helps GSRs know what to expect at the CASC meeting, but also how to be a liaison between your homegroup and the CASC.

We visited 3 homegroups groups that had expressed a need for Outreach or a need was expressed...

#### Welcome Home

Thursday night at 8:00-9:00  
Grace Lutheran Church  
5010 Six Forks rd.

Homegroup consists of one member and she expressed concern about needing outside support. So far, she has done an excellent job of keeping the doors open, however is concerned that if she is ever unavailable, nobody is able to take her place. Would like to let the Area know that any outside support would be greatly appreciated.

#### Let the Healing Begin

Thursday 7:30-8:30  
Healing Transitions Womens' Campus  
3304 Glen Royal Dr.

This group wanted outreach to come out to ask for some help with Literature/key tags. They have a very strong meeting with a lot of newcomers, so specifically they asked if the area could provide a JFT book, some IPs, and some of the early key tags (specifically, white, orange, green, red). They pass out quite a few, so as many as possible would be helpful- but any would be appreciated. Also, I noticed that in the foyer of the Healing Transitions building there was an AA literature rack. Some of our IPS were in this rack. I wanted to talk with our subcommittee regarding this before I said anything to them. They also would appreciate any outside support as far as attendance.

#### New Horizons Group

Friday 8:00-9:00  
Millbrook United Methodist Church  
1712 E Millbrook Rd.

A contact form was put on the website about this meeting not taking place as scheduled. I attended this meeting on Friday and spoke to the GSR of the meeting. I was told that the meeting took place, but it's a little difficult to find it, especially if you come up right at 8:00 or late at all. I suggested maybe having greeters outside and she mentioned printing a couple signs, which was something she had been thinking of for a while. I asked if there was anything that should be brought back to the Area by Outreach, and New Horizons asked for any outside attendance. The meeting was a good size, with a mix of newcomers and not so new comers.

The Outreach subcommittee plans to continue to visit the list of groups that we put together that had not attended the area in a year or more. We will provide the CASC minutes to these groups and see if there is anything that they would like to bring back to the area. We also had a great orientation, 5 GSRs were oriented. We are still chipping away at a good Orientation format and are putting together a foundation for our subcommittee since we are essentially starting it from scratch.

Thank you for letting me serve,  
Andrew  
Outreach Subcommittee Chair



From: [REDACTED] (Via Google Docs) [REDACTED]  
Subject: September 2019 A&C Policy Report  
Date: September 9, 2019 at 10:39 AM  
To: [REDACTED]  
Cc: [REDACTED]

[REDACTED]@gmail.com has attached the following document

 Report\_Policy Subcommittee\_September 8, 2019

Google Docs: Create and edit documents online  
Google LLC, 1600 Amphitheatre Parkway, Mountain View, CA 94043, USA  
You have received this email because someone shared a document with you from Google Docs



**POLICY SUBCOMMITTEE REPORT FOR CASC**

Sebastian D. / September 8, 2019

Hello, and thanks for letting me serve

Policy activity since last report

- The DRAFT CASC Policy revisions, which incorporates policy changes carried from Jan 2017 to Jan. 2019 and is unchanged since being brought to CASC last January and being sent back to home groups for review last May was voted on today

Subcommittee activity planned

- Push the updated CASC Policy Manual to <https://capitalareanchna.com/area-service-committee>
- Create a new DRAFT that includes
  - Policy motions carried since Jan. 2019
  - Anything missed when motions carried since Jan. 2017 were reviewed and incorporated into the last draftThe new DRAFT will be ready at the next area meeting.
- A review of policy and procedure in other NA areas as well as our sister fellowship will be started, for purposes of possible ways to improve the same in this area

Miscellaneous / other

The Policy Subcommittee now meets at 12:30 (just like the other subcommittees), and we welcome anyone (any NA members - not just GSRs or service committee members) with questions, comments, concerns or suggestions for CASC Policy and how it is applied. I'm also available in between CASC meetings at [REDACTED] and [REDACTED]@gmail.com

Signed

**CAPITAL AREA NA ASC: H&I SUBCOMMITTEE CHAIR'S REPORT  
(September 8, 2019)**

one positions added.

Hello Family!

The state of the Capital Area H&I Subcommittee is healthy, active & expanding!

We oriented 6 new and/or returning members to our panel today.

H&I TRUSTED SERVANT POSITION	STATUS (Open/Filled)
CHAIR	✓
ALT. CHAIR	✓
SECRETARY	vacant
PANEL COORDINATOR	vacant
WOMEN'S PRISON COORDINATOR	vacant
LITERATURE COORDINATOR	✓
PANEL LEADER	✓ added 1
ORIENTATION LEADER	✓

NEWS TO SHARE: Our capacity is expanding, but we are still in need of some executive positions.

- We are establishing an information email through Area Web for communication inquiries, etc by NA members &/or public.
- we voted to add 1 new pamphlet to our inventory to enhance our new panel orientation; & 1 new IP to our presentations available literature in our facilities.

We remain hopeful the Area will consider our Motion today that was tabled last month regarding the repeal of this area's revocation of H&I's budget and autonomy to conduct H&I Learning Days and Workshops.

In Loving Service, STEPHANIE G. (2019-2020 Capital Area H&I Subcommittee Chair)



## CASC TREASURERS REPORT

Date: 9/8/2019  
From: Michele M., CASC Treasurer  
Re: Treasury Report for the month of AUGUST 2019

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Attached are the Income and Expense statements for AUGUST 2019.

### **August 2019 STATEMENT**

The beginning balance on 8/01/2019 was:	\$1,478.06
Deposits in July totaled:	\$ 452.00
Checks and deductions totaled:	\$ 450.19 - See attached detailed Income & Expense Report
Ending balance on 8/31/2019:	\$1,479.87 - See attached PNC Bank Statement
Outstanding checks not cleared:	\$ 0
<b>Available balance on 8/31/19:</b>	<b>\$1,479.87</b>

This available balance puts us \$320.13 **BELOW** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

Michele M., CASC Treasurer

### Attachments:

- August 2019 Income & Expense reports
- August 2019 PNC Bank Statement

**Income/ Revenue Section 1**

Type of Deposit/debit	Date	Amount	Notes	Description
p Donations/ Repayments - CASH	8/4/2019	\$452.00		Group donations received at Area Meeting
<b>Total Income/ Revenues</b>		<b>\$452.00</b>		

**Repayment of Mis-Appropriated Funds**

Amount shown here is included in the total of donations above

Type of Deposit/debit	Date	Amount	Balance	Description
Nikki			\$1,529.43	8 Repayments to date - last payment on 08/5/18
<b>Sub Total Income/ Revenues</b>			<b>\$1,529.43</b>	

**Expense Section**

Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
-------------------------	------	---------	--------	-------	--------------------

<b>SUB COMMITTIES</b>					
<b>Committee</b>					
Literature					H&I Literature -
Office Supplies					H&I - Office Supplies
Learning Day one per year					<b>One Learning Day - per Policy</b>
<b>and Website</b>					
one Line - Auto Draft Monthly	5th monthly	AD	\$67.74		<b>Varies slightly - averages \$30.93/ month</b>
eting Directories			\$175.00		<b>Varies slightly - Quarterly Printing</b>
bsite - Auto Draft Go Daddy	16th monthly	AD			<b>On Autodraft</b>
Blasting-Auto Draft Monthly	9th monthly	AD	\$10.00		<b>On Autodraft-TEXTEDLY.COM</b>
Literature					<b>\$75 Monthly Budget-\$65 facebook</b>
Chair Travel Expenses					
each					<b>\$35 Monthly allocation per policy</b>
					<b>\$30 Monthly allocation per policy</b>
ties Committee available					<b>\$500 For Area Aniversary Function(s)</b>

**AREA SERVICE COMMITTEE**

mont United Methodist Church	1st monthly		\$50.00		ASC - Rent
etary					<b>Varies slightly</b>
urer - Office Supplies					
urer -Storage Rent	9th monthly	AD	\$105.00		<b>Security Self Storage</b>
rperson					
l Travel/ Expenses			\$39.45		<b>Refund Reciepts</b>
c Fees		AD	\$3.00		<b>Service charge - Bank Account</b>
Box - Due yearly on Nov 1st					<b>CASC Mailbox at Cameron Village</b>
. Lit Donation					
vention deposit					
ional Donations - 60% - CRNA					<b>Per Policy</b>
ld Donations - 40% - NAW5					<b>World Donation Per Policy</b>
<b>Total of All Expenses</b>			<b>\$450.19</b>		

<b>Revenue</b>		<b>\$452.00</b>			
<b>DIFFERENCE: Income-Expenses</b>		<b>\$1.81</b>			
<b>Ending Balance</b>		<b>\$1,479.87</b>			





Account Activity

Thursday, September 12, 2019

Business Checking XXXXX Available Balance: \$1,479.87

Account Summary

Available Balance	\$1,479.87	Interest Paid to Date	\$1.05
Ledger Balance	\$1,479.87	Interest Paid Last Year	\$1.05
Pending Withdrawals	\$0.00	Last Deposit Amount	\$450.00
Pending Deposits	\$0.00	Last Statement Balance	\$1,514.16

Account Details

Nickname	None
Type	Business Checking
Text Banking Nickname	Not Enabled
Address	25 BOX 1040 PALM BEACH, FL 33480

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions.			

Posted Transactions

Date	Description	Withdrawal	Deposit	Balance
09/04/2019	RECURRING DEBIT CARD XXXX0247 AZ ONEBOX SERVICES XXXXXXXX CA	\$33.87		\$1,479.87
09/03/2019	SERVICE CHARGE PERIOD ENDING 09/30/2019	\$3.00		\$1,511.74
08/09/2019	DEBIT CARD PURCHASE XXXX19689 SECURITY SELF STORAGE XXXXXXXX NC	\$125.00		\$1,518.74
08/08/2019	CHECK 1942 08420964	\$29.45		\$1,501.74
08/08/2019	DEBIT CARD PURCHASE XXXX075A TEXTBOOK HTTPSTEXTED CA	\$10.00		\$1,581.19
08/05/2019	CHECK 1942 08420962	\$175.00		\$1,471.19
08/05/2019	CHECK 1942 08420964	\$50.00		\$1,466.19
08/05/2019	RECURRING DEBIT CARD XXXX0247 AZ ONEBOX SERVICES XXXXXXXX CA	\$33.87		\$1,546.19
08/05/2019	DEPOSIT XXXXXXXX		\$450.00	\$1,930.19
07/18/2019	DEBIT CARD PURCHASE XXXX075P ONHODDADDHOM XXXXXXXX AZ	\$40.34		\$1,479.87
07/09/2019	DEBIT CARD PURCHASE XXXX2669 SECURITY SELF STORAGE XXXXXXXX NC	\$105.00		\$1,520.40
07/09/2019	DEBIT CARD PURCHASE XXXX075P TEXTBOOK HTTPSTEXTED CA	\$10.00		\$1,508.40
07/05/2019	RECURRING DEBIT CARD XXXX0247 AZ ONEBOX SERVICES XXXXXXXX CA	\$33.87		\$1,536.40
07/01/2019	SERVICE CHARGE PERIOD ENDING	\$3.00		\$1,569.87



9/5/2019

PNC Online Banking

	06/28/2019			
07/01/2019	CHECK 1941 083596462	\$50 00		\$1,672.27
07/01/2019	DEPOSIT XXXXX1362		\$388.35	\$1,722.27
06/10/2019	CHECK 1937 083062621	\$50 00		\$1,333.92
06/10/2019	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10 00		\$1,383.92
06/10/2019	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105 00		\$1,393.92

Homegroup Name	Amount	Homegroup Name	Amount	Homegroup Name	Amount
A New Beginning	\$17	Lunatic Fringe		Seeking Similarities	
Basic Text Study Group		Man Up	\$20	Serenity In The Morning	
Came to Believe		Mid Day Miracles	\$55	Southside Recovery	
Candelight Recovery		Miracles In Progress		Spiritual Change	\$25
Constantly Searching		NA At Noon		Spiritually Connected	\$25.00
Daily Reprieve	\$25	NA In the PM		The Seekers Group	
Expect a Miracle		NA Way Group	\$15	The Journey Continues	\$23
Expreience, Strength, and Hope		Never Alone Never Again		The Primary Purpose Group	\$15
Faith Thru Principles		New Horizons Group		Together We Can	
Freedom Through Recovery		New Way of Life II		Trust the Process	\$25
I Can't, We Can		Our Common Welfare		Tuesday Night Live	\$40
Hard Core Group		Out To Lunch		Way to Grow Group	\$73
In From The Storm	\$20	Peace in The AM	\$20	We Do Recover	\$10
Let The Healing Begin		Principles & Traditions	\$34	Welcome Home	
Life on Life's Terms	\$10	Principles B4 Personalities		Why Are We Here	
Living Clean & Serene		Recovery In the Hood		Women In Recovery	
		Rediscovery Through Recovery		Young Connections to Recovery	
		<b>Total Homegroup Donations</b>	<b>\$452.00</b>	<b>Other Income</b>	
				Misc: Prison	
				<b>Nikki - Repayment</b>	
				<b>Total Other Income</b>	<b>\$0.00</b>

Aug-19