

NEXT CASC MEETING IS SUNDAY, March 7, 2020 at 2pm on Zoom.

Service Workshop on 12 Traditions and 12 Concepts at 12:30 -1:30pm (Same Zoom ID as CASC)

Available Positions at CASC

- ✓ Alternate Secretary
- ✓ Alternate Treasure
- ✓ Alternate RCM
- ✓ Outreach Chair
- ✓ Public Relations Chair

Opening

- The CASC meeting was called to order at 2:04 pm on the Zoom platform and began with the Serenity Prayer.
- The 12 Traditions of Narcotics Anonymous, The 12 Concepts of Narcotics Anonymous and the NA Service Prayer were all read.

Roll Call and Approval of Minutes

- o <u>19</u> out <u>53</u> groups represented
- o <u>5</u> out of 8 officers attended
- o <u>4</u> out of <u>6</u> subcommittees attended
- January minutes were passed with amendment to block bank account numbers from showing – made by Sebastian.
- See attached roll call of groups, officers, and subcommittees (pg. 4 & 5)

Old Business

- Revote: Proposal To move the CASC from the Carolina Region to the North Carolina Region.
- Outcome: 18 GSR's Available to Vote PASSED Assent 11; Stand Aside 4;
 Block: 0 3 GSR's did not vote



New Business

Motion: Brendan O. (Constantly Searching) - To resume CASC policy regarding it's donation to RSC and NAWS (World). The policy reads on page 9: "(ii) The Treasurer shall monthly remit all funds in excess of the prudent reserve of \$1,800.00 to the Region (60%) and the World (40%). If the CASC body is made aware that upcoming expenses warrant a higher prudent reserve these donations may not be remitted."

Officer Reports

- o Chair Sam C given verbally and written - see attached
- o Alternate Chair Donna N. given verbally
- Secretary Jennifer O. given verbally
- o Treasurer Michele M. given verbally and written – see attached
- o RCM Elizabeth D. given verbally and written see attached

Subcommittee Reports

- Activities Donald D.– given verbally and written
- o Convention Teresa P. given verbally and written see attached
- o H&I-Leah H. given verbally and written see attached
- Outreach Vacant No Report
- o Policy Richard J. given verbally and written see attached
- o Public Relations- Vacant No Report

Group Concerns

Spirit Change Group is now meeting in person.

Closing

- The CASC meeting was called to close roughly at 4:09pm with the "We" version of The Serenity Prayer
- o This concludes the minutes for the February 7, 2021 meeting of the CASC



Groups in Attendance (First Roll Call)

2	A New Beginning	Χ	27		
				Out To Lunch	
_	Basic Text Study		28	Peace In The AM	Х
3	Came to Believe		29	Principles and Traditions	Х
4	Candlelight Recovery		30	Principles Before Personaliti	Х
5	Constantly Searching	Х	31	Recovery In The Hood	
6	Daily Reproeve		32	Rediscovery Thru Recovery	Х
7	Expect A Miracle		33	Seeking Similarities	
8	Experience, Strength, and Hope		34	Serenity In The Morning	
9	Faith Through Principles	Х	35	Southside Recovery	
10	Freedom Thru Recovery	Χ	36	Spiritual Change	Х
11	I can't We Can		37	Spiritually Connected	
12	In From The Storm	Х	38	Sunday Serenity	Х
13	Let the Healing Begin		39	The Journey Continues	Х
14	Life on Life's Terms		40	The Primary Purpose	Х
15	Living Clean & Serene	Х	41	The Seekers	
16	Lunatic Fringe		42	Together We Can	Х
17	Man Up		43	Trust The Process	
18	Mid Day Miracles		44	Tuesday Night Live	Х
19	Miracles In Progress		45	Unity & Positivety	Х
20	NA At Noon		46	Way To Grow	
21	NA nd PM		47	We Do Recover	
22	NA Way		48	Welcome Home	
23	Never Alone Never Again		49	Why Are We Here	
	New Horizons			Wolfpackin'	Х
25	New Way of Life II	Х	51	Women in Recovery	
26	Our Common Welfare		52	Spititually High	
			53	Young Connections to Recove	5



Officers

Х
Х
Х
VACANT
Х
VACANT
Х
VACANT

Subcommittee Chairs

Activities	Х
Convention	Х
H & I	Х
Outreach	VACANT
Policy	Х
Public Relations	VACANT

CASC Chair Report

February 7, 2021

Hello CASC,

This is my monthly Chairperson's report for the month of February. This was a challenging month for me as I wasn't physically feeling well the entire weekend before area and I tested positive for COVID-19 just after the area service meeting!

Keeping it moving as we do, the we conducted an executive body meeting this month with the secretary and vice chair and we had a informative and enlighting CASC discussion while hashing out some details concerning the effective flow and meeting details. I look forward to repeating this with all of the ADMIN.

Again, I'm so proud to be a member of this area and I appreciate the unity and commitment that we are demonstrating through this crisis to provide the members of this area with responsible and productive guidance and taking care of the business necessary to keep us effective. Let us keep up to good work and let the ties that bind us together be stronger than those that would tear us apart.

Thanks for your continued service and may HP bless us all,

SAM C.

February 7,2021

Greetings Family,

On January 9th I attended the Carolina Region service committee meeting and resigned our connection with them based on the vote that was taken at the December CASC meeting.

My intention was to attend the NC Region service committee meeting on January 23, 2021 but was informed that a new vote needed to be taken in proposal form at the February CASC meeting.

We are currently not connected to a Region. If the vote to join the NCR service committee is passed today, I will contact them to see if we need to wait until their next meeting in March to join.

Let us be mindful that we are not under any umbrella insurance at this time, this should not be an issue since we are not holding events or meeting face to face for now.

In Loving Service,

Elizabeth D. RCM



CASC TREASURERS REPORT

Date: 2/7/2021

From: Michele M., CASC Treasurer

Re: Treasury Report for the month of JANUARY 2021

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. I was contacted about the Capital Area payment for the Zoom that we use. Andrew has been paying it for the past year. He donated half the year to the area so we paid for the other half plus the annual website hosting fee which totaled \$156.00 and we will be paying the Zoom bill \$11.99 starting January 2021. Please put your home group name in the note section when you make a donation.

DECEMBER 2020 STATEMENT

The beginning balance on 1/01/2021 was: \$2,636.73 Deposits totaled: \$154.12

Checks and deductions totaled: \$ 312.36- See attached detailed Income & Expense Report

Ending balance on 1/31/2021: \$ 2,473.49- See attached PNC Bank Statement

Outstanding checks not cleared: \$\frac{\\$0}{\$2,473.49}\$

1. This available balance puts us \$673.49 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

Michele M., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement



Account Activity Sunday, January 31, 2021

Business Checking XXXXXX Available Balance: \$2,473.49



Account Summary

Available Balance:	\$2,473.49	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,473.49	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$100.00 01/29/2021
Pending Deposits:	\$0.00	Last Statement Balance:	\$2,473.49 01/29/2021

Account Details

Nickname:	None
Туре:	Business Checking
Text Banking Nickname:	None
Address:	

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date Description		Withdrawals	Deposits	
		You have no pending transactions		

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
01/29/2021	DEPOSIT XXXXX6637		\$100.00	\$2,473.49
01/19/2021	RECURRING DEBIT CARD XXXXX9019 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,373.49
01/12/2021	CHECK 1977 084874490	\$156.00		\$2,385.48
01/11/2021	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,541.48
01/08/2021	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,646.48
01/07/2021	ACH CREDIT XXXXX5503 PAYPAL TRANSFER		\$4.12	\$2,656.48
01/05/2021	ACH CREDIT XXXXX2232 PAYPAL TRANSFER		\$50.00	\$2,652.36
01/04/2021	RECURRING DEBIT CARD XXXXX8004 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,602.36
12/30/2020	ACH CREDIT XXXXX7133 PAYPAL TRANSFER		\$67.37	\$2,636.73
12/17/2020	ACH CREDIT XXXXX3570 PAYPAL TRANSFER		\$48.25	\$2,569.36
12/14/2020	ACH CREDIT XXXXX5784 PAYPAL TRANSFER		\$38.54	\$2,521.11
12/10/2020	DEPOSIT XXXXX3864		\$250.00	\$2,482.57
12/09/2020	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,232.57
12/08/2020	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,337.57
12/08/2020	ACH CREDIT XXXXX6299 PAYPAL TRANSFER		\$37.12	\$2,347.57

1/31/2021		PNC Online Banking		
12/07/2020	RECURRING DEBIT CARD XXXXX8341 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,310.45
12/04/2020	ACH CREDIT XXXXX4930 PAYPAL TRANSFER		\$17.18	\$2,344.82
11/24/2020	ACH CREDIT XXXXX6367 PAYPAL TRANSFER		\$23.97	\$2,327.64
11/17/2020	DEPOSIT XXXXX9855		\$250.00	\$2,303.67
11/17/2020	ACH CREDIT XXXXX0662 PAYPAL TRANSFER		\$72.52	\$2,053.67
11/09/2020	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$1,981.15
11/09/2020	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$1,991.15
11/06/2020	ACH CREDIT XXXXX0637 PAYPAL TRANSFER		\$102.63	\$2,096.15
11/04/2020	RECURRING DEBIT CARD XXXXX8309 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$1,993.52
11/03/2020	ACH CREDIT XXXXX8527 PAYPAL TRANSFER		\$40.00	\$2,027.89
11/03/2020	ACH CREDIT XXXXX7073 PAYPAL TRANSFER		\$19.12	\$1,987.89
11/02/2020	ACH CREDIT XXXXX3432 PAYPAL TRANSFER		\$28.83	\$1,968.77

1/31/2021 PayPal: Activity

Completed

This week



PNC BANK, NA -\$43.50

Jan 31

Transferred, expect by Feb 3

2 weeks ago



Inia +\$43.50

Jan 7

Money Received

"Keep it Simple group 7th Tradition donation"



-\$4.12 PNC BANK, NA

Jan 6

Transfer to Bank



+\$4.12 Brian

Jan 6

Donation Received



-\$50.00 PNC BANK, NA

Jan 4

Transfer to Bank



1/31/2021 PayPal: Activity

Nancy (Jan 3 Money Received "Freedom Through Recovery"

+\$50.00

February 2021 Capital Area NA ASC: H&I Subcommittee Chair's Report

Hello family!

The area subcommittee is still functioning. We have started orientating new people in person with Herb or Barry or via zoom..

We currently take one meeting presentation into Triangle Springs on Thursdays at 7:00 via Zoom. We missed two weeks last month because they could not get signed in properly And they didn't have any clients that wanted to participate. Presentation attendance has been between 6 and 10. Meeting time has been running short because of connection issues. Sometimes the meeting doesn't get started until 7:30, which limits the amount of time the speaker has to share.

WakeMed hospital has a presentation on Sundays at 4:30 pm to 5:30 pm. Participation has been good.

We are in desperate need to fill service positions within the H&I structure. We have the following positions open currently:

H&I Alternate Chair Secretary Panel Coordinator Literature Coordinator Panel Leaders.

The woman's prison, Wakebrook, and Holly Hill continue with their pandemic protocol and are not allowing visitors..

In Loving Service Leah P. Chair, H&I subcommittee 440-532-9100

February 7, 2021

Dear CASC.

I will convention committee is continuing to work hard to raise funds during these times of the pandemic.

Our funds are climbing but only due to donations from other groups along with our bimonthly fund raising events.

I've been faithfully and gracefully serving for a little over two years now. Since 2019 when we began with a balance of \$1700 at the time we've raised and been donated funds in the amount of \$5.214.93 in which is still not enough and has taken 2 years to raise.

With that being said I will be giving a proposal asking our Area for a one time donation of \$500 to support our area's Convention.

Surely after the pandemic passes our event will be great with knowing that our extended family members will have greater reason to get out and support us. Sue has signed what she could of the misappropriation of funds document because from what I have been informed by the Treasurer, that document sent by email is corrupted.

We will have her resign another secure document as soon as possible. The body is in progress of continuing planning for another fundraiser for April. Again we welcome anyone from Area to attend the zoom fundraiser events anytime.

This concludes my report.

Thank you. In Loving Service, Teresa P. NCCAFRNA Convention Chair

Business Checking

PNC Bank

For the Period 01/01/2021 to 01/29/2021

Primary Account Number:

Page 1 of 2

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION

PO BOX 10953

RALEIGH NC 27605-0953

For 24-hour banking sign on to

PNC Bank Online Banking on pnc.com

FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG

Y FINC DAINK

Monday - Friday: 7 AM - 10 PM ET Saturday & Sunday: 8 AM - 5 PM ET

Saturday & Sunday, 6 ANI - 5 FIN LT

Para servicio en espanol, 1-877-BUS-BNKG

Moving? Please contact your local branch

■ Write to: Customer Service

PO Box 609

Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

TDD terminal: 1-800-531-1648

For hearing impaired clients only

IMPORTANT INFORMATION REGARDING PNC PURCHASE PAYBACK (R)

Updated PNC Purchase Payback Rewards Program (Program) Terms and Conditions (Terms and Conditions) are now available and can be viewed at pnc.com/purchasepayback-terms. By activating a Program offer, you agree to these Terms and Conditions. Please note that although we have made updates to the Terms and Conditions, we have not made any changes to the Program or how you can activate offers. LEARN MORE about PNC Purchase Payback at pnc.com/purchasepayback.

Business Checking Summary

Account number: 53-5305-7056

Overdraft Protection has not been established for this account.

Please contact us if you would like to set up this service.

Balance Summary

Beginning balance

Deposits and other additions

Checks and other deductions

Ending balance

4,894.93

300.00

.00

5,194.93

Average ledger balance Average collected balance

NC Capital Area Family Reunion

5,050.10

5,050.10

Deposits and Other Additions			Checks and Other Deductions			
Description	Items	Amount	Description	Items	Amount	
Deposits	1	300.00				
Total	1	300.00	Total	0	.00	

Daily Balance

Date Ledger balance 01/01 4.894.93

Date 01/15

Ledger balance 5,194.93

Activity Detail

Deposits and Other Additions

Deposits

Date posted 01/15

Amount 300.00

Transaction description

Deposit

Reference number

048146499

Business Checking

For 24-hour account information, sign-on to pnc.com/mybusiness/

Business Checking Account Number: 53-5305-7056 - continued

For the Period 01/01/2021 to 01/29/2021

NC Capital Area Family Reunion
Primary Account Number:

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Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 02/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 01/29/2021.

** Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	1	.00	Included in Account
Deposit Tickets Processed	1	.00	
Branch - Consolidated Cash Deposited	3	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	