

**GSR CHEAT SHEET**

- **14/50** home groups had GSRs in attendance.
- **2** CASC service positions remain vacant – Secretary and Alt. Secretary. Subcommittees also need help.
- **NA ND PM** home group needs support, and will close next week if not received.
- **Let The Healing Begin** home group is requesting donations of 30/60/90 key tags and beginners IPs.
- **1** motions/proposals were carried.
- **1** motion/proposal went back to home groups and will be up for a vote at the Dec. CASC meeting.
- **12/8/2019** will be the next CASC meeting, due to 12/1 falls on holiday weekend.

❖ Call to order

The Chair called the meeting to order at 2:05 PM.

❖ Serenity prayer**❖ Readings**

The Twelve Traditions, Twelve Concepts and the Service Prayer was read.

❖ Roll call

Present:

14 out of 50 home groups

6 out of 8 officers*

6 out of 6 subcommittee chairs

*Secretary and Alt. Secretary position is vacant.

Home Groups			
A New Beginning	X	Our Common Welfare	
Basic Text Study Group		Out To Lunch	X
Came to Believe		Peace in the AM	X
Candlelight Recovery		Principles and Traditions	X
Constantly Searching		Principles B4 Personalities	
Daily Reprieve	X	Recovery in The Hood	
Expect A Miracle		Rediscovery Thru Recovery	X
Experience, Strength, and Hope		Seeking Similarities	
Faith Through Principles	X	Serenity in the Morning	
Freedom Thru Recovery	X	Southside Recovery	
I Can't We Can		Spiritual Change	
In From The Storm		Spiritually Connected	
Let The Healing Begin		Sunday Serenity Group	
Life On Life's Terms	X	The Journey Continues	
Living Clean & Serene		The Primary Purpose Group	
Lunatic Fringe		The Seekers Group	
Man Up		Together We Can	
Mid Day Miracles	X	Trust The Process	
Miracles In Progress		Tuesday Night Live	
NA at Noon		Way to Grow Group	X
NA ND PM		We Do Recover	X
NA Way Group	X	Welcome Home	
Never Alone Never Again		Why Are We Here	
New Horizons Group		Women In Recovery	
New Way Of Life II	X	Young Connections To Recovery	

Officers	
Chair	X
Alt. Chair	X
Secretary	[vacant]
Alt. Secretary	[vacant]
Treasurer	X
Alt. Treasurer	X
RCM	X
Alt. RCM	X

Subcommittee Chairs	
H&I Chair	X
PR Chair	X
Outreach Chair	X
Activities Chair	X
Policy Chair	X
Convention	X

❖ Minutes of previous months' meeting

Motion to approve Oct. minutes made, seconded and carried w/no amendments.

❖ Old business – 2:18 PM

- **Motion to amend policy voting method by 'show of hands and anonymous ballot'.** (This was sent back homegroups last month for home group conscience decision.)

Discussion

Danny / Out To Lunch asked for a copy of policy. A copy was provided.

Janice / Principles and Traditions recommended adding counting twice to procedure. Policy Chair suggested this be brought to the next CASC meeting in motion form.

Voting result:

Carried (y-13 / n-0 / a-1).

❖ New business

- **Proposal from Activities Subcommittee** requesting \$100 toward facility for the Capital Area anniversary celebration in January. Proposal attached. (Secretary's note: This proposal was submitted on a motion form).

Discussion

- Proposal was amended on the floor by request of GSRs from \$100 to \$200, because facility is \$100 rent + \$100 deposit. Deposit is refundable assuming facility is left according to the contract following the event.
- Concerns raised regarding that the total budget is unknown.
- Suggested that Activities Subcommittee seek home group donations of money, service and/or other items to meet event needs.
- The original charter of the Activities Subcommittee was to work directly with home groups to put on 3 functions defined in policy.

Proposal goes back to home groups for a vote.

❖ Officer reports

Note: All reports are attached unless otherwise noted.

➤ Chair

Report given verbally and in writing.

Discussion

- Chair was asked to repeat which home group(s) need key tags and literature, which is Let The Healing Begin at Healing Transitions, Women's Campus, Thursdays at 7:30 PM, 3304 Glen Royal Dr., Raleigh. Outreach chair added that what they need most is 30/60/90 key tags and beginners IPs. It was mentioned by a GSR

that typically key tags are not donated in this scenario because they are not essential in the same way that literature is. Need for this home group is ongoing.

- Request was made to include GSR name/contact info on reports. Temporary secretary offered to include along with minutes.

Report was accepted.

➤ **Alternate Chair**

Report was given verbally – no written report was tendered.

Report was accepted.

➤ **Treasurer**

Report was given verbally and in writing.

Discussion

- Question - What was last months take in?
Answer - \$497.
- Question - Status of repayment plan?
Answer - Is now part of Convention Subcommittee treasury and reporting.
- Question - How will amount over prudent reserve be spent?
Answer - World/Region as defined in policy (40/60 split).

Report was accepted.

➤ **RCM**

Report was given verbally and in writing, by both the RCM and RCM Alt.

Discussion

- A big hullabaloo about RCM-A doing things ‘un-collaboratively’ was then rebutted by RCM Alt.
- Another big hullabaloo happened about the CASC providing lunch at the next regional meeting, which will be in Raleigh at the Westover Methodist Church at 300 Powell Dr. It was explained that although usually the ASC that is hosting the RSC meeting provides lunch, it is not a requirement.
- Question - What are ‘CAR’ and ‘NAWS’.
Answer - Conference Agenda Report (CAR) and Narcotics Anonymous World Service (NAWS).

Report was accepted.

❖ **Subcommittee reports**

Note: All reports are attached unless otherwise noted.

➤ **H&I**

Report was given verbally and in writing by the H&I Subcommittee Chair.

- A big hullabaloo over H&I's efforts to go into Wake Correctional Center.
 - Question - Did H&I set up appointments with the before getting agreement from the PR chair for a PR presentation? Shouldn't it be the other way around?
Answer - It's been done different ways at different times. PR chair is collab'ing w/former PR chair to train up for making administrative presentation. These presentations won't even start until January.
 - Reminder that no one person represents NA.
 - Question – Was this the prison that asked us not to return a few years ago due to your objecting to their screening requirements?
Answer - It was [secretary note: I didn't hear the name] prison – they have highly restrictive entrance criteria.
 - Question - If it's PRs responsibility then why is H&I leading the charge?
Answer - [secretary note: I didn't hear the response]

Report was accepted.

➤ **PR**

Report was given verbally and in writing by a subcommittee member in the absence of the PR Chair.

Discussion

- Question - Inquiry from prison is a new inquiry regardless of past history?
Answer - Yes.

Report was accepted.

➤ **Activities**

Report was given verbally and in writing by the Activities Subcommittee Chair.

Report was accepted.

➤ **Outreach**

Report was given verbally and in writing by the Outreach Subcommittee Chair.

Report was accepted.

➤ **Convention**

Report was given verbally and in writing by the Convention Subcommittee Chair.

Report was accepted.

➤ **Policy**

Report was given verbally and in writing by the Policy Subcommittee Chair.

Report was accepted.

❖ **Group concerns**

- NA ND PM needs support, and will close next week if no home group members join.
Suggestion was made to utilize website to communicate when a home group needs support.

❖ **Second home group roll call**

Present:

7 out of 50 home groups

❖ **Circle up / serenity prayer** – sometime after 4:30 PM

ATTACHMENTS

GSR List

	Name	Home Group	Phone	Email
1	Curtis J	A New Beginning	919-208-9412	johnsonkurtkurt@gmail.com
2	Tanya H	Basic Text Study	919-904-2525	rufmly1975@yahoo.com
3	Amy C	Let The Healing Begin	919-591-6837	amymouse1984@gmail.com
4	Kelvin H	Life on Life's Terms	919-931-8167	kelvin_hardy1@yahoo.com
5	Leah P	Living Clean and Serene	440-532-9100	LeahPierce2830@gmail.com
6	Phillip E	Man Up	919-995-7687	everette.phillip@gmail.com
7	Nelson S	Mid Day Miracles	252-363-2661	nskinnerii10@gmail.com
8	Kimberli B	Miracles In Progress	919-757-2438	kbonnett0226@gmail.com
9	Andrew R	New Way of Life II	919-333-0929	andrewrose75@gmail.com
10	Ray L	Primary Purpose	970-617-6207	ray91593@hotmail.com
11	Janice H	Principles & Traditions	585-935-1637	janiceholmes01@yahoo.com
12	Susan G	Recovery In The Hood	919-210-7728	susgrego@aol.com
13	John B	Spiritual Change	252-281-5996	
14	Annette W	The Journey Continues	919-527-4675	lildot1962@gmail.com
15	Julius J	Together We Can	252-289-8923	juliusjenkins50@gmail.com
16	Lorraine R	Trust the Process	919-247-0487	lorrainerivera590@yahoo.com
17	Michele W	Way To Grow	347-406-1164	bellkamar55@yahoo.com
18	Anita L	<p>Please email</p> <p>secretary@capitalareancna.com</p> <p><i>with Home Group and Phone info.</i></p>		anitalancy@gmail.com
19	Clay C			ClayJCastillo@gmail.com
20	James H			james5975hayes@gmail.com
21	Richard J			rjones9144@msn.com
22	Sarah R			sarahrhodes1214@hotmail.com
23	Saroya R			saroyaw@yahoo.com

CASC Officers and Subcommittee Chairs

Position	Name	Phone	Email
Chair	Darren L.	(919) 798-2723	darrenlockett@ymail.com
Chair Alt.	Sam C.	(202) 441-0544	samuelconyers@yahoo.com
Secretary	HELP!		
Secretary Alt.	HELP!		
RCM	Kay W.	(919) 756-4674	kaychambers26@gmail.com
RCM Alt.	Elizabeth	(919) 610-7277	itis@nc.rr.com
Activities Subc. Chair	Delphine	(919) 527-4484	delphyne58@gmail.com
Activities Subc. Chair Alt.	HELP!		
Convention Subc. Chair	Teresa P.	(919) 328-9126	tapearson66@gmail.com
Convention Subc. Chair Alt.	Jasper	(919) 523-1512	jahzlewishair@yahoo.com
H&I Subc. Chair	Stephanie G.	(919) 413-9912	gootnickgal@gmail.com
H&I Subc. Chair Alt.	HELP!		
Outreach Subc. Chair	Andrew V.	(919) 931 4262	AndrewBVincent@gmail.com
Outreach Subc. Chair Alt.	HELP!		
Policy Subc. Chair	Sebastian D.	(919) 627-7607	j.sebastian.dorin@gmail.com
Policy Subc. Chair Alt.	HELP!		
PR Subc. Chair	Maria M.	(919) 641-8128	marsolinoml@gmail.com
PR Subc. Chair Alt.	HELP!		



**Capital Area Service committee
Proposal Form**

Date: 10/3/2019

Proposed by: Sebastian D. / Policy Subcommittee Chair

What is being proposed?:

Amend section 5.03 (g) to reflect current practice at CASC meetings.

***** SEE ATTACHMENT *****

Reason for this Proposal:

CASC Policy doesn't accurately reflect current practice of anonymous voting at CASC meetings.

Intent:

Amend CASC policy to reflect the collective group conscience of the home groups of CASC.

Result:

11/3/2019 CARRIED (y-13 / n-0 / a-1)

CASC policy section 5.03 (g) current

Voting

- Each member has but one vote.
- The Chairperson only votes in cases of a tie.
- Voting will be by a show of hands.
- Members may vote 'yes', 'no', or 'abstain'. No other votes will be considered valid.
- Amendments are voted on before the motion itself is voted on.
- After an amendment has been voted on, the motion is then voted on.
- If the motion is not carried then related amendments, if any, automatically do not carry as well.

CASC policy section 5.03 (g) proposed

Voting

- Each member has but one vote.
- The Chairperson only votes in cases of a tie.
- Voting will be by anonymous ballot *or show of hands.*
- Members may vote 'yes', 'no', or 'abstain'. No other votes will be considered valid.
- Amendments are voted on before the motion itself is voted on.
- After an amendment has been voted on, the motion is then voted on.
- If the motion is not carried then related amendments, if any, automatically do not carry as well.

Hello.

The Policy Subcommittee upheld all responsibilities defined in policy section 3.04 (d) (that's the section on the Policy Subcommittee). We at 12:30, and we welcome *any* NA members with questions, comments, concerns or suggestions for CASC Policy and how it is applied. I'm also available in between CASC meetings at (919) 627-7607 and j.sebastian.dorin@gmail.com.

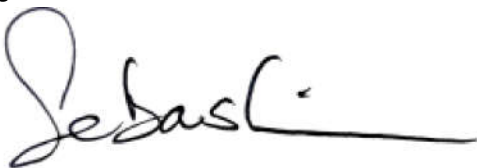
Activity since last report

- Clarifications sent via email to GSRs and CASC / CASC subcommittee members.
 - Policy manual printing.
 - H&I / Activities (a NA member called me to discuss).
- Participated on CASC officer and subcommittee chair interim meeting - focus was unity.
- Reviewed all subcommittee guidelines (as posted on our website).
 - PR and Convention - up to date and aligned with CASC Policy.
 - Outreach - the current guidelines are aligned with CASC Policy, however new guidelines are in progress.
 - Activities - guidelines don't match CASC policy and need updating. Help offered.
- Began recruiting for a policy work group - two willing members so far.
- Made multiple attempts to connect with regional policy chair, but have not received promised follow-up.

Asks

- Anyone interested in being a party of the Policy Subcommittee policy DRAFT working group, please contact me.
- Please consider running your motions (GSRs) or proposals (service committee and subcommittee chairs) by the Policy Subcommittee before submitting. This is not about approval, but about considering the impact to policy overall.
- Asking for anyone has any knowledge of where we can find archives of past policy motions and policy manuals to please contact me.

Signed,



Capital Area Chairperson Report

Good afternoon Capital area ASC, I hope everybody had a great month and a good weekend so far. I would like to thank the ASC for allowing me to serve as the area chairperson. I believe with the GRS and our elected area officers; the Capital area will continue moving in a positive direction. The Capital area still faces challenges in some area, but this area has elected new people that will continue moving our area in a positive direction. I also attended our sub-committee chairperson mid-month meeting that was schedule by our area vice-chair, this meeting was very informative with new ideals for our area. Also, this month I attended the regional meeting that was hosted in the Greater Charlotte area with our alt. RCM. I would like to say the Capital area was well represented at the regional meeting and in-fact the region is looking to host its next regional meeting here in the capital which will be further talked about from our regional RCM. I received a phone call about one of this area homegroup that is really struggling with homegroup members attendance, I have informed our Outreach chair and area vice chair about this situation and it will come up in home groups concerns for further discussion. Also this area has been in a lecture drive because another homegroup which has attendance, but have not been able to get enough donation from the 7th tradition basket to buy lecture or key tag so we have been asking any home group who can please donate to the area so we can give this home group what it needs. And lastly there is a motion that we will discuss about our area activities committee having a budget more about that motion will be discuss during motion presentations. Thank you again for allowing to serve our area.

Darren L.

Capital Area Chairperson 11/3/19



CASC TREASURERS REPORT

Date: 11/03/2019
From: FitzGerald V., CASC Treasurer
Re: Treasury Report for the month of OCTOBER 2019

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Attached are the Income and Expense statements for OCTOBER 2019.

October 2019 STATEMENT

The beginning balance on 10/01/2019 was:	\$2,007.00
Deposits in July totaled: OCT	\$ 479.00
Checks and deductions totaled:	\$ 637.93 - See attached detailed Income & Expense Report
Ending balance on 10/30/2019:	\$1848.00 - See attached PNC Bank Statement
Outstanding checks not cleared:	<u>\$ 201.87 - Regional and WSC Donations</u>
Available balance on 10/30/19:	\$1848.07

This available balance puts us \$418.07 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

FitzGerald V., CASC Treasurer

Attachments:

- October 2019 Income & Expense reports
- PNC Bank Statement

Home Group Name	Amount	Home Group Name	Amount	Home Group Name	Amount
A New Beginning	\$25	Lunatic Fringe		Seeking Similarities	
Basic Text Study Group		Man Up	\$20	Serenity In The Morning	
Came to Believe		Mid Day Miracles	\$39	South side Recovery	
Candlelight Recovery		Miracles In Progress		Spiritual Change	
Constantly Searching		NA At Noon		Spiritually Connected	\$10.00
Daily Reprieve	\$40	NA In the PM		The Seekers Group	\$50
Expect a Miracle		NA Way Group	\$15	The Journey Continues	\$10
Experience, Strength, and Hope		Never Alone Never Again		The Primary Purpose Group	\$10
Faith Thru Principles		New Horizons Group		Together We Can	
Freedom Through Recovery	\$36	New Way of Life II		Trust the Process	
I Can't, We Can		Our Common Welfare		Tuesday Night Live	
Hard Core Group		Out To Lunch		Way to Grow Group	\$101
In From The Storm		Peace in The AM		We Do Recover	
Let The Healing Begin		Principles & Traditions		Welcome Home	
Life on Life's Terms		Principles B4 Personalities		Why Are We Here	
Living Clean & Serene	\$23	Recovery In the Hood		Women In Recovery	
		Rediscovery Through Recovery	\$50	Young Connections to Recovery	
		Total Home Group Donations	\$479.00	Other Income	
				Misc:	\$50.00
				Total Other Income	\$50.00

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	10/1/2019	\$2,007.00		Period: 10/1/19-10/30/19	
Income/ Revenue Section 1					
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations/ Repayments - CASH	10/6/2019	\$479.00		Group donations received at Area Meeting	
Total Income/ Revenues		\$479.00			
Repayment of Mis-Appropriated Funds					
Amount shown here is included in the total of donations above					
Type of Deposit/debit	Date	Amount	Balance	Description	
Nikki			\$1,529.43	8 Repayments to date - last payment on 08/5/18	
Sub Total Income/ Revenues			\$1,529.43		
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTEES					
H&I Committee					
H&I Literature			\$110.51		H&I Literature -
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$33.87		Varies slightly - averages \$30.93/ month
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD			On Autodraft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$10.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses					
Outreach			\$33.79		\$35 Monthly allocation per policy
Policy			\$21.90		\$30 Monthly allocation per policy
Activities Committee available					\$500 For Area Aniversary Function(s)
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly		\$50.00		ASC - Rent
Secretary					Varies slightly
Treasurer - Office Supplies			\$22.99		Checks Replenished/Harland Clarke
Treasurer -Storage Rent	9th monthly	AD	\$105.00		Security Self Storage
Chairperson					
RCM Travel/ Expenses			\$45.00		Refund Receipts
Bank Fees		AD	\$3.00		Service charge - Bank Account
Mail Box - Due yearly on Nov 1st					CASC Mailbox at Cameron Village
Misc. Lit Donation					
Convention deposit					
Regional Donations - 60% - CRNA			\$121.12		Per Policy
World Donations - 40% - NAWS			\$80.75		World Donation Per Policy
Total of All Expenses			\$637.93		
Revenue			\$479.00		
DIFFERENCE: Income-Expenses			-\$158.93		
Ending Balance			\$1,848.07		
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount	Description	
Regional					
World Donations					
		TOTAL:	\$0.00		
Available Balance			\$1,848.07		

Capital Area NA
Treasurers Report Income Expense

Prudent Reserve- Per Policy		\$1,800.00	ment
Amount Above/ Below P.R.		\$48.07	

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Account Activity

Wednesday, October 30, 2019

Business Checking XXXXXX Available Balance: **\$2,086.81**

Account Summary

Available Balance:	\$2,086.81	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,086.81	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$479.00 10/07/2019
Pending Deposits:	\$0.00	Last Statement Balance:	\$2,043.87 09/30/2019

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	Not Enrolled
Address:	PO BOX 10953 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
10/22/2019	CHECK 1948 083305774	\$45.00		\$2,086.81
10/17/2019	#00819 1LWC5570 CHK ORDER HARLAND CLARKE	\$22.99		\$2,131.81
10/09/2019	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,154.80
10/08/2019	CHECK 1951 086787837	\$33.79		\$2,259.80
10/08/2019	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,293.59
10/07/2019	CHECK 1950 086615985	\$21.90		\$2,303.59
10/07/2019	CHECK 1949 086100071	\$110.51		\$2,325.49
10/07/2019	CHECK 1947 086113667	\$50.00		\$2,436.00
10/07/2019	DEPOSIT XXXXX5617		\$479.00	\$2,486.00
10/04/2019	RECURRING DEBIT CARD XXXXX8277 J2 ONEBOX SERVICES XXXXX5400 CA	\$33.87		\$2,007.00
10/01/2019	SERVICE CHARGE PERIOD ENDING 09/30/2019	\$3.00		\$2,040.87
09/09/2019	CHECK 1946 085027482	\$50.00		\$2,043.87

09/09/2019	DEBIT CARD PURCHASE XXXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00	\$2,093.87
09/09/2019	DEBIT CARD PURCHASE XXXXXX0869 SECURITY SELF STORAGE XXXXXX03870 NC	\$105.00	\$2,103.87
09/09/2019	DEPOSIT XXXXXX4299	\$729.00	\$2,208.87
09/04/2019	RECURRING DEBIT CARD XXXXXX6247 J2 ONEBOX SERVICES XXXXXX05400 CA	\$33.87	\$1,479.87
09/03/2019	SERVICE CHARGE PERIOD ENDING 08/30/2019	\$3.00	\$1,513.74
08/09/2019	DEBIT CARD PURCHASE XXXXXX0869 SECURITY SELF STORAGE XXXXXX03870 NC	\$105.00	\$1,516.74
08/06/2019	CHECK 1943 064301622	\$39.45	\$1,621.74
08/06/2019	DEBIT CARD PURCHASE XXXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00	\$1,661.19
08/05/2019	CHECK 1945 064301622	\$175.00	\$1,671.19
08/05/2019	CHECK 1942 064329641	\$50.00	\$1,846.19
08/05/2019	RECURRING DEBIT CARD XXXXXX8216 J2 ONEBOX SERVICES XXXXXX05400 CA	\$33.87	\$1,896.19
08/05/2019	DEPOSIT XXXXXX3501	\$452.00	\$1,930.05

11-3-19

Hi Family,

From what I've been told the RNA will be held and hosted by our area in January. The chair person for the Capital Area and the Regional alt. attended the last ^{meeting} meeting. I have not been given an update from my alt. Therefore I will turn it over to her so she can share what information she has for our area.

In Loving Service
Ray W. KCM - Chair

November 3, 2019

RCMA report on The Regional meeting held October 12, 2019 Weddington NC

The meeting convened at 10:30am with readings and the serenity prayer. Minutes from the previous meeting were approved. 15 of the 19 Areas were present.

Proposal #1 to send \$6,639.48 to NAWS passed

Proposal #2 for the 2019/2020 budget passed

Proposal #3 was withdrawn (AD/RD found the money in their budget for travel to the Mid-Western Zonal

Group concerns: The Gap Area had concerns regarding Web Anonymity. A search pulled up and connected an addict in their Area to Narcotics Anonymous from his/her phone number on an NA flyer posted on their website. After brainstorming it was suggested that an Indigo for Google voice phone number would be untraceable. And using the Area email address would eliminate a personal email address would also help eliminate the program of broken anonymity.

The next Zonal meeting will be hosted by the Carolina Region in Charlotte NC. The focus of the meeting will be preliminary CAR workshop. This Zonal meeting is open to all addicts and will be held Saturday December 7, 2019 from 8am until 1pm. For exact location see our Regional website. Minutes from the last SE Zonal forum can be read on our Regional Website.

Area Homegroups are asked to discuss and brainstorm what our vision for our Zone is.

Examples: fellowship development, how the zone can be a resource to its regions, and the opportunities to addicts as another avenue of service.

Areas need to discuss a CAR/CAT video available to all Areas that might not be able to attend workshops.

We discussed the expense of printing CAR reports. Two for the Region and one for each Area will be approximately \$900.

Our Regional Delegate are planning to do four CAR workshops in addition to a fifth that will be held in Charlotte. They are requesting Areas to host.

Motions in the CAR concern our FITC (Fellowship Intellectual Property Trust) Copyright with NAWS and Logo

To adopt additional needs guidelines in line with Federal requirements.

There was discussion over a proposal to reimburse our AD \$133. As he went over his allotted travel expenses. The proposal did pass but it was suggested he should have talked to the treasurer before he spent the money.

Open positions at Region are: H&I Chair, Alt. Treasure, Finance Chair, alt Finance Chair, PR alt. chair, Alt secretary. It is requested we talk to our Sponsees and Homegroup members about getting involved in service (at all levels).

The Ad hoc committee headed by the GAP Area to research the feasibility of a Regional help line report was given along with their recommendations. See attached report and proposal. This proposal needs to be taken back to Homegroups by their GSR's and discussed. A copy of this proposal has also been provided to our Public Relations committee by me for their discussion and input.

Subcommittee reports were given.

Public Relations Zoom meeting will be held on the Fourth Sunday of the month henceforth as that is the day most of the members can attend.

Regional Subcommittees will meet On Saturday December 14th, in Rock Hill SC at 10am

A proposal was put forth by the Capital Area to host the next Regional meeting and it passed

We will be meeting at the United Methodist Church 300 Powell Drive, Raleigh on January 11, 2020

At 10am. All addicts are welcome, and this is a great opportunity for anyone to learn more about service at the Regional level. We encourage you to attend and please make announcements at your Homegroups.

Western Carolina Area submitted a proposal to Host the April meeting in Asheville NC and that motion passed. After discussion the meeting was moved up a week to April 4, 2020 so as not to conflict with the Easter weekend.

The literature committee requested \$60 for travel expenses the purpose to conduct workshops in various areas. If our Area would like a lit review workshop here, we can make that request.

The H&I committee Vice Chair requested \$60. For travel expenses to Charlotte to host an H&I workshop in December at the next Zonal Forum.

These proposals passed.

As RCMA I am requesting the Area provide Money for lunch and coffee supplies when we host the Region in January. It is my understanding they will be covering the cost of rent at the Church which is \$60 for the day.

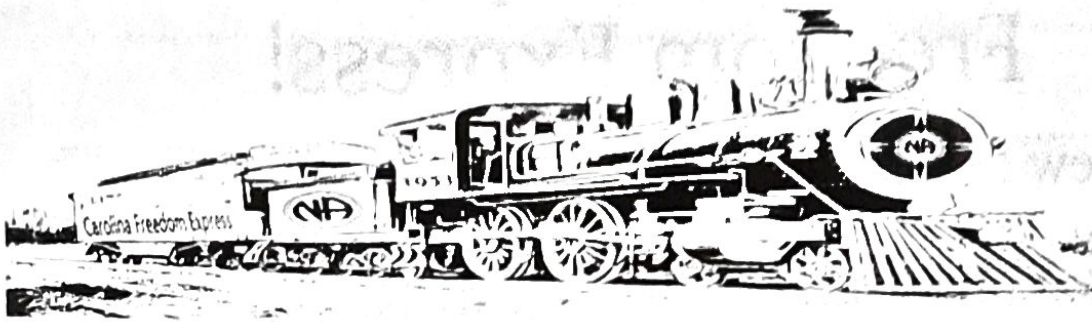
I am willing to gain experience from other subcommittees who may have an idea what the cost might be, and price chick Filet and/or a sub shop as well. Based on this information I will submit the request at the December CASC meeting. The head count is approximately 20-30 people.

(COSTCO (a proxy \$100-))

Thank you for an opportunity to serve our Area. Also, a special thank you to our Area Chair for attending the first portion of the Regional meeting with me as our RCM has been unable to attend the last two Regional meetings.

In Loving Service,

Elizabeth D.



Literature Review & Development Committee Presents:

The Revival of The Carolina Freedom Express!

Our New Format

We will be designing and delivering the newsletter primarily electronically and once published will be available to the fellowship via our regions website.

Our First Issue

We will be releasing our first issue in January of 2020!

The topic will be Living Clean Through Reservations

We Need YOU!

* This is a WE program, and we intend on representing that in our upcoming issues. We are now accepting submissions! We are looking for your personal stories, poems, art (drawings, crossword puzzles, cartoons, etc.) relating to the topic of Living Clean Through Reservations. The committee will be accepting Submissions until December 13th 2019. Please send your submissions to litrev.chair.org

Announce This at AREA
& meetings



**Carolina Region H&I Subcommittee
Sponsorship Behind the Walls Project Report 09/06/2019
Reported by Taggart Fitzgerald**

We are an NA step writing sponsorship project operating under the Hospitals and Institutions Subcommittee of the Carolina Region of Narcotics Anonymous. The primary purpose of this project is to provide Sponsorship, through written Narcotics Anonymous step guidance, for any incarcerated addict desiring recovery within Narcotics Anonymous. It is our purpose to provide Sponsors who are willing to correspond with any inmate who has the desire to work the Steps. Our sponsors are required to use pen names to remain anonymous. It is our hope, that in our correspondence we will help the suffering addict find the solution that we have found. We operate under existing state and federal Correctional Facilities rules regarding mail and correspondence and have required no special permission from individual facilities. Our service is for and to the incarcerated addict seeking recovery.

When an incarcerated addict writes us, we send out a letter explaining the program and requesting release information, etc. The addict seeking a sponsor is then asked to write sequential essays on three IP's. Am I an Addict, Welcome to Narcotics Anonymous, and Sponsorship. Once we receive the third essay, we assign them a sponsor. All correspondence passes through the CRSBTW mailbox in Charleston, SC or CRSBTW@GMAIL.COM. Once a sponsor is assigned, we no longer read the letters. We just scan, forward, print, and/or mail them.

We currently have 5 NA volunteers manning the program. There is a Port City NA member in Charleston who picks up the mail and scans it to our gmail address. He has two backup volunteers. Then we have another NA member who forwards scanned letters to sponsors, prints out and mails scanned letters from sponsors, and responds to essay letters and requests with form letters or modified form letters. This person currently has one backup. We are normally accountable to the CRNA H&I Mobile Unit Chair who is accountable to the H&I chair, but at this time both of those positions are vacant.

Currently we are receiving about 8 letters a week, but we have had spikes of 15 or more. Earlier this year we took over three sponsees from Greater San Jose area's Writing Steps with Inmates program. They had overflowed their available sponsors list and we had some spare. Our essay system is modeled after theirs.

Our current stats follow:

Current Oriented Male Sponsors	-	12
Incarcerated Male Addicts with Sponsors	-	8
Incarcerated Male Addicts Active in Essays	-	5
Current Oriented Female Sponsors	-	10
Incarcerated Female Addicts with Sponsors	-	2
Incarcerated Female Addicts Active in Essays	-	9
Total Letters Received in August	-	36

Our PO Box is paid up for another year. We do have a need for a less than \$200 scanner printer for our mailbox volunteer in Charleston to use. We've been using one we have personal access to, but that one has issues.

With this report, I intend to provide a flyer with contact information for any incarcerated addicts your area H&I subcommittees may know of who would benefit from this service. We will do our best to provide anonymous sponsorship by mail to incarcerated addicts that request it. If the incarcerated addict has less than 90days remaining in their facility, we will do our best to provide them with a meeting schedule and contact information for NA in the area where they will be released.

I also intend to provide a flyer for volunteers to help with sponsorship. Willing Sponsors can reach out to our email or can also enter their info on WWW.CRNA.ORG . There is a two year clean time requirement and you must have worked through steps one through 5 in writing with a sponsor. How your take your sponsee through the steps is up to you as long as it is within the 12 Steps and 12 Traditions of Narcotics Anonymous.

Taggart Fitzgerald
CRSBTW
706-969-0120
Taggart.L.Fitzgerald@GMAIL.COM

CRSBTW
520 Folly Rd. STE 25 PMB 269
Charleston, SC 29412
CRSBTW@GMAIL.COM

CRNA YAP ADHOC COMMITTEE RECOMMENDATION PRESENTATION

THIS IS A RECOMMENDATION TO FORM A STANDING YAP HELPLINE SUBCOMMITTEE AND UTILIZE THE YAP SYSTEM AS A REGION. IT IS RECOMMENDED THIS SUBCOMMITTEE BEGIN THE NEXT CYCLE. THE SUBCOMMITTEE CAN ALLOCATE THE FUNDS TO BEGIN THE REGIONS USAGE OF THE HELPLINE SYSTEM.

WHAT IS A YAP HELPLINE?

The YAP helpline is a fully customize-able, region-wide helpline system that each individual area can model to meet its own needs.

WHAT ARE SOME OF THE FEATURES OF THE YAP HELPLINE SYSTEM?

A caller reaches the helpline through a designated toll free number purchased through Twilio that costs \$1.00 a month. They can choose to speak to a live, scheduled person or get meetings for an area by using the zip code. The individual areas set up their own scheduled service volunteers or they can choose to just have their listed meetings. This system also texts the meetings to the caller with their addresses and times. The system currently translates into English, Spanish, French and Polynesian. The caller can specify gender as well. The Just For Today Daily Meditation is also available to be read or text to the caller. If an area has a service volunteer or volunteers that are fluent in a language other than English and they are willing, they can share that person as a group with other areas. The YAP helpline system gives meeting information to any area that utilizes BMLT format. All information used in the YAP helpline system is pulled straight from the BMLT. All changes and updates are reflected just as they are in the BMLT.

WHO CONTROLS THE YAP HELPLINE SYSTEM?

The web-team will only do the setup and manage the YAP application that was designed for the system. The area keeps its autonomy in the way their helpline calls are routed. The area will manage their own scheduled shift volunteers. The area will decide whether they have scheduled volunteers to answer calls or just have their meeting schedules available to callers. The YAP will be managed just like the BMLT. The BMLT admin logs into the YAP just like they do the BMLT. If there area does not have someone available, the Regional Subcommittee can then provide that support. The phone line guidelines should be followed for training purposes with Regional Subcommittee support being there if it is needed.

WHAT ABOUT AREA EXISTING HELPLINE NUMBERS?

Some areas have had their existing helpline numbers for decades and are not willing to part with them. The good news is if your area does not currently own its existing helpline number, you have the option of purchasing it in most cases. You would have to contact your current service provider for that information. On average the cost to purchase the number is \$50 to \$70. Any areas that use the Ring Central provider, for example, do in fact own their helpline number and just have to request them to release it. Areas can keep their existing helpline numbers and port to their area and vice versa.

WHAT IS THE COST AND SAVINGS?

As an ADHOC Committee we compiled information on what areas were paying annually for their current helpline providers. We were able to get that information for a little over half of the region. It is estimated that as a region we spend collectively over \$8500 annually for helpline services. It is the suggestion of this ADHOC committee that \$1,500 be set aside by the proposed newly formed Regional Subcommittee for the YAP helpline system annually, with an option to make a motion if more funds need to be allocated. Costs are based on minute usage at .09 per minute. The numbers will only truly be reflected by how many areas use the YAP helpline. The NC Region is actively using the YAP system and pays approximately \$600 annually as a whole.

HOW WOULD AREAS BE BILLED?

Areas will not be billed individually. The cost of the helpline shifts from the area to the region. It has been the NC Region's experience that areas are able to donate more to support the region with this financial shift. There are areas that are larger than others and have higher call volumes. There are also areas that bring in less donations. In the spirit of unity and in using the principle that we are all in this together, the YAP system is provided to everyone in the Carolina Region equally and fairly. We go on faith that areas will donate.

THE FINAL YAP ADHOC COMMITTEE RECOMMENDATION

The final recommendation to the Carolina Region of Narcotics Anonymous by this committee is that a YAP Helpline Subcommittee be formed to begin the next cycle. This would allow funds to be allocated and allow for the region to sign up for a Twilio account and acquire a region-wide toll free phone number. The YAP instance is the Southeastern zonal forum. It already exists. It doesn't have to be created, it just has to be utilized.

ILS,

Laura G.

(828) 598 - 1021

L.good0308@gmail.com

Carolina Regional Service Committee
Profit and Loss
 FYE 2019 (August 2018 - July 2019)

	Total
Income	
Contributions Income	
Area Contributions	
Borderline Area	2,516.69
Capital Area	368.20
Catawba Valley Area	16.22
Central Piedmont Area	1,000.00
Coastal Carolina Area	358.24
Keep It Simple Area	1,800.00
Lake Norman Area	1,007.59
North Central Carolina Area	7,428.55
Port City Area	80.00
South Coastal Area	1,652.44
Southern Foothills Area	1,752.19
Sun City Area	1,196.72
Twin City Area	3,500.00
Upper South Carolina Area	1,087.89
Western North Carolina Area	14,800.00
Total Area Contributions	\$ 38,564.73
Home Group Contributions	
All Kidding Aside Group	203.76
Clean Living Group	138.85
Flowertown Group	149.00
Grassroots Group	41.00
Halls of Freedom Group	74.60
Lounge Around Group	200.00
Surrender To Win Group	425.00
Total Home Group Contributions	\$ 1,232.21
Total Contributions Income	\$ 39,796.94
Total Income	\$ 39,796.94
Gross Profit	\$ 39,796.94
Expenses	
General Business Expenses	
Accounting Software	794.10
Depreciation Expense	90.00
Donation Expense	0.00
Insurance Expense	2,114.61
Licenso & Filing Fees	51.85
Postage & Delivery	190.29
H&I postage	268.00
Treasurer Postage expense	81.04
Total Postage & Delivery	\$ 539.33

Printing Expense	
Policy Printing expense	260.00
RD Printing expense	222.50
Secretary printing Expense	555.03
Total Printing Expense	\$ 1,037.53
Professional Fees	500.00
Storage Facility Rental	976.45
Supplies Expense	28.49
Total General Business Expenses	\$ 6,132.36
RSC Operating Expenses	
Administrative Committee	
AD - Alternate Delegate	-330.76
Lodging Allowance	
AD Lodging CSRC	471.46
AD SEZF Lodging	1,122.51
Total Lodging Allowance	\$ 1,593.97
Meal Allowance	
AD CSRC meals	40.00
AD SEZF Meals	241.90
Total Meal Allowance	\$ 281.90
Travel/Gas Allowance	
AD CSRC Travel	105.32
AD SEZF Travel	1,841.04
Total Travel/Gas Allowance	\$ 1,946.36
Total AD - Alternate Delegate	\$ 3,491.47
Alt. Secretary	
Lodging Allowance	273.10
Meal Allowance	10.00
Travel/Gas Allowance	31.00
Total Alt. Secretary	\$ 314.10
Alt. Treasurer	
Lodging Allowance	223.74
Meal Allowance	20.00
Travel/Gas Allowance	27.00
Total Alt. Treasurer	\$ 270.74
Co-Facilitator	
Lodging Allowance	532.62
Meal Allowance	50.00
Travel/Gas Allowance	185.30
Total Co-Facilitator	\$ 767.92
Facilitator	
Lodging Allowance	475.49
Meal Allowance	40.00
Travel/Gas Allowance	162.45
Total Facilitator	\$ 677.94

RD - Regional Delegate	496.41
Area mtgs-travel/gas Allowance	597.72
Lodging Allowance	
RD Lodging CSRC	551.81
RD SEZF Lodging	1,346.75
Total Lodging Allowance	<u>\$ 1,898.56</u>
Meal Allowance	
RD Meals CSRC	10.94
RD SEZF Meals	690.00
Total Meal Allowance	<u>\$ 700.94</u>
Travel/Gas Allowance	
RD CSRC Travel/fuel	351.86
RD SEZF Travel/Fuel	1,313.20
Total Travel/Gas Allowance	<u>\$ 1,665.06</u>
Total RD - Regional Delegate	<u>\$ 5,358.69</u>
Secretary	
Travel/Gas Allowance	96.54
Total Secretary	<u>\$ 96.54</u>
Treasurer	
Lodging Allowance	345.82
Total Treasurer	<u>\$ 345.82</u>
Total Administrative Committee	<u>\$ 11,323.22</u>
CRSC meeting meals	374.11
RCM-Regional Committee Members	
Lodging Allowance	112.86
Total RCM-Regional Committee Members	<u>\$ 112.86</u>
Rental Space-Meetings	
CSRC meeting space rental	270.00
Total Rental Space-Meetings	<u>\$ 270.00</u>
Subcommittees	
Finance Subcommittee	
Finance Chairperson	
Lodging Allowance	414.37
Meal Allowance	49.05
Travel/Gas Expense	349.62
Total Finance Chairperson	<u>\$ 813.04</u>
Total Finance Subcommittee	<u>\$ 813.04</u>
Hospitals & Institutions Subcommittee	
Hospitals & Institutions Chairperson	
Lodging Allowance	616.23
Meal Allowance	60.94
Travel/Gas Allowance	49.46
Total Hospitals & Institutions Chairperson	<u>\$ 726.63</u>
Literature Expense	125.75
Total Hospitals & Institutions Subcommittee	<u>\$ 852.38</u>

Literature Review & Development Subcommittee	
Lodging Allowance	226.00
Travel/Gas Allowance	709.92
Total Literature Review & Development Subcommittee	\$ 935.92
Policy Subcommittee	
Lodging Allowance	440.81
Travel/Gas Allowance	98.02
Total Policy Subcommittee	\$ 538.83
Public Relations Subcommittee	
CRNA.org-Hosting/Regist/Maint.	201.35
PR Literature Expense	862.86
PR Special Event expense	3,195.90
Public Relations Chairperson	
Lodging Allowance	587.08
Meal Allowance	65.67
Travel/Gas Allowance	113.48
Total Public Relations Chairperson	\$ 766.23
Web Team	
Web Team Lodging	215.90
Web Team Meals	10.00
Web Team Travel	31.80
Total Web Team	\$ 257.70
Total Public Relations Subcommittee	\$ 5,284.04
Total Subcommittees	\$ 8,424.21
Total RSC Operating Expenses	\$ 20,504.40
Total Expenses	\$ 26,636.76
Net Operating Income	\$ 13,160.18
Other Expenses	
NAWS Donations	10,900.00
Total Other Expenses	\$ 10,900.00
Net Other Income	-\$ 10,900.00
Net Income	\$ 2,260.18

Tuesday, Oct 08, 2019 04:51:24 PM GMT-7 - Accrual Basis

Carolina Regional Service Committee
Profit and Loss
 May - July, 2019

	Total
Income	
Contributions Income	
Area Contributions	
Coastal Carolina Area	101.07
Keep It Simple Area	900.00
North Central Carolina Area	2,693.20
Port City Area	80.00
South Coastal Area	1,652.44
Southern Foothills Area	840.77
Twin City Area	500.00
Upper South Carolina Area	379.06
Western North Carolina Area	3,000.00
Total Area Contributions	\$ 10,146.54
Home Group Contributions	
Clean Living Group	37.76
Flowerstown Group	89.00
Lounge Around Group	150.00
Surrender To Win Group	111.00
Total Home Group Contributions	\$ 387.76
Total Contributions Income	\$ 10,534.30
Total Income	\$ 10,534.30
Gross Profit	\$ 10,534.30
Expenses	
General Business Expenses	
Accounting Software	199.10
Depreciation Expense	90.00
Insurance Expense	501.65
Postage & Delivery	
Treasurer Postage expense	12.94
Total Postage & Delivery	\$ 12.94
Printing Expense	
Secretary printing Expense	203.63
Total Printing Expense	\$ 203.63
Storage Facility Rental	252.90
Total General Business Expenses	\$ 1,260.22

RSC Operating Expenses	
Administrative Committee	
AD - Alternate Delegate	
Lodging Allowance	126.56
AD Lodging CSRC	243.20
AD SEZF Lodging	
Total Lodging Allowance	\$ 369.76
Meal Allowance	
AD CSRC meals	20.00
AD SEZF Meals	51.00
Total Meal Allowance	\$ 71.00
Travel/Gas Allowance	
AD CSRC Travel	48.08
AD SEZF Travel	459.13
Total Travel/Gas Allowance	\$ 507.21
Total AD - Alternate Delegate	\$ 947.97
Alt. Treasurer	
Lodging Allowance	223.74
Meal Allowance	20.00
Travel/Gas Allowance	27.00
Total Alt. Treasurer	\$ 270.74
Co-Facilitator	
Lodging Allowance	165.85
Meal Allowance	20.00
Travel/Gas Allowance	40.66
Total Co-Facilitator	\$ 226.51
Facilitator	
Lodging Allowance	202.39
Meal Allowance	20.00
Travel/Gas Allowance	40.66
Total Facilitator	\$ 263.05
RD - Regional Delegate	
Area mtgs-travel/gas Allowance	597.72
Lodging Allowance	
RD Lodging CSRC	165.85
RD SEZF Lodging	243.20
Total Lodging Allowance	\$ 409.05
Meal Allowance	
RD SEZF Meals	165.00
Total Meal Allowance	\$ 165.00
Travel/Gas Allowance	
RD CSRC Travel/fuel	71.82
RD SEZF Travel/Fuel	96.60
Total Travel/Gas Allowance	\$ 168.42
Total RD - Regional Delegate	\$ 1,340.19
Total Administrative Committee	\$ 3,048.46

CRSC meeting meals	239.82
Rental Space-Meetings	
CSRC meeting space rental	35.00
Total Rental Space-Meetings	\$ 35.00
Subcommittees	
Finance Subcommittee	
Finance Chairperson	
Lodging Allowance	165.85
Meal Allowance	20.00
Travel/Gas Expense	43.00
Total Finance Chairperson	\$ 228.85
Total Finance Subcommittee	\$ 228.85
Literature Review & Development Subcommittee	
Lodging Allowance	103.92
Travel/Gas Allowance	205.14
Total Literature Review & Development Subcommittee	\$ 309.06
Policy Subcommittee	
Lodging Allowance	165.85
Travel/Gas Allowance	20.66
Total Policy Subcommittee	\$ 186.51
Public Relations Subcommittee	
CRNA.org-Hosting/Regist/MainL	32.85
Public Relations Chairperson	
Lodging Allowance	202.38
Travel/Gas Allowance	17.00
Total Public Relations Chairperson	\$ 219.38
Total Public Relations Subcommittee	\$ 252.23
Total Subcommittees	\$ 976.65
Total RSC Operating Expenses	\$ 4,299.93
Total Expenses	\$ 5,560.15
Net Operating Income	\$ 4,974.15
Net Income	\$ 4,974.15

Tuesday, Oct 08, 2019 04:56:55 PM GMT-7 - Accrual Basis

Carolina Regional Service Committee Profit and Loss

Q1TD FY 2020 (August - September 30, 2019)

	Total
Income	
Contributions Income	
Area Contributions	
North Central Carolina Area	585.27
South Coastal Area	333.38
Southern Foothills Area	382.33
Sun City Area	629.75
Upper South Carolina Area	2,688.43
Total Area Contributions	\$ 4,619.16
Home Group Contributions	
All Kidding Aside Group	49.00
Clean Living Group	16.65
Flowertown Group	44.00
Grassroots Group	14.28
Total Home Group Contributions	\$ 123.93
Individual Contributions	152.80
Total Contributions Income	\$ 4,895.89
Total Income	\$ 4,895.89
Gross Profit	\$ 4,895.89
Expenses	
General Business Expenses	
Accounting Software	149.80
Postage & Delivery	
Treasurer Postage expense	19.01
Total Postage & Delivery	\$ 19.01
Printing Expense	
Policy Printing expense	198.00
PR printing expense	58.00
RD Printing expense	111.00
Total Printing Expense	\$ 367.00
Professional Fees	595.00
Storage Facility Rental	182.00
Total General Business Expenses	\$ 1,312.81
RSC Operating Expenses	
Administrative Committee	
Co-Facilitator	
Lodging Allowance	200.82
Meal Allowance	20.00
Travel/Gas Allowance	64.32
Total Co-Facilitator	\$ 285.14
Total Administrative Committee	\$ 285.14

Rental Space-Meetings	
CSRC meeting space rental	50.00
Total Rental Space-Meetings	<u>\$ 50.00</u>
Subcommittees	
Public Relations Subcommittee	
PR Lodging	289.42
PR Special Event expense	700.00
Public Relations Chairperson	
Lodging Allowance	289.42
Meal Allowance	51.31
Travel/Gas Allowance	38.00
Total Public Relations Chairperson	<u>\$ 378.73</u>
Total Public Relations Subcommittee	<u>\$ 1,368.15</u>
Total Subcommittees	<u>\$ 1,368.15</u>
Total RSC Operating Expenses	<u>\$ 1,703.29</u>
Total Expenses	<u>\$ 3,016.10</u>
Net Operating Income	<u>\$ 1,879.79</u>
Net Income	<u>\$ 1,879.79</u>

Tuesday, Oct 08, 2019 05:25:47 PM GMT-7 - Accrual Basis

Short Form
Return of Organization Exempt From Income Tax
 Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

2018

Open to Public Inspection

Department of the Treasury
Internal Revenue Service

▶ Do not enter social security numbers on this form as it may be made public.
 ▶ Go to www.irs.gov/Form990EZ for instructions and the latest information.

A For the 2018 calendar year, or tax year beginning 08-01, 2018, and ending 07-31, 2019

B Check if applicable: <input type="checkbox"/> Address change <input type="checkbox"/> Name change <input type="checkbox"/> Initial return <input type="checkbox"/> Final return/terminated <input type="checkbox"/> Amended return <input type="checkbox"/> Application pending	C Name of organization CAROLINA REGIONAL SERVICE COMMITTEE Number and street (or P.O. box, if mail is not delivered to street address) Room/suite 2764 PLEASANT RD SUITE A PMB 10541 City or town, state or province, country, and ZIP or foreign postal code FORT MILL, SC 29708	D Employer identification number 56-1664381 E Telephone number (336) 813-2351 F Group Exemption Number ▶
--	--	---

G Accounting Method: Cash Accrual Other (specify) ▶ _____ **H** Check if the organization is not required to attach Schedule B (Form 990, 990-EZ, or 990-PF).

I Website: ▶ _____

J Tax-exempt status (check only one) - 501(c)(3) 501(c)() ◀ (insert no.) 4947(a)(1) or 527

K Form of organization: Corporation Trust Association Other _____

L Add lines 5b, 6c, and 7b to line 9 to determine gross receipts. If gross receipts are \$200,000 or more, or if total assets (Part II, column (B)) are \$500,000 or more, file Form 990 instead of Form 990-EZ ▶ \$ **39,797**

Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances (see the instructions for Part I)
 Check if the organization used Schedule O to respond to any question in this Part I

Revenue	1	Contributions, gifts, grants, and similar amounts received	1	39,797
	2	Program service revenue including government fees and contracts	2	
	3	Membership dues and assessments	3	
	4	Investment income	4	
	5a	Gross amount from sale of assets other than inventory	5a	
	5b	Less: cost or other basis and sales expenses	5b	
	5c	Gain or (loss) from sale of assets other than inventory (Subtract line 5b from line 5a)	5c	
	6	Gaming and fundraising events:		
	6a	Gross income from gaming (attach Schedule G if greater than \$15,000)	6a	
6b	Gross income from fundraising events (not including \$ _____ of contributions from fundraising events reported on line 1) (attach Schedule G if the sum of such gross income and contributions exceeds \$15,000)	6b		
6c	Less: direct expenses from gaming and fundraising events	6c		
6d	Net income or (loss) from gaming and fundraising events (add lines 6a and 6b and subtract line 6c)	6d		
7a	Gross sales of inventory, less returns and allowances	7a		
7b	Less: cost of goods sold	7b		
7c	Gross profit or (loss) from sales of inventory (Subtract line 7b from line 7a)	7c		
8	Other revenue (describe in Schedule O)	8		
9	Total revenue. Add lines 1, 2, 3, 4, 5c, 6d, 7c, and 8	9	39,797	
Expenses	10	Grants and similar amounts paid (list in Schedule O)	10	
	11	Benefits paid to or for members	11	
	12	Salaries, other compensation, and employee benefits	12	
	13	Professional fees and other payments to independent contractors	13	500
	14	Occupancy, rent, utilities, and maintenance	14	3,361
	15	Printing, publications, postage, and shipping	15	1,577
	16	Other expenses (describe in Schedule O)	16	32,099
17	Total expenses. Add lines 10 through 16	17	37,537	
Net Assets	18	Excess or (deficit) for the year (Subtract line 17 from line 9)	18	2,260
	19	Net assets or fund balances at beginning of year (from line 27, column (A)) (must agree with end-of-year figure reported on prior year's return)	19	15,604
	20	Other changes in net assets or fund balances (explain in Schedule O)	20	
	21	Net assets or fund balances at end of year. Combine lines 18 through 20	21	17,864

Part II Balance Sheets (see the instructions for Part II)

Check if the organization used Schedule O to respond to any question in this Part II

	(A) Beginning of year		(B) End of year
22 Cash, savings, and investments	12,386	22	15,676
23 Land and buildings	0	23	0
24 Other assets (describe in Schedule O)	3,218	24	3,199
25 Total assets	15,604	25	18,875
26 Total liabilities (describe in Schedule O)	0	26	1,011
27 Net assets or fund balances (line 27 of column (B) must agree with line 21)	15,604	27	17,864

Part III Statement of Program Service Accomplishments (see the instructions for Part III)

Check if the organization used Schedule O to respond to any question in this Part III

What is the organization's primary exempt purpose? NARCOTICS ANONYMOUS

Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. In a clear and concise manner, describe the services provided, the number of persons benefited, and other relevant information for each program title.

Expenses
(Required for section 501(c)(3) and 501(c)(4) organizations; optional for others.)

28 THE CAROLINA REGION OF NARCOTICS ANONYMOUS INCLUDES MUCH OF THE CAROLINAS AND IS REPRESENTED IN THE NA SERVICE STRUCTURE BY THE CRSC (Grants \$) If this amount includes foreign grants, check here <input type="checkbox"/>	28a	16,375
29 (Grants \$) If this amount includes foreign grants, check here <input type="checkbox"/>	29a	
30 (Grants \$) If this amount includes foreign grants, check here <input type="checkbox"/>	30a	
31 Other program services (describe in Schedule O) (Grants \$) If this amount includes foreign grants, check here <input type="checkbox"/>	31a	
32 Total program service expenses (add lines 28a through 31a)	32	16,375

Part IV List of Officers, Directors, Trustees, and Key Employees (list each one even if not compensated - see the instructions for Part IV)

Check if the organization used Schedule O to respond to any question in this Part IV

(a) Name and title	(b) Average hours per week devoted to position	(c) Reportable compensation (Forms W-2/1099-MISC) (if not paid, enter -0-)	(d) Health benefits contributions to employee benefit plans and deferred compensation	(e) Estimated amount of other compensation
PAMELA HINTON TREASURER	5.00	0	0	0
JANIS KEYZER CHAIR	5.00	0	0	0
DAVE PRUETT VICE CHAIR	5.00	0	0	0
JONIE GOBLET SECRETARY	5.00	0	0	0
MICHELLE JOHNSEN REGIONAL DELEGATE	5.00	0	0	0

Part V Other Information (Note the Schedule A and personal benefit contract statement requirements in the instructions for Part V.) Check if the organization used Schedule O to respond to any question in this Part V

Table with columns for question number, description, Yes, and No. Rows include questions 33 through 45b regarding organizational activities, financial reporting, and tax compliance.

46 Did the organization engage, directly or indirectly, in political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I

	Yes	No
46		X

Part VI Section 501(c)(3) Organizations Only

All section 501(c)(3) organizations must answer questions 47 - 49b and 52, and complete the tables for lines 50 and 51.

Check if the organization used Schedule O to respond to any question in this Part VI

47 Did the organization engage in lobbying activities or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II

	Yes	No
47		X
48		X
49a		X
49b		

48 Is the organization a school as described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E

49a Did the organization make any transfers to an exempt non-charitable related organization?

b If "Yes," was the related organization a section 527 organization?

50 Complete this table for the organization's five highest compensated employees (other than officers, directors, trustees and key employees) who each received more than \$100,000 of compensation from the organization. If there is none, enter "None."

(a) Name and title of each employee	(b) Average hours per week devoted to position	(c) Reportable compensation (Forms W-2/1099-MISC)	(d) Health benefits, contributions to employee benefit plans, and deferred compensation	(e) Estimated amount of other compensation
NONE				

f Total number of other employees paid over \$100,000 ▶

51 Complete this table for the organization's five highest compensated independent contractors who each received more than \$100,000 of compensation from the organization. If there is none, enter "None."

(a) Name and business address of each independent contractor	(b) Type of service	(c) Compensation
NONE		

d Total number of other independent contractors each receiving over \$100,000. ▶

52 Did the organization complete Schedule A? Note: All section 501(c)(3) organizations must attach a completed Schedule A Yes No

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here

▶ **PAMELA HINTON**
Signature of officer

▶ **PAMELA HINTON, TREASURER**
Type or print name and title

Paid Preparer Use Only

Print/Type preparer's name: **Deborah S Maffeo** Preparer's signature: **Deborah S Maffeo** Date: **10-01-2019** Check if self-employed PTIN: **P01007691**

Firm's name: **Deborah S Maffeo CPA** Firm's EIN: ▶

Firm's address: **2311 Pinecroft Rd**
Greensboro NC 27407 Phone no: **336-299-3133**

May the IRS discuss this return with the preparer shown above? See instructions Yes No

SCHEDULE A
(Form 990 or 990-EZ)

Public Charity Status and Public Support

OMB No 1545-0047

2018

Department of the Treasury
Internal Revenue Service

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

▶ Attach to Form 990 or Form 990-EZ.

▶ Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public Inspection

Name of the organization

Employer identification number

CAROLINA REGIONAL SERVICE COMMITTEE

56-1664381

Part I Reason for Public Charity Status (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)

- 1 A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**
- 2 A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E (Form 990 or 990-EZ))
- 3 A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**
- 4 A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state: _____
- 5 An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II.)
- 6 A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**
- 7 An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 8 A community trust described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 9 An agricultural research organization described in **section 170(b)(1)(A)(ix)** operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or university: _____
- 10 An organization that normally receives: (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions - subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See **section 509(a)(2).** (Complete Part III.)
- 11 An organization organized and operated exclusively to test for public safety. See **section 509(a)(4).**
- 12 An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2).** See **section 509(a)(3).** Check the box in lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.
 - a **Type I.** A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. **You must complete Part IV, Sections A and B.**
 - b **Type II.** A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). **You must complete Part IV, Sections A and C.**
 - c **Type III functionally integrated.** A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). **You must complete Part IV, Sections A, D, and E.**
 - d **Type III non-functionally integrated.** A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.**
 - e Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization.
 - f Enter the number of supported organizations
 - g Provide the following information about the supported organization(s).

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	(iv) Is the organization listed in your governing document?		(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
			Yes	No		
(A)						
(B)						
(C)						
(D)						
(E)						
Total						

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)
(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

Table with 7 columns: (a) 2014, (b) 2015, (c) 2016, (d) 2017, (e) 2018, (f) Total. Rows include: 1 Gifts, grants, contributions, and membership fees received; 2 Tax revenues levied for the organization's benefit; 3 The value of services or facilities furnished by a governmental unit; 4 Total. Add lines 1 through 3; 5 The portion of total contributions by each person; 6 Public support. Subtract line 5 from line 4.

Section B. Total Support

Table with 7 columns: (a) 2014, (b) 2015, (c) 2016, (d) 2017, (e) 2018, (f) Total. Rows include: 7 Amounts from line 4; 8 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources; 9 Net income from unrelated business activities; 10 Other income. Do not include gain or loss from the sale of capital assets; 11 Total support. Add lines 7 through 10; 12 Gross receipts from related activities, etc. (see instructions); 13 First five years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here.

Section C. Computation of Public Support Percentage

Table with 2 columns: Description, Percentage. Rows include: 14 Public support percentage for 2018; 15 Public support percentage from 2017 Schedule A, Part II, line 14; 16a 33 1/3% support test - 2018; 16b 33 1/3% support test - 2017; 17a 10%-facts-and-circumstances test - 2018; 17b 10%-facts-and-circumstances test - 2017; 18 Private foundation.

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support

Table with 7 columns: (a) 2014, (b) 2015, (c) 2016, (d) 2017, (e) 2018, (f) Total. Rows include: 1 Gifts, grants, contributions, and membership fees received; 2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished; 3 Gross receipts from activities that are not an unrelated trade or business under section 513; 4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf; 5 The value of services or facilities furnished by a governmental unit to the organization without charge; 6 Total. Add lines 1 through 5; 7a Amounts included on lines 1, 2, and 3 received from disqualified persons; b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year; c Add lines 7a and 7b; 8 Public support. (Subtract line 7c from line 6.)

Section B. Total Support

Table with 7 columns: (a) 2014, (b) 2015, (c) 2016, (d) 2017, (e) 2018, (f) Total. Rows include: 9 Amounts from line 6; 10a Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources; b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975; c Add lines 10a and 10b; 11 Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on; 12 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.); 13 Total support. (Add lines 9, 10c, 11, and 12.)

14 First five years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here.

Section C. Computation of Public Support Percentage

Table with 3 columns: Line number, Percentage, and Unit. Row 15: Public support percentage for 2018 (line 8, column (f), divided by line 13, column (f)). Row 16: Public support percentage from 2017 Schedule A, Part III, line 15.

Section D. Computation of Investment Income Percentage

Table with 3 columns: Line number, Percentage, and Unit. Row 17: Investment income percentage for 2018 (line 10c, column (f), divided by line 13, column (f)). Row 18: Investment income percentage from 2017 Schedule A, Part III, line 17.

19a 33 1/3% support tests - 2018. If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization.

b 33 1/3% support tests - 2017. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3%, and line 18 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization.

20 Private foundation. If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions.

Part IV Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked 12a of Part I, complete Sections A and B. If you checked 12b of Part I, complete Sections A and C. If you checked 12c of Part I, complete Sections A, D, and E. If you checked 12d of Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

	Yes	No
1 Are all of the organization's supported organizations listed by name in the organization's governing documents? <i>If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.</i>		
2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? <i>If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).</i>		
3a Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? <i>If "Yes," answer (b) and (c) below.</i>		
b Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? <i>If "Yes," describe in Part VI when and how the organization made the determination.</i>		
c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? <i>If "Yes," explain in Part VI what controls the organization put in place to ensure such use.</i>		
4a Was any supported organization not organized in the United States ("foreign supported organization")? <i>If "Yes," and if you checked 12a or 12b in Part I, answer (b) and (c) below.</i>		
b Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? <i>If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.</i>		
c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? <i>If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.</i>		
5a Did the organization add, substitute, or remove any supported organizations during the tax year? <i>If "Yes," answer (b) and (c) below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).</i>		
b Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?		
c Substitutions only. Was the substitution the result of an event beyond the organization's control?		
6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If "Yes," provide detail in Part VI.</i>		
7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? <i>If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).</i>		
8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? <i>If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).</i>		
9a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? <i>If "Yes," provide detail in Part VI.</i>		
b Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? <i>If "Yes," provide detail in Part VI.</i>		
c Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? <i>If "Yes," provide detail in Part VI.</i>		
10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? <i>If "Yes," answer 10b below.</i>		
b Did the organization have any excess business holdings in the tax year? <i>(Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)</i>		

Part IV Supporting Organizations (continued)

	Yes	No
11 Has the organization accepted a gift or contribution from any of the following persons?		
a A person who directly or indirectly controls, either alone or together with persons described in (b) and (c) below, the governing body of a supported organization?	11a	
b A family member of a person described in (a) above?	11b	
c A 35% controlled entity of a person described in (a) or (b) above? If "Yes" to a, b, or c, provide detail in Part VI.	11c	

Section B. Type I Supporting Organizations

	Yes	No
1 Did the directors, trustees, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's directors or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove directors or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.	1	
2 Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.	2	

Section C. Type II Supporting Organizations

	Yes	No
1 Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? If "No," describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).	1	

Section D. All Type III Supporting Organizations

	Yes	No
1 Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?	1	
2 Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s).	2	
3 By reason of the relationship described in (2), did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's supported organizations played in this regard.	3	

Section E. Type III Functionally Integrated Supporting Organizations

1 Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).			
a <input type="checkbox"/> The organization satisfied the Activities Test. Complete line 2 below.			
b <input type="checkbox"/> The organization is the parent of each of its supported organizations. Complete line 3 below.			
c <input type="checkbox"/> The organization supported a governmental entity. Describe in Part VI how you supported a government entity (see instructions).			
2 Activities Test. Answer (a) and (b) below.		Yes	No
a Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify those supported organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.	2a		
b Did the activities described in (a) constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.	2b		
3 Parent of Supported Organizations. Answer (a) and (b) below.			
a Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? Provide details in Part VI.	3a		
b Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? If "Yes," describe in Part VI the role played by the organization in this regard.	3b		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations

- 1 Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). See instructions. All other Type III non-functionally integrated supporting organizations must complete Sections A through E.

Section A - Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1	
2	Recoveries of prior-year distributions	2	
3	Other gross income (see instructions)	3	
4	Add lines 1 through 3.	4	
5	Depreciation and depletion	5	
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6	
7	Other expenses (see instructions)	7	
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8	
Section B - Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):		
a	Average monthly value of securities	1a	
b	Average monthly cash balances	1b	
c	Fair market value of other non-exempt-use assets	1c	
d	Total (add lines 1a, 1b, and 1c)	1d	
e	Discount claimed for blockage or other factors (explain in detail in Part VI):		
2	Acquisition indebtedness applicable to non-exempt-use assets	2	
3	Subtract line 2 from line 1d.	3	
4	Cash deemed held for exempt use. Enter 1-1/2% of line 3 (for greater amount, see instructions).	4	
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5	
6	Multiply line 5 by .035.	6	
7	Recoveries of prior-year distributions	7	
8	Minimum Asset Amount (add line 7 to line 6)	8	
Section C - Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, Column A)	1	
2	Enter 85% of line 1.	2	
3	Minimum asset amount for prior year (from Section B, line 8, Column A)	3	
4	Enter greater of line 2 or line 3.	4	
5	Income tax imposed in prior year	5	
6	Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6	
7	<input type="checkbox"/> Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions).		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)

Section D - Distributions	Current Year
1 Amounts paid to supported organizations to accomplish exempt purposes	
2 Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	
3 Administrative expenses paid to accomplish exempt purposes of supported organizations	
4 Amounts paid to acquire exempt-use assets	
5 Qualified set-aside amounts (prior IRS approval required)	
6 Other distributions (describe in Part VI). See instructions.	
7 Total annual distributions. Add lines 1 through 6.	
8 Distributions to attentive supported organizations to which the organization is responsive (provide details in Part VI). See instructions.	
9 Distributable amount for 2018 from Section C, line 6	
10 Line 8 amount divided by Line 9 amount	

Section E - Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2018	(iii) Distributable Amount for 2018
1 Distributable amount for 2018 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2018 (reasonable cause required - explain in Part VI). See instructions.			
3 Excess distributions carryover, if any, to 2018			
a From 2013			
b From 2014			
c From 2015			
d From 2016			
e From 2017			
f Total of lines 3a through e			
g Applied to underdistributions of prior years			
h Applied to 2018 distributable amount			
i Carryover from 2013 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from 3f.			
4 Distributions for 2018 from Section D, line 7: \$			
a Applied to underdistributions of prior years			
b Applied to 2018 distributable amount			
c Remainder. Subtract lines 4a and 4b from 4.			
5 Remaining underdistributions for years prior to 2018, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, explain in Part VI. See instructions.			
6 Remaining underdistributions for 2018. Subtract lines 3h and 4b from line 1. For result greater than zero, explain in Part VI. See instructions.			
7 Excess distributions carryover to 2019. Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2014			
b Excess from 2015			
c Excess from 2016			
d Excess from 2017			
e Excess from 2018			

SCHEDULE O
(Form 990 or 990-EZ)

Supplemental Information to Form 990 or 990-EZ

OMB No 1545-0047

2018

Open to Public Inspection

Department of the Treasury
Internal Revenue Service
Name of the organization

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

▶ Attach to Form 990 or 990-EZ.

▶ Go to www.irs.gov/Form990 for the latest information.

CAROLINA REGIONAL SERVICE COMMITTEE

Employer identification number
56-1664381

01. Description of other expenses (Part I, line 16)

DESCRIPTION	AMOUNT
ACCOUNTING SOFTWARE EXPENSE	794
LICENSE AND FILING FEES	52
OFFICE SUPPLIES AND EXPENSE	28
LITERATURE	989
MEETINGS AND COMMITTEE TRAVEL	19,246
DONATIONS TO NAWs	10,900
DEPRECIATION	90

02. Description of other assets (Part II, line 24)

CATEGORY	BEGINNING OF YEAR	END OF YEAR
PREPAID INSURANCE	1,613	1,505
PREPAID OTHER	1,335	1,027
FURNITURE AND EQUIP NET DEPR	270	235
ACCOUNTS RECEIVABLE	0	135
LITERATURE INVENTORY	0	297

03. Description of total liabilities (Part II, line 26)

CATEGORY	BEGINNING OF YEAR	END OF YEAR
ACCOUNTS PAYABLE	0	1,011

**Budget v Actual
Officers and Subcommittees
FYE 2019**

	Budget	Actual	\$ Budget Remaining / (Over)	% Spent	% Remaining	100% remaining	% of total remaining	% of total budget
Facilitator	\$ 1,080.00	678.00	\$ 402.00	62.78%	37.22%			
Cofacilitator	1,080.00	768.00	312.00	71.11%	28.89%			
Secretary	1,080.00	651.00	429.00	60.28%	39.72%			
Sec-Alt	480.00	314.00	166.00	65.42%	34.58%			
Treasurer	1,320.00	345.00	975.00	26.14%	73.86%			
Treas-Alt	1,280.00	271.00	1,009.00	21.17%	78.83%			
RD	1,540.00	2,231.00	(691.00)	144.87%	-44.87%			
AD	1,140.00	617.00	523.00	54.12%	45.88%			
gen office	4,720.00	4,361.00	359.00	92.39%	7.61%			
H&I	6,375.00	1,384.00	4,991.00	21.71%	78.29%			
PR	9,750.00	5,311.00	4,439.00	54.47%	45.53%			
Finance	2,065.00	1,450.00	615.00	70.22%	29.78%			
Lt R/D	1,320.00	936.00	384.00	70.91%	29.09%			
Policy	1,320.00	799.00	521.00	60.53%	39.47%			
SEZF	6,980.00	6,555.00	425.00	93.91%	6.09%			
WSC								
Totals	\$ 41,530.00	\$ 26,671.00	\$ 14,859.00	64.22%	35.78%	\$ -	0.00%	0.00%

CAPITAL AREA NA ASC: H&I SUBCOMMITTEE CHAIR'S REPORT
(November 3, 2019)

Hello Family!

The state of the Capital Area H&I Subcommittee is healthy, active & expanding!

We oriented 2 new and/or returning members to our panel today. A total of 16 members attended today's meeting.

NEWS TO SHARE:

- We elected two (2) new panel leaders today.
- We held a special meeting prior to the regularly scheduled meeting, featuring a special guest speaker, to address recent trends & factors effecting our presentations & future status of our presentations. As part of our support, we will hold an advanced panel leader training in January, 2020.
- We voted on a single format that will be ^{now} used for all H&I presentations at the facilities we service in an attempt to create enhanced predictable consistency in the message we carry.
- I met with the PR chair regarding facility presentations we will be making in the next few months. It was a positive and productive conversation.
- We will have a mid-month meeting in January 2020 to begin our formal planning of an H&I Learning Day. We tentatively are planning to hold the Learning Day in the Spring of 2020. More will be revealed.

In Loving Service, STEPHANIE G. (2019-2020 Capital Area H&I Subcommittee Chair)



PR Area Report 11/02/2019

Capital Area

Maria Marsolino

marsolinoml@gmail.com

(919) 641-8128

Past month's activities

- PR presentations

This past month for PR, we participated in doing a presentation via zoom to an online class given by NC State to students getting their masters degrees in counseling. We also did our monthly presentation at First Step recovery.

- Meeting lists

No current updates on meeting lists as they were printed last month

Next month's activities

- First Step Recovery presentation

Phone Line Activity

We received 4 phone calls and the calls were from people asking about meetings in the area.

Web Servant Report attached

Alt PR Chair

We now have an Alternate PR chair! We still could use people to help us give presentations.

If you are interested in serving on the PR Subcommittee then please join us at our monthly subcommittee meeting on the first Sunday of every month at 12:30 PM, or contact me directly at (919) 641-8128 or marsolinoml@gmail.com.

Kevin Chayer sent you a message from IP: 149.168.240.7

Your Name:	Kevin Chayer
Phone:	984 9605177
Subject:	NA Volunteers
Message:	We at Wake Correctional Center would like to know if you have any folks from the recovering community who would be interested in providing volunteer services to incarcerated offenders at Wake Correctional Center. Sincerely yours, Kevin B. Chayer Correctional Programs Supervisor
E-mail:	kevin.chayer@ncdps.gov
How would you like us to contact you?	Email

11/03/2019

Hi Families,
Hope everything is going well with all. As for activities we are working steady to put on the area anniversary in January. We have a tentative date of January 25th @ Fairmont Church, from 12 pm to 11 pm. I am putting a motion to reserved the facility and to put a deposit down. \$100 for the rental and \$100 deposit which will be refunded. This motion will go back to homegroups. We will have money that will be passed at the next area for BSR's to take back for their homegroups to donate. So please start asking your homegroups what they would like to donate. We will have a menu list that will go around @ next area. Also if any member would like to join the Activities Committee please contact me @ 919-527-4484 all serious inquires please. See you next month.

Enhancing Service,
Delphine J.
Activities Chair

Outreach Subcommittee Report for October

The Outreach subcommittee would like to thank the homegroups who assisted the "Let the Healing Begin" group with keytag donations. There has been a lot of talk about how we can better unify our area, and what better way to do it than homegroups getting together to help another homegroup that is struggling. There were a large stack of IPs donated, some white booklets, and a pretty large bag of keytags, but any more donations of white keytags would still be appreciated, since they go through them very fast.

We've continued visiting homegroups who are not participating in the CASC. The theme of distrust of the area is a fairly consistent grievance. A couple homegroups also expressed appreciation for not removing them from the meeting list, even though they haven't participated in a long time. While some homegroups are not participating due to lack of membership and/or funds to donate, there have also been grievances expressed including the desire to dissolve the convention committee, the need of incorporating the CASC for anonymity reasons, and similar.

We greatly appreciate all of the officers and members who have volunteered to assist in the Outreach effort. We plan on taking advantage of this offer in the upcoming month, when we hope to finish out visiting the groups who have been absent from the area meeting. Please keep an eye on your inbox as we plan on getting some plans together in the next week for the rest of the month.

Finally, the Outreach subcommittee would like to remind all homegroups that if they get a new GSR (or are a new GSR) that hasn't been oriented, we meet before the CASC meeting at 1:00pm to do new GSR orientations. It is suggested that any new GSR, proxy or group representative, even if you are not new to an area meeting but maybe this area, get oriented. It greatly helps cut down on the confusion during the meeting, as well as provides useful information that not only helps GSRs know what to expect at the CASC meeting, but also how to be a liaison between your homegroup and the CASC.

In loving service,
Andrew V.
Outreach Subcommittee Chair

Capital Area Roll Call Sheet (July '18 to June '19)

#	Group Name	July		Aug		Sept		Oct		Nov		Dec		Jan		Feb		Mar		Apr		M	
		Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End	Beg	End
1	A New Beginning	1																					
2	Basic Text Study	1																					
3	Candlelight Recovery																						
4	Constantly Searching																						
5	Daily Reprieve																						
6	Expect A Miracle																						
7	Experiences, Strength, & Hope																						
8	Faith Through Principles																						
9	Freedom Through Recovery																						
10	Hard Core Group																						
11	I Can't We Can																						
12	In From The Storm																						
13	Let The Healing Begin																						
14	Life on Life's Terms																						
15	Living Clean and Serene																						
16	Lunatic Fringe																						
17	Man Up																						
18	Mid Day Miracles																						
19	Miracles In Progress																						
20	NA at Noon																						
21	NA ND PM																						
22	NA Way																						
23	Never Alone Never Again																						
24	New Horizons																						
25	New Way of Life II																						
26	Our Common Welfare																						
27	Out To Lunch																						
28	Peace in the AM																						
29	Primary Purpose																						
30	Principles & Traditions																						
31	Principles B4 Personalities																						
32	Recovery In The Hood																						
33	Rediscovery Thru Recovery																						
34	Seeking Similitudes																						
35	Serenity in the Morning																						
36	Seaside Recovery																						
37	Spiritual Change																						
38	Spiritually Connected																						
39	The Journey Continues																						
40	The Seekers																						
41	Together We Can																						
42	Trust the Process																						
43	Tuesday Night Live																						
44	Way To Grow																						
45	We Do Recover																						
46	Welcome Home																						

Updated:

Convention Committee Continues
to move forward.

Treasurer and Chairperson
has successfully added Jesus P.
to the bank info and has
had Chris's money removed
from the account. Current Chair
at this time Jesus P. has received nothing from Chris
Our current balance is \$3,489.41
as of Oct. 2, 2019.

Accepted 2 donations from
2 groups, \$151 from Principles
and Traditions and Together we
can donate \$25.

At this time the committee
has ~~not~~ received ~~any~~ money
from Angelak. in the amount
of \$100

The committee has voted in
an alternate programming
chairperson Nancy W.

various
positions
still needs
to be filled

Gratefully
Jesus P.
Convention Chair

Att. Fundraiser
Secretary Matt Sec

Att. Treasurer, Hospitality, Both position for merchandise

Business Checking

PNC Bank



For the Period 10/01/2019 to 10/31/2019

Primary Account Number: 53-5305-7056

Page 1 of 3

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION
PO BOX 10953
RALEIGH NC 27605-0953

For 24-hour banking sign on to
 PNC Bank Online Banking on pnc.com
FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG
Monday - Friday: 7 AM - 10 PM ET
Saturday & Sunday: 8 AM - 5 PM ET

Para servicio en español, 1-877-BUS-BNKG

Moving? Please contact your local branch

Write to: Customer Service
PO Box 609

Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

TDD terminal: 1-800-531-1648

For hearing impaired clients only

IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2020, charges for certain Treasury Management services will change. The impact of these changes on your organization will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Rather than listing all the detail for all services, we would be happy to review with you the changes that are applicable to your account and to discuss other services and options that may address the evolving needs of your company. If you are interested, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518

Among the changes that become effective January 1, 2020, Branch Initiated Wire fees will be impacted for Business Banking clients, including but not limited to the following:

The fee for OUTGOING BOOK TRANSFERS will be \$70.00 each.

The fee for DOMESTIC OUTGOING WIRE TRANSFERS will be \$90.00 each.

The fee for INTERNATIONAL WIRE TRANSFERS (SAME CURRENCY) will be \$125.00 each.

The fee for INCOMING FED WIRES will be \$13.00 each.

The fee for WIRE TRANSFER MANUAL REPAIRS will be \$17.00 each.

The fee for WIRE COPIES will be \$20.00 each.

The fee for MAIL ADVICE will be \$12.00 each.

The fee for a CLIENT REQUESTED CANCELLED WIRE will be \$15.00 each.

October is National Cyber Security Awareness Month

Do you know what to do if you receive a fraudulent email, text or phone call that appears to come from PNC? Forward the message to PNC at abuse@pnc.com. If you responded to a fraudulent text or email, clicked on a link, opened an attachment and/or disclosed personal information, immediately change your online banking password, using another device if possible. Then contact PNC Bank's Online Banking Team at 1-800-762-2035, select 1 for personal account or 2 for a business account, then select option 3.

Business Checking

For 24-hour account information, sign on to
pnc.com/mybusiness/

For the Period 10/01/2019 to 10/31/2019
 NC Capital Area Family Reunion
 Primary Account Number: 53-5305-7056
 Page 2 of 3

Business Checking Account Number: 53-5305-7056 - continued

Holidays Can Bring Increased Scams

Watch out for Phishing, Vishing, and SMiShing scams, which often increase during the busy holiday season. These scams target potential victims via email, telephone, and text message, and are social engineering attempts to harvest sensitive personal information or to install malware onto your computer or mobile device. If a message looks suspicious, do not respond to it and do not open attachments and don't click links. Forward the message to PNC at abuse@pnc.com.

NC Capital Area Family Reunion

Business Checking Summary

Account number: 53-5305-7056

Overdraft Protection has not been established for this account.
 Please contact us if you would like to set up this service.

Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
3,531.41	116.00	158.00	3,489.41
		Average ledger balance	Average collected balance
		3,480.02	3,480.02

Deposits and Other Additions

Description	Items	Amount
Deposits	1	116.00
Total	1	116.00

Checks and Other Deductions

Description	Items	Amount
Checks	2	155.00
Service Charges and Fees	1	3.00
Total	3	158.00

Daily Balance

Date	Ledger balance	Date	Ledger balance	Date	Ledger balance
10/01	3,528.41	10/04	3,373.41	10/07	3,489.41
10/02	3,498.41				

Activity Detail

Deposits and Other Additions

Deposits

Date posted	Amount	Transaction description	Reference number
10/07	116.00	Deposit	046454652

Checks and Other Deductions

Checks and Substitute Checks

* Gap in check sequence

Date posted	Check number	Amount	Reference number	Date posted	Check number	Amount	Reference number
10/04	1037 *	125.00	084531685	10/02	1038	30.00	083626014

Service Charges and Fees

Date posted	Amount	Transaction description	Reference number
10/01	3.00	Service Charge Period Ending 09/30/2019	

Business Checking

1 of 24 issue account information, agree to us
jmc.com/ing/business

For the Period 10/01/2019 to 10/31/2019

MC Capital Area Family Resources

Primary Account Number: 53-5305-3056

Page 3 of 3

Business Checking Account Number: 53-5305-3056 - continued

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 11/01/2019 and will appear on your next statement as a single line item entitled Service Charge Period Ending 10/31/2019.

Description	Volume	Amount	Requirements Met
Account Maintenance Charge		.00	Included in Account
Combined Transactions	3	.00	Included in Account
Checks Paid	2	.00	Included in Account
Deposit Tickets Processed	1	.00	Included in Account
Branch - Consolidated Cash Deposited	1	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	

NC CAPITAL AREA
FAMILY REUNION OF NA
PRESENTS

**FIRST FRIDAY OF THE MONTH
FUNDRAISER**

DANCE AND CARD TOURNAMENT

FOOD (sold at cost)

\$5
Donation

EVENT BEGINS:

DECEMBER 6th, 2019

Time 8- until

Men's Healing Transition 1251 Goode St
Raleigh, NC immediately following the
meeting

Contact Tina S. 704-281-5929 or Jasper L.
919-523-1512



NC CAPITAL AREA
FAMILY REUNION OF NA

Calendar 2019-2020

November - Friday dance

December

6th First Friday Dance

21st Wilson Speaker Jam 21st

January

3rd First Friday Dance

1st New Year's Eve

February

7th ~~8th~~ First Friday Dance

22nd Bowling Battle

March

6th First Friday Dance

14th Speaker Jam

April

3rd First Friday Dance

25th Sponsorship Brunch

May

1st First Friday Dance

23rd Carnival

June

6th First Friday Dance

20th Pledge Clean time Speaker/ Danc



Capital Area Service Committee
Motion Form

Date: 11/3/2019

Motion made by: Activities Committee

Second: Maria, PR Committee.

Motion reads as follows: Activities committee
is asking for \$200 for the facility for the
area anniversary in January. This
is to reserve the building. And \$100 for the
rental and \$100 the deposit. The deposit
will be paid a wk before the event.

Intent: To further carry the message
to the still sick and suffering addict seeking
recovery.

Carried _____ Failed _____ Tabled _____

Amended _____ Back to _____ Policy _____
Home Groups Change

For _____ Against _____ Abstain _____

**NC CAPITAL AREA
FAMILY REUNION OF NA
PRESENTS**

**FIRST FRIDAY OF THE MONTH
FUNDRAISER**

DANCE AND CARD TOURNAMENT

FOOD (sold at cost)

EVENT BEGINS:

DECEMBER 6th, 2019

Time 8– until

**Men's Healing Transition 1251 Goode St
Raleigh, NC immediately following the
meeting**



**Contact Tina S. 704-281-5929 or Jasper L.
919-523-1512**



Carolina Region of Narcotics Anonymous H&I

Sponsorship Behind the Walls

Many male and female NA members behind the walls are asking for sponsors. Through the Carolina Region's Sponsorship Behind the Walls Project, you can help some of these incarcerated recovering addicts work the Twelve Steps of Narcotics Anonymous by writing letters back and forth. Your contact information will be kept completely confidential because your sponsee will send his/her letters to a PO Box, and then the letter will be forwarded to you. This process will require commitment on your part, but may end up becoming one of the most rewarding things you have done for your recovery.

Participation Requirements

- 2 years clean time
- Actively participating in the NA fellowship with a sponsor
- Has worked steps 1-5 in writing with a sponsor
- Understanding of and commitment to follow the CR-SBTW guidelines

Please contact us at CRSBTW@GMAIL.COM for more information and to request your orientation packet.

We are now accepting sponsorship requests from incarcerated addicts, but please step up and help out. More sponsors will be necessary to adequately service future requests.