GSR CHEAT SHEET

- 17/50 home groups had GSRs in attendance at the start.
- **2** motions/proposals were carried.
 - 0 motions/proposals were voted down.
 - **3** motions/proposals went back to home groups and will be up for a vote next month. (2 included in RCM Report)
- Elections for all positions = next month. PLEASE remind all homegroup members that we could use support. (resume is attached to the minutes e-mail)
- Stay tuned for more info on next ASC meeting.
- **Treasurer asks:** Hold off on physical donations until COVID-19 under wrap.
- COVID-19 Updates: Please stay tuned to the CASC website for most up to date information surrounding meetings/Zoom codes & passwords.
- Stay safe & stay informed! Please keep the PR subcommittee/website chair informed of any changes with your home groups.

Opening – 2:00 PM

- Call to order
- > Serenity prayer
- Readings

The Twelve Traditions, Twelve Concepts and the Service Prayer were read.

> Roll call

- 17 out of 50 home groups
- 5 out of 8 officers
- <u>6</u> out of 7 subcommittee chairs/alternates

Home Groups			
1. A New Beginning	Х	26. Our Common Welfare	
2. Basic Text Study Group		27. Out To Lunch	
3. Came to Believe		28. Peace in the AM	Х
4. Candlelight Recovery	Х	29. Principles and Traditions	X
5. Constantly Searching		30. Principles B4 Personalities	
6. Daily Reprieve		31. Recovery in The Hood	X
7. Expect A Miracle		32. Rediscovery Thru Recovery	X
8. Experience, Strength, and Hope		33. Seeking Similarities	
9. Faith Through Principles	Х	34. Serenity in the Morning	
10. Freedom Thru Recovery	Х	35. Southside Recovery	
11. I Can't We Can		36. Spiritual Change	
12. In From The Storm		37. Spiritually Connected	
13. Let The Healing Begin		38. Sunday Serenity Group	
14. Life On Life's Terms		39. The Primary Purpose Group	X
15. Living Clean & Serene		40. The Seekers Group	X
16. Lunatic Fringe		41. Together We Can	X
17. Man Up	Х	42. Trust The Process	
18. Mid Day Miracles		43. Tuesday Night Live	
19. Miracles In Progress		44. Way to Grow Group	X
20. NA at Noon		45. We Do Recover	
21. NA ND PM		46. Welcome Home	
22. NA Way Group	Х	47. Why Are We Here	
23. Never Alone Never Again		48. Wolfpackin'	Х
24. New Horizons Group		49. Women In Recovery	
25. New Way Of Life II	Х	50. The Journey Continues	Х

Officers	
Chair	Х
Alt. Chair	Х
Secretary	Х
Alt. Secretary	[vacant]
Treasurer	Х
Alt. Treasurer	[vacant]
RCM	[vacant]
Alt. RCM	Х

Subcommittee Chairs	
H&I Chair	Х
PR Chair	Х
Outreach Chair	Х
Activities Chair	Х
Policy Chair	Х
Convention	Х
Convention Vice	

> Approval of previous months minutes

Motion to approve April minutes made, seconded and carried w/no amendments.

Old business

Convention Committee Policy – this motion was amended and sent back to homegroups (via Policy Chair)

Proposal that the old Convention Subcommittee Guidelines (2012) be combined with the current Convention Subcommittee Financial Guidelines (2019).

Discussion

- Homegroups are ready to vote.
- Sebastian will forward document info to Convention Committee for records

Voting result

Carried. (Y-11/N-3/A-2)

Proposal from the Treasurer to set up online donations for homegroups/individuals to keep our phoneline and website running and pass on through the NA service structure.

Proposal that we set up a PayPal link to add on our website for online donations to cover the cost of the area phoneline & website.

Discussion

- How can we ensure it is safe? VIRTUALLY SAME THING AS PHYSICAL DONATIONS, WILL MONITOR WITH SAME PRECAUTIONS.
- Will we have the printed statement available to add into the minutes? YES, Treasurer will add to monthly report for transparency
- Could we make this a permanent resolution to avoid Treasurer having to handle cash? Would need to go back to homegroups as a policy change.
- How would the homegroups receive a receipt? Screenshot or print the email after making your donation.
 Put homegroup name in the note section

Voting result

Carried. (Y-11/N-2/A-1)

New business

New Homegroup Wolfpackin' – Welcome to our area

They have contacted world to get the meeting added to & receive code.

Resumes and open positions

Note: All resumes attached unless otherwise noted.

- [1 resume submitted for Policy Chair, to be voted on at next CASC meeting]
- CASC open positions

Alt. Secretary RCM

Alt. Treasurer

ALL POSITIONS WILL BE OPEN FOR RESUME SUBMISSION/VOTING AT NEXT ASC MEETING *RESUME FORM IS ATTACHED*

Convention Subcommittee open positions - **didn't receive update from Convention Committee**

Arts and Graphics Sec. / Alt. Sec. Hospitality Hotel Liaison

Alt. Treasurer Merchandise / Alt. Merchandise

H&I Subcommittee open positions

Sec. / Alt. Sec.

PR Subcommittee

Needs help w/phone line, and help in general.

Outreach Subcommittee

General help w/Outreach to home groups & Zoom Updates.

Policy Subcommittee

Alt. Chair.

Motions and Proposals

Note: All motions and proposals attached unless otherwise noted.

Motion made by Rodney G/ Seconded by Leah P

To temporarily suspend policy concerning donations to the region and world to allow GSR's time to discuss our financial status with homegroup members.

Discussion

- Sebastian will get document about PayPal account and how to link to the website. Will be temporary while we are going through the pandemic resume normative donations once we are meeting regularly.
- Policy Chair Treasurer must donate all money over prudent reserve according to policy. All motions regarding money must go to homegroups for a vote
- What are our funds looking like right now?
 - Treasurer responded we are looking at about 4 months if utilizing the prudent reserve of \$1800.

Back to homegroups.

- 2 Motions from Region (included in RCM report)
 - First Proposal CRNA 2021 budget
 - Second Proposal All service Day committee meetings & RCM Orientation to be converted into virtual meetings; intent to increase participation & reduce cost.

Officer reports

Note: All reports are attached unless otherwise noted.

Chair

Report given verbally by the Chair.

Discussion

■ n/a

Report was accepted.

Vice Chair

No report.

Discussion

■ n/a

Secretary

Report given verbally by Secretary. Asking that all GSR's ensure we have most updated email addresses to ensure the minutes are received by all.

Discussion

■ n/a

Report was accepted.

Treasurer

Report given verbally and in writing by the Treasurer.

Discussion

Suggestion: (from Treasurer) hold off on physical donations until meetings are running normatively. 4
months left if we just operate utilizing prudent reserve.

Report was accepted.

➢ RCM

Report given verbally and in writing by Alternate RCM.

Discussion

PLEASE REMIND HOMEGROUPS TO VOTE ON TWO PROPOSALS FROM REGION

Report was accepted.

Subcommittee reports

Note: All reports received are attached, otherwise summary below due to online Zoom ASC meeting.

≻ H&I

Report was given verbally and in writing by H&I Chair.

Discussion

■ n/a

Report was accepted.

Convention

No updates since they haven't met. Bank balance \$4625.93.

Discussion

■ n/a

Report was accepted.

Activities

Nothing to report.

Discussion

■ n/a

➤ PR

Report was given verbally and in writing by the PR Chair.

Discussion

■ n/a

Report was accepted.

Outreach

Report was given verbally and in writing by the Outreach Chair.

Discussion

■ n/a

Report was accepted.

Policy

Report was given verbally and in writing by the Policy Chair.

Discussion

■ n/a

Report was accepted.

- ❖ Group concerns N/A
- Closing @ 4:00 PM

> Second home group roll call

15 out of 50 home groups present.

Home Groups			
1. A New Beginning	Х	26. Our Common Welfare	
2. Basic Text Study Group		27. Out To Lunch	
3. Came to Believe		28. Peace in the AM	Х
4. Candlelight Recovery	Х	29. Principles and Traditions	Х
5. Constantly Searching		30. Principles B4 Personalities	
6. Daily Reprieve		31. Recovery in The Hood	X
7. Expect A Miracle		32. Rediscovery Thru Recovery	X
8. Experience, Strength, and Hope		33. Seeking Similarities	
9. Faith Through Principles	Х	34. Serenity in the Morning	
10. Freedom Thru Recovery	Х	35. Southside Recovery	
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13. Let The Healing Begin		38. Sunday Serenity Group	
14. Life On Life's Terms		39. The Primary Purpose Group	Х
15. Living Clean & Serene	X	40. The Seekers Group	X
16. Lunatic Fringe		41. Together We Can	
17. Man Up	X	42. Trust The Process	
18. Mid Day Miracles		43. Tuesday Night Live	
19. Miracles In Progress		44. Way to Grow Group	X
20. NA at Noon		45. We Do Recover	
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22. NA Way Group	X	47. Why Are We Here	
23. Never Alone Never Again		48. Wolfpackin'	
24. New Horizons Group		49. Women In Recovery	
25. New Way Of Life II	Х	50. The Journey Continues	

➤ Meeting adjourned / Serenity Prayer – 4:03 PM

TREASURER'S REPORT



CASC TREASURERS REPORT

Date: 05/03/2020

From: FitzGerald V., CASC Treasurer

Re: Treasury Report for the month of APRIL 2020

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Attached are the Income and Expense statements for APR 2020.

APR 2020 STATEMENT

The beginning balance on 03/31/20 was: \$2015.26 Deposits totaled: \$900.00

Checks and deductions totaled: \$ 385.60 - See attached detailed Income & Expense Report

Ending balance on 04/06/2020: \$2529.96 - See attached PNC Bank Statement Outstanding checks not cleared: \$2529.96 - Regional and NAWS Donation

Available balance on 04/30/20: \$2529.96

This available balance puts us \$729.96 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant.

FitzGerald V., CASC Treasurer

Attachments:

- APR 2020 Income & Expense reports
- PNC Bank Statement

Capital Area NA Treasurers Report Income Expense

Beginning Balance: 4/1/2020 \$2,015.56					Period: 02/9/20 -03/01/20		
		ncome/ Rever					
Type of Deposit/debit	Date	Amount	Notes	Description			
Group Donations/ Repayments - CASH	4/5/2020			Group donations received at Area Meeting			
Total Income/ Revenues		\$0.00					
Repayment of Mis-Appropiated Funds Amount shown here is included in the total of donations above							
Type of Deposit/debit	Date	Amount	Balance	uonatio	Description		
Type of Deposit/ debit	Date	Amount	Dalance		Description		
Sub Total Income/ Revenues 4/2/2020 \$900.00 Reimb fro					Reimb from Kotina (Nikki)		
,	, , ,	Expense			, , , , , , , , , , , , , , , , , , ,		
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description		
SUB COMMITTIES H&I Committee			l				
H&I Literature	+				H&I Literature -		
H&I Office Supplies					H&I - Office Supplies		
H&I Learning Day one per year	+				One Learning Day - per Policy		
PR and Website					one rearming buy per Foncy		
Phone Line - Auto Draft Monthly	5th monthly	AD	\$33.87		Varies slightly - averages \$30.93/		
,	Jul monuny	עט	پې.ن. پېرون		month Varies slightly - Quarterly Printing		
Meeting Directories	4611 111		+40.47				
Website - Auto Draft Go Daddy	16th monthly	AD	\$18.17		On Autodraft		
Text Blasting-Auto Draft Monthlly	9th monthly	AD	\$10.00		On Autodraft-TEXTEDLY.COM		
PR Literature					\$75 Monthly Budget-\$65 facebook		
PR Chair Travel Expenses							
Outreach					\$35 Monthly allocation per policy		
Policy					\$30 Monthly allocation per policy		
Activities Committee available					\$500 For Area Aniversary Function(s)		
AREA SERVICE COMMITTE							
Fairmont United Methodist Church	1st monthly				ASC - Rent		
Secretary					Varies slightly		
Treasurer - Office Supplies					Checks Replenished/Harland Clarke		
Treasurer -Storage Rent	9th monthly	AD	\$105.00		Security Self Storage		
Chairperson							
RCM Travel/ Expenses			10.00		Refund Reciepts		
Bank Fees		AD	\$3.00		Service charge - Bank Account		
Mail Box - Due yearly on Nov 1st					CASC Mailbox at Cameron Village		
Misc. Lit Donation							
Convention deposit							
Regional Donations - 60% - CRNA			\$129.33		Per Policy		
World Donations - 40% - NAWS			\$86.23		World Donation Per Policy		
Total of All Expenses			\$385.60				
Revenue		\$900.00		Rei	mb from Kotina (Nikki)		
DIFFERENCE: Income-Expenses		\$385.60					
Ending Balance		\$2,529.96					
	Previou	s Month's Che	ecks Not Yet (Cleared			
Check Payable to:	Date	Check #	Amount		Description		
Regional							
World Donations		TOTAL:	\$0.00				
Available Balance		\$2,529.96	Ψ υ.υυ				
		· ·					
Prudent Reserve- Per Policy		\$1,800.00					
Amount Above/ Below P.R.		\$729.96					

REPORT

Greetings Family,

On March 4th I attended the CRNA meeting via Zoom.

Two proposals have been sent back to our Area to be voted on.

#1) to approve the 2021 budget which reflects a 12% increase over last years budget. The increase reflects the fact that two new subcommittees have been approved: The YAP Line (regional phone line) subcommittee, and an IT subcommittee (sperate from the PR subcommittee). It also reflects the quarterly donation of \$283. To the SEZF.

I have attached the proposed budget to this report along with the last three bank statements for the region.

- #2) Proposal 20-04/05-BACK TO HOMEGROUPS
 - Proposal reads: All Service Day committee meetings and RCM Orientation will be converted into virtual meetings.
 - Modifications: These may be done in person when appropriate
 - Intent: Increase participation and reduce costs. Participation in Subcommittee meetings has been low for the past two years. We are a large Region and NA members may be interested in participation but not have the time and resources to commit a full day for a 30 to 90-minute meeting. This would also save the Region about \$4,320 in budgeted expense. Service Days are currently scheduled on or about the second Saturday of March, June, September and December.

If the second proposal passes it will offset the 12% increase in the annual budget.

Thank you for the opportunity to Serve,

Elizabeth D. Alt. RCM

Wells Fargo Business Choice Checking

January 31, 2020 ■ Page 1 of 4



CAROLINA REGIONAL SERVICE COMMITTEE SERVICE COMMITTEE OF NA 2334 AXFORD LN MATTHEWS NC 28105-4168

Questions?

Available by phone 24 hours a day, 7 days a week: Telecommunications Relay Services calls accepted

1-800-CALL-WELLS (1-800-225-5935)

TTY: 1-800-877-4833 En español: 1-877-337-7454

Online: wellsfargo.com/biz

Write: Wells Fargo Bank, N.A. (338)

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Account options

A check mark in the box indicates you have these convenient services with your account(s). Go to wellsfargo.com/biz or call the number above if you have questions or if you would like to add new services.

Business Online Banking	✓
Online Statements	1
Business Bill Pay	✓
Business Spending Report	1
Overdraft Protection	

Activity summary

Beginning balance on 1/1	\$20,509.27
Deposits/Credits	5,375.30
Withdrawals/Debits	- 7,436.24
Ending balance on 1/31	\$18,448.33
Average ledger balance this period	\$20,943.86

Account number

CAROLINA REGIONAL SERVICE COMMITTEE SERVICE COMMITTEE OF NA

North Carolina account terms and conditions apply

For Direct Deposit use

Routing Number (RTN): 053000219

For Wire Transfers use

Routing Number (RTN): 121000248

Overdraft Protection

This account is not currently covered by Overdraft Protection. If you would like more information regarding Overdraft Protection and eligibility requirements please call the number listed on your statement or visit your Wells Fargo store.



Transaction history

Totals			\$5,375.30	\$7,436.24	
Ending bala	nce on 1/31				18,448.33
		S460029737394513 Card 0813			. 5, 1 10.00
1/30		CA S300029600271583 Card 0813 Purchase authorized on 01/29 SC Govt Pymnt-SC.G Egov.Com SC		51.85	18,448.33
1/30		Purchase authorized on 01/29 Airbnb Hme2Ja58MD Airbnb.Com		1,206.82	
1/29	5545			2,369.00	19,707.00
1/29		Deposit	645.37		
1/27	5805	Check		583.33	21,430.63
		S580026575434586 Card 3904		33.00	
1/27		800-446-8848 CA S380026464083542 Card 3904 Recurring Payment authorized on 01/26 Time.Ly Guelph Can		59.00	
1/27		Recurring Payment authorized on 01/26 Intuit *Quickbooks		74.90	
1/21	5807	Check		100.00	22,147.86
		SC S380018620859275 Card 3904		8.67	
1/15	5547	Cashed Check Purchase authorized on 01/18 The Postal Route D 803-3962014		73.80	22,256.53
1/15	55.17	Deposit	4,729.93	70.00	00.050.50
1/14	5544	Check		119.80	17,600.40
1/14	5806	Check		1,800.00	
1/14	5548	Check		705.50	
1/14	5541	Deposited OR Cashed Check		68.18	
1/13	5542			80.75	20,293.88
1/13	5543	Check		43.64	
1/6		Recurring Payment authorized on 01/01 Gold Hill Self Sto 800-528-0463 SC S580002224528543 Card 3904		91.00	20,418.27
Date	Number	Description	Credits	Debits	balance
	Check		Deposits/	Withdrawals/	Ending daily

The Ending Daily Balance does not reflect any pending withdrawals or holds on deposited funds that may have been outstanding on your account when your transactions posted. If you had insufficient available funds when a transaction posted, fees may have been assessed.

Summary of checks written (checks listed are also displayed in the preceding Transaction history)

Number	Date	Amount	Number	Date	Amount	Number	Date	Amount
5541	1/14	68.18	5545	1/29	2,369.00	5805 *	1/27	583.33
5542	1/13	80.75	5547 *	1/15	73.80	5806	1/14	1,800.00
5543	1/13	43.64	5548	1/14	705.50	5807	1/21	100.00
5544	1/14	119.80						

^{*} Gap in check sequence.

Monthly service fee summary

For a complete list of fees and detailed account information, see the Wells Fargo Account Fee and Information Schedule and Account Agreement applicable to your account (EasyPay Card Terms and Conditions for prepaid cards) or talk to a banker. Go to wellsfargo.com/feefaq for a link to these documents, and answers to common monthly service fee questions.

Fee period 01/01/2020 - 01/31/2020	Standard monthly service fee \$14.00	You paid \$0.00
How to avoid the monthly service fee	Minimum required	This fee period
Have any ONE of the following account requirements		
Average ledger balance	\$7,500.00	\$20,944.00
· A qualifying transaction from a linked Wells Fargo Merchant Services accoun	t 1	0 🗆
 Total number of posted debit card purchases or posted debit card payments of bills in any combination 	of 10	6 □
- Enrollment in a linked Direct Pay service through Wells Fargo Business Onlin	ne 1	0 🗆



Monthly service fee summary (continued)

How to avoid the monthly service fee

- $\boldsymbol{\cdot}$ Combined balances in linked accounts, which may include
 - Average ledger balances in business checking, savings, and time accounts
 - Most recent statement balance in eligible Wells Fargo business credit cards and lines of credit, and combined average daily balances from the previous month in eligible Wells Fargo business and commercial loans and lines of credit
 - For complete details on how you can avoid the monthly service fee based on your combined balances please refer to page 10 of the Business Account Fee and Information Schedule at www.wellsfargo.com/biz/fee-information

WX/WX

Minimum required \$10,000.00

This fee period



Account transaction fees summary

		Units	Excess	Service charge per	Total service
Service charge description	Units used	included	units	excess units (\$)	charge (\$)
Cash Deposited (\$)	0	7,500	0	0.0030	0.00
Transactions	20	200	0	0.50	0.00

Total service charges \$0.00



General statement policies for Wells Fargo Bank

■ Notice: Wells Fargo Bank, N.A. may furnish information about accounts belonging to individuals, including sole proprietorships, to consumer reporting agencies. If this applies to you, you have the right to dispute the accuracy of information that we have reported by writing to us at: Overdraft Collections and Recovery, P.O. Box 5058, Portland, OR 97208-5058.

You must describe the specific information that is inaccurate or in dispute and the basis for any dispute with supporting documentation. In the case of information that relates to an identity theft, you will need to provide us with an identity theft report.

Account Balance Galculation Worksheet	Account Balance	Calculation	Worksheet
---------------------------------------	------------------------	-------------	-----------

- 1. Use the following worksheet to calculate your overall account balance.
- Go through your register and mark each check, withdrawal, ATM transaction, payment, deposit or other credit listed on your statement.
 Be sure that your register shows any interest paid into your account and any service charges, automatic payments or ATM transactions withdrawn from your account during this statement period.
- Use the chart to the right to list any deposits, transfers to your account, outstanding checks, ATM withdrawals, ATM payments or any other withdrawals (including any from previous months) which are listed in your register but not shown on your statement.

ENTER A. The ending balance ADD B. Any deposits listed in your register or transfers into your account which are not shown on your statement. **CALCULATE THE SUBTOTAL** (Add Parts A and B) **SUBTRACT** C. The total outstanding checks and **CALCULATE THE ENDING BALANCE** (Part A + Part B - Part C) This amount should be the same as the current balance shown in

Number	Items Outstanding	Amount
	Total amount \$	

Wells Fargo Business Choice Checking

February 29, 2020 ■ Page 1 of 4



CAROLINA REGIONAL SERVICE COMMITTEE SERVICE COMMITTEE OF NA 2334 AXFORD LN MATTHEWS NC 28105-4168

Questions?

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TTY: 1-800-877-4833 En español: 1-877-337-7454

Online: wellsfargo.com/biz

Write: Wells Fargo Bank, N.A. (338)

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Account options

A check mark in the box indicates you have these convenient services with your account(s). Go to wellsfargo.com/biz or call the number above if you have questions or if you would like to add new services.

Business Online Banking	1
Online Statements	1
Business Bill Pay	1
Business Spending Report	1
Overdraft Protection	

Activity summary

Beginning balance on 2/1 \$18,448.33 Deposits/Credits 4,833.33 Withdrawals/Debits - 262.28 Ending balance on 2/29 \$23,019.38 \$20,482.07 Average ledger balance this period

Account number:

CAROLINA REGIONAL SERVICE COMMITTEE SERVICE COMMITTEE OF NA

North Carolina account terms and conditions apply

For Direct Deposit use

Routing Number (RTN): 053000219

For Wire Transfers use

Routing Number (RTN): 121000248

Overdraft Protection

This account is not currently covered by Overdraft Protection. If you would like more information regarding Overdraft Protection and eligibility requirements please call the number listed on your statement or visit your Wells Fargo store.



Transaction history

		\$4 833 33	\$262.28	
ance on 2/29				23,019.38
	800-446-8848 CA S300057433089326 Card 3904		7 1.00	20,010.00
			74 90	23.019.38
			18.43	23,094.28
	Deposit	2,592.13		
	Deposit	2,241.20		20,520.58
	800-528-0463 SC S380033225609960 Card 3904			
	Recurring Payment authorized on 02/01 Gold Hill Self Sto		91.00	18,279.38
5546	Check		77.95	18,370.38
Number	Description	Credits	Debits	balance
Check		Deposits/	Withdrawals/	Ending daily
	Number 5546	Number Description 5546 Check Recurring Payment authorized on 02/01 Gold Hill Self Sto 800-528-0463 SC S380033225609960 Card 3904 Deposit Deposit Purchase authorized on 02/20 The Postal Route C 803-3962014 SC S300051756150868 Card 3904 Recurring Payment authorized on 02/26 Intuit *Quickbooks 800-446-8848 CA S300057433089326 Card 3904	Number Description Credits 5546 Check Recurring Payment authorized on 02/01 Gold Hill Self Sto 800-528-0463 SC S380033225609960 Card 3904 Deposit 2,241.20 Deposit 2,592.13 Purchase authorized on 02/20 The Postal Route C 803-3962014 SC S300051756150868 Card 3904 SC S300051756150868 Card 3904 Recurring Payment authorized on 02/26 Intuit *Quickbooks 800-446-8848 CA S300057433089326 Card 3904	Number Description Credits Debits 5546 Check 77.95 Recurring Payment authorized on 02/01 Gold Hill Self Sto 91.00 800-528-0463 SC S380033225609960 Card 3904 2,241.20 Deposit 2,592.13 Purchase authorized on 02/20 The Postal Route C 803-3962014 18.43 SC S300051756150868 Card 3904 74.90 Recurring Payment authorized on 02/26 Intuit *Quickbooks 74.90 800-446-8848 CA S300057433089326 Card 3904

The Ending Daily Balance does not reflect any pending withdrawals or holds on deposited funds that may have been outstanding on your account when your transactions posted. If you had insufficient available funds when a transaction posted, fees may have been assessed.

Summary of checks written (checks listed are also displayed in the preceding Transaction history)

Number	Date	Amount
5546	2/4	77 95

Monthly service fee summary

For a complete list of fees and detailed account information, see the Wells Fargo Account Fee and Information Schedule and Account Agreement applicable to your account (EasyPay Card Terms and Conditions for prepaid cards) or talk to a banker. Go to wellsfargo.com/feefaq for a link to these documents, and answers to common monthly service fee questions.

Fee period 02/01/2020 - 02/29/2020	Standard monthly service fee \$14.00	You paid \$0.00
How to avoid the monthly service fee	Minimum required	This fee period
Have any ONE of the following account requirements		
Average ledger balance	\$7,500.00	\$20,482.00 🗹
· A qualifying transaction from a linked Wells Fargo Merchant Services accour	nt 1	0 🗆
· Total number of posted debit card purchases or posted debit card payments	of 10	3 🔲
bills in any combination		
- Enrollment in a linked Direct Pay service through Wells Fargo Business Onlin	ne 1	0 🗆
 Combined balances in linked accounts, which may include 	\$10,000.00	V
- Average ledger balances in business checking, savings, and time account	S	
 Most recent statement balance in eligible Wells Fargo business credit card lines of credit, and combined average daily balances from the previous more in eligible Wells Fargo business and commercial loans and lines of credit For complete details on how you can avoid the monthly service fee based your combined balances please refer to page 10 of the Business Account and Information Schedule at www.wellsfargo.com/biz/fee-information 	onth on	

The Monthly service fee summary fee period ending date shown above includes a Saturday, Sunday, or holiday which are non-business days. Transactions occurring after the last business day of the month will be included in your next fee period.



Account transaction fees summary

		Units	Excess	Service charge per	Total service
Service charge description	Units used	included	units	excess units (\$)	charge (\$)
Cash Deposited (\$)	0	7,500	0	0.0030	0.00
Transactions	11	200	0	0.50	0.00

Total service charges \$0.00



General statement policies for Wells Fargo Bank

■ **Notice:** Wells Fargo Bank, N.A. may furnish information about accounts belonging to individuals, including sole proprietorships, to consumer reporting agencies. If this applies to you, you have the right to dispute the accuracy of information that we have reported by writing to us at: Overdraft Collections and Recovery, P.O. Box 5058, Portland, OR 97208-5058.

You must describe the specific information that is inaccurate or in dispute and the basis for any dispute with supporting documentation. In the case of information that relates to an identity theft, you will need to provide us with an identity theft report.

- 1. Use the following worksheet to calculate your overall account balance.
- Go through your register and mark each check, withdrawal, ATM transaction, payment, deposit or other credit listed on your statement.
 Be sure that your register shows any interest paid into your account and any service charges, automatic payments or ATM transactions withdrawn from your account during this statement period.
- Use the chart to the right to list any deposits, transfers to your account, outstanding checks, ATM withdrawals, ATM payments or any other withdrawals (including any from previous months) which are listed in your register but not shown on your statement.

ENTER A. The ending balance ADD B. Any deposits listed in your register or transfers into your account which are not shown on your statement. **CALCULATE THE SUBTOTAL** (Add Parts A and B) **SUBTRACT** C. The total outstanding checks and **CALCULATE THE ENDING BALANCE** (Part A + Part B - Part C) This amount should be the same as the current balance shown in

Number	Items Outstanding	Amount
	Total amount \$	

Wells Fargo Business Choice Checking

March 31, 2020 ■ Page 1 of 4



CAROLINA REGIONAL SERVICE COMMITTEE SERVICE COMMITTEE OF NA 2334 AXFORD LN MATTHEWS NC 28105-4168

Questions?

Available by phone 24 hours a day, 7 days a week: Telecommunications Relay Services calls accepted

1-800-CALL-WELLS (1-800-225-5935)

TTY: 1-800-877-4833 En español: 1-877-337-7454

Online: wellsfargo.com/biz

Write: Wells Fargo Bank, N.A. (338)

P.O. Box 6995

Portland, OR 97228-6995

Your Business and Wells Fargo

Visit wellsfargoworks.com to explore videos, articles, infographics, interactive tools, and other resources on the topics of business growth, credit, cash flow management, business planning, technology, marketing, and more.

Account options

A check mark in the box indicates you have these convenient services with your account(s). Go to wellsfargo.com/biz or call the number above if you have questions or if you would like to add new services.

Business Online Banking	✓
Online Statements	✓
Business Bill Pay	✓
Business Spending Report	✓
Overdraft Protection	

Activity summary Beginning balance on 3/1 Deposits/Credits

 Withdrawals/Debits
 - 1,313.41

 Ending balance on 3/31
 \$25,565.99

Average ledger balance this period \$24,489.53

Account number

CAROLINA REGIONAL SERVICE COMMITTEE SERVICE COMMITTEE OF NA

North Carolina account terms and conditions apply

For Direct Deposit use

Routing Number (RTN): 053000219

For Wire Transfers use

Routing Number (RTN): 121000248

Overdraft Protection

This account is not currently covered by Overdraft Protection. If you would like more information regarding Overdraft Protection and eligibility requirements please call the number listed on your statement or visit your Wells Fargo store.

\$23,019.38

3,860.02



Transaction history

Totals			\$3,860.02	\$1,313.41	
Ending bala	nce on 3/31				25,565.99
3/27	5808	Deposited OR Cashed Check		939.60	25,565.99
		800-446-8848 CA S580086395694528 Card 3904			
3/27		Recurring Payment authorized on 03/26 Int*Quickbooks Onl		74.90	
3/25		Deposit	582.27		26,580.49
3/23	5810	Check		191.14	25,998.22
3/19		SC S580078541086724 Card 3904		0.07	26,169.36
3/19		S300077698786861 Card 0813 Purchase authorized on 03/18 The Postal Route 6 803-3962014		8.67	26,189.36
3/19		Purchase authorized on 03/17 Goin Postal Kernersville NC		8.10	
		Airbnb.Com CA S620078545866090 Card 0813			
3/18		Purchase Return authorized on 03/17 Airbnb Hme2Ja58MD	1,206.82		26,206.13
3/17		Deposit	1,296.35		24,999.31
3/13		Deposit	774.58		23,702.96
		800-528-0463 SC S300062223455796 Card 3904			
3/4		Recurring Payment authorized on 03/01 Gold Hill Self Sto		91.00	22,928.38
Date	Number	Description	Credits	Debits	balance
	Check		Deposits/	Withdrawals/	Ending daily

The Ending Daily Balance does not reflect any pending withdrawals or holds on deposited funds that may have been outstanding on your account when your transactions posted. If you had insufficient available funds when a transaction posted, fees may have been assessed.

Summary of checks written (checks listed are also displayed in the preceding Transaction history)

Number	Date	Amount	Number	Date	Amount
5808	3/27	939.60	5810 *	3/23	191.14

^{*} Gap in check sequence.

Monthly service fee summary

For a complete list of fees and detailed account information, see the Wells Fargo Account Fee and Information Schedule and Account Agreement applicable to your account (EasyPay Card Terms and Conditions for prepaid cards) or talk to a banker. Go to wellsfargo.com/feefaq for a link to these documents, and answers to common monthly service fee questions.

Fee period 03/01/2020 - 03/31/2020	Standard monthly service fee \$14.00	You paid \$0.00	
How to avoid the monthly service fee	Minimum required	This fee period	
Have any ONE of the following account requirements			
Average ledger balance	\$7,500.00	\$24,490.00 🗹	
· A qualifying transaction from a linked Wells Fargo Merchant Services account	t 1	0 🗆	
 Total number of posted debit card purchases or posted debit card payments of bills in any combination 	of 10	4 🗆	
- Enrollment in a linked Direct Pay service through Wells Fargo Business Onlin	e 1	0 🗆	
· Combined balances in linked accounts, which may include	\$10,000.00	V	

- Average ledger balances in business checking, savings, and time accounts
- Most recent statement balance in eligible Wells Fargo business credit cards and lines of credit, and combined average daily balances from the previous month in eligible Wells Fargo business and commercial loans and lines of credit
- For complete details on how you can avoid the monthly service fee based on your combined balances please refer to page 10 of the Business Account Fee and Information Schedule at www.wellsfargo.com/biz/fee-information

WX/WX



Account transaction fees summary

		Units	Excess	Service charge per	Total service
Service charge description	Units used	included	units	excess units (\$)	charge (\$)
Cash Deposited (\$)	0	7,500	0	0.0030	0.00
Transactions	14	200	0	0.50	0.00

Total service charges \$0.00



Amount

General statement policies for Wells Fargo Bank

Account Balance Calculation Worksheet

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1. Use the following worksheet to calculate your overall account balance.

You must describe the specific information that is inaccurate or in dispute and the basis for any dispute with supporting documentation. In the case of information that relates to an identity theft, you will need to provide us with an identity theft report.

Items Outstanding

2.	Go through your register and mark each check, withdrawal, ATM transaction, payment, deposit or other credit listed on your statement. Be sure that your register shows any interest paid into your account and		
	any service charges, automatic payments or ATM transactions withdrawn from your account during this statement period.		
2	Lies the chart to the right to liet any deposite transfers to your account		
Э.	Use the chart to the right to list any deposits, transfers to your account, outstanding checks, ATM withdrawals, ATM payments or any other		
	withdrawals (including any from previous months) which are listed in your register but not shown on your statement.		
	your register but not snown on your statement.		
ΕN	ITER		
Α.	The ending balance		
	shown on your statement		
ΑĽ			
В.	Any deposits listed in your \$		
	register or transfers into \$		
	your account which are not \$		
	shown on your statement. + \$		

Number

..... TOTAL \$

CALCULATE THE SUBTOTAL (Add Parts A and B)

Total amount \$	

CRSC Budgeted Expenses For the Year Ending July 31, 2021

	Facilitator	CoFacilitator	Secretary	Sec-Alt	Treasurer	Treas-Alt	RD	AD	gen officer	H&I	Web	PR	Finance	Lit R/D	Policy	SEZF & MZS	WSC	Total
Travel																		
Gas	\$ 400.00	\$ 400.00	\$ 200.00	\$ 200.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ -	\$ 1,000.00	\$ 200.00	\$ 655.00	\$ 400.00	\$ 200.00	\$ 400.00	\$ 2,700.00	\$ -	\$ 8,355.00
Lodging	1,200.00	1,200.00	600.00		600.00	600.00	1,200.00	600.00	-	1,200.00	\$ 600.00	1,950.00	600.00	600.00	600.00	3,750.00	-	15,300.00
Meals	160.00	160.00	80.00	80.00	120.00	120.00	160.00	80.00	-	160.00	\$ 80.00	345.00	120.00	80.00	120.00	1,280.00	-	3,145.00
Postage			100.00		60.00				80.00	300.00		30.00	-	-	-			570.00
Printing	-		1,200.00		-		200.00	-	-	420.00		120.00	75.00	-	250.00			2,265.00
Supplies			80.00							-		100.00			-			180.00
PO Box	-	-	-	-	-	-	-	-	100.00	-		-	-	-	-			100.00
Storage	-	-	-	-	-	-	-	-	1,092.00	-		-	-	-	-			1,092.00
Regulatory Fees	-	-	-	-	-	-	-	-	52.00	-		-	-	-	-			52.00
Professional Fees	-	-	-	-	-	-	-	-	1,900.00	-		-	-	-	-			1,900.00
Meeting Space/Event fee	-	-	-	-	-	-	-	-	800.00	-		1,700.00	-	-	-	1,200.00		3,700.00
Technology											\$ 490.00							490.00
Accounting Software	-	-	-	-	-	-	-	-	-	-		-	75.00	-	-			75.00
Insurancee									2,000.00									2,000.00
Literature										1,200.00		600.00						1,800.00
Learning Day										-		400.00						400.00
Misc Office Expenses									600.00									600.00
Total	\$ 1,760.00	\$ 1,760.00	\$ 2,260.00	\$ 280.00	\$ 1,180.00	\$ 1,120.00	\$ 1,960.00	\$ 1,080.00	\$ 6,624.00	\$ 4,280.00	\$ 1,370.00	\$ 5,900.00	\$ 1,270.00	\$ 880.00	\$ 1,370.00	\$ 8,930.00	\$ -	\$ 42,024.00
% Expenses	4.19%	4.19%	5.38%	0.67%	2.81%	2.67%	4.66%	2.57%	15.76%	10.18%		14.04%	3.02%	2.09%	3.26%	21.25%	0.00%	100.00%
2020 Budget	\$870	\$1,050	. ,			\$735		\$660		\$3,818		\$6,245	\$1,900				\$5,150	
Difference 2020 / 2021	\$ 890.00 102%	\$ 710.00 68%				•	\$ (1,470.00) -43%	l -		-		\$ 1,025.00 16%	\$ (630.00) -33%	\$ (830.00) -49%			\$240.00 3%	

REPORT

CAPITAL AREA NA H&I SUBCOMMITTEE CHAIR'S REPORT TO ASC: May 3, 2020

Hello Family! I pray this report finds everyone in good health and safe recovery.

- 1. I attended regional H&I meeting via Zoom on Sunday, April 19, 2020. We discussed and brainstormed ways we can reach out to the therapeutic community to better serve them and carry the N.A. message to them during the Covid-19 crisis.
- 2. I reached out via email to all the facilities H&I regularly serves, plus reached out to Healing Transitions to see if they want H&I support during this time when their clients are unable to attend outside N.A. meetings. Only one facility responded to my email with a request for a Zoom meeting presentation: Triangle Springs. I worked with Outreach to set up a weekly Zoom meeting presentation, which we are hosting on Thursday evenings weekly. The feedback has been good, and we're grateful to the H&I panel members who have been supporting our efforts for the past 3 weeks. We will continue this weekly meeting presentation for the foreseeable future.

In loving service, Stephanie G., Capital Area H&I Subcommittee Chair

OUTREACH REPORT

Outreach Subcommittee Report May

Outreach would like to know if homegroups are still having disturbances in their virtual meetings- and if so please reach out so we can help you make sure that your security settings are correctly applied and that the meeting host knows how to deal with unwelcomed participants. Please email admin@capitalareancna.com if your homegroups needs outreach to help get this straightened out. Other than that, we've seen a large number of home groups start virtual meetings and it seems they are going well. A lot of home groups have been oriented to do this, and the demand for this type of help has tapered off. That said, if there are any more home groups that need help getting setup, please let me know and I'll be happy to help.

Thank you for letting me serve, Andrew Outreach Chair

POLICY REPORT

Hello.

Link to current CASC Policy Manual (click).

The Policy Subcommittee was not called upon to take any action during or since the last service committee meeting. As we close out the current service term, here's some policy related items you might find useful:

- The CASC Policy Manual remains up to date. (The last time a policy motion was voted through by GSRs was Nov. 2019, unless I've made a mistake.) With no policy motions going to the floor this month, the current version is expected to be the final version for this service term.
- Next month June 7th is election time for the service committee. Please note that per policy section 1.04(b)ii:

This means that the Alternate Chairperson, the Alternate Secretary, the Alternate RCM and the Policy Alternate move up automatically unless a motion is made to allow another nominee. It does *not* mean that an individual nominee has to be known at the time if/when such a motion is made. All other service positions on the executive body and subcommittee chair positions will be voted on in accordance with section 1.04(b)iv:

- Whether considering a challenge to one of the above mentioned positions that automatically
 move up or considering running for one of the other open positions, I highly suggest reviewing
 the applicable section in CASC Policy for the role.
- As of today a candidate for Policy Subcommittee Chair has submitted their resume (to be voted
 on next month). I'll speak more on this at election time, but this candidate and I have already
 spent reviewing the responsibilities of this role, including how to keep the policy manual up to
 date. I'm personally thrilled at the possibility that our area will continue to be empowered by an
 accurate and up to date policy manual and a capable policy chairperson during the next service
 term.

That's my report. Thanks for letting me serve.

- Sebastian

Resumés



CASC NA Service Resume

Date:						

Name:	Clean Date:
Richsrd Jones	July 13th 2018
Street address:	Phone:
3624 Singleleaf Lane	(267) 997-0896
City / State / ZIP:	Email:
Raleigh NC, 27616	Rjones9144@msn.com
Service position interested in:	
Policy Chair	
If the above is <i>not</i> an alternate position, do you have prevalternate position ('yes' or 'no')?	ious experience in this position or the related
Yes (but not in NA)	
Do you understand the responsibilities defined in CASC Yes	Policy for this position ('yes' or 'no')?
List all Group service positions held, and dates served:	
Home Group GSR 2019-Current	
in another area, GSR, Phone Line Alt. Chair, Home Grou	p Treasurer, Home Group Steward
List <u>all</u> <i>Area</i> service positions held, and dates served:	
GSR	
List <u>all</u> Regional service positions held, and dates served	l:
N/A	
List <u>all</u> World service positions held, and dates served:	
N/A	
Were all service commitments completed ('yes' or 'no')?	
If you answered 'no' to the above question then please e	volain fully:
if you allowered the to the above question their please e.	kpiain luny.
Are you employed full-time ('yes' or 'no')? Yes, also retired from another profession	
Can you travel in conjunction with this service position (yes' or 'no')?

GSR List

	Name	Home Group	Phone	Email			
1	Curtis J	A New Beginning	(919) 208-9412	johnsonkurtkurt@gmail.com			
2	Tanya H	Basic Text Study	(919) 904-2525	rufmly1975@yahoo.com			
3	Quinetta N	Daily Reprieve	(919) 879-0715	netta817@yahoo.com			
4	Donna N	Faith Through Principles	(919) 780-1477	donnanorwood124@gmail.com			
5	Stephanie T	Freedom Through Recovery	(919) 360-3632	satread1@att.net			
6	Shell M	In From The Storm	(919) 527-4413	williammorrisey48@gmail.com			
7	Amy C	Let The Healing Begin	(919) 591-6837	amymouse1984@gmail.com			
8	Kelvin H	Life on Life's Terms	(919) 931-8167	kelvin_hardy1@yahoo.com			
9	Leah P	Living Clean and Serene	(440) 532-9100	leahpierce2830@gmail.com			
10	Phillip E	Man Up	(919) 995-7687	everette.phillip@gmail.com			
11	Nelson S	Mid Day Miracles	(252) 363-2661	nskinnerii10@gmail.com			
12	Kimberli B	Miracles In Progress	(919) 757-2438	kbonnett0226@gmail.com			
13	John L	NA Way	(919) 673-4703	jlrock1965@hotmail.com			
14	Andrew R	New Way of Life II	(919) 333-0929	andrewrose75@gmail.com			
15	Danny C	Out To Lunch	(919) 977-4542	dtox428@gmail.com			
16	Benjamin F	Peace In The AM	(984) 302-2805	benjaminischristlike@gmail.com			
17	James M	Peace in the AM		jamesdmonday878@gmail.com			
18	Ray L	Primary Purpose	(970) 617-6207	ray91593@hotmail.com			
19	Janice H	Principles & Traditions	(585) 935-1637	janiceholmes01@yahoo.com			
20	Susan G	Recovery In The Hood	(919) 210-7728	susgrego@aol.com			
21	Jamar M	Southside Recovery	(919) 999-9011	jamarmuhammad271@yahoo.com			
22	Randall V	Man Up		Randall_vanderslice@yahoo.com			
23	Joyce K	Spiritual Change		joycekornegay8@gmail.com			
24	Julius J	Together We Can	(252) 289-8923	juliusjenkins50@gmail.com			
25	Tim G	Candlelight Recovery		Tgore658@gmail.com			
26	Michele W	Way To Grow	(347) 743-8786	bellkamar55@yahoo.com			
27	Christopher B	Young Connections	(336) 455-0070	christopherblane@gmail.com			
28	Anita L			anitalancy@gmail.com			
29	Clay C	Please ema	il	clayjcastillo@gmail.com			
30	James H	cocrotani@canitalara	ancha com	james5975hayes@gmail.com			
31	Richard J	secretary@capitalare	ancna.com	rjones9144@msn.com			
32	Sarah R	with <i>Home Group</i> and	Phone info.	sarahrhodes1214@hotmail.com			
33	Saroya R	The state of the s		saroyaw@yahoo.com			

CASC Officers and Subcommittee Chairs

Position	Name	Phone	Email		
Chair	Darren L	(919) 798-2723	darrenlockett@ymail.com		
Chair Alt.	Sam C	(202) 441-0544	samuelconyers@yahoo.com		
Secretary	Nicole C	(732) 770-8935	ncaporaso@icloud.com		
Secretary Alt.		Н	ELP!		
Treasurer	Fitzgerald V	(347) 406-1164	FitzgeraldVK@aol.com		
Treasurer Alt.		Н	ELP!		
RCM		Н	ELP!		
RCM Alt.	Elizabeth	(919) 610-7277	itis@nc.rr.com		
Activities Subc. Chair	Donald D	(919) 524-3386	mrdcleaning@yahoo.com		
Activities Subc. Chair Alt.	HELP!				
Convention Subc. Chair	Teresa P	(919) 328-9126	tapearson66@gmail.com		
Convention Subc. Chair Alt.	April B	(919) 292-9182	Aprilbenson8@gmail.com		
H&I Subc. Chair	Stephanie G	(919) 413-9912	gootnickgal@gmail.com		
H&I Subc. Chair Alt.	Leah P	(440) 532-9100	leahpna@yahoo.com		
Outreach Subc. Chair	Andrew V	(919) 931 4262	AndrewBVincent@gmail.com		
Outreach Subc. Chair Alt.	Jeffery F	(919) 673-0215	Jeffrey.FernaaysJR@gmail.com		
Policy Subc. Chair	Sebastian D	(919) 627-7607	j.sebastian.dorin@gmail.com		
Policy Subc. Chair Alt.		Н	ELP!		
PR Subc. Chair	Maria M	(919) 641-8128	marsolinoml@gmail.com		
PR Subc. Chair Alt.	Christina T	(919) 395-7605	christina@summerglen-music.com		