



CASC October Meeting – Secretary Minutes
10/04/2020

NEXT CASC MEETING IS SUNDAY, November 1, 2020 at 2pm on Zoom.

Available Positions at CASC

- Vice Chair
- Alternate Secretary
- Vice Treasure
- Alternate RCM
- Outreach Chair
- Public Relations Chair

Opening

- The CASC meeting was called to order at 2:23pm on the Zoom platform and began with the Serenity Prayer.
- The 12 Traditions of Narcotics Anonymous, The 12 Concepts of Narcotics Anonymous and the NA Service Prayer were all read.

Roll Call and Approval of Minutes

- 8 out of 53 groups represented
- 4 out of 8 officers attended
- 3 out of 6 subcommittees attended
- September minutes were passed
- See attached roll call of groups, officers, and subcommittees (pg. 3 & 4)

Old Business

- No new business

New Business

- No new business

Officer Reports

- Chair - Sam C – given verbally and written – see attached
- Secretary – Jennifer O. – given verbally
- Treasurer – Michele M. - given verbally and written – see attached



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Subcommittee Reports

- Activities – Donald D.– given verbally
- Convention – April B. for Teresa P. – verbal report
- H & I – Leah H. - given verbally and written – see attached
- Outreach – Vacant – No Report
- Policy – Richard J. - given verbally and written – see attached
- Public Relations- Vacant – No Report

Group Concerns

Sebastian B. – meeting schedule update

Stephanie G. – introduced the idea of educating service the traditions and concepts for CASC members, she will bring back more info next month

Stephanie G. – the AdHoc Subcommittee will update us on the region moving

Donna T. – November 7 Speaker Jam 12pm – 7pm Zoom, the info has been passed on to be blasted

James F. – Recovery in the Hood is now on the zoom platform from 7pm - 8pm Fridays – it's been updated in the meeting schedule

Closing

- The CASC meeting was called to close roughly at 2:45pm with the “We” version of The Serenity Prayer
- This concludes the minutes for the September 5, 2020 meeting of the CASC



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Groups in Attendance (First Roll Call)

1	A New Beginning	x	27	Out To Lunch	
2	Basic Text Study		28	Peace In The AM	x
3	Came to Believe		29	Principles and Traditions	
4	Candlelight Recovery	x	30	Principles Before Personalities	
5	Constantly Searching	x	31	Recovery In The Hood	
6	Daily Reproove		32	Rediscovery Thru Recovery	x
7	Expect A Miracle		33	Seeking Similarities	
8	Experience, Strength, and Hope		34	Serenity In The Morning	
9	Faith Through Principles		35	Southside Recovery	
10	Freedom Thru Recovery	x	36	Spiritual Change	
11	I can't We Can		37	Spiritually Connected	
12	In From The Storm		38	Sunday Serenity	
13	Let the Healing Begin		39	The Journey Continues	
14	Life on Life's Terms		40	The Primary Purpose	
15	Living Clean & Serene		41	The Seekers	
16	Lunatic Fringe		42	Together We Can	x
17	Man Up		43	Trust The Process	
18	Mid Day Miracles		44	Tuesday Night Live	
19	Miracles In Progress		45	Unity & Positivity	
20	NA At Noon		46	Way To Grow	x
21	NA nd PM		47	We Do Recover	
22	NA Way		48	Welcome Home	
23	Never Alone Never Again		49	Why Are We Here	
24	New Horizons		50	Wolfpackin'	
25	New Way of Life II	x	51	Women in Recovery	
26	Our Common Welfare		52	Spititually High	
			53	Young Connections to Recove	



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Officers

Chair	x
Vice Chair	VACANT
Secretary	x
Vice Secretary	VACANT
Treasure	x
Vice Treasure	VACANT
RCM	Absent
Alternate RCM	VACANT

Subcommittee Chairs

Activities	Absent
Convention	x
H & I	x
Outreach	VACANT
Policy	x
Public Relations	VACANT

OCTOBER CASC Chair Report

October 4, 2020

Good day recovery family,

I have been actively attempting to attract members to fill the vacant positions that we have available at the area level. I encourage all GSR's and administrative members to reach out in your homegroups to seek members to step up and fill the positions as posted in the area minutes.

We all experienced a very unexpected and frustrating delay in getting onto the Zoom platform today due to technical difficulties that were out of my control. We have worked out details, so this should not happen again.

I appreciate your continued commitment to serve the area, especially in these trying times.

In loving service,

SAM C.



CASC TREASURERS REPORT

Date: 10/4/2020
From: Michele M., CASC Treasurer
Re: Treasury Report for the month of SEPTEMBER 2020

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation.

Attached are the Income and Expense statements for SEPTEMBER 2020.

SEPTEMBER 2020 STATEMENT

The beginning balance on 09/01/2020 was:	\$2,080.88
Deposits totaled:	\$ 57.06
Checks and deductions totaled:	\$ 149.37- See attached detailed Income & Expense Report
Ending balance on 09/30/2020:	\$1,988.57 - See attached PNC Bank Statement
Outstanding checks not cleared:	<u>\$ 0</u>
Available balance on 09/30/20:	\$1,988.57

1. This available balance puts us \$188.57 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

Michele M., CASC Treasurer

Attachments:

- SEPTEMBER 2020 Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement

Completed

Sep 2020

PNC BANK, NA

-\$9.41

Sep 28
Transfer to Bank

ED

Elizabeth

+\$9.41

Sep 25

Donation Received

Paid by

Elizabeth Drake

Transaction ID

11H37031HS418283R

Purchase details

7th Tradition

\$10.00

Purchase total

\$10.00

Fee

-\$0.59

Total

\$9.41

Refund this payment

PNC BANK, NA

-\$9.41

Sep 18
Transfer to Bank

HB

+ \$9.41

Henti [REDACTED]
 Sep 18
 Donation Received
 Paid by
 Henti Baird
 [REDACTED]

Transaction ID
 6J310956D3555683C

Purchase details
 7th Tradition \$10.00

Purchase total \$10.00

Fee -\$0.59

Total \$9.41

Refund this payment

- \$19.12

PNC BANK, NA
 Sep 8
 Transfer to Bank

Nathan [REDACTED]
 Sep 6
 Donation Received
 Paid by
 Nathan Nolan
 [REDACTED]

+ \$19.12

Transaction ID
 97W750809X7603210

Purchase details
 7th Tradition \$20.00

Purchase total \$20.00

Fee	- \$0.88
Total	\$19.12

Refund this payment

PNC BANK, NA

Sep 2
Transfer to Bank

-\$19.12

Aug 2020

ED

Elizabeth [REDACTED]
 Aug 31
 Donation Received
 Paid by
 Elizabeth Drake
 [REDACTED]

+\$19.12

Transaction ID
 09M970055T995005A

Purchase details	
7th Tradition	\$20.00
Purchase total	\$20.00

Fee	- \$0.88
Total	\$19.12

Refund this payment



Account Activity

Thursday, October 01, 2020

Business Checking XXXX Available Balance: **\$1,988.57**

Account Summary

Available Balance:	\$1,988.57	Interest Paid to Date:	\$0.00
Ledger Balance:	\$1,988.57	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$9.41 09/29/2020
Pending Deposits:	\$0.00	Last Statement Balance:	\$1,988.57 09/30/2020

Account Details

Nickname: None
 Type: Business Checking
 Text Banking Nickname: None
 Address: PO BOX 10953
 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
09/29/2020	ACH CREDIT XXXXX3702 PAYPAL TRANSFER		\$9.41	\$1,988.57
09/21/2020	ACH CREDIT XXXXX6659 PAYPAL TRANSFER		\$9.41	\$1,979.16
09/09/2020	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$1,969.75
09/09/2020	ACH CREDIT XXXXX3369 PAYPAL TRANSFER		\$19.12	\$2,074.75
09/08/2020	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,055.63
09/04/2020	RECURRING DEBIT CARD XXXXX8248 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,065.63
09/03/2020	ACH CREDIT XXXXX5324 PAYPAL TRANSFER		\$19.12	\$2,100.00
08/31/2020	ACH CREDIT XXXXX0502 PAYPAL TRANSFER		\$98.83	\$2,080.88
08/13/2020	ACH CREDIT XXXXX3215 PAYPAL TRANSFER		\$96.80	\$1,982.05
08/11/2020	ACH CREDIT XXXXX3428 PAYPAL TRANSFER		\$1.10	\$1,885.25
08/10/2020	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$1,884.15
08/10/2020	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$1,894.15
08/04/2020	RECURRING DEBIT CARD XXXXX8217 J2 ONEBOX SERVICES XXXXX5400 CA	\$33.87		\$1,999.15
07/09/2020	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,033.02
07/09/2020	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,043.02

10/1/2020

07/06/2020

RECURRING DEBIT CARD XXXXX8187 J2
ONEBOX SERVICES XXXXX5400 CA

PNC Online Banking

\$33.87

\$2,148.02



October 2020 Capital Area NA ASC: H&I Subcommittee Chair's Report

Hello family!

The area subcommittee is still functioning. We currently take one meeting presentation into Triangle Springs on Thursdays at 7:00 via Zoom. We missed one week last month because they could not get signed in properly. Presentation attendance has been between 6 and 10.

We are waiting on feedback from Wakebrook when we can start with meeting presentations on their online platform.

WakeMed hospital has called to see if we are able to start either an inperson meeting there or zoom meeting if no one is comfortable with in person meetings. They wanted to fill in Sundays at 4:30 pm to 5:30 pm if possible. I have called two members to try to arrange this Sunday, but if noone can do it, I will do it by zoom this week and see if they can take over the following week.

We are in desperate need to fill service positions within the H&I structure. We have the following positions open currently: H&I Alternate Chair, Secretary, Panel Coordinator, Literature Coordinator, and Panel Leaders.

All orientations have stopped because of covid. However, we may resume via zoom in the future.

In Loving Service

Leah P. Chair, H&I subcommittee

440-532-9100

Good Afternoon:

Past month's activities:

- 1) No Policy Sub Committee Meetings until Post COVID-19 shutdown
- 2) No Policy Updates (Last updated December 2019)
- 3) No printed policy manuals until CASC resumes face to face meetings

- 4) We will be making a notation in our monthly reports about the areas decision to withhold funds over prudent reserve to Region and World service committees which is a deviation to our Area Policy.

Thank you again for your vote of confidence to serve our area in this position.

Richard J.

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	8/1/2020	\$2,080.88		Period: 08/1/20 -08/31/2020	
Income/ Revenue Section 1					
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations	8/31/2020	\$57.06		Group donations received during the Month	
Total Income/ Revenues		\$57.06			
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTIES					
H&I Committee					
H&I Literature					H&I Literature -
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$34.37		Varies slightly - averages \$30.93/ month
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD			On Auto draft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$10.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses					
Outreach					\$35 Monthly allocation per policy
Policy					\$30 Monthly allocation per policy
Activities Committee available					\$500 For Area Anniversary Function(s)
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly				ASC - Rent
Secretary					Varies slightly
Treasurer - Office Supplies					Checks Replenished/Harland Clarke
Treasurer -Storage Rent	9th monthly	AD	\$105.00		Security Self Storage
Chairperson					
RCM Travel/ Expenses					Refund Receipts
Bank Fees		AD			Service charge - Bank Account
Mail Box - Due yearly on Nov 1st					CASC Mailbox at Cameron Village
Misc. Lit Donation					
Convention deposit					
Regional Donations - 60% - CRNA					Per Policy
World Donations - 40% - NAWS					World Donation Per Policy
Total of All Expenses			\$149.37		
Revenue		\$57.06			
Beginning Balance:		\$2,080.88			
DIFFERENCE: Income-Expenses					
Ending Balance		\$1,988.57			
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount	Description	
Regional					
World Donations					
		TOTAL:	\$0.00		
Available Balance		\$1,988.57			
Prudent Reserve- Per Policy		\$1,800.00			
Amount Above/ Below P.R.		\$188.57			

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated
A New Beginning			Lunatic Fringe			Seeking Similarities	
Basic Text Study Group			Man Up			Serenity In The Morning	
Came to Believe			Mid Day Miracles			South side Recovery	
Candlelight Recovery			Miracles In Progress			Spiritual Change	
Constantly Searching			NA At Noon			Spiritually Connected	
Daily Reprieve			NA In the PM			The Seekers Group	
Expect a Miracle			NA Way Group			The Journey Continues	
Experience, Strength, and Hope			Never Alone Never Again			The Primary Purpose Group	
Faith Thru Principles			New Horizons Group			Together We Can	
Freedom Through Recovery	30	\$28.53	New Way of Life II			Trust the Process	
I Can't, We Can			Our Common Welfare			Tuesday Night Live	
Hard Core Group			Out To Lunch			Way to Grow Group	
In From The Storm			Peace in The AM			We Do Recover	
Let The Healing Begin			Principles & Traditions			Welcome Home	
Life on Life's Terms			Principles B4 Personalities			Why Are We Here	
Living Clean & Serene			Recovery In the Hood			Women In Recovery	
			Rediscovery Through Recovery			Young Connections to Recovery	
			Total Home Group Donations		\$57.06	Other Income	
						Donations anonymous	
						Total Other Income	

