



CASC December Meeting – Secretary Minutes 3/07/2021

NEXT CASC MEETING IS SUNDAY, April 4, 2021 at 2pm on Zoom.

Available Positions at CASC

- ✓ Alternate Secretary
- ✓ Alternate Treasure
- ✓ Alternate RCM
- ✓ Outreach Chair
- ✓ Public Relations Chair

Opening

- The CASC meeting was called to order at 2:04 pm on the Zoom platform and began with the Serenity Prayer.
- The 12 Traditions of Narcotics Anonymous, The 12 Concepts of Narcotics Anonymous and the NA Service Prayer were all read.

Roll Call and Approval of Minutes

- 15 out 53 groups represented
- 4 out of 8 officers attended
- 4 out of 6 subcommittees attended
- January minutes were passed and Teresa P. made the second.
- See attached roll call of groups, officers, and subcommittees (pg. 4 & 5)

Old Business

- Motion: Brendan O. (Constantly Searching) - To resume CASC policy regarding it's donation to RSC and NAWS (World). The policy reads on page 9: “(ii) The Treasurer shall monthly remit all funds in excess of the prudent reserve of \$1,800.00 to the Region (60%) and the World (40%). If the CASC body is made aware that upcoming expenses warrant a higher prudent reserve these donations may not be remitted.”
 - Sam C. (ASC Chair) throws out this motion after it went to the home groups because the secretary could not provide a second by name



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- It was resubmitted and amended by Brendan O. (Constantly Searching)
- Amended Motion by Brendan O. (Constantly Searching): We move to reinstate monthly ASC donation to NAWS. Once our regional affiliation is clarified, to revert back to monthly donations to RSC & NAWS pursuant to our ASC policy.
- Seconded by: David K. (Candlelight Recovery)

New Business

- Motion: Stephanie G. (Rediscovery Through Recovery): Pursuant to CASC Policy as revised December 2019, under Article 5, Section 5.02(b)(ii), we move to reintroduce a motion to move the Capital Area of NA's regional membership from the Carolina Region of Narcotics Anonymous to the North Carolina Region of Narcotics Anonymous.
Was Amended by Stephanie G: We move to join the NC Region of NA.
Seconded by: Kyle (Primary Purpose)
- Motion: Stephanie G. (Rediscovery Through Recovery): For voting purposes, all Motions and Proposals shall be voted on pursuant to Roberts Rules of Order, wherein a "simply majority" shall carry a motion or proposal as passed.
Seconded by: Brendan O. (Constantly Searching)
- Motion: David K. (Candlelight Recovery): To create a meeting list of Capital Area phone-based meetings
Seconded by: Sebastian (Unity & Positivity)

Officer Reports

- Chair - Sam C – given verbally
- Alternate Chair – Donna N. – given verbally
- Secretary – Jennifer O. – given verbally
- Treasurer – Michele M. - given verbally and written - – see attached



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- RCM – Elizabeth D. – Absent

Subcommittee Reports

- Activities – Donald D.– given verbally and written
- Convention – Teresa P. – given verbally and written – see attached
- H & I – Leah H. - given verbally
- Outreach – Vacant – No Report
- Policy – Richard J. - given verbally and written – see attached
- Public Relations- Vacant – No Report

Group Concerns

- None

Closing

- The CASC meeting was called to close roughly at 3:48pm with the “We” version of The Serenity Prayer
- This concludes the minutes for the March 7, 2021 meeting of the CASC



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Groups in Attendance (First Roll Call)

1	A New Beginning	x	27	Out To Lunch	
2	Basic Text Study		28	Peace In The AM	x
3	Came to Believe		29	Principles and Traditions	
4	Candlelight Recovery	x	30	Principles Before Personaliti	
5	Constantly Searching	x	31	Recovery In The Hood	x
6	Daily Reprieve		32	Rediscovery Thru Recovery	x
7	Expect A Miracle		33	Seeking Similarities	
8	Experience, Strength, and Hope		34	Serenity In The Morning	
9	Faith Through Principles	x	35	Southside Recovery	x
10	Freedom Thru Recovery	x	36	Spiritual Change	
11	I can't We Can		37	Spiritually Connected	
12	In From The Storm		38	Sunday Serenity	x
13	Let the Healing Begin		39	The Journey Continues	
14	Life on Life's Terms		40	The Primary Purpose	x
15	Living Clean & Serene		41	The Seekers	
16	Lunatic Fringe		42	Together We Can	x
17	Man Up		43	Trust The Process	
18	Mid Day Miracles		44	Tuesday Night Live	
19	Miracles In Progress		45	Unity & Positivity	x
20	NA At Noon		46	Way To Grow	
21	NA nd PM		47	We Do Recover	
22	NA Way	x	48	Welcome Home	
23	Never Alone Never Again		49	Why Are We Here	
24	New Horizons		50	Wolfpackin'	
25	New Way of Life II	x	51	Women in Recovery	
26	Our Common Welfare		52	Spititually High	
			53	Young Connections to Recove	



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Officers

Chair	x
Alt Chair	x
Secretary	x
Alt Secretary	VACANT
Treasure	x
Alt Treasure	VACANT
RCM	Absent
Alt RCM	VACANT

Subcommittee Chairs

Activities	x
Convention	x
H & I	x
Outreach	VACANT
Policy	x
Public Relations	VACANT



CASC TREASURERS REPORT

Date: 3/7/2021
From: Michele M., CASC Treasurer
Re: Treasury Report for the month of FEBRUARY 2021

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation.

FEBRUARY 2021 STATEMENT

The beginning balance on 2/01/2021 was:	\$2,473.49
Deposits totaled:	\$ 157.34
Checks and deductions totaled:	\$ 179.53- See attached detailed Income & Expense Report
Ending balance on 2/28/2021:	\$ 2,451.30- See attached PNC Bank Statement
Outstanding checks not cleared:	<u>\$ 0</u>
Available balance on 2/28/2021:	\$2,451.30

1. This available balance puts us \$651.30 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

Michele M., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement



Account Activity

Monday, March 01, 2021

Business Checking XXXXX[REDACTED] Available Balance: \$2,451.30

Account Summary

Available Balance:	\$2,451.30	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,451.30	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$42.72 02/09/2021
Pending Deposits:	\$0.00	Last Statement Balance:	\$2,451.30 02/26/2021

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	PO BOX 10953 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
You have no pending transactions			

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
02/19/2021	RECURRING DEBIT CARD XXXXX9050 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,451.30
02/09/2021	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,463.29
02/09/2021	ACH CREDIT XXXXX4237 PAYPAL TRANSFER		\$42.72	\$2,568.29
02/09/2021	ACH CREDIT XXXXX6006 PAYPAL TRANSFER		\$71.12	\$2,525.57
02/08/2021	RECURRING DEBIT CARD XXXXX8039 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,454.45
02/08/2021	RECURRING DEBIT CARD XXXXX9038	\$18.17		\$2,464.45

	DNHGODADDYCOM XXXXX8855 AZ		
02/04/2021	RECURRING DEBIT CARD XXXXX8035 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37	\$2,482.62
02/01/2021	ACH CREDIT XXXXX3231 PAYPAL TRANSFER	\$43.50	\$2,516.99
01/29/2021	DEPOSIT XXXXX6637	\$100.00	\$2,473.49
01/19/2021	RECURRING DEBIT CARD XXXXX9019 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99	\$2,373.49
01/12/2021	CHECK 1977 084874490	\$156.00	\$2,385.48
01/11/2021	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00	\$2,541.48
01/08/2021	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00	\$2,646.48
01/07/2021	ACH CREDIT XXXXX5503 PAYPAL TRANSFER	\$4.12	\$2,656.48
01/05/2021	ACH CREDIT XXXXX2232 PAYPAL TRANSFER	\$50.00	\$2,652.36
01/04/2021	RECURRING DEBIT CARD XXXXX8004 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37	\$2,602.36
12/30/2020	ACH CREDIT XXXXX7133 PAYPAL TRANSFER	\$67.37	\$2,636.73
12/17/2020	ACH CREDIT XXXXX3570 PAYPAL TRANSFER	\$48.25	\$2,569.36
12/14/2020	ACH CREDIT XXXXX5784 PAYPAL TRANSFER	\$38.54	\$2,521.11
12/10/2020	DEPOSIT XXXXX3864	\$250.00	\$2,482.57
12/09/2020	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00	\$2,232.57
12/08/2020	DEBIT CARD PURCHASE XXXXX0758 TEXTEDLY HTTPSTEXTED CA	\$10.00	\$2,337.57
12/08/2020	ACH CREDIT XXXXX6299 PAYPAL TRANSFER	\$37.12	\$2,347.57
12/07/2020	RECURRING DEBIT CARD XXXXX8341 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37	\$2,310.45
12/04/2020	ACH CREDIT XXXXX4930 PAYPAL TRANSFER	\$17.18	\$2,344.82

This week

PNC BANK, NA

Mar 1

Transfer to Bank

-\$28.83

MARCH

Feb 2021

Elizabeth [REDACTED]

Feb 26

Donation Received

+\$28.83

PNC BANK, NA

Feb 8

Transfer to Bank

-\$42.72

Elizabeth [REDACTED]

Feb 8

Donation Received

+\$42.72

PNC BANK, NA

Feb 8

Transfer to Bank

-\$71.12

Inia [REDACTED]

Feb 6

Money Received

"KEEP IT SIMPLE GROUP DONATION"

+\$67.00

Brian [REDACTED]

Feb 6

Donation Received

+\$4.12

Jan 2021

PNC BANK, NA

Jan 31

Transfer to Bank

- \$43.50

Inia [REDACTED]

Jan 7

Money Received

+ \$43.50

"Keep it Simple group 7th Tradition donation"

1

2

3

4

**Capital Area NA
Treasurers Report Income Expense
Statement**

Beginning Balance:	2/1/2021	\$2,473.49			Period
Income/ Revenue Section 1					
Type of Deposit/debit	Date	Amount	Notes		
Group Donations	2/28/2021	\$157.34			Group donation
Total Income/ Revenues		\$157.34			
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	
SUB COMMITTIES					
H&I Committee					
H&I Literature					
H&I Office Supplies					
H&I Learning Day one per year					Or
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$34.37		Varies s
Meeting Directories					Varik
Website - Auto Draft Go Daddy	16th monthly	AD	\$18.17		
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$10.00		O
PR Literature					\$75
PR Chair Travel Expenses					
Outreach					\$35
Policy					\$30
Activities Committee available					\$500 F
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly				
Secretary					
Treasurer - Office Supplies					Chec
Treasurer -Storage Rent	9th monthly	AD	\$105.00		
Chairperson					
RCM Travel/ Expenses					
Bank Fees		AD			Se
Mail Box - Due yearly on Nov 1st					CAS
Misc. ZOOM and Website					
ZOOM			\$11.99		
Regional Donations - 60% - CRNA					
World Donations - 40% - NAWS					
Total of All Expenses			\$179.53		
Revenue			\$157.34		
Beginning Balance:			\$2,473.49		
DIFFERENCE: Income-Expenses			-\$22.19		
Ending Balance			\$2,451.30		
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount		
Regional					
World Donations					
		TOTAL:	\$0.00		
Available Balance			\$2,451.30		
Prudent Reserve- Per Policy			\$1,800.00		

Capital Area NA
Treasurers Report Income Expense
Statement

Amount Above/ Below P.R.		\$651.30				
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Capital Area NA
Treasurers Report Income Expense
Statement

Period: 2/1/21 -2/28/2021	
Description	
ns received during the Month	
Policy Description	
H&I Literature -	
H&I - Office Supplies	
re Learning Day - per Policy	
lightly - averages \$30.93/ month	
es slightly - Quarterly Printing	
On Auto draft	
n Autodraft-TEXTEDLY.COM	
Monthly Budget-\$65 facebook	
Monthly allocation per policy	
Monthly allocation per policy	
or Area Anniversary Function(s)	
ASC - Rent	
Varies slightly	
ks Replenished/Harland Clarke	
Security Self Storage	
Refund Receipts	
rvice charge - Bank Account	
C Mailbox at Cameron Village	
Per Policy	
World Donation Per Policy	
Description	

Capital Area NA
Treasurers Report Income Expense
Statement

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Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated
A New Beginning			Lunatic Fringe			Seeking Similarities	
Basic Text Study Group			Man Up			Serenity In The Morning	
Came to Believe			Mid Day Miracles			South Side Recovery	
Candlelight Recovery			Miracles In Progress			Spiritual Change	
Constantly Searching			NA At Noon			Spiritually Connected	
Daily Reprieve			NA In the PM			The Seekers Group	
Expect a Miracle			NA Way Group			The Journey Continues	
Experience, Strength, and Hope			Never Alone Never Again			The Primary Purpose Group	
Faith Thru Principles			New Horizons Group			Together We Can	
Freedom Through Recovery	\$44.30	\$42.72	New Way of Life II			Trust the Process	
I Can't, We Can			Our Common Welfare			Tuesday Night Live	
Hard Core Group			Out To Lunch			Way to Grow Group	
In From The Storm			Peace in The AM			We Do Recover	
Keep It Simple	\$110.50	\$110.50	Principles & Traditions			Welcome Home	
Let The Healing Begin			Principles B4 Personalities			Why Are We Here	
Life on Life's Terms			Recovery In the Hood			Women In Recovery	
Living Clean & Serene			Rediscovery Through Recovery			Young Connections to Recovery	
			Home Group Donations		\$153.22		
						Brian B. 4.12	
						Total Other Income	4.12
						Total Income	\$15



CASC Policy Subcommittee: Monthly Report

Richard J. / March 7, 2021

Good Afternoon:

Past month's activities:

- 1) No Policy Sub Committee Meetings until Post COVID-19 shutdown
- 2) No printed policy manuals until CASC resumes face to face meetings but it is available on the area site.
- 3) If you have an older copy of the policy and some pages are not visible. You have to reload the policy and all will be visible.
- 4) Due to the pandemic, the area has decided to withhold funds over prudent reserve to Region and World service committees which is a deviation to our Area Policy.
- 5) No Policy Updates (Last updated December 2019)
- 6) My contact phone number is (267) 997-0896

Thank you again for your vote of confidence to serve our area in this position.

Richard J.



CASC Convention Chair Report

March 2021

March 7, 2021

Dear CASC,

The Committee had another successful speaker jam the previous month.

We were able to raise \$240 for this event at the event.

Once again, we received little or maybe even no support from our own Area's body.

Our ending account balance is now \$5,263.50.

The Convention Committee is planning another event on April 24th from 12-6pm.

This Speaker Jam is titled Springtime New Comer Kick Off.

This concludes my report.

In Loving Service,

Teresa P,

Convention Committee Chair

Business Checking

PNC Bank

For the Period 01/30/2021 to 02/26/2021

Primary Account Number: [REDACTED]

Page 1 of 2

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION
 PO BOX 10953
 RALEIGH NC 27605-0953

- For 24-hour banking sign on to
- PNC Bank Online Banking on pnc.com
- FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG
 Monday - Friday: 7 AM - 10 PM ET
 Saturday & Sunday: 8 AM - 5 PM ET

Para servicio en español, 1-877-BUS-BNKG

Moving? Please contact your local branch

- Write to: Customer Service
 PO Box 609
 Pittsburgh, PA 15230-9738
- Visit us at PNC.com/smallbusiness
- TDD terminal: 1-800-531-1648
 For hearing impaired clients only

NC Capital Area Family Reunion

Business Checking Summary

Account number: 53-5305-7056

Overdraft Protection has not been established for this account.
 Please contact us if you would like to set up this service.

Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
5,194.93	240.00	.00	5,434.93
		Average ledger balance	Average collected balance
		5,263.50	5,263.50

Deposits and Other Additions

Description	Items	Amount
Deposits	1	240.00
Total	1	240.00

Checks and Other Deductions

Description	Items	Amount
Total	0	.00

Daily Balance

Date	Ledger balance	Date	Ledger balance
01/30	5,194.93	02/19	5,434.93


Activity Detail

Deposits and Other Additions

Deposits

Date posted	Amount	Transaction description	Reference number
02/19	240.00	Deposit	047128999

Business Checking

 For 24-hour account information, sign-on to
pnc.com/mybusiness/

For the Period 01/30/2021 to 02/26/2021

NC Capital Area Family Reunion

Primary Account Number: 

Page 2 of 2

Business Checking Account Number: 53-5305-7056 - continued

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 03/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 02/26/2021.

** Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	1	.00	Included in Account
Deposit Tickets Processed	1	.00	
Branch - Consolidated Cash Deposited	2	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	



NCCAFRNA CAPITAL AREA

presents...

Springtime New Comer Kick off Fundraiser Event

When

April 24, 2021

12 to 6 pm

Cashapp: \$Convention21

Zoom: 3964202584

PW: cacc

Contact

Programming: Rasheed S. – 919.866.2766

Chairperson: Teresa P. – 919.328.9126





Capital Area Service Committee
Motion Form

MOTION #1

Date: 03/07/2021

Motion made by: Rediscovery Through Recovery Home

Second: _____ Group

Motion reads as follows: _____

Pursuant to CASC Policy as revised December 2019, under Article 5, Section 5.02(b)(ii), we move to reintroduce a Motion to move the Capital Area of NA's regional membership from the Carolina Region of Narcotics Anonymous to the North Carolina Region of Narcotics Anonymous.

(INTENT: Under Article 5, Section 5.02(b)(ii), "a proposal may be heard as a motion as to where a consensus was not made but the spirit of the proposal would further benefit NA as a whole." In the current instance, two (2) prior votes by the ASC home groups demonstrated a clear intent to leave the Carolina Region and join the North Carolina Region. A technicality initially forced a "re-vote" of a motion that passed to be voted on as a proposal. The proposal did not pass due to a 28% stand aside number of votes. However, in both instances a majority of home groups' clear intent is to leave the Carolina Region, and the motion being proposed will permit the clear intent of our home groups to be reflected. This will benefit NA as a whole. It will also preserve the autonomy of our home groups as recommended in our 4th Tradition.)

Carried _____

Failed _____

Tabled _____

Amended _____

Back to Home Group _____

Policy Change _____

Yes _____

No _____

Abstain _____



Capital Area Service Committee
Motion Form

MOTION
#2

Date: 03/07/2021

Motion made by: Rediscovery Through Recovery home group

Second: _____

Motion reads as follows:

For voting purposes, all Motions and Proposals shall be voted on pursuant to Roberts Rules of Order, wherein a "simply majority" shall carry a Motion or Proposal as passed.

(INTENT: To insure that while voting at ASC allow for discussion and dissent, that when a clear majority of votes clarifies the group conscience it is not interrupted by procedures that prohibit a an actual group conscience from being carried forward.)

Carried _____	Failed _____	Tabled _____
Amended _____	Back to Home Group _____	Policy Change _____
Yes _____	No _____	Abstain _____



Capital Area Service Committee
Motion Form

Date: 07 March 2021

Motion made by: Candlelight Recovery

Second: Unity & Positivity

Motion reads as follows: _____

To create a meeting list of Capital Area phone-based meetings

Intent: To increase access to socially-distanced meeting options for those who do not
have access to Zoom or other computer/phone based applications

Carried _____

Failed _____

Tabled _____

Amended _____

Back to Home Group X

Policy Change _____

Yes _____

No _____

Abstain _____

CAPITAL AREA

Celebrating

UNITY for 36 YEARS



Saturday, APRIL 17, 2021 11:00am-8:00pm EST
ID: 849 5736 4074 Password: CASC

<https://us02web.zoom.us/j/84957364074?pwd=d1UxNVlmVzArazRtOU5STjBPZGgzdz09>

11:00am – 11:40am	Topic: Diversity
12:00pm – 12:40pm	Topic: Social Acceptability
1:00pm – 1:40pm	Topic: What About The Newcomer?
2:00pm – 2:40pm	Topic: The Only Requirement For Membership
3:00pm – 4:00pm	NA Home Group Jeopardy Game
4:00pm – 4:40pm	Topic: Attraction Not Promotion
5:00pm – 5:40pm	Topic: Together We Can
6:00pm – 7:00pm	Roll Call, Clean Time Countdown, HISTORY OF CASC PANEL MEETING
7:00pm – 8:00pm	MAIN SPEAKER

Topic Meetings are 40 minutes long with 20 minutes of entertainment at the end of each hour.

Contact Info:

Donald D. – (919) 520 - 4129 – Chair

Jasper L. – (919) 523 - 1512 – Entertainment

Jennifer O. – (919) 671 - 6426 – Logistics

CAPITAL AREA
Celebrating
UNITY for 36 YEARS



Saturday, APRIL 17, 2021 11:00am-8:00pm EST

ID: 849 5736 4074 Password: CASC

Jeopardy Home Group Sign Up

Let's have some fun in Narcotics Anonymous celebrating our area's 36th anniversary! We need help from the home groups with your participation in our game of Jeopardy! All answers and questions will come from the NA Basic Text. We will even have prizes.

We need 1 member from your home groups to participate on the day of our celebration, Saturday, April 17, 2021 @ 3pm to 4pm.

Please submit to: Jennifer O. at CASC on 4/4/21 or by calling her at (919) 671-6426 no later than 4/7/21