



CASC December Meeting – Secretary Minutes
5/02/2021

NEXT CASC MEETING IS SUNDAY, June 6, 2021 at 2pm on Zoom.

Available Positions at CASC

- **All POSITIONS available, except Chair, as Donna N. moves up from Alternate Chair to Chair. All other positions OPEN!**

Opening

- The CASC meeting was called to order at 2:04 pm on the Zoom platform and began with the Serenity Prayer.
- The 12 Traditions of Narcotics Anonymous, The 12 Concepts of Narcotics Anonymous and the NA Service Prayer were all read.

Roll Call and Approval of Minutes

- 15 out of 53 groups represented
- 4 out of 8 officers attended
- 4 out of 6 subcommittees attended
- Minutes from April not submitted until after April's ASC, therefore they were not approved this month
- See attached roll call of groups, officers, and subcommittees (pg. 4 & 5)

Old Business

- None

New Business

- Motion: Stacey M, New Group – Thursday Night LIT
 - Name: Thursday Night LIT
 - Where: St. Philips Lutheran Church
 - Address: 7304 Falls of Neuse Rd Raleigh, NC 27615
 - When: Thursdays at 7:00pm
 - IN PERSON MEETING - INDOORS

PASSED



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Officer Reports

- Chair - Sam C – Absent
- Alternate Chair – Donna N. – given verbally
- Secretary – Jennifer O. – given verbally
- Treasurer – Michele M. - given verbally and written - – see attached
- RCM – Elizabeth D. – given verbally and written – see attached

Subcommittee Reports

- Activities – Donald D.– given verbally
- Convention – Teresa P. – given written – see attached
- H & I – Leah H. – no report
- Outreach – Vacant – No Report
- Policy – Richard J. - given verbally and written – see attached
- Public Relations- Vacant – No Report

Group Concerns

- None

Closing

- The CASC meeting was called to close roughly at 3:09pm with the “We” version of The Serenity Prayer
- This concludes the minutes for the May 2, 2021 meeting of the CASC



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Groups in Attendance (First Roll Call)

1	A New Beginning	x	27	Out To Lunch	
2	Basic Text Study		28	Peace In The AM	x
3	Came to Believe		29	Principles and Traditions	
4	Candlelight Recovery		30	Principles Before Personaliti	
5	Constantly Searching		31	Recovery In The Hood	x
6	Daily Reprieve		32	Rediscovery Thru Recovery	x
7	Expect A Miracle		33	Seeking Similarities	
8	Experience, Strength, and Hope		34	Serenity In The Morning	
9	Faith Through Principles	x	35	Southside Recovery	
10	Freedom Thru Recovery	x	36	Spiritual Change	
11	I can't We Can		37	Spiritually Connected	
12	In From The Storm		38	Sunday Serenity	
13	Let the Healing Begin		39	The Journey Continues	x
14	Life on Life's Terms		40	The Primary Purpose	x
15	Living Clean & Serene		41	The Seekers	
16	Lunatic Fringe		42	Together We Can	x
17	Man Up		43	Trust The Process	
18	Mid Day Miracles		44	Tuesday Night Live	x
19	Miracles In Progress		45	The Best Life I Ever Knew	
20	NA At Noon		46	Way To Grow	
21	NA nd PM		47	We Do Recover	
22	NA Way		48	Welcome Home	
23	Never Alone Never Again		49	Why Are We Here	
24	New Horizons		50	Wolfpackin'	
25	New Way of Life II	x	51	Women in Recovery	
26	Our Common Welfare		52	Spititually High	
			53	Young Connections to Recove	
			54	Thursday Night LIT	



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Officers

Chair	Absent
Alt Chair	x
Secretary	x
Alt Secretary	VACANT
Treasure	x
Alt Treasure	VACANT
RCM	x
Alt RCM	VACANT

Subcommittee Chairs

Activities	x
Convention	x
H & I	Absent
Outreach	VACANT
Policy	x
Public Relations	VACANT



CASC TREASURERS REPORT

Date: 5/2/2021
From: Michele M., CASC Treasurer
Re: Treasury Report for the month of APRIL 2021

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation. We donated 40% above prudent reserve to the World Service Office. I also discovered when I pulled the bank statement that a deposit that I made for South Side Recovery is not showing on the statement for some reason. I have attached the deposit slip that the teller gave me. I will be at PNC first thing Monday morning.

APRIL 2021 STATEMENT

The beginning balance on 4/01/2021 was:	\$2,082.19
Deposits totaled:	\$216.37
Checks and deductions totaled:	\$ 274.24- See attached detailed Income & Expense Report
Ending balance on 4/30/2021:	\$ 2,024.32- See attached PNC Bank Statement
Outstanding checks not cleared:	<u>\$ 0</u>
Available balance on 4/30/2021:	\$2,024.32

1. This available balance puts us \$224.32 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement.

Thanks for allowing me to be of service.

Your trusted servant,

Michele M., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement

Completed

Apr 2021



PNC BANK, NA

Apr 26

Transfer to Bank

- \$89.50



Initial [REDACTED]

Apr 26

Money Received

"Keep it Simple group donation"

+ \$89.50



NA World Services, Inc.

Apr 13

Donation

- \$112.88



PNC BANK, NA

Apr 6

Transfer to Bank

- \$4.12



BB

Brian [REDACTED]

Apr 6

Donation Received

+ \$4.12



PNC BANK, NA

Apr 5

Transfer to Bank

- \$48.25

WM

William [REDACTED]
Apr 3
Donation Received

+ \$48.25



PNC BANK, NA
Apr 2
Transfer to Bank

- \$74.50



Inia [REDACTED]
Apr 1
Money Received
"Keep it Simple group donation"

+ \$74.50



Account Activity

Saturday, May 01, 2021

Business Checking XXXXX[REDACTED] Available Balance: \$2,024.32

Account Summary

Available Balance:	\$2,024.32	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,024.32	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$89.50 04/28/2021
Pending Deposits:	\$0.00	Last Statement Balance:	\$2,024.32 04/30/2021

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	PO BOX 10953 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
04/28/2021	ACH CREDIT XXXXX4746 PAYPAL TRANSFER		\$89.50	\$2,024.32
04/19/2021	RECURRING DEBIT CARD XXXXX9109 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$1,934.82
04/14/2021	ACH WEB-SINGLE NAWORLD PAYPAL INST XFER	\$112.88		\$1,946.81
04/09/2021	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,059.69
04/08/2021	RECURRING DEBIT CARD XXXXX8098 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,164.69
04/07/2021	ACH CREDIT XXXXX1829 PAYPAL TRANSFER		\$4.12	\$2,174.69
04/06/2021	ACH CREDIT XXXXX0567 PAYPAL TRANSFER		\$48.25	\$2,170.57
04/05/2021	RECURRING DEBIT CARD XXXXX8095 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,122.32
04/05/2021	ACH CREDIT XXXXX8646 PAYPAL TRANSFER		\$74.50	\$2,156.69
03/30/2021	ACH CREDIT XXXXX4659 PAYPAL TRANSFER		\$28.83	\$2,082.19
03/26/2021	ACH CREDIT XXXXX2149 PAYPAL TRANSFER		\$23.97	\$2,053.36
03/19/2021	RECURRING DEBIT CARD XXXXX9078 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,029.39
03/12/2021	CHECK 1978 084316665	\$350.00		\$2,041.38
03/09/2021	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,391.38
03/09/2021	ACH CREDIT XXXXX7736 PAYPAL TRANSFER		\$60.62	\$2,496.38
03/08/2021	RECURRING DEBIT CARD XXXXX8067	\$10.00		\$2,435.76

	TEXTEDLY HTTPSTEXTED CA			
03/05/2021	RECURRING DEBIT CARD XXXXX8064 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,445.76
03/02/2021	ACH CREDIT XXXXX2324 PAYPAL TRANSFER		\$28.83	\$2,480.13
02/19/2021	RECURRING DEBIT CARD XXXXX9050 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,451.30
02/09/2021	DEBIT CARD PURCHASE XXXXX8669 SECURITY SELF STORAGE XXXXX3870 NC	\$105.00		\$2,463.29
02/09/2021	ACH CREDIT XXXXX4237 PAYPAL TRANSFER		\$42.72	\$2,568.29
02/09/2021	ACH CREDIT XXXXX6006 PAYPAL TRANSFER		\$71.12	\$2,525.57
02/08/2021	RECURRING DEBIT CARD XXXXX8039 TEXTEDLY HTTPSTEXTED CA	\$10.00		\$2,454.45
02/08/2021	RECURRING DEBIT CARD XXXXX9038 DNHGODADDYCOM XXXXX8855 AZ	\$18.17		\$2,464.45
02/04/2021	RECURRING DEBIT CARD XXXXX8035 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,482.62
02/01/2021	ACH CREDIT XXXXX3231 PAYPAL TRANSFER		\$43.50	\$2,516.99

May 2, 2021

Greetings Family,

I attended the NC Region quarterly meeting on April 24th. We were voted into the Region unanimously. The secretary let me know that I would not have the minutes by this meeting, but I will include them in next month's report.

Brain C. the Regional Chair will be reaching out to the Insurance Company this week to get our Area meetings on the policy. He also plans to reach out to our Web Chair.

An invitation was extended for our H&I Chair and PR Chair (if we have one by then) to attend the next regional meeting which will be held on Zoom July 24th.

Highlights of the meeting are as follows.

Roll call was take, 5 out of 9 areas were present. This does not include the Capital Area as we were not voted in yet. But quorum was met.

All officer reports were given. Open positions are Alt secretary, alt treasurer, Policy chair and alt policy chair, and alt H&I chair.

Of interest here the Treasures report. Ending balance in January was \$4,149.11 contributions deposited \$1,793.64. A bank fee of \$12. Was paid this is \$4.00 a month for electronic deposit/check imaging.

A check will be cut for the Web hosting for \$180.82. Leaving a balance of \$5,750.26

This is 750.26 above prudent reserve, 25% will be sent on to the SEZF, 25% will be sent on to NAWS.

At this time Area donations are made by check to the NC Region NA. I will provide our treasurer with the mailing address.

In new business and Ad Hock committee was formed to investigate the feasibility of a Regional Convention. Discussion was had on how to support the Mountain Area of NA which is struggling for support and may have to fold as an Area. Ideas floated were to hold the October regional meeting there and perhaps do a speaker jam focused on service.

In loving Service,

Elizabeth D. RCM

CASC Policy Subcommittee: Monthly Report

Richard J. / May 2 2021

Good Afternoon:

Past month's activities:

- 1) No Policy Sub Committee Meetings until Post COVID-19 shutdown
- 2) No printed policy manuals until CASC resumes face to face meetings but it is available on the area site.
- 3) If you have an older copy of the policy and some pages are not visible. You have to reload the policy and all will be visible.
- 4) Due to the transition to our new region, the area has decided to withhold funds over prudent reserve to Region service committees which is a deviation to our Area Policy.
- 5) No Policy Updates (Last updated December 2019). The recent updates to our policy will be posted upon clarification from the executive board.
- 6) My contact phone number is (267) 997-0896

Thank you again for your vote of confidence to serve our area in this position.

Richard J.



CASC Convention Chair Report

May 2021

May 4, 2021

Dear CASC,

Good morning, our committee is in the process of planning another fun raiser event. I truly apologize for the cancellation of our last planned fundraiser. I was hospitalized for 6 days and with all honesty the logistics with moving forward with that speaker jam was not in order.

The committee continues to strive and serve.

Due to the death in my family I am really at a loss of words due to my grievance during this time because it was very much unexpected.

My Vice Chair has informed me that she could not be present as well.

I hope that Julius sends you the Treasurer's report for transparency.

In loving service,

Teresa P.

PLEASE NOTE (from ASC Secretary): the bank statement from PNC Bank reflects \$5,434.93 for the Convention's bank funds (it was not included in minutes this month, but be for next month) – statement submitted by Julius J.

LIST OF SUGGESTED THEMES FOR CONVENTION

1. OUR COMMON WELFARE
2. CARING & SHARING THE NA WAY
3. I CAN'T, WE CAN
4. OUR STEPS LEAD TO RECOVERY
5. UNCONDITIONAL LOVE & SERVICE
6. FROM THE CHAIRS TO THE SQUARES, WE STILL RECOVER!
7. TOGETHER WE CAN
8. FEEL TO HEAL
9. NO MATTER WHAT
10. THE TIES THAT BIND
11. THE JOURNEY CONTINUES
12. A VISION OF HOPE
13. DESPERATE TO PASSION
14. WALKING THE WALK
15. SPIRITUALITY IN ACTION
16. BEYOND OUR WILDEST DREAMS
17. MIRACLES HAPPEN
18. OUR GRATITUDE SPEAKS

SPRING TIME NA KICKOFF

Capital Area Convention Committee

1st Outdoor Area Event since Covid-19

Saturday, June 19th

12pm to 4pm

MENS HEALING PLACE - 1251 GOODE STREET - RALEIGH NC.27603

Speakers - Food for Sale – Music - BRING YOUR OWN CHAIR CONTEST (have some fun!)



CAPITAL AREA Homegroup INFORMATION FORM

New Group:

Group Update:

DATE: 05/14/2021

HOMEGROUP NAME: Staying Alive

GSR NAME: Nick Reiner

PHONE: 919-907-8411 EMAIL: nnjreiner1999@gmail.com

MEETING START AND END TIMES:

MON: N/A TUE: N/A
WED: N/A THU: N/A
FRI: N/A SAT: 10 pm to 11 pm
SUN: N/A

MEETING ADDRESS:

STREET ADDRESS: 11407 US-70 Business West,

Clayton, N.C. 27520 *We are currently virtual only.*

LOCATION NOTES: Behind the McDonalds

FORMATS:

C = CLOSED, ADDICTS ONLY
W = WHEELCHAIR ACCESSIBLE
RR = ROUND ROBIN
T = TOPIC
TS = TRADITION STUDY
BTS = BASIC TEXT STUDY
LCS = LIVING CLEAN STUDY
SWG = STEP WORKING GUIDE

O = OPEN TO THE PUBLIC
CL = CANDLELIGHT
L = LITERATURE
D = DISCUSSION
SS = STEP STUDY
HW = IT WORKS, HOW & WHY
JFT = JUST FOR TODAY
V = VARIOUS FORMATS



Capital Area Service Committee Meeting Agenda

Date: **Sunday, June 6, 2021** on Zoom @ 2pm

Call meeting to order with the Serenity Prayer @ _____

Reading of The 12 Traditions of Narcotics Anonymous

Reading of The 12 Concepts for Service

Reading of The Service Prayer

Roll Call – TAKING OUR TIME PLEASE

Call & Approval of Minutes

Old Business

New Home Group Motion: Thursday Night LIT - PASSED

New Business

ELECTIONS!

CASC Officers Reports

- Chair – Sam C.
- Alternate Chair – Donna N.
- Secretary – Jennifer O.
- Alternate Secretary - VACANT
- Treasure – Michele M.
- Alternate Treasure – VACANT
- RCM – Elizabeth D.
- Alternate RCM - VACANT

Subcommittee Chair Reports

- Activities – Donald D.
- Convention – Teresa P.
- H&I – Leah H.
- Outreach – VACANT
- Policy – Richard J.
- PR – VACANT

Home group Concerns

Next CASC meeting will be Sunday, June 6, 2021 on the Zoom platform

Closing Prayer @ _____



CASC NA Service Resume

Date: _____

Name:	Clean Date:
Street address:	Phone:
City / State / ZIP:	Email:
Service position interested in:	
If the above is not an alternate position, do you have previous experience in this position or the related alternate position ('yes' or 'no')?	
Do you understand the responsibilities defined in CASC Policy for this position ('yes' or 'no')?	
List <u>all</u> Group service positions held, and dates served:	
List <u>all</u> Area service positions held, and dates served:	
List <u>all</u> Regional service positions held, and dates served:	
List <u>all</u> World service positions held, and dates served:	
Were all service commitments completed ('yes' or 'no')?	
If you answered 'no' to the above question then please explain fully:	
Are you employed full-time ('yes' or 'no')?	
Can you travel in conjunction with this service position ('yes' or 'no')?	

Use the backside of this resume or a separate page to expand answers or include additional comments, if applicable.

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated
A New Beginning			Mid Day Miracles			South Side Recovery	
Basic Text Study Group			Miracles In Progress			Spiritual Change	
Came to Believe			NA At Noon			Spiritually Connected	
Candlelight Recovery			NA In the PM			Sunday Serenity	
Constantly Searching			NA Way Group			The Journey Continues	
Daily Reprieve			Never Alone Never Again			The Primary Purpose Group	
Expect a Miracle			New Horizons Group			The Seekers Group	
Experience, Strength, and Hope			New Way of Life II			Together We Can	
Faith Thru Principles			Our Common Welfare			Trust the Process	
Freedom Through Recovery	\$44.30	\$42.72	Out To Lunch			Tuesday Night Live	
I Can't, We Can			Peace in The AM			Unity and Positivity	
In From The Storm			Principles & Traditions			Way to Grow Group	
Let The Healing Begin			Principles B4 Personalities			We Do Recover	
Life on Life's Terms			Recovery In the Hood			Welcome Home	
Living Clean & Serene			Rediscovery Through Recovery			Why Are We Here	
Lunatic Fringe			Seeking Similarities			Wolfpacking	
Man Up			Serenity In The Morning			Women In Recovery	
						Young Connections to Recovery	
			Home Group Donations		\$42.72	Keep It Simple	11
						Brian B. 4.12	
						Total Other Income	114.62
						Total Income	\$15

Deposited
10.5
57.34

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	4/1/2021	\$2,082.19		Period: 4/1/21 -4/30/2021	
Income/ Revenue Section 1					
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations	4/30/2021	\$216.37		Group donations received during the Month	
Total Income/ Revenues		\$216.37			
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTEES					
H&I Committee					
H&I Literature					H&I Literature -
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$34.37		Varies slightly - averages \$30.93/ month
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD			On Auto draft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$10.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses					
Outreach					\$35 Monthly allocation per policy
Policy					\$30 Monthly allocation per policy
Activities Committee available					\$500 For Area Anniversary Function(s)
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly				ASC - Rent
Secretary					Varies slightly
Treasurer - Office Supplies					Checks Replenished/Harland Clarke
Treasurer -Storage Rent	9th monthly	AD	\$105.00		Security Self Storage
Chairperson					
RCM Travel/ Expenses					Refund Receipts
Bank Fees		AD			Service charge - Bank Account
Mail Box - Due yearly on Nov 1st		1978			CASC Mailbox at Cameron Village
Misc. ZOOM and Website					
ZOOM			\$11.99		
Regional Donations - 60% - CRNA					Per Policy
World Donations - 40% - NAWS					World Donation Per Policy
Total of All Expenses			\$161.36		
Revenue		\$216.37			
Beginning Balance:		\$2,082.19			
DIFFERENCE: Income-Expenses		\$55.01			
Ending Balance		\$2,137.20			
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount	Description	
Regional					
World Donations			\$112.88		
		TOTAL:	\$112.88		
Available Balance		\$2,024.32			
Prudent Reserve- Per Policy		\$1,800.00			
Amount Above/ Below P.R.		\$224.32			



CASC NA Service Resume

Date: _____

Name:	Clean Date:
Street address:	Phone:
City / State / ZIP:	Email:
Service position interested in:	
If the above is not an alternate position, do you have previous experience in this position or the related alternate position ('yes' or 'no')?	
Do you understand the responsibilities defined in CASC Policy for this position ('yes' or 'no')?	
List <u>all</u> Group service positions held, and dates served:	
List <u>all</u> Area service positions held, and dates served:	
List <u>all</u> Regional service positions held, and dates served:	
List <u>all</u> World service positions held, and dates served:	
Were all service commitments completed ('yes' or 'no')?	
If you answered 'no' to the above question then please explain fully:	
Are you employed full-time ('yes' or 'no')?	
Can you travel in conjunction with this service position ('yes' or 'no')?	

Use the backside of this resume or a separate page to expand answers or include additional comments, if applicable.