

10/3/21 CASC Meeting Minutes

Minutes are in italics, in-line with each agenda item. Action items are highlighted.

• Opening 2 PM

- Opening prayer*
- Twelve Traditions
- Twelve Concepts
- Role call *role call results below*
 - CASC Officers and Subcommittee Chairs
 - GSRs
- Agenda review

• Old Business

- September minutes
 - Policy report was missing - Sestian will add and resend September minutes.
 - Motion to table accepting Sep. minutes until next month made by John B. / seconded by Leah P. (action item is to vote on accepting Sep. minutes next month).
 - Motion passed: 10 yes / 0 no / 1 abstain
 - Vote results for motion to table accepting September minutes until November. (Y=yes / N=no / A=abstain)

| Home Group | GSR info (or proxy) | |
|------------------------------------|---------------------|---|
| A New Beginning | James H. | Y |
| Candlelight Recovery | Owen | Y |
| Freedom Thru Recovery | Maria M. | Y |
| Ladies Night Out | Chelsea D. | Y |
| New Way Of Life II | Andrew R. | Y |
| Peace in the AM | Jay | A |
| Recovery in The Hood | Reese Y. | Y |
| Recovery in The Hood | Reese Y. | Y |
| Recovery in The Hood | Reese Y. | Y |
| Basic Text (not meeting) | Donald | Y |
| Constantly Searching (not meeting) | Brendan | Y |

- Storage unit
 - Leah P. did some price shopping on storage units (attached)
 - Location matters, e.g. Public Storage on Capital is lower than Public Storage in Cary
 - Not climate control is less
 - Recommends looking further into this
 - Still need to inventory existing storage unit items to determine size and climate control.
 - Leah and Julius will inventory current storage unit. Contact Leah or Julius (contact info below) if you would like to participate in inventorying the storage unit.
 - Storage unit will continue to be shared. Treasurer and Convention Subcommittee Chair will each have a key and track key usage.
- Financial audit
 - Leah P. (Treasurer) and Richard J. will review policy and reach out to Donna to get the ball rolling.
 - Per Julius, Convention Subcommittee is also getting ready to conduct their first quarterly audit as well.
 - As of Oct. 1 the first quarter of the current service committee is complete.
- Minutes posted to capitalareancna.org (not posted)
 - Need a secretary to coordinate getting historical minutes posted to <https://capitalareancna.com/area-service-committee>; old secretary may be able to assist. Will bring to the attention of the Chair to address.

• Officer Reports

- Chair - Sebastian D. (proxy)

- Written report presented on-screen and attached.
 - Donna N. / Chair needs to arrange to get the key to the PO Box from the former secretary.
 - Vice Chair - **VACANT**
 - Treasurer - Leah P.
 - Written report presented on-screen and attached.
 - Issue w/requiring a PayPal account to donate online not resolved. Call Leah (contact info below) if you need another way to make your home group donation instead of PayPal. Leah prefers you do not mail to PO Box.
 - Treasurer Alternate - **VACANT**
 - Secretary - **VACANT**
 - Secretary Alternate - **VACANT**
 - RCM - Michelle M.
 - No report.
 - RCM Alternate - **VACANT**
- **Subcommittee Reports**
 - Policy - Richard J.
 - Written report presented on-screen and attached.
 - Policy continues to work on archiving motions; dependent on a capable Secretary to assist.
 - Hospitals & Institutions - Kelly T.
 - Written report presented on-screen and attached.
 - H&I orientation is at 12:00 noon on the first Sunday of each month on Zoom.
Meeting ID: 9677757696 / PW: JFT
 - Contact Kelly T. for more info on how to participate on H&I (contact info below).
 - Continues to work on arranging Zoom presentations for all facilities, to make H&I participation more accessible to panel members. Leah will provide her contacts to Kelly to assist.
 - Current H&I commitments:
 - Wakebrook Sundays at 7.
 - Triangle Springs Thursday at 7.
 - WakeMed Sundays at 4 is not getting done due to lack of participation.
 - Once COVID restrictions are lifted we'll resume services at women's prison.
 - Outreach - Sebastian D.
 - Written report presented on-screen and attached.
 - Many homegroups are printing their own lists.
 - Meeting list printing comes out of PRs budget.
 - You can now submit motions and service resumes online.
 - Submit a new motion: <https://forms.gle/WfWQ8AiE3VzXRPLW6>
 - Submit a motion for a new home group to join Capital Area NA of NC: <https://forms.gle/dWaaJ6BQ7qJmFAh36>
 - Submit a service resume: <https://forms.gle/4nV9EkPbgkRTigN87>
 - Contact Sebastian at (919) 627-7607 if you need meeting lists.
 - Convention - Julius J.
 - Written report presented on-screen and attached.
 - Logo contest starts now - theme is "The Journey Continues" - email your submission to secretary@capitalareancna.com or directly to Julius at juliusjenkins50@gmail.com.
 - Last event was largest grossing event to date for the current subcommittee. By request of multiple home groups there will be one more in-person event - details TBA. Was also significantly more diverse than many recent events.
 - Next tailgating event is 10/30.
 - Sponsor/sponsee dinner is coming up Nov. 20. Will be in-person; w/all precautions taken to protect participant health. Will review date considering NA Sponsorship Day is Dec 1; however this may be challenging since facilities are currently reluctant to accept booking except for near-term.
 - Comment: Last event was awesome.
 - Activities - **VACANT**
 - Public Relations - **VACANT**
- **Home Group Q&A and Concerns**

- *Third-party audit? Ad hoc committee to coordinate logistics? Hasn't been done in years. This needs to be initiated by a CASC officer or GSR motion in order for it to happen.*
- *Does policy reflect current practice of receiving and depositing funds?*
 - *Issue w/current policy requirement for two people being present for receipt and deposit of fund / debate about whether we're meeting policy.*
 - *Suggestion to modify policy to reflect current practice. Leah (Treasurer) and Richard (Policy Chair) will do this, maybe as party of the quarterly audit.*
 - *Suggestion: don't solve a problem that doesn't exist.*
 - *Suggestion to use money orders for additional accountability.*
- *Basic Text home group lost their meeting place due to COVID; trying to arrange for Zoom version. Found a location at Transformation Church at 1500 Garner Ave., but home group has not taken a vote yet to go forward with this.*
- *Concern regarding lack of participation on area service committee and subcommittees - too many open positions. Suggestion that carrying the message this should take priority over "fun events".*
- *Concern that we won't be able to celebrate our area anniversary this coming Jan. because we don't have an Activities Subcommittee chair.*
- *Recovery in the Hood needs books; asking for donations of Basic Text and other NA literature. Contact Reese Y. at (984) 349-2199.*
- *Christ The King Presbyterian, 426 Wake Forest Road, Raleigh, NC, 27604 is open to NA meeting in their facility. If your home group is looking for a location suggest contacting Aaron Grainger at this facility at (919) 546-0515 / aarongrainger@ctkraleigh.org.*

● **New Business**

- *Welcome new home groups joining Capital Area NA of NC (if any).*
 - *None.*
- *Last call for new motions, proposals and service resumes.*
 - *New motion; policy change / back to home groups for review; will be voted on at Nov. CASC meeting:*

| | |
|--------------------------------|---|
| Timestamp | 10/3/2021 14:23:41 |
| Motion made by | Ladies Night Out |
| Motion seconded by | Maria M. / Freedom Through Recovery |
| Motion reads as follows | Change the way that votes are recognized for virtual CASC meetings. During voting on virtual meetings the Secretary would go down the home group list of who is present one by one, and record the vote for each. |
| Intent: | To make the voting process more simple and streamlined during virtual CASC meetings. |
| Back to home groups | TRUE |
| Policy change | TRUE |

● **Closing Prayer*** 3:58 PM

*Serenity Prayer; optional

Role call

| Officers | Name & contact info | |
|-----------------|---|---|
| Chair | Donna N. (Sebastian 10/3) (919) 327-8207 donnaanorwood124@gmail.com | ✓ |
| Chair Alt. | VACANT - submit a service resume if you are interested in this position | |
| Treasurer | Leah P. (440) 532-9100 LeahPierce2830@gmail.com | ✓ |
| Treasurer Alt. | VACANT - submit a service resume if you are interested in this position | ✓ |
| Secretary | VACANT - submit a service resume if you are interested in this position | ✓ |
| Secretary Alt. | VACANT - submit a service resume if you are interested in this position | ✓ |
| RCM | Michelle M. (919) 268-7556 m4woods@yahoo.com | |
| RCM Alt. | VACANT - submit a service resume if you are interested in this position | |

| Home Group | GSR info (or proxy) | |
|------------------------------------|----------------------------|---|
| A New Beginning | James H. | ✓ |
| Came to Believe | | |
| Candlelight Recovery | Owen | ✓ |
| Daily Reprieve | | |
| Experience, Strength, and Hope | | |
| Faith Through Principles | | |
| Freedom Thru Recovery | Maria M. | ✓ |
| I Can't We Can | | |
| Ladies Night Out | Chelsea D. | ✓ |
| Life On Life's Terms | | |
| Living Clean & Serene | | |
| Mid Day Miracles | | |
| NA at Noon | | |
| Never Alone Never Again | | |
| New Way Of Life II | Andrew R. | ✓ |
| Peace in the AM | Jay | ✓ |
| | | |
| Basic Text (not meeting) | Donald | ✓ |
| Constantly Searching (not meeting) | Brendan | ✓ |

| Subcommittees | Chair name & contact info | |
|----------------------|---|---|
| H&I | Kelly T. (910) 408-8570 kelly@dtainsure.com | ✓ |
| Public Relations | VACANT - submit a service resume if you are interested in this position | ✓ |
| Policy | Richard J. (267) 997-0896 rjones9144@msn.com | ✓ |
| Outreach | Sebastian D. (919) 627-7607 j.sebastian.dorin@gmail.com | ✓ |
| Activities | VACANT - submit a service resume if you are interested in this position | ✓ |
| Convention | Julius J. (252) 299-9510 juliusjenkins50@gmail.com | ✓ |

| Home Group | GSR info (or proxy) | |
|-------------------------------|----------------------------|---|
| Principles and Traditions | | |
| Principles B4 Personalities | | |
| Recovery in The Hood | Reese Y. | ✓ |
| Rediscovery Thru Recovery | | |
| Southside Recovery | | |
| Spiritual Change | John B. | ✓ |
| Sunday Serenity Group | Jesse N. | ✓ |
| The Journey Continues | | |
| The Primary Purpose Group | | |
| Thursday Night LIT | | |
| Together We Can | | |
| Trust The Process | | |
| Tuesday Night Live | | |
| Way to Grow Group | | |
| Wolfpackin' | | |
| Young Connections To Recovery | | |
| | | |
| | | |

11 GSRs in attendance.

Information for use during meeting (verbal or Zoom Chat)

CASC Policy section 2.04(a): “A Chairperson arranges an agenda for and presides over the monthly meetings.”

Agenda:

- Opening, including role call
- Old business
- Officer reports
- Subcommittee reports
- Home group concerns and Q&A
- New business
- Close

There will be a 10 min. break about halfway through today’s meeting.

Raise your hand if you want the floor, using the ‘raise hand’ Zoom function.

Please keep discussion on-topic, constructive, and to-the-point.

Keep your microphone muted unless called on. The Zoom host also can and will mute disruptive audio from participants.

CASC Policy Manual:

<https://capitalareancna.com/wp-content/uploads/2021/09/CASC-Policy-Manual-updating-Sept-2021.pdf>

The Twelve Traditions of NA:

https://na.org/admin/include/spaw2/uploads/pdf/litfiles/us_english/misc/Twelve%20Traditions.pdf

The Twelve Concepts of NA:

https://na.org/admin/include/spaw2/uploads/pdf/litfiles/us_english/Booklet/Twelve%20Concepts.pdf

Submit a new motion: <https://forms.gle/WfWQ8Aie3VzXRPLW6>

Submit a motion for a new home group to join Capital Area NA of NC:

<https://forms.gle/dWaaJ6BQ7qJmEAh36>

Submit a service resume:

<https://forms.gle/4nV9FkPbgkRTigN87>

Submit a motion or service resume email: secretary@capitalareancna.com. Suggestion: Include the same information required on a standard CASC form, which can be found at <https://capitalareancna.com/area-service-committee>.

Currently the following positions are open:

- Vice Chair
- Treasurer Alternate
- Secretary
- Secretary Alternate
- RCM Alternate
- PR Subcommittee Chair
- Activities Subcommittee Chair

Hello.

Donna N. called me a couple of days ago and asked me to chair today. I received no information about area business over the last month, and no written report. Per section 5.01(a) of our CASC Policy all Officers and Subcommittee Chairs should submit a written report at each CASC meeting.

Section 5.01 General Guidelines for Conducting Business at the CASC

(a) Monthly Reports

All CASC Officers and Subcommittee Chairpersons must submit written reports at each meeting of the CASC, that includes a treasury report for their Subcommittee. Alternate Chairperson and Alternate CASC Officers are not required to submit reports.

I'm asking all of you to proactively communicate with your networks and announce in the meetings you attend that we are not reaching our potential as an area to help the addict who still suffers, including H&I participation, and that anyone who would like to help can. Invite them to our next area meeting, and remind them the day before. Have them call me or any of those currently serving. Someone put in the work so that each of us could have a chance at recovery. We have to show others how if we want them to do the same.

Outreach created online forms for submitting motions and service resumes. Hopefully this will help us do business while we're meeting virtually.

- Submit a new motion <https://forms.gle/WfWQ8AiE3VzXRPLW6>
- Submit a motion for h.g. to join CASC <https://forms.gle/dWaaJ6BQ7qJmEAh36>
- Submit a service resume <https://forms.gle/4nV9FkPbgkRTigN87>

Vacant service positions w/in CASC:

| Officers | Subcommittees Chairs |
|---|--------------------------------|
| Chair Alt. Treasurer Alt. Secretary Secretary Alt. RCM Alt. | Public Relations Activities |

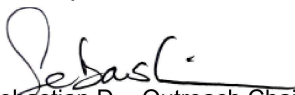
Regretfully Jennifer O. will no longer serve as our Secretary. I'd like to sincerely thank her for her service to this committee. Jennifer was never elected as secretary - she simply volunteered about a year ago, and has been doing it ever since. Now it is time for someone else to step up. See section 2.04 of our CASC Policy Manual for details.

I spoke with Kelly T., H&I Chair and learned that we still don't have anyone to fill Sunday WakeMed commitment. Please contact Kelly at (910) 408-8570 if you're interested in this or any H&I commitment. The whole point of the area service committee is to help our home groups carry the message to the addict who still suffers. I can't really think of too many places, other than out on the street, where you'll find more addicts still suffering than in hospitals and institutions.

Our Treasurer, Leah P., has done a price comparison on storage units. It looks like *all* of them are less than what we're paying right now, even for the same size. We can save even more if we can downsize. I also talked with Julius J. about the storage unit. As far as I know, we still haven't performed a full inventory of what's in our existing unit, and this is recommended before a decision to a) split up CASC and Convention Subcommittee into separate units, and b) downsize our storage unit.

Last but not least I checked the secretary@capitalareancna.com email account for anything pertinent to today, and I'm attaching the last edition of "NAWS News". You can also access it online at www.na.org/nawsnews. I also got Jennifer's notes from the Sep. CASC meeting and all the reports that were emailed to secretary@capitalareancna.com, created Sep. minutes, and emailed them to GSRs.

Sincerely,


 Sebastian D. - Outreach Chair and chair for 10/3/21 CASC meeting
 919.627.7607 - j.sebastian.dorin@gmail.com



CASC TREASURERS REPORT

Date: 10/1/2021
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of September 2021

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation. We donated \$0 to the World Service Office which is 40% above prudent reserve. We donated \$0 to the NC Region which is 60% above prudent reserve.

September 2021 STATEMENT

| | |
|---|---|
| The beginning balance on 9/01/2021 was: | \$1,653.65 |
| Deposits totaled: | \$ 560.67 |
| Checks and deductions totaled: | \$ 247.44 - See attached detailed Income & Expense Report |
| Ending balance on 9/30/2021: | \$ 1,966.88 See attached PNC Bank Statement |
| Outstanding checks not cleared: | \$ - |
| Available balance on 9/30/2021: | \$1,977.88 |

This available balance puts us \$177.88 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$71.15 donation to World or and a \$106.73 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement

Capital Area NA
Treasurers Report Income Expense

| Beginning Balance: | 9/1/2021 | \$1,653.65 | | Period: 9/1/21 -9/30/2021 | |
|--|--------------|-------------------|-----------------|---|--|
| Income/ Revenue Section 1 | | | | | |
| Type of Deposit/debit | Date | Amount | Notes | Description | |
| Group Donations | 9/30/2021 | \$560.67 | | Group donations received during the Month | |
| Total Income/ Revenues | | \$560.67 | | | |
| Expense Section | | | | | |
| Type of Bill or Payment | Date | Check # | Amount | Notes | Policy Description |
| SUB COMMITTEES | | | | | |
| H&I Committee | | | | | |
| H&I Literature | | | | | H&I Literature - \$190 |
| H&I Office Supplies | | | | | H&I - Office Supplies |
| H&I Learning Day one per year | | | | | One Learning Day - per Policy \$200 |
| PR and Website | | | | | |
| Phone Line - Auto Draft Monthly | 5th monthly | AD | \$34.37 | | Varies slightly - averages \$30.93/ month |
| Meeting Directories | | | | | Varies slightly - Quarterly Printing |
| Website - Auto Draft Go Daddy | 16th monthly | AD | | | On Auto draft |
| Text Blasting-Auto Draft Monthly | 9th monthly | AD | \$10.00 | | On Autodraft-TEXTEDLY.COM |
| PR Literature | | | \$75.08 | | \$75 Monthly Budget-\$65 facebook |
| PR Chair Travel Expenses | | | | | |
| Outreach | | | | | \$35 Monthly allocation per policy |
| Policy | | | | | \$30 Monthly allocation per policy |
| Activities Committee available | | | | | \$500 For Area Anniversary Function(s) |
| AREA SERVICE COMMITTEE | | | | | |
| Fairmont United Methodist Church | 1st monthly | | | | ASC - Rent |
| Secretary | | | | | Varies slightly |
| Treasurer - Office Supplies | | | | | Checks Replenished/Harland Clarke |
| Treasurer -Storage Rent | 9th monthly | AD | \$105.00 | | Security Self Storage |
| Chairperson | | | | | |
| RCM Travel/ Expenses | | | | | Refund Receipts |
| Bank Fees | | AD | | | Service charge - Bank Account |
| Mail Box - Due yearly on Nov 1st | | 1978 | | | CASC Mailbox at Cameron Village |
| Misc. ZOOM and Website | | | | | |
| ZOOM | | | \$11.99 | | |
| Regional Donations - 60% - CRNA | | | \$0.00 | | Per Policy |
| World Donations - 40% - NAWS | | | \$0.00 | | World Donation Per Policy |
| Total of All Expenses | | | \$236.44 | | |
| Revenue | | \$560.67 | | | |
| Beginning Balance: | | \$1,653.65 | | | |
| DIFFERENCE: Income-Expenses | | \$324.23 | | | |
| Ending Balance | | \$1,977.88 | | | |
| Previous Month's Checks Not Yet Cleared | | | | | |
| Check Payable to: | Date | Check # | Amount | Description | |
| Regional | | | | | |
| World Donations | | | | | |
| | | TOTAL: | \$0.00 | | |
| Available Balance | | \$1,977.88 | | | |
| Prudent Reserve- Per Policy | | \$1,800.00 | | | |
| Amount Above/ Below P.R. | | \$177.88 | | | |



Account Activity

Tuesday, September 28, 2021

Business Checking XXXXXX2581 Available Balance: \$1,977.88

Account Summary

| | | | |
|----------------------|------------|--------------------------|--------------------------|
| Available Balance: | \$1,977.88 | Interest Paid to Date: | \$0.00 |
| Ledger Balance: | \$1,977.88 | Interest Paid Last Year: | \$0.00 |
| Pending Withdrawals: | \$0.00 | Last Deposit Amount: | \$295.00 09/27/2021 |
| Pending Deposits: | \$0.00 | Last Statement Balance: | \$1,653.65 08/31/2021 |

Account Details

| | |
|------------------------|--|
| Nickname: | None |
| Type: | Business Checking |
| Text Banking Nickname: | None |
| Address: | PO BOX 10953 RALEIGH, NC 27605 - 0953 |

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

| Date | Description | Withdrawals | Deposits |
|----------------------------------|-------------|-------------|----------|
| You have no pending transactions | | | |

Posted Transactions

| Date | Description | Withdrawals | Deposits | Balance |
|------------|--|-------------|----------|------------|
| 09/27/2021 | ATM DEPOSIT 85068189 DEPOSIT 4000 CAPITAL BL RALEIGH NC | | \$295.00 | \$1,977.88 |
| 09/24/2021 | ACH CREDIT XXXXX1078 PAYPAL TRANSFER | | \$88.00 | \$1,682.88 |
| 09/20/2021 | CHECK 1987 086286132 | \$75.08 | | \$1,594.88 |
| 09/20/2021 | RECURRING DEBIT CARD XXXXX8262 ZOOMUS XXXXX9666 WWWZOOMUS CA | \$11.99 | | \$1,669.96 |
| 09/13/2021 | ACH CREDIT XXXXX8200 PAYPAL TRANSFER | | \$155.50 | \$1,681.95 |
| 09/09/2021 | RECURRING DEBIT CARD XXXXX8252 PY Security Self Stor XXXXX9038 NC | \$105.00 | | \$1,526.45 |
| 09/08/2021 | RECURRING DEBIT CARD XXXXX8251 TEXTEDLY HTTPSTEXTED CA | \$10.00 | | \$1,631.45 |
| 09/07/2021 | RECURRING DEBIT CARD XXXXX8248 J2 ONEBOX SERVICES XXXXX5400 CA | \$34.37 | | \$1,641.45 |
| 09/07/2021 | ACH CREDIT XXXXX8410 PAYPAL TRANSFER | | \$22.17 | \$1,675.82 |
| 08/26/2021 | ACH WEB-SINGLE NAWORLD NAWORLD PAYPAL INST XFER | \$20.39 | | \$1,653.65 |
| 08/19/2021 | RECURRING DEBIT CARD XXXXX8231 ZOOMUS XXXXX9666 WWWZOOMUS CA | \$11.99 | | \$1,674.04 |
| 08/17/2021 | ACH CREDIT XXXXX9698 PAYPAL TRANSFER | | \$24.76 | \$1,686.03 |
| 08/16/2021 | ACH CREDIT XXXXX9398 PAYPAL TRANSFER | | \$100.50 | \$1,661.27 |
| 08/11/2021 | DEBIT CARD PURCHASE XXXXX5198 PY Security Self Stor XXXXX9038 NC | \$105.00 | | \$1,560.77 |
| 08/09/2021 | CHECK 1986 085662245 | \$30.59 | | \$1,665.77 |

| | | | |
|------------|---|----------|------------|
| 08/09/2021 | CHECK 1983 085511372 | \$50.00 | \$1,696.36 |
| 08/09/2021 | CHECK 1982 085662247 | \$54.08 | \$1,746.36 |
| 08/09/2021 | RECURRING DEBIT CARD XXXXX8220 TEXTEDLY HTTPSTEXTED CA | \$10.00 | \$1,800.44 |
| 08/05/2021 | POS PURCHASE POS99999999 0015805 USPS KIOSK 366 RALEIGH NC | \$11.00 | \$1,810.44 |
| 08/04/2021 | RECURRING DEBIT CARD XXXXX8216 J2 ONEBOX SERVICES XXXXX5400 CA | \$34.37 | \$1,821.44 |
| 08/03/2021 | CHECK 1985 086457711 | \$28.50 | \$1,855.81 |
| 08/02/2021 | CHECK 1984 085599987 | \$20.75 | \$1,884.31 |
| 08/02/2021 | DEBIT CARD PURCHASE XXXXX5198 NA WORLD SERVICES HTTPSINSTAG CA | \$36.06 | \$1,905.06 |
| 07/28/2021 | ACH CREDIT XXXXX2503 PAYPAL TRANSFER | \$26.89 | \$1,941.12 |
| 07/26/2021 | CHECK 1981 085719827 | \$20.38 | \$1,914.23 |
| 07/26/2021 | CHECK 1980 085352372 | \$95.60 | \$1,934.61 |
| 07/19/2021 | RECURRING DEBIT CARD XXXXX8200 ZOOMUS XXXXX9666 WWWZOOMUS CA | \$11.99 | \$2,030.21 |
| 07/14/2021 | RECURRING DEBIT CARD XXXXX9195 DNHGODADDYCOM XXXXX8855 AZ | \$21.17 | \$2,042.20 |
| 07/13/2021 | ATM DEPOSIT 83757948 DEPOSIT 3619 ROGERS RD WAKE FOREST NC | \$25.00 | \$2,063.37 |
| 07/13/2021 | ATM DEPOSIT 83757966 DEPOSIT 3619 ROGERS RD WAKE FOREST NC | \$29.00 | \$2,038.37 |
| 07/13/2021 | ATM DEPOSIT 83757924 DEPOSIT 3619 ROGERS RD WAKE FOREST NC | \$44.00 | \$2,009.37 |
| 07/13/2021 | ATM DEPOSIT 83757977 DEPOSIT 3619 ROGERS RD WAKE FOREST NC | \$51.00 | \$1,965.37 |
| 07/09/2021 | RECURRING DEBIT CARD XXXXX9190 TEXTEDLY HTTPSTEXTED CA | \$10.00 | \$1,914.37 |
| 07/08/2021 | DEBIT CARD PURCHASE XXXXX8669 PY Security Self Stor XXXXX9038 NC | \$105.00 | \$1,924.37 |
| 07/07/2021 | ACH CREDIT XXXXX3179 PAYPAL TRANSFER | \$78.00 | \$2,029.37 |
| 07/06/2021 | RECURRING DEBIT CARD XXXXX9186 J2 ONEBOX SERVICES XXXXX5400 CA | \$34.37 | \$1,951.37 |

MENU



Search activities



Completed

Last week



PNC BANK, NA

- \$88.00

Sep 23

Transfer to Bank

NJ

Nancy [REDACTED]

+ \$88.00

Sep 23

Money Received

"Donation from Freedom Through Recovery"

2 weeks ago



PNC BANK, NA

- \$155.50

Sep 10

Transfer to Bank

Inia [REDACTED]

+ \$155.50

Sep 9

Money Received

"Keep it Simple group donation"



PNC BANK, NA

- \$22.17

Sep 6

Transfer to Bank

ED

Elizabeth [REDACTED]

+ \$22.17

Sep 3

Money Received

"Primary Purpose donation"

[Print shipping label](#)

[Add tracking info](#)

Aug 2021



NA World Services, Inc.

- \$20.39

Aug 25

Payment



PNC BANK, NA

- \$24.76

Aug 16

Transfer to Bank

ED

Elizabeth [REDACTED]

+ \$24.76

Aug 16

Money Received

"Primary Purpose donation"

[Print shipping label](#)

[Add tracking info](#)



PNC BANK, NA

- \$100.50

Aug 13

Transfer to Bank

Inia [REDACTED]

+ \$100.50

Aug 13

Money Received

"Keep it Simple group donation"

Jul 2021



PNC BANK, NA

- \$26.89

Jul 27

Transfer to Bank

ED **Elizabeth [REDACTED]** **+ \$26.89**
Jul 27
Money Received
"Primary Purpose Group donation"
[Print shipping label](#) [Add tracking info](#)

 **PNC BANK, NA** **- \$78.00**
Jul 6
Transfer to Bank

Inia [REDACTED] **+ \$78.00**
Jul 6
Money Received
"KEEP IT SIMPLE GROUP DONATION"

[HELP](#) [CONTACT US](#) [SECURITY](#) [FEES](#)

©1999-2021 PayPal, Inc. All rights reserved.

[Privacy](#) [Legal](#) [Policy updates](#)

| Home Group Name | Donated | Deposited | Home Group Name | Donated | Deposited | Home Group Name | Donated | Deposited |
|--------------------------------|---------|-----------|------------------------------|---------|-----------------|-------------------------------|---------|-----------------|
| A New Beginning | | | Mid Day Miracles | | | South Side Recovery | 295 | \$295 |
| Basic Text Study Group | | | Miracles In Progress | | | Spiritual Change | | |
| Came to Believe | | | NA At Noon | | | Spiritually Connected | | |
| Candlelight Recovery | | | NA In the PM | | | Sunday Serenity | | |
| Constantly Searching | | | NA Way Group | | | The Journey Continues | | |
| Daily Reprieve | | | Never Alone Never Again | | | The Primary Purpose Group | 22.17 | \$22.17 |
| Expect a Miracle | | | New Horizons Group | | | The Seekers Group | | |
| Experience, Strength, and Hope | | | New Way of Life II | | | Together We Can | | |
| Faith Thru Principles | | | Our Common Welfare | | | Trust the Process | | |
| Freedom Through Recovery | \$88.00 | \$88.00 | Out To Lunch | | | Tuesday Night Live | | |
| I Can't, We Can | | | Peace in The AM | | | Unity and Positivity | | |
| In From The Storm | | | Principles & Traditions | | | Way to Grow Group | | |
| Keep it Simple | 155.5 | \$156 | Principles B4 Personalities | | | We Do Recover | | |
| Life on Life's Terms | | | Recovery In the Hood | | | Welcome Home | | |
| Living Clean & Serene | | | Rediscovery Through Recovery | | | Why Are We Here | | |
| Lunatic Fringe | | | Seeking Similarities | | | Wolfpacking | | |
| Man Up | | | Serenity In The Morning | | | Women In Recovery | | |
| | | | | | | Young Connections to Recovery | | |
| | | | Home Group Donations | | \$560.67 | Keep It Simple | | |
| | | | | | | Brian B. 4.12 | | |
| | | | | | | Total Other Income | | |
| | | | | | | Total Income | | \$560.67 |

| Storage place | Size | climate | non-climate |
|---------------|------|---------|-------------|
| public | 5x10 | 82 | 75 |
| | 5x5 | | |
| Extra Space | 5x10 | 109 | |
| | 5x5 | 77 | |
| Store Smart | 5x10 | | 67 |
| | 5x5 | | 49 |
| Cube Smart | 5x10 | 63 | |
| | 5x5 | 41 | |
| Storage King | 5x10 | 83 (60) | |
| | 5x5 | -46 | |
| Saf-T | 5x10 | | 49 |
| | 5x5 | | |
| Raleigh-Cary | 5x10 | 75 | |
| | 5x5 | 50 | |
| | 5x8 | 65 | |
| Cardinal | 5x10 | 95 unav | 55 |
| | 5x5 | 60 unav | 35 |
| Uhaul | 5x10 | 90 | 80 |
| | 5x5 | | |
| | 5x10 | | |
| | 5x5 | | |
| | 5x10 | | |
| | 5x5 | | |
| | 5x10 | | |
| | 5x5 | | |

Capital Area H&I Report

October 2021

Presentations have successfully gone into Wakebrook and Triangle Springs this month. I sent an email to the coordinator at Wake Med to see if we could set up zoom meetings on Sundays instead of in person since we were not successfully taking presentations due to lack of people willing to go. I have not received a response. New meeting schedules were printed and taken into triangle springs. I will get with Barry and Herb to see if they have taken any to wakebrook and if not I will get with them to provide them some. I have not heard anything from the women's prison on any change in their covid restrictions, meaning that we are still not able to take a presentation to that facility. As in previous months, we could use some subcommittee members and people willing to get oriented to go into these facilities so we can continue to fulfill our primary purpose, to carry the message to the addict who still suffers. We will meet on zoom on November 7th at 12pm for orientation and 12:30 pm for the subcommittee meeting.

Zoom ID: 9677757696

PW: JFT

In loving service,

Kelly T.

910-408-8570

kelly@dtainsure.com

PR Report

In the last 30 days our website has had the following:

1,016 Users
2,657 Sessions
4,027 Page Views (2,744 are the meeting schedule page)
Average time spent on site is 1:11
97% USA
2% China
1% UK, Germany, Denmark Greenland, Russia & Sweden
54% Male
46% Female
Age range is pretty evenly spread out

36% had direct link
62% found us via Search Engines
1% were from links

We continue to send out texts and email blasts and Facebook posts as a service to the groups.

PR has the following service opportunities available:

Poster Drive Liason
Chair
Alternate Chair
Presentations Coordinator
Secretary

Joe McC.

Outreach Subcommittee Charter - CASC Policy section 3.04(f)**Outreach Subcommittee**

To assist in carrying the NA message to the still suffering addict, thus supporting the continuing growth and unity of the fellowship. It is suggested that additional information about the Outreach Subcommittee may be found in applicable World Service and Regional Service documents. The Outreach Subcommittee will carry out its function and purpose by:

- (i) Acting as a resource and a coordinator in reaching out to: Loners, isolated groups, Loners and isolated groups in institutions and struggling groups.
- (ii) To locate isolated members, groups, or meetings and to provide these members, groups and meetings with information about NA and its service structure.
- (iii) To reach out to groups that have not been attending CASC meetings on a regular basis; and to encourage participation through education. If a group does not have a representative at a meeting of the CASC during an entire quarter, the Outreach Subcommittee will personally deliver the group minutes in an attempt to address any problems that the group may be experiencing.
- (iv) To provide orientation, group packets and CASC Policy Manuals to new GSRs.

Where we could use some help

If you would like to observe or participate in CASC Outreach, please contact Sebastian D. at (919) 627-7607.

- **Help** visiting loners and loner groups on a recurring basis, in-person and virtually.
- **Help** finding a candidate to chair Outreach for the 2022/2023 term (maybe this is you?!?), so they can start learning the position now.

Last month

- Reviewed Outreach charter, as defined in our CASC Policy Manual in section 3.04(f), to ensure that I'm delivering.
- Facilitated new GSR orientation at 1:30 today - ended after 10 minutes and 0 attendees.
- Printed 500 meeting lists for approximately \$75.08. (Reimbursed by Treasurer.)
- Requested text and email blast (performed by PR subcommittee), and sent an email requesting that any home group needing printed lists contact me to make arrangements. Two home groups responded. I also reached out on my own to several home groups and delivered meeting lists to them. Also reached out to H&I, but so far they're printing their own. I still have about 450.
- Created online forms for submitting motions and service resumes, to help home groups participate and individual NA members participate in helping carry the message to the addict who still suffers by participating in our area service committee.
 - Submit a new motion: <https://forms.gle/WfWQ8AjE3VzXRPLW6>
 - Submit a motion for a new home group to join Capital Area NA of NC: <https://forms.gle/dWaaJ6BQ7qJmEAh36>
 - Submit a service resume: <https://forms.gle/4nV9FkPbgkRTigN87>

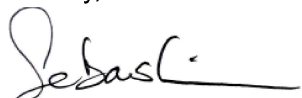
Goals for next month

- Review Outreach Subcommittee guidelines and GSR handbook, and start updating if applicable.

Overarching Goals for 2021-2022

- ~~Support home groups in transitioning back to in-person.~~
- Mentor others in Outreach Subcommittee roles, and recruit 2022-2023 Outreach Subcommittee Chair.
- Update Outreach Subcommittee guidelines and GSR Orientation Packet.

Sincerely,



Sebastian D. - Chairperson

919.627.7607 - j.sebastian.dorin@gmail.com

Good Afternoon:

Past month's activities:

- 1) No printed policy manuals until CASC resumes face to face meetings but it is available on the area site.
- 2) CASC Policy was update this month with the changes approved at last month's CASC meeting.
- 3) The recent updated policy has been posted to the web site.
- 4) Contact phone numbers for committee members:
(267) 997-0896 (Richard J)
(919) 413-9912 (Stephanie G)

Thank you again for your votes of confidence to serve our area in this position.

Richard J.

1:27

🔔 🔗 📶 📶 59% 🔋

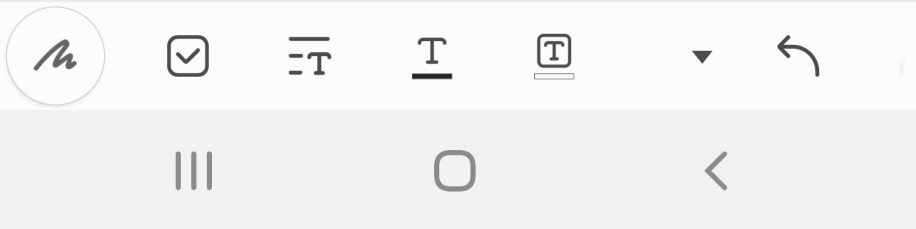
< Title



Good Afternoon Capitol Area

Thank You for allowing me to Serve as you Convention Chair. This last Month we had a function at the Park. We Made 596.00 that was Deposited in the Bank. Also the Committee voted to have another In Person Function at Biltmore Hill park. Per Home Group Requests. the Current Balance is 6743.39\$ with a 100. donation from Home Group Spritual Change. witch bring balance 6843.39. Also the Committee is requesting all home groups submit logos to asc by next Month. Please submit to any Committee members. Oct 30th is our next Function Please come out and Support

1/1



For the Period 09/01/2021 to 09/30/2021

Primary Account Number: **63-5305-7056**

Page 1 of 2

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION
PO BOX 10953
RALEIGH NC 27605-0953

For 24-hour banking sign on to
 PNC Bank Online Banking on pnc.com
FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG
PNC accepts Telecommunications Relay Service (TRS) calls.
Para servicio en español, 1-877-BUS-BNKG

Moving? Please contact your local branch

Write to: Customer Service
PO Box 609
Pittsburgh, PA 15230-9738
 Visit us at PNC.com/smallbusiness

IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2022, charges for certain Treasury Management services will change. The impact of these changes on your business will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Treasury Management services, which may be subject to change, include Automated Clearing House (ACH), Cash Logistics, Cash Flow Insight, Account Reconciliation, Direct to Debit, Electronic Data Interchange (EDI), ePayments, Integrated Payables, Integrated Receivables, Invoice Automation, PINACLE, PayerExpress, Print Mail, Purchase Card, Real Time Payments, Remote Deposit, and Wire Transfer services.

We would be happy to review with you the changes that are applicable to your account and to discuss other services or options that may address the evolving needs of your business. Current Treasury Management charges are listed on your monthly statement, if applicable.

If you are interested in a review, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518

Business Checking Summary

NC Capital Area Family Reunion

Account number: **██████████**

Overdraft Protection has not been established for this account.
Please contact us if you would like to set up this service.

Balance Summary

| | | | |
|-------------------|------------------------------|-----------------------------|---------------------------|
| Beginning balance | Deposits and other additions | Checks and other deductions | Ending balance |
| 6,201.39 | 636.00 | 94.00 | 6,743.39 |
| | | Average ledger balance | Average collected balance |
| | | 6,384.85 | 6,384.85 |


Deposits and Other Additions

| Description | Items | Amount |
|-------------|-------|--------|
| Deposits | 2 | 636.00 |
| Total | 2 | 636.00 |

Checks and Other Deductions

| Description | Items | Amount |
|-------------|-------|--------|
| Checks | 1 | 94.00 |
| Total | 1 | 94.00 |

Business Checking

 For 24-hour account information, sign-on to
pnc.com/mybusiness/

For the Period 09/01/2021 to 09/30/2021

NC Capital Area Family Reunion

Primary Account Number: [REDACTED]

Page 2 of 2

Business Checking Account Number: [REDACTED] - continued

Daily Balance

| Date | Ledger balance | Date | Ledger balance | Date | Ledger balance |
|-------|----------------|-------|----------------|-------|----------------|
| 09/01 | 6,201.39 | 09/15 | 6,147.39 | 09/20 | 6,743.39 |
| 09/13 | 6,107.39 | | | | |

Activity Detail

Deposits and Other Additions

Deposits

| Date posted | Amount | Transaction description | Reference number |
|-------------|--------|-------------------------|------------------|
| 09/15 | 40.00 | Deposit | 048304634 |
| 09/20 | 596.00 | Deposit | 048524034 |

Checks and Other Deductions

Checks and Substitute Checks

| Date posted | Check number | Amount | Reference number |
|-------------|--------------|--------|------------------|
| 09/13 | 1057 * | 94.00 | 086544533 |

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 10/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 09/30/2021.

** Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

| Description | Volume | Amount | |
|--------------------------------------|--------|--------|---------------------|
| Account Maintenance Charge | | .00 | Requirements Met |
| Combined Transactions | 3 | .00 | Included in Account |
| Checks Paid | 1 | .00 | |
| Deposit Tickets Processed | 2 | .00 | |
| Branch - Consolidated Cash Deposited | 6 | .00 | Included in Account |
| Total For Services Used This Period | | .00 | |
| Total Service Charge | | .00 | |

