CASC officers

• Chair Donna N. - donnanorwood124@gmail.com - (919) 327-8207

Chair Alt. VACANTSecretary VACANTSecretary Alt. VACANT

RCM Michelle M. - m4woods@yahoo.com - (919) 268-7556

• RCM Alt. VACANT

CASC subcommittee chairs

• H&I Kelly T. - kelly@dtainsure.com - (910) 408-8570

• PR VACANT

• Policy Richard J. - rjones9144@msn.com - (267) 997-0896

• Outreach Sebastian D. - j.sebastian.dorin@gmail.com - (919) 627-7607

• Activities **VACANT**

• Convention Julius J. - juliusjenkins50@gmail.com - (252) 9510-299

CASC 11.07.2021

- → Meeting opened with the serenity prayer around 2:05 PM
- → 12 traditions and concepts read
- → Attendance: 17 people (8 homegroups) (5 committee members)
 - ◆ Chair- present
 - ◆ Secretary- open
 - ◆ Treasurer- not present at the time of roll call
 - ◆ H&I- Stephanie filling in
 - **♦ Policy** present
 - ◆ Outreach- present
 - ◆ Convention- present
 - → Quorum established

Old Business:

- Approving September's minutes
 - approved
- Approving last months' minutes
 - approved
- Vote to change voting procedures to roll call (GSR Only)
 - o 5 yes, 0 no, 0 abstain- PASSED
- The storage locker was not able to be inventoried last month

New Business

- New meeting request for a meeting in Rocky Mount
 - They submitted a written request and were accepted in
 - See group concerns for more information about the meeting

Reports

Convention

- Sent bank statement to secretary's email address
 - \$6800 Balance, no outstanding checks)
- No changes from that month
- Going to send a flyer for the logo contest
- o Going to the storage unit on Wednesday, November 10th at noon
 - The key will be given to Leah
 - They will be doing a video inventory for those who are interested but cannot come
- Report accepted by attending members

Outreach

 If you would like to help with outreach, please reach out to Sebastian, he could use some help both in-person and virtually

- Anyone who wants a GSR orientation, reach out to Sebastian
- One meeting has restarted- see changes on the online meeting list
- Not much changed in October
- Report accepted by attending members

Policy

- Was not able to meet with treasure to address policies that affect money handling while ASC is meeting virtually
 - Will do that in November
- The policy manual will be updated with the new voting procedures we voted in at this ASC
- o An updated policy manual will be uploaded to the website
- Question about removing old votes (such as "stand beside") from the manual which was voted on a while ago
 - Policy said they noticed and will get that removed
- Report accepted by attending members

H&I

- There was an orientation today at noon, nobody showed up
- o H&I chair, Kelly, submitted a written report which was read by Stephine
- Reminder: if you are interested in getting oriented but cannot make the regularly secluded meeting, reach out and kelly will do orientation at a more convenient time
- Report accepted by attending members

Treasurer

- Please put the name of the homegroup in the notes section for donation
- \$71.50 donated to WSO, \$106.73 donated to Region
- See report for the rest
- Report accepted by attending member

RCM

- Region met on Oct. 23
- Some groups are having the same issues we are having
 - Open positions lack of attendance, donations
- World needs donations
- World Convention was canceled
- Region's annually audit is taking place
- Planning a regional conventions
- All events are posted on the website
- Report accepted by attending members

Chair

- LOTS OF OPEN POSITIONS
 - Please spread the word and help recruit
- Trying to reach out to previous secretary Jennifer to get the key
- Question from member: can you have an agenda set, readings ready, and whatnot to help prepare for the ASC on time.
 - Chair said they will do their best and need support

Report accepted by attending members

Group Concerns

Temporary Meeting Closure

- Ladies night out will not be meeting next week (Nov 12)due to an event at the church
 - There will be an e-blast sent out

• New Group- Simple Solutions

- Already meeting
- Monday 6pm-8pm
- o In-person
- o 1200 Old Wilson Rd. Rocky Mountain, NC
- Open
- o Will be reading out of fellowship approved literature
- Will be added to the meeting list
- o WELCOME

• Meeting Moved to a New Location

- o Peace in the A.M.
- The meeting list will be updated

The meeting closed at 3:08 PM



CASC TREASURERS REPORT

Date: 11/1/2021

From: Leah P, CASC Treasurer

Re: Treasury Report for the month of September 2021

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation. We donated \$71.15 to the World Service Office which is 40% above prudent reserve. We donated \$106.73 to the NC Region which is 60% above prudent reserve.

October 2021 STATEMENT

The beginning balance on 10/01/2021 was: \$1,977.88 Deposits totaled: \$498.67

Checks and deductions totaled: \$ 345.24 - See attached detailed Income & Expense Report

Ending balance on 10/31/2021: \$ 2,131.31 See attached PNC Bank Statement

This available balance puts us \$331.31 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$132.52 donation to World or and a \$198.79 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement
- Home Group Donations

Capital Area NA Treasurers Report Income Expense

Beginning Balance:	10/1/2021	\$1,977.88		Period: 10/1/21 -10/31/2021		
	I	ncome/ Reve	nue Section 1	<u>l</u>		
Type of Deposit/debit	Date	Amount	Notes		Description	
Group Donations	10/31/2021	\$498.67		Gro	oup donations received during the Month	
Total Income/ Revenues		\$498.67				
Type of Bill or Payment	Date	Expense Check #	Amount	Notes	Policy Description	
SUB COMMITTIES	Date	CHCCK #	Amount	Hotes	Folicy Description	
H&I Committee						
H&I Literature					H&I Literature - \$190	
H&I Office Supplies					H&I - Office Supplies	
H&I Learning Day one per year					One Learning Day - per Policy \$200	
PR and Website						
Phone Line - Auto Draft Monthly	5th monthly	AD	\$34.37		Varies slightly - averages \$30.93/ month	
Meeting Directories				1	Varies slightly - Quarterly Printing	
Website - Auto Draft Go Daddy	16th monthly	AD			On Auto draft	
Text Blasting-Auto Draft Monthlly	9th monthly	AD	\$16.00		On Autodraft-TEXTEDLY.COM	
PR Literature	301 monuny	AD	\$10.00		\$75 Monthly Budget-\$65 facebook	
PR Chair Travel Expenses					375 Hondiny Budget-\$05 facebook	
Outreach					\$35 Monthly allocation per policy	
Policy					\$30 Monthly allocation per policy	
Activities Committee available					\$500 For Area Anniversary Function(s)	
AREA SERVICE COMMITTE						
Fairmont United Methodist Church	1st monthly				ASC - Rent	
Secretary	, ,				Varies slightly	
Treasurer - Office Supplies					Checks Replenished/Harland Clarke	
Treasurer -Storage Rent	9th monthly	AD	\$105.00		Security Self Storage	
Chairperson						
RCM Travel/ Expenses					Refund Receipts	
Bank Fees		AD			Service charge - Bank Account	
Mail Box - Due yearly on Nov 1st		1978			CASC Mailbox at Cameron Village	
міsc. ZOOM and Website						
ZOOM			\$11.99			
Regional Donations - 60% - CRNA			\$106.73		Per Policy	
World Donations - 40% - NAWS			\$71.15		World Donation Per Policy	
Total of All Expenses			\$345.24			
Revenue		\$498.67				
Beginning Balance:		\$1,977.88				
DIFFERENCE: Income-Expenses		\$153.43				
Ending Balance		\$2,131.31		<u> </u>		
Check Payable to:	Previou Date	s Month's Che Check #	Amount	Cleared	Description	
Regional CHECK Payable to:	Date	CHECK #	AIIIUUIIL		νεειμμισιι	
World Donations				<u></u>		
		TOTAL:	\$0.00			
Available Balance		\$2,131.31				
Prudent Reserve- Per Policy		\$1,800.00				
Amount Above/ Below P.R.		\$331.31				

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning			Mid Day Miracles			South Side Recovery	275	\$275
Basic Text Study Group			Mirades In Progress			Spiritual Change		
Came to Believe			NA At Noon	96.62	\$97	Spiritually Connected		
Candlelight Recovery	20	\$20	NA In the PM			Sunday Serenity		
Constantly Searching			NA Way Group			The Journey Continues		
Daily Reprieve			Never Alone Never Again			The Primary Purpose Group	33.97	\$33.97
Expect a Miracle			New Horizons Group			The Seekers Group		
Experience, Strength, and Hope			New Way of Life II			Together We Can		
Faith Thru Principles			Our Common Welfare			Trust the Process		
Freedom Through Recovery			Out To Lunch			Tuesday Night Live		
I Can't, We Can			Peace in The AM			Unity and Positivity		
In From The Storm			Principles & Traditions			Way to Grow Group		
Keep it Simple	56	\$29	Principles B4 Personalities			We Do Recover		
Ladies Night Out	\$14.08	\$14.08	Recovery In the Hood			Welcome Home		
Living Clean & Serene			Rediscovery Through Recovery			Why Are We Here		
Lunatic Fringe			Seeking Similarities			Wolfpacking	30	\$30
Man Up			Serenity In The Morning			Women In Recovery		
						Young Connections to Recovery		
	-							

		\$498.67
Brian B. 4.12	Total Other Income	Total Income

\$498.67 Keep It Simple

Home Group Donations

PNC Bank

For the Period 10/01/2021 to 10/29/2021

CAPITAL AREA PO BOX 10953 RALEIGH NC 27605-0953 Primary Account Number:

Page 1 of 2

Number of enclosures: 0

For 24-hour banking sign on to PNC Bank Online Banking on pnc.com

FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG

PNC accepts Telecommunications Relay Service (TRS)

PNCBANK

calls.

Para servicio en espanol, 1-877-BUS-BNKG

Capital Area

Moving? Please contact your local branch

Write to: Customer Service

PO Box 609

_ Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2022, charges for certain Treasury Management services will change. The impact of these changes on your business will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Treasury Management services, which may be subject to change, include Automated Clearing House (ACH), Cash Logistics, Cash Flow Insight, Account Reconcilement, Direct to Debit, Electronic Data Interchange (EDI), ePayments, Integrated Payables, Integrated Receivables, Invoice Automation, PINACLE, PayerExpress, Print Mail, Purchase Card, Real Time Payments, Remote Deposit, and Wire Transfer services.

We would be happy to review with you the changes that are applicable to your account and to discuss other services or options that may address the evolving needs of your business. Current Treasury Management charges are listed on your monthly statement, if applicable.

If you are interested in a review, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518

Business Checking Summary

Account number:

Overdraft Protection has not been established for this account.

Please contact us if you would like to set up this service.

Balance Summary

Beginning Deposits and Checks and other Ending balance other additions deductions 1,977.88 498.67 345.24 2,131.31 Average ledger Average collected balance balance 2,231.87 2,231.87

Deposits and Other Additions			Checks and Other Deduction	s	
Description	Items	Amount	Description	Items	Amount
ATM Deposits and Additions	3	275.00	Checks	1	106.73
ACH Additions	3	223.67	Debit Card Purchases	1	71.15
			ATM/Misc. Debit Card Transactions	4	167.36
Total	6	498.67	Total	6	345.24



For the Period 10/01/2021 to 10/29/2021

Capital Area

Primary Account Number:

Page 2 of 2

Business Checking Account Number:

•	-	CO	nti	n	u	е	C
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Daily Balance					
Date	Ledger balance	Date	Ledger balance	Date	Ledger balance
10/01	1,977.88	10/08	2,272.18	10/20	2,238.04
10/04	2,118.18	10/12	2,321.18	10/25	2,131.31
10/05	2,393.18	10/19	2,309.19		

Activity Detail

Deposits and Other Additions ATM Deposits and Additions

•			
Date posted	Amount	Transaction description	Reference number
10/05	174.00	ATM Deposit 4000 Capital BI Raleigh NC	86139692 PNC PX3273
10/05	100.00	ATM Deposit 4000 Capital BI Raleigh NC	86139653 PNC PX3273
10/05	1.00	ATM Deposit 4000 Capital BI Raleigh NC	86139707 PNC PX3273
ACH Additions			
Date posted	Amount	Transaction description	Reference number
10/04	144.67	ACH Credit Transfer Paypal XXXXXXXXX4616	00021277006345177
10/04	30.00	ACH Credit Transfer Paypal XXXXXXXXX1465	00021277004518852
10/12	49 00	ACH Credit Transfer Paynal XXXXXXXXXX8995	00021285003877571

Checks and Other Deductions

Checks and Substitute Checks

Date posted	Check number	Amount	Reference number
10/25	1988 *	106 73	084488944

Debit Card Purchases

Date posted	Amount	Transaction description	Reference number
10/20	71.15	5198 Debit Card Purchase Na World Services	27628933099155198293
		Httpsinstag Ca	

ATM/Misc. Debit Card Transactions

Date posted	Amount	Transaction description	Reference number
10/04	34.37	5198 Recurring Debit Card J2 800-6695400 Ca	75607933099155198277
10/08	105.00	5198 Recurring Debit Card Py *Security Self Sto 888-6809038 NC	90630933099155198281
10/08	16.00	5198 Recurring Debit Card Textedly Httpstexted	90631933099155198281
10/19	11.99	5198 Recurring Debit Card Zoom.US 888-799-9666	32340933099155198292
		Www.Zoom.US Ca	

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 11/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 10/29/2021.

^{**} Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	4	.00	Included in Account
ACH Credits	3	.00	
Checks Paid	1	.00	
Total For Services Used This Period		.00	
Total Service Charge		.00	



11/2/21, 6:47 PM PayPal: Activity







Search activities

Q

Completed

Oct 2021

PNC BANK, NA - \$49.00 Oct 9 Transfer to Bank **David** + \$20.00 DK Oct 8 Money Received "Candlelight Recovery" Inia + \$29.00 Oct 8 Money Received "Keep it Simple group donation" - \$144.67 PNC BANK, NA Oct 3 Transfer to Bank Chelsea + \$14.08 Oct 3 Money Received

ED

Add tracking info

"Chelsea GSR Ladies Night Out Oct Donation"

Print shipping label

Elizabeth + \$33.97 Oct 3 Money Received "Primary Purpose donation" Add tracking info Print shipping label Shawn +\$96.62 Oct 3 Money Received "NA @ Noon Tradition 7 Donation" Add tracking info Print shipping label **PNC BANK, NA** - \$30.00 Oct 2 Transfer to Bank Spencer +\$30.00 SP Oct 1 Money Received

HELP CONTACT US SECURITY FEES

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November H&I Report

Good afternoon family,

As always, thank you for allowing me to serve as the H&I chair for the Capital Area. Orientation and a subcommittee meeting were held today via zoom. They were led by Stephie G as I am out of town and her service is very appreciated.

Presentations were successfully brought in to Wakebrook and Triangle Springs in October. I have had several people reach out to me with interest in getting oriented to take presentations in, so that is encouraging.

A reminder- if anyone is interested in getting oriented and cannot make the scheduled orientation that is held at 12pm the first Sunday of the month, PLEASE have them contact me via email or text and I will work with them to get them oriented.

Next H&I Orientation: December 5th at 12pm.

Next H&I Subcommittee Meeting: December 5th at 1pm.

Zoom ID for both: 9677757696

PW: JFT

In loving service,

Kelly M. 910-408-8570 kelly@dtainsure.com

Good Afternoon:

Past month's activities:

- 1) The policy committee did not meet up with the Treasurer to address potential changes in policy due to current practices during the time of not meeting face to face. This will be corrected and worked on this task this month.
- 2) No printed policy manuals until CASC resumes face to face meetings but it is available on the area site.
- 3) CASC Policy web site is being updated with the motions passed by the CASC in accordance with our policy.
- 4) The current updated policy is posted to the web site.
- 5) Contact phone numbers for committee members: (267) 997-0896 (Richard J)

Thank you again for your votes of confidence to serve our area in this position.

Richard J.

Outreach Subcommittee Charter - CASC Policy section 3.04(f)

Outreach Subcommittee

To assist in carrying the NA message to the still suffering addict, thus supporting the continuing growth and unity of the fellowship. It is suggested that additional information about the Outreach Subcommittee may be found in applicable World Service and Regional Service documents. The Outreach Subcommittee will carry out its function and purpose by:

- (i) Acting as a resource and a coordinator in reaching out to: Loners, isolated groups, Loners and isolated groups in institutions and struggling groups.
- (ii) To locate isolated members, groups, or meetings and to provide these members, groups and meetings with information about NA and its service structure.
- (iii) To reach out to groups that have not been attending CASC meetings on a regular basis and to encourage participation through education. If a group does not have a representative at a meeting of the CASC during an entire quarter, the Outreach Subcommittee will personally deliver the group minutes in an attempt to address any problems that the group may be experiencing.
- (iv) To provide orientation, group packets and CASC Policy Manuals to new GSRs.

Where we could use some help

If you would like to observe or participate in CASC Outreach, please contact Sebastian D. at (919) 627-7607.

- Help visiting loners and loner groups on a recurring basis, in-person and virtually.
- Help finding a candidate to chair Outreach for the 2022/2023 term (maybe this is you?!?), so they can start learning the position now.

Last month

- Reviewed Outreach charter, as defined in our CASC Policy Manual in section 3.04(f), to ensure that I'm delivering.
- Cancelled GSR orientation due to lack of participation.
- Worked w/PR on meeting list updates.
- Double checked online forms for new motions for Nov. CASC meeting.
 - Submit a new motion: https://forms.gle/WfWQ8AiE3VzXRPLW6
 - Submit a motion for a new home group to join Capital Area NA of NC: https://forms.gle/dWaaJ6BQ7gJmEAh36
 - Submit a service resume: https://forms.gle/4nV9FkPbgkRTigN87
- Preliminary discussions w/other NA members on how to help this area bounce back from pandemic and the decline in participation in general.

Goals for next month

Review Outreach Subcommittee guidelines and GSR handbook, and start updating if applicable.

Overarching Goals for 2021-2022

- Support home groups in transitioning back to in-person.
- Mentor others in Outreach Subcommittee roles, and recruit 2022-2023 Outreach Subcommittee Chair.
- Update Outreach Subcommittee guidelines and GSR Orientation Packet.

Sincerely,

Sébastian D. - Chairperson

919.627.7607 - j.sebastian.dorin@gmail.com

November 7th, 2021

RCM Area Report

Good afternoon,

On October 23rd 2021 I attended NC Regional meeting via Zoom. I reported for our area our decision to resume Zoom meetings and our plans to perform our annual audits. I also mentioned low home group attendance and donations. Many other groups in attendance shared the same concerns. The world conventions decision to cancel was discussed along with the issues they are having with donations as well. There is going to be a detailed financial plan put together and shared in reference to the next Local Regional Convention.

The next NC Regional meeting will be January 22nd, 2022 in person and on Zoom.

NC Regional website has all events for our region on there events tab. https://ncregion-na.org/events/

In Loving Service,

Michele M.

919-268-7556

PNC Bank

For the Period 10/01/2021 to 10/29/2021

NC CAPITAL AREA FAMILY REUNION

PO BOX 10953

RALEIGH NC 27605-0953

Page 1 of 2

Number of enclosures: 0

Primary Account Number:

for 24-hour banking sign on to

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PNC accepts Telecommunications Relay Service (TRS)

PNCBANK

calls.

Para servicio en espanol, 1-877-BUS-BNKG

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Pittsburgh, PA 15230-9738

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IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2022, charges for certain Treasury Management services will change. The impact of these changes on your business will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Treasury Management services, which may be subject to change, include Automated Clearing House (ACH), Cash Logistics, Cash Flow Insight, Account Reconcilement, Direct to Debit, Electronic Data Interchange (EDI), ePayments, Integrated Payables, Integrated Receivables, Invoice Automation, PINACLE, PayerExpress, Print Mail, Purchase Card, Real Time Payments, Remote Deposit, and Wire Transfer services.

We would be happy to review with you the changes that are applicable to your account and to discuss other services or options that may address the evolving needs of your business. Current Treasury Management charges are listed on your monthly statement, if applicable.

If you are interested in a review, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518

Business Checking Summary

Account number:

NC Capital Area Family Reunion

Overdraft Protection has not been established for this account. Please contact us if you would like to set up this service.

Balance Summary

Beginning balance Deposits and other deductions Checks and other deductions balance
6,743.39 100.00 .00 6,843.39

Average ledger balance balance

6,833.04 6,833.04

Deposits and Other Additions	5		Checks and Other Dedu	ctions	
Description	Items	Amount	Description	Items	Amount
Deposits	1	100.00			
Total	1	100.00	Total	0	.00



For the Period 10/01/2021 to 10/29/2021

NC Capital Area Family Reunion

Primary Account Number:

Page 2 of 2

Business Checking Account Number:

- continued

Daily Balance

Date Ledger balance Date Ledger balance 10/01 6,743.39 10/04 6,843.39

Activity Detail

Deposits and Other Additions

Deposits

Reference Date Transaction posted Amount description number 10/04 100.00 046309894 Deposit

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 11/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 10/29/2021.

^{**} Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	1	.00	Included in Account
Deposit Tickets Processed	1	.00	
Branch - Consolidated Cash Deposited	1	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	

NCCAFRNA

North Carolina Capital Area Convention Committee!

LOGO CONTEST

"TIME IS RUNNING OUT"

Submissions due at Next Area Meeting December 5, 2021

Let's join in as Home Group's and Support Our Convention Through Participation!

Contacts!

James G. {919}-892-0615 (Arts & Graphics)
Julius J. {252-} - 299-9510 (Convention Chair)
Jasper L. (919)-523-1512 (Vice Chair)