#### 20211205 CASC Meeting Agenda & Minutes

#### **CASC Policy Manual (click)** section 5.01(c)

#### (c) Order of Business

The order of business shall be as follows (the CASC Chairperson may change the order of business as needed):

- Opening prayer
- Reading of the Twelve Traditions and the Twelve Concepts
- Minutes of previous months' meeting
- Old Business
- Treasurer's Report
- Subcommittee Reports
- Group Concerns
- New Business
- CASC Officer's Reports
- Closing Prayer

The order of business can be modified at the discretion of the CASC Chairperson.

#### Opening 2:05 pm

- Opening prayer
- o Twelve Traditions
- Twelve Concepts
- Service Prayer
- Role call See attached
  - CASC Officers and Subcommittee Chairs
  - GSRs (or alt. or proxy)
- Agenda review

#### Old Business

 Motion to accept CASC minutes for previous month? Delphyne made motion to pass Sheryl seconded. Last month's minutes passed.

#### Officer Reports

- Chair Donna N. report read and attached and passed
- Vice Chair VACANT
- Treasurer Leah P. report read and attached and passed
- Subcommittee Reports
  - Hospitals & Institutions Kelly T. report read and attached and passed
  - Public Relations Craig R. report read and attached and passed
  - o Policy Richard J. read and attached and passed

- Treasurer Alternate VACANT
- Secretary VACANT
- Secretary Alternate VACANT
- o RCM Michelle M. no report
- RCM Alternate VACANT
- Outreach Sebastian D. read and attached and passed
- Activities VACANT
- Convention Julius J. read and attached and passed

#### • Home Group Q&A and Concerns

Sheryl M. (The Journey Continues) – Is the Region being prudent? Wants RCM to get financial report(s) from Region.

#### • New Business

- Welcome new home groups joining Capital Area NA of NC (if any)
- o Last call for new motions, proposals and service resumes
- o Resume Submitted: Position Secretary Member Jennifer O. passed
- o Resume Submitted: Position Public Relations Chair Member Craig R. passed
- Motion Submitted by Darren L. (Peace In AM) "To have our capital outreach chair remove from the area as a committee chairperson. Reason being our outreach chair over step his reach by 1) purging the capital area roll call list of hmgrps. 2)
   Did not promote unity with in the capital area. #) Sent a email va our capital area email in error." Seconded by Together We Can Group. after discussion, this motion was deemed unfounded by Jennifer O. (acting Chair)
- Motion Submitted by Jesse N. (Sunday Serenity) "Motion to delegate the responsibility to the Public Relations committee to set up a series of round table discussions regarding race and unity." Seconded by Brendan O. (Constantly Searching) - passed
- Closing Prayer CASC ended at 4:55pm

## Role Call

| Officers       | Name & contact info                    | 11 |   |
|----------------|--|----|---|
| Chair          | Donna N.                               | 1  |   |
| Chair Alt.     | VACANT - submit a service resume       |    | _ |
|                | if you are interested in this position |    |   |
| Treasurer      | Leah P.                                | 1  |   |
| Treasurer Alt. | VACANT - submit a service resume       |    | _ |
|                | if you are interested in this position |    |   |
| Secretary      | VACANT - submit a service resume       |    | _ |
|                | if you are interested in this position |    |   |
| Secretary Alt. | VACANT - submit a service resume       |    | _ |
|                | if you are interested in this position |    |   |
| RCM            | Michelle M.                            | 1  |   |
| RCM Alt.       | VACANT - submit a service resume       |    |   |
|                | if you are interested in this position |    |   |

| Subcommittees    | Chair name & contact info              | 1 |  |
|------------------|--|---|--|
| H&I              | Kelly T.                               | 1 |  |
| Public Relations | VACANT - submit a service resume       |   |  |
|                  | if you are interested in this position |   |  |
| Policy           | Richard J.                             | 1 |  |
| Outreach         | Sebastian D.                           | 1 |  |
| Activities       | VACANT - submit a service resume       |   |  |
|                  | if you are interested in this position |   |  |
| Convention       | Julius J.                              | 1 |  |

| Home Group                     | GSR info    | <b>√</b> |
|--------------------------------|-------------|----------|
| A New Beginning                | James H.    | 1        |
| Came to Believe                |             |          |
| Candlelight Recovery           | Owen M.     | 1        |
| Daily Reprieve                 |             |          |
| Experience, Strength, and Hope |             |          |
| Faith Through Principles       | Delphyne F. | 1        |
| Freedom Thru Recovery          | Maria M.    | 1        |
| I Can't We Can                 |             |          |
| Ladies Night Out               | Chelsea D.  | 1        |
| Life On Life's Terms           |             |          |
| Living Clean & Serene          | Mia E.      | 1        |
| Mid Day Miracles               | Gloria G.   | 1        |
| NA at Noon                     |             |          |
| Never Alone Never Again        |             |          |
| New Way Of Life II             | Andrew R.   | ✓        |
| Peace in the AM                | Joyce K.    | 1        |
|                                |             | 1        |
|                                |             |          |
|                                |             |          |
|                                |             |          |

| Home Group                  | GSR info   | 1 |
|-----------------------------|------------|---|
| Principles B4 Personalities | Ron H.     | 1 |
| Recovery in The Hood        | James L.   | 1 |
| Rediscovery Thru Recovery   |            |   |
| Simple Solution             | Robert M.  | • |
| Southside Recovery          |            |   |
| Spiritual Change            | John B.    | • |
| Constantly Searching        | Brendan O. | • |
| Sunday Serenity Group       | Jessie N.  | • |
| The Journey Continues       | Sheryl M.  | • |
| The Primary Purpose Group   |            |   |
| Together We Can             | Candice D. | 1 |
| Trust The Process           |            |   |
| Tuesday Night Live          |            |   |
| Way to Grow Group           |            |   |
| We Do Recover               |            |   |
| Wolfpackin'                 |            |   |
|                             |            |   |
|                             |            |   |
|                             |            |   |
|                             |            |   |

<sup>17</sup> GSR's present at Roll Call.

#### <u>Items to cut-and-paste into Zoom chat as needed</u>

The Twelve Traditions of NA:

https://na.org/admin/include/spaw2/uploads/pdf/litfiles/us\_en glish/misc/Twelve%20Traditions.pdf

The Twelve Concepts of NA:

https://na.org/admin/include/spaw2/uploads/pdf/litfiles/us\_en glish/Booklet/Twelve%20Concepts.pdf

The NA Service Prayer

http://www.yavapaina.org/assets/Files/NA%20Service %20Prayer.pdf

Submit a new motion:

https://forms.gle/WfWQ8AiE3VzXRPLW6

Submit a motion for a new home group to join Capital Area NA of NC:

https://forms.gle/dWaaJ6BQ7qJmEAh36

Submit a service resume:

https://forms.gle/4nV9FkPbgkRTigN87

Submit a motion or service resume email:

<u>secretary@capitalareancna.com</u>. Suggestion: Include the same information required on a standard CASC form, which can be found at <a href="https://capitalareancna.com/area-service-committee">https://capitalareancna.com/area-service-committee</a>.

Currently the following positions are open:

- Vice Chair
- Treasurer Alternate
- Secretary Alternate
- RCM Alternate
- Activities Subcommittee Chair

To CASC:

First I will like to thank you for allowing me to be of service. I take it an honor to be of service and to give back what were so freely given to me. We had a rough week, but through it all I believe that we can move forward in the spirit of unity. We can not forget where we came from, and also we are here to carry the message to next suffering addict. With that being let us all try to get along and to practice our first tradition, which is UNITY. Again I say thank you for being of service and I will try to be there for anyone.

Thank you,

Area Chair

Donna N.



### CASC TREASURERS REPORT

Date: 12/1/2021

From: Leah P, CASC Treasurer

Re: Treasury Report for the month of November 2021

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation. We donated \$132.52 to the World Service Office which is 40% above prudent reserve. We donated \$198.79 to the NC Region which is 60% above prudent reserve.

#### November 2021 STATEMENT

The beginning balance on 11/01/2021 was: \$2,131.31 Deposits totaled: \$433.86

Checks and deductions totaled: \$ 502.62 - See attached detailed Income & Expense Report

Ending balance on 11/30/2021: \$2,062.55 See attached PNC Bank Statement

Outstanding checks not cleared: \$ -

**Available balance on 11/30/2021:** \$2,062.55

This available balance puts us \$262.55 **ABOVE** the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$105,02 donation to World or and a \$157.53 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

#### Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement
- Home Group Donations

## **Business Checking**

PNC Bank

For the Period 10/30/2021 to 11/30/2021

CAPITAL AREA PO BOX 10953 RALEIGH NC 27605-0953



Primary Account Number:

Page 1 of 2

Number of enclosures: 0

For 24-hour banking sign on to PNC Bank Online Banking on pnc.com

FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG

PNC accepts Telecommunications Relay Service (TRS)

calls.

Para servicio en espanol, 1-877-BUS-BNKG

Capital Area

Moving? Please contact your local branch

☑ Write to: Customer Service

PO Box 609 Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

#### IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2022, charges for certain Treasury Management services will change. The impact of these changes on your business will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Treasury Management services, which may be subject to change, include Automated Clearing House (ACH), Cash Logistics, Cash Flow Insight, Account Reconcilement, Direct to Debit, Electronic Data Interchange (EDI), ePayments, Integrated Payables, Integrated Receivables, Invoice Automation, PINACLE, PayerExpress, Print Mail, Purchase Card, Real Time Payments, Remote Deposit, and Wire Transfer services.

We would be happy to review with you the changes that are applicable to your account and to discuss other services or options that may address the evolving needs of your business. Current Treasury Management charges are listed on your monthly statement, if applicable.

If you are interested in a review, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518

**Business Checking Summary** 

Account number:



Overdraft Protection has not been established for this account. Please contact us if you would like to set up this service.

### Balance Summary

| Beginning<br>balance | Deposits and other additions | Checks and other deductions | Ending balance            |
|----------------------|------------------------------|-----------------------------|---------------------------|
| 2,131.31             | 433.86                       | 502.62                      | 2,062.55                  |
|                      |                              | Average ledger<br>balance   | Average collected balance |
|                      |                              | 2,226.32                    | 2,226.32                  |

| Deposits and Other Additions |       |        | Checks and Other Deductions          |       |        |
|------------------------------|-------|--------|--------------------------------------|-------|--------|
| Description                  | Items | Amount | Description                          | Items | Amount |
| ATM Deposits and Additions   | 1     | 280.00 | Checks                               | 1     | 198.79 |
| ACH Additions                | 2     | 153.86 | Debit Card Purchases                 | 1     | 132.52 |
|                              |       |        | ATM/Misc. Debit Card<br>Transactions | 4     | 171.31 |
| Total                        | 3     | 433.86 | Total                                | 6     | 502.62 |

# **Business Checking**

For 24-hour account information, sign-on to pnc.com/mybusiness/

For the Period 10/30/2021 to 11/30/2021 Capital Area

**Primary Account Number:** Page 2 of 2

**Business Checking Account Numbers** 



continued

| Daily Balance | 10             | <b>4</b> |                |       |                |
|---------------|----------------|----------|----------------|-------|----------------|
| Date          | Ledger balance | Date     | Ledger balance | Date  | Ledger balance |
| 10/30         | 2,131.31       | 11/08    | 2,360.94       | 11/18 | 2,205.82       |
| 11/01         | 2,411.31       | 11/09    | 2,251.99       | 11/19 | 2,193.83       |
| 11/04         | 2,376.94       | 11/15    | 2,338.34       | 11/22 | 2,062.55       |

## **Activity Detail**

#### **Deposits and Other Additions**

| ATM Deposits and Additions |        |  |                     |  |  |  |
|----------------------------|--------|--|---------------------|--|--|--|
| Date<br>posted             | Amount | Transaction description                | Reference number    |  |  |  |
| 11/01                      | 280.00 | ATM Deposit 4000 Capital BI Raleigh NC | 83253379 PNC PX3273 |  |  |  |

## **ACH Additions**

| Date<br>posted | Amount | Transaction description                   | Reference number  |
|----------------|--------|---|-------------------|
| 11/15          | 86.35  | ACH Credit Transfer Paypal XXXXXXXXXX0697 | 00021319003258646 |
| 11/22          | 67.51  | ACH Credit Transfer Paypal XXXXXXXXXX0506 | 00021326004617036 |

#### **Checks and Other Deductions**

#### **Checks and Substitute Checks**

|       | Check<br>number | Amount | Reference number |
|-------|-----------------|--------|------------------|
| 11/22 | 1989 *          | 198 79 | 083523904        |

#### **Debit Card Purchases**

| Date<br>posted | Amount | Transaction description                    | Reference<br>number  |
|----------------|--------|--|----------------------|
| 11/18          | 132.52 | 5198 Debit Card Purchase Na World Services | 11316933099155198322 |

Httpsinstag Ca

#### ATM/Misc. Debit Card Transactions

| Date<br>posted | Amount | Transaction description  | Reference number     |
|----------------|--------|--|----------------------|
| 11/04          | 34.37  | 5198 Recurring Debit Card J2 800-6695400 Ca                      | 33639933099155198308 |
| 11/08          | 16.00  | 5198 Recurring Debit Card Textedly Httpstexted                   | 15257933099155198312 |
| 11/09          | 108.95 | 5198 Recurring Debit Card Py *Security Self Sto 888-6809038 NC   | 79088933099155198313 |
| 11/19          | 11.99  | 5198 Recurring Debit Card Zoom.US 888-799-9666<br>Www.Zoom.US Ca | 44917933099155198323 |

#### Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 12/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 11/30/2021.

<sup>\*\*</sup> Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

| Description                         | Volume | Amount |                     |
|-------------------------------------|--------|--------|---------------------|
| Account Maintenance Charge          |        | .00    | Requirements Met    |
| Combined Transactions               | 3      | .00    | Included in Account |
| ACH Credits                         | 2      | .00    |                     |
| Checks Paid                         | 1      | .00    |                     |
| Total For Services Used This Period |        | .00    |                     |
| Total Service Charge                |        | .00    |                     |

| Home Group Name                | Donated | Deposited | Home Group Name              | Donated | Deposited | Home Group Name               | Donated |
|--------------------------------|---------|-----------|------------------------------|---------|-----------|-------------------------------|---------|
| A New Beginning                |         |           | Mid Day Miracles             |         |           | South Side Recovery           | 280     |
| Basic Text Study Group         |         |           | Miracles In Progress         |         |           | Spiritual Change              |         |
| Came to Believe                |         |           | NA At Noon                   |         |           | Spiritually Connected         |         |
| Candlelight Recovery           |         |           | NA In the PM                 |         |           | Sunday Serenity               |         |
| Constantly Searching           |         |           | NA Way Group                 |         |           | The Journey Continues         |         |
| Daily Reprieve                 |         |           | Never Alone Never Again      |         |           | The Primary Purpose Group     | 38.35   |
| Expect a Miracle               |         |           | New Horizons Group           |         |           | The Seekers Group             |         |
| Experience, Strength, and Hope |         |           | New Way of Life II           |         |           | Together We Can               |         |
| Faith Thru Principles          |         |           | Our Common Welfare           |         |           | Trust the Process             |         |
| Freedom Through Recovery       |         |           | Out To Lunch                 |         |           | Tuesday Night Live            |         |
| I Can't, We Can                |         |           | Peace in The AM              |         |           | Unity and Positivity          |         |
| In From The Storm              |         |           | Principles & Traditions      |         |           | Way to Grow Group             |         |
| Keep it Simple                 | 48      | \$48      | Principles B4 Personalities  |         |           | We Do Recover                 |         |
| Ladies Night Out               |         |           | Recovery In the Hood         |         |           | Welcome Home                  |         |
| Living Clean & Serene          |         |           | Rediscovery Through Recovery |         |           | Why Are We Here               |         |
| Lunatic Fringe                 |         |           | Sunday Serenity              | 67.51   | \$68      | Wolfpacking                   |         |
| Man Up                         |         |           | Serenity In The Morning      |         |           | Women In Recovery             |         |
|                                |         |           |                              |         |           | Young Connections to Recovery |         |
|                                | ı       |           | Home Group Donations         |         | \$433.86  | Keep It Simple                |         |

| Brian B. 4.12      |      |
|--------------------|------|
| Total Other Income |      |
|                    |      |
| Total Income       | \$43 |

| Deposited |   |
|-----------|---|
| \$280     |   |
|           |   |
|           |   |
|           |   |
|           |   |
| \$38.35   |   |
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|           | 1 |

33.86

## Capital Area NA Treasurers Report Income Expense

| Beginning Balance:                     | 11/1/2021       | \$2,131.31               |           |          | Period: 11/1/21 -11/30/2021             |
|--|-----------------|--------------------------|-----------|----------|---|
|  |                 | ncome/ Reve              |           | L        |   |
| Type of Deposit/debit                  | Date            | Amount                   | Notes     |          | Description                             |
| Group Donations                        | 11/30/2021      | \$433.86                 |           | Gro      | oup donations received during the Month |
| Total Income/ Revenues                 |                 | \$433.86                 |           |          |   |
| - (5)                                  | T = 1           | Expense                  |           | l        |   |
| Type of Bill or Payment SUB COMMITTIES | Date            | Check #                  | Amount    | Notes    | Policy Description                      |
| H&I Committee                          |                 |                          |           |          |   |
| H&I Literature                         |                 |                          |           |          | H&I Literature - \$190                  |
| H&I Office Supplies                    |                 |                          |           |          | H&I - Office Supplies                   |
| H&I Learning Day one per year          |                 |                          |           |          | One Learning Day - per Policy \$200     |
| PR and Website                         |                 |                          |           |          |   |
| Phone Line - Auto Draft Monthly        | 5th monthly     | AD                       | \$34.37   |          | Varies slightly - averages \$30.93/     |
| Meeting Directories                    |                 |                          |           |          | Varies slightly - Quarterly Printing    |
| Website - Auto Draft Go Daddy          | 16th monthly    | AD                       |           |          | On Auto draft                           |
| Text Blasting-Auto Draft Monthlly      | 9th monthly     | AD                       | \$16.00   |          | On Autodraft-TEXTEDLY.COM               |
| PR Literature                          |                 |                          |           |          | \$75 Monthly Budget-\$65 facebook       |
| PR Chair Travel Expenses               |                 |                          |           |          |   |
| Outreach                               |                 |                          |           |          | \$35 Monthly allocation per policy      |
| Policy                                 |                 |                          |           |          | \$30 Monthly allocation per policy      |
| Activities Committee available         |                 |                          |           |          | \$500 For Area Anniversary Function(s)  |
| AREA SERVICE COMMITTE                  |                 |                          |           |          |   |
| Fairmont United Methodist Church       | 1st monthly     |                          |           |          | ASC - Rent                              |
| Secretary                              |                 |                          |           |          | Varies slightly                         |
| Treasurer - Office Supplies            |                 |                          |           |          | Checks Replenished/Harland Clarke       |
| Treasurer -Storage Rent                | 9th monthly     | AD                       | \$108.95  |          | Security Self Storage                   |
| Chairperson                            |                 |                          |           |          |   |
| RCM Travel/ Expenses                   |                 |                          |           |          | Refund Receipts                         |
| Bank Fees                              |                 | AD                       |           |          | Service charge - Bank Account           |
| Mail Box - Due yearly on Nov 1st       |                 | 1978                     |           |          | CASC Mailbox at Cameron Village         |
| Misc. ZOOM and Website                 |                 |                          |           |          |   |
| ZOOM                                   |                 |                          | \$11.99   |          |   |
| Regional Donations - 60% - CRNA        |                 |                          | \$198.79  |          | Per Policy                              |
| World Donations - 40% - NAWS           |                 |                          | \$132.52  |          | World Donation Per Policy               |
| Total of All Expenses                  |                 |                          | \$502.62  |          |   |
| Revenue                                |                 | \$433.86                 |           |          |   |
| Beginning Balance:                     |                 | \$2,131.31               |           |          |   |
| DIFFERENCE: Income-Expenses            |                 | -\$68.76                 |           |          |   |
| Ending Balance                         |                 | \$2,062.55               |           | <u> </u> |   |
| Check Payable to:                      | Previou<br>Date | s Month's Che<br>Check # | Amount    | Cleared  | Description                             |
| Regional                               | Date            | CHECK #                  | Aillouilt |          | Description                             |
| World Donations                        |                 |                          |           | <u> </u> |   |
|  |                 | TOTAL:                   | \$0.00    |          |   |
| Available Balance                      |                 | \$2,062.55               |           |          |   |
| Prudent Reserve- Per Policy            |                 | \$1,800.00               |           |          |   |
| Amount Above/ Below P.R.               |                 | \$262.55                 |           |          |   |

#### December H&I Report

#### Good afternoon, Capital Area!

A big thanks to Stephie for hosting the orientation and subcommittee meeting last month and giving the H&I report. Everything in the world of H&I is doing just fine. Meetings have successfully been brought into Wakebrook and Triangle Springs with the help of some dedicated members. I have had a handful of people reach out to me that are either oriented and ready to go into facilities or are willing to get oriented, so that is encouraging. Thank you to those that have announced the need for support in home groups.

I did place a literature order this month with the NAWS store for information pamphlets. I have submitted that receipt to our treasurer and have also attached it to this report. As always, we would love to see some new/returning faces to our orientation and/or subcommittee meetings. I have put the zoom information for those on this report as well.

Thank you for allowing me to serve,

KM. 910-408-8570 kelly@dtainsure.com

Next Orientation: 12pm Jan 5<sup>th</sup>

Zoom ID: 967 775 7696

PW: JFT

Next Subcommittee Meeting: 12:30pm Jan 5<sup>th</sup>

Zoom ID: 967 775 7696

PW: JFT

## 074813 ORDER - Print preview

You can view and change your details here

> My orders My invoices

My return orders My shipments

 Order no.
 074813
 Order date
 11/30/2021

 Order status
 Pending
 Payment status
 Paid

 Shipping method
 Best Way
 Payment method
 NAWS Payment Processor

 Requested delivery date
 11/30/2021
 NAWS Payment Processor

BILL-TO ADDRESS BILL-IO ADDRESS Kelly Thompson 3612 Mill Run Raleigh NC 27612 United States SHIP-TO ADDRESS Kelly Thompson 3612 Mill Run Raleigh NC 27612 United States

| Item No. | Title                                | Status      | Price   | Discount | Quantity        |    | Total   |
|----------|--------------------------------------|-------------|---------|----------|-----------------|----|---------|
| 3101     | IP #1 Who, What, How, and Why        | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| 3129Hnl  | IP #29: Intro to NA Mtgs H&I Edition | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| 3123     | IP #23 Staying Clean on the Outside  | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| 3122     | IP #22 Welcome to NA                 | Not shipped | \$0.25  | 896      | 25              |    | \$5.75  |
| 3119     | IP #19 Self-Acceptance               | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| 3116     | IP #16 For the Newcomer              | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| 3112     | IP #12 Triangle of Self-Obsession    | Not shipped | \$0.25  | 896      | 25              |    | \$5.75  |
| 3111     | IP #11 Sponsorship, Revised          | Not shipped | \$0.25  | 896      | 25              |    | \$5.75  |
| 3109     | IP #9 Living the Program             | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| 3108     | IP #8 Just for Today                 | Not shipped | \$0.25  | 896      | 25              |    | \$5.75  |
| 3107     | IP #7 Am I an Addict?                | Not shipped | \$0.25  | 896      | 25              |    | \$5.75  |
| 3106     | IP #6 Recovery & Relapse             | Not shipped | \$0.25  | 8%       | 25              |    | \$5.75  |
| Shipping | Shipping Charges                     |             | \$11.73 |          |                 |    | \$11.73 |
|          |                                      |             |         |          | Subtotal        | 5  | 80.73   |
|          |                                      |             |         |          | Total           | \$ | 80.73   |
|          |                                      |             |         |          | Total incl. tax | \$ | 80.73   |

#### PR Report

In the last 30 days our website has had the following:

994 Users (up almost 10%)
2,583 Sessions
3,785 Page Views (2,744 are the meeting schedule page)
Average time spent on site is 1:29
96% USA
2% China
1% UK, Germany, Denmark Greenland, Russia & Sweden
54% Male
46% Female
Age range is pretty evenly spread out

31% had direct link 67% found us via Search Engines 2% were from links

We continue to send out texts and email blasts and Facebook posts as a service to the groups. It was discussed among PR members if we should amend the subcommittee policy for the Capital Area Facebook group (Capital Area Serenity). The intention would be to expand upon the current policy of what is and is not appropriate to post in there. Currently, the policy explains the intention of the group to be a place for NA related announcements. We think we should also have the policy say that the groups is not intended to be a place to debate motions or hot topics. These sort of discussions create a demand for hands on group moderator overview to ensure an atmosphere of recovery is maintained. We also felt that the group was not a productive place for this as these discussions are best held somewhere that a prayer can be used to invite a loving higher power into the discussions, etc. We are curious if the groups support this thought.

PR has the following service opportunities available:

Poster Drive Liason Chair Alternate Chair Presentations Coordinator Secretary

Joe McC.

#### Good Afternoon:

Past month's activities:

- 1) The policy committee discussed with the Treasurer to address potential changes in policy due to current practices during the time of not meeting face to face.
- 2) No printed policy manuals until CASC resumes face to face meetings but it is available on the area site.
- 3) CASC Policy web site has been updated with the motions passed by the CASC in accordance with our policy.
- 4) The current updated policy is posted to the web site.
- 5) Contact phone numbers for committee members: (267) 997-0896 (Richard J)

Thank you again for your votes of confidence to serve our area in this position.

Richard J.

#### Outreach Subcommittee Charter - CASC Policy section 3.04(f)

#### **Outreach Subcommittee**

To assist in carrying the NA message to the still suffering addict, thus supporting the continuing growth and unity of the fellowship. It is suggested that additional information about the Outreach Subcommittee may be found in applicable World Service and Regional Service documents. The Outreach Subcommittee will carry out its function and purpose by:

- (i) Acting as a resource and a coordinator in reaching out to: Loners, isolated groups, Loners and isolated groups in institutions and struggling groups.
- (ii) To locate isolated members, groups, or meetings and to provide these members, groups and meetings with information about NA and its service structure.
- (iii) To reach out to groups that have not been attending CASC meetings on a regular basis and to encourage participation through education. If a group does not have a representative at a meeting of the CASC during an entire quarter, the Outreach Subcommittee will personally deliver the group minutes in an attempt to address any problems that the group may be experiencing.
- (iv) To provide orientation, group packets and CASC Policy Manuals to new GSRs.

#### Where we could use some help

If you would like to observe or participate in CASC Outreach, please contact Sebastian D. at (919) 627-7607.

- Help visiting loners and loner groups on a recurring basis, in-person and virtually.
- Help finding a candidate to chair Outreach for the 2022/2023 term (maybe this is you?!?), so they can start learning the position now.
- Help connecting with home group members of home groups that no longer meet.

#### Last month

- Reviewed Outreach charter, as defined in our CASC Policy Manual in section 3.04(f), to ensure that I'm delivering.
- Assembled and emailed minutes are the request of our chairperson.
- Worked w/PR on meeting list updates.
- Double checked online forms for new motions and service resumes, and forwarded to executive body.
- Trained another member on how to create agenda and minutes for monthly meeting.
- Orientated new subcommittee member. Follow-up meeting this 12/8 6 PM to finalize plan for next wave or Outreach.
- Continued discussions w/other NA members on how to help this area bounce back from pandemic and the decline in participation in general. Ideas so far include:
  - Classes
    - How to pass the basked virtually
    - How to use Zoom
  - Enable subcommittees w/using Zoom for regular monthly meetings, using Zoom breakout rooms, making it easier for anyone interested to attend
  - Create/maintain a list of facilities that do allow in-person, for home groups that want to restart
  - Reach out to home group members from home groups the folded over the last 21 months
  - Offer mentoring and support to inexperienced subcommittee chairs and members, by connecting them with experienced members past or present
- Set up and facilitated monthly Zoom for subcommittee meetings one click access to multiple subcommittee
  meetings, and information on how to participate in subcommittees not utilizing this Zoom.

Meeting ID: 814 0528 0277

Passcode: subcommit.

Reinstituted monthly subcommittee meeting.

#### Goals for next month

- Finish planning next wave of Outreach reach-out to home groups in our area. (First wave was getting meeting list up to date.)
- Continue w/developing a plan to help rebuild this area, and better support its honegroups through the pandemic.

#### Overarching Goals for 2021-2022

- Support home groups in transitioning back and forth between in-person, virtual and hybrid.
- Mentor others in Outreach Subcommittee roles, and recruit 2022-2023 Outreach Subcommittee Chair.
- Update Outreach Subcommittee guidelines and GSR Orientation Packet.

#### Sincerely,

Sebastian D. / Outreach Chairperson 919.627.7607 j.sebastian.dorin@gmail.com

### Convention Chair Report CASC

12/05/2021

Good afternoon Capitol Area and thank you for allowing Me to serve. Coming into the Month of December 2021, I approach this body Happy and Disapointed at the Same time. Ok thank you For asking Me to Explain. About 4 years Ago I was asked to come on as Convention Treasurer OMG. I accepted the Challenge Based on My personal Integerity And desire t Serve. I took over As Treasurer with a 1000.\$ n the Bank Today as I come before you This Committe has Raised \$7,093.39. through Hard Work we are Still Here Post Pandemic. No Funds Mishandeled no Violations. Period .But yet this Committee Has Been through Assults Personal and Racially motivated .Yet we survive Why should an Electected Body encounter such Attacks??Since I have been on this Body I have witnessed 3 times members of the ASC getting Their Home Groups to Make Motions to Suspend the Convention. Why ? Yet we Rise to the Challenge of Race and Personal Prejudice Hidden behind Concepts and Policy. Should the Convention Team 21/22 apologize for breathing new life into a thing that was Broken. Again should weApologize for Having the Majority of Area Support. We we elected to Bring a Convention to the Capitol Area .Today we Come with Contract for a Tangible Convention in June Please See Attached# Again any Stated in my report Can Be Fact Checked .This Team Should be Congratulated instead of Persecuted

In loving But Trying Service,

Julius J.

## **Business Checking**

PNC Bank

For the Period 10/30/2021 to 11/30/2021

Page 1 of 2 Number of 6

Number of enclosures: 0

Primary Account Number:

NC CAPITAL AREA FAMILY REUNION PO BOX 10953 RALEIGH NC 27605-0953 For 24-hour banking sign on to PNC Bank Online Banking on pnc.com

FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG

PNC accepts Telecommunications Relay Service (TRS)

PNCBANK

calls.

Para servicio en espanol, 1-877-BUS-BNKG

Moving? Please contact your local branch

Write to: Customer Service PO Box 609

Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

# IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2022, charges for certain Treasury Management services will change. The impact of these changes on your business will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Treasury Management services, which may be subject to change, include Automated Clearing House (ACH), Cash Logistics, Cash Flow Insight, Account Reconcilement, Direct to Debit, Electronic Data Interchange (EDI), ePayments, Integrated Payables, Integrated Receivables, Invoice Automation, PINACLE, PayerExpress, Print Mail, Purchase Card, Real Time Payments, Remote Deposit, and Wire Transfer services.

We would be happy to review with you the changes that are applicable to your account and to discuss other services or options that may address the evolving needs of your business. Current Treasury Management charges are listed on your monthly statement, if applicable.

If you are interested in a review, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518

## **Business Checking Summary**

Account number:

NC Capital Area Family Reunion

Overdraft Protection has not been established for this account. Please contact us if you would like to set up this service.

| Balance | Sumr | narv |
|---------|------|------|
|---------|------|------|

Beginning Deposits and Checks and other Ending other additions deductions 6,843.39 255.00 .00 7,098.39 Average ledger Average collected balance balance 6,882.76 6,882.76

| Deposits and Other Additions |       |        | Checks and Other Deduct | tions |        |
|------------------------------|-------|--------|-------------------------|-------|--------|
| Description                  | Items | Amount | Description             | Items | Amount |
| Deposits                     | 2     | 255.00 |                         |       |        |
| Total                        | 2     | 255.00 | Total                   | 0     | .00    |

# **Business Checking**



#### For the Period 10/30/2021 to 11/30/2021

7,098.39

NC Capital Area Family Reunion

Primary Account Number:

Page 2 of 2

Business Checking Account Number:

- continued

**Daily Balance** Date Ledger balance Date Ledger balance Date Ledger balance 10/30 6,843.39 11/24 6,993.39 11/29

#### **Activity Detail**

#### **Deposits and Other Additions**

#### **Deposits**

| Date posted | Amount | Transaction description | Reference<br>number |
|-------------|--------|-------------------------|---------------------|
| 11/24       | 150.00 | Deposit                 | 049591532           |
| 11/29       | 105.00 | Deposit                 | 049979312           |

#### **Detail of Services Used During Current Period**

Note: The total charge for the following services will be posted to your account on 12/01/2021 and will appear on your next statement as a single line item entitled Service Charge Period Ending 11/30/2021.

<sup>\*\*</sup> Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

| Description                          | Volume | Amount |                     |
|--------------------------------------|--------|--------|---------------------|
| Account Maintenance Charge           |        | .00    | Requirements Met    |
| Combined Transactions                | 2      | .00    | Included in Account |
| Deposit Tickets Processed            | 2      | .00    |                     |
| Branch - Consolidated Cash Deposited | 2      | .00    | Included in Account |
| Total For Services Used This Period  |        | .00    |                     |
| Total Service Charge                 |        | .00    |                     |

Ledger Balance: \$7,098.39

Pending \$0.00 Withdrawals:

Pending Deposits: \$0.00

Last Deposit \$105.00

Last Deposit Date: 11/29/2021

Last Statement \$7,098.39

Last Statement 11/30/2021 Date:



# CASC NA Service Resume

| Name: Jennifer O.  | Clean Date: 1.26.2005  |
|--|--|
| Street address: 2005 Blackwolf Run Land  | Phone: 919 671 6478  |
| City / State / ZIP: Raleigh, NC 27604  | Email: enniferkohara@gmail.com   |
| Service position interested in: CASC Secretary   |  |
| If the above is not an alternate position, do you have previous position ('yes' or 'no')? Yes, as Secretary of the Capital Area 2020   | ·  |
| Do you understand the responsibilities defined in CASC Policy for that I have been given awesome guidance on how to get the minutes.   |  |
| List <u>all</u> Group service positions held and dates served: I am not certin 1998 in the Sonoma County Fellowship of NA in California; with person. Since then I have held coffee maker, greeter, treasure, GSI held was GSR for my home group, Trust The Process in our area he   | my very first service commitment as a literature R and secretary. The last position at the group level I   |
|  |  |
| List <u>all</u> Area service positions held and dates served: I am not certa times as well as Alternate GSR a few times. Public Relations – 1998 Chair, Chair, Phoneline Coordinator, Phoneline Volunteer, Meeting Presentation Coordinator, Schools Presentation Volunteer, Unity D | 3 – 2020 Meeting Directory Helper, Secretary, Vice<br>g Directory Coordinator, Outreach Volunteer, Schools |
|  |  |
| List <u>all</u> Regional service positions held, and dates served: NCCNA (I Anonymous): 2004/2005 Assistant Chair for the Programming Corfacilitator/announcer, Public Relations Regional Rep.   |  |
| List <u>all</u> World service positions held and dates served: N/A   |  |
| Were all service commitments completed ('yes' or 'no')? No   |  |
| If you answered 'no' to the above question then please explain ful treasurer's commitment. I gave up my GSR commitment at TRUST  | ,  |
| Are you employed full-time ('yes' or 'no')? No   | ,  |
| Can you travel in conjunction with this service position ('yes' or 'no   | o')? Sure, if there is a willing driver.   |

Date: <u>Dec 5, 2020</u>

| Timestamp           | Name            | Clean date | Street address and city/state/zip | Phone number(s) E |          | If the position you are<br>interested in is *not*<br>an alternate position,<br>do you have previous<br>experience in this<br>position or the related | //capitalareancna.<br>com/wp-<br>content/uploads/2021/0 | List all home group<br>- services position you<br>have held and dates | committee services<br>position you have held  | position you have held   | committee services<br>position you have held  | Were all home group,<br>area, regional and<br>world service<br>positions held<br>completed? | If you answered 'no' to<br>the previous question<br>then please explain<br>fully.   | Are you financially stable? | Can you travel if/when required by this service position? | Yes I | No . | Abstain ( | Carried I |  | Policy<br>change |
|---------------------|-----------------|------------|-----------------------------------|-------------------|----------|--|---|---|---|--|---|---|---|-----------------------------|---|-------|------|-----------|-----------|--|------------------|
| 11/28/2021 15:38:10 | Craig Robertson | 10/16/1987 | 277244444                         |                   | PR Chair | Yes  | Yes   | 1987- 2021 Secretary, To  | 1990 Vice Chair Area Co<br>1991 H&I Panel Coordini<br>1992 H&I Secretary / Ca<br>2001 ASC Secretary / Ca<br>2002 ASC Chairperson /<br>2011 Area H&I Panel Co<br>2012 - 2013 H&I, Public R<br>2015 Public Relations Su<br>September 2016-June 20 | 1990 Regional Hâl Mobil<br>1991 Regional Hâl Vice (<br>1992-1994 Regional Hâl<br>1995 RSC Vice Chair / Cr<br>1995 RSC Chairperson / 1,<br>2010 Regional Hâl Mobil<br>2010-2012 Regional Advi<br>2014 Regional Conventio<br>2015 Regional Public Rel<br>J | 1996 WSC H&I Vice Cha<br>1997 WSC H&I Chairper<br>1998-2010 World Board<br>2008-2012 Service Syste<br>2012-2013 WCNA 35 WG<br>June 2017- June 2018, A |   | 2012- Resigned as area is<br>on healing. I went back to<br>2013- I was nominated to<br>2014- Resigned as C&P if<br>2015- Resigned as Caroli |                             | Yes   |       |      |           |           |  |                  |



# Capital Area Service Committee Motion Form

| Date: 12/5/              | 21                    |                   |
|--------------------------|-----------------------|-------------------|
| Motion made by:          | Peace N the Am        |                   |
|                          |                       | a pital outreach  |
| Motion reads as follows: | To have our           | com multer        |
| Chair remove             | from the area a       | 1 Danie Chair     |
|                          |                       |                   |
| over Step his            | reach by 1) Purging   | the capital area  |
|                          |                       |                   |
| with in the car          | of hag (ps. 2) Sent A | email ux our      |
| Capital area en          | nail in error         |                   |
| Capital area             |                       |                   |
|                          |                       |                   |
|                          |                       |                   |
| Intent: To ha            | ve a policy Chair     | that follows      |
| our outreal              | policy Jab discri     | ption. Per policy |
| Page 14 / F-             | 1,11,111,+11          |                   |
| page 11/1                | 1,11) 11)             |                   |
|                          |                       |                   |
|                          |                       |                   |
|                          |                       |                   |
| Carried                  | Failed                | Tabled            |
|                          |                       | Dallia.           |
| Amended                  | Back to Home Group    | Policy<br>Change  |
|                          |                       |                   |
| Yes                      | No                    | Abstain           |
|                          |                       |                   |