

CASC Policy Manual (click) section 5.01(c)

(c) Order of Business

The order of business shall be as follows (the CASC Chairperson may change the order of business as needed):

- Opening prayer
- Reading of the Twelve Traditions and the Twelve Concepts
- Minutes of previous months' meeting
- Old Business
- Treasurer's Report
- Subcommittee Reports
- Group Concerns
- New Business
- CASC Officer's Reports
- Closing Prayer

The order of business can be modified at the discretion of the CASC Chairperson.

- **Opening (2:07pm)**
 - Opening prayer
 - Twelve Traditions
 - Twelve Concepts
 - Roll call - 11 home groups in attendance (role call worksheet **attached**)
 - CASC Officers and Subcommittee Chairs
 - GSRs (or alt. or proxy)
 - Agenda review - Officer and subcommittee chair reports will no longer be voted on; discussion only.
- **Old Business**
 - Motion to accept CASC minutes (Sebastian, seconded John B.) **Passed**.
 - Motion: meet on Zoom or in person (Jennifer O., seconded by Leah P.) **Tabled** until April ASC, once chairperson has confirmed that the facility will allow. Note that Outreach offered to facilitate Zoom access once the monthly CASC meeting goes back person (hybrid meeting).
 - Past Convention Subcommittee Treasurer repayment for misappropriated funds **Tabled** until actual records can be produced. Note that Leah P. confirmed that funds misappropriated by past literature subcommittee chair 100% repaid.
 - Convention contract Discussion and consensus made that the signed proposal from the Convention Subcommittee would be sent back to the home groups this month in full (only the signature page provided for inclusion in last months minutes).
 - Regional convention - discussion about having a presentation from Region regarding the Regional convention. Julius and Michele will get together with Ron from Region.
- **Officer Reports**
 - Chair – Donna N. **attached**
 - Vice Chair - **VACANT**
 - Treasurer - Leah P. **attached**
 - Treasurer Alternate - **VACANT**
 - Secretary - Jennifer O. **attached**
 - Secretary Alternate - **VACANT**
 - RCM - Michelle M. **attached**
 - RCM Alternate - **VACANT**
- **Subcommittee Reports**
 - Hospitals & Institutions - Kelly T. **attached**
 - Public Relations - Craig R. **attached**
 - Policy - Richard J. **attached**
 - Outreach - Sebastian D. **attached**
 - Activities - **VACANT**
 - Convention - Julius J. **attached**
- **Home Group Q&A and Concerns**
 - Announcement: Together We Can is no longer meeting. PR will remove from list.
 - Member: Can we open up part of our agenda for individual member concerns? Is there an opportunity at our ASC for this?
Discussion
"Use the GSR for member concerns."
"Open Forum is what Member Concerns are - allows for people to share - hear voices that may not get heard - I am in support of Open Forum."

“Comes down to effective facilitation, which past chairs have had difficulty with. There’s nothing in policy prohibiting open forum - it’s at the chairperson’s discretion.”

“Unity roundtables like the one we just had is a good place for individual member concerns.”

Decision: Chairperson will add ‘Open Forum’ to the agenda going forward.

- Q&A: Keep It Simple Group does make a donation to our ASC.
- Member concern: Doesn’t feel safe with anonymity; recently had a bad experience at a meeting w/broken anonymity. Virtually no discussion about this.

- **New Business**

- Last call for new motions, proposals and service resumes.
- Welcome new home groups joining Capital Area NA of NC (if any).

Motion: New Home Group: Unity in the Mornings made by Teresa P. GSR, (proxy GSR Nancy S.). **Passed** 11-Y / 0-N / 0-A, vote tally and motion **attached**.

Discussion

One member: “There’s already a meeting at that time - why can’t you find another timeslot?”

Multiple members: “WELCOME TO THE CAPITAL AREA!”

- Proposal coming from PR about planning services - no proposal yet - just planting a seed.
- **GSR action requested:** Choose a weekend for the Capital Area 2022 convention in Rocky Mount: September 9,10,11th or October 28, 29, 30th. Will

- **Closing Prayer**

Meeting closed at 4:29 pm EST

Roll Call

Officers	Name & contact info	
Chair	Donna N. (919) 327-8207 donnaorwood124@gmail.com	✓
Treasurer	Leah P. (440) 532-9100 LeahPierce2830@gmail.com	✓
Secretary	Jennifer O. (919) 671-6426 jenniferkohara@gmail.com	✓
RCM	Michelle M. (919) 268-7556 m4woods@yahoo.com	

Subcommittees	Chair name & contact info	
H&I	Kelly M. (910) 408-8570 kelly@dtainsure.com	✓
Public Relations	Craig R. 919.618.7771 craigrobertson87@yahoo.com	✓
Policy	Richard J. (267) 997-0896 rjones9144@msn.com	
Outreach	Sebastian D. (919) 627-7607 j.sebastian.dorin@gmail.com	✓
Convention	Julius J. (252) 299-9510 juliusjenkins50@gmail.com	

Home Group	GSR info	
A New Beginning	James y	✓
Came to Believe		
Candlelight Recovery		
Daily Reprieve		
Experience, Strength, and Hope		
Faith Through Principles	Delphyne a	✓
Freedom Thru Recovery	Maria a	✓
I Can't We Can		
Ladies Night Out		
Life On Life's Terms		
Living Clean & Serene		
Mid Day Miracles		
NA at Noon		
Never Alone Never Again		
New Way Of Life II	Andrew Y	✓
Peace in the AM	Jay Y	✓
Principles B4 Personalities	Ron H. Y	✓

Home Group	GSR info	
Recovery in The Hood	James L. Y	✓
Rediscovery Thru Recovery		
Simple Solution		
Southside Recovery	John S.	✓
Spiritual Change	John B. Y	✓
St Philips Lutheran Church ????		
Sunday Serenity Group	Jessie Y	✓
The Journey Continues		
The Primary Purpose Group		
Thursday Night LIT		
Together We Can		
Trust The Process		
Tuesday Night Live		
Way to Grow Group		
We Do Recover		
Wolfpackin'		
Young Connections to Recovery		
Constantly Searching	Brendan O. Y	✓

Vote tally - motion for Unity in the Mornings to join CASC

Home Group	GSR info	
A New Beginning	James y	Y
Came to Believe		
Candlelight Recovery		
Daily Reprieve		
Experience, Strength, and Hope		
Faith Through Principles	Delphyne a	Y
Freedom Thru Recovery	Maria a	Y
I Can't We Can		
Ladies Night Out		
Life On Life's Terms		
Living Clean & Serene		
Mid Day Miracles		
NA at Noon		
Never Alone Never Again		
New Way Of Life II	Andrew Y	Y
Peace in the AM	Jay Y	Y
Principles B4 Personalities	Ron H. Y	Y

Home Group	GSR info	
Recovery in The Hood	James L. Y	Y
Rediscovery Thru Recovery		
Simple Solution		
Southside Recovery	John S.	Y
Spiritual Change	John B. Y	Y
Sunday Serenity Group	Jessie Y	Y
The Journey Continues		
The Primary Purpose Group		
Thursday Night LIT		
Together We Can		
Trust The Process		
Tuesday Night Live		
Way to Grow Group		
We Do Recover		
Wolfpackin'		
Young Connections to Recovery		
Constantly Searching	Brendan O.	Y

March CASC Report

Good afternoon, just want to thank the God of my understanding for another day that he allow me to be clean and to be of service. It is a honor to be your area chair and with that being said, I want to apologize for neglecting some of duties. With the help of my committee I am learning to ask for help and to be able to help others. I would like to thank Craig R. for putting on the Round table, it was really great and I believe that we got a lot accomplish in the discussion. I hoping that we can move forward and continue to have unity in our area. Let's continue to work together and also have a better communication toward one another. We also need unity and to practice our affairs in everything we do. May God continue to bless us and to help us to carry the message to the next suffering addict. Thank you again for allowing me to be of service.

Loving service,

Area Chair, Donna N.



CASC Secretary Report

March 2022

03/06/2022

Hello members!

Welcome to all the new GSRs. Please email secretary@capitalareancna.com your name and last initial, your home group, and your phone number. I will assume the email address you send me the email from is the one you want the minutes sent to unless you notify me otherwise. If you did not receive last month's minutes please also email me the same information.

I attended the PR Subcommittee's Unity Roundtable as well as the PR Subcommittee monthly meeting. I helped Donna by being in regular communication, as well with all Admin and Subcommittee Chairs and all NA members. I am committed to keeping the flow of communication active in our Area.

Thank you for allowing me to be of service to our ASC If I can help, please don't hesitate to contact me. May we continue to unite in our primary purpose.

Jennifer O.

CASC Secretary



CASC TREASURERS REPORT

Date: 3/1/2022
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of February 2022

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so. Please put your home group name in the note section when you make a donation. We donated \$41.57 to the World Service Office which is 40% above prudent reserve. We donated \$62.36 to the NC Region which is 60% above prudent reserve. Monies were paid back from Nikki and some were forgiven per NA members and past treasurer's reports and I have not found information on Angela yet. No one is making payments at this time though.

January 2021 STATEMENT

The beginning balance on 2/01/2022 was:	\$ 1,903.93
Deposits totaled:	\$ 151.43
Checks and deductions totaled:	\$ 190.48- See attached detailed Income & Expense Report
Ending balance on 02/28/2022:	\$ 1,864.88 See attached PNC Bank Statement
Outstanding checks not cleared:	\$ 103.93 -
Available balance on 2/28/2022:	\$ 1,760.95

This available balance puts us \$0 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$0 donation to World or and a \$0 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement
- Pay Pal Activity Statement
- Home Group Donations

Business Checking XXXXXX Available Balance: **\$1,780.51**

Account Summary

Available Balance:	\$1,780.51	Interest Paid to Date:	\$0.00
Ledger Balance:	\$1,814.88	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$34.37	Last Deposit Amount:	\$50.00 02/28/2022
Pending Deposits:	\$0.00	Last Statement Balance:	\$1,864.88 02/28/2022

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	PO BOX 10953 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
03/03/2022	J2 ONEBOX SERVICES CARD#5198	\$34.37	

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
03/01/2022	CHECK 1993 084427063	\$50.00		\$1,814.88
02/28/2022	ACH CREDIT XXXXX6486 PAYPAL TRANSFER		\$50.00	\$1,864.88
02/22/2022	RECURRING DEBIT CARD XXXXX8051 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$1,814.88
02/08/2022	RECURRING DEBIT CARD XXXXX8039 TEXTEDLY HTTPSTEXTED CA	\$16.00		\$1,826.87
02/08/2022	RECURRING DEBIT CARD XXXXX8039 PY Security Self Stor XXXXX9038 NC	\$108.95		\$1,842.87
02/07/2022	RECURRING DEBIT CARD XXXXX8037 DNHGODADDYCOM XXXXX8855 AZ	\$19.17		\$1,951.82
02/07/2022	ACH CREDIT XXXXX7148 PAYPAL TRANSFER		\$101.43	\$1,970.99
02/04/2022	RECURRING DEBIT CARD XXXXX8035 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$1,869.56
01/26/2022	ACH CREDIT XXXXX9371 PAYPAL TRANSFER		\$6.37	\$1,903.93
01/24/2022	RECURRING DEBIT CARD XXXXX8023 TEXTEDLY HTTPSTEXTED CA	\$20.00		\$1,897.56
01/21/2022	CHECK 1991 086331270	\$157.53		\$1,917.56
01/21/2022	CHECK 1990 086208690	\$80.73		\$2,075.09
01/19/2022	RECURRING DEBIT CARD XXXXX8019 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,155.82
01/19/2022	ATM DEPOSIT 85010062 DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$247.00	\$2,167.81
01/14/2022	ACH CREDIT XXXXX3223 PAYPAL TRANSFER		\$22.82	\$1,920.81

01/14/2022	ACH CREDIT XXXXX3565 PAYPAL TRANSFER		\$97.00	\$1,897.99
01/11/2022	ATM DEPOSIT 85034172 DEPOSIT 925 RIDGEFIELD RALEIGH NC		\$20.00	\$1,800.99
01/10/2022	RECURRING DEBIT CARD XXXXX8009 TEXTEDLY HTTPSTEXTED CA	\$16.00		\$1,780.99
01/10/2022	RECURRING DEBIT CARD XXXXX8009 PY Security Self Stor XXXXX9038 NC	\$108.95		\$1,796.99
01/10/2022	RECURRING DEBIT CARD XXXXX8009 NA WORLD SERVICES HTTPSDONORB CA	\$105.02		\$1,905.94
01/10/2022	ACH CREDIT XXXXX6335 PAYPAL TRANSFER		\$50.50	\$2,010.96
01/04/2022	RECURRING DEBIT CARD XXXXX8004 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$1,960.46
12/22/2021	RECURRING DEBIT CARD XXXXX8356 EIGBLUEHOSTCOM XXXXX4678 UT	\$119.88		\$1,994.83
12/20/2021	RECURRING DEBIT CARD XXXXX8353 ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,114.71
12/14/2021	ACH CREDIT XXXXX8444 PAYPAL TRANSFER		\$73.06	\$2,126.70
12/08/2021	RECURRING DEBIT CARD XXXXX8342 TEXTEDLY HTTPSTEXTED CA	\$16.00		\$2,053.64
12/08/2021	RECURRING DEBIT CARD XXXXX8342 PY Security Self Stor XXXXX9038 NC	\$108.95		\$2,069.64
12/06/2021	RECURRING DEBIT CARD XXXXX8339 J2 ONEBOX SERVICES XXXXX5400 CA	\$34.37		\$2,178.59
12/03/2021	ACH CREDIT XXXXX5083 PAYPAL TRANSFER		\$38.35	\$2,212.96
12/03/2021	ACH CREDIT XXXXX4692 PAYPAL TRANSFER		\$112.06	\$2,174.61






Search activities



Completed

Feb 2022

	PNC BANK, NA Feb 27 Transfer to Bank	- \$50.00
JS	[Redacted] Feb 27 Money Received	+ \$50.00
	PNC BANK, NA Feb 5 Transfer to Bank	- \$101.43
	[Redacted] Feb 4 Money Received "Keep it Simple group donation"	+ \$82.50
	Shawn Winstead LLC Feb 1 Money Received "NA @ Noon 7th Tradition January 2022"	+ \$18.93

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Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	2/1/2022	\$1,903.93		Period: 2/1/22 -2/28/2022	
Income/ Revenue Section 1					
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations	2/28/2022	\$151.43		Group donations received during the Month	
Total Income/ Revenues		\$151.43			
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTEES					
H&I Committee					
H&I Literature					H&I Literature - \$190
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy \$200
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$34.37		Varies slightly - averages \$30.93/
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD	\$19.17		On Auto draft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$16.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses					
Outreach					\$35 Monthly allocation per policy
Policy					\$30 Monthly allocation per policy
Activities Committee available					\$500 For Area Anniversary Function(s)
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly				ASC - Rent
Secretary					Varies slightly
Treasurer - Office Supplies					Checks Replenished/Harland Clarke
Treasurer -Storage Rent	9th monthly	AD	\$108.95		Security Self Storage
Chairperson					
RCM Travel/ Expenses					Refund Receipts
Bank Fees		AD			Service charge - Bank Account
Mail Box - Due yearly on Nov 1st		1978			CASC Mailbox at Cameron Village
Misc. ZOOM and Website					
ZOOM			\$11.99		
Regional Donations - 60% - CRNA					Per Policy
World Donations - 40% - NAWS					World Donation Per Policy
Total of All Expenses			\$190.48		
Revenue			\$151.43		
Beginning Balance:			\$1,903.93		
DIFFERENCE: Income-Expenses			-\$39.05		
Ending Balance			\$1,864.88		
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount	Description	
Regional		1992	\$62.36		
World Donations			\$41.57		
		TOTAL:	\$103.93		
Available Balance			\$1,760.95		
Prudent Reserve- Per Policy			\$1,800.00		
Amount Above/ Below P.R.			-\$39.05		

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated
A New Beginning			Mid Day Miracles			South Side Recovery	
Basic Text Study Group			Miracles In Progress			Spiritual Change	
Came to Believe			NA At Noon			Spiritually Connected	
Candlelight Recovery			NA In the PM	18.93	\$18.93	Sunday Serenity	50
Constantly Searching			NA Way Group			The Journey Continues	
Daily Reprieve			Never Alone Never Again			The Primary Purpose Group	
Expect a Miracle			New Horizons Group			The Seekers Group	
Experience, Strength, and Hope			New Way of Life II			Together We Can	
Faith Thru Principles			Our Common Welfare			Trust the Process	
Freedom Through Recovery			Out To Lunch			Tuesday Night Live	
I Can't, We Can			Peace in The AM			Unity and Positivity	
In From The Storm			Principles & Traditions			Way to Grow Group	
Keep it Simple	82.5	82.5	Principles B4 Personalities			We Do Recover	
Ladies Night Out			Recovery In the Hood			Welcome Home	
Living Clean & Serene			Rediscovery Through Recovery			Why Are We Here	
Lunatic Fringe			Sunday Serenity			Wolfpacking	
Man Up			Serenity In The Morning			Women In Recovery	
			Young Connections to Recovery				
			Home Group Donations		\$151.43	Total Other Income	
						Total Income	\$15

Deposited
\$50

1.43

March 6th, 2022

Capital Area RCM Report

Hi Family,

I apologize for not attending today's Area meeting celebrating my mother's 70th birthday. The next regional meeting will be on April 16th, 2022 at 1pm. We will be voting at that time if meetings will go back to being in person.

I have no report except to announce an opportunity for us to attend a webinar from WSO about "Attracting new members to service" that will be held on March 19th at 11:00 am.

<http://www.na.org/webinar>

Webinar ID: 82691143020

Passcode: 1953

I have attached the flyer as well as the treasurer's report from region.

Thank you for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

Sincerely,

Michele M.

JUST FOR TODAY!!!

North Carolina Region Treasury Transactions for year 2022

Check/Debit	Deposit	Balance	Date	From/To
		\$4,253.39	1/1/2022	End of 2020 Balance
	\$107.00	\$4,360.39	1/11/2022	Tar-Roanoke Area Donation
	\$157.53	\$4,517.92	1/21/2022	Capital Area Donation
183.43		\$4,334.49	1/22/2022	Phoneline and Website (Reimbursement check to Michael Mc)
	849.22	\$5,183.71	1/27/2022	Crossroads Area donation
	1000.00	\$6,183.71	1/27/2022	Greensboro Area Donation
	33.76	\$6,217.47	1/27/2022	Sunday Serenity Homegroup (Capital Area)
	185.00	\$6,402.47	1/27/2022	Freedom Through Recovery homegroup
\$1,051.85		\$5,350.62	1/28/2022	NAWS donation 75%
\$350.62		\$5,000.00	1/28/2022	SEZF donation 25%

Reconciled
Yes

Color Key

	REGION
	H&I
	PR
	POLICY
	OUTREACH
	RD & ARD
	WSC Donation
	SEZF Donation

reconciled balance

7

PO Box 9999
Van Nuys, California USA 91409

SEZF
2222 S Combee Rd
STE-6
Lakeland, FL 33801
Harold Holloman
1508-5th Place NW
Center Point, AL 35215

March H&I Report

Hi Family,

Thank you for allowing me to continue being of service in the position of H&I chairperson. Since our last area meeting presentations have continued to be brought into facilities at Wakebrook (all except for the period of time they were closed due to quarantine) and Triangle Springs. We have had newly oriented members at both facilities in the last month which is very encouraging. I did not have anyone come to the orientation today, so please continue to share with other members in your home groups or meetings that you attend that the orientation is held at 12:30 the second Sunday of the month so we can continue to get people oriented/reoriented. I was able to meet with Herb this morning to distribute literature to him to take to Wakebrook and I will be ordering more this week and will get the receipt over to Leah as soon as I have done so. Craig and I will be touching base in the upcoming weeks to put together a presentation to take to Wake County Detention Center as they reached out to Craig via phone. Again, PLEASE share orientation information so we can have enough people oriented and willing to take presentations into these facilities. I will have PR send out another text/email blast this month as a reminder as well.

In loving service,

Kelly M.



Capital Area Officer/Subcommittee Report Form

Name/Position: Craig R/ PR Chairperson

Date: March 4, 2022

Activities:

- Facilitated unity open forum/round table; at least 22 members attended in person with 6 online. Results on that meeting attached in a separate report. We went through a process of identifying issues and prioritization based on the most critical to fulfilling our primary purpose and achieving our vision. The top issues are below; the attendees expressed satisfaction with the meeting and overwhelmingly want to continue these types of events. If you agree, we will begin planning the next event that will focus on discussion of possible solutions to these top issues. It will be helpful for as many people as possible to attend, especially the GSRs and subcommittee chairpersons. Also, just because an issue was not prioritized high, does not mean that it's not important or need addressing. There are several issues and opportunities that we can build discussion workshops and events for.
 - GSRs not adequately trained and/or informed about service structure; lack of awareness about asc, their role or the rest of NA
 - Racism effecting our services and groups
 - Information not reaching all that needs to know in the groups
 - Lack of effective facilitation/leadership at ASC; inconsistency in how meeting is run
- Participated in planning for PR week in June with Southeastern Zonal Forum PR Task Force
- Received an email from a member relaying message that the Wake County Detention Center would like to have an H&I presentation; will coordinate with H&I subcommittee

Website

977 Users

2,416 Sessions

3,580 Page Views (2,744 are the meeting schedule page)

Average time spent on site is 1:21

37% entered in our web address or had it bookmarked

61% found us via Search Engines

1% (13 users) from Social Media 1% were linked to us from other sites

Financial Expenses:

- \$100 open forum/round table (\$50 rent, \$50 for refreshments)

Upcoming Activities:

- Planning for next open forum/round table

- Continue discussing establishing regular phonenumber orientation to train members that get involved and want to help answer calls from suffering addicts; will also be looking at types of calls received for possible opportunities for improvement, such as when people are looking for a meeting, having the ability to text location of meetings to their phone
- Discuss other uses for mass text messaging to GSRs
- Review of internal guidelines for updates and/or changes
- Submit application for participation in 2022 Hybrid NC Prevention Conference May 2022; \$200 exhibitor expenses
- Build work plan
 - Discuss/review website, Facebook page for possible rebrand
 - Discuss/review current services for improvement and opportunities
 - Recruitment of new members

Craig R,
919.618.7771

Recap of Unity Open Forum/round tables February

We began by asking everyone to identify what they believe and/or feel are the major problems facing our area, unity, and ability to carry our message. From that I highlighted what sounded like common themes and grouped them in a list. We asked everyone to prioritize that list in a straw poll based on what they think is the most important or critical to our primary purpose. After that exercise we then prioritized those issues, eliminating anything 5 or below, with people only having 3 choices. The results of both polls are in parenthesis. The top issues are listed last.

Thanks for allowing us to serve
Public Relations Subcommittee

Issues identified members in attendance and online

Lack of diversity in convention; have speakers from each home group

Lack of financial responsibility from home groups; not forwarding contributions from 7th Tradition

Money taken before and some groups not trusting as a result of

Racism is pervasive in NA

Area didn't seem racial in 1994; convention subcommittee has evolved from being diverse to majority members who happen to be black; unity is important

Don't experience racism in daily life; came to NA and was welcomed and did not care about being white; suggested serving on convention subcommittee and an area position; can understand members on convention feeling how they did

Capital area has grown; at one time was majority of members being white; racism is not new to our area or NA; go to meetings closest to house

Another area broke up due to racism; helps to go to different meetings; takes personal effort to do that and get out of comfort zone; convention has worked to hold fund raising events and members who happen to be white don't show up; 'purging' meeting list was a mistake during the pandemic

Heard racism does not exist in NA but that is not true; don't agree that members on convention should serve elsewhere, people have a choice; do diverse events that support the convention; strive to have more diversity on convention

subcommittee; ask groups to provide information about their contributions and where it goes in their reports

Voted me into a position at 90 days clean; are we electing the right people (trusted servants) in the convention subcommittee and we get what we get

Lack of open mindedness in our area; different types of events bring out those interested (i.e. campouts no whites, others have majority black); doing the same things in our area

Experience of hanging together and fellowshipping with diverse backgrounds; helps to do service together with different people; will go to another meeting to see long term friends; will cut people off who practice bigotry

Clean since 1987 and seen the changes; NA is like a life raft; need people with different perspectives, experiences, life styles; NA provides opportunities to meet them and learn; tempting to pretend that all is fine; unable to heal without talking about the problem; asc has always been a miracle wondering how it functioned as it was scary at times; important to remain an area and not split; home group has a group conscience determining fund flow (percentage to other levels of service); suggest we continue to hold these

This issue is important; has experienced racism in NA; don't need to come to NA for race issues; come because we all have the same disease; unseen members are important; was put to service upon entering NA; concerned property, money and

prestige has become more important than staying clean and helping others and personal problems, responsibility

Grew up in home that accepted all people and the world is not like that; got clean in small town and the meetings were more diverse than here; went to different meetings and saw a divide by color; moved here from another area; my niche is not convention service; saw another regional convention BOD become 'powerful' and dictate to RSC; home group had not ill intentions with motion but recognized harm caused by the motions and apologized; planned motion brought out many to asc

Grew up in a segregated city; when coming to NA experienced diversity; regional service provided forum for these types of discussions; did not fix racism but stimulated working and serving together; moved here during pandemic; struggled to find meetings that I like

Felt lied to about motivation for motions; served on convention and felt had to defend the convention; and then served on asc and experienced the same; also experienced racism; had to work on personal recovery that racism does not impact ability to carry the message and recovery; why does people who don't support the convention not support it and if its taken away you will do something else

Service is doing the right thing for the right reason; got taken to world convention by other members; attend NA meetings not black or white meetings; go to meetings where I chose; discrimination is more than color; convention lost money at Sheraton downtown; ego can be a problem; convention subcommittee is a part of the asc; questions about financial status are necessary and right; group conscience needs to be adhered to not personal opinion

Wouldn't be clean without support;

Atmosphere of safety prevalent in the room as members are sharing what they feel; understand

better the optics of purging meeting list, motions about convention; don't know how to solve racism inside or outside of NA; might miss it due to being white; some people will hide it; do not get to decide what racism looks like for anyone else; disturbed with some of the fallout and personal attacks when motions came up; has done the same thing before; irony is that the motions if followed through would have began the process earlier; addicts that suffer are harmed when go through strife; listen to each other and talk with each other more

Sponsor took me to meeting with majority white members; then went to meetings the exact opposite demographic; was told that there are no black meetings or white meetings; went to fundraiser where they were only black attendees; have a responsibility to the newcomer to practice unity; today is respectful and everyone is helping today

Once awareness of problem can find the solution; need to focus on now and not in the past that keeps

us twisted; other areas did not do what we are doing right now like surrender and finding our own way; where do we go from here

Saw what happened a couple of months ago; felt some hostility in some meetings; went to meetings out of state and was in the minority but felt welcomed

I feel like there are black meetings and white meetings for cultural environments; perceptions are important; broke bread with a member who did not fit what they thought who they were; easy to blame it on black and white issues; more personal; more diverse events; have seen people told not to go some particular meetings

In general terms what is the definition of racism, is it that 'white folks' don't attend the Cap Area convention and/or fundraisers? Is it that 'white folks' don't attend meetings in southeast Raleigh? Or that people who attend meetings in southeast Raleigh don't attend meetings in Cary? I really think/feel that the word 'racism' needs an agreed

upon definition. It truly may mean something to one person and something else to another

I find race to be an outside issue. It clearly says 'Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion'. If there was an issue with in our fellowship about religion, say the Catholics vs the Baptists or Atheists- would be discussing this? What is it about sexual identity or creed? Would we discuss this in this manner?

Race isn't an issue in Narcotics Anonymous.

Diversity is our strength. HOPE-Hearing Other People's Experience. A member of NA, a white female assaulted and brutally raped etc by a black man. She was prejudice against black men. She came into NA, a racist based on her own perspective. She was able to find solution in the 12 steps of NA and through the Fellowship. She healed her exact nature of her racism. We are here to help each other stay clean just for today

Common issues/problems or themes prioritized

1. Lack of diversity with all things convention; lack of diversity in asc service 8/2
2. GSRs not adequately trained and/or informed about service structure; lack of awareness about asc, their role or the rest of NA 11/9
3. Members have gotten 'lazy and complacent' and not taking personal responsibility; 9/3
4. Information not reaching all that needs to know in the groups 8/6
5. ASC service structure not focused on primary purpose and defocused on irrelevant issues 5
6. Lack of emphasis on sponsorship to pass on experience and encouragement to participate; lack of willingness to serve 4
7. Too many times warm bodies elected; lack of knowledge of policy/guidelines; ditto 8/5
8. Lost meetings because of covid 10/5
9. Racism in our area impacting support, participation (i.e. convention) 9/3

10. Lack of accountability/attendance of gsr's at asc 11/3

11. Lack of visibility of area trusted servants at homegroups 4

12. Racism effecting our services and groups 11/7

13. Lack of comraderies in our area; lack of fellowshipping 12/3

14. Lack of effective facilitation/leadership at asc; inconsistent of how meeting is run 12/6

15. Lack of holding people accountable when funds have been misappropriated; tax ID # 10/4

Top common issues prioritized by first straw poll

- Lack of comraderies in our area; lack of fellowshiping 12
- Lack of effective facilitation/leadership at asc; inconsistent of how meeting is run 12
- GSRs not adequately trained and/or informed about service structure; lack of awareness about asc, their role or the rest of NA 11
- Racism effecting our services and groups 11
- Lack of accountability/attendance of GSRs at asc 11
- Lost meetings because of covid 10
- Lack of holding people accountable when funds have been misappropriated; tax ID # 10
- Racism in our area impacting support, participation (i.e. convention) 9
- Members have gotten 'lazy and complacent' and not taking personal responsibility 9
- Lack of diversity with all things convention; lack of diversity in asc service 8

- Information not reaching all that needs to know in the groups 8
- Too many times warm bodies elected; lack of knowledge of policy/guidelines 8
- ASC service structure not focused on primary purpose and defocused on irrelevant issues 5
- Lack of emphasis on sponsorship to pass on experience and encouragement to participate; lack of willingness to serve 4
- Lack of visibility of area trusted servants at homegroups 4

Top 3 issues prioritized by second straw poll

- GSRs not adequately trained and/or informed about service structure; lack of awareness about asc, their role or the rest of NA 9
- Racism effecting our services and groups 7
- Information not reaching all that needs to know in the groups 6
- Lack of effective facilitation/leadership at asc; inconsistent of how meeting is run 6

Good Afternoon:

Past month's activities:

- 1) I attended the mid-month executive body meeting
- 2) I attended the unity roundtable open forum
- 3) Policy subcommittee is working on comparing the subcommittee policies for suggestions to be in line with the area policy
- 4) Policy subcommittee meeting was held at 12:30 before CASC meeting
- 5) If there is anyone who is available to serve on this committee, please join us and pass this invite on to others seeking to be in service.
- 6) No printed policy manuals until CASC resumes face to face meetings but it is available on the area site.
- 7) The current updated policy is posted to the web site.
- 8) Contact phone numbers for committee members:
(267) 997-0896 (Richard J)

Thank you again for your votes of confidence to serve our area in this position.

Richard J.

OUTREACH ANNOUNCEMENTS

- **GSR orientation is the first Sunday of each month at 1:30 PM** - visit www.capitalareancna.com for details. The CASC GSR handbook is available online https://capitalareancna.com/wp-content/uploads/2019/10/GSR_handbook.pdf.
 - **Silent poll for GSRs: Have you attended a GSR orientation in the last 5 years? How about the last 10?**
- The purpose of the Area Service Committee is to help home groups carry the NA message in ways that would be difficult for home groups to do by themselves. **Can whoever is responsible for getting 17 GSRs to the Jan. CASC meeting help with the following?**
 - Get those GSRs to a GSR orientation and to all the CASC meetings?
 - Help Outreach visit home groups that are disconnected from CASC?
- **If you would like to help Outreach reach out to individual home groups in this area please share your availability using the new Outreach Home Group Reach-out Sign-up (click).**
 - **Outreach now has a weekly subcommittee meeting to coordinate visits to home groups in the area - Tuesdays from 6-6:30 PM** on Zoom (<https://us02web.zoom.us/j/81405280277?pwd=RTJHSEhSY1MbzhpM09oVDhNWjBHQ09> / Meeting ID: 814 0528 0277 / Passcode: subcommit.). If you would like to be a part of but can't attend this meeting just call me at 919.627.7607.
- **Would GSRs like for this to happen?** Outreach is willing to facilitate Zoom participation once CASC goes in-person, similar to the recent Unity Roundtable. This would allow for any NA member to at least listen in, and if desired full participation for remote participants can be facilitated.
- **Please don't wait until the March CASC meeting if you have any questions or concerns about this report.** Just give me a call at (919) 627.7607.

CASC Outreach Subcommittee Charter

CASC Policy section 3.04(f)

To assist in carrying the NA message to the still suffering addict, thus supporting the continuing growth and unity of the fellowship. It is suggested that additional information about the Outreach Subcommittee may be found in applicable World Service and Regional Service documents. The Outreach Subcommittee will carry out its function and purpose by:

CASC Outreach Subcommittee Report

Policy Section	Report
<p>3.04(f)i Acting as a resource and a coordinator in reaching out to: Loners, isolated groups, Loners and isolated groups in institutions and struggling groups.</p>	<ul style="list-style-type: none"> • Facilitated monthly subcommittee meeting as usual. 2 attended this month. We discussed the below and brainstormed some ideas for a standard questionnaire for home group we visit.

Policy Section	Report
	<ul style="list-style-type: none"> • Changed approach to home group visit reachout, based on the last interim CASC executive body meeting on 2/14. Now using a sign-up sheet (click) and weekly interim meetings to coordinate. • Outreach now has a weekly subcommittee meeting to coordinate visits to home groups in the area - Tuesdays from 6-6:30 PM on Zoom (https://us02web.zoom.us/j/81405280277?pwd=RTJHSEhSY1IMbzhpM09oVDhNWHBHQT09 / Meeting ID: 814 0528 0277 / Passcode: subcommit.). If you would like to be a part of but can't attend this meeting just call me at 919.627.7607.
<p>3.04(f)ii To locate isolated members, groups, or meetings and to provide these members, groups and meetings with information about NA and its service structure.</p>	<ul style="list-style-type: none"> • I need guidance on this one. Suggestions received so far: Send out a survey, digital and/or hardcopy. If anyone has suggestions or experience with this let me know.

3.04(f)iii To reach out to groups that have not been attending CASC meetings on a regular basis and to encourage participation through education. If a group does not have a representative at a meeting of the CASC during an entire quarter, the Outreach Subcommittee will personally deliver the group minutes in an attempt to address any problems that the group may be experiencing.

- Continued tracking home group attendance at CASC overall, to be used to prioritize reachout.

	n/a	9	13	11	n/a	17	9	8	0	0	0	0	
	-	-	-	-	-	-	-	-	-	-	-	-	-
	Jul 2021	Aug 2021	Sep 2021	Oct 2021	Nov 2021	Dec 2021	Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	Jun 2022	
A New Beginning	DATA NOT AVAILABLE →				DATA NOT AVAILABLE →								4
Came to Believe													0
Candlelight Recovery													3
Daily Reprieve													0
Experience, Strength, and Hope													0
Faith Through Principles													4
Freedom Thru Recovery													6
I Can't We Can													1
Ladies Night Out													3
Life On Life's Terms													0
Living Clean & Serene													1
Mid Day Miracles													1
NA at Noon													0
Never Alone Never Again													0
New Way Of Life II													5
Peace in the AM													5
Principles B4 Personalities													2
Recovery in The Hood													6
Rediscovery Thru Recovery													0
Simple Solution													1
Southside Recovery													2
Spiritual Change													5
Sunday Serenity Group													6
The Journey Continues													1
The Primary Purpose Group													0
Thursday Night LIT													1
Together We Can													1
Trust The Process													0
Tuesday Night Live													0
Way to Grow Group													0
We Do Recover													0
Wolfpackin'													1
Young Connections To Recovery													0
Basic Text Study (not meeting)													2
Constantly Searching (not meeting)													4
In From The Storm (facility only)													1
Principles and Traditions (not meeting)													1

Policy Section	Report
<p>3.04(f)iiii To provide orientation, group packets and CASC Policy Manuals to new GSRs. The orientation will be held 30 minutes prior to the monthly CASC meeting, and will be open to any NA member who wishes to attend, including experienced GSRs who may have missed or want a refresher.</p>	<ul style="list-style-type: none"> Made myself available for monthly GSR orientation at 1:30 PM 3/6. 2 GSRs attended, as well as several subcommittee members. The GSRs were not from this area. We went through the CASC GSR handbook that's out on our website https://capitalareancna.com/wp-content/uploads/2019/10/GSR_handbook.pdf.
<p>4.07(c) Payment of Subcommittee Allocations The CASC Treasurer will administer pre-approved Subcommittee allocations in the following amounts: - H&I \$190.00 per month \$200 annually for the H&I Learning Day - PR \$75.00 per month - Policy \$30 per month - Outreach \$35 per month The appropriate Subcommittee Chairpersons should collaborate to produce an itemized list of expected spending for the Learning Day in order to receive funding, and at the CASC meeting following Learning Day report actual spending. Funds not used in a given month will be added to the next month. No funds will be retroactive past three months unless approved by the CASC. If necessary, the monthly budgets may be decreased on a temporary basis by a simple majority vote of the CASC without affecting preapproved guidelines.</p>	<ul style="list-style-type: none"> No funds spent, as there is no current need or requests for printed GSR handbooks or CASC policy manuals. Will be using budget over the coming months as we bring copies of the GSR handbook and other items to home groups we visit.

Other items
<ul style="list-style-type: none"> Answered the Capital Area phone line and helped callers find meetings and information about NA. Attended the mid-month CASC interim meeting for executive body and subcommittee chairs. Participated in Unity Rountable. Overall very grateful for this - thank you Craig for facilitating. <ul style="list-style-type: none"> Looking forward to future rountables the next steps. Very concerned about misinformation shared as "fact" by individuals who don't consistently participate in area business. Examples include how the meeting list was updated last fall, and blame on GSRs being uninformed because of a lack of GSR orientation. Facilitated the monthly subcommittee meeting Zoom for H&I, PR, Policy and Outreach.

March Convention Subcommittee Report

3/06/2022

Good afternoon Capitol Area

Thank you for allowing me to serve. First I'm happy to say that our Bank Balance is 5227.37 Also we will be presenting two Dates for Convention Sept and Oct. to be Chosen by GSRs. Today is the deadline for the logo Contest as well. Team 22 would like to Express a deep appreciation for the Support to our Fundraisers and the Support overall. We still have several positions open as well .I as the Chair for this Commite remain hopeful that some of the Barrier's that prevent full Area support Can be removed by future Discussions and Diverse participation. I can't but We Can In loving Service Julius J.

Business Checking

PNC Bank



For the Period 02/01/2022 to 02/28/2022

Primary Account Number: [REDACTED]

Page 1 of 2

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION
PO BOX 10953
RALEIGH NC 27605-0953

For 24-hour banking sign on to
 PNC Bank Online Banking on pnc.com
FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG
PNC accepts Telecommunications Relay Service (TRS) calls.
Para servicio en español, 1-877-BUS-BNKG

Moving? Please contact your local branch

Write to: Customer Service
PO Box 609
Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

Business Checking Summary

NC Capital Area Family Reunion

Account number: [REDACTED]

Overdraft Protection has not been established for this account.
Please contact us if you would like to set up this service.

Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
8,117.05	351.32	3,725.00	4,743.37
		Average ledger balance	Average collected balance
		4,612.91	4,612.91

Deposits and Other Additions

Description	Items	Amount
Deposits	1	351.32
Total	1	351.32

Checks and Other Deductions

Description	Items	Amount
Checks	1	3,725.00
Total	1	3,725.00

Daily Balance

Date	Ledger balance	Date	Ledger balance	Date	Ledger balance
02/01	8,117.05	02/02	4,392.05	02/22	4,743.37

Activity Detail

Deposits and Other Additions

Deposits


Date posted	Amount	Transaction description	Reference number
02/22	351.32	Deposit	048332801

Checks and Other Deductions

Checks and Substitute Checks

Date posted	Check number	Amount	Reference number
02/02	1058 *	3,725.00	046209324

Business Checking

 For 24-hour account information, sign-on to
pnc.com/mybusiness/

For the Period 02/01/2022 to 02/28/2022

NC Capital Area Family Reunion

Primary Account Number: 53-5305-7056

Page 2 of 2

Business Checking Account Number: 53-5305-7056 - continued

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 03/01/2022 and will appear on your next statement as a single line item entitled Service Charge Period Ending 02/28/2022.

** Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	2	.00	Included in Account
Checks Paid	1	.00	
Deposit Tickets Processed	1	.00	
Branch - Consolidated Cash Deposited	3	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	



Back Compose Reply Reply e Forwar Delete Move Print Archive Mark More

- Inbox** 216
- Drafts
- Sent
- Junk
- Trash
- Archive

Re: CREATE MOTION FORM pleas...

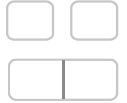
Message 15 of 577



From **J. Sebastian Dorin** <j.sebastian.dorin@gmail.com>

To **CASC** <secretary@capitalareancna.com>

Date **Today 12:15**



Here ya go!

Home group name	Unity In The Mornings
Motion seconded by (if seconded before being submitted)	Yes
Contact info for GSR (or other home group member if no GSR)	Teresa Pearson/ tapearson66@gmail.com (919)328-9126
Home group location (facility name, physical address including room name/number, and/or online access information)	Zoom
Special criteria for entering facility, if any	
Meeting format (check all that apply)	Open (all are welcome), Tradition
Additional information / notes	This homegroup will meet M-Fri From 9:30a.m.-11:00a.m.
Meeting days and times (e.g. Monday's 8-9 PM and Saturday's 12-1 PM)	To please use login info: https://us02web.zoom.us/j/2293021100 pwd=S0ttL1NXQWNvc1lwaDZvQk50V

On Sun, Mar 6, 2022 at 11:33 AM CASC Secretary <secretary@capitalareancna.com> wrote:

i so appreciate you

--

In Loving Service,

Jennifer O.
 CASC Secretary
 (919) 671-6426

Visit our Capital Area website: <https://capitalareancna.com/>

--

J. Sebastian Dorin
j.sebastian.dorin@gmail.com
 (919) 627-7607

