

GSR CHEAT SHEET

- **13/38** home groups had GSRs in attendance at the start.
- **3** new meetings starting in our vicinity.
- **1** motion/proposal was carried.
- **3** motions/proposals to be brought back to homegroups.
- **Several** CASC service positions remain vacant. Subcommittees also need help.
- **09/04/2022** will be the next CASC meeting.
- **Activities Subcommittee Chair** has been elected.
- **Significant discussion:** Task forces created to investigate Area Literature Distribution Committee and to investigate an Area Unity Day.
- **Convention Chair asks:** Volunteers for shifts in the hospitality room at the convention, Serenity Keepers.
- **CASC will be hybrid** until GSRs decide differently.

• **Opening**

- Opening prayer
- Twelve Traditions, Concept of the month: Concept 8
- Vision for NA Service
- Roll call
 - CASC Officers and Subcommittee Chairs
 - GSRs (or alt. or proxy)
- Agenda review

Note: New motions/proposals need to be submitted prior to start of new business

• **Old Business**

- Any GSRs not get minutes?
 - *2 people added to minutes recipient list; 2 people confirmed they were already on the list*
- Motion to accept CASC minutes from previous month
 - Minutes were approved

• **Home Group Q&A and Concerns**

- Welcome any new GSRs/Alternate
 - Principles B4 Personalities, Aaliyah W.
- No home group concerns

• **Officer Reports**

- Chair - Craig R. (Attached)
- Vice Chair - **VACANT**
- Treasurer - Leah P. (Attached)
- Treasurer Alternate - Donna P.
- Secretary - **VACANT**
- Secretary Alternate - Jason S. (Attached)
- RCM - Joe M. (Attached)
- RCM Alternate - **VACANT**

• **Subcommittee Reports**

- Hospitals & Institutions – Alanda S.
- Public Relations - **VACANT**
- Policy - Richard J. (Attached)
- Outreach - **VACANT**
- Activities - **VACANT**
- Convention - Julius J.

• Questions/Comments about reports:

- Questions for RCM:
 - Is the region over prudent reserve?

- Yes. They have a \$5000 prudent reserve, above that they send up a 75/25 split of world/zone
 - Is the Spiritual Principle a Day (SPAD) book available for sale?
 - No, but you can have the daily email. They have stopped selling the approval draft, but full book should be for sale in approximately October/November.
 - RCM will send full Regional Secretary minutes to CASC Secretary to send out with our minutes (**attached below**).
 - Questions/Comments for Convention Subcommittee Chair:
 - Chair will coordinate with web servant to put the necessary items for the convention hospitality room on our website.
 - Convention is still taking volunteers for hospitality room shifts + Serenity Keepers
 - When is the Convention Disco?
 - September 14th.
 - When is the sponsorship dinner?
 - September 24th, 3pm-11pm - \$10 ticket, \$15 at the door, Caribbean menu, Fairmont Church (2501 Clark Ave., Raleigh, 27607).
 - Who should people contact to volunteer for hours + money/food donations?
 - Get in touch with convention chair or Marshelle. List will go on website
- **New Business**
 - Welcome new home groups joining Capital Area NA of NC (if any).
 - *No new homegroups joining at this time*
 - **New Meetings (not yet in the Capital Area, but happening locally)**
 - Pride in Recovery: An LGBTQIA+ meeting focused on issues affecting LGBTQIA+ members where everyone is welcomed. 7:00PM – 8:00PM on Tuesdays at Fairmont Church (2501 Clark Ave., Raleigh, 27607). Enter the meeting via the fire escape on the west side of the building.
 - Recovery at Noon: A step and tradition meeting every day of the week from 12:00PM – 2:00PM at Fairmont Church (2501 Clark Ave., Raleigh, 27607). In the same room as Area on the east side of the building.
 - The Thursday Night NA Meeting: An open meeting that meets every Thursday (surprise!) from 6:00PM – 7:30PM at Transformation Christian Church (1500 Garner Road, Raleigh, 27610). Contact information provided in Minutes email.
 - **Secretary Note: We were informed that this meeting will begin on Thursday, September 1st.**
 - **If you're aware of excess literature, let someone know (such as someone on the admin body, or otherwise) so we can help these meetings get started.**
 - Help Line calls identified that there was a meeting in our area that was not open at its listed time. **If you're aware of any changes to regular meeting places or times, please email this information to the Capital Area Web Servant at admin@capitalareancna.com**
 - Question: Does the Public Relations (PR) committee conduct presentations at facilities that might want to open a meeting?
 - We currently only have a PR task force. However, when someone wants to start a new meeting, engage with PR and they can reach out to the facility to engage them about Narcotics Anonymous.
 - Multiple people are on the PR task force that keep things going in lieu of an official subcommittee
 - Question: How often are meeting lists printed?
 - We've stopped printing physical copies, but **the website (capitalareancna.com/meeting-schedule) always has the most up-to-date meeting info**. This will only be as accurate as the information the web servant is provided. The QR code for the meeting list will continue to remain the same, so people can use the QR code to identify the most recent meeting list information
 - Question: Where are we with finding a new location for the Area Service Committee meeting?
 - We currently spend \$50 a month for 2:00PM – 4:00PM for our current space
 - GSRs largely support investigating a new location. Everyone is encouraged to bring location ideas forward.
 - Biggest requirements/decision points for a new space:
 - Handicap accessible, reliable internet connection in meeting location, heat AND air conditioning, large space, accessible location in the Area, projector screen
 - Question: How does voting work for motions and proposals?
 - Response from Chair: Technically, motions are consensus-based, and proposals follow Robert's Rules. However, we haven't been keeping with that, so we've been going with basic Robert's rules. Motions require a second, proposals do not.

○ **Motions:**

- Modify CASC Policy to include “All election nominations must go back to the groups one month before elections unless the position has been vacant for three or more consecutive months”
 - Seconded by Principles B4 Personalities
 - Question: If people aren't participating in Area, how would they know about the qualifications?
 - Resumes get presented at Area, and GSRs bring them back to homegroups, and then GSRs come back with a more informed vote.
 - Question: What's the difference between current policy? Don't resumes already go to homegroups?
 - Answer: No, but we would like that to be what policy says.
 - We don't want to discourage anyone from participating. It used to be that resumes go back to homegroups. This is what we want.
 - **Goes back to homegroups**
- Form an ad hoc committee to determine the logistics of setting up an Area Literature Distribution Committee
 - Seconded by Faith Through Principles
 - Comment: The ad hoc committee would come up with guidelines that we'd follow **IF** we approve it. GSRs are still the ones making decisions.
 - Convention chair already had a folder with lots of useful information from a prior investigation of this question
 - **Vote: 11 in favor, 0 opposed**
 - **Motion pass**
 - 90 days to bring this back.
 - Task force members: Joe M, Julius J., John S., John B., Delphyne, Jonathan B.
 - Contact Jessie N. if you have questions / would like to be included in task force
- Remove CASC policy section 3.04(d)(iii) which reads as follows:
 - The Policy Subcommittee shall have on-hand 5 updated hard copies of the CASC Policy at each CASC meeting; available for attending GSR's, if needed.
 - Sunday Serenity seconds.
 - **Goes back to homegroups**
- If the need should arise, the officers and Subcommittee Chairs shall meet at an agreed upon time before the next CASC meeting to keep the lines of communication open and keep the area business running smoothly. Attendance is not mandatory, and no motions can be made or voted on outside the presence of the GSR's. The location may be selected on a month to month basis.
 - Sunday Serenity seconds.
 - **Goes back to homegroups**

○ **Proposals:**

- Form ad-hoc committee to put on a Capital Area Unity Day for Saturday, September 3 (World Unity Day)
 - Hoping ad-hoc committee can get started right away.
 - Question about money: Budget for single event? Come out of Activities budget?
 - Activities Subcommittee doesn't have a budget in policy.
 - Treasurer's thought: In about 2 weeks, this area came together and planned, in essence, a Unity Day. Yes there was money involved, no we don't have Activities having their own budget in Policy, but we do have Activities having an earmarked amount of \$200. Put that \$200 alongside everyone else's resources but have a successful but smaller scale event.
 - Suggestion: Move from 3rd of September to October
 - Idea is to have it on World Unity Day though
 - Straw poll: is the *idea* for this CA Unity Day supported?
 - 5 GSRs think so.
 - Suggestion: Could we instead pull money from committees for space rental, and have homegroups bring their own food?
 - Suggestion from Convention subcommittee chair: We could do it for a little bit of money and bring homegroups together.
 - Ad hoc to put together some form of Unity event for our area, not specific to World Unity Day. Ad hoc can bring recommendations for an Area Unity Day
 - Suggestion: Have anything unity-related after October, since the convention is in October and wouldn't want to split support.
 - Suggestion: use the \$400 we were going to use for the Regional Picnic
 - **GSRs largely in support of the ad-hoc committee. Something like a 6 month timeline, if not sooner**

- Headed by Chris G.; new Activities Subcommittee chair (see below), Convention people/persons, Jonathan B., Jessie N., Leah P., Donna P., Delphyne.
 - **Not official proposal:** PR would like to put our helpline number on the TVs at the Raleigh (and possibly Cary) DMVs. 18,000+ people at the Raleigh location per month, they ask for \$85 a month. Additional discount for us being non-profit, and would be additional discount (though still increased cost) if we did Cary location as well
 - Would probably do like a 3-month contract to try it out and monitor the helpline stats to see if it made a difference. We even have people in New York willing to translate for Spanish
- **Service Resumes:**
 - Activities Subcommittee Chair: Phillip M.
 - Clean date correction: May 25th, 2018
 - Question: Does Phillip have a sponsor?
 - Yes
 - Question: Does Phillip's sponsor have NA service experience?
 - No
 - Comment: Being Activities Chair can be very frustrating, so a question of whether he'd prefer to be involved on the subcommittee and not the chair.
 - Comment: The position is important and is vacant, and member thinks that Phillip would have lots of support to be the chair
 - Question: Is Phillip willing to go to different homegroups to announce he's the Activities chair and so they know him.
 - **Vote:**
 - **11 in favor, 1 opposed.**
 - **Passes. Phillip M. voted in as Activities Subcommittee Chair.**
 - Comment: We should put in policy how we actually vote for positions (anonymous, etc.)

The next CASC meeting will be hybrid on September 4th, @ Fairmont Church (2501 Clark Ave., Raleigh, 27607).

- **Closing Prayer***

Roll Call

Officers	Name & contact info	✓	
Chair	Craig R. [REDACTED]	✓	
Chair Alt.	VACANT - submit a service resume if you are interested in this position		
Treasurer	Leah P. [REDACTED]	✓	
Treasurer Alt.	Donna N. [REDACTED]	✓	
Secretary	VACANT - submit a service resume if you are interested in this position		
Secretary Alt.	VACANT - submit a service resume if you are interested in this position Jason S. (Substitute) [REDACTED]	✓	
RCM	Joe M. [REDACTED]	✓	
RCM Alt.	VACANT - submit a service resume if you are interested in this position		

Subcommittees	Chair name & contact info	✓	
H&I	Alanda S. [REDACTED]		
Public Relations	VACANT - submit a service resume if you are interested in this position		
Policy	Richard J. [REDACTED]		
Outreach	VACANT - submit a service resume if you are interested in this position		
Activities	VACANT - submit a service resume if you are interested in this position		
Convention	VACANT - submit a service resume if you are interested in this position Julius J. (serving) [REDACTED]	✓	

Home Group	GSR info	✓	
A New Beginning	James H	✓	
Came to Believe			
Candlelight Recovery	Owen M.	✓	
Daily Reprieve			
Experience, Strength, and Hope			
Faith Through Principles	Delphyne	✓	
Freedom Thru Recovery	Maria M	✓	
I Can't We Can			
In From The Storm			
Ladies Night Out			
Let The Healing Begin			
Life On Life's Terms	Trever C.	✓	
Living Clean & Serene			
Lunatic Fringe			
Mid Day Miracles			
NA at Noon			
Never Alone Never Again			
New Way Of Life II			
Peace in the AM			
Principles B4 Personalities	Aaliyah W.	✓	

Home Group	GSR info	✓	
Recovery in The Hood			
Rediscovery Thru Recovery			
Simple Solution			
Southside Recovery	John S.	✓	
Spiritual Change	John B.	✓	
Spiritually Connected	Shell	✓	
Sunday Serenity Group	Jessie N.	✓	
The Journey Continues	Sheryl M	✓	
The Primary Purpose Group			
Thursday Night LIT	Luke	✓	
Together We Can			
Trust The Process	Chris G.	✓	
Tuesday Night Live			
Unity in the Mornings			
Way to Grow Group			
We Do Recover			
Wolfpackin'			
Young Connections to Recovery			

13/38 homegroups present



Capital Area Service Committee

Name/Position: Craig R/ ASC Chairperson

Date: August 7, 2022

Greetings-

During our monthly admin meeting, we review the recent and upcoming ASC meetings for any issues and ways to improve our service to you. We also review the results from the unity round tables. Some of the tasks were delegated to admin. You will see some of those reflected in the agenda over the upcoming ASC meetings. Two of the highest prioritized items involve increasing participation from the groups and developing lists of willing members to serve on task teams and help mentor others in service. Everything in service is contingent on available resources both human and financial. We need your help. If you are willing to help, please let me know today or call me. We will continue to work on these tasks over the coming months and report our progress to you.

Each group elects one group service representative; even those groups hosting more than one recovery meeting elect just one GSR. These GSRs form the foundation of our service structure. GSRs provide constant, active influence over the discussions being carried on within the service structure. They do this by participating in area service committee meetings, attending forums and assemblies at both the area and regional levels, and sometimes joining in the work of an ASC subcommittee. Group service representatives bear great responsibility. While GSRs are elected by and accountable to the group, they are not mere group messengers. They are selected by their groups to serve as active members of the area service committee. As such, they are responsible to act in the best interests of NA as a whole, not solely as advocates of their own groups' priorities

We also discussed the issue of Wi-Fi reception in this facility and the negative impact on members who are joining virtually. We would like to discuss with you today, the possibility of relocating this meeting. We are prepared to search for a centrally located facility with better Wi-Fi if you support the idea and bring back recommendations. If we are going to continue to meet as a hybrid service meeting, we feel the responsible thing is to help ensure the reliability of an internet connection.

I consider our service to you as a partnership and all of us serving together in unity, to carry our message. We need each other and we need you to help us help you and your homegroup. At any time, your needs are not being met, please speak up.

Craig R



CASC TREASURERS REPORT

Date: 8/1/2022
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of July 2022

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Donna and I worked together on these reports this month to get training started.
- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- We donated \$0 to the World Service Office which is 40% above prudent reserve. We donated \$0 to the NC Region which is 60% above prudent reserve.
- There was a motion to hold the donation to world and region in May to be able to pay for the Regional Activity Day payment of \$400. The Regional Day Unity Day, as it was titled, has been cancelled.
- No one is making payments at this time.

July 2022 STATEMENT

The beginning balance on 7/01/2022 was:	\$ 2,129.22
Deposits totaled:	\$ 304.01
Checks and deductions totaled:	\$ 453.14 - See attached detailed Income & Expense Report
Ending balance on 07/31/2022:	\$ 1,980.09 See attached PNC Bank Statement
Outstanding checks not cleared:	\$ _____
Available balance on 7/31/2022:	\$ 1,980.09

This available balance puts us \$180.09 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$ 72.04 donation to World or and a \$108.05 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

Attachments:

- Income & Expense reports (with budget draft)
- PNC Bank Statement
- Pay Pal Activity Statement
- Home Group Donations

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:		7/1/2022	\$2,129.22	Period: 7/1/22 -7/31/2022	
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations	7/31/2022	\$304.01		Group donations received during the Month	
Total Income/ Revenues		\$304.01			
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTIES					
H&I Committee					
H&I Literature					H&I Literature - \$190
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy \$200
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD	\$34.37		Varies slightly - averages \$30.93/ month
Twilio			\$10.66		new phone line service
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD	\$21.17		On Auto draft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$16.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses			\$150.00		
Outreach					\$35 Monthly allocation per policy
Policy					\$30 Monthly allocation per policy
Activities Committee available					\$500 For Area Anniversary Function(s)
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly		\$100.00		ASC - Rent
Secretary					Varies slightly
Treasurer - Office Supplies					Checks Replenished/Harland Clarke
Treasurer -Storage Rent	9th monthly	AD	\$108.95		Security Self Storage
Chairperson					
RCM Travel/ Expenses					Refund Receipts
Bank Fees		AD			Service charge - Bank Account
Mail Box - Due yearly on March 31st					CASC Mailbox at Cameron Village
Misc. ZOOM and Website					
ZOOM			\$11.99		
Regional Donations - 60% - CRNA					Per Policy
World Donations - 40% - NAWS					World Donation Per Policy
Total of All Expenses			\$453.14		
Revenue			\$304.01		
Beginning Balance:			\$2,129.22		
DIFFERENCE: Income-Expenses			-\$149.13		
Ending Balance			\$1,980.09		
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount	Description	
Regional					
World Donations					
		TOTAL:	\$0.00		
Available Balance			\$1,980.09		
Prudent Reserve- Per Policy			\$1,800.00		
Amount Above/ Below P.R.			\$180.09		

Business Checking XXXXX [REDACTED] Available Balance: \$2,066.29

Account Summary

Available Balance:	\$2,066.29	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,066.29	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$13.00 08/05/2022
Pending Deposits:	\$0.00	Last Statement Balance:	\$1,980.09 07/29/2022

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	PO BOX 10953 RALEIGH, NC 27605 - 0953

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
You have no pending transactions			

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
08/05/2022	ACH CREDIT XXXX [REDACTED] PAYPAL TRANSFER		\$13.00	\$2,066.29
08/03/2022	ACH CREDIT XX [REDACTED] PAYPAL TRANSFER		\$73.20	\$2,053.29
07/25/2022	RECURRING DEBIT CARD XXXX [REDACTED] TWILIO INC TWILIO.COM CA	\$10.66		\$1,980.09
07/19/2022	RECURRING DEBIT CARD XXX [REDACTED] ZOOMUS XXXX [REDACTED] WWWZOOMUS CA	\$11.99		\$1,990.75
07/18/2022	CHECK 2001 [REDACTED]	\$100.00		\$2,002.74
07/18/2022	ATM DEPOSIT [REDACTED] DEPOSIT 1027 US 70 HWY GARNER NC		\$46.00	\$2,102.74
07/18/2022	ATM DEPOSIT [REDACTED] DEPOSIT 1027 US 70 HWY GARNER NC		\$205.00	\$2,056.74
07/14/2022	RECURRING DEBIT CARD XXXX [REDACTED] DNH*GODADDY.COM https://www.AZ	\$21.17		\$1,851.74
07/12/2022	CHECK 1999 [REDACTED]	\$50.00		\$1,872.91
07/11/2022	ACH CREDIT XXXX [REDACTED] PAYPAL TRANSFER		\$33.01	\$1,922.91
07/08/2022	RECURRING DEBIT CARD XXXX [REDACTED] TEXTEDLY HTTPSTEXTED CA	\$16.00		\$1,889.90
07/08/2022	RECURRING DEBIT CARD XXXX [REDACTED] PY Security Self Stor XXXX [REDACTED] NC	\$108.95		\$1,905.90
07/06/2022	CHECK 2000 [REDACTED]	\$100.00		\$2,014.85
07/05/2022	RECURRING DEBIT CARD XXXX [REDACTED] ONEBOX SERVICES XXXX [REDACTED] CA	\$34.37		\$2,114.85
07/01/2022	ACH CREDIT XX [REDACTED] PAYPAL TRANSFER		\$20.00	\$2,149.22

Q Search by name or email



Filter by

Date: Last 90 days

Completed

Last week



PNC BANK, NA

Aug 4 . Transferred, expect by Aug 8

- \$13.00



Joseph

Aug 4 . Money Received
"Thursday Night Lit"

+ \$13.00



PNC BANK, NA

Aug 1 . Transfer to Bank

- \$73.20



Jesse

Aug 1 . Money Received
"Primary Purpose 7th trad"

+ \$73.20

Jul 2022



PNC BANK, NA

Jul 10 . Transfer to Bank

- \$33.01



Inia

Jul 9 . Money Received

+ \$33.01

"Keep it Simple group donation"

Jun 2022



PNC BANK, NA
Jun 30 . Transfer to Bank

- \$20.00



Joseph [REDACTED]
Jun 30 . Money Received
"Thursday Night"

+ \$20.00



PNC BANK, NA
Jun 27 . Transfer to Bank

- \$29.46



Jesse [REDACTED]
Jun 27 . Money Received
"Primary Purpose"

+ \$29.46



PNC BANK, NA
Jun 12 . Transfer to Bank

- \$48.06



Shawn [REDACTED]
Jun 12 . Money Received
"NA@Noon 7th Tradition Donation for May"

+ \$48.06



PNC BANK, NA
Jun 9 . Transfer to Bank

- \$95.00



Nancy [REDACTED]
Jun 9 . Money Received
"Donation from Freedom Thru Recovery"

+ \$95.00

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning	25	\$25	Mid Day Miracles			South Side Recovery	80	\$80
Basic Text Study Group			Miracles In Progress			Spiritual Change		
Came to Believe			NA At Noon			Spiritually Connected	46.74	\$46
Candlelight Recovery			NA In the PM			Sunday Serenity		
Constantly Searching			NA Way Group			The Journey Continues		
Daily Reprieve			Never Alone Never Again			The Primary Purpose Group		
Expect a Miracle			New Horizons Group			The Seekers Group		
Experience, Strength, and Hope			New Way of Life II			Together We Can		
Faith Thru Principles			Our Common Welfare			Trust the Process		
Freedom Through Recovery			Out To Lunch			Tuesday Night Live		
I Can't, We Can			Peace in The AM			Unity and Positivity		
In From The Storm			Principles & Traditions			Way to Grow Group		
Keep it Simple	33.01	33.01	Principles B4 Personalities	100	\$100	We Do Recover		
Ladies Night Out			Recovery In the Hood			Welcome Home		
Living Clean & Serene			Rediscovery Through Recovery			Why Are We Here		
Lunatic Fringe			Sunday Serenity			Wolfpacking		
Man Up			Serenity In The Morning			Thursday Nite Lit	20	\$20
			Young Connections to Recovery					
			Home Group Donations		\$304.01	Total Other Income		
							Total Income	\$304.01

RCM Report - August 2022

I attended the quarterly RSC meeting a couple of weeks ago which was Virtual only (will remain virtual for the near future at least). Below are some relevant notes:

***7 of 11 areas present**

***New Vice Chair** elected - Peter V from New Hope Area

***New H&I Chair** elected - Phil G

***\$463 in donations since last RSC**

***RD gave report after interim WSC:**

-All 6 motions passed including Spiritual Principle A Day Book, Budget, extension of service, moratorium on FIPT inspections positions that were set to expire in 2022.

-NAWS is trying to shift from a literature funded model to a 7th tradition funded model. (Goal is 70%)

-Discussed moving to a 3 year WSC cycle instead of 2 and having an interim virtual meeting in between. This could affect service terms for North Carolina Region RDs. This will be voted on in 2023

-SEZF will be hosted by NC Region and that will be held right here in Morrisville on Aug 13 and 14. Saturday: discussion workshops on topics such as future of WSC, MATs, collaboration of US Zones.

-WCNA Australia canceled. Facility secured for next one in Washington DC in 2024.

-A region in Iran has chosen to dissociate from NAWS. An explanation from them is being sought.

***Unity Day Picnic** was discussed. It was made clear that it was NOT an event connected to the NC Region. They also clarified that the "committee" was not to be seeking money from Areas. The chair of that committee was asked if he was asking areas to donate money and he said no. It clearly sprang from an idea and discussion at a previous RSC and the RSC was funding the park but they wanted it to be a stand alone thing, not necessarily accountable to Region. The Unity Day Picnic has since been canceled.

***Treasury** has \$5,824 on hand. Will be donating \$621 to NAWS, \$203? to SEZF. Policy is to donate 75% of their extra money to NAWS, 25% to SEZF (Southeast Zonal Forum).

World Unity Day is coming up on September 3rd.

Joe McC

CASC Secretary Monthly Report

Completed by Jason S., Substitute Alternate Secretary

Hello Capital Area Members,

Thank you all for your patience and feedback during and after last month's CASC meeting. One discussion point in the last month involves doing what we can to deliver information to members as efficiently as possible, as well as to increase accountability. One way of doing so will be to send out the agenda for the monthly area meeting to homegroups and members at least one week prior to the area meeting. This would allow for all homegroups, regardless of when they meet, to have time to discuss motions, proposals, reports, etc. that have been submitted by that time, and cut down on the amount of information that is seen for the first time at the Area meeting. We have additionally worked on increasing accountability in other ways, such as securing keys to Fairmont Church (which we did not have previously) and figuring out a plan for regularly checking our PO box so we don't have to guess about its contents.

For me to complete my role to the best of my ability, I need your input! I would like to see the CASC be a place where all individual addicts and homegroups feel a part of and served, and I welcome your questions, comments, concerns, and suggestions moving forward.

Kind Regards,

Jason S.

Substitute Alternate Secretary

secretary@capitalareancna.com

Good Afternoon:

Past month's activities:

- 1) Policy subcommittee meeting was held at 12:30 before CASC meeting
- 2) Attended the mid-month executive body meeting
- 3) If there is anyone who is available to serve on this committee, please join us and pass this invite on to others seeking to be in service.
- 4) No printed policy manuals on hand but updated policy manuals are available on the area site.
- 5) Submitted motions for updating the CASC Policy
- 6) The current updated policy has been posted to the web site under the CASC page under the Policy Subcommittee page.
- 7) Contact phone numbers for committee members:

 (Richard J)

Thank you for your confidence in allowing me to continue to serve as policy chair.

Richard J.

Business Checking

PNC Bank



For the Period 07/01/2022 to 07/29/2022

Primary Account Number: [REDACTED]

Page 1 of 2

Number of enclosures: 0

[REDACTED]

RALEIGH [REDACTED]

- For 24-hour banking sign on to PNC Bank Online Banking on pnc.com
- FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG
 PNC accepts Telecommunications Relay Service (TRS) calls.
 Para servicio en español, 1-877-BUS-BNKG

Moving? Please contact your local branch

- Write to: Customer Service
 PO Box 609
 Pittsburgh, PA 15230-9738
- Visit us at PNC.com/smallbusiness

Business Checking Summary

NC Capital Area Family Reunion

Account number: [REDACTED]

Overdraft Protection has not been established for this account.
 Please contact us if you would like to set up this service.

Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
7,711.38	473.00	100.00	8,084.38
		Average ledger balance	Average collected balance
		7,775.69	7,775.69

Deposits and Other Additions

Description	Items	Amount
Deposits	1	473.00
Total	1	473.00

Checks and Other Deductions

Description	Items	Amount
Checks	1	100.00
Total	1	100.00

Daily Balance

Date	Ledger balance	Date	Ledger balance
07/01	7,711.38	07/25	8,084.38

Activity Detail

Deposits and Other Additions

Deposits


Date posted	Amount	Transaction description	Reference number
07/25	473.00	Deposit	[REDACTED]

Checks and Other Deductions

Checks and Substitute Checks

Date posted	Check number	Amount	Reference number
07/25	1079 *	100.00	[REDACTED]

Business Checking

 For 24-hour account information, sign-on to
pnc.com/mybusiness/

For the Period 07/01/2022 to 07/29/2022

Primary Account Number: [REDACTED]

Page 2 of 2

Business Checking Account Number [REDACTED] - continued

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 08/01/2022 and will appear on your next statement as a single line item entitled Service Charge Period Ending 07/29/2022.

** Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	2	.00	Included in Account
Checks Paid	1	.00	
Deposit Tickets Processed	1	.00	
Branch - Consolidated Cash Deposited	4	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

Sunday Serenity Group of Narcotics Anonymous

Motion seconded by (if seconded before being submitted)

-

Motion reads as follows *

Modify CASC Policy Manual Article I, Section 1.04b to include "All election nominations must go back to the groups one month before elections unless the position has been vacant for three or more consecutive months."

Intent: *

To better align the CASC with concept four, which state, "Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servant."

If passed, this motion would also help new GSRs to make more informed decisions.

This content is neither created nor endorsed by Google.



CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

Sunday Serenity Group of Narcotics Anonymous

Motion seconded by (if seconded before being submitted)

-

Motion reads as follows *

Form an ad hoc committee tasked with determining the logistics of setting up an area literature distribution committee.

The ad hoc committee will make recommendations guided by the following questions:

1. Policy - What current policies would be impacted and what future policies might be useful?
 2. Financial responsibility - Who would be responsible for handling the money? How much money would it take to get started? What safeguards would help ensure the money would not get misappropriated?
 3. Inventory- How would we obtain the literature, and how much would we need?
-

Intent: *

To assess the viability of setting up a literature distribution committee and gather information needed to move forward.

This content is neither created nor endorsed by Google.

Google Forms

Capital Area Narcotics Anonymous - MOTION

Date: 8/7/2022

Motion made by: Richard J (Policy Chair)

Motion reads as follows:

Remove CASC policy section 3.04(d)(iii) which reads as follows:

The Policy Subcommittee shall have on-hand 5 updated hard copies of the CASC Policy at each CASC meeting; available for attending GSR's, if needed.

Intent:

Reduce unnecessary cost printing out copies of policy since the updated policies are on the web site.

Area Narcotics Anonymous - MOTION

Date: 8/7/2022

Motion made by: Richard J. (Policy Chair)

Motion reads as follows:

If the need should arise, the officers and Subcommittee Chairs shall meet at an agreed upon time before the next CASC meeting to keep the lines of communication open and keep the area business running smoothly. Attendance is not mandatory, and no motions can be made or voted on outside the presence of the GSR's. The location may be selected on a month to month basis.

Intent:

Provide the service committee the ability and flexibility to meet when needed without restrictions.

CASC New Proposal

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Proposed by *

Leah p [REDACTED]

What is being proposed? *

Set up an ad hoc committee to put on a unity day for the Capital Area on September 3, national unity day

Reason for the proposal *

Unity in the capital area

Intent *

Unity event with fun, fellowship and food.

This content is neither created nor endorsed by Google.



CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Phillip M [REDACTED]

Clean date *

MM DD YYYY

06 / 04 / 2018

Secretary's correction: Phillip corrected this to Reported as May 25th, 2018

Street address and city/state/zip *

[REDACTED]

Phone number(s) *

[REDACTED]

Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: _____

If the position you are interested in is ***not*** an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

N/a

List all area service committee service position you have held and dates served. *

N/a

List all regional service committee service position you have held and dates served. *

N/a

List all world service committee service position you have held and dates served. *

N/a

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/a

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

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North Carolina Region of Narcotics Anonymous
Quarterly RSC Meeting Minutes, July 2022, ZOOM (811-8757-5427) 7-23-2022

Open:	1:05	Serenity Prayer:	Unicorn P	12 Traditions:	Annette W	12 Concepts:	Peter V
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Roll Call	Michael L	Respond: A=Absent	P=Present	Vacant=N/A
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Officers		Present 1st	Present 2nd	Areas	RCM / Alt RCM	Present 1st	2nd
Chair	Unicorn P	P	P	Capitol RCM	Joe Mc	P	P
Vice Chair	Peter V	VAC	P	Capitol Alt RCM	vacant	N/A	N/A
Secretary	Michael L	P	P	Crossroads RCM	Jeremy C	P	P
Alt sec	vacant	N/A	N/A	Crossroads Alt RCM	vacant	N/A	N/A
Treasurer	Michael Mc	P	P	Down East RCM	Ron D	P	P
Alt Treasurer	vacant	N/A	N/A	DEANA Alt RCM	vacant	N/A	N/A
RD	Jacob S	P	P	Foothills Area RCM	vacant	N/A	N/A
AD	vacant	N/A	N/A	Foothills Alt RCM	vacant	N/A	N/A
H&I	Phil G.	P	P	Greater Sandhills RCM	Valerie S	P	P
ALT. H&I Chair	vacant	N/A	N/A	GSANA Alt RCM	vacant	N/A	N/A
PR chair	vacant	N/A	N/A	Greensboro RCM	Todd G.	A	A
Alt. PR Chair	vacant	N/A	N/A	G-boro Alt RCM	vacant	N/A	N/A
Policy	vacant	N/A	N/A	New Hope RCM	Peter V	P	P
Alt. Policy Chair	vacant	N/A	N/A	NHANA Alt RCM	vacant	N/A	N/A
Outreach	Ron D	P	P	NC Mountain RCM	Annette P	P	P
RSC Web Coordinator	vacant	N/A	N/A	NC Mtn Alt RCM	vacant	N/A	N/A
				Our Primary Purpose RCM	Rich L	P	P
				OPP Alt RCM	vacant	N/A	N/A
				Southern Piedmont Area RCM	vacant	N/A	N/A
				SPANANA Alt RCM	vacant	N/A	N/A
				Tar-Roanoke RCM	Katherine A	A	A
				TRANA Alt RCM	Lori D	A	A
				Quorum achieved?		7=Yes	6=Yes
				Quorum requires 2/3 majority			

Policy is suspended for 2/3 quorum requirement. A simple majority will be used for today's RSC.

North Carolina Region of Narcotics Anonymous
Quarterly RSC Meeting Minutes, July 2022, ZOOM (811-8757-5427) 7-23-2022

Reading of the minutes from the previous NC Region Meeting:	Michael L
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Elections

Open positions in the RSC that need new nominations:

- Secretary
- Alt Sec
- Alt Treasurer
- AD
- H&I Chair
- Alt H&I Chair
- PR Chair
- Alt PR Chair
- Policy Chair
- Alt Policy Chair
- Outreach Chair
- Alt Outreach Chair
- RSC Web Coordinator

Peter V voted in as Vice Chair.

Phil G voted in for the H&I Chair position.

Adam W of DEC indicated interest in the Web Coordinator position.

Annette W of the NC Mountain Area has interest in the Secretary position.

Officer Reports

Chairperson – Unicorn P (Full report attached)

Making attempts to reduce insurance premiums. Asked Outreach to contact the Foothills Region and So Piedmont to see why they are not attending Region. Thomas the current PR Chair has decided to step away from service so the PR position is open. Capitol Area will be withdrawing from the Unity Day Aug. 20. The Eastern Penn Region of NA has voted to disband.

Vice Chair – Vacant N/A

Secretary – Michael L

This will be my last RSC as Secretary. Thank you for allowing me to serve for the past two years.

Treasurer -- Michael M. (Full Report Attached)

Opening Balance: \$ 5485.12

Mail all Regional contributions to:

Michael McBride

1900 Daniel St

Roanoke Rapids, NC 27870-4208

Make Cash App payments to: \$NorthCarolinaRegion

RD -- Jacob S

Interim WSC 2022, 6 motions:

- Extend moratorium on FITP inspections
- Extend service positions that are scheduled to expire
- Create and HR panel

North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, July 2022, ZOOM (811-8757-5427) 7-23-2022

World board:

- Spiritual principle a day to become approved literature
- The budget was approved.
- Conference Participant Webinars
- Future of the WSC:
- Ongoing issue of funding, from a literature-funded model to a 7th tradition-funded model.
- Issue of the conference cycle:
- WSC shifted online
- Interim conference / full conference in person in California in 2023.
- Trying out a 3 year conference cycle / interim virtual meeting in-between
- Not decided on—will be voted on in 2023
- In 2020, conference is no longer the conference. It is an ongoing service body where Conference Participant Webinars make decisions in real time.

SEZF is meeting in NC Aug 13-14 Four Points by Sheraton hotel, Raleigh.

WSC 2020 talked about developing a DRT pamphlet

Option in funding model – regions can pay for themselves if they need funding they can ask for it.

- A region within Iran has decided to disassociate from WS. A letter was sent from WS to address their concerns.

AD-vacant

Subcommittees:

H&I -- Phil G:

Need to connect with RCM to find HR people in your area.

Books from the east coast convention – will go to jails that are in need of literature.

Lucas sent list: local contact for prisons in your area to send literature

Do we have the money for book shipping?

If areas have any literature to distribute, please do so

Need to add email / phone here

Phil G - H&I [REDACTED]

PR – Vacant

Policy-vacant

Outreach – Ron (Full Report Attached)

Unity Day event was planned for Aug 20 but has been cancelled.

Capitol and Crossroads Areas decided not to participate because they were asked to contribute \$400 to the Unity Day event. The Unity Day organizers say they did not requested Area contributions.

Several events coming up in the Areas. RCMs will cover these.

Need to check on the Foothills, So Piedmont Areas who are not attending Region.

Web Coordinator Report – Vacant

North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, July 2022, ZOOM (811-8757-5427) 7-23-2022

Ad-Hoc Committee Reports:

Hybrid Meeting Committee Report

Will not be purchasing equipment or testing equipment for Hybrid Meeting.
Thomas, who was loaning equipment, will not be participating going forward.

PO Box Ad Hoc – Todd G

No report

Area Reports

Capitol (report attached)

Crossroads (report attached)

Down East (report attached)

Foothills (absent)

Greater Sandhills (absent)

Greensboro (absent)

New Hope (report attached)

NC Mountain (report attached)

Our Primary Purpose (report attached)

Southern Piedmont (absent)

Tar-Roanoke (absent)

Break	3:40	Meeting Back to Order	3:50	Roll Call	Michael L
-------	------	-----------------------	------	-----------	-----------

Open Forum

- Supporting Jacob during the SEZF meeting.
- Check fee is 4:00. For being able to the image of a check.
- Could the ASC move to other sites outside of Greensboro?
- How much do we donate to NAWS?
 - 25% to SEZF 75% to WS.

Old Business

Open Regional positions that need new nominations:

All nominations are open. Executive Com members with an alternate will have the alternate move up through vote of confidence.

Open positions:

- Secretary
- Alt Sec
- Alt Treasurer

North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, July 2022, ZOOM (811-8757-5427) 7-23-2022

- AD
- Alt H&I Chair
- PR Chair
- Alt PR Chair
- Policy Chair
- Alt Policy Chair
- Outreach Chair
- Alt Outreach Chair
- RSC Web Coordinator

Please reach out to anyone you think might be interested in Regional service.

New Business

Discussion around the Unity Day Picnic. Concern from some of the Areas that a request for \$400.00 was made for participation in the event. After consideration, the Unity Day Picnic was cancelled.

Announcements

None at this time.

Refreshment Donations

None at this time.

Treasurer's Closing Balance \$5829.19

Next meeting Saturday October 22, 2022, 1:00 pm.
ZOOM (811-8757-5427)

Close:	4:41
--------	------

Chair Regional

Good Afternoon Family. I am honored to be of service. As you know we had made the decision to move our Regional Meeting to Zoom only this month and I thank everyone for participating, we could not carry the message of hope without you.

1. I have reached out to our insurance agent and made him aware I am the new contact person. Also, I asked him to research on reducing our yearly premium. He has indicated with our unique insurance request, it would be hard as not many insurance companies provide this type of insurance, but he will try and get back with me. Also I spoke with Trey regarding the Greensboro Area Convention and provided them with the insurance information they needed.
2. I spoke with Ron D and as Outreach Chair I asked him to contact the Foothills and Southern Piedmont areas to see why they have not been attending our region meetings and if there is anything we can do to support the area. Ron will give his report on same.
3. I connected with Brian our outgoing Chair to get the extra Key to the Post Office Box.
4. I received a couple different message/request regarding PR matters and forwarded these items to our incoming PR Chair Thomas. However, I have been informed that Thomas may have decided to step away from service work as this time, so the PR position is now open and our Prayers and Thoughts are with Thomas.
5. Unity Day Event is set for August 20th and Ron D is the Ad-hoc Chair for that event. I have received a motion from the Capital area to withdrawal their participation. We will discuss more during the Unity Day Ad Hoc Report.
6. I have been informed that the Eastern Pennsylvania Region of NA (EPARNA) has recently voted to disband. This breaks my heart and I hope if that Region and/or areas connected to that region need anything, we can help.
7. I have spoken with Phil G who wishes to run again for the H&I Chair position. He has done wonderful work in this area in the past and I know he will continue to do so if this body choices to vote him in again.
8. I have spoke with Pete V who wishes to run for the Vice Chair Position, and I am sure Pete will do a wonderful job if voted in. Pete has done wonderful work as the RCM for New Hope.
9. Adam W of DEC and Steve G Greensboro have indicated their interested in the Web Coordinator Positions.
10. I reviewed our Treasurer Report, and we are getting charged \$4.00 per statement, per month when we have Online Banking and can print the statements out. Why?
11. Today I attended the H&I subcommittee meeting at 11:30 am.

Hello,

I hope this email finds you well!

My name is Amanda F [REDACTED], and I'm a student at [REDACTED] studying Computer Science and Public Health. I live in Mooresville, North Carolina. My classmate, Meghana K [REDACTED] and I are working on developing a mobile app to help recovering opioid addicts. We greatly admire the work Narcotics Anonymous (NA) has done to help people recover from their addiction, and to help us on our project, we want to learn more about the services offered by NA. Would you be willing to join us on a Zoom call so we can conduct an interview to inform our project?

It seems like NA hosts virtual meetings across the world via Zoom to encourage members who cannot access in-person meetings to stay connected. I was wondering if the sponsor-sponsee system was as robust through these virtual or hybrid NA chapter meetings. We have been developing ideas for a virtual matching system in which potential "sponsees" can be paired with a "sponsor" in the event that sponsees face any barriers attending meetings. This is the system Meghana and I are looking to create.

Thank you in advance for your help — your reply will inform our project and help us create a platform that can help people facing opioid addictions feel less alone. We would love to join you on a Zoom call to better understand the services offered by NA.

I look forward to connecting with you!

Best,

Amanda Topic:

- Hey Thomas – as the incoming PR chair – can you reach out to this wonderful lady and see if it is something we can participate in to help carry the message - Thank you Sir – just click on the link – it is a voice message Brian sent me.

-

- Unicorn P

- NC Region Chair

-



Outreach Report

7/23/22

I tried to reach out to Southern Peidmont & Foot hills Areas unfortunately I was unable to reach anyone. There weren't any issues from the areas I have been able to reach. This is my Final report as I am now Down East Area RCM I want to thank the region for allowing me to serve also note I'm willing to help out who ever steps up to outreach position

In Loving Service,

Ron D

EAST COAST CONVENTION of NARCOTICS ANONYMOUS XXIV

214 DAVIS AVENUE

EASTON, MD 21601

PLEASE READ ALOUD AT YOUR NEXT REGIONAL MEETING

March 4, 2022

Dear Fellow NA Members,

The East Coast Convention of Narcotics Anonymous 24 (ECCNA 24) was a huge success! The convention was hosted by the East of the Bay Area and the Bay Area from Freestate Region and was held Washington College in Chestertown, Maryland. The theme for this year's convention was "Gratitude Into Action" and was brought to life by the Host Committee and volunteers.

In addition to carrying a message of recovery, ECCNA 24 was able to generate enough funds to buy 2,310 Basic Texts. A total of 16.5 cases will be distributed to the jails and prisons in Maryland and Delaware. We will be distributing three cases to each of the remaining 22 regions that make up the East Coast. Of these three cases of books, 75 books will be English and 9 will be Spanish. This makes over 25,000 Basic Texts that have been distributed to Jails and Prisons on the East Coast since the convention was restarted in 2010. Over 25,000 – that bears repeating! We are grateful to be fulfilling our primary purpose which is to put on an affordable convention, celebrate recovery and distribute our Basic Text into jails and prisons. For more information about ECCNA, please visit our website at www.eccna.org. You can find out what regions make up the East Coast, how the convention did last year, as well as keep up with details about our upcoming convention. ECCNA, Inc is proud to announce that the Richmond Area was the winner of the bid to host ECCNA 25!! The convention will be at Virginia Commonwealth University in Richmond, Virginia on June 10-12, 2022. Registration information is available on the website. One of our goals as an Advisory Board is to have a representative of each region on the East Coast on our board. We have enough open positions on the board to accommodate each region. Please consider nominating a member of your region to serve on the Advisory Board. The requirements, bylaws and the nomination form are also available on our website. Should you have any questions, please feel free to contact us.

In Loving Service, East Coast Convention Advisory Board

July 2022

Capital Area RCM Report

The Capital Area Service Committee meeting has gone back in person but we are offering hybrid. We are trying to work through the technological parts of the hybrid portion of the meeting as the audio has not been good.

Our Public Relations committee has been very busy with presentations. We've done presentations recently to a high school, to people from the local recovery community including government health officials, and to "Shades of Purple" a DWI and Substance Abuse outpatient facility. We have the opportunity now to communicate with a contact from the county school system.

We just completed a series of roundtables requested by our area's groups. We had some great discussions that resembled an area inventory. We are preparing to move forward on the action plans that we created to achieve the goals we came up with.

We've switched our phone line to the YAP phonenumber system.

We have 57 weekly meetings. Down from about 75 pre-pandemic.

Our convention will be the weekend of October 29th in Rocky Mount.

Joe McC.
Capital Area RCM
josephmcutcheon@gmail.com

Crossroads Area RCM Report

7/23/2022

CASC had a new group join in Kenly NC at 500 W Goldsboro St on Thursdays at 7 pm. The group is still deciding on a name. This brings us to a total of 14 groups on our schedule in our area.

CASC does have some concerns over the Unity Picnic being put on August 20th. Our Activities Chair was attending the planning meetings for this and voiced our issue with being asked for \$400 for catering the event. We sent back a request asking for a breakdown of what exactly this money would be used for since \$400 between four areas totaling \$1600 seemed quite excessive, but never got a viable answer. We didn't think this planning committee was even supposed to be asking any areas for monetary donations for this event and also suggested doing a pot-luck instead of catering, but was not met with any open-mindedness on this. Because of Crossroads Area declining to donate, our Activity Chair was told by the planning committee that anyone from our area that attended the event would be put on serving or cleanup duty. This struck our ASC as being quite the opposite of what this Unity Picnic should be doing and causing some disunity. As a result, we are discouraging members of our area from participating at all.

CASC will be hosting a fundraiser for our DEICCACNA XII Convention on August 6th from 12-6 at the New Beginnings Group in Dunn at 300 E Cumberland St. I will post the flyer for this fundraiser in the chat. We will have speakers, will be selling plates of food for a reasonable price, have convention t-shirts from last year for sale, as well as selling raffle tickets for a complete convention package. This includes convention registration, two nights' hotel stay, and admission into all paid convention events. Drawing will be held at the fundraiser in November and you do not need to be present to win. This is a \$450 value and raffle tickets are \$25 each. I have these raffle tickets for sale now, so if you are interested, you can contact me or any DEICCACNA Convention Committee member to purchase one (or more). The DEICCACNA Convention will be January 27-29 2023 in Atlantic Beach, NC. Website is <https://theroadhomena.org/>

In Loving Service,
Jeremy C.

**North Carolina Region
Of Narcotics Anonymous
Area/Subcommittee Report**

Date: July 23, 2022

Name of area/Subcommittee: NCMANA

Area Address:

[REDACTED]

RCM:

Annette W

[REDACTED]

email:

[REDACTED]

Address:

[REDACTED]

phone:

[REDACTED]

Alt. RCM:

vacant

Phone:

Last Area meeting was: July 9, 2022, next meeting scheduled for September 17, 2022

Some H&I going on in the area, at the local detox and at one county jail.

No donation

One area meeting is going back to hybrid to try to increase accessibility/build attendance: Cullowhee Connection meets Tuesday and Saturday's at 6:00pm. Come join us if you can Zoom ID-81905845781. Meeting attendance varies, but very low. 7th Tradition is basically non-existent.

We lost one group to the Carolinas Region-The Nature of Recovery out of Waynesville.

We have 4 groups/6 meetings/6 counties

OPP AREA REPORT TO NC REGION

7.23.22

OPP AREA DONATED \$173.82 TO THE NC REGION VIA CASH APP

OUR AREA PICNIC AT JORDAN LAKE WENT WELL BUT NOT AS MUCH ATTENDANCE AS IN THE PAST. POSSIBLY DUE TO THE VERY HOT WEATHER.

WE HAVE 2 NEW MEETINGS FOR A TOTAL NOW OF 30 WEEKLY MEETINGS

WE HAVE A NEW MEETING :

MORE WILL BE REVEALED WHICH IS AN OPEN MEETING TEXT AND LITERATURE STUDY MEETS MONDAY 7:30 - 9PM MEETS AT THE UNITED CHURCH OF CHAPEL HILL MASKS OPTIONAL

THIS NEW MEETING NEEDS SUPPORT AS DOES

WINNERS COME BACK OPEN MEETING
TUESDAYS 7-8PM AMITY UNITED METHODIST CHURCH IN THE SCOUT HUT IN CHAPEL HILL

BOTH MEETINGS NEED SUPPORT

OPP AREA MADE A DECISION TO CONTINUE MEETING ON ZOOM FOR JULY DUE TO COVID. WE ARE PLANNING ON MEETING IN PERSON IN AUGUST.

OPP AREA NEEDS AN ALTERNATE RCM
ALSO H AND I CHAIR FOR THE AREA HAS MISSED THE LAST 2 AREAS. OUR POLICY CHAIR WILL BE REACHING OUT TO THE H AND I CHAIR.

ILS
RICH L.
OPP AREA
RCM



The Road Home Convention

DEICCACNA XII

January 27th -29th 2023

Double Tree by Hilton
2717 West Fort Macon Rd. Atlantic Beach NC 28512

WWW.THEROADHOMENA.ORG

Convention Committee Address:
PO Box 629 Farmville NC 27828

Email: theroadhomeinfo@gmail.com

Chair: [REDACTED]

Registration: [REDACTED]

Information: [REDACTED]

Programming: [REDACTED]



The Road Home Convention

DEICCACNA XII

January 27th -29th 2023

Double Tree by Hilton
2717 West Fort Macon Rd. Atlantic Beach NC 28512

WWW.THEROADHOMENA.ORG
Convention Committee Address:
PO Box 629 Farmville NC 27828
Email: theroadhomeinfo@gmail.com

Chair: [REDACTED]
Programming: [REDACTED]

If you are interested in chairing a workshop or speaking, please submit Audio Files via Email or Mail in a CD to the programming subcommittee.



The Road Home Convention

DEICCACNA XII

January 27th -29th 2023

Double Tree Hilton

2717 West Fort Macon Rd. Atlantic Beach 28512

WWW.THEROADHOMENA.ORG

Early Registration \$20 From Now thru 9/1/2022

Convention Registration Address:

PO Box 629 Farmville NC 27828

Or Cash App: \$DEICCANA (Subject: Registration)

Email: theroadhomeinfo@gmail.com

Registration: [REDACTED] Chair: [REDACTED]

Information: [REDACTED]

Name: _____

Email: _____

Phone: _____

Payment: Cash / Check / Cash App

Address: _____

Amount: _____

Home Group / Area: _____



New Hope Area of Narcotics Anonymous
P.O. Box 25303
Durham, NC 27702
www.newhopearea.com

June 26, 2021

North Carolina Region of Narcotics
Anonymous
P.O. Box 10213
Greensboro, NC 27404
secretary@ncregion-na.org

RE Nomination of Peter V for North Carolina Regional Service Committee Vice Chair

Dear Trusted Servants for the North Carolina Region of Narcotics Anonymous,

The New Hope Area Service Committee nominates Peter V., a member of the Riverside Recovery home group, for the position of Vice Chair of the North Carolina Regional Service Committee. From April 2020 until the present, Peter has served as the Regional Committee Member for the New Hope Area, and from July 2019 until March 2020, as Regional Committee Member Alternate. During his time as RCM, Peter led the Area's consideration, deliberation, and ultimate decision to depart the Carolina Region and join the North Carolina Region.

Peter notified the New Hope ASC of his willingness to serve as NC RSC Vice Chair, and the New Hope Area is pleased to nominate him for that role.

In loving service,

Josh S., Chair, New Hope Area Service Committee
Email [REDACTED]

cc Unicorn P., Chair, NCRSC [REDACTED]
L'Tanya S., Secretary, NHASC [REDACTED]
Peter V., RCM, NHASC [REDACTED]