

## November 6, 2022, CASC Meeting Agenda

- **12/38** home groups had GSRs in attendance at the start.
- **2** new homegroups in our area: Staying Alive and New Beginnings
- **2** proposals were carried.
- **1** service position elected: Alternate RCM
- **1** service position vacated: Alternate Treasurer
- **0** motions/proposals to be brought back to homegroups.
- **Several** CASC service positions remain vacant. Subcommittees also need help.
- **Need support:** Never Alone Never Again on Friday nights and Young Connections on Saturday nights.
- **Home Group Speaker Swap** needs homegroup participation.  
<https://capitalareancna.com/hgss>
- **CASC will be hybrid** until GSRs decide differently.
- **12/04/2022** will be the next CASC meeting.

### • **Opening**

- Opening prayer
- Concept of the month/ 11th
- Vision for NA Service
- ASC Purpose

*“Workhorse” of the service structure—maybe that’s the best way to describe the area service committee. Most of the hands-on work of delivering NA services to the groups and the community occurs at the area level. Area service committees are ultimately responsible to the groups they serve. Narcotics Anonymous groups send group service representatives (GSRs) to serve on the area committee. While still maintaining final responsibility and authority for area services, they invest enough delegated authority in their GSRs—and through them, in the area committee—for the necessary work to get done. NA groups also send money to the area committee, money needed to coordinate panels, maintain phonelines, and conduct public information activities. Through their contributions of money and manpower, the groups exercise both their responsibility and their authority for NA services.*

- Roll call
    - CASC Officers and Subcommittee Chairs
    - GSRs (or alt. or proxy)
  - Agenda review
- Note: New motions/proposals need to be submitted prior to start of new business*

### • **Old Business**

- Approval of CASC minutes from previous month
  - **October 2022 CASC Minutes approved**
  - Anyone can receive the minutes, even if you’re not a GSR

### • **Home Group Q&A and Concerns**

- Welcome any new GSRs/Alternate
  - Two new GSRs / first time at Area
- Friday night NA meetings need support to keep them from folding
  - Specifically, Never Alone Never Again in Apex at 7pm on Friday nights.
    - Has a format for allowing people to serve as chair even without a homegroup commitment.
  - Additionally, Young Connections at 8:30pm on Saturday nights in North Raleigh could also use attendance
- Encouragement to participate in Homegroup Speaker Swap

- Great way for homegroups to get to know each other
- Bring flyer to homegroup business meeting and discuss with your homegroup!
- Thursday Night LIT is looking for a swap partner
- Trust the Process on Friday nights has an annual chili dog chow down on November 18<sup>th</sup> at the regular business meeting. Will also be recognizing a member who recently passed and would have been celebrating. Will be added to event calendar
- Concerns about policy:
  - Subcommittee Budgets:
    - Seems like budgets for subcommittees have always been the same. Perhaps we revisit our subcommittee budgets and the process for how we choose them
- **Officer Reports**
  - Chair - Craig R.
  - Vice Chair - **VACANT**
  - Treasurer - Leah P.
  - Treasurer Alternate - Donna N.
  - Secretary - **VACANT**
  - Secretary Alternate - Jason S.
  - RCM - Joe M.
  - RCM Alternate - **VACANT**
- **Subcommittee Reports**
  - Hospitals & Institutions – **VACANT**
  - Public Relations - **VACANT**
  - Policy - Richard J.
  - Outreach - **VACANT**
  - Activities – **VACANT**
  - Convention - Julius J.
- **Ad Hoc Reports**
  - Literature subcommittee/ Jessie N
  - Unity/ Chris G

## Discussions about Admin Reports

- Chair:
  - **Next Unity Round Table / Town Hall:** Saturday Nov 19 from 11-2 at St Ambrose church; food will be provided; focus will be on building more unity, improving services, open forum
- RCM:
  - **Jonathan B. elected as NC Region Alternate Delegate to World**
  - Looking to propose having a CAR (Conference Agenda Report) Workshop in our area
    - GSRs present are in favor of a CAR workshop in our Area
      - Seem to lean towards a hybrid hosting
      - Looking for a date in January
      - Exploring facility options, perhaps the facility that the Tuesday/Thursday Cary meetings are at
  - Asking for feedback on the Vision Statement for the workgroup for all of the US zones to have a united national body
    - Exploring if there are concerns establishing things such as a national US website, a national 1-800 number, etc.
      - Still to be explored, but garnering input from individual regions.
- Treasurer:
  - Money and literature were recently collected from some homegroups that folded during COVID and donated their belongings
- Convention Chair:
  - No report received before Area; included in minutes
  - The coordinator for the Rocky Mount facility was very pleased with our interactions with the facility
  - After total closing, balance of \$7500.
  - Question: Audit for outgoing convention team?
    - Yes.
- Literature Distribution Committee Ad-Hoc:
  - Standing concern/question: If GSRs decide to have the CASC meet less often then perhaps a literature committee's value would be diminished or negated
  - Question: How would ordering be handled?
    - All payment would be done with eyes-on at Area
  - Question: Is the "treasurer" the same treasurer as at CASC?

- Yes
  - Question: Why are we ordering from the Florida Region?
    - Florida RSO and NAWS RSO have comparable prices but Florida is faster/cheaper overall.
  - Concern: Florida Office seems like it may be slower than it used to be.
  - Question: Would homegroups who choose to not buy literature from Area still be paying for shipping through donations?
    - Yes, but no differently than how any other donation is given to Area and delegated to any of the uses that GSRs have delegated it for.
- Unity Day Ad-Hoc
  - Clarification: Unity Day Ad-Hoc is not the Activities Committee
    - February 18<sup>th</sup> for Unity Day
    - Asking for \$400, \$100 for rent, \$100 for food, \$200 for misc. (e.g., a DJ)
    - Unity Day during the day (workshops, 12/12/12, subcommittees)
    - Area Anniversary in the evening
    - Garnering opinions from Area today. If supported, will bring proposal next month
  - Question about New Years function?

## New Business

- Welcome new home groups joining Capital Area NA of NC (if any).
  - Staying Alive home group
    - All meeting info provided online, can be provided if they join the
    - **None opposed, Staying Alive accepted as member of Capital Area**
  - New Beginnings
    - 817 West End, Rocky Mount,
    - Used to be a part of the Tar-Roanoke Area
    - Monday and Wednesday from 8-9pm
    - Open discussion meeting
    - Existed for over a year
      - *Discussing that Area integrating with Capital Area if possible*
      - **None opposed, New Beginnings accepted to Capital Area**
- Service Resume: Alternate RCM
  - Sebastian D.
    - Resume included in minutes
      - None opposed
      - **Sebastian D. elected to Alt-RCM**
  - Last call for new motions, proposals, and service resumes.
    - Add to CASC Agenda: an election section where Chair calls for nominations for open positions
      - Concern surrounding whether this places undue pressure on people to enter positions
      - **Proposal Passes**
- Proposal: Earmarking funds for literature committee from convention subcommittee
  - **Proposal withdrawn**
- Proposal:
  - Have a reset for Convention; have a one-day event on June 23<sup>rd</sup> and have a full convention in June 2024
    - Policy has a timeline for the convention which requires planning to begin 11 months behind, so if we did not delay it then we would already be 4 months behind.
    - Would allow new body to get familiar and have a better event in 2024
    - **No opposition; passes**
- **Alt-Treasurer stepping down**
- Closing Prayer

## Roll Call

Officers	Name & contact info	✓	
Chair	Craig R. [REDACTED]	✓	
Chair Alt.	VACANT - submit a service resume if you are interested in this position		
Treasurer	Leah P. [REDACTED]	✓	
Treasurer Alt.	Donna N. (outgoing) [REDACTED] VACANT - submit a service resume if you are interested in this position	✓	
Secretary	VACANT - submit a service resume if you are interested in this position		
Secretary Alt.	Jason S. [REDACTED] secretary@capitalareancna.com	✓	
RCM	Joe M. [REDACTED]	✓	
RCM Alt.	Sebastian D. (incoming) [REDACTED]	✓	

Subcommittees	Chair name & contact info	✓	
H&I	VACANT		
Public Relations	VACANT - submit a service resume if you are interested in this position		
Policy	Richard J. [REDACTED]	✓	
Outreach	VACANT - submit a service resume if you are interested in this position		
Activities	VACANT		
Convention	Julius J. (serving) [REDACTED]	✓	

Home Group	GSR info	✓	
A New Beginning	James	✓	
Came to Believe			
Candlelight Recovery	Chris	✓	
Daily Reprieve	Doreen	✓	
Experience, Strength, and Hope			
Faith Through Principles	Delphyne	✓	
Freedom Thru Recovery	Stephanie T	✓	
I Can't We Can			
In From The Storm			
Ladies Night Out			
Let The Healing Begin			
Life On Life's Terms	Trevor C.	✓	
Living Clean & Serene			
Lunatic Fringe			
Mid Day Miracles			
NA at Noon			
Never Alone Never Again			
Peace in the AM	Nancy W.	✓	
Pride in Recovery	Mere	✓	
Principles B4 Personalities	Aaliyah	✓	

Home Group	GSR info	✓	
Recovery at Noon			
Recovery in The Hood			
Rediscovery Thru Recovery	Ben	✓	
Simple Solution			
Southside Recovery	John	✓	
Spiritual Change			
Spiritually Connected			
Sunday Serenity Group	Jessie N.	✓	
The Journey Continues			
The Primary Purpose Group	Elizabeth D.	✓	
Thursday Night LIT			
Together We Can			
Trust The Process			
Tuesday Night Live	Chris G.	✓	
Unity in the Mornings			
Way to Grow Group			
We Do Recover			
Wolfpackin'			
Young Connections to Recovery			

12 homegroups present at the start at Area; 2 more GSRs joined later



## Capital Area Service Committee

Name/Position: Craig R/ ASC Chairperson

Date: November 6, 2022

### Greetings-

During our monthly admin meeting, we review the recent and upcoming ASC meetings for any issues and ways to improve our service to you. We also review the results from the unity round tables. Some of the tasks were delegated to admin and task teams. These of some of the highlights:

- Continuing to focus on providing an attractive culture of service and effective facilitation/leadership for ASC
- We have multiple service opportunities available; its important to fill alternate/vice chairs roles to help provide mentorship, rotation and continuity
- Will continue to search for a new location for ASC
- Task of reaching out to homegroups not present at ASC/ Ongoing; survey created to engage homegroups; help us better serve them by asking for input; have received some responses; will continue and review again in December
- Planning on next Town Hall Open forum on Saturday Nov 19 from 11-2 at St Ambrose church; food will be provided; focus will be on building more unity, improving services, open forum

I consider our service to you as a partnership and all of us serving together in unity, to carry our message. We need each other and we need you to help us help you and your homegroup. At any time, your needs are not being met, please speak up.

Craig R

RCM Report - November 2022

### **Recent RSC**

The RSC was held two weekends ago via Zoom. I was unable to attend because my brother's wedding ceremony occurred right in the middle of the meeting. Craig R was able to attend and represent the Capital Area there. He provided some notes and I have spoken with Jonathan who also attended and have gathered the following topics you should be aware of from the RSC.

Craig carried our Area's nomination of Jonathan B for the A.D. position and he was elected on the spot. Congratulations and thank you Jonathan! Trey C. was elected Policy chair.

There are plenty of service opportunities at the Region: Secretary, Alt Secretary, Alt treasurer, PR Chair, alternate Policy chair, alternate Outreach chair, alternate Web coordinator.

The Regional Treasury has roughly \$8500 which is \$3500 over prudent reserve. They pass additional funds onto NAWS (75%) and SEZF (25%).

H&I still has some basic texts to distribute to areas requesting them for prisons that have H&I. Craig is going to contact the H&I Chair.

WSC is coming up at the end of April. The CAR Report will be out and made available sometime around the end of November. It's looking like there will be about 25 motions.

There will be a World Board motion regarding removing gender from the Vision Statement. This is in response to another motion coming from a Region (which was initially several motions from different Regions) about either removing gender from NA literature or creating a project to look into doing so... something along those lines.

I am requesting that our Area go ahead and start planning a CAR workshop for our area, possibly in January. I will ask that the AD facilitate such workshop. Maybe this is something that our admin body can plan.

The 2018 World Service Conference adopted a motion charging NA World Services with creating a project plan for a new piece of recovery literature for members about DRT/MAT as it relates to NA. They have an online survey for members to provide input about this literature. The survey can be found here <https://www.surveymonkey.com/r/drtmat> . The survey is up until the end of November.

There is a workgroup examining the collaboration of US based Zones. It's an attempt to coordinate nationwide PR and Fellowship Development. They are asking for input on their Vision Statement as well as whether or not we even agree that such a body exists. I am including the Vision Statement in my report (attached). There is an online survey where RD's can provide feedback. If your group has any feedback on this, please let me know and I will pass it along to the RD/AD. The RD is asking for feedback by Thanksgiving.

**NEXT RSC:** January 2023

Upcoming Dates:

**Sponsorship Day:** December 1st 2022

**World Service Conference:** April-May 2023

**WCNA 38:** August 29th - September 1st 2024 in Washington, D.C.

Joe McC



## CASC TREASURERS REPORT

Date: 10/24/2022  
From: Leah P, CASC Treasurer  
Re: Treasury Report for the month of Sept/Oct 2022

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- We donated \$78 to the World Service Office which is 40% above prudent reserve. We donated \$117.03 to the NC Region which is 60% above prudent reserve.
- No individual is making payments at this time.

### September 2022 STATEMENT

The beginning balance on 9/24/2022 was:	\$ 1,962.08
Deposits totaled:	\$ 303.88
Checks and deductions totaled:	\$ 170.91 - See attached detailed Income & Expense Report
Ending balance on 10/24/2022:	\$ 2,095.05 See attached PNC Bank Statement
Outstanding checks not cleared:	<u>\$ 245.03</u> -
<b>Available balance on 10/24/2022:</b>	<b>\$ 1,850.02</b>

This available balance puts us \$50.02 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$20.02 donation to World or and a \$30.00 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

#### Attachments:

- Income & Expense reports (with budget draft)
- PNC Bank Statement
- Pay Pal Activity Statement
- Home Group Donations

Capital Area NA  
Treasurers Report Income Expense

Beginning Balance:		9/29/2022	\$1,962.08	Period: 9/29/22 -10/24/2022	
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations	10/24/2022	\$303.88		Group donations received during the Month	
<b>Total Income/ Revenues</b>		<b>\$303.88</b>			
<b>Expense Section</b>					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
<b>SUB COMMITTEES</b>					
<b>H&amp;I Committee</b>					
H&I Literature					H&I Literature - \$190
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					<b>One Learning Day - per Policy \$200</b>
<b>PR and Website</b>					
Phone Line - Auto Draft Monthly	5th monthly	AD			<b>Varies slightly - averages \$30.93/ month</b>
Twilio					<b>new phone line service</b>
Meeting Directories					<b>Varies slightly - Quarterly Printing</b>
Website - Auto Draft Go Daddy	16th monthly	AD			<b>On Auto draft</b>
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$16.00		<b>On Autodraft-TEXTEDLY.COM</b>
PR Literature					<b>\$75 Monthly Budget-\$65 facebook</b>
PR Chair Travel Expenses					
Outreach			\$33.97		<b>\$35 Monthly allocation per policy</b>
Policy					<b>\$30 Monthly allocation per policy</b>
Activities Committee available					<b>\$500 For Area Anniversary Function(s)</b>
<b>AREA SERVICE COMMITTEE</b>					
Fairmont United Methodist Church	1st monthly		\$50.00		ASC - Rent
Secretary					<b>Varies slightly</b>
Treasurer - Office Supplies					<b>Checks Replenished/Harland Clarke</b>
Treasurer -Storage Rent	9th monthly	AD	\$108.95		<b>Security Self Storage</b>
Chairperson					
RCM Travel/ Expenses					<b>Refund Receipts</b>
Bank Fees		AD			<b>Service charge - Bank Account</b>
Mail Box - Due yearly on March 31st					<b>CASC Mailbox at Cameron Village</b>
Misc. ZOOM and Website					
ZOOM			\$11.99		
Regional Donations - 60% - CRNA			\$117.03		<b>Per Policy</b>
World Donations - 40% - NAWS			\$78.00		<b>World Donation Per Policy</b>
<b>Total of All Expenses</b>			<b>\$415.94</b>		
<b>Revenue</b>			<b>\$303.88</b>		
<b>Beginning Balance:</b>			<b>\$1,962.08</b>		
<b>DIFFERENCE: Income-Expenses</b>			<b>-\$112.06</b>		
<b>Ending Balance</b>			<b>\$1,850.02</b>		
<b>Previous Month's Checks Not Yet Cleared</b>					
Check Payable to:	Date	Check #	Amount	Description	
Regional					
World Donations					
		<b>TOTAL:</b>	<b>\$0.00</b>		
<b>Available Balance</b>			<b>\$1,850.02</b>		
<b>Prudent Reserve- Per Policy</b>			<b>\$1,800.00</b>		
<b>Amount Above/ Below P.R.</b>			<b>\$50.02</b>		



**Business Checking XXXXX[REDACTED] Available Balance: \$2,095.05**

**Account Summary**

<b>Available Balance:</b>	\$2,095.05	<b>Interest Paid to Date:</b>	\$0.00
<b>Ledger Balance:</b>	\$2,095.05	<b>Interest Paid Last Year:</b>	\$0.00
<b>Pending Withdrawals:</b>	\$0.00	<b>Last Deposit Amount:</b>	\$15.43 10/13/2022
<b>Pending Deposits:</b>	\$0.00	<b>Last Statement Balance:</b>	\$1,961.06 09/30/2022

**Account Details**

<b>Nickname:</b>	None
<b>Type:</b>	Business Checking
<b>Text Banking Nickname:</b>	None
<b>Address:</b>	PO BOX 10953 RALEIGH, NC 27605 - 0953

**Pending Transactions**

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
You have no pending transactions			

**Posted Transactions**

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
10/19/2022	RECURRING DEBIT CARD XXXX[REDACTED] ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$2,095.05
10/13/2022	ACH CREDIT XXXX[REDACTED] PAYPAL TRANSFER		\$15.43	\$2,107.04
10/13/2022	ACH CREDIT XXXX[REDACTED] PAYPAL TRANSFER		\$48.50	\$2,091.61
10/11/2022	RECURRING DEBIT CARD XXXX[REDACTED] TEXTEDLY HTTPSTEXTED CA	\$16.00		\$2,043.11
10/11/2022	RECURRING DEBIT CARD XXXX[REDACTED] PY Security Self Stor XXXX[REDACTED] NC	\$108.95		\$2,059.11
10/11/2022	ATM DEPOSIT [REDACTED] DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$6.00	\$2,168.06
10/11/2022	ATM DEPOSIT [REDACTED] DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$25.00	\$2,162.06
10/11/2022	ATM DEPOSIT [REDACTED] DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$61.00	\$2,137.06
10/11/2022	ATM DEPOSIT [REDACTED] DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$95.00	\$2,076.06
10/03/2022	ACH CREDIT XXXX[REDACTED] PAYPAL TRANSFER		\$20.00	\$1,981.06
09/29/2022	VISA MONEY TRANSFER C XXXX[REDACTED] VIS 0928 Cash App*Cash Out Visa Direct CA		\$32.95	\$1,961.06
09/27/2022	CHECK 2005 [REDACTED]	\$33.97		\$1,928.11
09/26/2022	RECURRING DEBIT CARD XXXX[REDACTED] TWILIO INC TWILIO.COM CA	\$11.65		\$1,962.08

Q Search by name or email



### Filter by

Date: 09/28/22 to 10/24/22

### Completed

2 weeks ago



**PNC BANK, NA**  
Oct 12 . Transfer to Bank

- \$48.50



**Shawn [REDACTED]**  
Oct 12 . Money Received  
"NA@Noon 7th Tradition Donation"

+ \$48.50



**PNC BANK, NA**  
Oct 11 . Transfer to Bank

- \$15.43



**Jesse [REDACTED]**  
Oct 11 . Money Received  
"Primary Purpose 7th trad"

+ \$15.43



**PNC BANK, NA**  
Oct 1 . Transfer to Bank

- \$20.00

Sep 2022



**Joseph M [REDACTED]**  
Sep 29 . Money Received

+ \$20.00

---

"Thursday Night Lit"

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning	25	<b>\$25</b>	Mid Day Miracles			South Side Recovery		
Basic Text Study Group			Miracles In Progress			Spiritual Change		
Came to Believe			NA At Noon	48.5	\$48.50	Spiritually Connected		
Candlelight Recovery			NA In the PM			Sunday Serenity	19.95	\$19.95
Constantly Searching			NA Way Group			The Journey Continues		
Daily Reprieve			Never Alone Never Again			The Primary Purpose Group	15.43	<b>\$15.43</b>
Expect a Miracle			New Horizons Group			The Seekers Group		
Experience, Strength, and Hope			New Way of Life II			Together We Can		
Faith Thru Principles			Our Common Welfare			Trust the Process		
Freedom Through Recovery			Out To Lunch			Tuesday Night Live		
I Can't, We Can			Peace in The AM			Unity and Positivity		
In From The Storm			Principles & Traditions			Way to Grow Group		
Keep it Simple	13	13	Principles B4 Personalities	100	<b>\$100</b>	We Do Recover		
Ladies Night Out			Recovery In the Hood			Welcome Home		
Living Clean & Serene			Rediscovery Through Recovery			Why Are We Here		
Lunatic Fringe			ERROR			Wolfpacking		
Man Up			Serenity In The Morning			Thursday Nite Lit	20	\$20
			Young Connections to Recovery			Recovery at noon	62	<b>62</b>
10/24/2022			<b>Home Group Donations</b>		<b>\$303.88</b>	<b>Total Other Income</b>		
							<b>Total Income</b>	<b>\$303.88</b>

Secretary Report – November 2022

Hello Capital Area,

I have received access to our Area's PO Box, but have been traveling for work and not had the availability to visit while the Post Office's business hours. I expect to be able to check at least once between CASC meetings moving forward. I also compiled the documents you are currently reading.

I have started a new work role that will allow me to remain local for the foreseeable future. As such, I expect to complete my term, which was not certain when I ran for this position. While acting as Secretary, I am more than happy to talk to anyone about the role/responsibilities of Secretary/Alternate Secretary. If you're interested in learning more (or want to encourage your friend or your sponsee to do so!), please don't hesitate to reach out to me!

Kind Regards,

Jason S.

Alternate Secretary

Good Afternoon:

Past month's activities:

- 1) Policy subcommittee meeting will be held at 12:30 before CASC meeting
- 2) Attended the mid-month executive body meeting
- 3) No printed policy manuals on hand but updated policy manuals are available on the area site.
- 4) The current updated policy has been posted to the web site under the CASC page under the Policy Subcommittee page.
- 5) If there is anyone who is available to serve on this committee, please join us and pass this invite on to others seeking to be in service.
- 6) Contact phone numbers for committee members:

 (Richard J)

Thank you for your confidence in allowing me to continue to serve as policy chair.

Richard J.

## Convention Subcommittee Report - November 2022

Good Afternoon ASC 11 06 2022

Thank You for allowing Me to be of Service. First Thanks to Everyone for A Wonderful Convention. Ok so firstly I Know Rocky Mount Was not a Popular But Due to The History of Previous Convention and Covid We Stepped out on Faith And Task Completed. As of today after Bills Paid and Everything Closed out WE Have A ending Balance of 8949.23\$ NO Checks Pending. Also on Sunday at Close out the Event Center Manager Came to Me and Said We are more than welcome back in the future with better accommodations Stated that our behavior was above and Beyond. We some things good some areas can be improved. We will be Making a Donation to Area.

IN Humble Service  
Julius J

For the Period 10/01/2022 to 10/31/2022

Primary Account Number: [REDACTED]

Page 1 of 3

Number of enclosures: 0

NC CAPITAL AREA FAMILY REUNION  
2501 CLARK AVE  
RALEIGH NC 27607-7213

For 24-hour banking sign on to  
 PNC Bank Online Banking on pnc.com  
FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG  
PNC accepts Telecommunications Relay Service (TRS)  
calls.  
Para servicio en español, 1-877-BUS-BNKG

**Moving?** Please contact your local branch

Write to: Customer Service  
PO Box 609  
Pittsburgh, PA 15230-9738  
 Visit us at PNC.com/smallbusiness

---

## IMPORTANT CHANGES TO FEES AND BENEFITS FOR BUSINESS CHECKING CUSTOMERS

The information below amends certain information in our "Business Checking Accounts and Related Charges" ("Schedule"). All other information in our Schedule continues to apply to your account. Please read this information and retain it with your records.

Effective January 1, 2023

### Pricing Changes

- > Monthly Maintenance Fee will be \$12
- > Cash Deposited Over-the-Counter will be \$0.30 per \$100 after the first \$5,000
- > Paper Statement will be \$3.00
- > Paper Statement with Check Images will be \$5.00
- > Dual Statement Delivery will be \$5.00
- > Non-PNC ATM fees will no longer be reimbursed
- > Branch Initiated Outgoing Domestic Wire Transfers will be \$95.00 each
- > Branch Initiated Outgoing International Same Currency Wire Transfers will be \$135.00 each
- > Incoming Fed Wire will be Received Wire Transfer and will be \$15.00 each

Effective July 2022, PNC expanded their ATM network by 41,000 across the United States. Refer to PNC.com for more details.

If you have questions about these changes, please contact your PNC Business Banker or call us at the number listed at the top of this statement.

---

## IMPORTANT ACCOUNT CHANGE FOR ALL BUSINESS ACCOUNTS WITH TREASURY MANAGEMENT SERVICES

Effective JANUARY 1, 2023, charges for certain Treasury Management services will change. The impact of these changes on your business will depend on the mix of services you use at PNC and your transaction volume. If applicable, the fees for some of the services may be reduced or offset by the Earning Credit for your account.

Treasury Management services, which may be subject to change, include Automated Clearing House (ACH), Cash Logistics, Cash Flow Insight, Account Reconciliation, Direct to Debit, Electronic Data Interchange (EDI),



# Business Checking

For 24-hour account information, sign-on to  
pnc.com/mybusiness/

For the Period 10/01/2022 to 10/31/2022

Business Checking Account Number: [REDACTED] - continued

Page 2 of 3

ePayments, Integrated Payables, Integrated Receivables, Invoice Automation, PINACLE, PayerExpress, Print Mail, Purchase Card, Real Time Payments, Remote Deposit, Wire Transfer services.

We would be happy to review with you the changes that are applicable to your account and to discuss other services or options that may address the evolving needs of your business. Current Treasury Management charges are listed on your monthly statement, if applicable.

If you are interested in a review, please contact Treasury Management Client Care (TMCC) at 1-800-669-1518.

## Business Checking Summary

Account number: [REDACTED]

Overdraft Protection has not been established for this account.  
Please contact us if you would like to set up this service.

## Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
4,873.23	8,549.00	3,355.50	10,066.73
		Average ledger balance	Average collected balance
		4,334.89	4,334.89

## Deposits and Other Additions

Description	Items	Amount
Deposits	2	8,549.00
Total	2	8,549.00

## Checks and Other Deductions

Description	Items	Amount
Checks	5	3,355.50
Total	5	3,355.50

## Daily Balance

Date	Ledger balance	Date	Ledger balance	Date	Ledger balance
10/01	4,873.23	10/14	3,983.73	10/28	2,527.73
10/03	4,111.73	10/17	4,527.73	10/31	10,066.73

## Activity Detail

### Deposits and Other Additions

#### Deposits

Date posted	Amount	Transaction description	Reference number
10/17	544.00	Deposit	[REDACTED]
10/31	8,005.00	Deposit	[REDACTED]


### Checks and Other Deductions

#### Checks and Substitute Checks

\* Gap in check sequence

Date posted	Check number	Amount	Reference number	Date posted	Check number	Amount	Reference number	Date posted	Check number	Amount	Reference number
10/28	1060 *	2,000.00	[REDACTED]	10/14	1082 *	128.00	[REDACTED]	10/03	1087 *	761.50	[REDACTED]
10/31	1064 *	316.00	[REDACTED]	10/31	1083	150.00	[REDACTED]				

# Business Checking

 For 24-hour account information, sign-on to  
pnc.com/mybusiness/

For the Period 10/01/2022 to 10/31/2022

Business Checking Account Number: [REDACTED]

Page 3 of 3

---

## Detail of Services Used During Current Period

---

Note: The total charge for the following services will be posted to your account on 11/01/2022 and will appear on your next statement as a single line item entitled Service Charge Period Ending 10/31/2022.

\*\* Combined Transactions include ACH Credits, ACH Debits, Checks Paid, Deposited Item - Consolidated, Deposit Tickets Processed

Description	Volume	Amount	
Account Maintenance Charge		.00	Requirements Met
Combined Transactions	10	.00	Included in Account
Checks Paid	5	.00	
Deposited Item - Consolidated	3	.00	
Deposit Tickets Processed	2	.00	
Branch - Consolidated Cash Deposited	50	.00	Included in Account
Branch - Consolidated Cash Deposited	34	8.50	
Total For Services Used This Period		8.50	
Total Service Charge		8.50	

---

# Capital Area Literature Adhoc Report

## Findings and Recommendations

If the CASC were to set up a literature committee, our recommendations are as follows: (Brief)

- An initial fundraising event take place to help cover start up funds
  - Order around \$1.3k worth of essential items to get starters (keytags, basic texts...)
    - Expected inventory increase to around \$2k
  - Order through Florida Service Office
  - Develop standardize reporting for literature chair to use
  - Allow GSRs and individual members to place order ahead of time via website for pick up and payment at ASC
  - All money handling take place exclusively at ASC
  - Literature cair places order, treasurer sends payment
  - Sell literature at cost
  - CASC pay for shipping costs
  - Yearly inventory audits
  - Special orders done at request only and payment required ahead of time (ex. Collectors items)
- 
- 

If the CASC were to set up a literature committee, our recommendations are as follows: (In-full)

### **Money Handling**

- All money collected goes directly to the Treasurer, and is subsequently deposited into the ASC bank account.
  - Except in extenuating circumstances (e.g. pandemic, natural disaster), money for literature orders may only exchange hands at the ASC. Extenuating circumstances should be discussed and agreed upon by the admin committee.
- Literature orders may be placed by the Literature Chair, but it is the Treasurer's job to remit payment.

### **Inventory**

- Host an initial fundraising event to help cover start-up funds.
- Place an initial order of around \$1300 of common/essential items (e.g. Basic Texts, Keytags).

- The area should be willing to increase the maximum inventory dollar amount to meet the needs of the area. As a guide, most areas our size end up keeping between \$2000 and \$3000 of inventory.
- Policy should set the maximum dollar amount of inventory that the literature committee may keep. Inventory dollar amount is determined by the sum of the at-cost price of all literature. At-cost price is determined by an item's list price on na.org.
- Both the Florida RSO and NAWS have comparable pricing with bulk discounts. It would be fine to order from either of them.
- Inventory should be replenished each month equal to the amount of literature sold that month. For example, if the committee sells \$500 of literature, they should then order \$500 of literature to replenish it.
- Literature should be stored at literature chairpersons house for convenience and so they can prep pre-orders to have them ready by ASC

### **Pricing**

- All items should be sold at cost. At-cost is determined by the current list price for each item on na.org.
- The ASC should cover sales tax and shipping costs. It is estimated that sales tax and shipping will cost between 14% and 17% of each order.

### **Reporting and Auditing**

- We should develop standardized reporting for the literature chair to give at each ASC. It should, at a minimum, include the following:
  - Dollar amount of literature sold last month.
  - Dollar amount of literature ordered last month.
- The literature committee should conduct a full inventory each year.
  - Go through all of the inventory manually, counting, and make sure we have what we think we have, adjusting inventory minimums accordingly

### **Software**

- WooCommerce Wordpress plugin on their area website. It keeps track of their inventory, produces monthly reports, and allows groups to pre-order literature online.

### **Questions**

- If the ASC decides to meet less frequently, it would mean that groups would need to wait longer in between ASC meetings to get literature. Would this still be a valuable service if groups had to wait two months to get literature?

Good afternoon,

The unity ad hoc met one time since the last ASC to discuss proposed date, budgeting, and agenda for the area anniversary. We selected February 18, 2023, as the date and location where the Tuesday and Thursday night groups meet in Cary as the venue. We are suggesting the funds that were previously allocated for the August Unity Day be used to fund this event.

We did discuss and initiated plans the proposed date, but we wanted to wait to have the ASC's approval before moving forward. If approved, we will return a more concrete plan at next months ASC.

Rent: \$100.00 (Donation)

Food: \$100.00 (Snacks, brunch, dinner, utensils, donations)

Entertainment: \$200.00

Chris g.

# CASC New Motion - home group joining Capital Area NA

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit [www.CapitalAreaNCNA.com](http://www.CapitalAreaNCNA.com) for more info on Capital Area NA and the Capital Area Service Committee.

Home group name \*

Staying Alive

Motion seconded by (if seconded before being submitted)

Delphyne F - Faith thru Principles

Contact info for GSR (or other home group member if no GSR) \*

Nick R

Home group location (facility name, physical address including room name/number, and/or online access information) \*

11379 US-70 BUS W., Clayton, NC, 27520

Special criteria for entering facility, if any

Behind the Mcdonald's, between Big Cheese Pizza and Star Nails. Look for the NA sign on the door.

---

Meeting days and times (e.g. Monday's 8-9 PM and Saturday's 12-1 PM) \*

Thursday 7- 8 (JFT) and Saturday from 6 - 7 pm (Step Study - It Works How & Why)

---

## Meeting format (check all that apply) \*

- Open (all are welcome)
- Closed (addicts only)
- Wheelchair accessible
- Beginner/Newcomer
- Men
- Women
- LGBT
- Children Welcome
- Restricted Access
- Candlelight
- Smoking
- Non-Smoking
- Young People
- Basic Text
- 12 Concepts
- Discussion/Participation
- IP Study
- It Works Study
- Just For Today Study
- Literature Study
- Meditation
- Questions & Answers
- Speaker
- Step
- Step Working Guide Study



- Guiding Principles Study
- Topic
- Tradition
- Living Clean
- Format Varies

Additional information / notes

Please call me if you have questions. Nick R [REDACTED]

This content is neither created nor endorsed by Google.



# North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, October 2022, ZOOM XXXXXXXXXX 7-23-2022

<b>Open:</b>	1:48	<b>Serenity Prayer:</b>	Unicorn	<b>12 Traditions:</b>	Craig R	<b>12 Concepts:</b>	Steven L
--------------	------	-------------------------	---------	-----------------------	---------	---------------------	----------

<b>Roll Call</b>	<b>Unicorn</b>	Respond: A=Absent	P=Present	Vacant=N/A
------------------	----------------	-------------------	-----------	------------

Officers		Prese nt 1st	Prese nt 2nd	Areas	RCM / Alt RCM	Prese nt 1st	2nd
Chair	Unicorn P	P	P	Capitol RCM	Joe Mc	A	A
Vice Chair	Peter V	A	P	Capitol Alt RCM	Vacant	N/A	N/A
Secretary	Vacant	N/A	N/A	Crossroads RCM	Jeremy C	P	P
Alt sec	Vacant	N/A	N/A	Crossroads Alt RCM	Vacant	N/A	N/A
Treasurer	Michael Mc	P	P	Down East RCM	Ron D	P	P
Alt Treasurer	Vacant	N/A	N/A	DEANA Alt RCM	Vacant	N/A	N/A
RD	Jacob S	P	P	Foothills Area RCM	Vacant	N/A	N/A
AD	Jonatha n	P	P	Foothills Alt RCM	Vacant	N/A	N/A
H&I	Phil G.	P	P	Greater Sandhills RCM	Valerie S	A	P
ALT. H&I Chair	Vacant	N/A	N/A	GSANA Alt RCM	Vacant	N/A	N/A
PR chair	Vacant	N/A	N/A	Greensboro RCM	Vacant	N/A	N/A
Alt. PR Chair	Vacant	N/A	N/A	G-boro Alt RCM	Vacant	N/A	N/A
Policy	Trey	P	P	New Hope RCM	Steve L	P	P
Alt. Policy Chair	Vacant	N/A	N/A	NHANA Alt RCM	Vacant	N/A	N/A
Outreach	Vacant	N/A	N/A	NC Mountain RCM	Annette P	A	A
RSC Web Coordinator	Vacant	N/A	N/A	NC Mtn Alt RCM	Vacant	N/A	N/A
				Our Primary Purpose RCM	Rich L	P	P
				OPP Alt RCM	Vacant	N/A	N/A
				Southern Piedmont Area RCM	Vacant	N/A	N/A
				SPANANA Alt RCM	Vacant	N/A	N/A
				Tar-Roanoke RCM	Vacant	N/A	N/A

# North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, October 2022, ZOOM [REDACTED] 7-23-2022

	TRANA Alt RCM	Vacant	N/A	N/A
	Quorum achieved? NO		4	5
	Quorum requires 2/3 majority			

Policy is suspended for 2/3 quorum requirement. A simple majority will be used for today's RSC.

Reading of the minutes from the previous NC Region Meeting:	Unicorn
---	---------

## Elections

Open positions in the RSC that need new nominations:

- Secretary
- Alt Sec
- Alt Treasurer
- Alt H&I Chair
- PR Chair
- Alt PR Chair
- Alt Policy Chair
- Outreach Chair
- Alt Outreach Chair
- RSC Web Coordinator

## Officer Reports

**Chairperson – Unicorn P** – No Report – apologies for having difficulty getting on the Zoom meeting and starting on a timely manner.

**Vice Chair – Peter V** – No report – will get with Todd for PO Box Key and check it and get Michael Mc the P.O. Box bill asap. Will try to reach out to the Areas that have not attended Region in sometime to see why they have not attended Region and to see if the Areas are still active.

**Secretary – Vacant**

**Treasurer -- Michael M.** – See Report

***Mail all Regional contributions to:***

*Michael McBride 1900 Daniel St*

*Roanoke Rapids, NC 27870-4208*

*Make Cash App payments to: \$NorthCarolinaRegion*

**RD - Jacob S** – See Report

**AD-Jonathan** – No Report

# North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, October 2022, ZOOM [REDACTED] 7-23-2022

## Subcommittees:

---

**H&I -- Phil G:** - See Report - Phil G - H&I [REDACTED]

**PR – Vacant**

**Policy-Trey – No Report**

**Outreach – Vacant**

**Web Coordinator Report – Vacant**

## Ad-Hoc Committee Reports:

---

None

## Area Reports

---

**Capitol** (Absent – see report)

**Crossroads** (Present – no report)

**Down East** (Present – no report)

**Foothills** (Absent)

**Greater Sandhills** (Present – see report)

**Greensboro** (Absent)

**New Hope** (Present – no report)

**NC Mountain** (Absent)

**Our Primary Purpose** (Present – see report)

**Southern Piedmont** (Absent)

**Tar-Roanoke** (Absent)

Break	2:43 pm	Meeting Back to Order	2:50 pm	Roll Call	Unicorn
-------	---------	-----------------------	---------	-----------	---------

## Open Forum

Post Office Box and possible move to location near current treasurer for convenience since we do not meet in Greensboro any longer and we currently don't have reliable person to check box and mail items to Treasurer. Asked Treasure to see about cost to move P.O. Box near him.

Collaborating with Carolina Region to better carry our message and utilize resources as group effort. Create Task Force units to fill open positions to make sure we are still providing a service to our Region and Areas who still participate in Region.

# North Carolina Region of Narcotics Anonymous

Quarterly RSC Meeting Minutes, October 2022, [REDACTED] 7-23-2022

Quorum and whether we should change policy from 2/3 total areas on the Regional roster - to 2/3 of last present Areas represented - RCMs. To ensure we can vote on motions and still conduct business in a timely manner. Motion may be coming to change policy.

Zoom verse Hybrid verse In Person Meetings– consensus was Hybrid meetings just don't work very well, we don't have the proper equipment and cost to purchase some; and participants prefer to continue to meet via Zoom for now. Still concerns for health reasons where discussed, as well as gas prices and finding new location to meet In Person with WI-FI ability.

---

**Old Business N/A**

---

**New Business N/A**

---

### **Announcements**

See Event Calendar on our NC Regional Website - . [NC Region of Narcotics Anonymous – North Carolina Statewide Phonenumber 1-855-227-NCNA \(6262\) \(ncregion-na.org\)](https://www.ncregion-na.org)

**Lots of Halloween Event occurring**

---

### **Refreshment Donations**

None at this time.

---

**Treasurer's Closing Balance \$**

Next meeting Saturday January 21, 2022, 1:00 pm.

ZOOM [REDACTED]

Close:	4:43 pm
--------	---------

April 16, 2021

To:     Autonomy Zonal Forum  
          Midwest Zonal Forum  
          Northeast Zonal Forum  
          Plains States Zonal Forum  
          Rocky Mountain Zonal Forum  
          Southeast Zonal Forum  
          Southern Zonal Forum  
          Western States Zonal Forum

From: The Collaboration of US Zones

Attached please find a **Vision and Purpose Statement** for the unified services that could be provided by a collaboration of the Zonal Forums of Narcotics Anonymous in the US. **We are asking US Zonal Forums to review these documents and asking Regional Delegates to share them with Regions and members of the fellowship.**

This endeavor is not to form or replace any existing service body but **to become a central hub to collect service requests and act as a portal** to communicate with the associated local community. Through this collaboration we hope to help support local NA communities. This support can be through training, mentoring, and working together, or, in coordination with local service bodies, fulfilling the service request.

The Purpose Statement indicates how a project-based, informal process could better gather information and respond to requests in a timely manner. **We hope this effort will allow us to harness underutilized resources** in a way that serves the fellowship and, ultimately, NA Groups' primary purpose of carrying the message to the addicts who still suffer.

If your Zone would like this informal collaboration to serve on a national level and agree with the Vision and Purpose Statements, **please direct your US Zonal Representatives to indicate the conscience of your zone at the next session of the Collaboration of US Zones on July 11, 2021**

These statements emerged after several months of discussion. The Zonal Forums within the US have been considering ways our fellowship could benefit from collaboration. Representatives from every Zonal Forum in the US participated at some point in the process for developing these statements. Many ideas have been considered and many members have found themselves excited about the possibilities. However, as with any Fellowship collaboration, we need our members. The **Vision and Purpose Statement** is the first step.

Thanks for your consideration!

In loving service,

The Collaboration of US Zones

Attachments

## **Collaboration of US Zones – Vision Statement**

Through the collaborative efforts of the US Zones of NA, we are inspired in unity to coordinate services of which this collective is uniquely qualified. This collaboration seeks to provide a source of experience and inspiration to share with NA communities, as requested by the US Zones. This assistance will help communities grow critical services to fulfill our primary purpose that no addict seeking recovery from addiction need ever die.

To accomplish this, a collaboration of US Zones will strive to:

- Raise awareness of the zones in the US as positive, reliable, and valuable assets in achieving our primary purpose.
- Provide a national resource that brings consistency and accessibility to communications within the fellowship and with the public in the US.
- Provide internal services and training to US Zones and local NA communities in public relations, fellowship development, technology, and communications.
- Be strategic in its planning and offer project-based resources when requested.
- Energize and stimulate the growth of NA in the United States by enhancing cooperation, coordination, and information sharing.

A collaboration of US Zones will be directly accountable to the zones of the US. It will include the US Zones in its discussions and projects with both regular reporting and active listening. It will strive to be responsive to requests for help from any service body, and closely coordinate and collaborate with the US Zones. We will always remember who we serve and why.



## **Collaboration of US Zones – Purpose Statement**

### **Zonal Statement**

A collaboration of US Zones will strive to improve awareness of our zones as assets to our local service bodies. Identification and utilization of the untapped resources in our zones will come as we share knowledge and our service experience.

### **Communications Statement**

A collaboration of US Zones will strive to act as a national communications hub to enable simple and accessible communications within NA and with the public. This will enable addicts and the public to connect to the recovery, service, and information source in their local community. Whenever people reach out to NA in the US, this collaboration will strive to connect them to an addict, service body, or NA information source.

### **Technology Statement**

A collaboration of US Zones will strive to improve our service efforts through technology. The goal is to enable NA members to work together to leverage technology in creating systems and processes to enhance our ability to reach the addict that still suffers.

### **PR Statement**

A collaboration of US Zones will strive to improve our PR efforts by galvanizing the unity of NA's message within the US. By supporting efforts to nationally interface with the public, we can have a national presence that will validate NA as a resource.

A national PR effort will strive to: (1) address the issues that only a US body can accomplish (2) provide a centralized point of contact, i.e., a website/phoneline to enable the public to better seek us out, (3) assist our fellowship in providing national PSA's (4) Communicate and coordinate information and attendance at national conferences.

### **Fellowship Development/Outreach Statement**

A collaboration of US Zones will strive to improve our Fellowship Development/Outreach efforts by growing NA's presence in isolated communities. We will strive to offer project-based services and mentorship. We will strive to map where NA is not so we can identify where NA services are most needed across the US. All Fellowship Development/Outreach activities will be in collaboration with the local zone.

### **Accountability Statement**

A collaboration of US Zones will be directly accountable to the zones of the US. It will include the US Zones in its discussions and projects with both regular reporting and active listening. It will strive to be responsive to requests for help from any service body, and closely coordinate and collaborate with the US Zones. We will always remember who we serve and why.