#### February 5, 2023 CASC Meeting Agenda

- 13/42 home groups had GSRs in attendance at the start.
- 1 proposal passed
- **0** motions/proposals to be brought back to homegroups
- Toi R elected as CASC Hospitals & Institutions (H&I) Subcommittee Chair
- Donald D elected as CASC Outreach Subcommittee Chair
- **Shahid W** elected as CASC Activities Subcommittee Chair
- **Several** CASC service positions remain vacant. Subcommittees also need help.
- NA Way reopened on Sundays at 8:00PM at Fairmont Methodist Church
- **Area Anniversary Event** on February 18<sup>th</sup> at Greenwood Forest Baptist
- Home Group Speaker Swap needs homegroup participation https://capitalareancna.com/hgss
- CASC will be hybrid until GSRs decide differently
- 02/24/2023 will be the next Monthly Clean Time Celebration Potluck
- 03/05/2023 will be the next CASC meeting

#### Opening

- Opening prayer
- Concept of the month/ 2nd
- Vision for NA Service
- ASC Purpose

"Workhorse" of the service structure—maybe that's the best way to describe the area service committee. Most of the hands-on work of delivering NA services to the groups and the community occurs at the area level. Area service committees are ultimately responsible to the groups they serve. Narcotics Anonymous groups send group service representatives (GSRs) to serve on the area committee. While still maintaining final responsibility and authority for area services, they invest enough delegated authority in their GSRs—and through them, in the area committee—for the necessary work to get done. NA groups also send money to the area committee, money needed to coordinate panels, maintain phonelines, and conduct public information activities. Through their contributions of money and manpower, the groups exercise both their responsibility and their authority for NA services.

- o Roll call
  - CASC Officers and Subcommittee Chairs
  - GSRs (or alt. or proxy)
- Agenda review

Note: New motions/proposals need to be submitted prior to start of new business

#### Old Business

- Approval of CASC minutes from previous month
  - None opposed
  - January 2023 Minutes approved

#### Home Group Q&A and Concerns

- Welcome any new GSRs/Alternate
  - 1 new GSR: Staying Alive, meeting twice a week (on website meeting list)
- Concern:

- In From the Storm + Recovery in the Hood (but more so In from the Storm) Homegroup at a facility that isn't able to self-fund IPs/literature can the Area do something here?
  - Question: Do they need all literature or only certain items? Could those homegroups give us a list of what they need and we go from there?
    - Comment: Newcomers should be able to receive NA literature whether they're at a facility or any other meeting
  - Members are coming together to get literature for Men and Women's Healing Transitions (but specifically women's) need literature – Women's HT requesting approx. 5 Basic Texts a month, which is under \$800 for a full year.
  - Maybe we budget for literature purchasing, or a book drive?
  - Reaching out to meetings that are isolated / not connected with Area is the responsibility of the Outreach committee. Last time we had one, a lot of things were locked down – now we don't have one yet have more opportunity
  - Comment: Important distinction between providing literature to NA homegroups versus providing to facilities directly
  - We used to have a literature start-up kit maybe we have these start-up kits that the facilities keep (instead of providing books regularly to a facility to give away)
  - Could the two homegroups specifically have some sort of fundraiser/function?
  - Could we donate literature that we recently received from folded homegroups (if we still have it)?
  - Idea from PR Task Team: Putting literature racks in facilities
- Homegroup concern: Seeking clarity on budget revisions versus one-off spending approved by GSRs in an area meeting
  - Everything involving money does not go back to homegroups. The only 3 things mandated to go back to homegroups before spending is CAR motions, budget revisions, and policy changes
  - One-off spending is distinctly not a change to a budget
  - Secretary take-away: There would be benefit to clarifying our language in policy

#### Officer Reports

- o Chair Craig R.
- Vice Chair Richard J
- Treasurer Leah P.
- Treasurer Alternate VACANT

#### Subcommittee Reports

- Hospitals & Institutions VACANT (at start)
- Public Relations VACANT
- Policy VACANT

#### Ad Hoc Reports

Unity/ Chris G

- Secretary VACANT
- Secretary Alternate Jason S.
- o RCM Joe M.
- o RCM Alternate Sebastian D
- Outreach VACANT (at start)
- Activities VACANT (at start)
- Convention VACANT

### Questions about reports:

#### Treasurer

Do not donate to CashApp account at this time until an account login issue has been resolved

#### RCM

- Will propose that 1) we hold the next Regional Service Committee (RSC) at a location within our area,
   2) as use Area zoom presentation equipment (projector, conference microphone, etc.) for RSC, and 3) money to pay the facility for the use of space.
- Question: Is our Area paying for RCM to go to the World Service Conference (WSC)?
  - World pays for Regional Delegates; our Region pays for the Alternate Delegate
- O Question: What does our insurance policy cover?

- We can request a certificate of insurance the Regional chairperson also requested it
- A meeting has to be attached to an area to be covered. At Region, we cover all Areas involved in the Region and their homegroups. Stand-alone meetings are not covered, to protect us from any non-NA groups claiming they are a part of our reg
- Question: Do events need to be on the website to be considered a covered event for insurance purposes?
  - Not sure. Will investigate.
- Question: Is the Convention covered by insurance, given the size of the event?
  - No. However, insurance *does* cover one-day events such as fundraisers.
- April 22nd at 12:15 is the next RSC

#### Unity Ad-Hoc

- O Question: Was ad-hoc created to put on the Area Anniversary?
  - Yes, that was part of the proposal that created the ad-hoc
- O Question: Will they have other activities after this one?
  - Not unless GSRs say so the 6-month timer on the ad-hoc committee is up as of the current Area meeting
- Question: Is Chris G. willing to be chair of Activities Subcommittee?
  - Response: Uncertain Policy currently states that the Activities Subcommittee should be fully self-supporting, which is a significant hurdle
  - Concern/Comment: The budget for the Activities Subcommittee in Policy only concerns funds for the Area anniversary itself. The expectation is every other activity would have to be fundraised by the Activities subcommittee
- Question: Are we having a history presentation during the Unity Day?
  - Someone is likely to do it need confirmation that they'll be doing it
- Comment: Past Activities Chair shared that previously they did their own fundraising and there's a period of ~4-5 months between the assigned events for Activities, so there was enough time for fundraising. By the time the Area prior to the event rolled around, they didn't need to ask for much funding.
- Question: Has the one-day event in June started to be planned/discussed?
  - Unity Day Ad-Hoc isn't currently tasked with putting it on standing considerations include where funding is coming from and what GSRs want.
  - More information is needed. The proposal didn't include additional information about what the one-day event would look like.
- Question: Wasn't there already money for Unity Day?
  - We don't have an Activities Subcommittee. The Unity Day on February 18<sup>th</sup> is being done by the activities ad-hoc. They don't automatically get access to the Activities Subcommittee's budget stated in Policy.

#### New Business

- Welcome new home groups joining Capital Area NA of NC (if any).
  - Staying Alive homegroup just joined the Area.
    - April 1<sup>st</sup> potluck at their homegroup all information is online
  - NA Way re-opening tonight (2/05)
    - Receiving personal donation of starter kits previous homegroup materials are missing from meeting location
- Last call for new motions, proposals, and service resumes.
- Proposal: \$400 for Unity Day (attached)
  - \$100 for rent, \$75 for DJ, remaining for miscellaneous (remaining food, utensils, etc).
  - Idea is that they're not specifically planning to spend it all plan to be prudent and return money to Area after complete.
  - Contact Donald to coordinate bringing food contact info provided in email
  - Vote:

Opposed: 0, Abstain: 0, unanimous approval

#### **Two Service Resumes:**

#### **H&I Subcommittee Chairperson**

- Job description read at Area
- Toi R.
- Pros: Willing NA member to carry the message, been Chair previously so has the necessary knowledge, role modeling women being engaged and of service in Area
- Con: It's a difficult role without help. There are resumes right now for committee roles, but they aren't currently filled.
- Vote: None opposed, none abstain, unanimous approval

#### **Outreach Subcommittee Chairperson**

- Job description from policy read at Area
- Donald D.
- Pro: Enthusiastic and passionate NA service member, willing member that truly cares about NA and the newcomer, has a way with talking to people carrying a loving message
- Question: will you be in town during the week or just the weekend for going to homegroups?
  - Already addressed and other people have spoken they are willing to support and fill in the blanks
- Vote: Opposed: 0. Abstain: 0. unanimous approval

#### **Activities Subcommittee Chairperson**

Shahid W.

Secretary note: Physical resume for Activities presented at Job description from policy read at Area Area; misplaced immediately following Area. No concerns about lack of prior experience expressed during voting

- Pros: Shahid explores many activities for events, willing to come in and do what needs to be done regardless of committee
- Con: Shahid can "take the mic" a lot and not take every opportunity to let someone new speak up (keeps the crowd engaged but yes to taking the mic regularly)
  - Feedback received and understood
- Question: Would Shahid be willing to work with the present ad-hoc committee chair and take suggestions for the Area Anniversary?
  - Answer: Not entirely that's the correct question, given that the ad-hoc event is this month and Shahid is focused on looking towards the future. However, very willing to ask questions when he has questions
- Question: Would you be okay with overseeing the monthly clean time celebration potluck?
  - Yes. •
- Vote:
  - Opposed: 0, Abstain: 0, unanimous approval

#### **Elections**

- Nominations for open ASC positions
  - Alternate treasurer (has to go back to homegroups since recently vacated)
  - 0
  - Policy (has to go back to homegroups since recently vacated)
  - Public Relations chairperson
  - H&I chairperson
  - Outreach chairperson
  - Activities chairperson

#### **Closing Prayer**

Officers	Name & contact info	✓	
Chair	Craig R. (919) 618-7771 Craigrobertson87@yahoo.com	✓	
Vice Chair	Richard J. (267) 997-0896 rjones9144@msn.com	✓	
Treasurer	Leah P. (440) 532-9100 LeahPierce2830@gmail.com	✓	
Treasurer Alt.	VACANT - submit a service resume if you are interested in this position		
Secretary	VACANT - submit a service resume if you are interested in this position		
Secretary Alt.	Jason S. (919)-998-9974 secretary@capitalareancna.com	<b>✓</b>	
RCM	Joe M. (919)-457-6724 josephmccutcheon@gmail.com	✓	
RCM Alt.	Sebastian D. (919)-627-7607 admin@capitalareancna.com	<b>&gt;</b>	

Subcommittees	Chair name & contact info	✓	
H&I	VACANT at start		
Public Relations	VACANT - submit a service resume		
	if you are interested in this position		
Policy	VACANT - submit a service resume if you are interested in this position		
Outreach	VACANT at start		
Activities	VACANT at start		
Convention	VACANT - submit a service resume if you are interested in this position		

Home Group	GSR info	✓	
A New Beginning	James H	✓	
Came to Believe			
Candlelight Recovery			
Daily Reprieve			
Experience, Strength, and Hope			
Faith Through Principles	Delphyne	<b>✓</b>	
Freedom Thru Recovery	Sarah & Maria	<	
I Can't We Can			
In From The Storm			
Ladies Night Out			
Let The Healing Begin			
Life On Life's Terms			
Lunatic Fringe			
Mid Day Miracles			
NA at Noon			
NA Way			
Never Alone Never Again	John	✓	
New Beginnings			
Peace in the AM			
Pride in Recovery			
Principles B4 Personalities			

Home Group	GSR info		
Recovery at Noon	Shahid W	<b>√</b>	
Recovery in The Hood			
Rediscovery Thru Recovery			
Serenity in the Morning			
Simple Solution	Toi	✓	
Southside Recovery	John	✓	
Spiritual Change	John	✓	
Spiritually Connected	Shell	✓	
Staying Alive	Nick	<b>√</b>	
Sunday Serenity Group	Jessie N	✓	
The Journey Continues			
The Primary Purpose Group	Elizabeth D	✓	
Thursday Night LIT			
Together We Can			
Trust The Process	Chris G	✓	
Tuesday Night Live			
Unity in the Mornings			
Way to Grow Group			
We Do Recover			
Wolfpackin'			
Young Connections to Recovery	1		

### 13/42 homegroups present



#### Capital Area Service Committee

Name/Position: Craig R/ ASC Chairperson

Date: February 5, 2023

#### Greetings-

During our monthly admin meeting, we review the recent and upcoming ASC meetings for any issues and ways to improve our service to you.

- We had a fantastic first Clean Time Celebration and Potluck!! We had 23 members show up for a couple of hours of fellowship, games, food and celebration of recovery, our diversity and clean time! Everyone brought a dish or dessert. It is definitely off to a great start and can help build unity by providing an opportunity to celebrate monthly anniversaries and anyone who picked up a key tag. This was a good facility to utilize as we go forward
- With the lack of subcommittee chairs or an alternate ASC chairperson I have been working with H&I and PR; H&I orientation completed last month, and Monday January 30 has provided over 20 new members for H&I service; restarted the meeting at NCCIW on Feb 2; awaiting restart of meeting at Holly Hill in February
- PR task team completed presentation at SouthLight and new treatment center (New Waters) here in Raleigh; the treatment center is requesting an H&I meeting
- We received a verbal complaint from Fairmont United Methodist church regarding how the room was left from the last event on Dec 31. Also, our meetings are not doing a good job of leaving the rooms we use clean. I ensured the church secretary that I would bring it to everyone's attention. We should always leave the room in better condition that we found it

I consider our service to you as a partnership and all of us serving together in unity, to carry our message. We need each other and we need you to help us help you and your homegroup. At any time, your needs are not being met, please speak up.

Craig R

#### Good Afternoon:

Past month's activities:

- 1) Attended the mid-month executive body meeting
- 2) Beginning to coordinate with the Area Chairperson for updating on the status of area concerns
- 3) Investigated a site for possible future CASC meetings.
- 4) Reviewed any updates needed in the policy manual
- 5) Policy subcommittee meeting will be held at 12:30 before CASC meeting virtually
- 6) No printed policy manuals on hand but updated policy manuals are available on the area site.
- 7) The current updated policy has been posted to the web site under the CASC page under the Policy Subcommittee page.
- 8) If there is anyone who is available to serve on this committee or as policy subcommittee chair, please join us and pass this invite on to others seeking to be in service.

Thank you for your confidence in choosing to allow me to serve as CASC Alternate Chairperson.

Richard J.

We had a great CAR workshop on Saturday, January 21st. Thank you to those that participated. Groups can cast their votes on the Regional website on this page https://ncregion-na.org/wsc/. Also, you can print off a tally sheet located at na.org/conference. I am also including a blank tally sheet in the minutes. The RD & AD for our Region would like to have your home group's vote by the end of March. There is also a survey that your home group can fill out, you can even fill it out as an individual. It can be found at na.org/survey and the deadline is April 1st.

If your home group needs any help with the CAR, please let me or Sebastian know.

There are upcoming CAR workshops that can be found at the same page on our regional website (<a href="https://ncregion-na.org/wsc/">https://ncregion-na.org/wsc/</a>). Additionally, the RD and AD for our Region are holding a CAT (Conference Approval Track) workshop. This will be held virtually and be on April 15th at 1pm. The zoom info has yet to be distributed. The CAT where we will discuss and give input on what we will be working on during the upcoming conference term which is generally 2 years but might become 3 years after the next WSC depending on the outcome of the vote.

Sebastian and I would like to propose that our Area host the next Regional Service Committee meeting in April. Basically what that would entail would be having the meeting take place in our geographical area and allowing the Region to utilize our virtual meeting equipment (Microphone, camera, etc). The meeting would be Hybrid and would be the first in person/hybrid RSC since before the pandemic. We would ask the Region to pay for the facility. Sebastian is looking into (pending the Capital Area's approval) hosting it at the Christ The King Church in Raleigh.

#### Here are my notes from RSC:

- -Not enough RCM's present to make quorum. So, no major motions can be voted on. There are 11 Areas in our Region.
- -Voted in new Secretary (Annette W)
- -We can get Certificates of Insurance for events held in the NC Region

Chair: Unicorn P Vice Chair: Peter V Policy: Trey C Treasurer: Mike Mc

H&I: Phil

#### Reports

-Treasurer Report:

\$6,500 in deposits since last RSC meeting. \$3,628.98 is current bank balance. We are below prudent reserve of \$5,000. We did just purchase our insurance for the year which was over \$3,000. Several checks are incoming that will put us over prudent reserve.

- -RD: RD & AD attended the SEZF (Southeast Zonal Forum) in Florida. They are busy doing CAR workshops around the Region. They are going to hold a CAT workshop online for the entire Region. They will be gathering input from groups there. There will be a national, online CAR workshop at the beginning of February.
- -AD: He has been making contacts in our region and attending ASC's in various Areas. Suggested only one of the RD/AD attend SEZF in person to save money. CAR Tally form (electronic) added to regional website. (https://ncregion-na.org/wsc/). Requesting funding for attending the WSC which is end of April, beginning of May. NAWS funds the RD, not AD's. Our region is funding his attendance. \$1,527 for airfare and hotel.
- -PR New Web Chair Ben C from our Area (our Area nominated him). PR week coming up June 3rd-9th. The Zone is going to offer funds to Areas to use for PR week.

H&I: No report given

Web Chair: No report, just elected today.

Policy: Trying to find minutes archive to pull out motions that need to be added to policy. Asking Areas if they know of something that is supposed to be in policy but isn't to let him know. Donations over prudent reserve is 75% NAWS, 25% Zone.

Area reports given.

#### Open Forum:

- -P.O. Box: \$230 for the year. Michael Mc has been Regional Treasurer for 7 years.
- -GSR assembly will be the CAT workshop. It is policy to hold one yearly.
- -How far back do we want policy chair to go to bring our policy current. Going back to 2016 was discussed since when checking the minutes going back to 2013, the oldest missing motion from policy was made in 2016. Tabled for next meeting.
- -Discussed going hybrid for future RSC's and Capital Area possibly hosting the next one. We'd like to request our Area allow the Region to use our equipment.

NEXT RSC: April 22nd at 1:00pm (Maybe hosted by Capital Area?)

If you have any questions, feel free to email me, Joe McC. at process of the proc

NC REGION WEBSITE: www.ncregion-na.org

**Upcoming Dates:** 

World Service Conference: April 30th through May 6th.

PR Week: June 3 - June 9th

WCNA 38: August 29th - September 1st, 2024 in Washington, D.C.



#### CASC TREASURERS REPORT

Date: 1/30/2023

From: Leah P, CASC Treasurer

Re: Treasury Report for the month of January 2022

#### Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- We donated \$0.00 to the World Service Office which is 40% above prudent reserve. We donated \$0.00 to the NC Region which is 60% above prudent reserve. The are three checks cleared our account from NC Region. Checks are accounted for below as the outstanding checks not cleared and on the Income and expense worksheet under the same title.
- No individual is making payments at this time.

#### January 2023 STATEMENT

The beginning balance on 1/02/2023 was: \$ 3,143.59 Deposits totaled: \$ 673.34

Checks and deductions totaled: \$ 1,954.73 - See attached detailed Income & Expense Report

Ending balance on 1/30/2023: \$1,862.20 See attached PNC Bank Statement

Outstanding checks not cleared: \$ 100.00 - Available balance on 1/30/2023: \$ 1,762.20

This available balance puts us \$0 BELOW the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$0 donation to World or and a \$0 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

#### Leah P., CASC Treasurer

#### Attachments:

- Income & Expense reports (with budget draft)
- PNC Bank Statement through 1-30-23
- Pay Pal Activity Statement
- Home Group Donations
- Cash App Statement

## Capital Area NA Treasurers Report Income Expense

Beginning Balance:	1/20/2023	\$3,143.59			Period	l: 1/2/23 -1/30/2023	
Type of Deposit/debit	Date	Amount	Notes	es Description			
Group Donations	1/20/2023	\$673.34		Group donations received during the Month			
Total Income/ Revenues		\$673.34					
	-	Expense S		,			
Type of Bill or Payment SUB COMMITTIES	Date	Check #	Amount	Notes		Policy Description	
H&I Committee					l		
H&I Literature			\$185.58			H&I Literature - \$190	
H&I Office Supplies			<b>\$103.30</b>			H&I - Office Supplies	
H&I Learning Day one per year					One L	earning Day - per Policy \$200	
PR and Website						Town Hall	
Phone Line - Auto Draft Monthly	5th monthly	AD			Varie	es slightly - averages \$30.93/	
Twilio	Ser moneny	7.5	\$10.84	1		new phone line service	
			\$10.04		Varia	<u> </u>	
Meeting Directories	1 4 611			<u> </u>	varie	es slightly - Quarterly Printing	
Website - Auto Draft Go Daddy	16th monthly	AD		ļ		On Auto draft	
Text Blasting-Auto Draft Monthlly	9th monthly	AD	\$16.00			Autodraft-TEXTEDLY.COM	
PR Literature					\$75 I	Monthly Budget-\$65 facebook	
PR Chair Travel Expenses							
Car Workshop			\$100.00		<u> </u>	Monthly allocation per policy	
Coolers/Coffee Pot. Approved by gsr					\$30 Monthly allocation per policy		
Activities Committee available			\$117.91		\$500 F	or Area Anniversary Function(s)	
AREA SERVICE COMMITTE							
Fairmont United Methodist Church	1st monthly		\$100.00			ASC - Rent	
Secretary					Varies slightly		
Treasurer - Office Supplies					Checks Replenished/Harland Clarke		
Treasurer -Storage Rent	9th monthly	AD	\$108.95			Security Self Storage	
Chairperson							
RCM Travel/ Expenses						Refund Receipts	
Bank Fees		AD			Sei	rvice charge - Bank Account	
Mail Box - Due yearly on March 31st					CAS	C Mailbox at Cameron Village	
Misc. ZOOM and Website							
ZOOM			\$11.99				
Regional Donations - 60% - CRNA			\$1,303.46			Per Policy	
World Donations - 40% - NAWS			42/555115		V	World Donation Per Policy	
Total of All Expenses			\$1,954.73		 		
Revenue		\$673.34	, ,	•			
Beginning Balance:		\$3,143.59					
DIFFERENCE: Income-Expenses		-\$1,281.39		•		<u>.</u>	
Ending Balance		\$1,862.20					
	Previous	Month's Chec	ks Not Yet Cl	eared			
Check Payable to:	Date	Check #	Amount				
Regional		2019	\$50.00		St.	. Ambrose Town Hall	
Fairmont United Methodist Church		2020	\$50.00	ł		-	
World Donations		TOTAL:	\$100.00				
Available Balance		\$1,762.20	<u> </u>				
Prudent Reserve- Per Policy		\$1,800.00					
Amount Above/ Below P.R.		-\$37.80	l				



Account Activity Monday, January 30, 2023

**Business Checking** 

Available Balance: \$1,862.20

#### **Account Summary**

Available Balance:	\$1,862.20	Interest Paid to Date:	\$0.00
Ledger Balance:	\$1,782.20	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$24.25 01/23/2023
Pending Deposits:	\$80.00	Last Statement Balance:	\$3,143 <b>.</b> 59 12/30/2022

#### **Account Details**

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	RALEIGH, NC 27604 - 9689

#### **Pending Transactions**

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
01/30/2023	ACH DEP PAYPAL PAYPALSD11		\$80.00

#### **Posted Transactions**

Date	Description	Withdrawals	Deposits	Balance
01/24/2023	RECURRING DEBIT CARD XXXXX TWILIO INC TWILIO.COM CA	\$10.84		\$1,782.20
01/23/2023	CHECK 2018 086161562	\$100.00		\$1,793.04
01/23/2023	DEBIT CARD PURCHASE XXXX WALMARTCOM XXXXX6546 AR	\$53.62		\$1,893.04
01/23/2023	DEBIT CARD PURCHASE XXXX WALMARTCOM XXXXX6546 AR	\$64.29		\$1,946.66
01/23/2023	ACH CREDIT XXXXX0821 PAYPAL TRANSFER		\$24.25	\$2,010.95
01/19/2023	RECURRING DEBIT CARD XXXXX ZOOMUS XXXXX9666 WWWZOOMUS CA	\$11.99		\$1,986.70
01/19/2023	DEPOSIT XXXXX0769		\$164.00	\$1,998.69
01/18/2023	VISA MONEY TRANSFER C XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX		\$13.00	\$1,834.69
01/09/2023	CHECK 2017 083273332	\$50.00		\$1,821.69
01/09/2023	CHECK 2008 083273333	\$50.00		\$1,871.69
01/09/2023	RECURRING DEBIT CARD XXXX	\$16.00		\$1,921.69
01/09/2023	RECURRING DEBIT CARD XXXXI PY Security Self Stor XXXXX9038 NC	\$108.95		\$1,937.69
01/09/2023	ACH CREDIT XXXXX3714 PAYPAL TRANSFER		\$40.00	\$2,046.64
01/09/2023	VISA MONEY TRANSFER C XXXX VIS 0106 CASH APP*CASH OUT Visa Direct CA		\$88.00	\$2,006.64

01/09/2023	VISA MONEY TRANSFER C XXXX VIS 0106 CASH APP*CASH OUT Visa Direct CA		\$73.00	\$1,918.64
01/05/2023	ACH CREDIT XXXX		\$20.00	\$1,845.64
01/04/2023	VISA MONEY TRANSFER C XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX		\$51.00	\$1,825.64
01/03/2023	CHECK 2016 084674533	\$158.51		\$1,774.64
01/03/2023	CHECK 2015 084674546	\$117.04		\$1,933.15
01/03/2023	CHECK 2014 084674545	\$1,027.91		\$2,050.19
01/03/2023	DEBIT CARD PURCHASE XXXX NAWSCHATSWORTH XXXXX9999 CA	\$185.58		\$3,078.10
01/03/2023	ACH CREDIT XXXXX PAYPAL TRANSFER		\$120.09	\$3,263.68

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning	25	\$25	Pride in Recovery			Unity in the Mornings	88	\$88
Came to Believe			Principles B4 Personalities	30	\$30	Way to Grow Group	50	\$50
Candlelight Recovery			Recovery at noon			We Do Recover		
Daily Reprieve			Recovery In the Hood	40	\$40.00	Wolfpacking		
Experience, Strength, and Hope			Resdiscovery thru recovery			Young Connections in Recovery		
Faith Thru Principles	20	\$20	Serenity In The Morning	10	\$10		73	\$73.00
Freedom Through Recovery			Simple Solution				51	\$51
I Can't, We Can			Southside Recovery				13	\$13.00
In From The Storm			Spiritual Change					
Ladies Night Out			Spiritually Connected	29	\$29			
Let the Healing Begin			Staying Alive					
Life on Life's Terms			Sunday Serenity Group					
Lunatic Fringe			The Journey Continues					
Mid Day Miracles			The Primary Purpose Group	120.09	\$120.09			
NA at Noon	24.25	\$24	Thursday Nite Lit	100	\$100			
Never alone Never Again			Together We Can					
New Beginnings			Trust the Process					
Peace in the AM			Tuesday Night Live				•	
1/2/2023	3	•	Home Group Donations		\$673.34	Total Other Income		
, ,						Total Income	\$67	73.34

Q Search by name or email



## Filter by

Date: This Month

## **Completed**

Last week

<u></u>	
(FV	

## PNC BANK, NA Jan 26 · Transferred, expect by Jan 30

- \$80.00



## Joseph 🗲 Jan 26 · Money Received "Thursday Night Lit"

+ \$80.00

2 weeks ago



## PNC BANK, NA Jan 21 · Transfer to Bank

- \$24.25



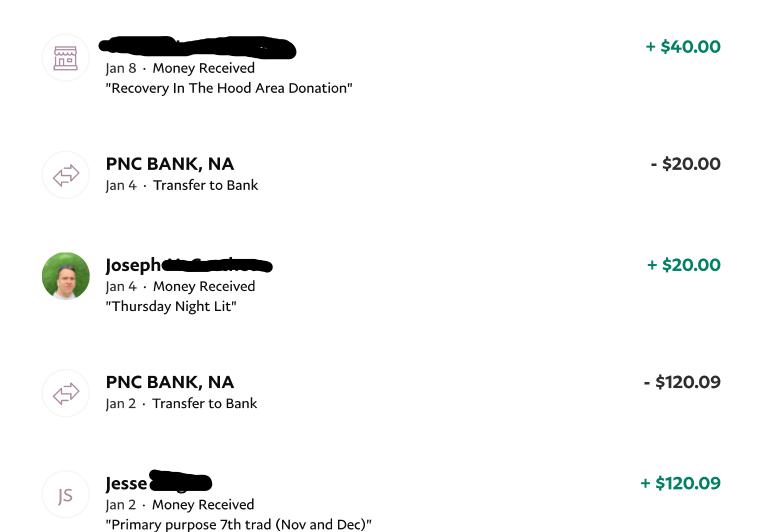
## **Shawn** Jan 21 · Money Received "NA@Noon 7th Tradition for Dec. 2022"

+ \$24.25



## **PNC BANK, NA** Jan 8 · Transfer to Bank

- \$40.00





Account Activity Wednesday, February 01, 2023

### **Business Checking XXXXXX**

Available Balance: \$8,016.39

#### **Account Summary**

Available Balance:	\$8,016.39	Interest Paid to Date:	\$0.00
Ledger Balance:	\$8,016.39	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$871.16 01/03/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$8,016.39 01/31/2023

#### **Account Details**

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	7056
Address:	

#### **Pending Transactions**

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
	You have no per	nding transactions	

#### **Posted Transactions**

Date	Description	Withdrawals	Deposits	Balance
01/03/2023	DEPOSIT XXXX		\$871.16	\$8,016.39
01/00/2020	DEL COLL MOOO		φονιτιο	ψο,ο το.

## February 2023 Secretary Report

	Hello	Capital	Area.
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I have nothing to report at this time. This concludes my report.

Kind Regards,

Jason S. Alternate Secretary Good afternoon family.

Greetings from your Unity Ad Hoc. Hope all is well. We are in the final stages of planning our area anniversary and Unity Day which is scheduled for February 18<sup>th</sup> from 11:00am-10:00pm. We are expecting a full day of topic discussions and enlightenment on how we can increase area unity and improve our service deliveries.

During the evening we have your Sponsor/Sponsee, Homegroup Lip Sync as your entertainment. We need ACTS for the evening so please get with your "net that works" (Network) and come out and entertain. The entertainment is contingent on member participation. We want to be prudent with our funds and sending money for a DJ just to listen to music while we dine does not meet the standards of the Seventh Tradition

We have submitted a proposal for \$400.00 to cover the cost of this event.

\$100.00 Rent

\$70.00 DJ

\$230.00 Food, Beverages, Cutlery,

Agenda

**ASC Progress** 

Website Presentation

Phoneline

Town Hall Discussion 2nd Concept, 2nd Tradition:

Money Matters IP #24

Safety in meetings/ Disruptive & Violent Behavior IP

Break

Open Forum, Ideas, Q&A,

Anniversary (Dinner, Lip Sync)

We look forward to seeing each of you during the day and into the evening.

Chris G.

# **CASC New Proposal**

- ► Complete all required fields
- ► Answer 'n/a' if a field is required but not applicable
- ► Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Proposed by *
Unity Ad Hoc
What is being proposed? *
Allocate \$400.00 for Area Anniversary/Unity Day
Reason for the proposal *
Fulfill proposal passed by ASC
Intent *
Promote unity and awareness on area activities

Google Forms

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## **CASC Service Resume**

- ► Complete all required fields
- ► Answer 'n/a' if a field is required but not applicable
- ► Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit <a href="www.CapitalAreaNCNA.com">www.CapitalAreaNCNA.com</a> for more info on Capital Area NA and the Capital Area Service Committee.

Name *
Toi Rutherford
Clean date *  MM DD YYYY
11 / 21 / 1994
Street address and city/state/zip *
Phone number(s) *

Email address *
Service position you are interest in *
Chairperson
O Vice Chairperson
○ Treasurer
Alternate Treasurer
Secretary
Alternate Secretary
Regional Committee Member (RCM)
Alternate Regional Committee Member (RCM)
Hospitals & Institutions (H&I) Chair
O Public Relations Subcommittee Chair
O Policy Subcommittee Chair
Outreach Subcommittee Chair
Activities Subcommittee Chair
Outreach Subcommittee
Convention Subcommittee Chair
Other:

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position?	*
Yes	
○ No	
O n/a	
Do you understand the responsibilities defined in CASC policy for this position? (Visit <a href="https://capitalareancna.com/area-service-committee">https://capitalareancna.com/area-service-committee</a> to access the latest version of the CASC Policy Manual.)	*
Yes	
O No	
List all home group services position you have held and dates served. *	
treasurer, GSR.	********
List all area service committee service position you have held and dates served. *	
Convention Committee1995-1997 hospitality	
Convention Committee 2010 programming Hospital, and institutions chair person 2007 or 2008	
I think I done remember honestly	**********
List all regional service committee service position you have held and dates served. *	
None	***************************************

List all world service committee service position you have held and dates served. *  None
Were all home group, area, regional and world service positions held completed? *
Yes
○ No
O n/a
If you answered 'no' to the previous question then please explain fully. *
Yes I have completed my commitments
Are you financially stable? *
Yes
O No
Can you travel if/when required by this service position? *
Yes
○ No

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## **CASC Service Resume**

- ► Complete all required fields
- ► Answer 'n/a' if a field is required but not applicable
- ► Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *  Donald D.
Clean date *  MM DD YYYY  11 / 15 / 1992
Street address and city/state/zip * 27613
Phone number(s) *

Email address *
Service position you are interest in *
Chairperson
○ Vice Chairperson
○ Treasurer
Alternate Treasurer
○ Secretary
Alternate Secretary
Regional Committee Member (RCM)
Alternate Regional Committee Member (RCM)
O Hospitals & Institutions (H&I) Chair
O Public Relations Subcommittee Chair
O Policy Subcommittee Chair
Outreach Subcommittee Chair
Activities Subcommittee Chair
Outreach Subcommittee
Onvention Subcommittee Chair
Other:

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position?  Yes  No  n/a	*
Do you understand the responsibilities defined in CASC policy for this position? (Visit <a href="https://capitalareancna.com/area-service-committee">https://capitalareancna.com/area-service-committee</a> to access the latest version of the CASC Policy Manual.)   Yes  No	*
List all home group services position you have held and dates served. *  [will give verbally at ASC]	
List all area service committee service position you have held and dates served. *  [will give verbally at ASC]	
List all regional service committee service position you have held and dates served. *  [will give verbally at ASC]	

List all world service committee service position you have held and dates served. *  [will give verbally at ASC]
Were all home group, area, regional and world service positions held completed? *
<ul><li>Yes</li><li>No</li><li>n/a</li></ul>
If you answered 'no' to the previous question then please explain fully. *  n/a
Are you financially stable? *
<ul><li>Yes</li><li>No</li></ul>
Can you travel if/when required by this service position? *
<ul><li>Yes</li><li>No</li></ul>

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