

GSR CHEAT SHEET

- **24/44 home groups** had GSRs in attendance.
- **1 Regional proposal** passed
- **1 proposal** passed; **1 motion** failed
- **Another round of CASC elections will take place at July CASC - all service resumes due by June 17, sent out by Alt-Secretary on June 18**
- **Convention Subcommittee officers/subcommittee chairpersons to be voted on at the August CASC - resumes due to CASC Secretary by July ASC**
- **Homegroups to brainstorm** approaches to address "Issue #2" from the Planning Day - more information below.
- **One motion** sent back to homegroups
- **Open NA meetings at Healing Transitions** need support from experienced members
- **Home Group Speaker Swap** needs homegroup participation <https://capitalareancna.com/hgss>
- **CASC will be hybrid** until GSRs decide differently
- **06/24/2023** will be the "**Living in Harmony With Our World**" Unity Day
 - Ad-Hoc meets every Wednesday at 7pm on Zoom if you want to help plan! Same Zoom info as CASC meeting
- **06/24/2023** will be the **next Monthly Clean Time Celebration Potluck** (combined with the **Unity Day**)
- **2023-2024 CASC meetings being scheduled - stay tuned for date**
- Next CASC is planned for **July 2nd, 2023**; the 2023-2024 CASC meeting schedule is being created - you will be notified if this changes

• **Opening**

- Opening prayer
- Concept of the month/ 6th
- Vision for NA Service
- ASC Purpose

"Workhorse" of the service structure—maybe that's the best way to describe the area service committee. Most of the hands-on work of delivering NA services to the groups and the community occurs at the area level. Area service committees are ultimately responsible to the groups they serve. Narcotics Anonymous groups send group service representatives (GSRs) to serve on the area committee. While still maintaining final responsibility and authority for area services, they invest enough delegated authority in their GSRs—and through them, in the area committee—for the necessary work to get done. NA groups also send money to the area committee, money needed to coordinate panels, maintain phonelines, and conduct public information activities. Through their contributions of money and manpower, the groups exercise both their responsibility and their authority for NA services.

- Roll call
 - CASC Officers and Subcommittee Chairs
 - GSRs (or alt. or proxy)
- Agenda review

Note: New motions/proposals need to be submitted prior to start of new business

Officers	Name & contact info	✓	
Chair	Craig R. [REDACTED] <i>Elected this CASC</i>	✓	
Vice Chair	Richard J. [REDACTED] <i>Elected this CASC</i>	✓	
Treasurer	Leah P. [REDACTED] <i>Vacant after this CASC - submit a service resume if you are interested in this position</i>	✓	
Treasurer Alt.	<i>VACANT - submit a service resume if you are interested in this position</i>		
Secretary	<i>Elected this CASC</i>		
Secretary Alt.	Jason S. [REDACTED] secretary@capitalareancna.com <i>Vacant after this CASC - submit a service resume if you are interested in this position</i>	✓	
RCM	Joe M. [REDACTED]		
RCM Alt.	Sebastian D. [REDACTED] admin@capitalareancna.com <i>Vacant after this CASC - submit a service resume if you are interested in this position</i>	✓	

Subcommittees	Chair name & contact info	✓	
H&I	Toi R. [REDACTED] <i>Elected this CASC</i>		
Public Relations	<i>VACANT - submit a service resume if you are interested in this position</i>		
Policy	<i>VACANT - submit a service resume if you are interested in this position</i>		
Outreach	Donald D. [REDACTED] <i>Vacant after this CASC - submit a service resume if you are interested in this position</i>	✓	
Activities	Shahid W., [REDACTED] <i>Elected this CASC</i>	✓	
Convention	<i>VACANT - submit a service resume if you are interested in this position</i>		

Home Group	GSR info	✓	
A New Beginning	James H	✓	
A New Way to Live			
Basic Text Study Group			
Came to Believe			
Candlelight Recovery			
Daily Reprieve			
Experience, Strength, and Hope			
Faith Through Principles	Robin S	✓	
Freedom Thru Recovery	Sarah	✓	
I Can't We Can			
In From The Storm	Annette	✓	
Ladies Night Out			
Let The Healing Begin			
Life On Life's Terms			
Lunatic Fringe			
Mid Day Miracles	Julius	✓	
NA at Noon	Leitha & John	✓	
NA Way	Stephie	✓	
Never Alone Never Again			
New Beginnings			
Peace in the AM	Janice	✓	
Pride in Recovery			
Principles B4 Personalities	Aaliyah	✓	

Home Group	GSR info		
Recovery at Noon	Willy	✓	
Recovery in The Hood	James L	✓	
Rediscovery Thru Recovery	Ben M	✓	
Serenity in the Morning	Bonnie	✓	
Simple Solution			
Southside Recovery	Donna N	✓	
Spiritual Change	Weezy	✓	
Spiritually Connected	Karen	✓	
Staying Alive	Nick	✓	
Sunday Serenity Group	Tammy	✓	
The Journey Continues	Delphyne	✓	
The Primary Purpose Group	Elizabeth D	✓	
Thursday Night LIT			
Together We Can	Sue B	✓	
Trust The Process	Chris G	✓	
Tuesday Night Live			
Unity in the Mornings	Jennifer O	✓	
Way to Grow Group			
We Do Recover			
Women of Substance	Sarah	✓	
Young Connections to Recovery			

24/44 homegroups present

* updated from 45, because "Wonderful Women Staying Alive" is not a separate homegroup from "Staying Alive"

● Old Business

- Approval of CASC minutes from previous month
 - None opposed to approving May's minutes
- Homegroup vote on the **regional** motion to fund regional delegates for World travel
 - **Passed: 15-1-2**

● Home Group Q&A and Concerns

- Welcome any new GSRs/Alternate
 - John – NA at Noon
 - Robin
 - Sue – Together We Can
 - Tammy – Sunday Serenity
 - Shonna – Sunday Serenity
 - Annette – In from the Storm
 - Marilyn – visiting ASC
 - Toya – visiting ASC
 - Karen – Filling in for Toi as Alt H&I Chair
 - Jessie N – nominated herself as Area Mentor for GSRs
 - Brendan – visiting ASC

● Officer Reports

- Chair - Craig R.
- Vice Chair - Richard J

- Treasurer - Leah P.
- Treasurer Alternate - **VACANT**
- Secretary - **VACANT**
- Secretary Alternate - Jason S.
- RCM - Joe M.
- RCM Alternate – Sebastian D

- **Subcommittee Reports**

- Hospitals & Institutions – Toi R. (presented by Alt. Chair Karen)
- Public Relations - **VACANT**
- Policy - **VACANT**
- Outreach – Donald D
- Activities – Shahid W
- Convention - **VACANT**

- **Ad Hoc Reports**

- Unity Day/ Chris G

- **Report Notes**

- **Chair:**

- During the Planning Day, we didn't get to brainstorming approaches to achieve our goals for Issue #2.
- Homegroups should go back and discuss Issue #2 and brainstorm approaches to get us to the goals identified

- **Issue #2: Area Structure is rigid**

- **Goals:**

- **Service delivery is flexible**
- **Having a service structure that focuses on outcomes instead of processes**

- We don't have a PR chairperson, but we do have a PR task team. Discusses via Whatsapp (no standing meetings), can see Craig or Sebastian to get involved for presentations.

- *Doing a presentation at NCSU for a professor's class*

- Darrel to be added to minutes recipients list – *I didn't get Darrel's email though, so if you know him/see him, send it my way!*

- **Treasurer:**

- Question: When will you know the aggregate donations from Area (moneys from today)?

- Today: Brought in \$578, typically \$600-650 in a month

- Question: When will we know our average expenditure from the year?

- Typically \$200-300 expenditures in a month

- Comment: Keep it Simple has a donation to make

- Will be resolved separately not during Area

- Question: Anything out of place from this report compared to other months?

- Response: No.

- **RCM-A**

- Question: Where is the World Convention in 2024?

- Response: DC

- **H&I Report (Presented by Alternate)**

- *H&I report not submitted before Area – attached now.*

- **Question:** Is it worthwhile exploring with Wake County Detention how we can increase how many people can pass a background check for them?
 - Wake Detention has reached out to us – PR has done two presentations with them
 - We're going to the Hammond Road detox facility during the day
 - **Comment:** Still in a waiting process for waiting on their contact to get back to us. We're ready on our end
 - **Question:** Is this a co-ed meeting?
 - Yes
- **Question:** Is there a clean-time requirement for H&I?
 - Response: Yes, 3 months to be a panel member

- **Activities:**

- We have a monthly clean-time celebration and potluck every last Saturday of the month at 6pm at Christ the King Church
- Kids are invited to the clean-time celebration, as well as family members
- **Question:** Will this continue past June (because of elections?)
 - Response: Yes. Still the last Saturday of the month regardless of Activities staffing.
- **Question:** Should we combine the potluck and the Unity Day on the same day?
 - Some have discussed it; Activities Chair has not been included in this discussion
 - **Comment:** We shouldn't combine the two events because addicts are expecting it at same-time-same-place
 - **Activities + Ad-hoc decision: The Unity Day and Monthly Potluck for June will be combined.**

- **Unity Day Ad-Hoc:**

- Ad-hoc meets for planning every Wednesday night at 7pm – please participate!
 - Virtually on Zoom – same Zoom info as the monthly CASC meeting on the website
- **Question:** Can individuals help out the day-of?
 - Response: Yes! Contact Chris. G
 - *One individual's info passed on to Chris G.*
- **Question:** What kind of donations?
 - Food and financial, as well as NA *paraphernalia*
- **Question:** Where is the meeting every Wednesday?
 - It's on Zoom – same info as for Area
- **Question:** Why is this not being conducted by Activities?
 - Because homegroups decided in the motion to make the event from an ad-hoc
- **Question:** Do we know how many people would like meat alternatives?
 - Response: No, we don't. Individuals interested in supply vegetarian/vegan food options are welcomed

- **Question:** Admission to attend the event?
 - Response: No, just food at cost
- **Question:** Is this closed to NA members? Or family event?
 - Response: Based on the original proposal of a family celebration, thinking yes to having it open to family
- **Question:** Have you reached out to “therapeutic community” to ensure we have newcomers attending?
 - Response: Will be reaching out to some recovery houses
- **Question:** Any way people can donate to have the newcomers have a free experience (NA texts, food, etc.)
 - Response: Donations welcome. Want to make sure no one goes away hungry
- **June 24th, 10am – 9:30pm. Greenwood Forest Baptist Church. More details on Capital Area event calendar**

- **New Business**

- Welcome new home groups joining Capital Area NA of NC (if any).
 - Serenity in the Morning is proposing adding they have a hybrid meeting once a week.
 - Don't need Area approval for this – will submit to web admin
- Last call for new motions, proposals, and service resumes.
 - 3 resumes submitted during Area – described further below.
- **Motion:** Homegroup format going hybrid (does not need to be brought to Area – group informed of their autonomy)
- **Motion:** Change policy from “All election nominations must go back to the groups one month before elections unless the position has been vacant for three or more consecutive months.” to “All election nominations and resumes must go back to the groups (**Full motion attached**)
 - **Changes policy, so this goes back to homegroups**
 - The distinction is that as opposed to only newly vacated
 - Admin comment: We recommend that the resumes that weren't sent out already will be *heard* today, but still sent back to be voted on next month.
 - This motion would only take effect next month, anyway
 - Question: If this passes, all resumes would have to be sent back no matter what/when?
 - Yes.
- **Proposal:** For this year only, have Convention officers (other than the chair) have resumes be sent back to homegroups. Want to have more homegroup participation and have those interested get involved. Would be elected by ASC
 - **Comment:** Resumes would then need to be in by July ASC. Homegroups would have July to review resumes and then vote in August
 - **Comment:** We still haven't received an expense report/audit from the Convention subcommittee for the last convention.
 - **Comment:** This motion would make it impossible to plan the Convention
 - **Comment:** Convention subcommittee guidelines are online, and there is a timeline for this, already laid out. This would not crunch the timeline too much.
 - **Question:** Is this for all subcommittees or just Convention?
 - just Convention
 - **Comment:** We have done this previously once. We often have the same people participating in leadership roles and it would be helpful to get new people involved
 - **Comment:** We don't currently have anyone on the convention committee, so this would be useful for “resetting” to have GSRs elect the convention body.
 - **Comment:** People are already aware of the convention committee, and if they were interested they would be here
 - **Comment:** If it goes back to homegroups (which it doesn't have to), then we wouldn't vote until September
 - **There were a series of votes about this with mixed participation based on understanding. Results of the first vote that GSRs decided to uphold: Vote: 11 in favor, 8 opposed. Proposal passed.**
- **Motion:** Close down Area Zoom meetings so that more **GSRs** will attend.
 - **Proposed by:** A New Beginning
 - **Comment:** We should continue Zoom for the ASC

- Comment: Making the meeting more inaccessible does not make more members attend.
- Comment: Zoom worked during the pandemic, but most groups are in person now. GSRs should be in person
- Question: How does having people on Zoom hurt people in person?
 - No answer
- Question: Didn't the Area purchase equipment to facilitate online meetings?
 - Yes
- **Vote: 4 in favor, 1 abstain, 20 opposed**
 - Motion not supported – hybrid will continue

- **Elections**

- All Positions Open- alternate chair, alternate secretary, alternate RCM, alternate policy move up automatically unless the ASC allows a challenge
- **Suggestion:** Always make the elections secret ballots, and don't have pros and cons.
 - Policy allows for secret ballot or show of hands
 - Pros and cons during elections was not appropriate before (was a mistake) so we wouldn't be continuing this
- **Suggestion:** We should have pros and cons to identify if people are qualified
 - **Audience Response:** This is accomplished by asking nominees questions

- **Chairperson**

- Richard J.
 - **Question:** Any way you feel you won't be able to handle the role?
 - Response: No, he feels good about it and has a good understanding of it from serving as vice chair
 - **Question:** Will you have effective communication, facilitation, and leadership?
 - Response: Comfortable with all of these
 - **Question:** Will you have the temperament to set the tone for area and bring the meeting back on track?
 - Response: Has the experience and qualifications to manage group discussion and doesn't believe in "my way or the highway. Would love to ride the progress we've been making and learn more about what makes people not want to participate. Important that we use our time efficiently

■ **No one opposed to the automatic move-up; Richard J elected as Chair**

- **Alternate Chair**

- Leah P
 - **Question:** How are you feeling about serving in regard to health concerns?
 - Response: No questions about it, can fulfill the position
 - Comment: Inappropriate to ask people to reveal their medical details
 - **Question:** Do you have a problem with keeping up with and updating the Area policy
 - Response: No
 - **Question:** Would you have a problem with chairing if Richard is not present?
 - Response: No problem
 - **Question:** Would you be willing to step down from H&I Vice Chair?
 - *Response given but not captured in minutes.*
 - **Question:** What is your passion for being vice chair?
 - Response: Enjoyed being on admin body, staying in the middle of recovery, being of service at Area level is feeling useful.
 - Comment: Being Treasurer isn't as hard/scary as it sounds. Won't be automatically be accused of doing something bad every month. Keep up with checks and balances to make it difficult to not be transparent. Need to know how to budget a checkbook, good at Excel, and good with a budget. If you have those, you'd be pretty good. Maybe 10 hours a month, if that.
 - **Question:** Will CashApp stay the same?
 - Response: Yes

■ **No one opposed to Leah as Vice Chair. Leah P elected as Vice-Chair**

- **Treasurer**

- *No nominee – submit a service resume if you are interested in this position.*

- **Alternate Treasurer**

- *No nominee – submit a service resume if you are interested in this position.*
- **Secretary**
 - Jason S.
 - Suggestion: don't include number of voters for people that lose elections
 - **No one opposed to the automatic move-up; Jason S. elected as Secretary**
- **Alternate Secretary**
 - *No nominee – submit a service resume if you are interested in this position.*
- **RCM**
 - Sebastian D.
 - **Question:** Does Alt-RCM automatically move up?
 - Yes
 - **Suggestion:** Sebastian should step down and let someone else serve. "It seems you're always in the middle."
 - Response: Firmly believes in rotation and hasn't held a position more than once
 - **No one opposed to the automatic move-up; Sebastian D. elected as RCM**
- **Alt-RCM**
 - *No nominee – submit a service resume if you are interested in this position.*
- **Policy Subcommittee Chair**
 - *No nominee – submit a service resume if you are interested in this position.*
- **Alternate Policy**
 - *No nominee – submit a service resume if you are interested in this position.*
- **Public Relations Subcommittee Chair**
 - *No nominee – submit a service resume if you are interested in this position.*
- **H&I Subcommittee Chair**
 - Toi
 - Not present at Area.
 - Any opposed to hearing her resume anyway with her not present? Will be simple majority to allow the vote.
 - Opposed: 4; Abstain: 3; 11 in favor
 - *Result: Toi's resume was read*
 - **Oppose for full term: 2, Abstain: 1**
 - **Toi elected as H&I chair**
- **Activities Subcommittee Chairperson**
 - Shahid W.
 - Asking to serve for a full term
 - Thanks the body for trusting him to fulfill the commitment. Looking forward to upcoming Activities. He has had the position previously and had to step down due to job taking him out of the area, but not the case now.
 - Concern: NA members should not be filmed/have their picture taken
 - Primary concern from others is getting consent before pictures/videos
 - Response: Will be more mindful of the behavior.
 - **Opposed: 0, Abstain: 0**
 - **Shahid W. elected as Activities Subcommittee Chair**
- Elizabeth E.
 - Would like to become a *member* for Activities or Convention
 - Put in contact with Shahid for Activities
- **Convention Subcommittee Chairperson**
 - **Marshelle** withdrew his resume.
 - We received a resume (attached) during Area for **Kay W.** to be Convention Chair
 - Will read resume today, then send it out for homegroups to review and vote in July
 - **Kay:**
 - **Question:** Open to new ideas and new people involved?
 - Yes. Only stepping up because someone else isn't doing it
 - **Question:** Willing to revisit convention subcommittee policy and get up to date?
 - Yes, with help from others

- **Question:** What attitude will you be bringing to the convention committee? There were concerns about past hostility
 - Response: wasn't a problem and this is inaccurate
- **Question:** Can you commit to getting us a monthly financial report on expenses and income?
 - Yes
- **Question:** Can you commit to try to get people involved that we get people involved that haven't been?
 - Yes
- **Kay's resume will go back**
- **Outreach Subcommittee Chairperson**
 - Johnny B. submitted a resume today (attached). Will go back to homegroups to be voted on at July ASC
 - **Question:** What are the responsibilities of the position? What will you actually do?
 - Response: Has worked with Donald to go out to homegroups. Open minded to learn and take direction from Donald. Has the willingness
 - Comment: These responsibilities are already outlined in policy
 - **Question:** What is it about outreach that makes you want to commit?
 - Response: Was on the committee with Donald. Gave him an opportunity to be a part of and better the Area.
- One resume was also submitted for Convention subcommittee officer positions (to be voted on at August ASC alongside other Convention subcommittee elected positions)
 - **Convention Subcommittee Programming Chair**
 - Rasheed
 - Will go back to homegroups after July ASC with others interested in Convention Subcommittee positions.

Next steps recap:

1. Homegroups to discuss Issue #2 (detailed above) and brainstorm approaches to accomplish set goals
 2. Homegroups to review resumes that are sent back (attached/included)
 - a. This includes resumes for CASC admin body and Convention subcommittee positions
 - b. Due date for resumes to be reviewed at the July ASC is **June 17th, 11:59PM**. Secretary will then send out all pending resumes to everyone on June 18th. Homegroups will have 2 weeks to review before July ASC.
 3. Homegroups to discuss motion for *all* resumes to go back, regardless of length of vacancy (full motion attached – will vote in July ASC)
 4. Individuals interested in any elected Convention Subcommittee position have until July CASC (tentatively July 2nd) to submit their resume. All positions are vacant.
- **Closing Prayer**

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Johnny B

Clean date *

MM DD YYYY

08 / 05 / 2012

Street Address/City/State/Zip *

Raleigh 27613

Phone number(s) *

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Email address *

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.....

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other:

If the position you are interested in is **not** an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

GSR, Alt GSR, Treasurer

List all area service committee service position you have held and dates served. *

Convention Merchandise Chair 2019-2022;
Convention Alternate Merchandise Chair 2014-2016
H&I committee member 2023

List all regional service committee service position you have held and dates served. *

N/A

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

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Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

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CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Kay W

Clean date *

MM DD YYYY

06 / 05 / 2011

Street Address/City/State/Zip *

--

Phone number(s) *

[REDACTED]

Email address *

[REDACTED]

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: _____

If the position you are interested in is **not** an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

N/A

List all area service committee service position you have held and dates served. *

Convention Hotel, Convention Alt Chair, Convention Programming, Area Chair, Regional Chair, Regional Alt Chair

List all regional service committee service position you have held and dates served. *

N/A

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

--

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

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CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

Principles B4 Personalities

Motion seconded by (if seconded before being submitted)

Motion reads as follows *

Modify CASC policy from 'All election nominations must go back to the groups one month before elections unless the position has been vacant for three or more consecutive months'

To: 'All election nominations and resumes must go back to the groups'

Intent: *

To remove the vacancy exception for elections to any trusted servant position and engage our homegroups in the selection of trusted servants. Our home group found a lot of value in reviewing the resumes that were sent out. We believe this reinforces the partnership between the groups and ASC and can encourage others to become involved by highlighting opportunities to serve. This also helps members and groups have awareness of who their trusted servants are.

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CASC New Proposal

Secretary note: This passed. Elections will be held at the August CASC. Resumes due by July CASC.

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Proposed by *

Principles B4 Personalities

What is being proposed? *

For this service year only, that any member who wishes to serve on the Capital Area Convention Subcommittee in a trusted servant role (ie. Vice chair, secretary, treasurer, subcommittee chair) submit a resume to the ASC to be sent back to home groups. If this proposal is supported, the communications, in collaboration with the new convention chairperson, would go out that a new convention subcommittee is being formed and anyone who is interested and wants to serve in a trusted servant role can submit a resume by the July 2023 ASC meeting. The resumes would be read as current policy states, and then sent back to homegroups for review. Elections would be by the GSRs at the August 2023 ASC.

Reason for the proposal *

Our home group found a lot of value in reviewing the resumes that were sent out. We believe involving the home groups in the selection process of the convention subcommittee for this year only, since there is no subcommittee in place, would help further the reset of the convention. There has been internal strife around the convention, and we want to help move away from that. We believe engagement from the groups can help stimulate new involvement, interest, participation, and support for our convention during the year and at the event itself.

Intent *

For this service year only, have the homegroups be involved in the selection process of trusted servants for the convention subcommittee and help generate awareness, interest, and support for the convention. We want to hopefully attract new involvement.

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Capital Area Service Committee

Name/Position: Craig R/ ASC Chairperson

Date: June 4, 2023

Greetings-

On behalf of your ASC Admin committee, this report will be dedicated to a summary of the Town Hall Annual Planning Day. We were tasked with providing this to you along with any recommendations. Below is our report. Keep in mind, this is only a summary. The full details are attached.

There were 27 members in attendance including 4 virtually. We began with a presentation of what planning is in NA, some background information and how it can help us better carry the message. Ideally there are 6 steps (sound familiar?) in the planning process.

- Gather information (Scan)
- Brainstorm issues (prioritize based on what is needed the most to provide better services in helping us carry the message)
- Develop Goals (goals are the destination, well defined, measurable, prioritized based on having the most impact)
- Approaches (how we reach our goals, prioritized based on which approach would help reach the goal in the most efficient way)
- Action plans (each goal has action plan, defines tasks, resources required, timeline, leader, person tracking progress and helping ensure accountability)
- Monitor and Evaluate (frequent reporting, monitor utilization of resources, suggest course corrections if needed to stay focused on goal)

In this initial planning session, we focused on identifying issues, building goals, developing approaches while establishing priorities as related to our area and NA community. We conducted a mock practice planning session utilizing the planning steps with a fake homegroup. This was done to provide those present with a sense of how this works and can help identify issues and solutions. We then created a **vision for our area** of what we think it could look like in 5 years. From that vision we asked ourselves what is in the way of achieving that vision. Once that was completed, the audience was asked to select the issue that is the most impactful barrier to that vision. After grouping similar responses, the group selected **Groups Not Coming to Area and Area Structure is Rigid** as the top issues.

We were able to develop 2 goals to address them:

Issue #1: Groups not coming to Area

Goals:

- 75% of the homegroups attending area 75% of the time
- Area understands why groups are not participating

Approaches: See attached details

Issue #2: Area Structure is rigid

Goals:

- Service delivery is flexible
- Having a service structure that focuses on outcomes instead of process

Approaches: (we ran out of time for the use of the facility and did not get to)

Next steps are for Admin committee to present this report to you and bring recommendations for next steps to achieve both goals.

Lastly this is my last report serving as your chairperson. I sincerely appreciate your support and partnership this year. I consider my service to you to be an honor and privilege. I hope that you feel I accomplished what you asked of me- provide effective facilitation/leadership and help create an atmosphere of recovery and culture of service during the ASC meeting.

Craig R

RCM Report - June, 2023

- July Regional Service Conference
- WSC Summary of Results

I am not attending the June ASC as I am out of town at an event with my sponsor that has been planned for a long time. This is my last report as RCM. Thank you for trusting me to serve our Area this year.

Our Area will be hosting the next RSC meeting which will be held in July. The location is still being determined.

At the next RSC, we will be voting on whether the region would like to purchase the equipment to keep the RSC hybrid for the foreseeable future.

See the following link for a summary or results from the World Service Conference, including the outcome of the CAR votes. This can be found on NA.org

[https://www.na.org/admin/include/spaw2/uploads/pdf/conference/WSC 2023 Summary of Decisions 230510.pdf?fbclid=IwAR070GmlDODAZKbR29J5-dEAwhrYDaY00wbGLBcOale7xRWyruGzaAuYacQ_aem_th_ASNS5-hrUwgvv5q0SSYIVrkztpGmn-PK3Z6rF7QqJCC_FHsSygnU00eLryNwFSdtXE](https://www.na.org/admin/include/spaw2/uploads/pdf/conference/WSC%202023%20Summary%20of%20Decisions%20230510.pdf?fbclid=IwAR070GmlDODAZKbR29J5-dEAwhrYDaY00wbGLBcOale7xRWyruGzaAuYacQ_aem_th_ASNS5-hrUwgvv5q0SSYIVrkztpGmn-PK3Z6rF7QqJCC_FHsSygnU00eLryNwFSdtXE)

Secretary note: this link is included in the emails with the agenda / minutes after Area

NEXT RSC: July 29th, 1:00pm

If you have any questions, feel free to email me, Joe McC. at [REDACTED] or call me at [REDACTED]. You can also reach out to Sebastian.

NC REGION WEBSITE: www.ncregion-na.org

Upcoming Dates:

PR Week: June 3 - June 9th

WCNA 38: August 29th - September 1st, 2024 in Washington, D.C.



CASC TREASURERS REPORT

Date: 5/28/2023
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of May 2023

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- We donated \$70 to the World Service Office which is 40% above prudent reserve. We donated \$104.44 to the NC Region which is 60% above prudent reserve.
- No individual is making payments at this time.

May 2023 STATEMENT

The beginning balance on 4/30/2023 was:	\$ 2,114.61
Deposits totaled:	\$ 839.53
Checks and deductions totaled:	\$ 466.56- See attached detailed Income & Expense Report
Ending balance on 5/28/2023:	\$ 2,487.58 See attached PNC Bank Statement
Outstanding checks not cleared:	\$ <u>300.00</u> -
Available balance on 5/28/2023:	\$ 2,187.58

This available balance puts us \$387.58 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$155.00 donation to World or and a \$232.58 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

Attachments:

- Income & Expense reports
- PNC Bank Statement through 5-28-23
- Pay Pal Activity Statement
- Home Group Donations
- Cash App Statement
- Convention Committee PNC Bank Statement

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	4/30/2023	\$2,114.61				Period: 4/30/23 -5/28/2023
Type of Deposit/debit	Date	Amount	Notes	Description		
Group Donations	5/28/2023	\$839.53		Group donations received during the Month		
Total Income/ Revenues		\$839.53				
Expense Section						
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description	
SUB COMMITTEES						
H&I Committee						
H&I Literature			\$70.00		H&I Literature - \$190	
H&I Office Supplies					H&I - Office Supplies	
H&I Learning Day one per year					One Learning Day - per Policy \$200	
PR and Website						
Phone Line - Auto Draft Monthly	5th monthly	AD			Town Hall Varies slightly - averages \$30.93/ month	
Twilio			\$11.17			
Meeting Directories					Varies slightly - Quarterly Printing	
Website - Auto Draft Go Daddy	16th monthly	AD			On Auto draft	
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$17.00		On Autodraft-TEXTEDLY.COM	
PR Literature					\$75 Monthly Budget-\$65 facebook	
PR Chair Travel Expenses						
Car Workshop					\$35 Monthly allocation per policy	
Coolers/Coffee Pot. Approved by gsr					\$30 Monthly allocation per policy	
Activities Committee available					coffee pot returned	
AREA SERVICE COMMITTEE						
Fairmont United Methodist Church	1st monthly				ASC - Rent	
Greenwood Forest Baptist						
Christ The King						
St. Ambrose						
Secretary					Varies slightly	
Treasurer - Office Supplies					Checks Replenished/Harland Clarke	
Treasurer -Storage Rent	9th monthly	AD	\$110.99		Security Self Storage	
Chairperson						
Area Supplies						
RCM Travel/ Expenses					Refund Receipts	
Bank Fees		AD			Service charge - Bank Account	
Mail Box - Due yearly on March 31st					CASC Mailbox at Cameron Village	
Misc. ZOOM and Website						
ZOOM			\$12.79			
Activities Ad-Hoc Unity Day						
Regional Donations - 60% - CRNA			\$188.61		Per Policy	
World Donations - 40% - NAWS			\$56.00		World Donation Per Policy	
Total of All Expenses			\$466.56			
Revenue			\$839.53			
Beginning Balance:			\$2,114.61			
DIFFERENCE: Income-Expenses			\$372.97			
Ending Balance			\$2,487.58			
Previous Month's Checks Not Yet Cleared						
Check Payable to:	Date	Check #	Amount			
Greenwood Forest Baptist			\$100.00	Town Hall ASC April and May Pot Luck April and May		
Fairmont United Methodist Church			\$100.00			
Christ the King			\$100.00			
		TOTAL:	\$300.00			
Available Balance			\$2,187.58			
Prudent Reserve- Per Policy			\$1,800.00			
Amount Above/ Below P.R.			\$387.58			

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning	25	\$25	Pride in Recovery			Unity in the Mornings	169	\$169
Came to Believe			Principles B4 Personalities	75	\$75	Way to Grow Group		
Candlelight Recovery			Recovery at noon	115	\$115.00	We Do Recover	20	\$20
Daily Reprieve	25	\$25	Recovery In the Hood			Wolfpacking		
Experience, Strength, and Hope			Rediscovery thru recovery			Young Connections in Recovery		
Faith Thru Principles			Serenity In The Morning	50	\$50	Keep it Simple	78.5	\$78.50
Freedom Through Recovery	43	\$43	Simple Solution			New Way to Live	30	\$30
I Can't, We Can			Southside Recovery			anymous	22	\$22.00
In From The Storm			Spiritual Change			na way	8	\$8
Ladies Night Out			Spiritually Connected	80	\$80			
Let the Healing Begin			Staying Alive					
Life on Life's Terms			Sunday Serenity Group	26	\$26.00			
Lunatic Fringe			The Journey Continues					
Mid Day Miracles			The Primary Purpose Group	18.03	\$18.03			
NA at Noon			Thursday Nite Lit					
Never alone Never Again			Together We Can					
New Beginnings			Trust the Process	25	\$25			
Peace in the AM	30	\$30	Tuesday Night Live					
			Home Group Donations		\$839.53	Total Other Income		
							Total Income	\$839.53

Search

TRANSACTIONS

 Cash Out
PNC Bank \$95

 Bradley 
For Peace on the AM donation to Area + \$30

 Unity in the Mornings NA
For 7th Tradition + \$25

 Unity in the Mornings NA
For 7th Tradition + \$40

 Cash Out
PNC Bank \$78.50

 Cash Out
PNC Bank \$106

 Leah 
For 7th trad from keep it simple + \$78.50

 Unity in the Mornings NA
For 7th tradition + \$104

A 
For test + \$1

J 
On Apr 14 + \$1



New

Search by name or email



Filter by

Date: 04/30/23 to 05/24/23

Completed

2 weeks ago



PNC BANK, NA

May 14 · Transfer to Bank

– \$26.00



Jonathan [REDACTED]

May 14 · Money Received
"Sunday Serenity Group"

+ \$26.00



PNC BANK, NA

May 9 · Transfer to Bank

– \$20.00



C [REDACTED]

May 9 · Money Received
[REDACTED]

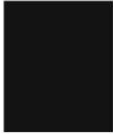
+ \$20.00



PNC BANK, NA

May 7 · Transfer to Bank

– \$30.00



Jacob [Redacted]
May 6 · Money Received
"7th Tradition for New Way to Live"

+ \$30.00



PNC BANK, NA
May 3 · Transfer to Bank

- \$18.03



Jesse [Redacted]
May 3 · Money Received
"Primary Purpose 7th trad"

+ \$18.03

Business Checking XXXXX [REDACTED] Available Balance: \$2,487.58

Account Summary

Available Balance:	\$2,487.58	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,543.58	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$56.00	Last Deposit Amount:	\$95.00 05/24/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$2,114.61 04/28/2023

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	[REDACTED]

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
05/28/2023	NAWORLDSEV	\$56.00	

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
05/24/2023	RECURRING DEBIT CARD XXXX [REDACTED] TWILIO INC TWILIO.COM CA	\$11.17		\$2,543.58
05/24/2023	ACH CREDIT [REDACTED] CASH APP * CASH APP		\$95.00	\$2,554.75
05/22/2023	ATM DEPOSIT [REDACTED] DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$50.00	\$2,459.75
05/22/2023	ATM DEPOSIT [REDACTED] DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$416.00	\$2,409.75
05/19/2023	RECURRING DEBIT CARD XXXX [REDACTED] ZOOMUS XXXX [REDACTED] WWWZOOMUS CA	\$12.79		\$1,993.75
05/16/2023	ACH CREDIT XXXX [REDACTED] PAYPAL TRANSFER		\$26.00	\$2,006.54
05/15/2023	CHECK [REDACTED]	\$84.17		\$1,980.54
05/15/2023	CHECK [REDACTED]	\$104.44		\$2,064.71
05/10/2023	ACH CREDIT XXXX [REDACTED] PAYPAL TRANSFER		\$20.00	\$2,169.15
05/09/2023	RECURRING DEBIT CARD XXXX [REDACTED] PY Security Self Stor XXXX [REDACTED] NC	\$110.99		\$2,149.15
05/08/2023	RECURRING DEBIT CARD XXXX [REDACTED] TEXTEDLY HTTPSTEXTED CA	\$17.00		\$2,260.14
05/08/2023	ACH CREDIT XXXX [REDACTED] PAYPAL TRANSFER		\$30.00	\$2,277.14
05/04/2023	ACH CREDIT XXXX [REDACTED] PAYPAL TRANSFER		\$18.03	\$2,247.14
05/02/2023	ACH CREDIT [REDACTED] CASH APP * CASH APP		\$78.50	\$2,229.11
05/02/2023	ACH CREDIT [REDACTED] CASH APP * CASH APP		\$106.00	\$2,150.61

05/01/2023

██████████ PAYMENT ██████████
NAWORLDSEV SAN JOSE CA

\$70.00

\$2,044.61



Account Activity

Friday, May 26, 2023

Business Checking [REDACTED] **Available Balance: \$8,016.39**

Account Summary

Available Balance:	\$8,016.39	Interest Paid to Date:	\$0.00
Ledger Balance:	\$8,016.39	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$871.16 01/03/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$8,016.39 04/28/2023

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	[REDACTED]
Address:	[REDACTED]

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
You have no pending transactions			

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
You have no posted transactions				

June 2023 Secretary Report

Hello Capital Area,

Since last area, we have had May's monthly clean-time potluck and our inaugural Capital Area Service Planning Day. The clean-time potluck went well and it's exciting that it's still being attended in month 6 since creating it. There is certainly room for more participation, and *all* are welcome. There is usually a surplus of food that gets taken home, so don't feel pressured to bring food to attend – just come and hang out with other addicts! The Service Planning Day also went well and it was nice to see how many people attended and engaged throughout the day. While the event appeared more like one of our town halls than specifically identifying services and budgets for the area, I think it was good practice with the planning process and we're set up to discuss our services and how we can best support them. Minutes from the Planning Day are attached.

As always, I strongly encourage people to attend Area, even if you aren't a GSR. You do not need a formal 12-month commitment as GSR to carry your homegroup's conscience to the Area body, and you don't even need to represent a homegroup to attend. It's a great way to stay in-the-know about our community and identify opportunities to get involved in more than homegroup-level service.

Kind Regards,

Jason S.

Alternate Secretary

activities report.

my name is Shahid serving as your activities chair. our potluck was a success w in its own rights. we have 2 new comers (4 and 12 days) 16 attended. it really feels good being apart of the atmosphere where the newer members are welcome on all levels. as well as the timers. moving forward our goals are to involve home group into our activity planning.



Hospital and Institutions

Greetings,

We met 6/4/23 @12:30 prior to ASC.

We had 2 new members @ Orientation, 1 new member for DOC signed up for DOC orientation. YAY!!!

We are currently in 4 facilities, Triangle Springs is asking for us to come in another night, 2nd and 4th Saturdays @7:00. We discussed having the resources to add an additional night. Asking all groups and Area to contact us if anyone is interested.

All 4 facilities have been represented today, biggest concern is creating rotation of people to serve, allowing all members to serve.

Several members of the H&I body were confused about open elections, It was not announced at the last subcommittee meeting and the body felt like H & I has just begun to work out the quirks and would like to allow more time to let everyone know in a timely manner of the elections in advance, so that members who want to serve can be contacted, allow existing Panel members time to establish a rhythm.

The body voted to have Elections in December, for all Panel members, allowing them a full 6 months of service.

All 4 facilities received literature.

A question was asked about our budget.

Our current budget is fulfilling our facilities and we will investigate the need to create a new budget in the future.

A question was asked about us going into the Men's DOC Prison.

We are going to contact Mens DOC, we have many willing members that want to serve.

The meeting was closed @1:00.

Grateful to Serve,

Karen C
H&I Vice Chair

Donald D.
Out Reach Church

This is my report for the
Month of May, Had a chance
to go to some good meetings
This month just getting in
and talking to Home group members
Trying to find out how
the AREA could help, and
make things better, one
of the things I hear a lot
is groups cannot get GSR
to come to Area on Sunday
We have a lot of groups
struggling and not getting
support, one of the things
some groups talk about is
changing the Area meeting
and having it on Sat,
I'd STAY on Sunday, It is
been great being Outreach, got
a chance to go to a lot of meetings
but I will be stepping down.

Good afternoon, Family.

Greetings from Unity Ad Hoc. All is well. Our date is upon us and we are looking forward to a day of acceptance, faith, commitment and harmony. For those principals to take place we need your support. We've planned a day that includes service and recovery related workshops and yes pop-up auctions.

Our day starts at 10:00 am with a opening speaker and will conclude at 930m pm after having a planned sit down dinner with Karaoke. We are in need of donations for our dinner, especially vegetarian or vegan dishes. We will sell hotdogs and burgers combos throughout the day for a cost of \$6.00 or you can purchase the combo and dinner for \$12.00. Dinner alone will cost \$7.00. Of course, will be accepting any financial or food donations throughout the day.

So, let's get super excited, bring your enthusiasm and karaoke skills and experience a day of harmony in our world.