

GSR CHEAT SHEET

- **15/43** home groups had GSRs in attendance at the start.
- **1** proposal passed
- **0** motions/proposals to be brought back to homegroups
- **Several** CASC service positions remain vacant. Subcommittees also need help.
- **One new meeting in Capital Area:** A New Way to Live on Mondays at 7:30PM
- **Open NA meetings at Healing Transitions** need support from experienced members
- **Town hall for service planning:** May 20th (11AM – 3PM Greenwood Forest Baptist Church)
- **Home Group Speaker Swap** needs homegroup participation <https://capitalareancna.com/hgss>
- **CASC will be hybrid** until GSRs decide differently
- **04/28/2023** will be the next **Monthly Clean Time Celebration Potluck**
- **05/07/2023** will be the next CASC meeting

• **Opening**

- Opening prayer
- Concept of the month/ 4th
- Vision for NA Service
- ASC Purpose

“Workhorse” of the service structure—maybe that’s the best way to describe the area service committee. Most of the hands-on work of delivering NA services to the groups and the community occurs at the area level. Area service committees are ultimately responsible to the groups they serve. Narcotics Anonymous groups send group service representatives (GSRs) to serve on the area committee. While still maintaining final responsibility and authority for area services, they invest enough delegated authority in their GSRs—and through them, in the area committee—for the necessary work to get done. NA groups also send money to the area committee, money needed to coordinate panels, maintain phonelines, and conduct public information activities. Through their contributions of money and manpower, the groups exercise both their responsibility and their authority for NA services.

- Roll call
 - CASC Officers and Subcommittee Chairs
 - GSRs (or alt. or proxy)
- Agenda review

Note: New motions/proposals need to be submitted prior to start of new business

• **Old Business**

- Approval of CASC minutes from previous month
 - **Approved**
- Proposal committed to Admin for a planning day in May
 - **Planning Day Round Table: Saturday, May 20th from 11am-3pm (correction from report)**
 - Question: What’s the rationale for bringing 2 people from outside the Area?
 - All of us are very invested/close to the Area, and so we can get a fresh set of eyes and professional facilitation/planning at other levels of NA service
 - Also frees up all of our area’s members to share freely without having to also facilitate
 - Question: Are these experienced NA members?
 - Yes

- Question: Who chooses these people? Is there a cost?
 - The proposal was tasked to the admin body, so the admin body's *recommendation* is two people selected by the admin body

○ **Recommendations for two external facilitators were accepted via GSR vote**

● **Home Group Q&A and Concerns**

- Welcome any new GSRs/Alternate
- Sunday Serenity will be removing mask mandate, effective through April 16th
- The NA Way needs support on Sunday nights
 - Meeting has been at 8pm – wondering if a time like 7pm would be more amenable for the Area
 - Would the location change? No.
 - Prior discussion for a different Sunday meeting has suggested that 8pm is probably too late
 - Consistency over time helps meetings grow – as well as finding the biggest gap in the current meeting schedule
 - 7pm does seem to be more ideal to one member
- Comment: A lot of meetings are struggling post-Covid – perhaps we should get back to using printed flyers
- Staying Alive will be starting a women's meeting – will be at the same time and building as the current meeting, but in a different room in the facility
- Does the Area have a designated person for making flyers for Area/homegroup events?
 - No, but lots of people are willing to help with it when a need arises
- Clarification: Recovery at Noon only meets MWF
- **April the 21st at 7pm – Trust the Process, 9 year anniversary chili dog chowdown**
- Serenity in the Morning HG – has been resurrected post-COVID, the group currently meets but does not have dedicated HG members and needs support.
 - May be possible to work with Outreach Chair to determine needs of the group
 - Important that proper authorities are involved when appropriate – NA members don't have to handle all situations themselves
 - NA has Violent and Disruptive Behavior pamphlet

● **Officer Reports**

- | | |
|---------------------------------------|----------------------------------|
| ○ Chair - Craig R. | ○ Secretary - VACANT |
| ○ Vice Chair - Richard J | ○ Secretary Alternate - Jason S. |
| ○ Treasurer - Leah P. | ○ RCM - Joe M. |
| ○ Treasurer Alternate - VACANT | ○ RCM Alternate – Sebastian D |

● **Subcommittee Reports**

- | | |
|------------------------------------|------------------------------|
| ○ Hospitals & Institutions – Toi R | ○ Outreach – Donald D |
| ○ Public Relations - VACANT | ○ Activities – Shahid W |
| ○ Policy - VACANT | ○ Convention - VACANT |

● **Ad Hoc Reports**

- Unity Day/ Stephanie G **Secretary note: position vacated after Area; Chris G. asked to resume subcommittee efforts.**

Questions about Chair Reports

Treasurer:

- Since report, \$438.64 (donations today and paypal)
- Question: Is the bank balance sheet in report with \$8k+ from Convention? Yes.
- Question: On the report, there was a \$100 payment for Greenwood forest – was this for the Unity Day?
 - Answer: yes
- Clarity provided on some line-items related to the Unity Day

RCM:

- GSRs are able to vote on Zoom during the CAT workshop

H&I:

- H&I investigating their own PayPal account to purchase their literature
- Question: Do you know where we stand with getting into Holly Hill?
 - Answer: We're at a standstill, waiting on them to let us know the exact time/day they'd like us present. They were interested, but they haven't followed up
- Question: Some of the treatment facilities that we have some open meetings at (like Women's HT) have areas that clients are not able to get into the open meeting – is it possible to have an H&I meeting there for those more restricted individuals?
 - Answer: It's a possibility
- Question: Is H&I aware of how funding is changing for Wake Brook over the next year (next Summer)?
 - Answer: H&I not entirely clear how this will affect us quite yet, but yes to awareness
- Question: When is orientation?
 - Answer: Hope is to do it at 12:30p at beginning of H&I subcommittee meeting the day of area each month
- Question: Ability to have the H&I subcommittee (and the orientation) be virtual?
 - Answer: Yes
- Best way to get individuals involved right now?
 - Answer: Contact H&I chair via phone – H&I is working on setting up an email address to get that going more formally.
- Question: What's the most common literature given out at H&I commitments?
 - Answer: IPs, fairly unanimously

Outreach Chair

- Comment: Thursday, Basic Text Study Group: the interstate will have bad traffic
- Suggestion: collect GSR phone numbers
 - Secretary response: This would be quite burdensome to keep track of if groups are not actively updating the list when their GSR changes. Not impossible.
- Feedback: Saturdays might work better than Sundays for Area meeting – perhaps we have a trial basis for another day/time
- Question: Does Chair have a plan to get to every homegroup before term is up in June?
 - Response: Chair is working with other willing individuals to be able to check out meetings as well so Outreach Chair doesn't personally have to hit every meeting themself
- Comment: There is a Unity Squad which is more of a social outreach group that allows members to travel to meetings they don't typically attend – people here may be willing to travel to meetings that might not otherwise be attended by Outreach chair
 - Note: It isn't an official Outreach group for the purposes of sitting in for group business meetings, etc.
- Suggestion: Other areas have Group Reports – not read at area, but includes information such as GSR contact, average attendees, average newcomers, amount donated, things that are working / not working.
 - Helps groups understand how/what other groups are doing
 - May be a good idea to have GSRs provide reports
 - Would be a good topic for the town hall
- Suggestion: Creating an online form for homegroup reports
 - Also propose this for town hall
- **Capitalareancna.org > Announcements > has a link for homegroup survey > can be used to provide suggestions and it'll get captured. Anything you would like to see our Area doing that we're not doing? **We could bundle that feedback and provide at May 20th town hall (11AM – 3PM Greenwood Forest Baptist Church)****

Activities Subcommittee Chair:

- Positive feedback on last potluck
- Potluck is always the last Saturday of the month

Unity Day Ad-Hoc (One Day event in June)

- Considering location and agenda that is most welcoming for newcomers in facilities / otherwise
- Location setup ideas: 3 classroom-type space + a larger space
- Minimum amount to rent a facility: \$500 to secure facility and put on the event
- Prepared to move forward

- Question: Is food involved the \$500?
 - Answer: Yes
- Question: Will food be at cost, free? Pass the basket? Receive any money from the event?
 - Answer: Proposed to have home groups provide food
 - Something like having homegroups submit what they'd like to bring
- Question: Where will money come from? Area, convention budget?
 - Response: Idea would be from the Area directly – this isn't the convention so cannot just draw from the convention budget
- Question: is \$500 all-inclusive?
 - *Response unclear*
- Question/Uncertainty: Typically the topic is what speakers would share on – is this the case with this event?
- Concern: Original proposal was based on convention members putting on the function – member(s) feel that convention subcommittee should be putting it on
- **Straw poll: Given the current uncertainty, do GSRs want to continue planning for this one-day event?**
 - **Result: 9 GSRs present in favor**
- Concern: Is the \$500 premature for not having details about what is included in this value?
- **Proposal: Coming back to Area with 3 venues with costs attached and what the amenities would be**
- **Task: An itemized budget**
- Question: How many people are you expecting?
 - Answer: Perhaps 300-500 people
 - Comment: This is likely very optimistic
- GSRs appear comfortable with the event but not the \$500 “minimum” at least without any details about facilities
- Idea: Scaling back from 1 massive room and 3 classrooms
- Feedback: Current plan for event itself seems boring – are there more engaging activities possible?
- **Next Ad Hoc meeting: Monday, April 10 at 7PM-8PM (ET)**
 - <https://us02web.zoom.us/j/4492536438>

• New Business

- Welcome new home groups joining Capital Area NA of NC (if any).
- Last call for new motions, proposals, and service resumes.

New Homegroup Motion: A New Way to Live

- Question: Will they be attending Area monthly?
 - No GSR currently but will attend in the meantime – respondent is the Regional Delegate so would not like to serve as GSR due to conflicting roles
- Response: Regular attendees, meeting for over a month
- Staying Alive seconds the motion to join the Capital Area
- **Opposed: 1**
- **A New Way to Live joins the Area – see the meeting schedule online for the most up-to-date information**

Service Resume: Policy Subcommittee Chair

- Delphyne F.
- Resume read in person
- Responsibility to keep policy document up-to-date and incorporate motions/proposals that pass
- Question: How much knowledge of computer work/skills?
 - Skilled; recently completed a computer course on Microsoft office and received a computer recently
 - This answer of “skilled” was challenged by others present
- Concern: Policy Chair has to be so aware of the policy and be able to respond in calm manner during Area, as well as have strong communication skills
- Pro: Willingness
- Pro: Can speak mind
- **Vote:**
- **In favor: 1; Opposed: 10**

- **Vote did not pass**

- **Elections**

- Nominations for open ASC positions
- Alternate treasurer
- Secretary
- Policy (has to go back to homegroups since recently vacated)
- Public Relations chairperson
- **No nominations for open positions**

- **Closing Prayer**

- *Attendance on following page*

Officers	Name & contact info	✓	
Chair	Craig R. [REDACTED]	✓	
Vice Chair	Richard J. [REDACTED]	✓	
Treasurer	Leah P. [REDACTED]	✓	
Treasurer Alt.	VACANT - submit a service resume if you are interested in this position		
Secretary	VACANT - submit a service resume if you are interested in this position		
Secretary Alt.	Jason S. [REDACTED] secretary@capitalareancna.com	✓	
RCM	Joe M. [REDACTED]	✓	
RCM Alt.	Sebastian D. [REDACTED] admin@capitalareancna.com	✓	

Subcommittees	Chair name & contact info	✓	
H&I	Toi R. [REDACTED]	✓	
Public Relations	VACANT - submit a service resume if you are interested in this position		
Policy	VACANT - submit a service resume if you are interested in this position		
Outreach	Donald D. [REDACTED]	✓	
Activities	Shahid W., [REDACTED]	✓	
Convention	VACANT - submit a service resume if you are interested in this position		

Home Group	GSR info	✓	
A New Beginning	James H	✓	
Basic Text Study Group			
Came to Believe			
Candlelight Recovery			
Daily Reprieve			
Experience, Strength, and Hope			
Faith Through Principles	Delphyne	✓	
Freedom Thru Recovery	Sarah	✓	
I Can't We Can			
In From The Storm			
Ladies Night Out			
Let The Healing Begin			
Life On Life's Terms			
Lunatic Fringe			
Mid Day Miracles			
NA at Noon			
NA Way	Stephie G	✓	
Never Alone Never Again			
New Beginnings			
Peace in the AM			
Pride in Recovery			
Principles B4 Personalities	Marilyn	✓	

Home Group	GSR info	✓	
Recovery at Noon	Kawanda	✓	
Recovery in The Hood			
Rediscovery Thru Recovery	Ben M	✓	
Serenity in the Morning			
Simple Solution			
Southside Recovery			
Spiritual Change	John	✓	
Spiritually Connected			
Staying Alive	Nick	✓	
Sunday Serenity Group	Jessie N	✓	
The Journey Continues			
The Primary Purpose Group	Elizabeth D	✓	
Thursday Night LIT			
Together We Can	Julius J	✓	
Trust The Process	Chris G	✓	
Tuesday Night Live			
Unity in the Mornings	Jennifer O	✓	
Way to Grow Group			
We Do Recover			
Wolfpackin'			
Young Connections to Recovery	Desiree	✓	

15/43 homegroups present



Capital Area Service Committee

Name/Position: Craig R/ ASC Chairperson

Date: April 2, 2023

Greetings-

During our monthly admin meeting, we review the recent and upcoming ASC meetings for any issues and ways to improve our service to you.

At the March ASC, a proposal was submitted from a home group and approved. The GSRs supported committing this proposal to the admin team. See below:

Our group proposes that the Admin body or appointed ad hoc look at establishing annual service planning sessions as a part of one of our Town Halls. The results/recommendations/ideas would be presented at the April ASC meeting for possible implementing at May Town Hall.

Intent: To help us better engage and listen to our homegroups, better carry the message through more effective and efficient services, and work towards common goals. Also, this will help us find possible new solutions to old problems.

We reviewed the proposal and have the following recommendations:

- Next Town Hall would be Saturday May 20, 2023, from 11 AM-3 PM. Location TBD
- Everyone is needed, wanted, and invited! Refreshments provided!!
- This event will be a planning session facilitated by two members from outside our area
- The day will include brainstorming and gathering your input, ideas, perceptions, prioritizing and possibly establishing a few goals as positive outcomes from the planning
- Discussions will be on improving how the ASC can better support the groups, improving the services provided and ensuring the ASC is providing the services the groups want/need (i.e. how have our services changed, what do we need to continue doing, stop doing or begin doing) and how a realistic budget can be aligned to those services
- Any and all suggestions for changes would be brought back to the ASC for approval/concurrence

I consider our service to you as a partnership and all of us serving together in unity, to carry our message. We need each other and we need you to help us help you and your homegroup. At any time, your needs are not being met, please speak up.

Craig R

RCM Report - March, 2023

- CAT Workshop April 15th
- CAR Votes - please turn in by April 15th
- Capital Area hosting next RSC in person on April 15th

The RD and AD for our Region are holding a CAT (Conference Approval Track) workshop. This will be held virtually and be on April 15th at 1pm. The CAT is where we will discuss and give input on what we will be working on during the upcoming conference term.

The zoom info is:

Meeting ID: 863 7010 0712

Passcode: 367236

<https://us02web.zoom.us/j/86370100712?pwd=ajgvL0V0V01ZSkNCV21TT3premhKZz09>

Please have CAR votes turned by April 15th at the very latest. Votes can be turned in to Sebastian, Jonathan or myself. Ideally, your group will fill it out electronically by going to ncregion-na.org/wsc/. If you'd like a hard copy of the tally sheet mailed to you, let me know and I will mail one asap.

The Capital Area is confirmed to host the next RSC on April 22nd. It will be held at Greenwood Forest Church in Cary. Address is 110 SE Maynard Rd. The RSC will be hybrid. Here is the zoom info:

<https://us02web.zoom.us/j/81187575427>

NEXT RSC: April 22nd at 1:00pm in Raleigh (IN PERSON)

If you have any questions, feel free to email me, Joe McC. at [REDACTED] or call me at [REDACTED]. You can also reach out to Sebastian.

NC REGION WEBSITE: www.ncregion-na.org

Upcoming Dates:

World Service Conference: April 30th through May 6th.

PR Week: June 3 - June 9th

WCNA 38: August 29th - September 1st, 2024 in Washington, D.C.



CASC TREASURERS REPORT

Date: 4/02/2023
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of March 2023

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- We donated \$3.18 to the World Service Office which is 40% above prudent reserve. We donated \$4.76 to the NC Region which is 60% above prudent reserve.
- No individual is making payments at this time.
- Cash App is still not functioning. I am happy to meet anyone that needs to donate or we can come up with another arrangement if there is no way to make an alternate payment.

February 2023 STATEMENT

The beginning balance on 2/26/2023 was:	\$ 1,807.94
Deposits totaled:	\$ 603.60
Checks and deductions totaled:	\$ 332.34 - See attached detailed Income & Expense Report
Ending balance on 3/27/2023:	\$ 2,079.20 See attached PNC Bank Statement
Outstanding checks not cleared:	\$ 104.76 -
Available balance on 3/27/2023:	\$ 1,974.44

This available balance puts us \$174.44 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$70 donation to World or and a \$104.44 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Treasurer

Attachments:

- Income & Expense reports (with budget draft)
- PNC Bank Statement through 3-27-23
- Pay Pal Activity Statement
- Home Group Donations
- Convention Committee PNC Bank Statement

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	2/25/2023	\$1,807.94				Period: 2/25/23 -3/25/2023
Type of Deposit/debit	Date	Amount	Notes	Description		
Group Donations	3/25/2023	\$603.60		Group donations received during the Month		
Total Income/ Revenues		\$603.60				
Expense Section						
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description	
SUB COMMITTEES						
H&I Committee						
H&I Literature			\$190.51		H&I Literature - \$190	
H&I Office Supplies					H&I - Office Supplies	
H&I Learning Day one per year					One Learning Day - per Policy \$200	
PR and Website						
Phone Line - Auto Draft Monthly	5th monthly	AD			Town Hall Varies slightly - averages \$30.93/ month	
Twilio			\$11.67		new phone line service	
Meeting Directories					Varies slightly - Quarterly Printing	
Website - Auto Draft Go Daddy	16th monthly	AD			On Auto draft	
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$16.00		On Autodraft-TEXTEDLY.COM	
PR Literature					\$75 Monthly Budget-\$65 facebook	
PR Chair Travel Expenses						
Car Workshop					\$35 Monthly allocation per policy	
Coolers/Coffee Pot. Approved by gsr					\$30 Monthly allocation per policy	
Activities Committee available					coffee pot returned	
AREA SERVICE COMMITTEE						
Fairmont United Methodist Church	1st monthly		\$50.00		ASC - Rent	
Greenwood Forest Baptist			\$100.00			
Christ The King						
St. Ambrose						
Secretary					Varies slightly	
Treasurer - Office Supplies					Checks Replenished/Harland Clarke	
Treasurer -Storage Rent	9th monthly	AD	\$110.99		Security Self Storage	
Chairperson						
Area Supplies						
RCM Travel/ Expenses					Refund Receipts	
Bank Fees		AD			Service charge - Bank Account	
Mail Box - Due yearly on March 31st					CASC Mailbox at Cameron Village	
Misc. ZOOM and Website						
ZOOM			\$11.99			
Activities Ad-Hoc Unity Day			(\$162.00)			
Regional Donations - 60% - CRNA					Per Policy	
World Donations - 40% - NAWS			\$3.18		World Donation Per Policy	
Total of All Expenses			\$332.34			
Revenue			\$603.60			
Beginning Balance:			\$1,807.94			
DIFFERENCE: Income-Expenses			\$271.26			
Ending Balance			\$2,079.20			
Previous Month's Checks Not Yet Cleared						
Check Payable to:	Date	Check #	Amount			
Regional			\$4.76	Fairmont Dec		
Fairmont United Methodist Church			\$100.00	St. Ambrose Town Hall		
World Donations						
		TOTAL:	\$104.76			
Available Balance			\$1,974.44			
Prudent Reserve- Per Policy			\$1,800.00			
Amount Above/ Below P.R.			\$174.44			

🔍 Search by name or email



Filter by

Date: This Month

Completed

2 weeks ago



PNC BANK, NA
Mar 13 · Transfer to Bank

- \$19.00



Jonathan [REDACTED]
Mar 12 · Money Received
"Sunday Serenity"

+ \$19.00



PNC BANK, NA
Mar 2 · Transfer to Bank

- \$60.00



Joseph [REDACTED]
Mar 2 · Money Received

+ \$60.00

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning	25	\$25	Pride in Recovery			Unity in the Mornings		
Came to Believe			Principles B4 Personalities			Way to Grow Group		
Candlelight Recovery			Recovery at noon	11	\$11.00	We Do Recover		
Daily Reprieve			Recovery In the Hood			Wolfpacking		
Experience, Strength, and Hope			Resdiscovery thru recovery			Young Connections in Recovery		
Faith Thru Principles	24	\$24	Serenity In The Morning			Keep it Simple	63	\$63.00
Freedom Through Recovery	57	\$57	Simple Solution			Unity Day Donation	67	\$67
I Can't, We Can			Southside Recovery			anymous		\$20.00
In From The Storm			Spiritual Change					
Ladies Night Out			Spiritually Connected	62	\$62			
Let the Healing Begin			Staying Alive					
Life on Life's Terms			Sunday Serenity Group	19	\$19			
Lunatic Fringe			The Journey Continues					
Mid Day Miracles			The Primary Purpose Group	60.6	\$60.60			
NA at Noon			Thursday Nite Lit	60	\$60			
Never alone Never Again			Together We Can					
New Beginnings			Trust the Process	35	\$35			
Peace in the AM	100	\$100	Tuesday Night Live					
			Home Group Donations		\$603.60	Total Other Income		
							Total Income	\$603.60

Secretary Note: This is the Convention subcommittee bank account, provided by the Area Treasurer for accountability purposes.



Account Activity

Monday, March 27, 2023

Business Checking XXXX[REDACTED] Available Balance: \$8,016.39

Account Summary

Available Balance:	\$8,016.39	Interest Paid to Date:	\$0.00
Ledger Balance:	\$8,016.39	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$871.16 01/03/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$8,016.39 02/28/2023

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	[REDACTED]
Address:	[REDACTED]

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
You have no posted transactions				

April 2023 Secretary Report

Hello Capital Area,

I have nothing to report at this time. This concludes my report.

Kind Regards,

Jason S.
Alternate Secretary

activities monthly report

my name is Shahid and I'm a addict, serving as your area activities chair. not a lot going on right now orher then our area monthly pot luck, which we host the last Saturday of each month. March we had around 30 people to come out and fellowship with us. we had a 8 year and a 32 year for the month of March.

thx for allowing me to be of service.

Shahid (activities chair)

Name: Toi
Position: H&I Chairperson

Greetings:

Thank you for allowing me to serve. This is our subcommittee update for the last 30 days and planned activity for next 30 days.

Elected Position:
Vice Chair
Panel coordinator
Panel leaders
Literature Chair

Facilities we served :

Triangle Springs
New Waters
Wake Brooke

Planned facilities
Wake Detention
Holly Hills

Literature expenses last month
were \$190

Number of volunteers 28 people
Thank you

Out Reach
Monthly Report For
March, 2023

This has been a great month for
out reach me and my subcommittee
Got a opportunity to attend
around ten meeting this month
we have been trying to go to
meeting that need support and
struggling. The Basic Text Study
Group that meets on Thursday
Night from 6:30-7:30 Needs support
Also = Daily Reprieve, 8:00-9:00
Let The Healing Begin = 7:00-8:00.

Thursday Night, A lot of groups
are struggling to get CSR to
come to Area. Some group or
open for the Area to be on
a different day, I will be talking
about other's concerns at the
Area meeting

Thanks Donald P.
Out Reach

REPORT TO CAPITAL AREA ASC

Date: March 28, 2023

Re: Unity Day Ad Hoc Committee preliminary report

The Unity Day Ad Hoc Committee of the Capital Area of Narcotics Anonymous was created to explore, and potentially create, a one-day Unity Day event for the Capital Area as an interim event on an off-convention year.

The Committee met formally on March 19, 2023 to communicate and collaborate in order to discover the most important elements of such a day. What emerged out of our discussions are the elements of: budget, date/time, location, and theme. We thoroughly explored the realistic possibilities for each of those elements and are prepared to offer what we believe are reachable and exciting goals to satisfy and meet those elements. I attended the Capital Area ASC Administrative Meeting on Monday evening, March 20, 2023, at the request of Craig R., and reported our ad hoc committee progress at that time.

The date we feel will best accommodate our Area for the Unity Day event we envision would be Saturday, June 24, 2023 from 11a-8p. This would allow us to have an event that can also celebrate the passing of the baton from our current ASC administrative body to the one that begins on July 1, 2023, as well as serve as that month's pot luck location. The theme we voted to present to you is: ***LIVING THE PROGRAM: HAPPY, JOYOUS & FREE.*** We will update you as to our budget proposal and location updates on Sunday, April 2, 2023 when this report is delivered at the Area Service Committee meeting.

On behalf of the Unity Day Ad Hoc Committee, we thank you for the opportunity to be of service to the Capital Area, and look forward to delivering an exciting, creative, collaborative, uplifting and unifying day filled with the atmosphere of recovery.

In loving service,
Stephie G., Unity Day Ad Hoc Committee Chair

CASC New Motion - home group joining Capital Area NA

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Home group name *

A New Way To Live

Motion seconded by (if seconded before being submitted)

Contact info for GSR (or other home group member if no GSR) *

Jacob, [REDACTED]

Home group location (facility name, physical address including room name/number, and/or online access information) *

Parkwood United Methodist Church, 5123 Revere Rd Durham NC 27713 in the fellowship hall

Special criteria for entering facility, if any

We have a greeter

Meeting days and times (e.g. Monday's 8-9 PM and Saturday's 12-1 PM) *

Mondays 730p-830p

Meeting format (check all that apply) *

- Open (all are welcome)
- Closed (addicts only)
- Wheelchair accessible
- Beginner/Newcomer
- Men
- Women
- LGBT
- Children Welcome
- Restricted Access
- Candlelight
- Smoking
- Non-Smoking
- Young People
- Basic Text
- 12 Concepts
- Discussion/Participation
- IP Study
- It Works Study
- Just For Today Study
- Literature Study
- Meditation
- Questions & Answers
- Speaker
- Step
- Step Working Guide Study

Guiding Principles Study

Topic

Tradition

Living Clean

Format Varies

Additional information / notes

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