

August 2023 CASC
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GSR CHEAT SHEET

- **25/42 home groups** (59.52%!) had GSRs in attendance.
- **1 motion passed:** Proposals to be removed from policy and motions to be used instead in all instances
- **1 new CASC Homegroup: Life Worth Living**
- **Four CASC Convention Subcommittee positions elected:** Programming Chair, Programming Vice Chair, Fundraising Chair, and Policy Chair
- **Seven service resumes for homegroups (7 Convention subcommittee officers); vote in September**
- **Two motions tabled until September;** neither *requires* being sent back to homegroups before the vote, but attaching them for early awareness.
- **Home Group Speaker Swap** needs homegroup participation
<https://capitalareancna.com/hgss>
- **CASC will be hybrid** until GSRs decide differently
- **07/26/2023** will be the **next Monthly Clean Time Celebration Potluck**
- **Next CASC will be September 10th, 2023** (not on the 4th due to Labor Day!)

• **Opening**

- Opening prayer
- Concept of the month/ 8th
- Vision for NA Service
- ASC Purpose

“Workhorse” of the service structure—maybe that’s the best way to describe the area service committee. Most of the hands-on work of delivering NA services to the groups and the community occurs at the area level. Area service committees are ultimately responsible to the groups they serve. Narcotics Anonymous groups send group service representatives (GSRs) to serve on the area committee. While still maintaining final responsibility and authority for area services, they invest enough delegated authority in their GSRs—and through them, in the area committee—for the necessary work to get done. NA groups also send money to the area committee, money needed to coordinate panels, maintain phonelines, and conduct public information activities. Through their contributions of money and manpower, the groups exercise both their responsibility and their authority for NA services.

- Roll call and Introductions
 - CASC Officers and Subcommittee Chairs
 - GSRs (or alt. or proxy)
- Agenda review
- We will be using the option of Secret ballot voting (if needed / wished)
Note: New motions/proposals need to be submitted prior to start of new business

Officers	Name & contact info	✓	
Chair	Richard J. [REDACTED]	✓	
Vice Chair	Leah P. [REDACTED]		
Treasurer	VACANT - submit a service resume if you are interested in this position		
Treasurer Alt.	VACANT - submit a service resume if you are interested in this position		
Secretary	Jason S. [REDACTED] secretary@capitalareancna.com	✓	
Secretary Alt.	VACANT - submit a service resume if you are interested in this position		
RCM	Sebastian D. [REDACTED]	✓	
RCM Alt.	VACANT - submit a service resume if you are interested in this position		

Subcommittees	Chair name & contact info	✓	
H&I	Toi R. [REDACTED]	✓	
Public Relations	VACANT - submit a service resume if you are interested in this position		Task Team (Jessie and Craig)
Policy	VACANT - submit a service resume if you are interested in this position		
Outreach	VACANT - submit a service resume if you are interested in this position		
Activities	Shahid W., [REDACTED]		Maria M.
Convention	Kay W. [REDACTED]	✓	

Home Group	GSR info	✓	
A New Beginning	Emma	✓	
A New Way to Live	Jacob	✓	
Basic Text Study Group	Kim	✓	
Came to Believe			
Candlelight Recovery			
Daily Reprieve			
Experience, Strength, and Hope			
Faith Through Principles	Robin	✓	
Freedom Thru Recovery	Maria	✓	
I Can't We Can			
In From The Storm	Annette	✓	
Let The Healing Begin			
Life On Life's Terms	Allison	✓	
Lunatic Fringe			
Mid Day Miracles			
NA at Noon	John	✓	
NA Way	Herbert	✓	
Never Alone Never Again			
New Beginnings			
Peace in the AM	The addict formerly known as Darren	✓	
Principles B4 Personalities	Here (didn't catch who this was)	✓	

Home Group	GSR info	✓	
Recovery at Noon	Willie	✓	
Recovery in The Hood	James L	✓	
Rediscovery Thru Recovery	Present (didn't catch who this was)	✓	
Serenity in the Morning	Toya H	✓	
Simple Solution	Dudley	✓	
Southside Recovery	Donna	✓	
Spiritual Change	John	✓	
Spiritually Connected	Shell	✓	
Staying Alive	Nick	✓	
Sunday Serenity Group	Tammy	✓	
The Journey Continues	Delphyne	✓	
The Primary Purpose Group	Elizabeth	✓	
Thursday Night LIT			
Together We Can	Julius	✓	
Trust The Process			
Tuesday Night Live			
Unity in the Mornings			
Way to Grow Group			
We Do Recover			
Women of Substance	Kim	✓	
Young Connections to Recovery			

25/42 homegroups present – 59.52%

- **Old Business**
 - Approval of CASC minutes from previous month
 - **July Minutes approved**
 - Eileen to be added – did not provide her email address
 - Motion to remove Proposals as an alternative to Motions which was sent back to homegroups (Policy Change)
 - 19 in favor; 1 oppose, 1 abstain
 - **Motion passes – Secretary to update Policy**
 - Confusion about who can submit motions – this can be found in policy.
 - **Suggestion: After we vote on a motion and it passes, we don't continue discussing it**
- **Home Group Q&A and Concerns**
 - Welcome any new GSRs/Alternate
 - One new GSR
 - Pride in Recovery – have stopped meeting currently
 - Homegroup concern: Having admin body have votes in “all vote” – belief that the homegroup that have a GSR and someone who serves on the admin body gets 2 votes
 - Response: Elected admin body members are not just extensions of their homegroups
 - Web Admin: We were having an interruption with our text messaging service; the web admin looked for different options with the help of other members. There will not be a change in cost. Instead of texting 33222, now when you get a text blast, you'll get it from a full 10-digit phone number which will be supplied when available. We'll revisit the service if we run into issues. You may have to sign up again, we're waiting on an approval with the phone carrier.
 - Homegroup concern: Why don't we try to have the Convention at the hotel on Wake Forest instead of looking for a new location regularly?
 - Homegroup concern: Midday Miracles is out of date now; will update to Morning Miracles (time and place changed)
 - **Secretary note: we need this new meeting information to update the website. Please contact admin@capitalareancna.com if you have the new info for Morning Miracles**
- **Officer Reports**
 - Chair – Richard J
 - Treasurer – **VACANT** (Leah P; Absent, but report submitted)
 - Treasurer Alternate – **VACANT**
 - Secretary - Jason S
 - Secretary Alternate - **VACANT**
 - RCM – Sebastian D
 - RCM Alternate – **VACANT**
- **Subcommittee Reports**
 - Hospitals & Institutions –Toi R
 - Public Relations - **VACANT**
 - Policy - **VACANT**
 - Outreach - **VACANT**
 - Activities – Shahid W
 - Convention – Kay W

Possible AD Hoc Committees for 2 goals from Planning Meeting in May

Notes on Reports:

Treasurer (No treasurer currently; Vice Chair completing duties; absent so answered by admin body overall):

- Question about the breakdown of the funds donated from Unity Day
 - Original response from secretary: this wasn't captured in the Treasurer report
 - Follow-up response from GSRs: It *is* captured in the Treasurer's report, the secretary just missed it. The report shows donations to Region and World.
- Individual concern: Why do we donate to World if Region already donates to World?
 - Response: this is what is suggested in NA fund flow, is what most areas in the World do, and allows both Region and World carry the message at their levels

Secretary:

- Question: How to find the treasurer report in the minutes?

- All minutes, reports, motions, etc. are included in the same document (when possible) – Treasurer report on pg. 6
- Also sent out before Area in the agenda + reports. The documents are labeled.

RCM

- Question: What is being suggested if quorum is removed at Region?
 - Response: Waiting to see what the final motion is before speaking to it.

H&I

- One member interested in moving forward with Women's central prison – not a question

Activities:

- Suggestion: putting on a pageant – individual will reach out to Activities chair – not a question

Convention:

- Question: what positions are available as of now?
 - All of them except Convention subcommittee chair, Alt Chair, and Alt Secretary
- Who was voted in so far?
 - Julius as Alt Chair; Sheryl as the Alt Secretary

At this point, the concern was presented that no one else should have been voted in on the Convention subcommittee – the purpose of the June proposal that set Convention elections to be decided by the ASC specified that elected positions would be elected at Area this year, not by the subcommittee. There was debate over what the proposal stated – the Convention Subcommittee Chair believed the proposal only meant that subcommittee chairs themselves on the body would be elected by the Area. This is not true; the passed proposal's original text is below.

Proposal: *For this service year only, that any member who wishes to serve on the Capital Area Convention Subcommittee in a trusted servant role (ie. Vice chair, secretary, treasurer, subcommittee chair) submit a resume to the ASC to be sent back to home groups. If this proposal is supported, the communications, in collaboration with the new convention chairperson, would go out that a new convention subcommittee is being formed and anyone who is interested and wants to serve in a trusted servant role can submit a resume by the July 2023 ASC meeting. The resumes would be read as current policy states, and then sent back to homegroups for review. Elections would be by the GSRs at the August 2023 ASC.*

Thus, elections held by the Convention Subcommittee before Area were deemed void and those elected submitted their resumes to the Area body, to be sent back to homegroups and voted on at the September CASC.

- Question: Did we change the policy that we're electing convention chairs this year, but going back to normal next year?
 - Response: Yes; the proposal dictated only for this service year to increase homegroup buy-in, further reset the convention, and move away from internal strife
 - Concern: If we're at a standstill, what are you as the Chair going to do about it? Have you contacted people with experience?
 - Response: Yes, has called and reached out; doing an email blast to announce subcommittee meeting
 - Suggestion: We don't need to force a convention through next year if it ends up being infeasible to do so.
- **New Business**
 - Welcome new home groups joining Capital Area NA of NC (if any).
 - Last call for new motions, proposals, and service resumes.
 - Ad Hoc committees for top two issues from Planning Meeting in May:
 - Asking for volunteer to facilitate an ad hoc to explore options for shifting towards a delivery-based service model instead of a policy-based one
 - Volunteers: Craig, John B, Delphyne, Linda, Sheryl, Tammy
 - **Tammy was chosen by CASC Chair in order to bring forward "new faces" involved in service**
 - Asking for volunteer to facilitate an ad hoc to investigate what could be done to help homegroups that aren't attending Area

- **Volunteer: Shell; Shell chosen for this ad hoc**
 - Previous Outreach Subcommittee Chair stated that these answers are already clear and indicated in his final report in June
 - One common issue for groups not attending is the current CASC timing of meeting on Sunday, and that Saturday may work better for these groups.
- **New homegroup motion: Life Worth Living** (motion attached in minutes)
 - In favor: 15, none opposed, none abstain
 - **Life Worth Living Meeting accepted to Capital Area;** passed to Web Admin to be added to meeting list
- **Elections**
 - Nominations for open ASC positions sent back to homegroups already
 - **Capital Area Policy Subcommittee Chairperson:** John B
 - **Does not pass**
 - **Convention Programming Chair** Rasheed S; Jessie N.
 - Rasheed is not present; 17 GSRs in favor of hearing his resume anyway, 1 opposed
 - **Jessie N. elected as Convention Subcommittee Programming Chair**
 - **Convention Programing Vice Chair** Donna N.
 - **Donna N. elected as Convention Programming Vice Chair**
 - **Convention Fundraising Chair** Willie T.
 - **Willie elected as Convention Fundraising Chair**
 - **Convention Policy Chair** Delphyne F.
 - **Delphyne elected as Convention Subcommittee Policy Chair**
- **7 new resumes submitted for Convention – will all go back to homegroups and be voted on at September CASC**
 - **Convention Subcommittee Secretary: Sheryl M. presented her resume (attached)**
 - Comment: Sheryl is thorough with policy and recovery
 - **Convention Subcommittee Vice Chair: Julius J read his resume (attached)**
 - Concern: The reason we're voting at Area is to gather new people to get involved
 - Concern: Does not believe Julius followed protocol (as Chair) when someone misappropriated funds
 - ASC Body clarified that this wasn't Julius; was someone else.
 - Question: Can you commit to bring a full expense report every month (not just the bank statement)
 - Response: Yes
 - Question: Can you commit to trying to have the Convention in Raleigh // making amends for what we did at the hotel on Wake Forest?
 - Response: Yes
 - Question: Is this about participation, accountability, and responsibility?
 - Response: Yes
 - **Convention Subcommittee Hospitality Chair: Nellene presented her resume (attached)**
 - Question: Lots of area service, but what was the most recent?
 - Tar-Roanoke Area Chair 2021; believed in the spirit of rotation
 - **Convention Subcommittee Registration Vice Chair OR Convention Information: Linda presented her resume (attached)**
 - No questions
 - Not specified which position she is applying for; both mentioned in resume.
 - **Convention Subcommittee Hotel Liaison: Jennifer G. presented her resume (attached)**
 - Question: What's your experience in contract negotiations?
 - CASC body deemed this not to be relevant to answer.

- **Convention Subcommittee Registration Chair (1/2): Annette W. presented her resume (attached)**
 - Noted that she does service work
 - Question: Would you be able to investigate an entirely online registration? Not just downloading a form?
 - Response: Willing; needs to learn
 - Question: How many people registered in previous conventions?
 - Answer: 500 people on Fridays, more on Saturdays
 - Rebuttal: Typically like 250 people have actually end up registering
 - Question: What will you do to get people involved?
 - Go to homegroups, talk about it
 - Question: Are you willing to run for another position since you've always had this same position for ~7 years?
 - Response: No
 - Question: Are you stationary?
 - Yes
- **Convention Subcommittee Registration Chair (2/2): Kim L. read her resume (attached)**
 - Comment: Wants a registration chair to pleasantly greet people; believes it is important to let people know why it's important to register and be a part of the convention.

Motion: "ASC will print 50 meeting schedules every month and the Outreach subcommittee chair will deliver 10 of those meeting schedules to home groups that are not attending the monthly area meeting."

Motion: "Capital Area Service Committee print/supply all Capital Area home groups Meeting schedules!"

- **Both of these motions committed to the PR Task Team to discuss and bring a suggestion next month**

2 motions tabled until next month (both attached); one from PR Task Team and one from Activities Subcommittee Chair. While not heard at Area, they are attached in the minutes to provide time for homegroups to review and GSRs to vote in September – neither is *required* to be sent back to homegroups.

- **Closing Prayer**

Secretary note: This resume was filled out on a paper copy that we do not use in this Area. Notes are made here accordingly.

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Sheryl M.

Clean date *

MM DD YYYY

04 / 12 / 1991

Street Address/City/State/Zip *

Garner NC

Phone number(s) *

Email address *

Email address not asked for in the form filled out

N/A

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee Secretary

Secretary note: The form simply listed "Secretary" and did not specify for the Convention subcommittee. My understanding is that it is for the Convention subcommittee, but sharing here for transparency.

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

This question was not asked on the form.

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

This question was not asked on the form.

- Yes
- No

List all home group services position you have held and dates served. *

GSR; Chair of Area; Alt RSM; RSM; Convention of Women

List all area service committee service position you have held and dates served. *

Tampa Funcoast; Capital Area; Tampa Funcoast

List all regional service committee service position you have held and dates served. *

None

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

The question on the form reads, "Are you employed full-time?"

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Julius J [REDACTED]

Clean date *

MM DD YYYY

02 / 04 / 5

Street Address/City/State/Zip *

[REDACTED] Wilson North Carolina

Phone number(s) *

[REDACTED]

Email address *

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Vice Chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

GSR group Treasurer Secretary from 05 to 2012 to Present

List all area service committee service position you have held and dates served. *

Literature Chair alt 3 years 12 to 15 Vice Chair of area 2016 area Chair 16 Convention treasurer from 18 to 21 Convention Chair 2022

List all regional service committee service position you have held and dates served. *

None

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

None

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

Secretary note: The paper copy resume submitted is different than the one we use in this Area. I've made notes accordingly

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Nellene R

Clean date *

MM DD YYYY

11 / 11 / 1994

Street Address/City/State/Zip *

 Rocky Mount NC

Phone number(s) *



Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee Hospitality Chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

This question is not asked on this form.

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

This question was not asked on this form.

List all home group services position you have held and dates served. *

Simple Solutions: 2022 - Now; Life Worth Living: 2023 - now meeting, started yesterday

List all area service committee service position you have held and dates served. *

Tar Roanoke (Chair) 2018 - 2021; East of River DC (Chair) 2012 - 2014; East of River Co-Chair, Policy Chair (2010 - 2012)

List all regional service committee service position you have held and dates served. *

Chesapeake-Potomac Co-Chair Policy (2009); Down East Area Chair - Convention C. 1997 - 1999

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

Additional note written on form: "I have served in many other positions since I was 30 days clean from GSR, H&I Chair, and others."

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

The question on the form is "Are you employed full-time" and "Yes" was selected.

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Linda

Clean date *

MM DD YYYY

03 / 15 / 86

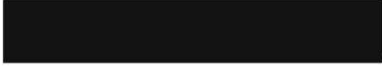
Street Address/City/State/Zip *

[REDACTED] Selma, NC 27576

Phone number(s) *

[REDACTED]

Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other:
Convention Subcommittee Registration Vice Chairperson or Convention Subcommittee Convention Information

Secretary Note: the paper resume response was "Registration, C.I." As these are two positions, I wrote it accordingly.

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

Coffee maker (3/87 - 6/89); Programming Chair (Area) HCASCNA (1 year; 2008-2010); Treasurer (2002 - 2007); GSR (2014-2017)

List all area service committee service position you have held and dates served. *

RCM (2014 - 2015); RCM-A (2019-2021); Activity Treasurer (2017-2021)

List all regional service committee service position you have held and dates served. *

No

List all world service committee service position you have held and dates served. *

No

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Secretary note: Our paper form asks "Are you employed full-time?"

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Jennifer G.

Clean date *

MM DD YYYY

10 / 07 / 2019

Street Address/City/State/Zip *

Raleigh NC 27617

Phone number(s) *

[REDACTED]

Email address *

[REDACTED]

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee - Hotel Liason

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

Lighten Your Load - Greeter (2019-2020); Giant Steps - Greeter (2019 - 2020); Never Alone, Never Again - Chairperson (2020-2021); Last House on the Block - Keyholder/Chairperson (2022); Women of Substance - Treasurer (2023)

List all area service committee service position you have held and dates served. *

Nassau Area H&I Chair (workshops, 2020), Dallas Area H&I Orientation Co-Chair (2022), Nassau Area Convention - Workshop Speaker (2023)

List all regional service committee service position you have held and dates served. *

N/A

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

Secretary Note: This was filled out on a paper copy of a different NA service form and submitted online by me. Not all fields align with ours in the Area. Notes made as relevant.

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Annette W [REDACTED]

Clean date *

MM DD YYYY

05 / 03 / 2013

Street Address/City/State/Zip *

[REDACTED]

Street address given; paper form only asks for "Address"

Phone number(s) *

[REDACTED]

Email address *

Paper form did not ask for email address

N/A

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee Registration Chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

Yes

No

n/a

This question was not asked on the form

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

Yes

No

This question was not asked on the form

List all home group services position you have held and dates served. *

In from the Strom

List all area service committee service position you have held and dates served. *

Registration; Hi GSR.

List all regional service committee service position you have held and dates served. *

No

List all world service committee service position you have held and dates served. *

No

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

Question on paper form asks "Are you employed full-time?"

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Kim L [REDACTED]

Clean date *

MM DD YYYY

05 / 08 / 95

Street Address/City/State/Zip *

[REDACTED]

Phone number(s) *

[REDACTED]

Email address *

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Registration

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

GSR, Secretary, Treasurer

List all area service committee service position you have held and dates served. *

Hospitality, H&I

List all regional service committee service position you have held and dates served. *

None

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

Secretary note: Not heard at Area; does not require going back to homegroups before a vote, but supplying it here for early awareness.

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

activities chair

Motion seconded by (if seconded before being submitted)

Motion reads as follows *

requesting \$300 for upcoming event next month

Intent: *

to donate to rental place also to have as a backup where we might be short

This content is neither created nor endorsed by Google.

Secretary note: Not heard at Area; does not require going back to homegroups before a vote, but supplying it here for early awareness. Photo attached on Page 2.

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

PR Task Team

Motion seconded by (if seconded before being submitted)

Principles B4 Personalities

Motion reads as follows *

That the PR Task Team be allocated \$175 to purchase an NA tablecloth that we can use during our tabletop and booth presentations.

Intent: *

To provide an attractive picture for our organization that will encourage participants of an event to stop at our table.

Google Forms



CASC New Motion - home group joining Capital Area NA

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Home group name *

Life Worth Living

Motion seconded by (if seconded before being submitted)

N/A

Contact info for GSR (or other home group member if no GSR) *

Nellene R., 252-904-7195, richardsonnellene@yahoo.com

Home group location (facility name, physical address including room name/number, and/or online access information) *

Unity Community Ministries Shelter; 341 McDonald Street, Rock Mount, NC 27804

Special criteria for entering facility, if any

None.

Meeting days and times (e.g. Monday's 8-9 PM and Saturday's 12-1 PM) *

Saturdays, 2:00 PM - 3:00 PM

Meeting format (check all that apply) *

- Open (all are welcome)
- Closed (addicts only)
- Wheelchair accessible
- Beginner/Newcomer
- Men
- Women
- LGBT
- Children Welcome
- Restricted Access
- Candlelight
- Smoking
- Non-Smoking
- Young People
- Basic Text
- 12 Concepts
- Discussion/Participation
- IP Study
- It Works Study
- Just For Today Study
- Literature Study
- Meditation
- Questions & Answers
- Speaker
- Step
- Step Working Guide Study

Guiding Principles Study

Topic

Tradition

Living Clean

Format Varies

Additional information / notes

N/A

This content is neither created nor endorsed by Google.

Google Forms

Secretary note: Motion committed to PR Task Team to discuss and bring suggestion at September CASC; no voting at this time.

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

Nick R.
.....

Motion seconded by (if seconded before being submitted)

SECOND: NA WAY HOME GROUP
.....

Motion reads as follows *

ASC will print 50 meeting schedules every month and the Outreach subcommittee chair will deliver 10 of those meeting schedules to home groups that are not attending the monthly area meeting.
.....

Intent: *

To help new comers find meetings on the schedule if they don't have access to the internet or a cell phone. This will also help newcomers get phone numbers from experienced members before leaving the meeting.
.....

Secretary note: Motion committed to PR Task Team to discuss and bring suggestion at September CASC; no voting at this time.

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

Spiritually Connected home group GSR Shell

Motion seconded by (if seconded before being submitted)

Karen C

Motion reads as follows *

Capital Area Service Committee print/supply all Capital Area home groups Meeting schedules!

Intent: *

ASC provide all home groups with paper Meeting schedules to carry our message!
Area is created to serve our groups, all groups!

CASC Chairperson: Monthly Report

Richard J. / August 6 2023

Good Afternoon:

Past month's activities:

- 1) Last months meeting was very long and we will attempt to shorten the time while attending to the business of our area
- 2) I attended the mid-month executive body meeting where we discussed the recent and upcoming ASC meetings and ways to improve our service to you
- 3) We are in the process of transitioning meetings with new officers
- 4) If there is anyone who is available/interested in serving on the ASC please submit your service resumes and pass this invite on to others seeking to be in service.

Thank you for your confidence in choosing to allow me to serve as CASC Chairperson.

Richard J.

August 2023 RCM report for CASC

Good day all -

I attended the hybrid Regional Service Committee (RSC) meeting on 7/29/23. See section 2.04(g) of CASC policy to learn what an RCM is asked to do in Capital Area NA: <https://capitalareancna.com/asc>. The current version of RSC policy is here: <https://ncregion-na.org/documents/>.

General highlights

- The meeting was chaired by the Regional Delegate (RD) Jacob per policy, in the absence of Unicorn P. (Chairperson) and Vice Chair. Unicorn let everyone know in advance she could not attend.
- Capital Area NA hosted the in-person aspect of the meeting, at Greenwood Forest Baptist Church in Cary.
- The report/update I gave regarding Capital Area NA is attached. I'm happy to have any input on what to include in future reports.

Discussion highlights

- The Vice Chair resigned, and in general there are many opportunities to serve on this RSC. Let me know if you're interested. A nomination or vote of confidence from CASC is required to run for elected positions.
- Ending balance was \$7,228.
 - Capital Area NA donations were included in accounting.
 - Donations will be made to Southeastern Zonal Forum and World Services per policy.
 - No funds are being held above the \$5,000 prudent reserve for any reason.
- NC Region NA is asking Capital Area NA to host the next two RSC meetings (Oct. and Jan.) - okay?
 - Lot's of discussion on where to hold the in-person portion of the quarterly RSC meeting, e.g. rotate to the different areas in the region and how. Tabled until the hybrid equipment proposal is voted on.
- The RD and Alternate Delegate (AD) reported highlights and outcomes of the 2023 World Service Conference (WSC) as well as the Southeastern Zonal Forum (SZF), and provided detailed written reports.
 - Link to the current DRAFT WSC Summary of Decisions: <https://worldna.org/wp-content/uploads/2023/07/WSC-2023-Summary-of-Decisions-230721.pdf>.
 - Link to next step in NAWS strategic planning: <https://www.na.org/admin/include/spaw2/uploads/pdf/2023-2024%20Environmental%20Scan%20Survey%20Cover.pdf>.
 - Over the next two ASC meetings I'll be covering certain aspects of these events and seeking GSR input.
- Open issues w/EIN and PO Box resolved.
- Three motions are going back to areas for a vote (see below).

Motions going back to ASCs

- Hybrid equipment proposal - estimated \$1,775: Purchase equipment to facilitate hybrid RSC meetings.
- Policy change: Change quorum requirement. Hasn't been met in years and impedes RSC ability to deliver.
- Policy change: Change elections for RD and AD to match the WSC cycle.

I propose we vote on the motions at the September 2023 ASC meeting once we have full minutes, and set 10-15 minutes aside at the October ASC meeting to cover WSC and SEZF items.

- Sebastian D., CASC RCM



[Below is the report I gave at the 7/29/23 RSC meeting.]

Capital Area NA - July 2023 Regional Service Committee (RSC) Report

Good day all -

Some Capital Area Narcotics Anonymous highlights since the last RSC meeting.

- Capital Area NA is hosting the July 2023 RSC meeting
- Meetings
 - We continue to see meetings added and removed to the schedule, including some new and some restarting after having shut down when the pandemic first hit
 - Overall increase in meetings; we currently have 62 meetings a week - about 20 less than pre-pandemic levels but about 15 more than 2 years ago
- Elections
 - We had our annual elections in June, and decided convention subcommittee positions will be elected by the ASC
 - Points of contact for Capital Area ASC are:
 - Chairperson: Richard J., [REDACTED]
 - Vice Chair: Leah P., [REDACTED]
 - Secretary: Jason S., [REDACTED] secretary@capitalareancna.com
 - RCM: Sebastian D., [REDACTED]
 - H&I Subcommittee Chair: Toi R., [REDACTED]
 - Activities Subcommittee Chair: Shahid W., [REDACTED]
 - Convention Subcommittee Chair: Kay W., [REDACTED]
 - CASC Web Admin: Ben M., admin@capitalareancna.com
 - Currently vacant are Treasurer, PR Chair, Outreach Chair, Policy Chair and all alt positions
- Events
 - Many events in our area
 - Several home group fellowshiping events, celebrations and more
 - Monthly Clean Time Celebration Potluck (including tonight!)
 - One-day June event (no area convention will be held this year)
 - Planning meeting for the next service year, as we try to move toward a service delivery model that's based more on home group input and annual planning
- Asks for this body
 - Points of contact for NA history
 - Capital Area NA
 - North Carolina Region of NA
 - Carolina Region of NA
 - World Service Office
 - Points of contact w/in NC Region areas for collaboration on a future event
 - Point of contact for New Hope Area NA activities, specifically upcoming softball tournament

Don't hesitate to reach out to me with questions or suggestions at [REDACTED] or [REDACTED]

Best regards,



Sebastian D.



CASC TREASURERS REPORT

Date: 8/01/2023
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of July 2023

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- We donated \$463 to the World Service Office which is 40% above prudent reserve (double payment unknown reason). We donated \$695 to the NC Region which is 60% above prudent reserve.
- No individual is making payments at this time.

July 2023 STATEMENT

The beginning balance on 6/26/2023 was:	\$ 3,532.12
Deposits totaled:	\$ 384.86
Checks and deductions totaled:	\$ 1,790.36- See attached detailed Income & Expense Report
Ending balance on 7/31/2023:	\$ 2,126.62 See attached PNC Bank Statement
Outstanding checks not cleared:	\$ <u>232.58</u> -
Available balance on 7/31/2023:	\$ 1,894.04

This available balance puts us \$94.04 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$38.04 donation to World and a \$56 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Vice Chair

Attachments:

- Income & Expense report
- PNC Bank Statement through 7-31-23
- Pay Pal Activity Statement
- Home Group Donations
- Cash App Statement
- Convention Committee PNC Bank Statement

Capital Area NA
Treasurers Report Income Expense

Beginning Balance:	6/26/2023	\$3,532.12		Period: 6/26/23 -7/31/2023	
Type of Deposit/debit	Date	Amount	Notes	Description	
Group Donations	5/28/2023	\$384.86		Group donations received during the Month	
Total Income/ Revenues		\$384.86			
Expense Section					
Type of Bill or Payment	Date	Check #	Amount	Notes	Policy Description
SUB COMMITTIES					
H&I Committee					
H&I Literature					H&I Literature - \$190
H&I Office Supplies					H&I - Office Supplies
H&I Learning Day one per year					One Learning Day - per Policy \$200
PR and Website					
Phone Line - Auto Draft Monthly	5th monthly	AD			Town Hall Varies slightly - averages \$30.93/ month
Twilio			\$10.41		new phone line service
Meeting Directories					Varies slightly - Quarterly Printing
Website - Auto Draft Go Daddy	16th monthly	AD	\$21.17		On Auto draft
Text Blasting-Auto Draft Monthly	9th monthly	AD	\$17.00		On Autodraft-TEXTEDLY.COM
PR Literature					\$75 Monthly Budget-\$65 facebook
PR Chair Travel Expenses					
Car Workshop					\$35 Monthly allocation per policy
Coolers/Coffee Pot. Approved by gsr					
Activities Committee available					coffee pot returned
AREA SERVICE COMMITTEE					
Fairmont United Methodist Church	1st monthly		\$50.00		ASC - Rent July
Greenwood Forest Baptist			\$100.00		
Christ The King					
St. Ambrose					
Secretary					Varies slightly
Treasurer - Office Supplies					Checks Replenished/Harland Clarke
Treasurer -Storage Rent	9th monthly	AD	\$110.99		Security Self Storage
Chairperson					
Area Supplies					
RCM Travel/ Expenses					Refund Receipts
Bank Fees		AD			Service charge - Bank Account
Mail Box - Due yearly on March 31st					CASC Mailbox at Cameron Village
Misc. ZOOM and Website					
ZOOM			\$12.79		
Activities Ad-Hoc Unity Day					
Regional Donations - 60% - CRNA			\$695.00		Per Policy
World Donations - 40% - NAWS			\$773.00		World Donation Per Policy
Total of All Expenses			\$1,790.36		
Revenue			\$384.86		
Beginning Balance:			\$3,532.12		
DIFFERENCE: Income-Expenses			-\$1,405.50		
Ending Balance			\$2,126.62		
Previous Month's Checks Not Yet Cleared					
Check Payable to:	Date	Check #	Amount		
	05/28/23	2032	\$232.58		unity day
		TOTAL:	\$232.58		
Available Balance			\$1,894.04		
Prudent Reserve- Per Policy			\$1,800.00		
Amount Above/ Below P.R.			\$94.04		

Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited	Home Group Name	Donated	Deposited
A New Beginning	25	\$25	Pride in Recovery			Unity in the Mornings		
Came to Believe			Principles B4 Personalities			Way to Grow Group		
Candlelight Recovery			Recovery at noon			We Do Recover		
Daily Reprieve	25	\$25	Recovery In the Hood			Wolfpacking		
Experience, Strength, and Hope			Rediscovery thru recovery			Young Connections in Recovery		
Faith Thru Principles			Serenity In The Morning			Keep it Simple		
Freedom Through Recovery	31	\$31	Simple Solution			A New Way to Live	25	\$25
I Can't, We Can			Southside Recovery			anymous		
In From The Storm			Spiritual Change			na way	30	\$30
Ladies Night Out			Spiritually Connected			Serenity in the Morning		
Let the Healing Begin			Staying Alive			Unity day		
Life on Life's Terms			Sunday Serenity Group			women of substance	35	\$35
Lunatic Fringe			The Journey Continues			reggie w	26	\$26
Mid Day Miracles			The Primary Purpose Group	65.85	\$65.85			
NA at Noon	97.01	\$97.01	Thursday Nite Lit					
Never alone Never Again			Together We Can					
New Beginnings			Trust the Process	25	\$25			
Peace in the AM			Tuesday Night Live					
			Home Group Donations		\$384.86	Total Other Income		
							Total Income	\$384.86

 Cash App

 Activity

 Money

 Pay & Request

 Tax Filing 

 Documents

Account

 Support

 Log out

Cash Balance

\$0.00

 Search activity

 Filter 1

 Sort

 Download

This month 

Transaction

Amount

JULY 2023



North Carolina Region

For capital area 7th tradition

\$695



Cash Out

PNC Bank

\$32.85



[REDACTED]

For keep it simple 7th tradition

+ \$28

Kenneth [REDACTED]

For Sunday Serenity donation

+ \$4.85

Search by name or email



Filter by

Date: This Month

Completed

2 weeks ago



PNC BANK, NA
Jul 13 · Transfer to Bank

– \$97.01



Shawn [REDACTED]
Jul 13 · Money Received
"NA@Noon 7th Tradition June"

+ \$97.01



PNC BANK, NA
Jul 9 · Transfer to Bank

– \$65.85



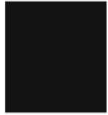
Jesse [REDACTED]
Jul 9 · Money Received
"Primary Purpose - June 7th trad"

+ \$65.85



PNC BANK, NA
Jul 4 · Transfer to Bank

– \$25.00



Jacob [Redacted]

Jul 2 · Money Received

"A new way to live 7th tradition"

+ \$25.00

Business Checking XXXXXX [REDACTED] Available Balance: \$2,126.62

Account Summary

Available Balance:	\$2,126.62	Interest Paid to Date:	\$0.00
Ledger Balance:	\$3,594.62	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$1,468.00	Last Deposit Amount:	\$97.01 07/14/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$3,558.12 06/30/2023

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	[REDACTED]

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
07/31/2023	CASH APP*NORTH CAROL CARD [REDACTED]	\$695.00	
07/31/2023	NAWORLDSEV	\$390.96	
07/31/2023	NAWORLDSEV	\$310.00	
07/31/2023	NAWORLDSEV	\$72.04	

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
07/25/2023	RECURRING DEBIT CARD [REDACTED] TWILIO INC TWILIO.COM CA	\$10.41		\$3,594.62
07/19/2023	RECURRING DEBIT CARD [REDACTED] ZOOMUS [REDACTED] WWWZOOMUS CA	\$12.79		\$3,605.03
07/14/2023	RECURRING DEBIT CARD [REDACTED] DNH*GODADDY.COM https://www AZ	\$21.17		\$3,617.82
07/14/2023	ACH CREDIT [REDACTED] PAYPAL TRANSFER		\$97.01	\$3,638.99
07/11/2023	CHECK [REDACTED]	\$100.00		\$3,541.98
07/10/2023	CHECK [REDACTED]	\$50.00		\$3,641.98
07/10/2023	RECURRING DEBIT CARD [REDACTED] TEXTEDLY HTTPSTEXTED CA	\$17.00		\$3,691.98
07/10/2023	RECURRING DEBIT CARD [REDACTED] PY Security Self Stor [REDACTED] NC	\$110.99		\$3,708.98
07/10/2023	ACH CREDIT [REDACTED] PAYPAL TRANSFER		\$65.85	\$3,819.97
07/05/2023	ACH CREDIT [REDACTED] PAYPAL TRANSFER		\$25.00	\$3,754.12
07/03/2023	ATM DEPOSIT [REDACTED] DEPOSIT [REDACTED]		\$25.00	\$3,729.12
07/03/2023	ATM DEPOSIT [REDACTED] DEPOSIT [REDACTED]		\$25.00	\$3,704.12

07/03/2023	ATM DEPOSIT	[REDACTED]	DEPOSIT	[REDACTED]	\$25.00	\$3,679.12
07/03/2023	ATM DEPOSIT	[REDACTED]	DEPOSIT	[REDACTED]	\$30.00	\$3,654.12
07/03/2023	ATM DEPOSIT	[REDACTED]	DEPOSIT	[REDACTED]	\$31.00	\$3,624.12
07/03/2023	ATM DEPOSIT	[REDACTED]	DEPOSIT	[REDACTED]	\$35.00	\$3,593.12
06/28/2023	ACH CREDIT	[REDACTED]	CASH APP *	[REDACTED]	\$26.00	\$3,558.12
	CASH APP	[REDACTED]	[REDACTED]	[REDACTED]		
	CAPITAL BL RALEIGH NC	[REDACTED]	[REDACTED]	[REDACTED]	\$20.00	
	CAPITAL BL RALEIGH NC	[REDACTED]	[REDACTED]	[REDACTED]		
	ATM DEPOSIT	[REDACTED]	[REDACTED]	[REDACTED]	\$141.00	
	CAPITAL BL RALEIGH NC	[REDACTED]	[REDACTED]	[REDACTED]		
	CAPITAL BL RALEIGH NC	[REDACTED]	[REDACTED]	[REDACTED]		
	CAPITAL BL RALEIGH NC	[REDACTED]	[REDACTED]	[REDACTED]		\$2,002.00



Account Activity

Monday, July 31, 2023

Business Checking XXXXX[REDACTED] Available Balance: \$8,016.39

Account Summary

Available Balance:	\$8,016.39	Interest Paid to Date:	\$0.00
Ledger Balance:	\$8,016.39	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$871.16 01/03/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$8,016.39 06/30/2023

Account Details

Nickname: None
 Type: Business Checking
 Text Banking Nickname: [REDACTED]
 Address: [REDACTED]

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
You have no posted transactions				

Secretary Report – August 2023

Jason S.

Hello Capital Area,

I have three primary topics to report on/discuss in this report: the NA Southeastern Zonal Forum (SEZF), the North Carolina Regional Service Committee, and policy updates.

First, I also attended SEZF earlier this month and it was great to see a different layer of NA service. The business meetings were efficient and had productive discussions. I've compiled some suggestions for our Area based on what I saw working effectively for the Zone, as well as what I've observed is ineffective in our Area Service Committee meetings.

1. Allow the facilitator to facilitate.
 - a. One person speaking at a time, called on by the facilitator. It is also not productive for one person to refuse to stop speaking. Feel strongly? Submit a motion.
2. Reading reports and prior minutes *before* Area.
 - a. We spend much time discussing what we've discussed previously.
3. Limiting extensive discussion (and arguing)
 - a. Is it important? Submit a motion. Not ready to submit a motion? Then we don't need to keep discussing it now.
4. Starting on time and ending on time.
 - a. *Everyone* contributes to this, including facilitators, limiting/tabling discussions as appropriate, and individuals who work to keep us moving forward.
5. Respect for online participants and hard of hearing
 - a. Virtual participants deal with more hybrid difficulties than in-person participants. Be respectful by not having side conversations, raising your hand to be called on, and not loudly eating or moving around by the microphone.
6. Service meetings aren't personal recovery meetings.
 - a. How situations affect you *personally* and how your recovery is doing are not relevant to Area business.
 - b. Long personal stories are likely not relevant to Area business

Second, I attended the Q3 North Carolina Regional Service Committee (RSC) meeting this month. From what I understand, only three homegroups in our Area have donated to Region in the past three months. I encourage your homegroups to include Region in your fund flow to help carry the message – *especially* if your format says your Seventh Tradition funds are used to support area, region, and world-level service.

Finally, I now have access to the editable file version of our policy, so I can keep our policy document up to date as appropriate in the absence of a policy subcommittee chair. The policy was last updated in September 2022, but the updated version has been provided to our web admin for upload.

Kind Regards,

Jason S.

Secretary

Secretary note: Not received/sent out before Area, so this is new information.

August 2023

Subcommittee chair Toi.R
Hospital & Institutions

Thank you ASAC for trusting me to be of service.
Subcommittee started at 12:30 with the Serenity pray

Attendance:20
Facilities covered this month was
Wake Brooke
New Waters
Triangle Springs
Womens Prison

New Business:

Facilities to add to our list helpfully

Wake Detention - we have 4 men ready to service this facility. We are waiting on a date to start bringing out panel into this facility. We are seek a Panel leader at this point.
Men's Prison-no response from the contact person.

Open Discussion:

The format that is presently being used is incorrect at some of the facilities. it's not the same as our format in our guidelines.

Closed with a Serenity Pray
Closed at 1:45

activities report.

my name is Shahid serving as your activities chair. I would like to thank our area chair also members of the asc for filling in the blanks in my absence. 25 plus was present during our area potluck, with 5 plus members recognizing clean dates in the month of July. still waiting on Homegroup contact for our upcoming event in September NA AS A WHOLE, this includes a Homegroup potluck as well. information is out. other than this I'm open for any questions. thx for allowing me to be of service. Shahid

Convention Report

Good evening Family,

Thanks for trusting me as Your upcoming Convention Chair. As it stands, I am the only person whom has been elected to date to the Convention body. Prayerfully this will change somewhat after elections today. I'm sure of one thing I know and that is every thing is going to be as God's plan, but nothing happens if we don't put in the work and effort with that being said I would like to make a motion that we the Convention Committee go back to the way we were handling our own elections . This motion is to ensure timeline for elections because the way it is being handled is pushing us further out from the timeline for May or June 2024 and closer to September or October. The new change was with the intent to bring us back to June. If we don't get enough support soon, we will be surely looking towards another year I'm also asking as your elected trusted servant if we can start looking for a possible Convention site. That's all I have for now.
In loving Service,
Kay W. Convention Chair



Capital Area Service Committee

Subcommittee: PR Task Team

Date: August 6, 2023

Activities

- We conducted a presentation to the Substance Use Advisory Commission on July 12. This group ‘advocates for a healthy community by promoting best practices for the prevention, intervention, and treatment of alcohol, tobacco and other drug use’. They are an advisory board to the Raleigh City Council and delegated to make recommendations on how city government can provide better services regarding these issues. We provided an overview of the NA program and the Capital Area. As a result we have established relationships not only with the commission but other entities that we are following up on. We were asked to provide recommendations on how to heighten awareness of NA here in Raleigh, which are below:
 - Sustained relationship; either with advisory commission or city council or both; periodical presentations
 - Displaying information about NA in government buildings (print or digital)
 - Our attendance during the give back drugs days/events
 - Presentation to city employee assistance program if available
 - City sponsored public service announcements could include information about NA
- Met together via zoom on August 2 to discuss rotation of task team representation at the ASC, rotation of checking the PR email mailbox, targeting facilities to possibly install NA literature racks, and developing a work plan to build and delegate out our tasks
- Conducted presentation August 4 about NA and how NA meetings work, to local church where new meeting is starting; Redeeming Love United Methodist
- Monthly phonenumber stats
 - Total Calls: 22**
 - Volunteer Lookups: 10
 - Meeting Lookups (Calls): 3
 - Meeting Lookups (SMS): 2
 - Missed Calls: 7

The helpline needs volunteers to answer calls. Anyone interested can contact Jonathan B. We have an orientation package to help you get started and become familiar with this rewarding service!

Upcoming Activities

- Create task team work plan
- Researching opportunities during Recovery Month in September

Financial Update

We will be requesting funding for at least 3 literature racks (\$24 each) and literature that will be placed in targeted buildings/facilities in our area