

September 2023 CASC
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G S R C H E A T S H E E T

- **26/44 home groups** (59.09%!) had GSRs in attendance.
- **2 Area motions passed**
- **3 Regional motions passed**
- **Six CASC Convention Subcommittee positions elected:** Vice Chair, Secretary, Hospitality Chair, Hotel Liaison, Registration Chair, Convention Information Chair
- **4 resumes heard and sent back to homegroups for voting at October CASC**
- **Home Group Speaker Swap** needs homegroup participation
<https://capitalareancna.com/hgss>
- **CASC will be hybrid** until GSRs decide differently
- **09/30/2023** will be the **next Monthly Clean Time Celebration Potluck**
- **Next CASC will be October 1, 2023**

• **Opening**

- Opening prayer
- Concept of the month/ 9th
- Vision for NA Service (updated following 2023 WSC):
https://www.na.org/admin/include/spaw2/uploads/pdf/conference/WSC2023%20Vision_corrected.pdf
- ASC Purpose

“Workhorse” of the service structure—maybe that’s the best way to describe the area service committee. Most of the hands-on work of delivering NA services to the groups and the community occurs at the area level. Area service committees are ultimately responsible to the groups they serve. Narcotics Anonymous groups send group service representatives (GSRs) to serve on the area committee. While still maintaining final responsibility and authority for area services, they invest enough delegated authority in their GSRs—and through them, in the area committee—for the necessary work to get done. NA groups also send money to the area committee, money needed to coordinate panels, maintain phonelines, and conduct public information activities. Through their contributions of money and manpower, the groups exercise both their responsibility and their authority for NA services.

- Roll call and Introductions
 - CASC Officers and Subcommittee Chairs
 - GSRs (or alt. or proxy)
- Agenda review
- To use our time effectively, please refer to the Secretary’s report from August meeting on business meeting protocols.
- We will be using ballot sheets for voting
Note: New motions need to be submitted prior to start of new business

Officers	Name & contact info	✓
Chair	Richard J. [REDACTED]	✓
Vice Chair	Leah P. [REDACTED]	✓
Treasurer	VACANT - submit a service resume if you are interested in this position	
Treasurer Alt.	VACANT - submit a service resume if you are interested in this position	
Secretary	Jason S. [REDACTED] secretary@capitalareancna.com	
Secretary Alt.	VACANT - submit a service resume if you are interested in this position	
RCM	Sebastian D. [REDACTED]	✓
RCM Alt.	VACANT - submit a service resume if you are interested in this position	

Subcommittees	Chair name & contact info	✓
H&I	Toi R. [REDACTED]	✓
Public Relations	VACANT - submit a service resume if you are interested in this position Currently exists as a Task Team	✓ Task team (Sarah)
Policy	VACANT - submit a service resume if you are interested in this position	
Outreach	VACANT - submit a service resume if you are interested in this position	
Activities	Shahid W., [REDACTED]	✓
Convention	Kay W. [REDACTED]	✓

Home Group	GSR info	✓
A New Beginning	Emma	✓
A New Way to Live	Jacob	✓
Basic Text Study Group	Donald	✓
Came to Believe		
Candlelight Recovery		
Daily Reprieve	Doreen	✓
Experience, Strength, and Hope		
Faith Through Principles		
Freedom Thru Recovery	Sarah	✓
I Can't We Can		
In From The Storm	Marilyn	✓
Let The Healing Begin	Lucy	✓
Life On Life's Terms	Madison	✓
Life Worth Living		
Lunatic Fringe		
Morning Miracles (need info)		
NA at Noon		
NA Way	Stephie	✓
Never Alone Never Again		
New Beginnings		
New Way of Life II		
Peace in the AM	Yvonne	✓

Home Group	GSR info	✓
Principles B4 Personalities	Aaliyah	✓
Recovery at Noon	Willie	✓
Recovery in The Hood	James L	✓
Rediscovery Thru Recovery	Lee	✓
Serenity in the Morning	Barbara	✓
Simple Solution	Dudley	✓
Southside Recovery	Donna	✓
Spiritual Change		
Spiritually Connected	Shell	✓
Staying Alive		
Sunday Serenity Group	Tammy	✓
The Journey Continues	Delphyne	✓
The Primary Purpose Group	David	✓
Thursday Night LIT	Luke	✓
Together We Can	Julius	✓
Trust The Process		
Tuesday Night Live		
Unity in the Mornings	Jennifer	✓
Way to Grow Group		
We Do Recover		
Women of Substance	Kate	✓
Young Connections to Recovery	Desiree	✓

26/44 groups present – 59%

- **Old Business**

- Approval of CASC minutes from previous month
 - Question: Did not see GSR attendance listed on last month's minutes
 - Answer: The attendance list was on page 3 of the document.
 - Motion to accept, seconded.
 - 22 approve, 1 oppose, no abstain
 - **August Minutes approved**
- Elections (for resumes sent to homegroups after the August 2023 ASC)
 - *Presented at the end of these minutes in alignment with when the voting was completed*

- **Home Group Q&A and Concerns**

- Homegroup concern: Unity at Area, coming to Area feels very hostile and we should be recovering addicts in a family and we have not been acting in the spirit of unity and conducting business on time
- Member concern: Experience with member Lunatic Fringe hugging members inappropriately; would like this to be addressed and asking for experience
 - Chair: this will be revisited and addressed by the admin body
 - Question: How exactly will the admin body address this?
 - Will discuss this and brainstorm solutions
 - Member suggestion: We have literature addressing this
 - Member question: Can we clarify what homegroup concerns are versus individual concerns?
 - Member request for Secretary to read the definition of group concerns from the Policy
 - Member comment: There was no motion to change policy, but we previously have expanded "group concerns" to mean "group and individual concerns"
- Subcommittee concern: Good participation in subcommittee meetings; would be good to see this in open positions at Area

- Welcome any new GSRs/Alternates

- Two new GSRs: Lucy, Let the Healing Begin; Chris, Primary Purpose
- One new Alt-GSR for Serenity in the Morning (missed their name)

- **Officer Reports**

- Chair – Richard J
- Treasurer – **VACANT** (provided by Leah P)
- Treasurer Alternate – **VACANT**
- Secretary - Jason S
- Secretary Alternate - **VACANT**
- RCM – Sebastian D
- RCM Alternate – **VACANT**

- **Subcommittee Reports (if there are discussions about a subcommittee report please attend their meetings which are held at 12:30pm the day of area)**

- Convention – Kay W
- Hospitals & Institutions –Toi R
- Public Relations – **VACANT; Task Team Active**
- Policy - **VACANT**
- Outreach - **VACANT**
- Activities – Shahid W

- Ad Hoc Committees

- Service Delivery – Tammy
- Home Group Involvement – Shell

- **Notes on Reports**

- **Treasurer**

- Everything already submitted on reports sent out before Area
- Question about Unity day
 - Kept track of money for Unity Day separately, 7th traditions, food, donations, auction, etc.
 - Posted on the 26th after the event, adding these values together equal the \$1010.
 - *See the Treasurer report / August mid-month clarifications for more info*
- Concern: News reports about possible interception of CashApp funds;
 - We haven't had these problems and don't bring in a significant amount of funds through CashApp anyway
- Clarification: Reports sent before Area are *upcoming agenda and reports*; these aren't the same as the minutes that are sent after Area
- Concern: Simple Solutions donation was not received; will be discussed after Area
- Concern: Would like to hear the financial numbers for Area even though it's in the report
- Beginning balance on 7/31: 2126.62
 - Deposits: \$1041.09
 - Checks & Deductions: \$934.14
 - Available balance: \$2233.57

- **Secretary**

- No questions; tried out having a sign-up sheet for email sign-ups for minutes, etc.
 - Update: handwriting is too unreliable and do not want to accidentally add a non-member's email, so will present a new alternative

- **RCM**

- First workshop for World IDT topics, facilitated by RD and AD for September 30th – no location selected yet
- **Clarification:** Survey is attached to the RCM report, and there's a second link that gives more info from World about what that is
- Regional motions to be conducted via ballots
- **Regional Motion 1:** \$1,775 to purchase equipment to facilitate hybrid RSC meetings (see attached motion for more info)
 - **Vote: Yes 24, No 3, Abstain 3**
 - **Passed**

- **Regional Motion 2 (Quorum):** Change Section 6 of NC Region Policy to eliminate quorum (see attached motion for more info)
 - Member Concern: Concern about picking the number 4, in case Region grows
 - **Vote: Yes 27, No 2, Abstain 4**
 - **Passed**
- **Regional Motion 3:** To have our delegate team (RD + AD) to be elected in with the cycle of the WSC (see attached motion for more info)
 - **Vote: Yes 27, No 2, Abstain 1**
 - **Passed**
- **Convention Subcommittee:**
 - Member comment: Takes the whole body's input to have a successful event; need to get Area involved; would like to see something like 75-80% body filled
 - Fundraising Chair Willie: Made a decision on the middle ground – have dates through December, but only asking about funds for 2 events through October to get those locked in to then give more members involved and discussion next month for all following events there.
 - Member comment: We make do with what we have; would be better to get started sooner than later
 - Concern: Financial accountability without a treasurer; there are forms for any money-handling position to sign at Area/subcommittees
- **H&I Subcommittee**
 - Next orientation in October; need info in for Women's prison by September 15th
 - Also includes anyone with Blue Card that is expiring in December (they're cutting orientations down to 3 a year)
- **Activities Subcommittee**
 - Chair asked for homegroups to notify him if they are sending a speaker for the event on 9/16
 - **All area activities on third Saturday of the month so not bumping into convention;**
 - Question: Can we get more accessible event locations outside of Cary (i.e. on the busline)
 - Response: Events don't have to be in Cary, Activities is small and acted on the limited info they had, but would be good to find new places
 - Member clarification: The event in Cary is on the busline
 - Question to body: anyone knowing of other reasonable locations, please share them
 - Activities clarification: the monthly potluck is a separate event; the goal would be to combine the monthly potluck with other events when there is more than one potluck in the month
 - Question: who to contact about participating in potluck?
 - Response: Contact Shahid W or Maria M
 - Question about motion:

- Of the \$300 requested for the event, \$100 will go to the facility, \$200 as “if-needed” and would likely be returned. The goal is just to fill in gaps with the pot luck
 - Question: Where does activities subcommittee currently meet?
 - Response: They would meet at 12:30 at Area, but don’t currently have a body so aren’t meeting
 - Idea: Host an event at meeting location(s) of homegroups that don’t attend Area
- **PR Task Team**
 - Discussed 2 motions about Outreach/admin body printing and delivering meeting schedules to homegroups that need them; *more details in the PR Task Team report*
- **Service Delivery Ad Hoc:**
 - Confusion about what the ad hoc is
 - “Develop approaches to gaining a flexible service structure”
 - Will meet again virtually on Sept 17 at noon using the same meeting information as the Zoom meeting for the monthly CASC.
- **Homegroup Involvement Ad Hoc:**
 - Looking at the groups to see how Area can serve groups
 - **Will meet on September 23, 2-3pm on Zoom**
 - Welcoming input for how Area can service the homegroups
 - Meeting info will go on Area website; working on using the Area zoom
- **New Business**
 - Welcome new home groups joining Capital Area NA of NC (if any).
 - Last call for new motions, and service resumes
 - Motion: Activities Subcommittee; “Requesting \$300 for upcoming event next month”
 - **Vote: 22 yes, 4 no, 1 abstain**
 - **Motion passes**
 - Motion: PR Task Team; “That the PR Task Team be allocated \$175 to purchase an NA tablecloth that we can use during our tabletop and booth presentations.”
 - **Vote: 21 yes, 2 no, 3 abstain**
 - **Motion passes**
 - **Service resumes to be heard today and voted on next month**
 - **Policy Chair:** Craig R
 - Question: Balance in life? Stress?
 - Balance comes and goes. This is not stressful because service is a part of recovery
 - Question: Why are you running when you view it as an antiquated position?
 - Want to help with misinformation and miscommunication in Area; willingness to help. It’s the GSRs meeting and have ideas to empower GSRs
 - Question: Clarifying this is for Area policy chair and not for Convention subcommittee?
 - Yes, for Area
 - Question: Are you stable in this Area?
 - Yes, family is here and prior moves have been to be with family
 - **Alternate Policy Chair:** James L. (was submitted for Policy Chair, but amended for Alternate Policy Chair after seeing someone else was running for Policy Chair)
 - No questions

- **Convention Subcommittee Merchandise Chair:** Falton W.
 - Was the Homegroup Secretary for Seekers, which was not included on submitted resume
 - Clarification: you were the Alternate for this position last year?
 - Answer, yes
- **Convention Subcommittee Merchandise Alternate Chair:** Reggie W (not present at Area, but resume discussed by those present)
 - Concern: Clean time requirement?
 - Convention Subcommittee Policy Chair: The Chair position is designated as 3 years clean time; alternate does not have a clean time requirement;
 - Concern: The individual would not hit the required 3 years by the time of the election to move up to Chair
 - Policy does not state automatic move-up for this position, so less of a concern than discussed
 - Member comment: Excellent level of involvement especially for length of clean time; willing to learn and high-energy.

- **Elections**

- Voting on resumes sent back to homegroups last month:
 - **Convention Subcommittee Secretary:** Sheryl M
 - **Result: Sheryl Elected**
 - **Convention Subcommittee Vice Chairperson:** Julius J
 - **Result: Julius Elected**
 - **Convention Subcommittee Hospitality Chairperson:** Nellene R
 - **Result: Nellene Elected**
 - **Convention Subcommittee Hotel Liaison Chairperson:** Jennifer G
 - **Result: Jennifer Elected**
 - **Convention Subcommittee Registration Chairperson:** Linda, Annette, Kim
 - **Result: Kim Elected**
 - **Convention Subcommittee Information Chairperson:** Linda
 - **Result: Linda Elected**
- *Other positions that remain open at the Area level:*
 - Outreach Chairperson
 - Treasurer
 - Alternate Treasurer
 - Alternate Secretary
 - Public Relations chairperson
 - RCM Alternate

- **Closing Prayer**

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Falton w [REDACTED]

Clean date *

MM DD YYYY

06 / 18 / 2017

Street Address/City/State/Zip *

[REDACTED] Raleigh NC [REDACTED]

Phone number(s) *

[REDACTED]

Email address *

[REDACTED]

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Merchandise chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

None Secretary note: clarified at Area as Homegroup Secretary for Seekers

List all area service committee service position you have held and dates served. *

Merchandise vice chair 2022

List all regional service committee service position you have held and dates served. *

Nonenone

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

I have not held a homegroup position.

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Name *

Reggie W.

Clean date *

MM DD YYYY

12 / 24 / 2021

Street Address/City/State/Zip *

██████████ Knightdale NC ██████████

Phone number(s) *

██████████

Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Merchandise Alternate Chair

If the position you are interested in is **not** an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

Treasurer 3/23 - 7/23. "Faith Thru Principles"

List all area service committee service position you have held and dates served. *

Fundraiser Sub Committee 1/22 - 12/22. H&I Committee 3/23 - Currently Active

List all regional service committee service position you have held and dates served. *

NA

List all world service committee service position you have held and dates served. *

NA

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

NA

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Name *

Craig R

Clean date *

MM DD YYYY

10 / 16 / 1987

Street Address/City/State/Zip *

[REDACTED] Raleigh NC [REDACTED]

Phone number(s) *

[REDACTED]

Email address *

[REDACTED]

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: _____

If the position you are interested in is **not** an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

1987- Present Secretary, Treasurer, GSR numerous times with several home groups

List all area service committee service position you have held and dates served. *

1988-1990 H&I Chair two consecutive terms / Capital
1990 Vice Chair Area Convention / Capital
1991 H&I Panel Coordinator / Capital
1992 H&I Secretary / Capital
2001 ASC Secretary / Capital
2002 ASC Chairperson / Capital
2011 Area H&I Panel Coordinator / Montco (PA)
2012- 2013 H&I, Public Relations Chair / Montco (PA)
2015 Public Relations Subcommittee member/ Frederick (MD)
September 2016-June 2017, Public Relations Chair/ Capital
Dec 2021-June 2022 Public Relations Chair/Capital
June 2022-June 2023 ASC Chairperson/ Capital

List all regional service committee service position you have held and dates served. *

1990 Regional H&I Mobile Unit Chair / Carolina
1991 Regional H&I Vice Chair / Carolina
1992-1994 Regional H&I Chairperson two consecutive terms / Carolina
1994 RSC Vice Chair / Carolina
1995 RSC Chairperson / Carolina
2010 Regional H&I Mobile Unit Chair / Greater Philadelphia
2010-2012 Regional Advisory Board Vice Chair / Greater Philadelphia
2014 Regional Convention First Vice Chair/ C&P
2015 Regional Public Relations Chairperson/ Carolina
Jan 2018-August 2018 Regional Delegate/ Free State
August 2018- 2019 Regional Public Relations Chairperson/ Free State
Jan 2019-Jan 2020 Facilitator/ Autonomy Zonal Forum
Oct 2021-Oct 2022 Fellowship Development Chairperson/ Northeast Zonal Forum
Nov 2021-Present Action Plan Task Team Leader/ United States Zones Collaboration

List all world service committee service position you have held and dates served. *

1996 World Service Conference H&I Vice Chair

1997 World Service Conference H&I Chairperson

1998-2010 World Board / NA Way Editorial Board, Reaching Out Newsletter Panel, Public Relations Committee Leader, Service Materials Workgroup Leader, WB Treasurer, WB Vice Chair, WB Chairperson

2008-2012 World Board Service System Workgroup Leader

2012-2013 WCNA 35 Workgroup Leader

June 2017- June 2018, Audit Committee (World Board Business Plan Workgroup)

June 2018-2023 Human Resources Panel World Service Conference

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

1990 Resigned as convention vice chair to serve as H&I chair/ Capital

2012- Resigned as area H&I chair in PA when my marriage ended tragically, and I came back to NC to focus on healing. I went back to PA after a month and the ASC elected me PR chair.

2013- I was nominated to the C&P Region (MD) convention chairperson but unexpectedly moved back to NC before elections. I went back to MD and was elected convention first vice chair

2014- Resigned as C&P Region convention first vice chair after moving back to NC in September 2014

2015- Resigned as Carolina Region PR Chairperson after deciding to move back to Maryland in December 2015

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

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Google Forms

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Name *

James L

Clean date *

MM DD YYYY

03 / 09 / 2008

Street Address/City/State/Zip *

██████████ Raleigh NC

Phone number(s) *

██████████

Email address *

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair Secretary note: this was updated at Area to "Policy Subcommittee Alternate Chair"
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other:

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

Secretary, GSR 2008- 2009 From the bottom up home group New Hope Area.NC 2021 to present I serve as GSR Recovery in the Hood home group Capital Area NC

List all area service committee service position you have held and dates served. *

H&I 2010 - 2011 in New Hope Area Durham NC Literature Chair 2011-2012 New Hope Area Durham NC PR Alt New Hope Area 2009-2010

List all regional service committee service position you have held and dates served. *

N/A

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/ A

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

activities chair

Motion seconded by (if seconded before being submitted)

Motion reads as follows *

requesting \$300 for upcoming event next month

Intent: *

to donate to rental place also to have as a backup where we might be short

This content is neither created nor endorsed by Google.

CASC New Motion

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

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Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Motion made by *

PR Task Team

Motion seconded by (if seconded before being submitted)

Principles B4 Personalities

Motion reads as follows *

That the PR Task Team be allocated \$175 to purchase an NA tablecloth that we can use during our tabletop and booth presentations.

Intent: *

To provide an attractive picture for our organization that will encourage participants of an event to stop at our table.

Google Forms



Secretary note: This resume was filled out on a paper copy that we do not use in this Area. Notes are made here accordingly.

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Sheryl M.

Clean date *

MM DD YYYY

04 / 12 / 1991

Street Address/City/State/Zip *

Garner NC

Phone number(s) *

Email address *

Email address not asked for in the form filled out

N/A

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee Secretary

Secretary note: The form simply listed "Secretary" and did not specify for the Convention subcommittee. My understanding is that it is for the Convention subcommittee, but sharing here for transparency.

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

This question was not asked on the form.

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

This question was not asked on the form.

- Yes
- No

List all home group services position you have held and dates served. *

GSR; Chair of Area; Alt RSM; RSM; Convention of Women

List all area service committee service position you have held and dates served. *

Tampa Funcoast; Capital Area; Tampa Funcoast

List all regional service committee service position you have held and dates served. *

None

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

The question on the form reads, "Are you employed full-time?"

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Julius J [REDACTED]

Clean date *

MM DD YYYY

02 / 04 / 5

Street Address/City/State/Zip *

[REDACTED] Wilson North Carolina

Phone number(s) *

[REDACTED]

Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Vice Chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

GSR group Treasurer Secretary from 05 to 2012 to Present

List all area service committee service position you have held and dates served. *

Literature Chair alt 3 years 12 to 15 Vice Chair of area 2016 area Chair 16 Convention treasurer from 18 to 21 Convention Chair 2022

List all regional service committee service position you have held and dates served. *

None

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

None

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

Secretary note: The paper copy resume submitted is different than the one we use in this Area. I've made notes accordingly

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Nellene R

Clean date *

MM DD YYYY

11 / 11 / 1994

Street Address/City/State/Zip *

 Rocky Mount NC

Phone number(s) *



Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee Hospitality Chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

This question is not asked on this form.

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

This question was not asked on this form.

List all home group services position you have held and dates served. *

Simple Solutions: 2022 - Now; Life Worth Living: 2023 - now meeting, started yesterday

List all area service committee service position you have held and dates served. *

Tar Roanoke (Chair) 2018 - 2021; East of River DC (Chair) 2012 - 2014; East of River Co-Chair, Policy Chair (2010 - 2012)

List all regional service committee service position you have held and dates served. *

Chesapeake-Potomac Co-Chair Policy (2009); Down East Area Chair - Convention C. 1997 - 1999

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

Additional note written on form: "I have served in many other positions since I was 30 days clean from GSR, H&I Chair, and others."

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

The question on the form is "Are you employed full-time" and "Yes" was selected.

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Jennifer G.

Clean date *

MM DD YYYY

10 / 07 / 2019

Street Address/City/State/Zip *

Raleigh NC 27617

Phone number(s) *

[REDACTED]

Email address *

[REDACTED]

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee - Hotel Liason

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

Lighten Your Load - Greeter (2019-2020); Giant Steps - Greeter (2019 - 2020); Never Alone, Never Again - Chairperson (2020-2021); Last House on the Block - Keyholder/Chairperson (2022); Women of Substance - Treasurer (2023)

List all area service committee service position you have held and dates served. *

Nassau Area H&I Chair (workshops, 2020), Dallas Area H&I Orientation Co-Chair (2022), Nassau Area Convention - Workshop Speaker (2023)

List all regional service committee service position you have held and dates served. *

N/A

List all world service committee service position you have held and dates served. *

N/A

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Linda

Clean date *

MM DD YYYY

03 / 15 / 86

Street Address/City/State/Zip *

 Selma, NC 27576

Phone number(s) *



Email address *



Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other:
Convention Subcommittee Registration Vice Chairperson or Convention Subcommittee Convention Information

Secretary Note: the paper resume response was "Registration, C.I." As these are two positions, I wrote it accordingly.

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

Coffee maker (3/87 - 6/89); Programming Chair (Area) HCASCNA (1 year; 2008-2010); Treasurer (2002 - 2007); GSR (2014-2017)

List all area service committee service position you have held and dates served. *

RCM (2014 - 2015); RCM-A (2019-2021); Activity Treasurer (2017-2021)

List all regional service committee service position you have held and dates served. *

No

List all world service committee service position you have held and dates served. *

No

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Secretary note: Our paper form asks "Are you employed full-time?"

Yes

No

Can you travel if/when required by this service position? *

Yes

No

Secretary Note: This was filled out on a paper copy of a different NA service form and submitted online by me. Not all fields align with ours in the Area. Notes made as relevant.

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Annette W [REDACTED]

Clean date *

MM DD YYYY

05 / 03 / 2013

Street Address/City/State/Zip *

[REDACTED]

Street address given; paper form only asks for "Address"

Phone number(s) *

[REDACTED]

Email address *

Paper form did not ask for email address

N/A

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Subcommittee Registration Chair

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

Yes

No

n/a

This question was not asked on the form

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

Yes

No

This question was not asked on the form

List all home group services position you have held and dates served. *

In from the Strom

List all area service committee service position you have held and dates served. *

Registration; Hi GSR.

List all regional service committee service position you have held and dates served. *

No

List all world service committee service position you have held and dates served. *

No

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

Question on paper form asks "Are you employed full-time?"

Can you travel if/when required by this service position? *

Yes

No

CASC Service Resume

- ▶ Complete all required fields
- ▶ Answer 'n/a' if a field is required but not applicable
- ▶ Click or tap the Submit button

Service resumes, motions and proposals are typically presented, discussed and voted on at the monthly CASC meeting, following guidelines in the CASC Policy Manual.

Visit www.CapitalAreaNCNA.com for more info on Capital Area NA and the Capital Area Service Committee.

Name *

Kim L [REDACTED]

Clean date *

MM DD YYYY

05 / 08 / 95

Street Address/City/State/Zip *

[REDACTED]

Phone number(s) *

[REDACTED]

Email address *

Service position you are interest in *

- Chairperson
- Vice Chairperson
- Treasurer
- Alternate Treasurer
- Secretary
- Alternate Secretary
- Regional Committee Member (RCM)
- Alternate Regional Committee Member (RCM)
- Hospitals & Institutions (H&I) Chair
- Public Relations Subcommittee Chair
- Policy Subcommittee Chair
- Outreach Subcommittee Chair
- Activities Subcommittee Chair
- Outreach Subcommittee
- Convention Subcommittee Chair
- Other: Convention Registration

If the position you are interested in is *not* an alternate position, do you have previous experience in this position or the related alternate position? *

- Yes
- No
- n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.) *

- Yes
- No

List all home group services position you have held and dates served. *

GSR, Secretary, Treasurer

List all area service committee service position you have held and dates served. *

Hospitality, H&I

List all regional service committee service position you have held and dates served. *

None

List all world service committee service position you have held and dates served. *

None

Were all home group, area, regional and world service positions held completed? *

Yes

No

n/a

If you answered 'no' to the previous question then please explain fully. *

N/A

Are you financially stable? *

Yes

No

Can you travel if/when required by this service position? *

Yes

No

CASC Chairperson: Monthly Report

Richard J. / September 10 2023

Good Afternoon:

Past month's activities:

- 1) Last months meeting was very long again and we will attempt to the time while attending to the business of our area by observing business etiquette.
- 2) I attended the mid-month executive body meeting where we discussed the recent and upcoming ASC meetings and ways to improve our service to you
- 3) We are in the process of transitioning meetings with new officers
- 4) If there is anyone who is available/interested in serving on the ASC please submit your service resumes and pass this invite on to others seeking to be in service.

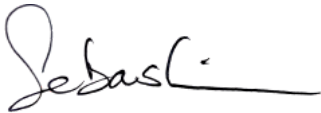
Thank you for your confidence in choosing to allow me to serve as CASC Chairperson.

Richard J.

September 2023 RCM report for CASC

- Last Regional Service Committee meeting was 7/29.
 - Minutes as-sent by RSC secretary:
<https://drive.google.com/drive/folders/1uEn4nnj3XVYvnf4icPagnQQOy5YyAAbG?usp=sharing>.
- Next RSC meeting is 10/28/23 1-4 PM; details TBA.
- Asking the following from Capital Area NA
 - **Vote on 3 RSC motions (attached).**
 - Hybrid equipment - \$1,775 to purchase equipment to facilitate hybrid RSC meetings.
 - Change quorum requirement. Hasn't been met in years and impedes RSC ability to deliver.
 - Change elections for RD and AD to match the WSC cycle.
 - **Complete the NAWS environmental scan survey.** This is part of the NAWS strategic planning process, which includes input from NA members and groups. This is part of the basis for deciding how apply 7th tradition money toward carrying the message at the NAWS level of service.
 - Survey: <https://ncregion-na.org/2023-2024-naws-scan-survey>.
 - Further info:
<http://www.na.org/admin/include/spaw2/uploads/pdf/2023-2024%20Environmental%20Scan%20Survey%20Cover.pdf>.
 - **Support RD/AD Issue/Discussion Topic workshops 9/30/2023.** Our Regional Delegate (RD) and Alternate Delegate (AD), following up on items prioritized at the NA World Service Conference (WSC) last June, are looking to facilitate several Issue/Discussion Topic workshops for areas within the NC Region of NA, included Capital Area NA. The first workshop is anticipated to be 9/30/2023 right here in the capital area, and will focus on the following IDT's:
 - Gender language in our literature.
 - Disruptive and predatory behavior.More details will be announced once the workshop is finalized, on the CASC website and facebook group.

Signed FTW,



Sebastian D., CASC RCM

[contact info provided under separate cover]

Assumptions.....1
 Equipment Options and Estimates.....2
 Option A - Low cost.....2
 Option B - Mid range.....2
 Option C - Premium..... 2
 Example: Hybrid-optimized room layout using Option A.....3

Assumptions

- It’s better to purchase everything needed, instead of borrowing some or all components.
- Quality audio and video improves engagement and participation of virtual participants. This proposal strikes a balance between quality and cost.
- Cost estimates are exactly that - estimates based on pricing at the time this proposal was created, including discounts and coupons if available.
- A designated laptop ensures webcam, audio, Zoom account, etc. are fully supported and configured properly every time.
- Equipment will be tested within the return period to ensure reality matches expectations.
- Without proper setup, facilitation and fast wi-fi or mobile hotspot, no equipment is capable of producing a positive hybrid experience.
- Ability for in-person and virtual participants to see each other improves engagement and participation.
- A case is needed for safe storage and transport.
- A Zoom subscription is needed to enable meetings >45 minutes.

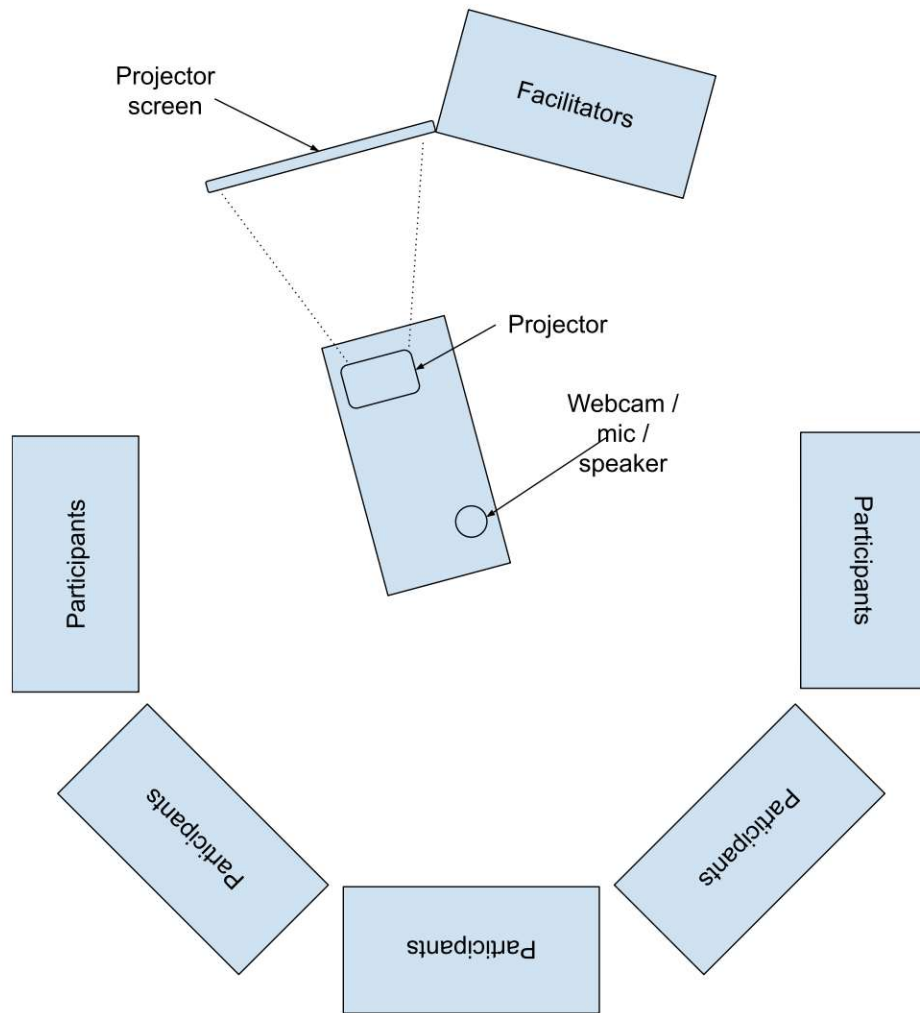
Equipment Options & Estimates

Option B back to areas for voting.

Option A - \$1300		Option B - \$1775		Option C - \$2250	
Webcam & Mic <ul style="list-style-type: none"> ● Logitech c920 bundle w/tripod - \$70 ● Anker speakerphone - \$89 (\$99 w/out coupon) 		Webcam & Mic <ul style="list-style-type: none"> ● EMEET - \$564 (\$699 w/out coupon) 		Webcam & Mic <ul style="list-style-type: none"> ● OWL - \$1,049 	
Pros <ul style="list-style-type: none"> ● About 30% less than Option B; about 60% less than Option C. ● Adequate quality audio and video. ● Bluetooth audio connection can simplify setup and reduce setup time. <p><i>Note: Audio option is used for monthly CASC meetings and at the Apr. 2023 RSC meeting.</i></p>	Cons <ul style="list-style-type: none"> ● Audio volume can be hard to hear in large and/or noisy rooms. ● Video doesn't automatically focus on whoever is talking, and may not have a wide enough field of view to show all in-person participants. ● USB-only connection for webcam. 	Pros <ul style="list-style-type: none"> ● About 30% less for similar quality as Option C. ● High quality audio and video. ● Webcam zooms in on the person talking automatically. 	Cons <ul style="list-style-type: none"> ● About 30% more than Option A. ● USB-only connection for webcam and audio. ● EMEET product is newer and less proven than OWL. 	Pros <ul style="list-style-type: none"> ● WiFi option for webcam and audio can simplify setup and reduce setup time (however this requires higher data speeds). ● High quality audio and video. ● Webcam zooms in on the person talking automatically. 	Cons <ul style="list-style-type: none"> ● About 30% more than Option B for similar quality.

Additional Items (included in estimate for all options)

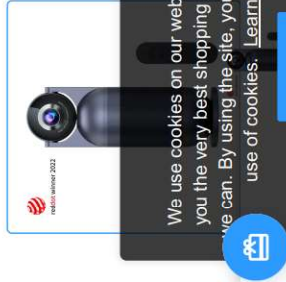
- [Laptop](#) - \$440
- Projector and screen so in-person participants can see Zoom participants and items being shared on Zoom - \$225
 - [Projector](#) - \$139
 - [Screen](#) - \$80
- [Rolling case](#) + egg crate - \$140
- Table to hold equipment - \$0 (member has committed to donating)
- [Zoom subscription](#) - \$149 (annually)
- Peripherals - \$150 (estimated)
 - Foam for rolling case
 - Surge protectors
 - Extension cords
 - HDMI extension cords
 - USB extension cords
 - Additional items TBD (there's always something 😊)

Example: Hybrid-optimized room**Key aspects**

- Microphone centered and isolated from interference.
- Virtual and in-person participants are visible to each other.
- Minutes and/or other documents can be shared with both virtual participants (via Zoom) and in person participants (via projector).



reddot winner 2022



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EMEET Meeting Capsule

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[Overview](#)



✕

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EMEET Meeting Capsule
USD \$559.99 ~~\$799.99~~

[Overview](#)



✕

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🛒

EMEET Meeting Capsule

USD \$559.99 ~~\$799.99~~

[Overview](#)



EMEET Meeting Capsule

360° Video Conference Camera with 8 Mics, Hi-Fi Speaker

★★★★★ 34 reviews

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SAVE \$240.00

- **Includes everyone:** 360° panoramic 1080P HD camera, 8 mics and 90dB Hi-Fi speaker.
- **AI-powered autofocus:** Intelligent multi-modal algorithm autofocuses on active talkers responsively.
- **5 video modes:** Swivel lens with 5 video modes on your command for various scenarios.
- **Optimized voice pickup:** Exclusive VoicelA® DSP algorithm features noise reduction, human voice enhancement and full duplex.
- **Plug and play:** Launch meetings instantly without the need for cell phones or Wi-Fi.
- **Smart coverage:** Extend coverage from 18ft to 36ft when daisy chained with our signature speakerphone M3.

Product Model:

Meeting Capsule

Meeting Capsule + M3

Meeting Capsule + M0 Plus

Accessory:

N/A

Floor Tripod

*18ft audio range

Quantity:

- 1 +

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Hassle-free Customer Service



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USD \$559.99 ~~\$799.99~~

Crafted for Hybrid Collaboration

[Overview](#)



Optimized 360° Audio and Video Coverage

360-degree 1080P conference room camera spots every detail within a radius of 13ft (4m). 8 omni-directional beamforming microphones pick up every word within a radius of 18ft (5.5m) with high fidelity. 10W/90dB Hi-Fi speaker allows every participants to hear clearly. Everyone's involved in an immersive collaborative experience.



EMEET Meeting Capsule 360° View:

Placed at the center of the table. Capture everyone from all angles.

✕

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🛒

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[Overview](#)



Traditional Tabletop Camera View:

Placed at one end of the table. Limited to a certain field of view.

Intelligent AI Algorithm for Natural Communication

Exclusive AI algorithm captures and presents active talkers' faces perfectly on the monitor in response to voices so that remote team members on the other end can see the talkers' faces immediately when hearing their voices, reproducing an organic face-to-face communication.



5 Video Modes for Different Scenarios

Whether in a group meeting or holding a meeting alone, whether doing a presentation or having a discussion, you can find a specific video mode among the 5 that satisfies your needs.

Collaboration Mode

Active speakers (up to 3) can be zoomed in on **X** to appear on the screen at the same time. **A** **p**a We use cookies on our website to give you the very best shopping experience you can. By using the site, you agree to its use of cookies. [Learn more](#)



[Overview](#)

EMEET Meeting Capsule

USD \$559.99 ~~\$799.99~~



Collaboration Mode Speech Mode Classic Mode Spotlight Mode InPrivate Mode

X

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EMEET Meeting Capsule
USD \$559.99 ~~\$799.99~~

[Overview](#)



To be Heard Clearly

To Hear Every Syllable

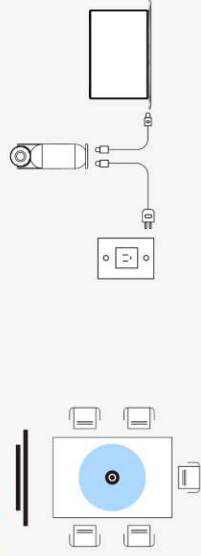
Plug and Play

Simply plug the Meeting Capsule into a power outlet or click the physical buttons on the device to operate the EMEET Meeting Capsule is available.

We use cookies on our website to give you the very best shopping experience we can. By using the site, you agree to its use of cookies. [Learn more](#)

EMEET Meeting Capsule
USD \$559.99 ~~\$799.99~~

[Overview](#)



Place the device on a table.

Plug in power and connect to a computer via USB and you're ready to go.

Select the EMEET Meeting Capsule as mic, camera and speaker.



Operate the device via remote control or the physical buttons on the device.No need for cell phones or Wi-Fi.

Convey Clearer Information

Exclusive VoicelA® DSP intelligent algorithm enables 8 mics to achieve noise cancellation, human voice enhancement and full duplex, impressing the other end with premium sound and keeping online meetings as immersive as offline ones.



Click the button below to experience what's brought by our exclusive VoicelA® for yourself.



Before VoicelA® After VoicelA®

For illustration only, the actual effect may vary.

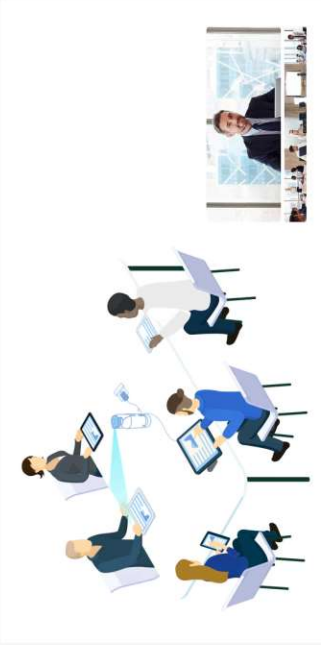
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EMEET Meeting Capsule
USD \$559.99 ~~\$799.99~~

[Overview](#)

Intelligent Conferencing Solutions for Various Coverage



Collaborative experience: One EMEET Meeting Capsule


Audio range: 18ft
Video range: 13ft

Meeting Capsule
\$559.99 ~~\$799.99~~

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Extended audio: One EMEET Meeting Capsule Daisy Chained with an EMEET OfficeCore M3

Audio range: 36ft
Video range: 13ft

Meeting Capsule + M3
\$739.99 ~~\$1,019.99~~

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Flexible Placement for Your Convenience

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Out-of-the-box Compatibility

Compatible with all kinds of operating systems and meeting platforms.

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GoToMeeting

Zoom

Google Hangouts

Google Meet

Microsoft Teams

Face Time

Cisco Webex

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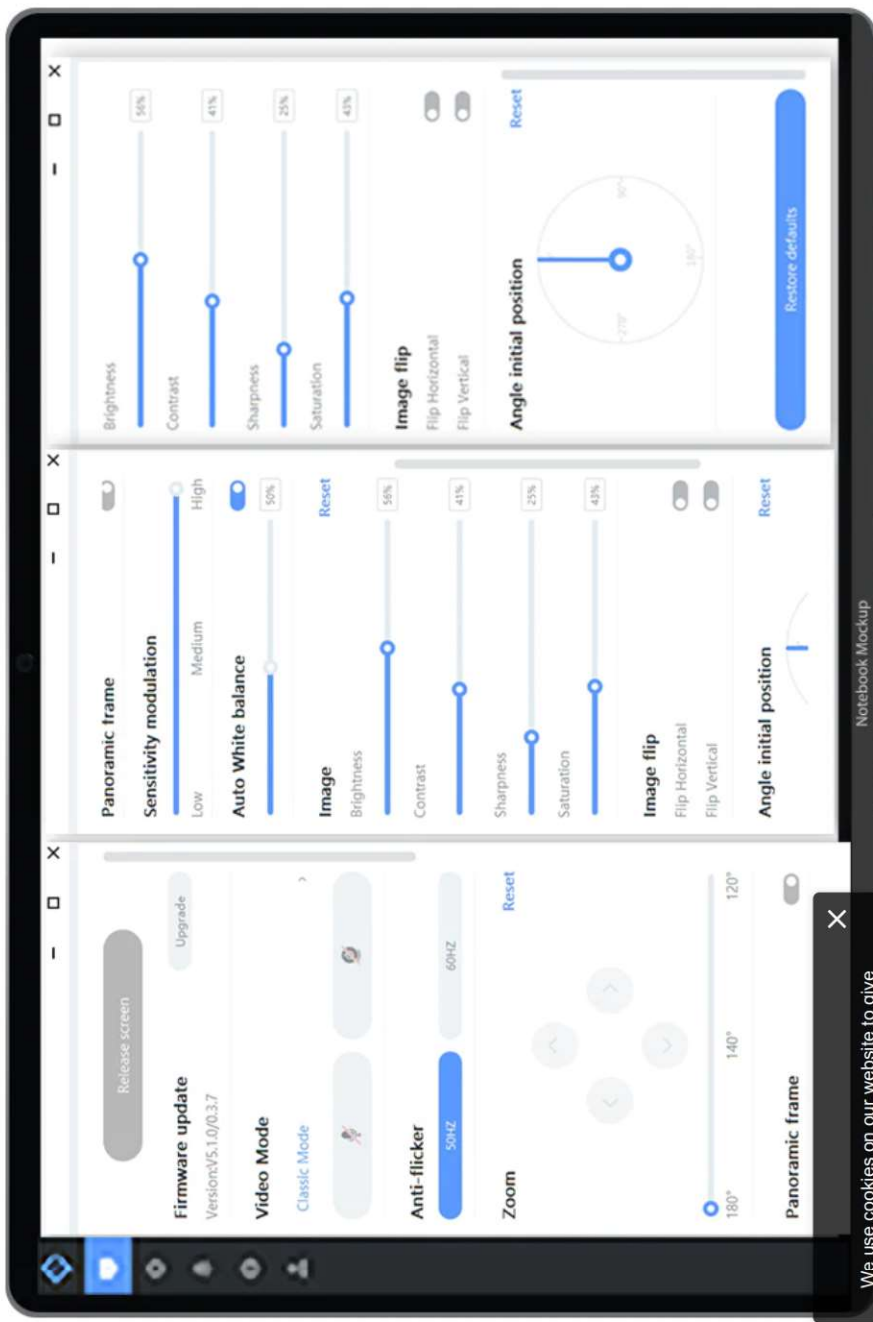
BlueJeans

macOS

Windows

Customize Parameters as You Want

Use the exclusive EMEETLINK to customize image parameters, switch video mode or adjust the initial angle of the image, etc. You can also upgrade the firmware to improve the device and let it get smarter.



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Overview



No audio content will be stored.



No video content will be stored.



No user data will be recorded by Wi-Fi.



The software won't record any user data.

Forbes

"To make remote meetings with multiple participants in multiple meeting rooms more effective, EMEET has developed the Meeting Capsule. This is a three-in-one video conferencing solution that delivers high-quality video feed and clear audio for business and home-office users, as well as those who want a premium meeting room webcam."

TECH SPECS

Camera

- 360° optional fisheye lens
- Focus type: AI-based focus
- Output Resolution: 1080P HD Video
- Video Pickup Radius: 13' (4m)
- Field of View: 0 - 360° adjustable

Microphone

- 8 omni-directional beamforming Smart Mics
- Audio Pickup Radius: 18' (5.5m)
- Extended audio: Extend the audio range to 36' (11m) when daisy chained with an EMEET M3.

Speaker

- One built-in speaker for 360° coverage and clear in-room sound

Output level: 10W/90dB

X

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EMEET Meeting Capsule
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Line cord: Specific to region

Compatibility

Plug and play connection to host computer via USB-C

Works with Zoom, Microsoft Teams, Skype for Business, Slack, Webex, and many more

Compatible with virtually all web-based video conferencing platforms

Software

Upgrade firmware and customize video parameters in EMEETLINK

Setup

Place Options: Center of the table, tripod-mounted, 60cm ahead of the user for spotlight mode, at one end of the table by using a Kensington lock

Usage

Input: 12V, 2000mA

Average Power Consumption: 10W

Security

Meeting capsule does not record any video or audio content

Video and audio are streamed to the host computer via USB-C connection

Option to secure the Meeting Capsule with lock adapter

Warranty

2-year warranty

Dimensions

Dimensions: 4.4" W x 4.4" D x 10.72" H (97mm*291mm)

Weight: 2.61lb (1060g)

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WHAT'S IN THE BOX

- ①EMEET Meeting Capsule
- ②USB C-A Adapter
- ③Safety Guide
- ④USB C-C Cable, 3m
- ⑤Power Supply Adapter
- ⑥No. 7 batteries for remote control
- ⑦User Manual
- ⑧Remote control

FAQ

General

Learn More

Ask a Question

Can I turn on/off the panoramic frame? +

Can I zoom in/out and adjust the view of the capsule? +

How to set up EMEET Meeting Capsule? +

What video conferencing software does the Meeting Capsule work with? +

Can I use external speakers or microphones with the EMEET Meeting Capsule? +

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★★★★★ 4.88 out of 5
Based on 34 reviews



Most Recent ▾



T.D. Verified
★★★★★

05/19/2023

Works like a charm!

This works very well! It spans the room well. Sound quality is very good.



O.L. Verified
★★★★★

04/05/2023

AMAZING

Excellent built quality. The video and sound quality are outstanding. I currently using it for my Zoom meetings and loving it.



Darzo A.
★★★★★

03/23/2023

Great Product for anyone looking for a all-in-one conferencing solution.

I worked as an independent contractor and jump on conference calls with clients on a daily basis. One of the things I struggled the most was having quality conference calls with my teammates especially when we were in the office and had remote attendees. Having everyone jumping on their laptops because we had remote attendees was needed but it felt we might as well just have taken the call from home if we were answering each other via screens anyways. That's where the EMEet capsule comes in as an indispensable tool. The fact that it provides clear calls, and 360 camera view allowed us to leverage interact normally in the room while interacting with remote workers in a much more natural way. The device's portability makes it easy enough to carry around so no longer need to book meetings in advance to get a room with equipment, you virtually make any room a capable conference room, and it helps tremendously. I know my use case may sound a niche, but if you are one of those still frequently working on the road, multiple locations, this product is worth the investment. One last comment, the company customer service is awesome, very professional and helpful, which is a very rare thing these days.



Erica. Verified
★★★★★

03/15/2023

Good for conference room

We use this in our office conference room. Was super easy to set up and work with all the major application out there. Sound of the unit is very good and we have never had issue with anyone having problems hearing us. it would be nice if the camera was a little higher quality. I am guessing it is around a 2MP camera and it would be nicer if it was a 4 or 5MP for better video.



Alexis L. Verified
★★★★★

02/21/2023

A cut above

This is the ultimate in conference devices. The sound, picture, and camera are all superior. Well worth the money and the difference is instantly seen.

1 2 3 >

USER MANUAL

EMEET Meeting Capsule User Manual

Download Now

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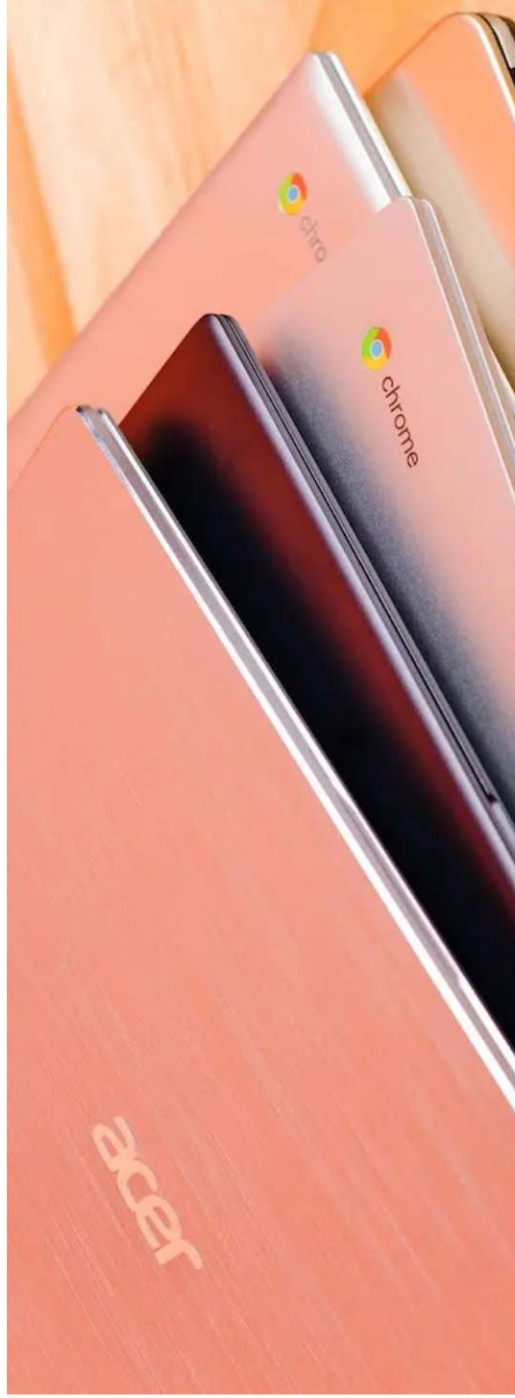
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ELECTRONICS > COMPUTERS

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By [Kimber Streams](#)

Updated August 2, 2023



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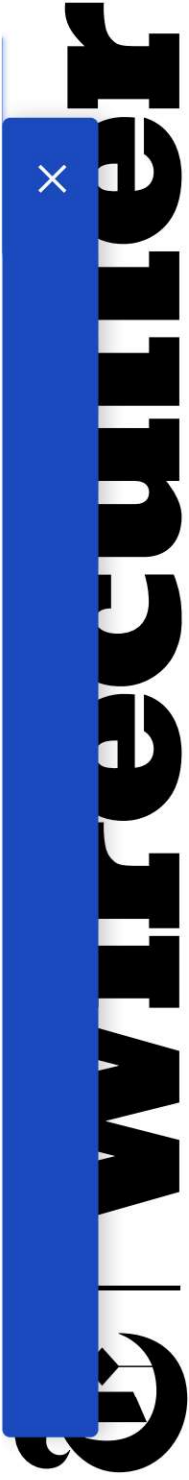
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How we tested

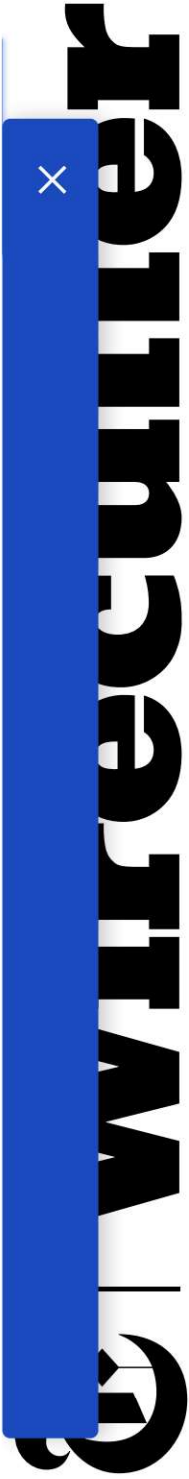
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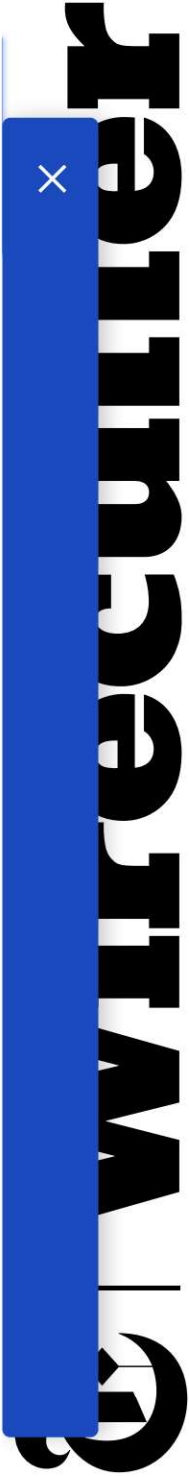
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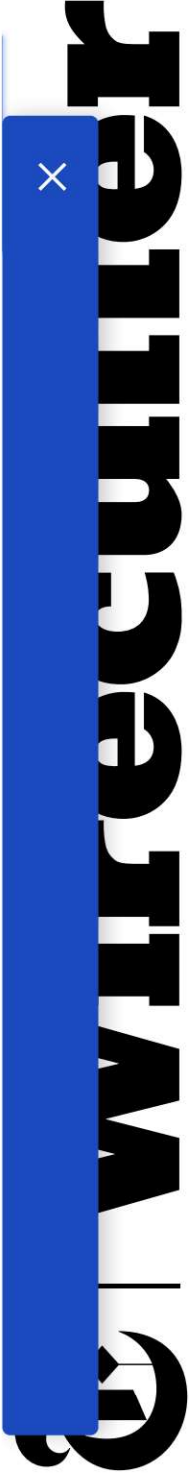
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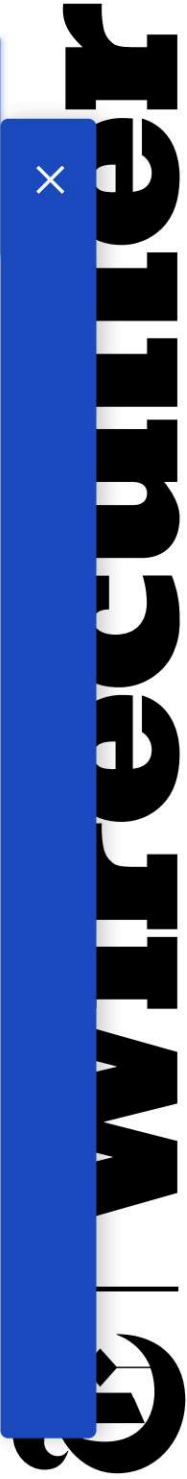
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Meet your guide



Kimber Streams



Kimber Streams is a senior staff writer and has been covering laptops, gaming gear, keyboards, storage, and more for Wirecutter since 2014. In that time they've tested hundreds of laptops and thousands of peripherals, and built way too many mechanical keyboards for their personal collection.

Further reading



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Electronics > Video Projectors



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Table with product details: Brand (HOPVISION), Recommended Uses For Product (Laptop), Special Feature (Built-in Speaker, Portable), Connectivity Technology (USB, HDMI), Display resolution (1920 x 1080)

About this item

- [15000 LUX & Native 1080P, Support 4K UHD] - HOPVISION portable projector 15000 LUX with native resolution of 1920 * 1080 and 12000:1 contrast ratio, can also support 4K video, which offers 6 times more details than 720P projectors.

Delivery and Pickup section containing price (\$139.99), Prime One-Day FREE Returns, delivery date (August 4), stock status (In Stock), quantity selector, and Add to Cart/Buy Now buttons.

Add an Accessory section listing Smarter Surfaces Short Throw Projector Screen Paint White 48.4ft*752.63fioz | 4K Ultra Hi... for \$199.00

Whether you are watching a movie at home, playing games, outdoor party, or for business PPT presentations.

- [350" Giant Screen Experience & Hi-Fi Stereo Sound] - HOPVISION outdoor projector with image sizes up to 350 inches, enjoy large screen experience. Built-in dual stereo speakers with SRS Sound, which will give you higher treble, a precise alto and powerful bass. The powerful speakers offer a different and surprising experience. Just like you brought the theater home.
- [Low Energy Consumption & Long-Lasting Lamp] - Our upgraded outdoor movie projector features an efficient cooling system, ensuring high cooling efficiency and low fan noise. The long-lasting lamp extends the bulb life to an incredible 150,000 hours, equivalent to over 20 years of continuous superior audio-visual experiences.
- [Multimedia Connection & Ultimate Touch Screen Experience] - Connect effortlessly with HDMI, USB, AV, and Audio Out 3.5mm interfaces. Compatible with smartphones, tablets, PCs, TVs, laptops, USB sticks, PS4, DVD players, TV Boxes, and more. (Due to app copyright, watch the movies on Netflix, Prime Video, Hulu, only via connect a Laptop, Chromecast, Wireless Dongle, TV Stick or Roku.)
- [Perfect Home Cinema & Professional Tech Support] - HOPVISION movie projector creates the perfect home theater for movies, games, TV series, sports events like the UEFA Champions League, and even work presentations with PPT, EXCEL, and Word. Besides, HOPVISION offers 2 years of free repairs and lifetime professional tech support. If you have any problems, please feel free to contact us.

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Amada Projector Tripod Stand, Foldable Laptop Tripod, Multifunctional DJ...
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From the brand

HOPVISION's story began with a simple belief that everyone deserves a cinematic experience at home. Their powerful projectors bring movies, games, and presentations to life with crisp 1080p resolution, built-in speakers, and easy-to-use interfaces. With HOPVISION, you can transform any room into a home theater and create unforgettable memories with family and friends.

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This item HOPVISION Native 1080P Projector Full HD, 15000Lux Movie Projector with 150000 Hours LED Lamp Life, Support 4K 350" Home Outdoor Projector for Smartphone/PC/Laptop/ PS4/TV Stick/EXCEL/PPT

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Customer Rating ★★★★★ (2376) ★★★★★ (1109) ★★★★★ (7184) ★★★★★ (960)

Price \$139⁹⁹ \$229⁹⁹ \$169⁹⁸ \$108²⁰

Shipping ✓prime ✓prime ✓prime ✓prime

Sold By RHLTOP1 XNoogo US Dragon Max Amazon Warehouse

Connectivity Technology USB, HDMI Wi-Fi, Bluetooth, HDMI, VGA, AV, Audio, USB, SD Bluetooth,Wi-Fi,HDMI,VGA,AV,Audio,USB

Image Brightness 15000 lux — 15000

Image Contrast Ratio 12000:1 20000 : 1 10000:1

Item Dimensions 9 x 4.2 x 10.4 inches — 9.25 x 6.51 x 3.26 inches 9.13 x 7.5 x 3.8 inches

Product information

Technical Details

Brand Name	HOPVISION
Item Weight	6.03 pounds
Product Dimensions	9 x 4.2 x 10.4 inches
Item model number	JQ818A
Color Name	White
Special Features	Built-In Speaker, Portable
Speaker Type	Stereo, Built-In

Additional Information

ASIN	B092CPQV95
Customer Reviews	4.4 ★★★★★ 2,376 ratings 4.4 out of 5 stars
Best Sellers Rank	#120 in Video Projectors
Date First Available	June 30, 2020

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Amazon's Choice Overall Pick

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Mounting Type Tripod Mount

Product Dimensions 52.28"W x 29.4"H

Material Aluminum

Display Dimensions 60 inch

Brand excellimage

About this item

- PROJECTOR SCREEN 60 INCH:** The size of this premium screen with 16:9 format can meet most of your applications, the tension of four tubes makes a flat surface, with high gain factors on fabric, it will give you a perfect picture.
- PROJECTOR SCREEN WITH STAND:** The sturdy tripod stand can be stretched, folded and adjusted, along with the four aluminium tubes has spring tension on its end, which is to sustain a stable structure of whole screen, especially when you use it outdoor.
- PORTABLE PROJECTOR SCREENS:** With a net weight of 8.6 lbs, this tripod projector screen could be mostly lightweight among similar classifications, it is easy for you to carry it to wherever you want.
- SET-UP WITHIN 2 MINUTES:** A carrying bag keeps all the projector screen parts in it, don't need waste more of your time, you can easily to assemble or disassemble this tripod projector screen with just few steps.
- MULTIPLE APPLICATIONS:** You can put this projector screen with stand in any indoor or outdoor venue, such as living room, garden, backyard, classroom, screen has 160 degree viewing angle, you can enjoy the big pictures with your family or friends all together and make a fine entertainment.

Additional Details



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Projector Stand

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Projector Screen with Stand 80 inch 16:9 HD 4K Indoor Outdoor Projection Screen Portable Projector Screen with Carry Bag for Home Theater Backyard Cinema Travel Foldable Anti Crease

★★★★★ (97)

\$59.99 ✓ prime

SKU #1001205872

Customers Also Viewed



Husky
23 in. 50 Gal. Black Rolling
Toolbox with Keyed Lock and
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Box
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Husky
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★★★★★ (55)

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DE
28
Roll
★★★★★

\$4

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DEWALT

Tough Chest 38 in. W 63 Gal. Polypropylene Rolling Tool Box

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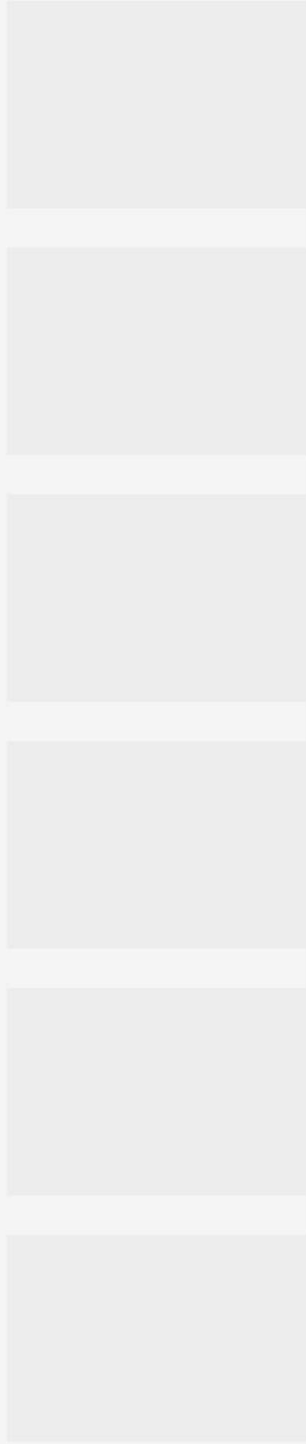
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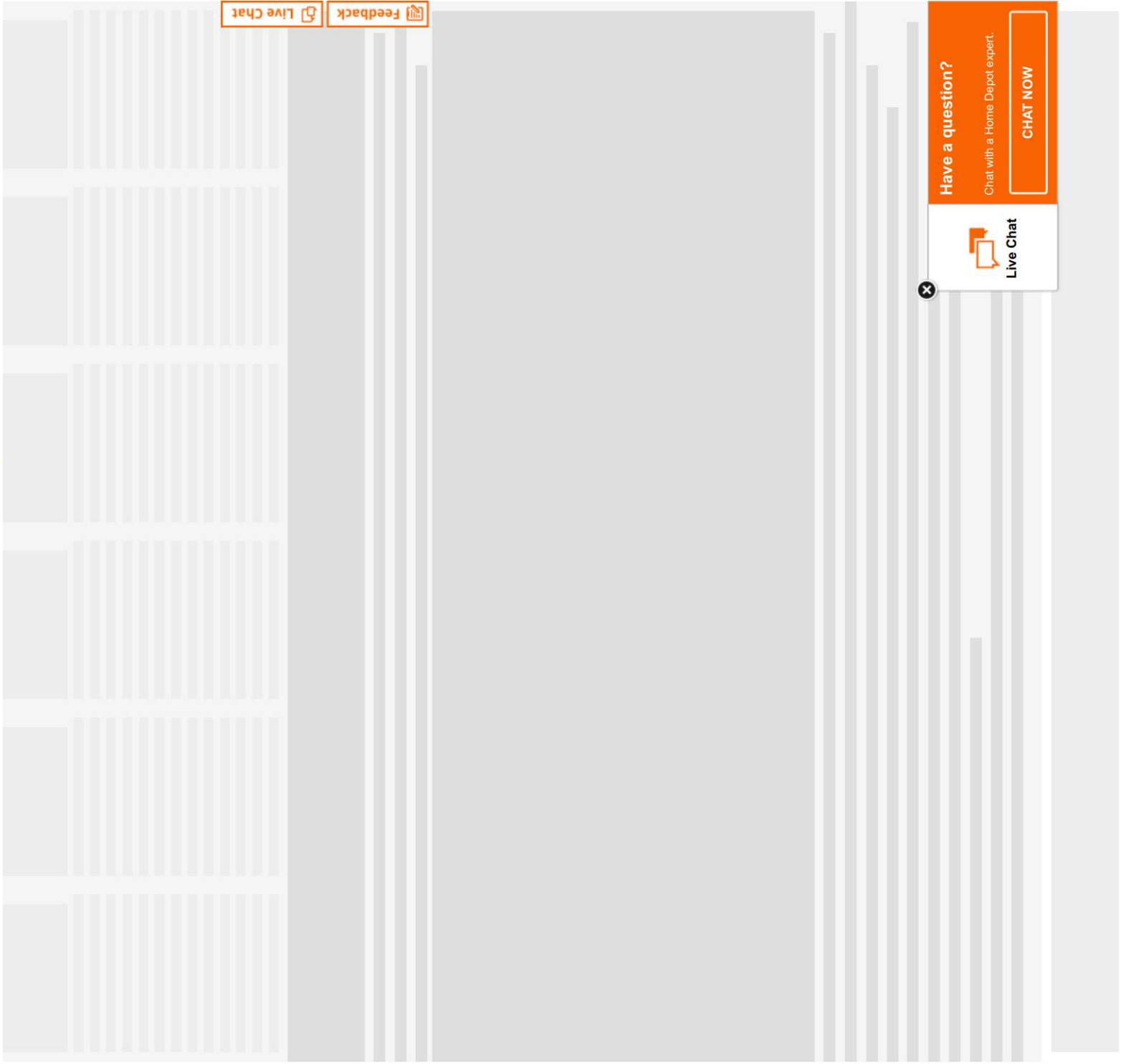
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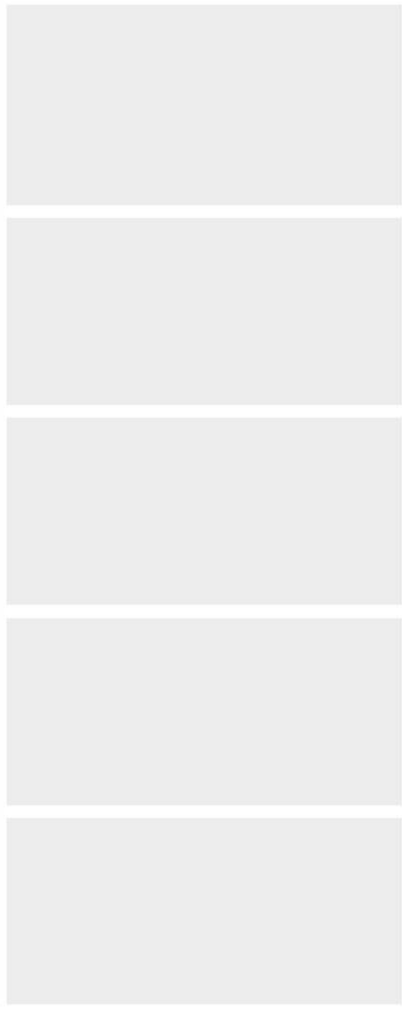


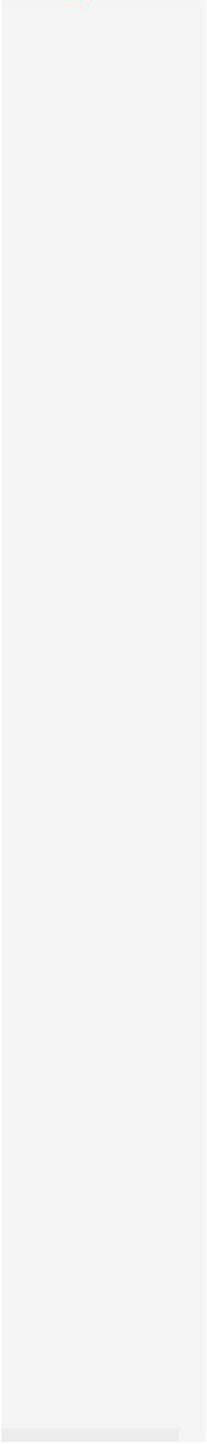
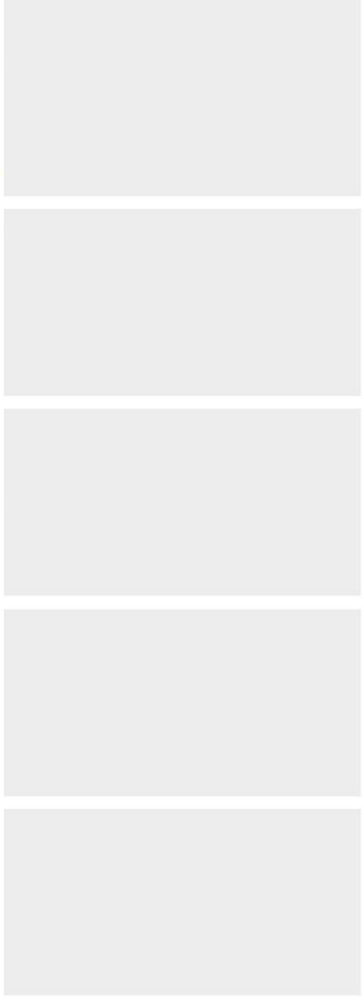
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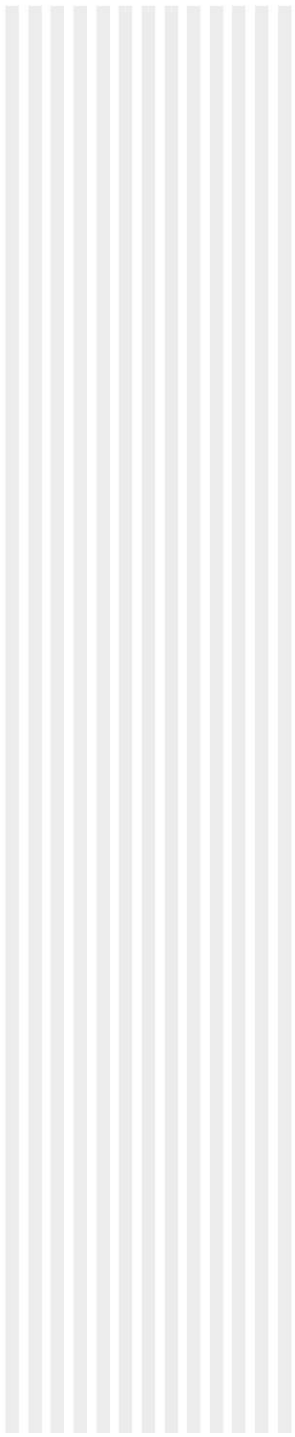
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See detail ▾	See detail ▾	Buy Now (/opc/buy?plan=pro&period=annual&from=pricing&by=price&from=biz&usageTy

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- ✓ Whiteboard
- ✓ Team Chat
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- ✓ Workspace Reservation

- ✓ Meetings up to 30 hours per meeting
 - ✓ 1000 Attendees per meeting
 - ✓ Whiteboard
 - ✓ Team Chat
 - ✓ Mail & Calendar Client & Service
 - ✓ Cloud Storage Unlimited
 - ✓ Extras SSO, managed domains & more
 - ✓ Phone Full-featured PBX
 - ✓ Translated Captions*
 - ✓ Rooms & Webinars
 - ✓ Workspace Reservation*
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Motion NC Region

7/29/23

Maker of Motion - Brian C Crossroads
Seconded By - Sebastian D, CASC RCM

Motion - To have our Delegate Team
(RD + AD) to be elected in with
cycle of the WSC

Intent - To have our delegate team
work with the same cycle as
the World Conference

North Carolina Region of Narcotics Anonymous Motion Form

Date: 2023-07-29

Motion number: 20230729-01

Author: _____ Ray L
(Name)

Second: Brian C
(Name)

Title: Changes to Section 6: Voting to eliminate Quorum from NC Region of NA Policy Handbook

Summary:

Proposed changes:

Change Section 6: Voting Subsection A) Existing:

A 2/3 quorum, determined by roll call of member Areas at the beginning of the RSC meeting, is required to do business at the RSC. In the event that quorum is not met at the beginning of the meeting, a straw poll of the majority of members present may be taken to set aside policy for purpose of conducting the agenda.

Proposed:

A minimum of 4 RCMs is required to conduct business at the RSC. In the event that this requirement is not met at the beginning of the meeting, a straw poll of the majority of members present may be taken to set aside policy for purpose of conducting the agenda.

Change Section 6: Voting Subsection B) Existing:

Motions tabled for lack of quorum may be voted on as old business at the next RSC, regardless of quorum.

Proposed:

Motions tabled due to less than 4 present member areas may be voted on as old business at the next RSC, regardless of meeting attendance goal.

Change Section 6: Voting Subsection D) Existing:

A simple majority is defined as greater than 50% of the quorum.

Proposed:

A simple majority is defined as greater than 50% of voting members in attendance.

Intent:

The current policy defines quorum as 2/3 of the 11 member areas. Meeting this attendance goal has been extremely rare over the last several years requiring the RSC to suspend policy in order to do business. This motion eliminates quorum and defines a minimal RCM attendance policy to conduct business.

Amendments:

Passed	Failed	Referred	Tabled	Ruled out of order	Disposition

Vote:



CASC TREASURERS REPORT

Date: 9/10/2023
From: Leah P, CASC Treasurer
Re: Treasury Report for the month of August 2023

Dear Capital Area,

I would like to thank the Capital Area for allowing me to serve in this position. Service work is a suggestion of the program of Narcotics Anonymous and I am grateful to be doing so.

- Please put your home group name in the note section when you make a donation via paypal or cash app. When using Paypal, please send payment to friends and family as there is now a large fee associated with Goods and Services payments.
- I have made some changes to the reporting for the treasurer reporting. I have added a report that resembles your check book register and may be easier for you to read. It is a form I use in preparing the monthly Donations (notice I did not say home group) and Income and Expense Report.
- We donated \$56 to the World Service Office which is 40% above prudent reserve. We donated \$289 to the NC Region which is 60% above prudent reserve. (NC Region is now using cash app for donations, so I resent the amount from the May donation via cash app because the check was not delivered.)

Unity Day Income - \$1,010

- Question: Unity Day was 6/24/23. When was the donation made? *The donations from Unity day were collected 6/24/23. There were always two people sitting together and money was taken with two addicts. When was it deposited and how? A deposit was made the night of the event via the ATM. The deposit was categorized by each avenue for which we collected money, i.e. food, 7th tradition, auction, etc. Was it included with other receipts (e.g. home group donations)? It was included on the homegroup donations page because that is the only place we track contributions. Not seeing anything on June, July or August PNC statements that reflects this deposit. The amounts were deposited per category, but if you add the amounts deposited that day, the total is 1,010.00.*
- Question: Why does it appear on the Home Group Donations ledger instead of Income & Expenses? *The home group donations documents accounts for all monies received by the ASC. This total figure is included on the income and expense document under contributions at the top of the page.*

RSC Donations

- Question: What are the monthly Regional Donations and when did they get paid? *The May 2023 donation was 233.00 via check and has not posted. This payment was made via cash app on 8/21/23. The June 2023 donation was \$695 and paid via cash app on July 31, 2023, but posted on the account on August 1st. The July 2023 donation was \$56 and posted on August 21st. Was the RSC donation late as well and then lumped into August's donation (similar to the donation to WSO)? No. Each payment was made separately, although they may have been made at the same time.*

World Service Donations

- Question: If I'm reading your reports right, totals donations for July August were as follows: RSC \$695 / WSO \$1,083. If we split donations RSC 60% / WSO 40% then why is the July/August total to RSC greater than the WSO? *WSO June payment was \$463.90 and paid on 7/31 for 72.94 and 390.96. I calculated the amount wrong, so made the additional payment the same day. July WSO payment was \$155 and \$310 double payment was made, but have not found out why WSO double charged us, as this money would eventually fund flow up.*
- No individual is making payments at this time.

August 2023 STATEMENT

The beginning balance on 7/31/2023 was:	\$ 2,126.62
Deposits totaled:	\$ 1,041.09
Checks and deductions totaled:	\$ 934.14 - See attached detailed Income & Expense Report
Ending balance on 8/31/2023:	\$ 2,233.57 See attached PNC Bank Statement
Outstanding checks not cleared:	\$ -
Available balance on 8/31/2023:	\$ 2,233.57

This available balance puts us \$433.57 ABOVE the policy mandated prudent reserve of \$1,800.00. See attached PNC bank activity report and the Income and Expense statement. There will be a \$173.43 donation to World and a \$260.14 donation to Regional Service Committee this month.

Thanks for allowing me to be of service.

Your trusted servant,

Leah P., CASC Vice Chair

Attachments:

- Income & Expense report
- PNC Bank Statement through 8-31-23
- Pay Pal Activity Statement
- Donations
- Cash App Statement
- Convention Committee PNC Bank Statement

Date	Item	Description	Check number	Amount	Income Debit	Expenses Credit	Balance	Code
		Balance Forward					2126.62	
6/1/2023	Region	Monthly donation for May -- VOID		232.58		0	2126.62	NC Region
8/2/2023	Cash App	Donation from Sunday Serenity		4.85			2126.62	Donation
	Cash App	Donation from Keep it Simple		28	32.85		2159.47	Donation
8/8/2023	Paypal	Donation from Thursday Night Lit		22			2159.47	Donation
	Paypal	Donation from Primary Purpose		58.32	80.32		2239.79	Donation
8/8/2023	Storage	Security Self Storage		124.99		124.99	2114.8	Admin
8/8/2023	PR Literature	NAWS		150.55		150.55	1964.25	PR
8/10/2023	Cash at Area	Donation from Southside		140			1964.25	Donation
	Cash at Area	Donation from Rediscovery through Recovery		20			1964.25	Donation
	Cash at Area	Donation from A new Beginning		25			1964.25	Donation
	Cash at Area	Donation from Spirituality Connected		76			1964.25	Donation
	Cash at Area	Donation from Simple Solutions		56			1964.25	Donation
	Cash at Area	Donation from Recovery at Noon		85.9			1964.25	
	Cash at Area	Donation from NA Way		38			1964.25	
	Cash at Area	Donation from Serenity in the Morning		40			1964.25	
	Cash at Area	Donation from Principles before Personalities		119			1964.25	
	Cash at Area	Donation from Anonymous		23.35	623.25		2587.5	
8/18/2023	Card	NAWS Donation - July		38.04		38.04	2549.46	WSO
8/18/2023	Card	NAWS H&I Literature		158.75		158.75	2390.71	H&I
8/18/2023	Cash App	NC Region - May, missing check		233		233	2157.71	NC Region
8/18/2023	Cash App	NC Region - July		56		56	2101.71	NC Region
8/18/2023	Card	ZoomUS		12.79		12.79	2088.92	
8/22/2023	Cash App	Donation from Bradley G.		100			2088.92	Donation
	Cash App	Donation from Freedom Thru Recovery		67			2088.92	Donation
	Cash App	Donation from Women of Substance		14.5	181.5		2270.42	Donation
8/22/2023	Paypal	Donation from NA @ Noon		123.17	123.17		2393.59	
							2393.59	
8/28/2023	Card	Twillo		10.02		10.02	2383.57	
8/29/2023	Check	Christ the King June, July, August Pot Luck	2036	150		150	2233.57	
					1041.09	934.14		

Name	Donated
A New Beginning	30
Came to Believe	
Candlelight Recovery	
Daily Reprieve	
Experience, Strength, and Hope	
Faith Thru Principles	
Freedom Through Recovery	
I Can't, We Can	
In From The Storm	
Ladies Night Out	
Let the Healing Begin	
Life on Life's Terms	
Lunatic Fringe	
Mid Day Miracles	
NA at Noon	72.76
Never alone Never Again	
New Beginnings	
Peace in the AM	
Pride in Recovery	
Principles B4 Personalities	29
Recovery at noon	
Recovery In the Hood	
Rediscovery thru recovery	20
Serenity In The Morning	
Simple Solution	
Southside Recovery	323
Spiritual Change	100
Spiritually Connected	28
Staying Alive	100
Sunday Serenity Group	
The Journey Continues	
The Primary Purpose Group	47.75
Thursday Nite Lit	40
Together We Can	
Trust the Process	25
Tuesday Night Live	
Unity in the Mornings	
Way to Grow Group	
We Do Recover	
Wolfpacking	
Young Connections in Recovery	
Keep it Simple	124
A New Way to Live	35
na way	
Serenity in the Morning	25
Unity day	1010

 Cash App

 Activity

 Money

 Pay & Request

 Tax Filing 

 Documents

Account

 Support

 Log out

Cash Balance

\$0.00

 Search activity









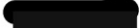










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Transaction Amount

AUGUST 2023

	 PNC Bank	
	Leah    For 	 
	North Carolina Region Replied 	\$56
	North Carolina Region Replied 	\$233
	Cash Out PNC Bank	\$181.50
	Jennifer G  For Women Of Substance Donation	+ \$14.50
	Sarah S  For Freedom Thru Recovery donation	+ \$67



Bradley G [redacted]
On Aug 5

+ \$100

JULY 2023



[redacted]
[redacted]

[redacted]



[redacted]
[redacted]

[redacted]



[redacted]
[redacted]

[redacted]

[redacted]
[redacted]

JUNE 2023



[redacted]
[redacted]

[redacted]

[redacted]
[redacted]

Q Search by name or email



Filter by

Date: Last Month

Completed

Aug 2023



PNC BANK, NA
Aug 21 · Transfer to Bank

– \$123.17



Shawn W [REDACTED]
Aug 21 · Money Received
"NA @ Noon 7th Tradition Donation - July 2023"

+ \$123.17



Narcotics Anonymous World Services, Inc
Aug 17 · Payment

– \$158.75



PNC BANK, NA
Aug 7 · Transfer to Bank

– \$80.32



Jesse S [REDACTED]
Aug 7 · Money Received
"Primary Purpose"

+ \$58.32



Joseph M [Redacted]
Aug 3 · Money Received
"Thursday Night Lit"

+ \$22.00



Account Activity

Saturday, September 02, 2023

Business Checking XXXXX [REDACTED] Available Balance: \$2,282.70

Account Summary

Available Balance:	[REDACTED]	Interest Paid to Date:	\$0.00
Ledger Balance:	\$2,233.57	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$181.50 08/23/2023
Pending Deposits:	\$49.13	Last Statement Balance:	\$2,233.57 08/31/2023

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	None
Address:	[REDACTED] RALEIGH, NC 27604 - 9689

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
[REDACTED]	[REDACTED]		[REDACTED]

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
08/29/2023	CHECK 2036 [REDACTED]	\$150.00	Christ the King June, July, Aug	\$2,233.57 Ending Balance
08/28/2023	RECURRING DEBIT CARD XXX [REDACTED] TWILIO INC TWILIO.COM CA	\$10.02		\$2,383.57
08/23/2023	VISA MONEY TRANSFER C XXX [REDACTED] VIS [REDACTED] CASH APP*CASH OUT Visa Direct CA		\$181.50	\$2,393.59
08/22/2023	ACH CREDIT XXX [REDACTED] PAYPAL TRANSFER		\$123.17	\$2,212.09
08/21/2023	RECURRING DEBIT CARD XXX [REDACTED] ZOOMUS XXX [REDACTED] WWWZOOMUS CA	\$12.79		\$2,088.92
08/21/2023	DEBIT CARD PURCHASE XXX [REDACTED] CASH APPNORTH CARO XXX [REDACTED] CA	\$56.00	August	\$2,101.71
08/21/2023	DEBIT CARD PURCHASE XXX [REDACTED] CASH APPNORTH CARO XX [REDACTED] CA	\$233.00	May	\$2,157.71
08/18/2023	N0818 5198 PAYMENT [REDACTED] NAWORLDSERV San Jose CA	\$38.04	August	\$2,390.71
08/18/2023	ACH WEB NAWUSUS PAYPAL INST XFER	\$158.75	H&I Literature	\$2,428.75
08/10/2023	DEPOSIT XXX [REDACTED]		\$623.25	\$2,587.50
08/08/2023	N0807 5198 PAYMENT POS [REDACTED] NAWSCHATSWORTH SAN JOSE CA	\$150.55	PR	\$1,964.25
08/08/2023	RECURRING DEBIT CARD XX [REDACTED] PY Security Self Stor XXX [REDACTED] C	\$124.99		\$2,114.80
08/08/2023	ACH CREDIT XXX [REDACTED] PAYPAL TRANSFER		\$80.32	\$2,239.79
08/02/2023	ACH CREDIT [REDACTED] CASH APP * CASH APP		\$32.85	\$2,159.47

08/01/2023	DEBIT CARD PURCHASE XXXXX [REDACTED] CASH APPNORTH CARO XX [REDACTED] CA	\$695.00	\$2,126.62 Beginning Balance
[REDACTED]	N0731 5198 PAYMENT POS [REDACTED] [REDACTED] SAN JOSE CA	[REDACTED]	[REDACTED]
[REDACTED]	N0731 5198 PAYMENT [REDACTED] [REDACTED] SAN JOSE CA	[REDACTED]	[REDACTED]
[REDACTED]	N0731 5198 PAYMENT [REDACTED] [REDACTED] SAN JOSE CA	[REDACTED]	[REDACTED]

September 2023 Secretary Report

Hello Capital Area,

This month's Secretary report is brief and contains a summary of actions taken in the previous month.

- Attended the mid-month CASC admin body meeting and contributed ideas for helping Area meetings function more effectively
- Contributed to the "August 2023 ASC Clarifications" document with the admin body
- Participated in the Service Delivery ad-hoc
- Updated CASC Policy based on August CASC meeting outcomes and provided a new version to the web admin

Kind Regards,

Jason S.

Secretary

activities report.

my name is Shahid serving as your activities chair. really looking forward in our AREA EVENT (NA AS A WHOLE) on the 16th of September. Our focus moving forward will always include Homegroups and newcomers involvement. Our NA AS A WHOLE will show be very enlightening. we will be discussing WORLD, ZONAL, REGIONAL and how the CAPITAL AREA came into existence. Homegroup members speaker (we do recover) followed by a potluck. I've also included the original information.



Capital Area Service Committee

Subcommittee: PR Task Team

Date: September 10, 2023

Activities

- No presentations in the month of August 2023
- We met together via Zoom on August 30, 2023, to discuss the rotation of task team representation at the ASC, motion recommendations, and potential ideas for recruiting PR members.
We reviewed the list of potential facilities to place literature racks. Decided to send list to the PR Task Team WhatsApp chat, and we will prioritize based on human and financial resources.

Financial Update

- We purchased 3 NA literature racks and literature/ \$146.55.

Monthly phonline stats

Total Calls: 23

Volunteer Lookups: 20

Meeting Lookups (Calls): 3

Meeting Lookups (SMS): 0

Missed Calls: **18 (90%) Testing going on due to widespread helpline problems across the southeast US**

Motions and Recommendations

- **Motion:** "ASC will print 50 meeting schedules every month, and the Outreach subcommittee chair will deliver 10 of those meeting schedules to home groups that are not attending the monthly area meeting."
 - **Response:**
 - The meeting list is a living document that is constantly changing. Therefore, printing something that changes so quickly doesn't make sense. We used to print

and some were thrown away. The policy was changed when 500 were printed and 450 were thrown away.

- Create a business card with a QR code that goes to the meeting list on the website and is linked to the helpline number.
 - The motion is vague. Why does it only include HGs that do not attend ASC? Who decides which groups get the meeting lists?
 - This may need to be done on an as-needed basis or upon request.
 - Our first inclination is to move away from printed meeting lists and utilize QR cards, etc.; but also recognize everyone might not have cell phone; the motion is vague as to some details/ Lottie and Joe will work on a QR code with phone lines on the back of the card.
- Motion: "Capital Area Service Committee print/supply all Capital Area home groups Meeting schedules!"

Upcoming Presentations: Materials needed, who, when

- Confirmed Women's Center 9/15, PR handouts, mtg lists, possible lit rack: Deana, Sarah
- Confirmed Men's Homeless Shelter (date TBD), Institutional Group Guide, meeting lists: Craig, Joe, and Chris will train them on how to run their own meeting. This facility wants an NA meeting in-house run by the residents but not open to outside members.
- Request received Recovery Rally 9/30 from 11 am to 2 pm, table, PR handouts, meeting lists: TBD.
- Support expressed Poe Health Fair 10/21, table, PR handouts, meeting lists: TBD

Potential Presentations: Need Confirmation

- Checking into Drug Take Back sponsored by the City of Raleigh: Chris
- PR is doing research on Potential Sites for Literature Racks

Future Discussions and Plans

- List of things that PR does on the flyer
- Plan a learning day/service day – Breakfast??
- Possible Poster Drives
- Develop work plan of tasks/ Team

Miscellaneous

- Recruitment flyer with QR Code to WhatsApp/ Tammy
- Auto response PR email account is being established/ Jessie

Convention Subcommittee Report

Hi Family,

I'm an addict named Kay. I'm grateful that you all have allowed and trusted me to be your upcoming Convention Chair. Last month August 6th prior to the Capital Area monthly meeting, the Convention members who had been voted in had the opportunity to hold our first Convention sub-committee meeting. At this time we had quite a few N A non-convention persons attend that meeting who were interested in becoming a part of the Convention Committee and submitted resumes for positions that are open. However, those participants were not allowed to be voted in at that time, but their resumes were sent back to the home groups in our area to be voted on at our September 2023 area meeting. We, the area, were able to elect participants from previous months who had submitted resumes and as of today, we have Kay W. (Convention Chair) Delphyne F. (Policy Chair) Willie T. (Fundraiser Chair) Jessica N. (Programming Chair) and Donna N. (Alt. Programming Chair) There were resumes submitted for Vice Chair, Secretary, Registration Chair, Hotel Liaison, Convention Information, and Hospitality Chair. We didn't have a mid-month meeting, but I spoke with several individuals on the committee who reached out to me on different subjects, one being our Fundraising Chair Willie T., and his sub-committee. With that being said they reached out to several places to host our fundraisers and would like to start up having first Fridays beginning in October. I shared with Willie after speaking with several other members of the area that it was suggested to me to bring it back to the area for approval and to request money from the Convention account to get started. Willie was able to put together figures for obtaining the facility but was not able to quote anything about food to be sold. This brings about an issue for moving forth with plans until we have a hospitality chair in place. Prayerfully, after the September Area meeting this issue will be resolved as well. I also had the pleasure of talking with both Sebastian and Julius about assisting our Policy Chair with updating/revising our current policy and both have agreed to assist her with doing so. As you can see we are excited, motivated, and ready to get started with preparing for a successful convention whenever we get there. Moving forth, we will work toward having a mid-month meeting in the future as our committee forms. As it stands for now we will be meeting at 12:30 p.m. on the same Sunday as the area has its meeting until further notice. "I also would like to mention that Linda M. put in resumes to run for two positions, however, she and her husband will be out of town when our next area meets. I informed her that if possible try to come on Zoom to attend the meeting. That's all I have for now.

In loving Service,
Kay W. Convention Chair



Account Activity

Saturday, September 02, 2023

Business Checking [REDACTED] **Available Balance: \$8,116.39**

Account Summary

Available Balance:	\$8,116.39	Interest Paid to Date:	\$0.00
Ledger Balance:	\$8,116.39	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$100.00 08/10/2023
Pending Deposits:	\$0.00	Last Statement Balance:	\$8,116.39 08/31/2023

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	[REDACTED]
Address:	2501 CLARK AVE RALEIGH, NC 27607 - 7213

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>
You have no pending transactions			

Posted Transactions

<i>Date</i>	<i>Description</i>	<i>Withdrawals</i>	<i>Deposits</i>	<i>Balance</i>
08/10/2023	DEPOSIT XXXXX [REDACTED]		\$100.00	\$8,116.39

Service Delivery ad hoc

Hey, my name is Tammy, and I am an addict. I would like to thank the CASC for appointing me as the facilitator of this ad hoc subcommittee. I think it's important to explain what an ad hoc is. Simply put, it is a group that's formed or used for a particular purpose as necessary.

The group met virtually August 12th. We had 6 people in attendance, including myself. We introduced ourselves and reviewed what the purpose of this group is as it was not clearly portrayed on the ASC floor nor in the minutes.

On May 20th at the Capital Area town hall meeting, the area held an annual strategic planning session. At this meeting a multitude of topics were discussed, one being developing approaches to address the rigidity of our service structure. Unfortunately, we lost track of time, and we were unable to dive into discussion on that topic. In accordance with the "Planning Basics" pamphlet, creating this ad hoc subcommittee is the next step. I have asked the area secretary to attach a copy of "Planning basics" to the minutes for your reference.

What does developing approaches to address a "rigid service structure" mean?! Trying to keep it as simple as possible it means developing ideas/suggestions to obtain a flexible service structure that focuses on outcomes instead of processes. This topic may target all levels of service. I have attached a screenshot from the Chairperson report from the minutes in June 2023 below.

- **Chair:**
 - During the Planning Day, we didn't get to brainstorming approaches to achieve our goals for Issue #2.
 - Homegroups should go back and discuss Issue #2 and brainstorm approaches to get us to the goals identified
 - **Issue #2: Area Structure is rigid**
 - **Goals:**
 - **Service delivery is flexible**
 - **Having a service structure that focuses on outcomes instead of processes**

At our next meeting, tentatively scheduled for September 17th around noon, we intend on beginning the discussion of specific approaches. Additional volunteers and participants are welcomed. If you have an interest in getting involved or have questions, I have attached my contact information below.

ILS,

Tammy Y

