

## GSR CHEAT SHEET

● 16/42 = 38.1% Home Groups Present✓

● 0 Homegroup motions – FAILED 0 – PASSED 0

● 0 motions

● Treasurer voted in this month

● 1 New resume this month

● Next CASC monthly business meeting - Date: June 1, 2025

Opening Prayer: Read

12 Traditions: Read

12 Concepts: Read

### Roll Call:

CASC Officers:

- Chair – Kim L.
- Alt Chair – Vacant
- Treasurer – Leah P.
- Secretary – Vacant
- Policy – James L.
- RCM – Vacant
- Convention Chair – Kay W.
- H&I – Janice H.
- Literature – Michele W.
- Activities – Angela M.
- Outreach – absent
- Alt Outreach – Stephie G.
- Public Relations – Vacant
- Public Relations Task Force – Chris G.

### GSR's: (alt and proxy)

HomeGroup	GSR	May
A New Beginning	Emma	x
A New Way To Live		
Basic Text Study Group	Donald	
Breaking Ground	Victor	
Came to Believe	Cammy	
Candlelight Recovery	Andrew	

## CASC May Minutes

Clayton Group	James	
Daily Reprieve		
Experience, Strength, and Hope		
Freedom Thru Recovery	Jess L	x
Genesis Reflections	Ron T	x
I Can't We Can		
In From The Storm		
Let The Healing Begin	Ebony L	
Life On Life's Terms	Madison	
Lunatic Fringe		
Morning Miracles	Chris	
NA En Tu Idioma	Joe	
NA Way	Herbert C	
Never Alone Never Again	Douglas L	
Peace in the AM	Janice	x
Principles before Personalities	James W	
Recovery in The Hood	Ahyma B	x
Rediscovery Thru Recovery	Burke	x
Serenity in the Morning	Ms Red	x
Southside Recovery	Jamal	x
Spiritual Change	John B	x
Spiritually Connected	Angela	x
Staying Alive		
Sunday Serenity Group	Shana	x
The Journey Continues	Delphyne F	x
The Primary Purpose Group	Rajiv	x
Thursday Night LIT	John	x
Together We Can	Jay oinline	
Trust The Process	Darryl L	
Tuesday Night Live	Tim H	x
Unity in the Mornings	Deborah	x
Way to Grow Group	Leah	
We Do Recover		
Women of Substance	Sarah	
Wonderful Women of Clayton	Raven	
Young Connections to Recovery		

16 Total

**16/42 = 38.1% Home Groups Present**

## **Old Business**

Vote For Leah P to be Treasurer. Yes -13, No – 0, Abstain – 2

Stephie asked who receives the money when treasurer is not present. Kim L. stated the chair or alt chair would collect.

## **New Business**

Weesees has submitted a resume for Alt Chair (attached)

## **Subcommittee Chair Reports**

**Chair:** See attached

**Acting Treasurer:** See attached

**Policy:** See attached

**Literature:** See attached

**Convention:** No written report provided

**Hnl:** See attached

**Activities:** See attached

**Outreach:** See attached

**PR Task Force:** No written report provided

## **Home Group Concerns**

- Joe M. and Elizabeth D. informed the body that a new area is being formulated and will be officially starting in July.

-Sheryl asked if guidelines are being followed to which Joe and Elizabeth answered yes.

-Kim L. asked why was the area being formed to which Joe answered different reasons.

-Donald D. congratulated the group.

Raven asked for zoom info to which Joe would provide after the meeting.

## CASC May Minutes

-Stephie G. asked if the homegroups involved would be removing themselves from the capital meeting list to which Joe stated he wasn't sure how all of that will work yet.

- Leah stated that the doors were being locked for morning and night meetings, she asked for assurance that the doors remain open during the meeting times.
- Nancy asked how to get a cashapp donation receipt as well as if donations were listed in the minutes.

Serenity Prayer

Meeting Closed at 3:50 pm.

Greetings Capital Area Service Committe

Not much to report other than I have reached out to Sub-Committee Chairs on April 25, 2025 to introduce myself as Area Chair and extend a helping hand where needed. #Convention Committee has asked me to assist at 2025 convention with Collecting monies due to treasury being out of country at the time.

H&I had no concerns

Literature Committee had no concerns but shared transfers that needed to happen due To change over of Treasury which will be in the report.

Had Mid-Month meeting April 21,2025

David stated that Stephie G. is his alt.chair and will deliver his report in his Absence.

I have also asked Weezy to sit in as Secretary for May 4, 2025 Area meeting which She accepted.

Respectfully,

Kim L

Capital Area Chair

## CASC May Minutes

May 4<sup>th</sup>, 2025

### Treasurer Interim Report

Hi everyone,

I worked with Kim L. and Leah P. on this month's report. PNC mistakenly put the home group donations into the Literature committee's account. When Liam was removed, the card he had was deactivated so PNC linked the Literature committee card to both accounts. So, the deposit and donation to region came out of Lit. account. I was able to correct it as you will see in the statements for March and April. Tim H. donated \$100.00 in January for Activities committee.

Beginning Balance:	\$3998.14
Deposit from Home Groups:	\$882.16
Balance:	<u>\$4880.30</u>
<u>Expenses:</u> (Zoom, Storage, Rent, H&I):	\$363.86
Region (March):	\$479.36
World (March):	\$319.58
Balance:	\$3717.50
Region (April):	\$430.5
World (April):	\$287
Ending Balance:	<u>\$3000.00</u>

(Includes \$1800 Prudent Reserve \$1200 Activities Fund)

Thank you for allowing me to serve

Michele W.

<b>Homegroup Contributions April 2025</b>					
<b>Name of HG</b>	<b>Name</b>	<b>Amount</b>	<b>Method</b>	<b>Transferred</b>	
A New Beginning	Emma	\$25.00	Cash		
NA Way	Herb	\$20.00	Cash		
Principles B4 Personalities	Burk	\$101.00	Cash		
Rediscovery Thru Recovery	James	\$100.00	Cash		
Serenity In The Morning	Ms. Red	\$20.00	Cash		
Spiritual Change	Lemar	\$25.00	Cash		
Spiritually Connected	Angela	\$148.00	Cash		
Tuesday Night Live	Stephanie	\$40.00	Cash		
We Do Recover	Reggie	\$45.00	Cash		
	TOTAL CASH	\$524.00			
Southside	Allen	\$214.00	Cash app		214
Trust the Process		\$25.00	Cash app		25
Unity In The Mornings		\$75.00	Cash app		75
	TOTAL CASH APP	\$314.00			
Primary Purpose	Jesse	\$44.16	Pay Pal		44.16
<b>Total Cash</b>	<b>Total Cashapp</b>	<b>Total Paypal</b>	<b>Total</b>		
\$524.00	\$314.00	\$44.16	\$882.16		

Account Activity

Tuesday, April 22, 2025

Capital Area Service Committee >

Available Balance: \$3,717.50

Account Summary

Available Balance:	\$3,717.50	Interest Paid to Date:	\$0.00
Ledger Balance:	\$3,717.50	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$314.00 04/16/2025
Pending Deposits:	\$0.00	Last Statement Balance:	\$3,998.14 03/31/2025

Account Details

Nickname:	Capital Area Service Committee
Type:	Business Checking
Text Banking Nickname:	
Address:	

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
04/21/2025	RECURRING DEBIT CARD XXXX. ZOOMCOM XXXX 3 ZOOMUS CA	\$12.79		\$3,717.50
04/16/2025	VISA MONEY TRANSFER C XXXXX VIS 0415 CASH APP*CAPITAL AREA* Oakland CA		\$314.00	\$3,730.29
04/15/2025	ONLINE TRANSFER TO XXXX	\$479.36		\$3,416.29
04/14/2025	ACH WEB NAWUS PAYPAL INST XFER	\$319.58		\$3,895.65
04/14/2025	ACH CREDIT XXXX PAYPAL TRANSFER		\$44.16	\$4,215.23
04/14/2025	ONLINE TRANSFER FROM XXXX		\$478.00	\$4,171.07
04/09/2025	ATM DEPOSIT 73 DEPOSIT 4000 CAPITAL BL RALEIGH NC		\$10.00	\$3,693.07
04/08/2025	RECURRING DEBIT CARD XXXX Security Self Stor XXXX J NC	\$124.99		\$3,683.07
04/07/2025	CHECK 2115	\$100.00		\$3,808.06
04/07/2025	CHECK 2114	\$126.08		\$3,908.06
04/07/2025	ATM DEPOSIT DEPOSIT 925 RIDGEFIELD RALEIGH NC		\$36.00	\$4,034.14
03/31/2025	CHECK 2	\$100.00		\$3,998.14
03/31/2025	ACH CREDIT XXXX PAYPAL TRANSFER		\$99.20	\$4,098.14
03/27/2025	VISA MONEY TRANSFER C XX VIS CASH APP*CAPITAL AREA* Oakland CA		\$123.00	\$3,998.94



Recent activity

*PayPal*



**Narcotics Anonymous World Services, Inc**

-\$287.00

Apr 22 . Money Sent

"Capital Area ASC Donation Raleigh NC"



**Narcotics Anonymous World Services, Inc**

-\$319.58

Apr 13 . Money Sent

"Capital Area of Raleigh NC ASC Donation"

**PNC BANK, NA**

-\$44.16

Apr 13 . Transfer to Bank



**Jesse**

+\$44.16

Apr 7 . Money Received

"Primary Purpose - 7th trad"

4 MAY, 2025

## POLICY CHAIR REPORT

I HAVE NOTHING TO REPORT, BUT ON THE AD HOC COMMITTEE, IS MY CONCERN, THE PERSON OR PEOPLE THAT IS FACILITATING THE AD HOC COMMITTEE, REACH OUT TO ME THE POLICY CHAIR, IF YOU HAVE ANY QUESTION OR CONCERN ON OUR CURRENT AREA POLICY. THANKS FOR ALLOWING ME TO SERVE AS YOUR POLICY CHAIR

JAMES L.

CASC May Minutes

Convention

May 5, 2025

H&I Subcommittee Minutes 5-4-2025/ Chair, Janice H.

Opening :

- Janice led us in the Serenity Prayer.
- Ben read the Twelve Traditions.
- The attendance sheet was signed 10 in attendance: Janice H., Chloe D. Cole C., Ben M., James H, Cara R., David H. and Alanda F. and Chris (Left early), Herb.
- Cara read the minutes from the last meeting.
- Herb took Ben and Cole to complete orientation.
- **Facilities update:**

Triangle Springs will not allow an additional meeting at this time.

James reports that the semester has ended for Wake Detention. He does not know the date it will start again. Janice will contact them to find out.

New Waters: Jim and David report the panels have gone well with participation by attendees asking good questions. 3-4 panel members. 4-7 attendees.

Women's prison has gone well with Cotina, Elizabeth, and Sarah as panel

leaders. Also Karen C. has stepped up for Alternate Panel leader for Women's Prison. **Panel Coordinator** Sarah H: no problem with Facilities/to check with Wake Detention for start up date.

- Janice will be out of town as Subcommittee Chairperson for June, 2025, and . We still need a Subcommittee Vice Chairperson. We will need a new Secretary after June when Chloe leaves her position.

**New Business:**

- The area's anniversary is June 7th and we will have a table available to complete our Informational day of H&I "No learning Day." Spoke to Craig R. to help in my absence for 6/2025. Sarah S, David H. and Nancy W. to help out but we need everyone's help

The meeting was adjourned after the Serenity Prayer.

**Thank you for allowing me to be of Service,**

Janice H.

## CASC May Minutes

5/4/2025

### Literature Committee Report

Hi everyone,

Below you will find our report and please remember to have orders placed by the 15<sup>th</sup> of the month.  
Email ([capitalarealit@gmail.com](mailto:capitalarealit@gmail.com)) and Cash App (\$CALIT2024)

Beginning balance:	\$518.79
Deposit:	\$331.08
Purchases:	\$348.30
Ending Balance:	\$501.57

Thank you for your support and for allowing us to be of service

LIT COMMITTEE

## Account Activity

Tuesday, April 22, 2025

## Literature Subcommittee

Available Balance: \$501.57

## Account Summary

Available Balance:	\$501.57	Interest Paid to Date:	\$0.00
Ledger Balance:	\$501.57	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$55.00 04/16/2025
Pending Deposits:	\$0.00	Last Statement Balance:	\$518.79 03/31/2025

## Account Details

Nickname:	Literature Subcommittee
Type:	Business Checking
Text Banking Nickname:	
Address:	R/

## Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

## Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
04/16/2025	N0415 2030 PAYMENT POS NAWSUS XXXXX1161 CA	\$348.30		\$501.57
04/16/2025	ATM DEPOSIT 71 RIDGEFIELD RALEIGH NC		\$55.00	\$849.87
04/15/2025	DEBIT CARD PURCHASE X APP NORTH CAROLIN Oakland CA	\$479.36		\$794.87
04/15/2025	ONLINE TRANSFER FROM X		\$479.36	\$1,274.23
04/14/2025	ONLINE TRANSFER TO XX	\$478.00		\$794.87
04/07/2025	ATM DEPOSIT RIDGEFIELD RALEIGH NC		\$126.08	\$1,272.87
04/07/2025	ATM DEPOSIT RIDGEFIELD RALEIGH NC		\$150.00	\$1,146.79
04/07/2025	DEPOSIT XX		\$478.00	\$996.79
03/24/2025	MENT POS690318 NAWSUS XXXXX1161 CA	\$384.85		\$518.79
03/24/2025	POS RETURN POS69031888 2251367 NAWSUS X		\$203.30	\$903.64

## CASC May Minutes

Inventory	11/20/2024	12/8/2024	12/16/2024	1/5/2025	2/1/2025
Basic Text	17	16	7	17	7
Soft basic	3	3	3	3	3
Step Guides	15	13	10	15	15
Living Clean	20	19	19	20	20
It Works/How/Why	20	20	16	20	20
Guiding Principles				1	0
Just for Today					
12 Concepts					
NA white books	8	28	8	8	8
Behind the Walls		20	20	20	20
In Times of Illness					
Key Tags					
White tags	75	75	75	75	55
30 Orange	75	75	75	75	55
60 Green	75		75	75	75
90 Red	75			75	75
6 month Blue	75			75	75
9 month Yellow	75			75	75
18 month Gray	75	65		75	75
Multiple Black	75			75	75
1 Year	75	65	65	75	65
IP's					
#1	50	20	70	120	120
#6					
#7	50	20	70	120	120
#8					
#9					
#16	50	20	70	120	120
#22	50	20	70	120	120
#11	50	20	70	120	120
#12		15	15	15	15
#19					
#29		60	60	60	60
#23					
#14					
#30					

Group Readings

4/22/25, 1:46 PM

23 unread - m4woods@yahoo.com - Yahoo Mail

The order number is: 1041825

Item No.	Title	Price	Discount	Quantity	Total excl. tax
BRONZE	Bronze Medallions				
	<i>English-Bronze-20 years</i>	\$3.80		2	\$7.60
	<i>English-Bronze-19 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-18 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-17 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-16 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-15 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-14 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-13 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-12 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-11 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-25 years</i>	\$3.80		1	\$3.80
	<i>English-Bronze-3 years</i>	\$3.80		1	\$3.80
3129	IP #29 Intro to NA Meetings	\$0.25	8.00 %	100	\$23.00
122	IP #22 Welcome to NA	\$0.25	8.00 %	100	\$23.00
3116	IP #16 For the Newcomer	\$0.25	8.00 %	100	\$23.00
3111	IP #11 Sponsorship, Revised	\$0.25	8.00 %	100	\$23.00
1500	NA White Booklet	\$0.80	15.00 %	100	\$68.00
3101	IP #1 Who, What, How, and Why	\$0.25	8.00 %	100	\$23.00
3105	IP #5 Another Look	\$0.25	8.00 %	100	\$23.00
3107	IP #7 Am I an Addict?	\$0.25	8.00 %	150	\$34.50
KEYTAGS	Recovery Keytags				
	<i>English-Orange-30 days</i>	\$0.56		40	\$22.40
Subtotal					\$312.30
Shipping costs					\$36.00
<b>Total excl. tax</b>					<b>\$348.30</b>
Total incl. tax					\$348.30



ACTIVITIES COMMITTEE REPORT

MAY 4, 2025

Thanks for allowing me to be of service.

Everything is on go for the 40<sup>th</sup> Anniversary on June 7, 2025

The Flyers are now available.

The next meeting is scheduled for Saturday May 17<sup>th</sup> at 2PM at 102 Sunrise Ave., Smithfield.

The Committee is requesting the budget funds on today in order to begin purchasing and preparing for our event.

Respectfully Submitted

Angela T.

Angela T. Miller

\$ 300 - chicken  
\$ 200 - Food  
\$ 150 - DJ  
\$ 100 - trash fee  
\$ 59.28 - Flyers  
\$ 50 - drinks  
\$ 45 - decorations

\$ 904.28

= 845.00

Angela T.

Angela T.

\$ 300 - chicken

\$ 200 - Food

\$ 150 - DJ

\$ 100 - trash fee

\$ 59.28 - Flyers

\$ 50 - drinks

\$ 45 - decorations

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\$ 904.28

## CASC OUTREACH CHAIR REPORT



**OUTREACH Chair:** David K

**Contact Info:** 919.691.5452

**Report Date:** 4.21.2025

### HOMEGROUP – UPDATES

**Homegroups Visited –**

**Upcoming Outreach Events & Workshops –**

Waiting for direction from activities on provided service if needed.

**Update from the chair–**

Hello Everyone,

Stephie G is the new vice chair for outreach. We are currently working on compiling data of current GSR's, their homegroups and their group business meetings. We are currently looking at the motion that was recently approved requiring yearly GSR orientations and policy requirements.

David K.

### GSR ORIENTATION UPDATES

**Date of Orientation:**

**# of Attendees:**

**Homegroups Represented:**

**Topics Presented:** The GSR Orientation Handbook; The CASC Policy Manual (8/2/24); CASC Service Resume; The CASC Motion Form; The 12 Concepts of Service; The 12 Traditions; and The 12 Steps.

## CASC May Minutes

Name \*

Wilmetra Woodard

Clean date \*

MM DD YYYY

09 / 17 / 2005

Street Address/City/State/Zip \*

7109 Tyndall ct Raleigh, nc 27615

Phone number(s) \*

9802569488

Email address \*

weesee43@gmail.com

Service position you are interest in \*

- ☐ Chairperson
- ☒ Vice Chairperson
- ☐ Treasurer
- ☐ Alternate Treasurer
- ☐ Secretary

## CASC May Minutes

- ☐ Alternate Secretary
- ☐ Regional Committee Member (RCM)
- ☐ Alternate Regional Committee Member (RCM)
- ☐ Hospitals & Institutions (H&I) Chair
- ☐ Public Relations Subcommittee Chair
- ☐ Policy Subcommittee Chair
- ☐ Outreach Subcommittee Chair
- ☐ Activities Subcommittee Chair
- ☐ Outreach Subcommittee
- ☐ Convention Subcommittee Chair
- ☐ Other: \_\_\_\_\_

If the position you are interested in is \*not\* an alternate position, do you have previous experience in \* this position or the related alternate position?

- ☐ Yes
- ☒ No
- ☐ n/a

Do you understand the responsibilities defined in CASC policy for this position? (Visit <https://capitalareancna.com/area-service-committee> to access the latest version of the CASC Policy Manual.)

\*

- ☒ Yes
- ☐ No

## CASC May Minutes

List all home group services position you have held and dates served. \*

GSR, ALT GSR, SECRETARY

List all area service committee service position you have held and dates served. \*

Fundraising Chair,(Wilmington, Nc)Policy Chair (Capital Area) Covention Committee

List all regional service committee service position you have held and dates served. \*

N/A

List all world service committee service position you have held and dates served. \*

N/A

Were all home group, area, regional and world service positions held completed? \*

☒ Yes

☐ No

☐ n/a

If you answered 'no' to the previous question then please explain fully. \*

N/A

## CASC May Minutes

Are you financially stable? \*

☒ Yes

☐ No

Can you travel if/when required by this service position? \*

☐ Yes

☒ No

Submitted 5/4/25, 12:04 PM